

MASA: MEN AGAINST SEXUAL ABUSE

England & Wales · Charity number 1190398

Details

Other names MASA

Status Registered

Legal form CIO

Registered 2020-07-14

Register [View on the Charity Commission register](#)

Contact

Address Fore Street Business Hub
50 Fore Street
Bodmin
Cornwall
PL31 2HL

Phone 07936820469

Email menagainstsexualabuse@yahoo.com

Website masamenagainstsexualabuse.com

Activities

Objects: THE OBJECTS OF THE CIO ARE:TO RELIEVE THE EMOTIONAL, MENTAL AND SPIRITUAL DISTRESS OF ADULT MEN IN NEED, BY REASON OF SEXUAL ABUSE, FOR THE PUBLIC BENEFIT, IN PARTICULAR, THOSE RESIDING IN CORNWALL;Ò BY THE PROVISION OF A WELCOMING SAFE SPACE TO MEET.Ò BY THE REGULAR WEEKLY PROVISION OF PROFESSIONALLY LED, GROUP THERAPY AND SUPPORT.Ò BY PAYING FOR ONE-TO-ONE, SPECIALIST COUNSELLING THERAPY, FOR THOSE MEN WHO WOULD LIKE TO JOIN A SUPPORT GROUP, BUT WHO, BECAUSE OF ON-GOING TRAUMA, ARE NOT YET WELL-ENOUGH TO SAFELY ENGAGE WITHIN A GROUP SETTING.Ò BY EXTENDING THE PROVISION OF PROFESSIONALLY LED, GROUP THERAPY AND SUPPORT, AND, WHERE APPROPRIATE, ONE-TO-ONE SPECIALIST COUNSELLING; INITIALLY TO DIFFERENT AREAS OF CORNWALL, AND, LONGER TERM, TO OTHER COUNTIES IN THE SOUTH WEST OF ENGLAND, WHERE SUCH PROVISION IS ABSENT.NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH ENGLISH LAW

Activities: our aim is to give support to men who have been sexually abused and there families in the south west of England which will cover Cornwall, Devon, Dorset and Somerset

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities, The General Public/mankind

Geography

- Cornwall
- Devon
- Dorset
- Somerset

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£15,974	£18,121	-	-
2024-07-31	£16,605	£22,704	-	-
2023-07-31	£32,303	£31,220	-	-
2022-07-31	£60,827	£30,004	-	-
2021-07-31	£16,040	£6,514	-	-

Trustees

Name	Role	Appointed
Paul Antony PHILP	Chair	2020-07-14
Fiona Helen Ledger		2022-03-11
Peter Derek Wiley		2021-07-13

MASA: MEN AGAINST SEXUAL ABUSE

England & Wales - Charity number 1190398

Accounts

Receipts and payments accounts

For the period from	01/08/2024	To	31/07/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Funding : (Tudor reserve for this year)	14,089		-	14,089	15,000
Donations	1,885		-	1,885	1,605
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
Sub total (Gross income for AR)	15,974	-	-	15,974	16,605
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	15,974	-	-	15,974	16,605
A3 Payments					
Storage	2,435	-		2,435	-
Rent	9,000			9,000	11,351
Clinical Lead	867			867	1,497
IT, Phone and Internet	668	-		668	202
Counselling sessions	5,098			5,098	8,660
Campaign/Publicity	651			651	475
Training Workshops	1,236			1,236	100
Stationery	-			-	143
Sundries	602			602	275
				-	
Sub total	18,121	-	-	18,121	22,703
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Laptops, PCs, Furniture	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	18,121	-	-	18,121	22,703
Net of receipts/(payments)	- 2,147	-	-	- 2,147	- 6,098
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	31,151				
Cash funds this year end	29,004	-	-	Cross Add Error	- 6,098

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Nat West Bank Account	29,004	-	-
		-	-	-
		-	-	-
	Total cash funds	29,004	-	-

(agree balances with receipts and payments account(s))

OK OK OK

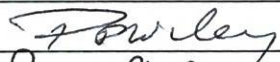
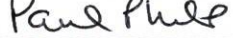
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	PCs, Laptops, Mobile phones		-	-
	Office Furniture and Equipment		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	PETER WILEY	31/05/2026
	PAUL PHILP	31/05/2026



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	01	08	2024		31	07	2025

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Philp	Chair		Board
2	Fiona Ledger	Trustee		Board
3	Peter Wiley	Trustee		Board
4				
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	Charity Commission's 'Foundation' Model Constitution
How the charity is constituted <i>(eg. trust, association, company)</i>	Charity Incorporated Organisation - CIO
Trustee selection methods <i>(eg. appointed by, elected by)</i>	All Trustees are appointed by the Board of Trustees (see below)

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. 	<p>All Trustees are appointed by the board. This is to ensure that the range of skill sets available will enable the charity to carry out its objectives to the best of its ability.</p>
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Section C Objectives and activities

<p>Summary of the objects of the charity set out in its governing document</p>	<p>To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse for the public benefit of those residing in Cornwall, Devon, Dorset and Somerset:</p> <ul style="list-style-type: none"> • by the provision of a welcoming safe space to meet. • By the regular weekly provision of professionally led group therapy and support. • By paying for 1-2-1 specialist counselling therapy for those men who would like to join a support group but because of on-going trauma are not yet well enough to engage within a group setting.
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Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse, for the public benefit, in particular, those residing in Cornwall, Devon and Somerset.
- by the provision of a welcoming safe space to meet.
 - by the regular weekly provision of professionally led, group therapy and support.
 - Telephone support for friends and families.
 - By extending the provision of professionally led, group therapy and support, and, where appropriate, one-to-one specialist counselling; initially to different areas of Cornwall and now Devon and Somerset.
 - Providing one-to-one, specialist Counselling therapy, for those men who would like to join a support group, but who, because of on-going trauma, are not yet well-enough to safely engage within a group setting.
 - Responding to referrals and self-referrals with a 48-hour period and getting clients in front of a counsellor within 7 to 10 days. No other organization within Cornwall can achieve this and most have waiting lists between 3 to 12 months. Getting to these men early can have a significant effect on their families and communities.
 - Promoting Suicide Awareness amongst men and signposting places of support (Orange Circle) and/or providing counselling and workshops if their challenges are the result of sexual abuse.

All of our activities have given due regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

All our staff and Trustees work on a voluntary basis and do not receive any expenses for travelling or refreshments.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Masa has continued to grow the group support in Cornwall, Devon, Dorset and Somerset, for all men that need support stemming from their own personal history of sexual abuse, these men that have attended the group sessions have been able to access peer to peer support from each other, Whilst under the supervision and support from a fully qualified facilitator that has a counselling qualification. These men have all gone through similar abuse and experience very deep trauma. Masa has continued to secure funds to be able to offer this service to the Masa services users and has made sure it is safeguarded to the highest degree. The funds Masa has secured pay for a fully qualified counsellor to oversee each group and keep it a safe place for all. The funds also pay for a clinical lead support to oversee any safeguarding that may arise. Each group that MASA has opened offers spaces for 6-8 men and this is done either face to face or online.

Masa has specifically applied for funding that includes money to pay for a fully qualified clinical lead support, this has been vital to Masa progression moving forward. The clinical lead has helped MASA to safeguard and maintain the growth of the Charity.

Masa has significantly increased the number of counsellors to be able to offer more 121 counselling support sessions. This has happened due to funding applied particular for this type of counselling support. The funding also incorporated allocations for suicide prevention as all men that come to Masa have suicidal tendencies. The Torbay area of the UK is still at a higher threshold of male suicide due to abuse.

Masa has continued to work closely with men at high risks of suicidal tendencies in the Devon, Cornwall, somerset and Dorset areas and help them build a practical and effective mental health safety plan. We have also continued to support these men by still running suicide prevention workshops online for all Masa clients across the counties we work in. This support as now developed into helping the families and friends of the men we support. Masa has progressed into offering a drop in at its office location for men who are at crisis point and struggling with their mental health on a Saturday afternoon. Which is still in its infancy stages.

We are continuing to work with community groups including Cornwall pride, The engine room, Volunteer Cornwall; The Anglican Church diocese, Devon Clasps, Cornwall suicide prevention and homeless across Cornwall, Pegasus, and CN4C Cornwall neighbourhood for change.

Masa has continued to develop its support in the Cornwall area through offering more 1-2-1 sessions, group sessions and offering drop-in sessions alongside online workshops, whilst expanding its service areas across Cornwall. This is also reflected in the Devon, Dorset and Somerset areas of the UK. The drop-in centres are yet to start in these areas as still in the pilot stages.

The office Masa has in Bodmin has become the central hub of what Masa does. The Bodmin office is central to Cornwall and has a far-reaching scope to be able to access support throughout the county of Cornwall. This allows more men in Cornwall, and their families can access support through trauma-based counselling. Masa has continued to grow its networks and gained more support. Masa has also offered

Section D**Achievements and performance**

support to other agencies in the Cornwall in particularly Pegasus by offering counselling rooms for their students that are on college placements. Masa also offers a placement for a student to work with MASA clients to gain the experience they need to work with men who have trauma stemming from Male sexual abuse. This is complimented for the student by offering them fully supervision and clinical lead support.

Section E**Financial review**

Brief statement of the charity's policy on reserves

Most of the work that is currently carried out by Masa is unrestricted funds.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Paul Philp</i>	<i>Peter Derek Wiley</i>
Full name(s)	Paul Antony Philp	Peter Derek Wiley
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	31-05-2026	

MASA: MEN AGAINST SEXUAL ABUSE

England & Wales - Charity number 1190398

Accounts



Trustees' Annual Report for the period

Period start date			Period end date				
From	Day	Month	Year	To	Day	Month	Year
	01	08	2023		31	07	2024

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

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	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Charity Commission's 'Foundation' Model Constitution
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Trustee selection methods (eg. appointed by, elected by)	All Trustees are appointed by the Board of Trustees (see below)

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. 	<p>All Trustees are appointed by the board. This is to ensure that the range of skill sets available will enable the charity to carry out its objectives to the best of its ability.</p>
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse for the public benefit of those residing in Cornwall, Devon, Dorset and Somerset:</p> <ul style="list-style-type: none"> • by the provision of a welcoming safe space to meet. • By the regular weekly provision of professionally led group therapy and support. • By paying for 1-2-1 specialist counselling therapy for those men who would like to join a support group but because of on-going trauma are not yet well enough to engage within a group setting.
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Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse, for the public benefit, in particular, those residing in Cornwall, Devon and Somerset.
- by the provision of a welcoming safe space to meet.
 - by the regular weekly provision of professionally led, group therapy and support.
 - Telephone support for friends and families.
 - By extending the provision of professionally led, group therapy and support, and, where appropriate, one-to-one specialist counselling; initially to different areas of Cornwall and now Devon and Somerset.
 - Providing one-to-one, specialist Counselling therapy, for those men who would like to join a support group, but who, because of on-going trauma, are not yet well-enough to safely engage within a group setting.
 - Responding to referrals and self-referrals with a 48-hour period and getting clients in front of a counsellor within 7 to 10 days. No other organization within Cornwall can achieve this and most have waiting lists between 3 to 12 months. Getting to these men early can have a significant effect on their families and communities.
 - Promoting Suicide Awareness amongst men and signposting places of support (Orange Circle) and/or providing counselling and workshops if their challenges are the result of sexual abuse.

All of our activities have given due regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

All our staff and Trustees work on a voluntary basis and do not receive any expenses for travelling or refreshments.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Masa has continued to grow the group support in Bodmin, Cornwall and Torbay (Devon) for all men that need support stemming from his own personal sexual abuse, the men that have attended the group sessions have been able to access support from other men that have gone through similar abuse and has been able to get the support that they need to build a normal life. Masa has continued to secure funds to offer a fully supervised safe environment for the men to meet the access therapy group support. The funds pay for a fully qualified counsellor to oversee each group and keep it a safe place for all. Each group that MASA has opened offers spaces for 6-8 men.

Our recently appointed clinical lead has helped MASA to safeguard and maintain the growth of the Charity.

Masa has continued to work closely with men at high risks of suicidal tendencies in the Devon, Cornwall, Somerset and Dorset areas and help them build a practical and effective mental health safety plan. We have also continued to support these men by still running suicide prevention workshops online for all Masa clients across the counties we work in. This support is now developed into helping the families and friends of the men we support.

We are continuing to work with community groups including Cornwall pride, The engine room, Volunteer Cornwall; The Anglican Church diocese, Devon Clasps, Cornwall suicide prevention and homeless across Cornwall and CN4C Cornwall neighbourhood for change.

Masa has continued to develop its support in the Cornwall area through offering more 1-2-1 sessions and continuing to grow the group sessions. and expanding its service areas across Cornwall. This is also reflected in the Devon and Somerset areas of the UK.

The office Masa has in Bodmin has become the central hub of what Masa does and offers in the Cornwall area as we are central to all areas of Cornwall and can give more accessible support to the Men Masa works with and their families.

Masa has also offered support to other agencies in the Cornwall by offering counselling rooms for their students that are on college placements to do their 100-hour placements in. Masa also offers a placement for a student to work with MASA clients to gain the experience they need to work with men who have trauma stemming from Male sexual abuse.

Brief statement of the charity's policy on reserves

The work that Masa offers is mostly paid for through restricted funds. We have a small amount of unrestricted funds which is set aside for emergency funding at present.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Paul Philp

Full name(s) Paul Antony Philp Peter Derek Wiley

Position (eg Secretary, Chair, etc) Chair Paul Philp Trustee P. Wiley

Date 26/5/25



CHARITY COMMISSION
FOR ENGLAND AND WALES

MASA (Men against sexual abuse)

No (if any)
1190398

Receipts and payments accounts

CC16a

For the period from	01/08/2023	To	31/07/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Funding pots		15,000	-	15,000	30,000
Donations	1,605		-	1,605	2,303
			-	-	-
			-	-	-
			-	-	-
Sub total (Gross income for AR)	1,605	15,000	-	16,605	32,303
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,605	15,000	-	16,605	32,303
A3 Payments					
Rent	6,404	4,947	-	11,351	10,538
Clinical Lead	509	988	-	1,497	1,484
IT, Phone and Internet	202	-	-	202	707
Counselling sessions	-	8,660	-	8,660	10,680
Campaign/Publicity	313	162	-	475	1,300
Training Workshops	-	100	-	100	3,550
Stationery	-	143	-	143	464
Sundries	275	-	-	275	417
	-	-	-	-	-
Sub total	7,703	15,000	-	22,703	29,140
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Laptops, PCs, Furniture	-	-	-	-	2,081
Sub total	-	-	-	-	2,081
Total payments	7,703	15,000	-	22,703	31,221
Net of receipts/(payments)	- 6,098	-	-	- 6,098	1,082
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	37,249	-	-	37,249	36,167
Cash funds this year end	31,151	-	-	31,151	37,249

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Nat West Bank Account	37,249	-	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	37,249	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	PCs, Laptops, Mobile phones		-	-
	Office Furniture and Equipment		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Paul Philp</i>	MR PAUL PHILP	26-05-25
<i>P. Wiley</i>	MR PETER WILEY	26/5/25

MASA: MEN AGAINST SEXUAL ABUSE

England & Wales - Charity number 1190398

Accounts

MASA Accounts submitted to the Charities Commission for Year August 1st 2022 to July 31 st 2023																
Fund	Recd in Bank	Balance	Income	Expenditure										Reserves / Donations	TOTAL	Surplus
				<i>Rent</i>	<i>Clinical Lead</i>	<i>I.T.</i>	<i>Counselling</i>	<i>Stationery</i>	<i>Room Hire</i>	<i>Capital Cost</i>	<i>Campaign/ Publicity</i>	<i>Workshops</i>	<i>Sundries</i>			
Surplus b/f	01/08/22	£30,823.12		£1,662.50	£1,483.80	£0.00	£3,123.55	£0.00	£1,088.45	£570.90	£631.68	£1,010.00	£292.01		£9,862.89	£20,960.23
Restricted Funds																
Lotto Fund	02/09/22		£10,000.00	£2,500.00			£2,917.00	£464.63				£875.00			£6,756.63	£3,243.37
Tudor Fund	16/09/22		£15,000.00	£5,000.00		£707.48	£4,165.00				£585.00	£1,665.00			£12,122.48	£2,877.52
Devon community Fund	15/06/23		£5,000.00	£187.50			£475.00		£100.00		£83.32		£125.00		£970.82	£4,029.18
Unrestricted Funds																
The Archer Trust	16/02/23		£1,000.00											£1,000.00	£1,000.00	£0.00
Lodge of Hope	16/02/23		£500.00											£500.00	£500.00	£0.00
Donations	n/a		£803.00											£8.03	£803.00	£0.00
Reserves		£3,630.16													£0.00	
			£32,303.00	£9,350.00	£1,483.80	£707.48	£10,680.55	£464.63	£1,188.45	£570.90	£1,300.00	£3,550.00	£417.01	£1,508.03	£31,220.85	£31,110.30
Bank Balance @ 31st July 2022														£36,167.59		
Balance as per MASA Year end @ 31 st July 2023			Income minus Expenditure plus Opening balance						(£32,303 - £31,220.85 + £36,167.59)					£37,249.74		
Balance as per HSBC Bank Account @ 31 st July 2023														£37,249.74		

MASA: MEN AGAINST SEXUAL ABUSE

England & Wales - Charity number 1190398

Accounts



Trustees' Annual Report for the period

Period start date			Period end date				
From	Day	Month	Year	To	Day	Month	Year
	01	08	2021		31	07	2022

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Philp	Chair		Board
2	Fiona Ledger	Trustee		Board
3	Peter Wiley	Trustee		Board
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg: trust deed, constitution)

Charity Commission's 'Foundation' Model Constitution

How the charity is constituted
(eg: trust, association, company)

Charity Incorporated Organisation - CIO

Trustee selection methods
(eg: appointed by, elected by)

All Trustees are appointed by the Board of Trustees (see below)

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

All Trustees are appointed by the board. This is to ensure that the range of skill sets available will enable the charity to carry out its objectives to the best of its ability.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse, for the public benefit, in particular, those residing in Cornwall, Devon and Somerset.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- by the provision of a welcoming safe space to meet.
- by the regular weekly provision of professionally led, group therapy and support.
- Telephone support for friends and families.
- By extending the provision of professionally led, group therapy and support, and, where appropriate, one-to-one specialist counselling; initially to different areas of Cornwall and now Devon and Somerset.
- Providing one-to-one, specialist Counselling therapy, for those men who would like to join a support group, but who, because of on-going trauma, are not yet well-enough to safely engage within a group setting.
- Responding to referrals and self-referrals with a 48-hour period and getting clients in front of a counsellor within 7 to 10 days. No other organisation within Cornwall can achieve this and most have waiting lists between 3 to 12 months. Getting to these men early can have a significant effect on their families and communities.
- Promoting Suicide Awareness amongst men and signposting places of support (Orange Circle) and/or providing counselling and workshops if their challenges are the result of sexual abuse.

All of our activities have given due regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

All our staff and Trustees work on a voluntary basis and do not receive any expenses for travelling or refreshments.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

MASA has opened additional group support in Bodmin, Cornwall and Torbay (Devon) for all men who need support stemming from his own personal sexual abuse, he has been able to access support from other men who have gone through similar abuse and has been able to get the support he needs to build a normal life. Masa has continued to secure funds to offer a fully supervised safe environment for men to meet to access therapy and group support. The funds pay for a fully qualified counselor to oversee each group and keep it a safe place for all.

MASA has significantly increased the number of 121 sessions we can offer after securing suicide prevention funding for Cornwall and Torbay and have added five new counsellors to our Roster to accommodate this.

MASA has worked closely with men, (and their families) at high risk of suicidal thoughts or action in both Devon and Cornwall helping them to have an effective Mental Health Safety Plan (Cornwall Council). We have also run Suicide Prevention and Awareness online Workshops for all clients across all counties to access throughout the year.

We are continuing to work with community groups including: Cornwall pride; First Light; Engine room; Volunteer Cornwall; The Anglican Church diocese, Hinkley power station (Somerset), Devon CLASP Cornwall Suicide Prevention and Homeless Across Cornwall.

We have worked with the Chaos Engine to improve our Social Media presence and improve our website experience for clients and new visitors.

Masa has continued to offer support and grow our client base within Cornwall, currently from Penzance to Launceston as well as develop services and funding for projects in Devon and Somerset.

Moving Office from Truro to Bodmin, which has reduced the need for room hire as we now have a group meeting room and an Individual counselling room as well as our office. This has reduced our office rent by £1,800pa, and room hire by £1,560pa.

Section E

Financial review

Brief statement of the charity's policy on reserves

As all of our work is currently paid from restricted funds, we only have a very small reserve fund at present. We intend to grow this in the next financial year as covid restrictions allow.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:


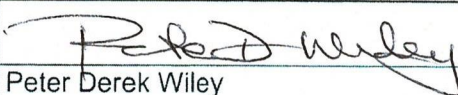
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Paul Antony Philp	Peter Derek Wiley
Position (eg Secretary, Chair, etc)	Chair	Trustee

Date

MASA Accounts submitted to the Charities Commission for Year August 1st 2021 to July 31st 2022

Fund	Recd in Bank	Income	Expenditure	Clinical		I.T.	Group		Stationery	Room Hire	Capital		Campaign		Reserves/		TOTAL	Surplus
				Rent	Lead		Counselling	121			Work	Cost	Sundries	Donations				
CCFEF	26/10/21	£5,000.00	£1,283.60	£29.98	£571.00	£2,070.00	£0.00	£165.00	£0.00	£460.00	£0.00	£286.95	£0.00	£0.00	£4,866.53	£133.47		£133.47
Tudor Fund	27/10/21	£15,000.00	£6,000.00	£1,060.00	£770.00	£1,530.00	£0.00	£0.00	£0.00	£180.00	£0.00	£0.00	£1,400.00	£0.00	£10,940.00	£4,060.00		£4,060.00
Volunteer Cornwall	01/11/21	£1,512.00	£0.00		£600.00			£912.00		£0.00			£0.00		£1,512.00	£0.00		£0.00
Victim Support	07/01/22	£5,000.00	£0.00	£250.00	£420.00	£2,370.00	£218.75			£1,137.50		£0.00			£4,476.25	£523.75		£523.75
Devon Clasp	15/03/22	£5,000.00	£290.00			£990.00				£290.00			£1,200.00		£1,990.00	£3,010.00		£3,010.00
Cornwall Clasp	16/05/22	£21,996.00	£1,850.00	£536.25	£233.85					£80.00					£3,900.10	£18,095.90		£18,095.90
Somerset HPSF	14/07/22	£5,000.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00		£0.00	£5,000.00		£5,000.00
Donations		£189.11													£189.11	£0.00		£0.00
Reserves		£2,130.16													£2,130.16	£189.11		£0.00
		£60,827.27	£9,423.60	£536.25	£2,361.00	£6,960.00	£218.75	£1,077.00	£500.00	£2,147.50	£2,600.00	£286.95	£2,319.27	£30,004.15	£30,823.12			£30,823.12
Bank Balance @ 31st July 2021																		£6,163.44
Balance as per MASA Year end @ 31 st July 2022																		£36,167.59
Balance as per HSBC Bank Account @ 31 st July 2022																		£36,167.59

MASA: MEN AGAINST SEXUAL ABUSE

England & Wales - Charity number 1190398

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day14	Month07	Year2020		Day31	Month07	Year2021

Section A

Reference and administration details

Charity name

M.A.S.A. MenAgainstSexualAbuse

Other names charity is known by

N/A

Registered charity number (if any)

1190398

Charity's principal address

Richmond House

37 Edward Street

Truro

Postcode TR1 3AJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Philp	37 Edward Street		n/a
2	Herbert Reed	As above		n/a
3	Terence Dash	As above		n/a
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
n/a	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
n/a		

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Foundation Model Constitution
How the charity is constituted <small>(eg. trust, association, company)</small>	The Charity is a Charity Incorporated Organisation CIO
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Appointed by the Chair from men with lived experience of sexual abuse

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are:
To relieve the emotional, mental and spiritual distress of adult men in need, by reason of sexual abuse, for the public benefit, in particular, those residing in Cornwall;

- by the provision of a welcoming safe space to meet.
- by the regular weekly provision of professionally led, group therapy and support.

• by paying for one-to-one, specialist Counselling therapy, for those men who would like to join a support group, but who, because of on-going trauma, are not yet well-enough to safely

engage within a group setting.

• by extending the provision of professionally led, group therapy and support, and, where appropriate, one-to-one specialist counselling; initially to different areas of Cornwall, and, longer term, to other Counties in the South West of England, where such provision is absent.

To provide both 121 individual and group support counselling to Men and their families across Cornish Communities. The Trustees also state that, in making decisions about that, have had due regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Masa has extended group support for all men who need support stemming from his own personal sexual abuse, he has been able to access support from other men who have gone through similar abuse and has been able to get the support he needs to build a normal life. Masa has gained funds to offer a fully supervised safe environment for men to meet to access therapy and group support. The funds pay for a fully qualified councilor to oversee the group and keep it a safe place for all.

Masa has gained funding to offer 1-2-1 counselling support to men who need help with male sexual abuse. This 1-2-1 service is over seen by a fully qualified BACP registered counselor and is offered on a 10-week basis Reference is made towards the end of the 10-week period on whether the client would require more counselling sessions.

Masa was able to work with the Anglian Church to offer a safe place for the group to meet and build on the group growing.

Masa has got thirty men in the last twelve months to where they need to be outside of the group and 1-2-1 support and into society. So, these thirty men no longer need to come to group meetings or attend his 1-2-1 support but are still supported by MASA outside of the group and 1-2-1 support.

Masa has invited more men from the 1-2-1 support and outside sources into the group and support them with their current issues surrounding sexual abuse, which not only affects them but their families. The support MASA offers has a knock-on effect for families as well and improves home lives for group members and their loved ones.

Masa has evolved from a CIC to a registered charity with the Help of the Engine room origination based in Cornwall and this will help MASA grow and encourage more support for all.

Masa works with other organisations to build on MASA services and to create a community and network support for all, some of these are: Cornwall pride; Engine room; The Anglican Church diocese and the Homeless Across Cornwall.

MASA uses a Whatsapp group to support all men of MASA group to get support out of the group and support each other. This gives a sense of safety for all members.

Masa has put a lot of policies in place to protect all MASA members.

Summary of the main achievements of the charity during the year

To expand the group support offered.

Acquire funding to offer 121 individual support for men.

Develop our services through technology to offer both internet and telephone therapies to continue to operate through covid 19 and expand our out of therapy support through our Whatsapp program.

Support more family & community members throughout the covid pandemic

Section E

Financial review

Brief statement of the charity's policy on reserves

The reserves policy for the organisation is currently a work in progress

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

During this first financial period the organisation has concentrated on and successfully achieved initial funding. The income for the period was £16,040.00 with expenditure of £5,514.35 leaving an overall surplus of £10,525.65.

Section F

Other optional information

The charity is a CIO - Charitable Incorporated Organisation that was registered with the charity commission on 14th July 2020. It is governed by a foundation model constitution that was adopted on 1st May 2020.


The CIO was converted from Men Against Sexual Abuse CIC which was registered with companies house under registration number 12182730 on 30th August 2019.

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Paul Philp	
Full name(s)	PAUL PHILP	PETER WILEY
Position (eg Secretary, Chair, etc)	CHAIR	TREASURER.
Date	23/05/2022	

MASA													Accounts submitted to the Charities Commission for Year July 14th 2020 to July 31st 2021	
Fund	Recd in Bank	Income	Expenditure											
			Rent	Group Counselling	121 Counselling	Zoom	Capital Cost	Campaign Work	Workshops	Sundries	Donations	TOTAL	Surplus	
CCFEF	08/03/21	£5,000.00	£1,495.00	£1,440.00	£595.00	£29.98	£73.98					£3,633.96	£1,366.04	
Awards Funds	22/05/21	£10,000.00		£245.00				£225.91	£369.48			£840.39	£9,159.61	
Albert Hunt	15/01/21	£1,000.00								£1,000.00		£1,000.00	£0.00	
Donations	31/07/21	£40.00									£40.00	£40.00		
		£16,040.00	£1,495.00	£1,685.00	£595.00	£29.98	£73.98	£225.91	£369.48	£1,000.00	£40.00	£5,514.35	£10,525.65	
Bank Balance @ 13th July 2020												£649.09		
Balance as per MASA Year end @ 31 st July 2021												£6,163.44		
Balance as per HSBC Bank Account @ 31 st July 2021												£6,163.44		