



Trustees' Annual Report for the period

Period start date			Period end date				
From	Day14	Month07	Year2020	To	Day31	Month07	Year2021

Section A

Reference and administration details

Charity name

M.A.S.A. MenAgainstSexualAbuse

Other names charity is known by

N/A

Registered charity number (if any)

1190398

Charity's principal address

Richmond House

37 Edward Street

Truro

Postcode TR1 3AJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Philp	37 Edward Street		n/a
2	Herbert Reed	As above		n/a
3	Terence Dash	As above		n/a
4				
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
n/a	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
n/a		

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Foundation Model Constitution
How the charity is constituted (eg. trust, association, company)	The Charity is a Charity Incorporated Organisation CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by the Chair from men with lived experience of sexual abuse

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are:

To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse, for the public benefit, in particular, those residing in Cornwall;

- by the provision of a welcoming safe space to meet.
- by the regular weekly provision of professionally led, group therapy and support.

- by paying for one-to-one, specialist Counselling therapy, for those men who would like to join a support group, but who, because of on-going trauma, are not yet well-enough to safely

engage within a group setting.

- by extending the provision of professionally led, group therapy and support, and, where appropriate, one-to-one specialist counselling; initially to different areas of Cornwall, and, longer term, to other Counties in the South West of England, where such provision is absent.

To provide both 121 individual and group support counselling to Men and their families across Cornish Communities. The Trustees also state that, in making decisions about that, have had due regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Masa has extended group support for all men who need support stemming from his own personal sexual abuse, he has been able to access support from other men who have gone through similar abuse and has been able to get the support he needs to build a normal life. Masa has gained funds to offer a fully supervised safe environment for men to meet to access therapy and group support. The funds pay for a fully qualified councilor to oversee the group and keep it a safe place for all.

Masa has gained funding to offer 1-2-1 counselling support to men who need help with male sexual abuse. This 1-2-1 service is over seen by a fully qualified BACP registered counselor and is offered on a 10-week basis Reference is made towards the end of the 10-week period on whether the client would require more counselling sessions.

Masa was able to work with the Anglian Church to offer a safe place for the group to meet and build on the group growing.

Masa has got thirty men in the last twelve months to where they need to be outside of the group and 1-2-1 support and into society. So, these thirty men no longer need to come to group meetings or attend his 1-2-1 support but are still supported by MASA outside of the group and 1-2-1 support.

Masa has invited more men from the 1-2-1 support and outside sources into the group and support them with their current issues surrounding sexual abuse, which not only affects them but their families. The support MASA offers has a knock-on effect for families as well and improves home lives for group members and their loved ones.

Masa has evolved from a CIC to a registered charity with the Help of the Engine room origination based in Cornwall and this will help MASA grow and encourage more support for all.

Masa works with other organisations to build on MASA services and to create a community and network support for all, some of these are: Cornwall pride; Engine room; The Anglican Church diocese and the Homeless Across Cornwall.

MASA uses a Whatsapp group to support all men of MASA group to get support out of the group and support each other. This gives a sense of safety for all members.

Masa has put a lot of policies in place to protect all MASA members.

**Summary of the main
achievements of the charity
during the year**

To expand the group support offered.

Acquire funding to offer 121 individual support for men.

Develop our services through technology to offer both internet and telephone therapies to continue to operate through covid 19 and expand our out of therapy support through our Whatsapp program.

Support more family & community members throughout the covid pandemic

Section E

Financial review

Brief statement of the charity's policy on reserves

The reserves policy for the organisation is currently a work in progress

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

During this first financial period the organisation has concentrated on and successfully achieved initial funding. The income for the period was £16,040.00 with expenditure of £5,514.35 leaving an overall surplus of £10,525.65.

Section F

Other optional information

The charity is a CIO - Charitable Incorporated Organisation that was registered with the charity commission on 14th July 2020. It is governed by a foundation model constitution that was adopted on 1st May 2020.

The CIO was converted from Men Against Sexual Abuse CIC which was registered with companies house under registration number 12182730 on 30th August 2019.

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Paul Philp

Pawley

Full name(s)

PAUL PHILP

PETER WILEY

Position (eg Secretary, Chair, etc)

CHAIR

TREASURER.

Date

23/05/2022

			MASA	Accounts submitted to the Charities Commission for Year July 14th 2020 to July 31st 2021											
	Recd in														
Fund	Bank	Income		Expenditure											
					<u>Group</u>	<u>121</u>			<u>Campaign</u>						
				<u>Rent</u>	<u>Counselling</u>	<u>Counselling</u>	<u>Zoom</u>	<u>Capital Cost</u>	<u>Work</u>	<u>Workshops</u>	<u>Sundries</u>	<u>Donations</u>	<u>TOTAL</u>		<u>Surplus</u>
CCFEF	08/03/21	£5,000.00		£1,495.00	£1,440.00	£595.00	£29.98	£73.98					£3,633.96		£1,366.04
Awards Funds	22/05/21	£10,000.00			£245.00				£225.91	£369.48			£840.39		£9,159.61
Albert Hunt	15/01/21	£1,000.00									£1,000.00		£1,000.00		£0.00
Donations	31/07/21	£40.00										£40.00	£40.00		
		£16,040.00		£1,495.00	£1,685.00	£595.00	£29.98	£73.98	£225.91	£369.48	£1,000.00	£40.00	£5,514.35		£10,525.65
Bank Balance @ 13th July 2020													£649.09		
Balance as per MASA Year end @ 31 st July 2021													£6,163.44		
Balance as per HSBC Bank Account @ 31 st July 2021													£6,163.44		