

Rehoboth for families, children and young people



Annual Report 2022/23

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Chairman's report

2022/23 has been an amazing year for Rehoboth for Families, with new project initiatives, a potential building, and new trustee on the team.

Firstly, I would like to thank our Founder and Operations Director, Elizabeth Dotun, her passion, love for Jesus, determination, hard-work and heart-felt hunger to help, encourage and build-up flourishing families are an incredible witness to me, the trustees, volunteers and those whom she serves and works with in the community, and beyond.

Rehoboth works closely with a variety of partners; Trafford Health, L&Q (formerly Trafford Housing Trust), LifeChurch Manchester, Caribbean and African Health Network, NHS Health and GMCVO, on a wide variety of projects, including: Active Appetite, Health & Welfare talks, youth group, prayer meetings, Freedom in Christ seminars, community drop-in, community breakfasts, parenting course and the transformation of an alleyway and the Green field on the Meadows Estate in Stretford, Manchester. Rehoboth has also been active in health & welfare projects overseas in Zambia and Ghana.

Rehoboth also started a lease on the Salvation Army Hall on Brunswick Street on the Stretford Meadows Estate. The building had been empty but is now open most days for a variety of activities and is becoming known as the local community centre, providing support for the local community. Rehoboth's desire and hope is to buy the building.

We welcome one new trustee: Elizabeth King. 2024 is my fourth year as Chairman, time to stand-down, and make way for a new Chairman to take forward and aid the operations team in a growing organisation. I would like to thank all the trustees and volunteers who have helped so many, and especially to Elizabeth Dotun for her relentless hard work and passion to make a difference to families and children. And to our amazing Lord Jesus for His unconditional and constant, grace and love.

John Lawrie, Chairman Rehoboth for Families

ABOUT REHOBOTH FOR FAMILIES

Rehoboth is a registered Christian charity. Our aim is to provide holistic support for children, young people, parents and families. We promote positive family living, community inclusion and tackling the issues that affects children and young people, especially how family issues not dealt with appropriately and how an eventual breakdown in relationships, may affect children and young people in adulthood. We also seek to work with people from different backgrounds and cultures, by building healthy relationships across diversity, with the aim to learn from one another (creating valuable cultural connections). Promoting good family values, unity, enduring love, forgiveness, spiritual and emotional wellbeing and flourishing family relationships is at the core of all our work.

Mission

Rehoboth works towards building a community where each family can recognize each other as being an important piece of a puzzle and that working together in love, kindness, thoughtfulness, forgiveness, loyalty and trust is what enables families to flourish.

Vision

Our vision is to see every family that we encounter flourish, through helping them to discover who they really are (identity) and unlocking the potential within (purpose), thereby dealing with limiting beliefs and mindsets. We believe that the family is the foundation of a stable society because it is the first level of any social structure we are exposed to. A family is a nation in its right and children and adults deserve to feel treasured, valued, and nurtured regardless of their race, faith, orientation and circumstance.

The object of the CIO are:

- To advance the Christian faith for the public benefit in accordance with the statement of faith.
- The prevention or relief of financial hardship, including, but not limited to, assisting in the provision of education, training and all necessary support designed to enable individuals to generate a sustainable income and be self-sufficient;
- To advance in life and help young people through the provision of support and activities which develop their skills, capacities, and capabilities to enable them to participate in society as mature and responsible individuals;
- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society (for the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards; crime (either as a victim of crime or as an offender rehabilitating into society);
- The preservation and protection of physical and mental health for the public benefit, in particular by providing a range of support and advice to families

All the above are to be undertaken in the United Kingdom and such other parts of the world as the trustees may from time to time think fit.

Strategic Highlights

This years' project activity highlights

- Active appetite
- Living room warm space project
- Culturally appropriate food supply
- Collaborative work with The Mason Foundation, including volunteers training for the Mason foundation mile walk
- Ongoing working with the residents of the Meadows Estate to formalise an unincorporated group, with active official committee members to enable an effective development of the community
- Collaborative work with the Trafford Community Collective, in conjunction with the Trafford Council's Early Years and Reducing Parental Conflicts schemes
- Collaborative work with the Grace Community Church with support for young people and mentoring scheme
- Ongoing collaborative work with the Friends of Stretford Public Hall and the Stretford Food Bank

Grant funding awarded

- £15,930 awarded grant funding through L&Q (formally Trafford Housing Trust) to provide cooked food and play for children and young people during the holiday season tagged Active Appetite.
- £5,000 awarded grant through L&Q (formally Trafford Housing Trust), for the Trafford Living Room Project
- £2000 awarded grant funding to supply culturally appropriate food for the BAME families
- £10,000 awarded grant funding from the National Lottery Community Funds (Awards for all), for YOU MATTER health and wellbeing project
- £10,000 (£5000 remitted into the Rehoboth's account, with the other £5000 remitted in the Meadows Action Team's account, after a committee was formed), from the GMCA Greenspace grant funding, a collaborative joint funding as part of the Stretford-wide green spaces development and enhancement project
- A £2000 grant funding by the Trafford Council to develop a alleyway

Operations director's report

Summary

The journey at Rehoboth for families in 2022/23 has been both exciting and challenging during this period. Exciting because we embarked on a journey to secure a lease on an old Salvation Army building in Stretford. The grant has been awarded and we are now at the point of sorting out all the legal process of securing the lease. As a small organisation, we have found this process of acquiring the lease quite challenging, it's not the same as renting a residential home. We will persevere as the benefits in the long run quite outweighs the trouble we may be experiencing currently.

Our hope is that securing the building eventually, will afford us the opportunity to have regular supportive meeting with the families we've been working with for a while but also for new people to come in. We are hoping also that it will serve as a means to becoming sustainable as we will hire it out to other community groups and individual functions, thereby affording us some income. This cause hasn't been easy, but we are determined to keep going and hoping for the best so that our organisation can become more robust in providing support for disadvantaged and dysfunctional families.

Projects in brief

Active Appetite

Third year running, our holiday feeding hub was aimed at supporting families on the Meadow's Estate in Stretford and its environs during the school holidays by providing hot meals and food packages. We provided 80+ hot meals per day, with the highest number being 120, for families with children in primary to secondary school ages. Children were invited for play time with indoor and outdoor activities. Parents and grandparents, took part in helping with making the food, learnt about food nutrition, and some health and wellbeing tips. This year, in collaboration with other organisation within Trafford, we were able to support families with school uniforms and school essentials like school shoes, coats, scarfs and hats etc. In the 2nd week of August, we had a family sports day, in collaboration with Kickstart and CAHN, and the last week of August, we had a street party to celebrate 'life and community. The sports day and street party has now become an annual event which the community look forward to, to round up summer and look forward to a new school year. We had support from other businesses and organisations that made these two-events possible and memorable for all who attended.

Living room warm space project

The aim was to offer a weekly meal (lunch club style) in a place that is physically warm, but which will also provide the warmth of community, and opportunities to promote emotional and physical wellbeing. This was in collaboration with other agencies in Trafford, with Stretford Public Hall leading and overseeing it all.

The warm space has been a success, with regular attendance by people within the community and especially elderly folks. This project also made it possible support for digital training, employment, skills development and training. Two staffs from L&Q and a volunteer have been instrumental to providing the digital training and employment support.

Culturally appropriate food supply - tagged 'here to help'

In the context of the ongoing cost of living crisis, 'Here to help' was a project aimed at supporting families with the rising cost of food and utility supplies. The provision of culturally appropriate food was targeted at our growing BAME community. We now work directly with the Stretford Foodbank, who are able to provide the needs for food and grocery for the families we support on an ongoing basis and that includes provisions for the BAME community as well as meeting the needs of families with a religious food requirement, e.g. halal.

Collaborative work with The Mason Foundation

Rehoboth was privileged to partner with The Mason Foundation in 2023. The Mason Foundation was established in 2017, to provide opportunities to support individuals and families from all walks of life, focusing on those who may face additional challenges. Their mission is to remove barriers, provide opportunities to build lasting friendships, celebrate inclusivity, and reduce inequalities. The first initiative launched by The Foundation was The Mason Mile - locally centred, community-based miles, where everyone can come together to do 15 minutes of activity, doing the Mile their way, regardless of ability or disability. We have nine volunteers signed on with training provided by the Mason's team to execute the YOU MATTER mental health and wellbeing project funded by the National Lottery Community Funds. This team of volunteers will look to carry the project forward, in encouraging people to move in anyway that suits them for at least 15 minutes either through dance, swimming, gentle walks etc

Meadows Estate Development Project

Ongoing working with the residents of the Meadows Estate to formalise an unincorporated group, with active official committee members to enable an effective development of the community. We have been able to secure the GMCA greenspace grant funding through and quite excited about the potential of developing the green space to make it a more desirable space for families to live and enjoy.

Trafford Community Collective

Rehoboth is all about family. As a family-oriented training, we are looking to transition into providing an holistic support for the families in our network. So, we have been working in collaboration with the Trafford Community Collective, in conjunction with the Trafford Council's Early Years and young people and families department to enable getting referral from them. We have received the Reducing Parental Conflicts training and we will look to utilise this training to address the issues of family conflict.

Grace Community Church

We continue to work in collaboration with the Grace Community Church to provide needed support for young people. Although we haven't done much this year because of the building issues, we continue to meet our young people and their parents online to provide them with life skills, career progression and mentoring schemes.

LifeChurch Stretford

We have been partnering with LifeChurch Stretford for some years now and we continue to build this mutual relationship in an effective way. The needs of the people we have the privilege to meet has always been a priority. We have provided support which has met the physical, mental and spiritual needs of the children, young people and their parents and not forgetting grandparents. It's amazing to see the transformations that has been taking place within the community.

"The journey hasn't been easy, but we are learning through perseverance and resilience, as we continue to serve families and our ..."

Elizabeth Dotun-Adejube

Founder and operations director

Rehoboth for families, children and young people



FINANCIAL SUMMARY

FINANCIAL STATEMENTS

DESCRIPTION	INCOME	EXPENSE S	EARNING S	Balance
Funding from projects	75330	33488.69	-	41841.31
Gifts and cash-in kinds	23800.5	16795.23	-	7005.28
	1			
Total	99130.5	50283.92	-	48846.59
	1			



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name REHOBOTH FOR FAMILIES, CHILDREN AND YOUNG PEOPLE		No (if any) 1190359	CC16a
For the period from	Period start date 01/10/2022	To 30/09/2023	

Receipts and payments accounts

Section A Receipts and payments

Total payments	2,665
Net of receipts/(payments)	- 1,143
A5 Transfers between funds	2,527
Unrestricted cash funds last year ended	5,621
Unrestricted cash funds this year ended	7,005

to the nearest
£

A1 Receipts

Voluntary Receipts
Charitable Activities

Sub total (Gross income for AR)

A2 Asset and investment sales, (see table).

Sub total

Tot

1,522

al receipts A3 Payments

Costs of Charitable Activities
Governance Costs

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Sub total

A4 Asset and investment purchases, (see table)

Sub total

			- 1,522	-
	44,500		- 44,500	-
			- -	-
			- -	-
			- -	-
			- -	-

Last year

[illegible][illegible]

	20,911	-	23,576	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	20,911	-	23,576	-

[illegible]

	23,589	-	-
-	2,527	-	-
	20,779	-	-
	41,841	-	-

CCXX R1 accounts (SS)
30/07/2024

1

Section B Statement of assets and liabilities at the end of the period

Restricted

Categories
funds funds

to nearest £

B1 Cash funds

Total cash funds

(agree balances with receipts)

Details

Bank Account

Unrestricted
Endowment
funds

to nearest £
to nearest £

	7,004	1,841
	-	-
	-	-
	-	-

Unrestricted funds

to nearest £

Restricted
funds

to nearest £

funds

to nearest £

Details

		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

and payments account(s))

B2 Other monetary assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
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			-	-		
			-	-		
			-	-		
Details			Fund to which asset belongs	Cost (optional)	Current value (optional)	
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
			-	-		
B5 Liabilities			Fund to which liability relates	Amount due (optional)	When due (optional)	
Details			-	-		
			-	-		
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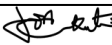
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Independent examiner's report on the accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Report to the trustees/
members of

REHOBOTH FOR FAMILIES, CHILDREN AND YOUNG PEOPLE

On accounts for the
year ended

30 September 2023

Charity no (if any)

1190359

Set out on pages

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

- In connection with my examination, no matter has come to my attention
1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
 2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

30th July 2024

Name: **Fiona Norton**

Relevant professional qualification(s) or body (if any):

Address: **150 Lock Lane**
Partington
Manchester M31 4PW

Only complete if the examiner needs to highlight material problems (E.g. Accounting records have not been kept in accordance with section 386 of the Companies Act 2006; the accounts do not accord with the accounting records; any material expenditure or action which appears not to be in accordance with the trusts of the charity; any failure to be provided with information and explanation by any past or present trustee, officer or employee; and in the case of accruals accounts any material inconsistency between the accounts and the trustees' annual report, and in the case of a charitable company with the director's report.)