

SAGE DANCE COMPANY

England & Wales · Charity number 1190384

Details

Status Registered

Legal form Other

Registered 2020-07-13

Register [View on the Charity Commission register](#)

Contact

Address 20 Oakeshott Avenue
London
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Website www.sagedancecompany.com

Activities

Objects: THE CHARITY'S OBJECTS ('THE OBJECTS') ARE: 1. TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE ART OF DANCE, IN PARTICULAR BUT NOT EXCLUSIVELY AMONG PEOPLE AGED 55 AND OVER, BY:(A) PROVIDING TRAINING IN DANCE AND PERFORMANCE SKILLS FOR OLDER PEOPLE; AND (B) PROVIDING OPPORTUNITIES TO PARTICIPATE IN PUBLIC PERFORMANCES AT FESTIVALS AND FORUMS, INCLUDING EVENTS WHICH FOCUS ON AGEING WELL.2. TO PRESERVE AND PROTECT GOOD PHYSICAL AND MENTAL HEALTH AND WELLBEING AMONG PEOPLE AGED OVER 55 BY ENCOURAGING THEM TO PARTICIPATE IN DANCE AS A MEANS OF PROMOTING PHYSICAL ACTIVITY, IMPROVING COGNITIVE SKILLS AND INTERACTING SOCIALLY WITH OTHERS TO REDUCE LONELINESS AND SOCIAL ISOLATION.

Activities: We are a London based dance company which provides people of 55 years plus with opportunities to develop their skills in contemporary dance and choreography and perform original works at a variety of events, festivals and venues in London and further afield. We aim to promote the benefits of dancing to our members and a wider public, whatever their age.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Elderly/old People, The General Public/mankind

Geography

- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£8,180	£11,294	-	-
2024-03-31	£7,503	£9,201	-	-
2023-03-31	£11,599	£14,663	-	-
2022-03-31	£14,310	£10,784	-	-
2021-03-31	£12,106	£6,611	-	-

Trustees

Name	Role	Appointed
Elizabeth Marea Meredith Heasman	Chair	2016-05-23
Cecil Stephen Rowe M.A.		2012-09-12
Felicity Mary McDonald BA		2016-05-23
GILLIAN MARGARET WESLEY		2012-09-12
Helen Claire Martin MA		2019-01-02
Jean Valerie Woollard		2015-10-05
PHILIPPA JANET MORGAN		2019-02-02