

(England and Wales)



QOYS DARYEEL (FAMILY CARE)

Report of Trustees and Unaudited Financial Statements
For the year ended 31 March 2023

QOYS DARYEEL (FAMILY CARE)
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For the year ended 31 March 2023

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QOYS DARYEEL (FAMILY CARE)
Charity information
For the year ended 31 March 2023

Charity Information

Name of Charity	QOYS DARYEEL (FAMILY CARE)
Charity Registration Number	1190367
Principal Address	99 Coldharbour Lane London UB3 3EF

Trustees

The trustees and officers serving during the year and since the year end were as follows:

Marso Abdi (Chair)
Sado Saeed
Fadumo Mohamed

Independent Examiner

JS ACCOUNTANTS AND CO.
100 Dunton Road
London
SE1 5UN

Bankers

Metro Bank

QOYS DARYEEL (FAMILY CARE)
Trustees' report
For the year ended 31 March 2023

The Trustees, have pleasure in presenting their report and accounts for the charitable organisation for the year ended 31 March 2023.

Qoys Daryeel (QD) (Family Care) Objects are:

1. To promote social inclusion for the public benefit among Somali refugees and asylum seekers in West London who are socially excluded on the grounds of their social and economic position, by providing:

- a. Education and training in sexual and mental health awareness.
- b. Courses in parenting skills to increase family cohesion.
- c. Physical exercise sessions for elderly women.
- d. Surveys of Somalis' experience of health and other public services.

2. To develop the capacity and skills of the members of the socially and economically disadvantaged community of Somali refugees in West London in such a way that they are better able to identify, and help meet, their needs and to participate more fully in society by providing education and training in the English language during which the organisation has grown to support a large number of users from diverse communities and has worked in partnership with many organisations that have helped make our work possible.

Qoys Daryeel (Family Care), a women-led UK-registered charitable organization, aims to promote social inclusion for the public benefit. The organization was established nearly 20 years ago with the aim of improving the livelihoods of people facing social and economic disadvantages. By providing those in need of community support the opportunities that will empower them, Qoys Daryeel has successfully provided training, advocacy support, befriending services, domestic violence and self-care awareness.

Activities in 2022-23

During the year, we carried out the services above with the help of three volunteers, Khadra Mohamud and Ifrah Ali, Amran Mohamed Ahmed. Khadra Mohamud provided an online service as an experienced parent. However, we did receive funding for a new programme, Stepping Stones, to help young people not to be attracted by crime and joining gangs.

Stepping Stones – Empowering Parents to Support their Teenage Children

This financial year saw the launch of a 6-month pilot project entitled 'Stepping Stones', funded by the Metropolitan Police as part of the 'Hayes Together Stays Together' programme. Its aim was to reduce the number of pre-adolescent children of refugees and migrants from being attracted to crime and joining gangs. It was based on Qoys Daryeel's research and knowledge of the refugee community in Hillingdon and in Hayes Town in particular, which showed that children of around the age of 11 are already vulnerable to being exposed to the "glamour" of crime and gang-culture and its association with feeling part of a community. Our session aimed to educate the target group into not falling into the trap of a criminal career, and also parents and other interested adults.

A meeting on April 14th 2021 with members of the community and of the organization established the main objectives of the project:

1. A reduction in numbers being attracted to crime. A questionnaire given to parents and children provided feedback regarding how helpful they found the activities and a statement from the police was also evaluated as a reference point for how to successfully manage our primary aims.
2. Creating inspiration and motivation for young people to discover their true skills and the contribution they could make to the Hayes community. The questionnaire was presented in a range of styles such as choosing a happy/sad face or ticking a box and participants were asked, from a scale of 1-10 what they enjoyed the most

QOYS DARYEEL (FAMILY CARE)
Trustees' report
For the year ended 31 March 2023

& what changes they noticed about themselves following the successful completion of the project. The answers were carefully evaluated to help us assess how effective the project was with regards to participant satisfaction.

3. Raising the levels of self-esteem and low expectations within the target group. For the young participants participants we asked questions such as: Do you feel you have grown in self-confidence? If so, in what ways? For the parents we asked: Do you feel your child has grown in self-confidence? Throughout the project Hassan ran youth football clubs which also contributed greatly to our aim of raising self-esteem as the use of physical exercise encouraged teamwork and interpersonal relationships amongst the younger participants.

Schedule of project

The schedule of the 6-month (April to November) project included:

- Weekly (Wednesday) face-to-face 2-hour meetings for parents in Botwell Library, Hayes, attended by a average of 30 (25 women, 5 men) aged between 18-60. The themes included: Effective Communication, Safeguarding for Your Child, Raising their Self-esteem, Mental Health Support, Meeting Other Parents in local community delivered by Hassan Ossable using PowerPoint presentations and Q&A about what they want and think.
- Weekly Saturday football sessions for boys, followed by talks by Hassan on whatever subject they wanted to talk about, difficulties, need for support/advice etc (average of 20 aged 11-18).
- Monthly online sessions for parents who could not attend the weekly Wednesday sessions on the same themes (average of 10 male & female).

Outcomes (Results of questionnaires etc.)

At the end of the 12 weeks the parents in these classes have reported feeling more confident in dealing with any issues they or their children were experiencing.

What have we learned?

Both the parents and young people we supported are keen to keep going with such classes and would like to do them face to face. Through our weekly youth football and workshops, we ensured the teenagers in the programme learn these important life skills so when they end their classes with us, they will have been empowered to maintain self-esteem and problem-solving skills. Deciding to offer services such as this project to establish community support has helped us to learn from one another and ensure our children receive the support they need to flourish and thrive.

Management of project

The Chair of Trustees, Marso Abdi, Fadumo Mohamed and Sado Saeed, supervised the project, with the help of two employees Mecyline Ndeti as project manager, and Hassan Ossable as trainer and facilitator who also generously volunteered for the football sessions. Hassan has had wide experience of working with young people as a mentor and a lead youth worker for Hillingdon Council for years, and as a learning mentor at Lampton School. He has also had with other organisations including as HAYA Community Centre, the Council of Somali Organisations and Help Somalia Foundation. Hassan was supported by Volunteers, Khadra Mohamud and Ifrah Ali, Amran Mohamed Ahmed, Abdurahman Adan. Khadra and Amran were speakers at the final event. Ifrah was responsible for catering.

Approved by the Board of Trustees and signed on its behalf by

Marso Abdi
Chair Trustee

QOYS DARYEEL (FAMILY CARE)
Independent Examiner's Report to the Trustees on the Unaudited Financial Statements
For the year ended 31 March 2023

I report to the trustees on my examination of the accounts of the charitable company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

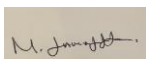
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



JS ACCOUNTANTS AND CO.

100 Dunton Road
London, SE1 5UN
31st January 2024

QOYS DARYEEL (FAMILY CARE)
Statement of Financial Activities
For the year ended 31 March 2023
Notes

		<u>2023</u>	<u>2022</u>
		£	£
Income & endowments from:			
Donations & legacies		-	-
Charitable activities		-	-
Other activities	1	10,454	200
Investments		-	-
Total		<u>10,454</u>	<u>200</u>
Expenditure on:			
Raising funds		-	-
Charitable activities		-	-
Other	2	3,793	11,352
Total		<u>3,793</u>	<u>11,352</u>
Net surplus	3	6,661	(11,152)
Reconciliation of funds			
Total funds brought forward		8,672	19,824
Total funds carried forward		<u>15,333</u>	<u>8,672</u>

QOYS DARYEEL (FAMILY CARE)
Statement of Financial Position
For the year ended 31 March 2023

	Notes	<u>2023</u> £	<u>2022</u> £
Fixed Assets			
Tangible assets	4	-	22,101
Current Assets			
Debtors	5	-	-
Cash at bank and in hand		31,048	23,075
		<u>31,048</u>	<u>23,075</u>
Creditors			
amounts falling due within one ye	6	400	-
Total Assets (Current Liabilities)		30,648	23,075
Creditors			
amounts falling due after more than one year		34,613	11,195
		<u>(3,965)</u>	<u>11,880</u>
Total Net Assets (Liabilities)		<u><u>(3,965)</u></u>	<u><u>33,981</u></u>
The Funds of Charity			
Endowment funds		-	-
Income funds	7	15,333	8,672
		<u>15,333</u>	<u>8,672</u>

For the year ended 31 March 2023, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts`;
- These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.
- The financial statements were approved by the board on 31 January 2024 and signed on its behalf

Marso Abdi
Chair Trustee

QOYS DARYEEL (FAMILY CARE)
Notes to the Financial Statements
For the year ended 31 March 2023

1. Income earned from other trading activities	2023	2022
	£	£
Unrestricted funds		
School services/Grants	10,454	200
Restricted funds		
Grants	-	-
	<u>10,454</u>	<u>200</u>

2. Expenditure on other activities	2023	2022
	£	£
Salaries & wages	900	5,824
I.T.	100	100
Freelancers & Tutors		648
Bank charges		101
Insurance		
Learning material		
Miscellaneous		
Professional fee	400	
Rent & venue hires	2,297	3,150
Subscriptions		
Utilities		
Miscellaneous	96	1,529
	<u>3,793</u>	<u>11,352</u>

3. Net surplus/(expenditure) for the year	£	£
	<u>6,661</u>	<u>(11,152)</u>

	2023	2022
This is stated after charging/(crediting):		
Accountancy fees	<u>400</u>	<u>-</u>

4. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or valuation less depreciation. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value; over their expected useful life on the following basis.

Fixtures & Fittings	20% Reducing Balance
Office Equipment	20% Reducing Balance

Cost or valuation	Equipments	Fixtures & fittings
	£	£
At 01 April 2022	-	-
Additions	-	-
Total at 01 April 2022	<u>-</u>	<u>-</u>
Depreciation		
Charge for the year	-	-
Net Book Values		
At 31 March 2023	<u>-</u>	<u>-</u>
At 31 March 2023	<u>-</u>	<u>-</u>

QOYS DARYEEL (FAMILY CARE)
Notes to the Financial Statements Continued
For the year ended 31 March 2023

5. Debtors

	2023	2022
	£	£
Due within one year		
Charity Debtor - Southbank University School		
Other Debtors	-	-
	-	-

6. Creditors

	2023	2022
	£	£
Amounts falling due within one year		
Trade Creditors	-	-
Bank Overdraft	-	-
LC Commerical Rent	-	-
Others	400	-
	400	-

7. Movement in funds

Unrestricted funds

	Balance at 01 April 2022	Incoming Resources	Outgoing Resources	Transfers	Balance at 31 March 2023
	£	£	£	£	£
General	311	10,454	-	3,393	-
					7,372

Restricted funds

	Balance at 01 April 2022	Incoming Resources	Outgoing Resources	Transfers	Balance at 31 March 2023
	£	£	£	£	£
	-	-	-	-	-

Unrestricted funds-Previous year

	Balance at 01 April 2021	Incoming Resources	Outgoing Resources	Transfers	Balance at 31 March 2022
	£	£	£	£	£
General	11,463	200	-	11,352	-
					311

Restricted funds-Previous year

	Balance at 01 April 2021	Incoming Resources	Outgoing Resources	Transfers	Balance at 31 March 2022
	£	£	£	£	£
	-	-	-	-	-