

Trustees' Annual Report for the period

From 1st April 2024 To 31st March 2025

Charity name: Christmas For CAMHS

Charity registration number: 1190353

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>1) For the public benefit, to ensure children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK, know they are remembered at Christmas. This will primarily but not exclusively be achieved by sourcing and arranging the supply of gifts to these units to be distributed to the children around Christmas time. This may involve the direct purchase of gifts, or the distribution of gifts purchased by others for this purpose.</p> <p>2) To promote awareness of children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK for the public benefit, with the focus of using this awareness to fundraise towards advancing (1).</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Christmas For CAMHS provides special Christmas gifts, decorations and activities every year for children and young people who are inpatients in child and adolescent mental health (CAMHS) wards across the UK over the Christmas holiday period. This includes gifts that young people can use together on the ward (such as a game or art materials).</p> <p>We want to make children and young people who are inpatients over the festive season feel thought-about, special and included. Our individual gifts for each young person to keep, as well as gifts, decorations and activities for their ward help us to do this.</p> <p>We achieve our gifting by fundraising, primarily receiving donations from members of the public, but also small grants and corporate donations. This year some of our fundraising was linked to our 'Christmas in July' campaign and to selling small tree decorations in exchange for a 'pay what you can'</p>

		<p>donation. We use these funds to buy gifts, often in bulk, and to pay for the shipping of these gifts to hospitals. We also receive donations of gifts from members of the public, (mostly purchased from our Amazon wish list and sent directly to us), for us to package with the gifts our funds have purchased, and send to the CAMHS units.</p> <p>We contact every CAMHS unit in the UK in advance of Christmas, to ensure we have up to date information on where to send the gifts, how many gifts to send, and ask for their requests on the type of gifts their young people would most like to receive. We have a mailing list of CAMHS staff, and if we do not hear back from a CAMHS unit in response to our email, we telephone the unit. In the rare cases that we cannot reach a unit, we send a selection of suitable gifts according to the number of beds listed on the unit's website.</p> <p>CAMHS staff use our gift request form to make specific requests, such as for particular games or particular themed items that would be popular with their inpatients. We use information about units to ensure we send suitable gifts, such as the age and gender of the children and young people, and whether the ward is specifically for young people with learning disabilities.</p> <p>We ensure we reach every CAMHS unit in the UK by liaising with the Royal College of Psychiatrists' Quality Network for Inpatient CAMHS, who have kindly updated us about new hospitals, as well as using search engines and knowledge that members of the public and CAMHS unit staff share with us.</p> <p>We ensure the safety of our gifts by consulting with CAMHS staff on the suitability of gifts. We also receive advice from volunteers (including trustees) who use their lived experience of being an inpatient in CAMHS to suggest suitable and safe gifts.</p> <p>We maintain a robust list of items that we do not provide due to the potential risk that young people in distress could use them to hurt themselves or others, such as items with batteries, and spiral-bound notebooks. In addition to this, we specifically ask CAMHS staff at each unit if any gifts are not suitable, as we have learned that different CAMHS units have different safety requirements, to meet the needs of their different patient groups. We enable CAMHS staff (who are best-placed to risk assess the gifts as they know the children</p>
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		<p>and young people in their care and specific risks relating to them and their environment) to check all gifts for suitability and safety, as we do not wrap the gifts. We provide wrapping paper and gift tags for staff to gift wrap after they have checked the gifts.</p> <p>The vast majority of CAMHS staff tell us that their ward or hospital does not receive any other gifts in addition to the gifts from Christmas For CAMHS.</p> <p>Occasionally we are contacted by individuals or small organisations who would like to donate gifts to a CAMHS unit. We have information on our website about how best to do this, and a map of the CAMHS units in the UK, so that the public can find a CAMHS unit nearest to them. We have occasionally linked individuals or small organisations with specific CAMHS units. This helps others to achieve a charitable purpose, increases the gifts received by CAMHS units, and helps raise awareness.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees are aware of the guidance issued by the Charity Commission on public benefit. Our purpose is for the benefit of children and young people in CAMHS units, we believe these children and young people derive benefit from receiving gifts and knowing they are thought about during the Christmas period. We specifically select gifts to be beneficial to their wellbeing such as sensory toys, self-care items, and activities to provide occupation and fulfilment such as crafts. We believe the children and young people also benefit from gifts to help them collectively celebrate Christmas in a non-religious way, such as items to decorate wards, and the mental wellbeing advent calendar.</p> <p>We collect feedback from staff at CAMHS units, including OT Teams and Ward Managers, to ensure our work achieves this purpose and review our processes to optimise this.</p> <p>The trustees carry out the purpose by organising the collection of funds, organising volunteers, and arranging the purchase and distribution of gifts. In 2024-25 we had no employees on a payroll, but employed a freelance project manager (Head Elf) who we paid per hour to help carry out the charity's activities. Other activities were carried out by the trustees and by volunteers coordinated by the freelance project manager.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	We were wonderfully supported by approximately 80 volunteers, known as "Volunteer Elves." Some elves volunteered with a wide range of remote tasks including contacting media, writing press releases, creating social media content, administrative tasks, finding suitable gifts, contacting CAMHS units, and others volunteered packing gift parcels in Bath on the 30th November and 1st December 2024. Some Elves did both types of volunteering.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During Christmas 2024 we sent 1165 individual gifts to 119 CAMHS wards (every ward in the UK), and ward gifts to each of those too, including items such as sports equipment, board games and jigsaws. We also sent activities and Christmas decorations to all wards, and 92 wards requested and received the mental wellbeing advent calendar, created by Sam Layton. We also sent 1121 small fidget toys, enough for one for every young person. Favourites this year were colouring books, games, cuddly toys and sensory toys.</p> <p>This year, for the second year running, we ran a Paper Chain Project, where members of the public sent cut out paper chain strips with cracker jokes on them. These were assembled by young people in hospital, helping the young people feel connected to the world outside the ward. This idea was suggested by two young volunteers who have lived experience of inpatient CAMHS admission.</p> <p>We sent 52 bigger gifts for young people in particular need, such as those with no family support. Units tell us the gifts make a particularly marked difference to these young people. CAMHS units do not give us identifying details for these young people, only details to help choose gifts, such as age</p>

		<p>and specific interests.</p> <p>Here's some of the feedback we received this year:</p> <p><i>"A message from the boys on (redacted) Unit in (redacted), they're over the moon! You've made their Christmas and the smiles on their faces was worth everything. I grew up on CAMHS wards and I was lucky enough to be blessed on Christmas too by you all. I'm so lucky to be able to watch you guys do the same for the children in my care. You have no idea how much of an impact you make. Merry Christmas." -</i> Ward</p> <p><i>"Thank you SO SO SO much!!!! The gifts are absolutely perfect and we are so excited to get wrapping!! We are also really grateful for the xmas decs this is a big help for me!" -</i> Ward</p> <p><i>"We got them today and we are so stoked. My team members were so impressed with the selection of gifts and all want to donate to the charity." -</i> Ward</p> <p><i>"Thank you so much for the wonderful, thoughtful presents. All the young people will be receiving their gifts next Monday when we arranged an Xmas meal for young people and staff to eat together. There were so many sensory toys that every child will be getting a few of these as well as the books, warm socks and craft kits. One of our young people are hardly coming out of their room but they enjoy craft kits so we have put a few aside for them so they can do it in their and hopefully move it into the group room. We are distributing the board games around the wards and all the decorations have become part of the creative activities on the therapeutic timetable. Thank you again for making it a wonderful Xmas for the young people" -</i> Ward</p> <p><i>"I just wanted to message as i finally found your instagram account! Last year i spent the winter period in a camhs inpatient unit. although i don't celebrate christmas, receiving gifts from christmas for camhs is what made my year. I was alone, the only patient on the ward but i received little gifts of things i liked. i got unicorn themed presents which made me smile ear to ear. i wanted to just say thank you so much, for the work you do. the difference you make to so many young people's lives is incredible. i hope one day i can volunteer with you or do similar work" -</i> Young Person</p>
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		In terms of the benefit to wider society, many people that are unfamiliar with CAMHS are unaware that CAMHS units were less likely to receive donations than other children's medical hospitals/wards. Our social media and featuring in local and national press makes this issue more well known among mainstream society and not just those who have been supported by CAMHS.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We aimed to send gifts to every child and young person in a CAMHS unit in the UK. We believe this was achieved as all units accepted gifts this year.
Performance of fundraising activities against objectives set	Para 1.41	2024-2025 was a much more successful year for fundraising than the previous year, with over £25,000 (including gift aid) raised mainly from individual giving via our JustGiving page. This was higher than expected. We were grateful to Ellie Middleton, an influencer who raised almost £5000 by doing a run every day - she also brought a lot of new followers to our social media. Paula Bill also raised funds by taking part in the Winter Tolkien trail race. Grants were gratefully received from Arnold Clark (£1000) and the Vitol Foundation (£4000).
Other		<p>We were grateful to be offered space at a greatly reduced rate at St Mary's Catholic Church Hall in Bath for our gift packing weekend. We would like to extend our thanks to St Mary's Catholic Church for the use of the space.</p> <p>We received a generous donation of fidget toys from Flexi Fidget Co. We were very grateful for this.</p> <p>We would also like to thank Times Radio for inviting trustee Yvette Caster to talk about Christmas for CAMHS on Jane and Fi's show, as well as Noel McDermott for inviting us to be featured again on the Noel McDermott Well-being Show. We were grateful to Gabriella Bennett for mentioning us in her article in The Times.</p> <p>We also thank all of our Volunteer Elves, without whom the charity's work would not be possible.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a comfortable financial position to enable us to plan ahead for Christmas 2025 and increase our spending at Christmas where required to further achieve our aims. We spent £15,421 specifically on Christmas 2024 overall, around £1000 higher than the year before, but lower than the funding that we brought in. We plan to continue a similar level of funding in the coming years.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We hold £12,000 formal reserves to cover our minimum expenses (insurance, accountancy, web hosting, staffing) plus enough to support one Christmas at a minimum level, to enable us to continue operations as normal if fundraising is poor.
Amount of reserves held	Para 1.22	£12,000
Reasons for holding zero reserves	Para 1.22	Not applicable.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties; we intend to continue as we have been into 2025-26.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>Our main fundraising for 2024-25 was conducted through JustGiving fundraising website, collecting donations from members of the public. We also received some donations through PayPal giving.</p> <p>We also received donations from organisations such as Vitol Services Ltd, Arnold Clark Community Foundation, Bonus Pastor Catholic College, Surya Hot Yoga, Greater Manchester Lead Provider Collaborative commissioning team, CAMHS Professionals and CHAP Group (Aberdeen) Ltd.</p>
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A description of the principal risks facing the charity	Para 1.46	As 2024-2025 was an acceptable year for fundraising, we are in a secure financial position for 2025-26, and have the funds to carry out the same activities for Christmas 2025 and beyond. There is a small risk of donor fatigue and individual giving becoming less successful but we are aware of this and have solutions in place.
Other		

Structure, Governance and Management

Description of charity's trusts:		Not applicable
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Christmas For CAMHS is a Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	There are no specific people or bodies entitled to appoint trustees.

Reference and Administrative details

Charity name	Christmas For CAMHS
Other name the charity uses	(known as Xmas 4 CAMHS on some social media)

Registered charity number	1190353
Charity's principal address	8 Charlcombe View Road, Bath BA1 6JY

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Rosanna Bevan		Whole year	Not applicable
Matt Glanville		Whole year	Not applicable
Lauren Nathan-Lane		Until 31 January 2025	Not applicable
Yvette Caster		20 May 2024 onwards	Not applicable
Charli Clement		14 February 2025 onwards	Not applicable
Naomi Ghafoor		14 February 2025 onwards	Not applicable

Corporate trustees – not applicable

Name of trustees holding title to property belonging to the charity - not applicable

Funds held as custodian trustees on behalf of others - not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature 

Full name(s): Rosanna Bevan

Signature 

Full name(s): Matthew Glanville

Position (eg Secretary, Chair, etc): trustees

Date: 12 / 01 / 2026



Section A

Independent Examiner's Report

Report to the trustees

Charity Name

CHRISTMAS FOR CAMHS

On accounts for the year
ended

31st MARCH 2025

Charity no
(if any)

1190353

Set out on pages

1 - 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 MARCH 2025.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

~~The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

27/01/2025

Name:

ELLIE KILLINGTON

Relevant professional
qualification(s) or body

ICAEW

(if any):

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Address:

7-7C SNUFF STREET

DEVIZES

WILTSHIRE, SN10 1DU

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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**CHRISTMAS FOR CAMHS
CHARITY ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025**

Christmas For CAMHS
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**Christmas For CAMHS
Charity Details
For The Year Ended 31 March 2025**

Trustees	Dr R Bevan Mr M Glanville Ms L Nathan-Lane (Resigned 31.01.2025) Ms Y Caster (Appointed 20.05.2024) Ms C Clement (Appointed 14.02.2025) Ms N Ghafoor (Appointed 14.02.2025)
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Accountants	Charlton Baker 7-7c Snuff Street Devizes Wiltshire SN10 1DU
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Charity No.	1190353
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**Christmas For CAMHS
Accounts Approval Statement
For The Year Ended 31 March 2025**

I approve these unaudited accounts which comprise a Profit and Loss Account, Balance Sheet and related notes.
I acknowledge my responsibility for the accounts including the provision of all the information and explanations necessary for the completion.

Signed



Date 2026-01-29

**Christmas For CAMHS
Accountants' Report
For The Year Ended 31 March 2025**

We have prepared the accounts from the accounting records, information and explanations provided to us.

This report is made to you in accordance with the terms of our engagement. Our work has been undertaken to enable us to prepare the accounts on your behalf and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the client, for our work or for this report.

You have approved and acknowledged your responsibility for these accounts.

We have not been instructed to complete an audit of the accounts. For this reason, we have not verified the accuracy or completeness of the accounting records, information or explanations you have provided. Therefore we do not express any opinion on the accounts.

Signed

Charlton Baker Limited 27/01/2026

Charlton Baker
7-7c Snuff Street
Devizes
Wiltshire
SN10 1DU

<p style="text-align: center;">CHARLTON BAKER LIMITED Chartered Accountants 7-7c Snuff St, Devizes, Wiltshire SN10 1DU Telephone: 01380 723692 Company No: 07179787</p>
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**Christmas For CAMHS
Profit and Loss Account
For The Year Ended 31 March 2025**

	2025		2024	
	£	£	£	£
Turnover				
Donations received		25,278		10,797
Cost of Sales				
Gifts donated	7,951		8,841	
Consultancy fees	5,896		3,953	
Premises costs	100		60	
		<u>13,947</u>		<u>12,854</u>
GROSS PROFIT		<u>11,331</u>		<u>(2,057)</u>
Expenditure				
Computer and IT consumables	-		173	
Insurance	399		372	
Packaging	825		803	
Accountancy fees	600		546	
		<u>1,824</u>		<u>1,894</u>
NET PROFIT		<u><u>9,507</u></u>		<u><u>(3,951)</u></u>

**Christmas For CAMHS
Balance Sheet
As At 31 March 2025**

		2025		2024	
	Notes	£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand		39,466		30,410	
CURRENT LIABILITIES					
Accruals and deferred income		600		1,051	
NET CURRENT ASSETS			38,866		29,359
TOTAL ASSETS LESS CURRENT LIABILITIES			38,866		29,359
NET ASSETS			38,866		29,359
CAPITAL ACCOUNT					
Balance at 1 April 2024			29,359		33,310
Profit/(Loss) for the period/year			9,507		(3,951)
Balance Carried Forward			38,866		29,359

