



# Trustees' Annual Report for the period

		Period start date			Period end date		
<b>From</b>	Day 01	Month 08	Year 2021	<b>To</b>	Day 31	Month 07	Year 2022

## Section A Reference and administration details

**Charity name** MASA: Men Against Sexual Abuse

**Other names charity is known by**

**Registered charity number (if any)** 1190398

**Charity's principal address**

Fore Street Business Hub	
50 Fore Street	
BODMIN, Cornwall	
<b>Postcode</b>	PL31 2HL

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Philp	Chair		Board
2	Fiona Ledger	Trustee		Board
3	Peter Wiley	Trustee		Board
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

Charity Commission's 'Foundation' Model Constitution

How the charity is constituted  
(eg. trust, association, company)

Charity Incorporated Organisation - CIO

Trustee selection methods  
(eg. appointed by, elected by)

All Trustees are appointed by the Board of Trustees (see below)

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All Trustees are appointed by the board. This is to ensure that the range of skill sets available will enable the charity to carry out its objectives to the best of its ability.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse, for the public benefit, in particular, those residing in Cornwall, Devon and Somerset.



**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

- by the provision of a welcoming safe space to meet.
- by the regular weekly provision of professionally led, group therapy and support.
- Telephone support for friends and families.
- By extending the provision of professionally led, group therapy and support, and, where appropriate, one-to-one specialist counselling; initially to different areas of Cornwall and now Devon and Somerset.
- Providing one-to-one, specialist Counselling therapy, for those men who would like to join a support group, but who, because of on-going trauma, are not yet well-enough to safely engage within a group setting.
- Responding to referrals and self-referrals with a 48-hour period and getting clients in front of a counsellor within 7 to 10 days. No other organisation within Cornwall can achieve this and most have waiting lists between 3 to 12 months. Getting to these men early can have a significant effect on their families and communities.
- Promoting Suicide Awareness amongst men and signposting places of support (Orange Circle) and/or providing counselling and workshops if their challenges are the result of sexual abuse.

All of our activities have given due regard to the guidance issued by the Charity Commission on public benefit.

#### **Additional details of objectives and activities (Optional information)**

All our staff and Trustees work on a voluntary basis and do not receive any expenses for travelling or refreshments.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

MASA has opened additional group support in Bodmin, Cornwall and Torbay (Devon) for all men who need support stemming from his own personal sexual abuse, he has been able to access support from other men who have gone through similar abuse and has been able to get the support he needs to build a normal life. Masa has continued to secure funds to offer a fully supervised safe environment for men to meet to access therapy and group support. The funds pay for a fully qualified counselor to oversee each group and keep it a safe place for all.

MASA has significantly increased the number of 121 sessions we can offer after securing suicide prevention funding for Cornwall and Torbay and have added five new counsellors to our Roster to accommodate this.

MASA has worked closely with men, (and their families) at high risk of suicidal thoughts or action in both Devon and Cornwall helping them to have an effective Mental Health Safety Plan (Cornwall Council). We have also run Suicide Prevention and Awareness online Workshops for all clients across all counties to access throughout the year.

We are continuing to work with community groups including: Cornwall pride; First Light; Engine room; Volunteer Cornwall; The Anglican Church diocese, Hinkley power station (Somerset), Devon CLASP Cornwall Suicide Prevention and Homeless Across Cornwall.

We have worked with the Chaos Engine to improve our Social Media presence and improve our website experience for clients and new visitors.

Masa has continued to offer support and grow our client base within Cornwall, currently from Penzance to Launceston as well as develop services and funding for projects in Devon and Somerset.

Moving Office from Truro to Bodmin, which has reduced the need for room hire as we now have a group meeting room and an Individual counselling room as well as our office. This has reduced our office rent by £1,800pa, and room hire by £1,560pa.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

As all of our work is currently paid from restricted funds, we only have a very small reserve fund at present. We intend to grow this in the next financial year as covid restrictions allow.

Details of any funds materially in deficit

n/a

#### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

### Other optional information

## Section G

### Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Paul Philp	Peter Derek Wiley
Full name(s)	Paul Antony Philp	Peter Derek Wiley
Position (eg Secretary, Chair, etc)	Chair	Trustee

Date 02/06/2023



MASA		Accounts submitted to the Charities Commission for Year August 1st 2021 to July 31 <sup>st</sup> 2022															
Fund	Recd in Bank	Income	Expenditure														
				<u>Clinical</u>	<u>I.T.</u>	<u>Group</u>	<u>121</u>	<u>Stationery</u>	<u>Room Hire</u>	<u>Capital</u>	<u>Campaign</u>	<u>Workshops</u>	<u>Sundries</u>	<u>Reserves/</u>	<u>TOTAL</u>	<u>Surplus</u>	
				<u>Rent</u>	<u>Lead</u>	<u>Counselling</u>	<u>Counselling</u>			<u>Cost</u>	<u>Work</u>			<u>Donations</u>			
CCFEF	26/10/21	£5,000.00	£1,283.60		£29.98	£571.00	£2,070.00	£0.00	£165.00	£0.00	£460.00	£0.00	£286.95	£0.00	£4,866.53	£133.47	
Tudor Fund	27/10/21	£15,000.00	£6,000.00		£1,060.00	£770.00	£1,530.00	£0.00	£0.00	£0.00	£180.00	£1,400.00	£0.00	£0.00	£10,940.00	£4,060.00	
Volunteer Cornwall	01/11/21	£1,512.00	£0.00			£600.00			£912.00		£0.00	£0.00			£1,512.00	£0.00	
Victim Support	07/01/22	£5,000.00	£0.00		£250.00		£2,370.00	£218.75		£500.00	£1,137.50		£0.00		£4,476.25	£523.75	
Devon Clasp	15/03/22	£5,000.00	£290.00			£420.00	£990.00				£290.00				£1,990.00	£3,010.00	
Cornwall Clasp	16/05/22	£21,996.00	£1,850.00	£536.25	£233.85					£80.00	£1,200.00				£3,900.10	£18,095.90	
Somerset HPSF	14/07/22	£5,000.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£5,000.00	
Donations		£189.11												£189.11		£0.00	
Reserves		£2,130.16												2130.16			
		£60,827.27	£9,423.60	£536.25	£1,573.83	£2,361.00	£6,960.00	£218.75	£1,077.00	£500.00	£2,147.50	£2,600.00	£286.95	£2,319.27	£30,004.15	£30,823.12	
Bank Balance @ 31st July 2021																	
Balance as per MASA Year end @ 31 <sup>st</sup> July 2022																	
Balance as per HSBC Bank Account @ 31 <sup>st</sup> July 2022																	