

MASA (Men against sexual abuse)

No:  
1190398

## Receipts and payments accounts

CC16a

For the period  
from

01/08/2024

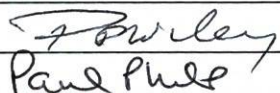
To

31/07/2025

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Funding : (Tudor reserve for this year)	14,089		-	14,089	15,000
Donations	1,885		-	1,885	1,605
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
<b>Sub total</b> (Gross income for AR)	15,974	-	-	15,974	16,605
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	15,974	-	-	15,974	16,605
<b>A3 Payments</b>					
Storage	2,435	-		2,435	-
Rent	9,000			9,000	11,351
Clinical Lead	867			867	1,497
IT,Phone and Internet	668	-		668	202
Counselling sessions	5,098			5,098	8,660
Campaign/Publicity	651			651	475
Training Workshops	1,236			1,236	100
Stationery	-			-	143
Sundries	602			602	275
				-	
<b>Sub total</b>	18,121	-	-	18,121	22,703
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
Laptops,PCs, Furniture					
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	18,121	-	-	18,121	22,703
<b>Net of receipts/(payments)</b>	- 2,147	-	-	- 2,147	- 6,098
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	31,151				
<b>Cash funds this year end</b>	29,004	-	-	Cross Add Error	6,098

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Nat West Bank Account	29,004	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	29,004	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	PCs, Laptops, Mobile phones		-	-
	Office Furniture and Equipment		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			PETER WILEY PAUL PHILP	31/05/2026 31/05/2026





# Trustees' Annual Report for the period

Period start date			Period end date		
Day	Month	Year	Day	Month	Year
01	08	2024	31	07	2025

## Section A Reference and administration details

Charity name MASA: Men Against Sexual Abuse

Other names charity is known by

Registered charity number (if any) 1190398

Charity's principal address Fore Street Business Hub

50 Fore Street

BODMIN, Cornwall

Postcode

PL31 2HL

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Philp	Chair		Board
2	Fiona Ledger	Trustee		Board
3	Peter Wiley	Trustee		Board
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

## Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

## Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Charity Commission's 'Foundation' Model Constitution
How the charity is constituted (eg. trust, association, company)	Charity Incorporated Organisation - CIO
Trustee selection methods (eg. appointed by, elected by)	All Trustees are appointed by the Board of Trustees (see below)

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All Trustees are appointed by the board. This is to ensure that the range of skill sets available will enable the charity to carry out its objectives to the best of its ability.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse for the public benefit of those residing in Cornwall, Devon, Dorset and Somerset:

- by the provision of a welcoming safe space to meet.
- By the regular weekly provision of professionally led group therapy and support.
- By paying for 1-2-1 specialist counselling therapy for those men who would like to join a support group but because of on-going trauma are not yet well enough to engage within a group setting.



**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse, for the public benefit, in particular, those residing in Cornwall, Devon and Somerset.

- by the provision of a welcoming safe space to meet.
- by the regular weekly provision of professionally led, group therapy and support.
- Telephone support for friends and families.
- By extending the provision of professionally led, group therapy and support, and, where appropriate, one-to-one specialist counselling; initially to different areas of Cornwall and now Devon and Somerset.
- Providing one-to-one, specialist Counselling therapy, for those men who would like to join a support group, but who, because of on-going trauma, are not yet well-enough to safely engage within a group setting.
- Responding to referrals and self-referrals with a 48-hour period and getting clients in front of a counsellor within 7 to 10 days. No other organization within Cornwall can achieve this and most have waiting lists between 3 to 12 months. Getting to these men early can have a significant effect on their families and communities.
- Promoting Suicide Awareness amongst men and signposting places of support (Orange Circle) and/or providing counselling and workshops if their challenges are the result of sexual abuse.

All of our activities have given due regard to the guidance issued by the Charity Commission on public benefit.

**Additional details of objectives and activities (Optional information)**

All our staff and Trustees work on a voluntary basis and do not receive any expenses for travelling or refreshments.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

Masa has continued to grow the group support in Cornwall, Devon, Dorset and Somerset, for all men that need support stemming from their own personal history of sexual abuse, these men that have attended the group sessions have been able to access peer to peer support from each other, Whilst under the supervision and support from a fully qualified facilitator that has a counselling qualification. These men have all gone through similar abuse and experience very deep trauma. Masa has continued to secure funds to be able to offer this service to the Masa services users and has made sure it is safeguarded to the highest degree. The funds Masa has secured pay for a fully qualified counsellor to oversee each group and keep it a safe place for all. The funds also pay for a clinical lead support to oversee any safeguarding that may arise. Each group that MASA has opened offers spaces for 6-8 men and this is done either face to face or online.

Masa has specifically applied for funding that includes money to pay for a fully qualified clinical lead support, this has been vital to Masa progression moving forward. The clinical lead has helped MASA to safeguard and maintain the growth of the Charity.

Masa has significantly increased the number of counsellors to be able to offer more 121 counselling support sessions. This has happened due to funding applied particular for this type of counselling support. The funding also incorporated allocations for suicide prevention as all men that come to Masa have suicidal tendencies. The Torbay area of the UK is still at a higher threshold of male suicide due to abuse.

Masa has continued to work closely with men at high risks of suicidal tendencies in the Devon, Cornwall, Somerset and Dorset areas and help them build a practical and effective mental health safety plan. We have also continued to support these men by still running suicide prevention workshops online for all Masa clients across the counties we work in. This support as now developed into helping the families and friends of the men we support. Masa has progressed into offering a drop in at its office location for men who are at crisis point and struggling with their mental health on a Saturday afternoon. Which is still in its infancy stages.

We are continuing to work with community groups including Cornwall pride, The engine room, Volunteer Cornwall; The Anglican Church diocese, Devon Clasps, Cornwall suicide prevention and homeless across Cornwall, Pegasus, and CN4C Cornwall neighbourhood for change.

Masa has continued to develop its support in the Cornwall area through offering more 1-2-1 sessions, group sessions and offering drop-in sessions alongside online workshops, whilst expanding its service areas across Cornwall. This is also reflected in the Devon, Dorset and Somerset areas of the UK. The drop-in centres are yet to start in these areas as still in the pilot stages.

The office Masa has in Bodmin has become the central hub of what Masa does. The Bodmin office is central to Cornwall and has a far-reaching scope to be able to access support throughout the county of Cornwall. This allows more men in Cornwall, and their families can access support through trauma-based counselling. Masa has continued to grow its networks and gained more support. Masa has also offered



## Section D

## Achievements and performance

support to other agencies in the Cornwall in particularly Pegasus by offering counselling rooms for their students that are on college placements. Masa also offers a placement for a student to work with MASA clients to gain the experience they need to work with men who have trauma stemming from Male sexual abuse. This is complimented for the student by offering them fully supervision and clinical lead support.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

Most of the work that is currently carried out by Masa is unrestricted funds.

**Details of any funds materially in deficit**

n/a

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Paul Philp	Peter Wiley
Full name(s)	Paul Antony Philp	Peter Derek Wiley
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	31-05-2026	