



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 08	Year 2023		Day 31	Month 07	Year 2024

Section A

Reference and administration details

Charity name MASA: Men Against Sexual Abuse

Other names charity is known by

Registered charity number (if any) 1190398

Charity's principal address Fore Street Business Hub

50 Fore Street

BODMIN, Cornwall

Postcode

PL31 2HL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Philp	Chair		Board
2	Fiona Ledger	Trustee		Board
3	Peter Wiley	Trustee		Board
4				
5				
6				
7				
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9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Charity Commission's 'Foundation' Model Constitution
How the charity is constituted (eg. trust, association, company)	Charity Incorporated Organisation - CIO
Trustee selection methods (eg. appointed by, elected by)	All Trustees are appointed by the Board of Trustees (see below)

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All Trustees are appointed by the board. This is to ensure that the range of skill sets available will enable the charity to carry out its objectives to the best of its ability.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse for the public benefit of those residing in Cornwall, Devon, Dorset and Somerset:

- by the provision of a welcoming safe space to meet.
- By the regular weekly provision of professionally led group therapy and support.
- By paying for 1-2-1 specialist counselling therapy for those men who would like to join a support group but because of on-going trauma are not yet well enough to engage within a group setting.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse, for the public benefit, in particular, those residing in Cornwall, Devon and Somerset.
- by the provision of a welcoming safe space to meet.
 - by the regular weekly provision of professionally led, group therapy and support.
 - Telephone support for friends and families.
 - By extending the provision of professionally led, group therapy and support, and, where appropriate, one-to-one specialist counselling; initially to different areas of Cornwall and now Devon and Somerset.
 - Providing one-to-one, specialist Counselling therapy, for those men who would like to join a support group, but who, because of on-going trauma, are not yet well-enough to safely engage within a group setting.
 - Responding to referrals and self-referrals with a 48-hour period and getting clients in front of a counsellor within 7 to 10 days. No other organization within Cornwall can achieve this and most have waiting lists between 3 to 12 months. Getting to these men early can have a significant effect on their families and communities.
 - Promoting Suicide Awareness amongst men and signposting places of support (Orange Circle) and/or providing counselling and workshops if their challenges are the result of sexual abuse.

All of our activities have given due regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

All our staff and Trustees work on a voluntary basis and do not receive any expenses for travelling or refreshments.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Masa has continued to grow the group support in Bodmin, Cornwall and Torbay (Devon) for all men that need support stemming from his own personal sexual abuse, the men that have attended the group sessions have been able to access support from other men that have gone through similar abuse and has been able to get the support that they need to build a normal life. Masa has continued to secure funds to offer a fully supervised safe environment for the men to meet the access therapy group support. The funds pay for a fully qualified counsellor to oversee each group and keep it a safe place for all. Each group that MASA has opened offers spaces for 6-8 men.

Our recently appointed clinical lead has helped MASA to safeguard and maintain the growth of the Charity.

Masa has continued to work closely with men at high risks of suicidal tendencies in the Devon, Cornwall, Somerset and Dorset areas and help them build a practical and effective mental health safety plan. We have also continued to support these men by still running suicide prevention workshops online for all Masa clients across the counties we work in. This support has now developed into helping the families and friends of the men we support.

We are continuing to work with community groups including Cornwall pride, The engine room, Volunteer Cornwall; The Anglican Church diocese, Devon Clasps, Cornwall suicide prevention and homeless across Cornwall and CN4C Cornwall neighbourhood for change.

Masa has continued to develop its support in the Cornwall area through offering more 1-2-1 sessions and continuing to grow the group sessions and expanding its service areas across Cornwall. This is also reflected in the Devon and Somerset areas of the UK.

The office Masa has in Bodmin has become the central hub of what Masa does and offers in the Cornwall area as we are central to all areas of Cornwall and can give more accessible support to the Men Masa works with and their families.

Masa has also offered support to other agencies in the Cornwall by offering counselling rooms for their students that are on college placements to do their 100-hour placements in. Masa also offers a placement for a student to work with MASA clients to gain the experience they need to work with men who have trauma stemming from Male sexual abuse.

Brief statement of the charity's policy on reserves

The work that Masa offers is mostly paid for through restricted funds. We have a small amount of unrestricted funds which is set aside for emergency funding at present.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Paul Philp

Full name(s)	Paul Antony Philp	Peter Derek Wiley
Position (eg Secretary, Chair, etc)	Chair <i>Paul Philp</i>	Trustee <i>Powley</i>
Date	<i>26/5/25</i>	



CHARITY COMMISSION
FOR ENGLAND AND WALES

MASA (Men against sexual abuse)

No (if any)
1190398

Receipts and payments accounts

CC16a

For the period
from

01/08/2023

To

31/07/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Funding pots		15,000	-	15,000	30,000
Donations	1,605		-	1,605	2,303
			-	-	-
			-	-	-
			-	-	-
			-	-	-
Sub total (Gross income for AR)	1,605	15,000	-	16,605	32,303
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,605	15,000	-	16,605	32,303
A3 Payments					
Rent	6,404	4,947	-	11,351	10,538
Clinical Lead	509	988	-	1,497	1,484
IT, Phone and Internet	202	-	-	202	707
Counselling sessions	-	8,660	-	8,660	10,680
Campaign/Publicity	313	162	-	475	1,300
Training Workshops	-	100	-	100	3,550
Stationery	-	143	-	143	464
Sundries	275	-	-	275	417
	-	-	-	-	-
Sub total	7,703	15,000	-	22,703	29,140
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Laptops, PCs, Furniture	-	-	-	-	2,081
Sub total	-	-	-	-	2,081
Total payments	7,703	15,000	-	22,703	31,221
Net of receipts/(payments)	- 6,098	-	-	- 6,098	1,082
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	37,249	-	-	37,249	36,167
Cash funds this year end	31,151	-	-	31,151	37,249

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Nat West Bank Account	37,249	-	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	37,249	-	-
(agree balances with receipts and payments account(s))		Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	PCs, Laptops, Mobile phones		-	-
	Office Furniture and Equipment		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Paul Philp	MR PAUL PHILP	26-05-25
Peter Wiley	MR PETER WILEY	26/5/25