

Trustees' Annual Report for the period

From 10th July 2020 To 31st March 2021

Charity name: Christmas For CAMHS

Charity registration number: 1190353

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>1) For the public benefit, to ensure children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK, know they are remembered at Christmas. This will primarily but not exclusively be achieved by sourcing and arranging the supply of gifts to these units to be distributed to the children around Christmas time. This may involve the direct purchase of gifts, or the distribution of gifts purchased by others for this purpose.</p> <p>2) To promote awareness of children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK for the public benefit, with the focus of using this awareness to fundraise towards advancing (1).</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Christmas For CAMHS provides special Christmas gifts every year for children and young people who are inpatients in child and adolescent mental health (CAMHS) wards across the UK over the Christmas holiday period.</p> <p>We want to make children and young people who are inpatients over the festive season feel thought-about, special and included - our individual gifts for each young person to keep, as well as gifts for their ward, help us to do this.</p> <p>We achieve this by fundraising, primarily receiving donations from members of the public, but also small grants and corporate donations. We use these funds to buy gifts in bulk, and to pay for the shipping of these gifts to hospitals. We also receive donations of gifts from members of the public, mostly purchased from our Amazon wish list and sent directly to us,</p>

		<p>for us to package with the gifts our funds have purchased, and send to the CAMHS units.</p> <p>We contact every CAMHS unit in advance of Christmas, to ensure we have up to date information on where to send the gifts, how many gifts to send, and ask for their requests on the type of gifts their young people would most like to receive. We have a mailing list of CAMHS staff, and if we do not hear back from a CAMHS unit in response to our email, we telephone the unit. In the rare cases that we cannot reach a unit, we send a selection of suitable gifts according to the number of beds listed on the unit's website.</p> <p>CAMHS staff use our gift request form to make specific requests, such as for particular games or particular themed items that would be popular with their inpatients. We use information about units to ensure we send suitable gifts, such as the age and gender of the children and young people, and whether the ward is specifically for young people with learning disabilities.</p> <p>We ensure we reach every CAMHS unit in the UK by liaising with NHS England, which holds information on all the NHS and private CAMHS units in England, and with equivalent bodies in Wales, Scotland and Northern Ireland.</p> <p>We ensure the safety of our gifts by consulting with CAMHS staff on the suitability of gifts. We maintain a robust list of items that we do not provide due to the potential risk that young people in distress could use them to hurt themselves or others, such as items with batteries, and spiral-bound notebooks. In addition to this, we specifically ask CAMHS staff at each unit if any gifts are not suitable, as we have learned that different CAMHS units have different safety requirements, to meet the needs of their different patient groups. We enable CAMHS staff (who are best-placed to risk assess the gifts as they know the children and young people in their care and specific risks relating to them and their environment) to check all gifts for suitability and safety, as we do not wrap the gifts. We provide wrapping paper and gift tags for staff to gift wrap after they have checked the gifts.</p> <p>The vast majority of CAMHS staff tell us that their ward or hospital does not receive any other gifts in addition to the gifts from Christmas For CAMHS.</p>
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		Occasionally we are contacted by individuals or small organisations who would like to donate gifts to a CAMHS unit. We have information on our website about how best to do this, and a map of the CAMHS units in the UK, so that the public can find a CAMHS unit nearest to them. We have occasionally linked individuals or small organisations with specific CAMHS units, with the prior consent of CAMHS unit staff to share their details. This helps others to achieve a charitable purpose, increases the gifts received by CAMHS units, and helps raise awareness.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees are aware of the guidance issued by the Charity Commission on public benefit. Our purpose is for the benefit of children and young people in CAMHS units, we believe these children and young people derive benefit from receiving gifts and knowing they are thought about during the Christmas period; we specifically select gifts to be beneficial to their wellbeing such as sensory toys, self-care items, and activities to provide occupation and fulfilment such as crafts. We believe the children and young people also benefit from gifts to help them collectively celebrate Christmas, such as items to decorate wards, and the mental wellbeing advent calendar.</p> <p>We collect feedback from mental health and education staff at CAMHS units to ensure our work achieves this purpose and review our processes to optimise this.</p> <p>The trustees carry out the purpose by organising the collection of funds, organising volunteers, and arranging the purchase and distribution of gifts. In 2020-21 we had no paid staff, the charity's activities were all carried out by the trustees and by volunteers coordinated by the trustees.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.

Contribution made by volunteers	Para 1.38	We were wonderfully supported by over 30 volunteers, known as “Volunteer Elves”, who volunteered with a wide range of tasks including contacting media, writing press releases, creating social media content, administrative tasks, finding suitable gifts, contacting CAMHS units, delivering gifts, and packing gift parcels.
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>For Christmas 2020 we sent 1333 individual gifts and 95 ward gifts to over 70 hospitals. We also sent activities such as Christmas decoration making packs, and most units requested to receive the mental wellbeing advent calendar, created by volunteer Sam Layton.</p> <p>Our spending on gifts was increased from the previous year, reflecting our increased income, largely because we decided to donate an additional gift to each ward to keep in addition to the individual gifts for each young person. Gifts requested by wards as their “ward gift” included board games and sports equipment such as soft footballs.</p> <p>We also offered small sensory toys as additional gifts alongside individual gifts.</p> <p>Feedback from CAMHS unit staff:</p> <p>“I wanted to thank you all for your generous donation, all the hard work you put into fundraising and the time spent finding the most thoughtful gifts for our young people. It will make a huge difference to an already difficult time of year, made even more challenging because of the pandemic.” Occupational therapist, CAMHS unit, England</p> <p>“Our children loved their gifts, especially the lovely colouring books. Thank you so so much again, what a wonderful charity you are.” Staff nurse, CAMHS unit, England</p> <p>“The young people would like to thank you. They were so sad to be in hospital at Christmas time and they said it really made their day.” Ward manager, Eating disorders CAMHS unit, England</p>

		<p>"Thank you so much for the very generous gifts which you donated at Christmas time , these were very much appreciated by the young people." Senior Staff Nurse, CAMHS unit, Wales</p> <p>"The range of items you sent were very thought out and relevant to the young people" Specialist nurse, Learning Disability CAMHS unit"</p> <p>In terms of the benefit to wider society, many people that are unfamiliar with CAMHS, were previously unaware that CAMHS units were less likely to receive gifts than other children's medical hospitals/wards. Our work makes this issue more well known among mainstream society and not just those who have been supported by CAMHS.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We had aimed to send gifts to every child and young person in a CAMHS unit in the UK. With the exception of three units who chose not to receive our gifts (they were all receiving other gifts), one newly opened unit that we were not aware of, and one unit whose parcel was returned as we did not have the unit's full address, this was achieved.
Performance of fundraising activities against objectives set	Para 1.41	2020-2021 was by far our most successful year for fundraising. This was completely unexpected, given that our income was over four times more than 2019-2020, and we are not quite clear what caused this dramatic increase. Our fundraising video, featuring staff from four CAMHS units, was shared over 50,000 times on Twitter, as well as being shared further on Facebook and Instagram, which likely caused many people to hear about us, who had not heard about us before. We also received fundraising from Laur E's sponsored yogathon in January 2021, and Christopher H's cycle ride called Marie's Challenge (although the cycling was later in the year, some of the sponsorship funds were received within the 2020-21 financial year).
Other		We were very fortunate to be offered space at St Michael's Church in Bath for our gift-packing weekend. We had planned to use their underground space, but due to the November lockdown, the church was not in use due to the church services being held online, so we were able to use the

		amazing church hall! We would like to extend our thanks to Lisa and all at St Michael's for making us so welcome.
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a comfortable financial position to enable us to plan ahead for Christmas 2021 and increase our spending at Christmas to further achieve our aims. We spent just over £8000 for Christmas 2020. We are comfortable enough financially to increase our spending per ward and will undergo consultation with CAMHS unit staff to find where an increase in spending could have the most impact.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We hold reserves to cover our minimum expenses (insurance, accountancy, web hosting) to enable us to continue operating even if we had no funding.
Amount of reserves held	Para 1.22	£2500
Reasons for holding zero reserves	Para 1.22	Not applicable.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties; we intend to continue as we have been into 2021-22.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our main fundraising for 2020-21 was conducted through Virgin Money Giving fundraising website, collecting donations from members of the public. Fundraising activities included a sponsored silence, sponsored yogathon, and sponsored cycle and choir fundraising. We also received a grant from a corporation, and two donations from companies.
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A description of the principal risks facing the charity	Para 1.46	<p>As 2020-21 was a very successful year for fundraising, we are in a secure financial position for 2021-22, and have surplus funds to carry out the same activities for Christmas 2021.</p> <p>The only risks identified relate to trustees not having sufficient time to achieve our aims to the best of our abilities, particularly if there is a decrease in support from volunteers, as this can be variable.</p> <p>As the charity grows, we anticipate the need to hire staff in the run-up to Christmas to coordinate purchase and distribution of gifts.</p>
Other		We intend to continue our current work into 2021 and aim to run a very similar Christmas set-up, hopefully reaching even more children and young people and making them feel special and cared about.

Structure, Governance and Management

Description of charity's trusts:		Not applicable
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Christmas For CAMHS is a Charitable Incorporated Organisation. We have a constitution.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	To be reviewed when we next select new trustees. There are no specific people or bodies entitled to appoint trustees.

Reference and Administrative details

Charity name	Christmas For CAMHS
Other name the charity uses	(known as Xmas 4 CAMHS on Twitter)
Registered charity number	1190353
Charity's principal address	8 Charlcombe View Road, Bath BA1 6JY

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Rosanna Bevan		Whole year	Not applicable
Matt Glanville		Whole year	Not applicable
Lauren Nathan-Lane		Whole year	Not applicable

Corporate trustees – not applicable

Name of trustees holding title to property belonging to the charity - not applicable

Funds held as custodian trustees on behalf of others - not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature 

Full name(s): Rosanna Bevan

Signature 

Full name(s): Lauren Nathan-Lane

Position (eg Secretary, Chair, etc): trustees

Date: 29/01/2022

Charity Number:
1190353

Christmas For CAMHS
Accounts
for the period ended 31 March 2021

Christmas For CAMHS

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Christmas For CAMHS

Information

Accountants

Charlton Baker Limited
Chartered Accountants and Business Advisors
7-7c Snuff Street
Devizes
Wiltshire
SN10 1DU

Business address

8 Charlcombe View Road
Bath
BA1 6JY

Trustees

Rosanna Bevan
Lauren Nathan-Lane
Matthew Glanville

Christmas For CAMHS

Accountants' Report on the Unaudited Accounts to Christmas For CAMHS

As described on page 3 you have approved the accounts for the period ended 31 March 2021 set out on pages 2 to 3. In accordance with your instructions we have compiled these unaudited accounts from the accounting records and information and explanations supplied to us.

CHARLTON BAKER LIMITED

Chartered Accountants

7-7c Snuff St, Devizes, Wiltshire SN10 1DU

Telephone: 01380 723692

Company No: 07179787

28th JANUARY 2022

Charlton Baker Limited

Chartered Accountants and Business Advisors

7-7c Snuff Street

Devizes

Wiltshire

SN10 1DU

Christmas For CAMHS

Profit and loss account for the period ended 31 March 2021

	Period ended 31/03/21	
	£	£
Income		
Donations received		26,878
Cost of sales		
Purchases	8,194	
		8,194
		18,684
Expenses		
Printing, postage and stationery	122	
Accountancy	420	
		(542)
Net profit		18,142

Christmas For CAMHS

Balance sheet as at 31 March 2021

	31/03/21	
	£	£
Current assets		
Cash at bank and in hand	26,949	
	<hr/>	
Current liabilities		
Accruals	420	
	<hr/>	
Net current assets		26,529
		<hr/>
Total assets less current liabilities		26,529
		<hr/> <hr/>
Capital account		
Funds introduced		8,387
Profit for the period		18,142
		<hr/>
		26,529
		<hr/> <hr/>

I approve these accounts and confirm that I have made available all relevant records and information for their preparation.



Rosanna Bevan



Lauren Nathan-Lane



Matthew Glanville

Date: 29/01/2022



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
CHRISTMAS FOR CAMHS

On accounts for the year
ended

31/03/2021

Charity no
(if any)

1190353

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 03 2021.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

E. Killington

Date:

25/01/2022

Name:

ELLIE KILLINGTON

Relevant professional
qualification(s) or body

ICAEW

(if any):

Address:

7-7C SNUFF STREET
DEVIZES, WILTSHIRE
SN10 1DU

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.