

CHRISTMAS FOR CAMHS

England & Wales · Charity number 1190353

Details

Status Registered

Legal form CIO

Registered 2020-07-10

Register [View on the Charity Commission register](#)

Contact

Address 8 Charlcombe View Road
Bath
BA1 6JY

Phone 07990578660

Email info@christmasforcamhs.org.uk

Website <https://www.christmasforcamhs.org.uk/>

Activities

Objects: TO RELIEVE THE CHARITABLE NEEDS OF CHILDREN AND YOUNG PEOPLE BEING TREATED AT CHILD AND ADOLESCENT MENTAL HEALTH UNITS THROUGHOUT THE UK BY SUPPLYING GIFTS TO THESE UNITS AT CHRISTMAS TIME AND RAISING AWARENESS OF THE NEEDS OF SUCH CHILDREN AND YOUNG PEOPLE.

Activities: Christmas For CAMHS provides special Christmas gifts every year for children and young people who are inpatients in child and adolescent mental health (CAMHS) wards across the UK over the Christmas holiday period. To help inpatients over the festive season feel thought-about, special and included, our individual gifts are for each young person to keep, as well as activity gifts for each ward.

Classification

- **How:** Other Charitable Activities
- **What:** General Charitable Purposes, Disability
- **Who:** Children/young People, People With Disabilities

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£25,278	£15,771	-	-
2024-03-31	£10,797	£14,748	-	-
2023-03-31	£18,307	£15,509	-	-
2022-03-31	£18,040	£14,056	-	-
2021-03-31	£26,878	£8,736	-	-

Trustees

Name	Role	Appointed
Charli Beth Clement		2025-02-14
Dr Rosanna Sian Bevan		2017-12-06
Matthew David Thomas Glanville		2017-12-06
Naomi Marlene Ghafoor		2025-02-14
Yvette Marion Caster		2024-05-20

CHRISTMAS FOR CAMHS

England & Wales - Charity number 1190353

Accounts

Trustees' Annual Report for the period

From 1st April 2024 To 31st March 2025

Charity name: Christmas For CAMHS

Charity registration number: 1190353

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>1) For the public benefit, to ensure children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK, know they are remembered at Christmas. This will primarily but not exclusively be achieved by sourcing and arranging the supply of gifts to these units to be distributed to the children around Christmas time. This may involve the direct purchase of gifts, or the distribution of gifts purchased by others for this purpose.</p> <p>2) To promote awareness of children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK for the public benefit, with the focus of using this awareness to fundraise towards advancing (1).</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Christmas For CAMHS provides special Christmas gifts, decorations and activities every year for children and young people who are inpatients in child and adolescent mental health (CAMHS) wards across the UK over the Christmas holiday period. This includes gifts that young people can use together on the ward (such as a game or art materials).</p> <p>We want to make children and young people who are inpatients over the festive season feel thought-about, special and included. Our individual gifts for each young person to keep, as well as gifts, decorations and activities for their ward help us to do this.</p> <p>We achieve our gifting by fundraising, primarily receiving donations from members of the public, but also small grants and corporate donations. This year some of our fundraising was linked to our 'Christmas in July' campaign and to selling small tree decorations in exchange for a 'pay what you can'</p>

	<p>donation. We use these funds to buy gifts, often in bulk, and to pay for the shipping of these gifts to hospitals. We also receive donations of gifts from members of the public, (mostly purchased from our Amazon wish list and sent directly to us), for us to package with the gifts our funds have purchased, and send to the CAMHS units.</p> <p>We contact every CAMHS unit in the UK in advance of Christmas, to ensure we have up to date information on where to send the gifts, how many gifts to send, and ask for their requests on the type of gifts their young people would most like to receive. We have a mailing list of CAMHS staff, and if we do not hear back from a CAMHS unit in response to our email, we telephone the unit. In the rare cases that we cannot reach a unit, we send a selection of suitable gifts according to the number of beds listed on the unit's website.</p> <p>CAMHS staff use our gift request form to make specific requests, such as for particular games or particular themed items that would be popular with their inpatients. We use information about units to ensure we send suitable gifts, such as the age and gender of the children and young people, and whether the ward is specifically for young people with learning disabilities.</p> <p>We ensure we reach every CAMHS unit in the UK by liaising with the Royal College of Psychiatrists' Quality Network for Inpatient CAMHS, who have kindly updated us about new hospitals, as well as using search engines and knowledge that members of the public and CAMHS unit staff share with us.</p> <p>We ensure the safety of our gifts by consulting with CAMHS staff on the suitability of gifts. We also receive advice from volunteers (including trustees) who use their lived experience of being an inpatient in CAMHS to suggest suitable and safe gifts.</p> <p>We maintain a robust list of items that we do not provide due to the potential risk that young people in distress could use them to hurt themselves or others, such as items with batteries, and spiral-bound notebooks. In addition to this, we specifically ask CAMHS staff at each unit if any gifts are not suitable, as we have learned that different CAMHS units have different safety requirements, to meet the needs of their different patient groups. We enable CAMHS staff (who are best-placed to risk assess the gifts as they know the children</p>
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		<p>and young people in their care and specific risks relating to them and their environment) to check all gifts for suitability and safety, as we do not wrap the gifts. We provide wrapping paper and gift tags for staff to gift wrap after they have checked the gifts.</p> <p>The vast majority of CAMHS staff tell us that their ward or hospital does not receive any other gifts in addition to the gifts from Christmas For CAMHS.</p> <p>Occasionally we are contacted by individuals or small organisations who would like to donate gifts to a CAMHS unit. We have information on our website about how best to do this, and a map of the CAMHS units in the UK, so that the public can find a CAMHS unit nearest to them. We have occasionally linked individuals or small organisations with specific CAMHS units. This helps others to achieve a charitable purpose, increases the gifts received by CAMHS units, and helps raise awareness.</p>
<p>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>	<p>Para 1.18</p>	<p>The trustees are aware of the guidance issued by the Charity Commission on public benefit. Our purpose is for the benefit of children and young people in CAMHS units, we believe these children and young people derive benefit from receiving gifts and knowing they are thought about during the Christmas period. We specifically select gifts to be beneficial to their wellbeing such as sensory toys, self-care items, and activities to provide occupation and fulfilment such as crafts. We believe the children and young people also benefit from gifts to help them collectively celebrate Christmas in a non-religious way, such as items to decorate wards, and the mental wellbeing advent calendar.</p> <p>We collect feedback from staff at CAMHS units, including OT Teams and Ward Managers, to ensure our work achieves this purpose and review our processes to optimise this.</p> <p>The trustees carry out the purpose by organising the collection of funds, organising volunteers, and arranging the purchase and distribution of gifts. In 2024-25 we had no employees on a payroll, but employed a freelance project manager (Head Elf) who we paid per hour to help carry out the charity's activities. Other activities were carried out by the trustees and by volunteers coordinated by the freelance project manager.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	We were wonderfully supported by approximately 80 volunteers, known as "Volunteer Elves." Some elves volunteered with a wide range of remote tasks including contacting media, writing press releases, creating social media content, administrative tasks, finding suitable gifts, contacting CAMHS units, and others volunteered packing gift parcels in Bath on the 30th November and 1st December 2024. Some Elves did both types of volunteering.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During Christmas 2024 we sent 1165 individual gifts to 119 CAMHS wards (every ward in the UK), and ward gifts to each of those too, including items such as sports equipment, board games and jigsaws. We also sent activities and Christmas decorations to all wards, and 92 wards requested and received the mental wellbeing advent calendar, created by Sam Layton. We also sent 1121 small fidget toys, enough for one for every young person. Favourites this year were colouring books, games, cuddly toys and sensory toys.</p> <p>This year, for the second year running, we ran a Paper Chain Project, where members of the public sent cut out paper chain strips with cracker jokes on them. These were assembled by young people in hospital, helping the young people feel connected to the world outside the ward. This idea was suggested by two young volunteers who have lived experience of inpatient CAMHS admission.</p> <p>We sent 52 bigger gifts for young people in particular need, such as those with no family support. Units tell us the gifts make a particularly marked difference to these young people. CAMHS units do not give us identifying details for these young people, only details to help choose gifts, such as age</p>

and specific interests.

Here's some of the feedback we received this year:

"A message from the boys on (redacted) Unit in (redacted), they're over the moon! You've made their Christmas and the smiles on their faces was worth everything. I grew up on CAMHS wards and I was lucky enough to be blessed on Christmas too by you all. I'm so lucky to be able to watch you guys do the same for the children in my care. You have no idea how much of an impact you make. Merry Christmas." -

Ward

"Thank you SO SO SO much!!!! The gifts are absolutely perfect and we are so excited to get wrapping!! We are also really grateful for the xmas decs this is a big help for me!" -

Ward

"We got them today and we are so stoked. My team members were so impressed with the selection of gifts and all want to donate to the charity." -

Ward

"Thank you so much for the wonderful, thoughtful presents. All the young people will be receiving their gifts next Monday when we arranged an Xmas meal for young people and staff to eat together. There were so many sensory toys that every child will be getting a few of these as well as the books, warm socks and craft kits. One of our young people are hardly coming out of their room but they enjoy craft kits so we have put a few aside for them so they can do it in their and hopefully move it into the group room. We are distributing the board games around the wards and all the decorations have become part of the creative activities on the therapeutic timetable. Thank you again for making it a wonderful Xmas for the young people" -

Ward

"I just wanted to message as i finally found your instagram account! Last year i spent the winter period in a camhs inpatient unit. although i don't celebrate christmas, receiving gifts from christmas for camhs is what made my year. I was alone, the only patient on the ward but i received little gifts of things i liked. i got unicorn themed presents which made me smile ear to ear. i wanted to just say thank you so much, for the work you do. the difference you make to so many young people's lives is incredible. i hope one day i can volunteer with you or do similar work" -

Young Person

		In terms of the benefit to wider society, many people that are unfamiliar with CAMHS are unaware that CAMHS units were less likely to receive donations than other children's medical hospitals/wards. Our social media and featuring in local and national press makes this issue more well known among mainstream society and not just those who have been supported by CAMHS.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We aimed to send gifts to every child and young person in a CAMHS unit in the UK. We believe this was achieved as all units accepted gifts this year.
Performance of fundraising activities against objectives set	Para 1.41	2024-2025 was a much more successful year for fundraising than the previous year, with over £25,000 (including gift aid) raised mainly from individual giving via our JustGiving page. This was higher than expected. We were grateful to Ellie Middleton, an influencer who raised almost £5000 by doing a run every day - she also brought a lot of new followers to our social media. Paula Bill also raised funds by taking part in the Winter Tolkien trail race. Grants were gratefully received from Arnold Clark (£1000) and the Vitol Foundation (£4000).
Other		<p>We were grateful to be offered space at a greatly reduced rate at St Mary's Catholic Church Hall in Bath for our gift packing weekend. We would like to extend our thanks to St Mary's Catholic Church for the use of the space.</p> <p>We received a generous donation of fidget toys from Flexi Fidget Co. We were very grateful for this.</p> <p>We would also like to thank Times Radio for inviting trustee Yvette Caster to talk about Christmas for CAMHS on Jane and Fi's show, as well as Noel McDermott for inviting us to be featured again on the Noel McDermott Well-being Show. We were grateful to Gabriella Bennett for mentioning us in her article in The Times.</p> <p>We also thank all of our Volunteer Elves, without whom the charity's work would not be possible.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a comfortable financial position to enable us to plan ahead for Christmas 2025 and increase our spending at Christmas where required to further achieve our aims. We spent £15,421 specifically on Christmas 2024 overall, around £1000 higher than the year before, but lower than the funding that we brought in. We plan to continue a similar level of funding in the coming years.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We hold £12,000 formal reserves to cover our minimum expenses (insurance, accountancy, web hosting, staffing) plus enough to support one Christmas at a minimum level, to enable us to continue operations as normal if fundraising is poor.
Amount of reserves held	Para 1.22	£12,000
Reasons for holding zero reserves	Para 1.22	Not applicable.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties; we intend to continue as we have been into 2025-26.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>Our main fundraising for 2024-25 was conducted through JustGiving fundraising website, collecting donations from members of the public. We also received some donations through PayPal giving.</p> <p>We also received donations from organisations such as Vitol Services Ltd, Arnold Clark Community Foundation, Bonus Pastor Catholic College, Surya Hot Yoga, Greater Manchester Lead Provider Collaborative commissioning team, CAMHS Professionals and CHAP Group (Aberdeen) Ltd.</p>
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A description of the principal risks facing the charity	Para 1.46	As 2024-2025 was an acceptable year for fundraising, we are in a secure financial position for 2025-26, and have the funds to carry out the same activities for Christmas 2025 and beyond. There is a small risk of donor fatigue and individual giving becoming less successful but we are aware of this and have solutions in place.
Other		

Structure, Governance and Management

Description of charity's trusts:		Not applicable
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Christmas For CAMHS is a Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	There are no specific people or bodies entitled to appoint trustees.

Reference and Administrative details

Charity name	Christmas For CAMHS
Other name the charity uses	(known as Xmas 4 CAMHS on some social media)

Registered charity number	1190353
Charity's principal address	8 Charlcombe View Road, Bath BA1 6JY

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Rosanna Bevan		Whole year	Not applicable
Matt Glanville		Whole year	Not applicable
Lauren Nathan-Lane		Until 31 January 2025	Not applicable
Yvette Caster		20 May 2024 onwards	Not applicable
Charli Clement		14 February 2025 onwards	Not applicable
Naomi Ghafoor		14 February 2025 onwards	Not applicable

Corporate trustees – not applicable

Name of trustees holding title to property belonging to the charity - not applicable

Funds held as custodian trustees on behalf of others - not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature 

Full name(s): Rosanna Bevan

Signature 

Full name(s): Matthew Glanville

Position (eg Secretary, Chair, etc): trustees

Date: 12 / 01 / 2026



Section A

Independent Examiner's Report

Report to the trustees

Charity Name CHRISTMAS FOR CAMHS

On accounts for the year ended

31st MARCH 2025 Charity no (if any) 1190353

Set out on pages

1 - 2 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 27/01/2025

Name: ELLIE KILLINGTON

Relevant professional qualification(s) or body

ICAEW

(if any):

Address: 7-7C SNUFF STREET
DEVIZES
WILTSHIRE, SN10 1DU

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

**CHRISTMAS FOR CAMHS
CHARITY ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025**

Christmas For CAMHS
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**Christmas For CAMHS
Charity Details
For The Year Ended 31 March 2025**

Trustees

Dr R Bevan
Mr M Glanville
Ms L Nathan-Lane (Resigned 31.01.2025)
Ms Y Caster (Appointed 20.05.2024)
Ms C Clement (Appointed 14.02.2025)
Ms N Ghafoor (Appointed 14.02.2025)

Accountants

Charlton Baker
7-7c Snuff Street
Devizes
Wiltshire
SN10 1DU

Charity No. 1190353

**Christmas For CAMHS
Accounts Approval Statement
For The Year Ended 31 March 2025**

I approve these unaudited accounts which comprise a Profit and Loss Account, Balance Sheet and related notes.
I acknowledge my responsibility for the accounts including the provision of all the information and explanations necessary for the completion.

Signed



Date 2026-01-29

**Christmas For CAMHS
Accountants' Report
For The Year Ended 31 March 2025**

We have prepared the accounts from the accounting records, information and explanations provided to us.

This report is made to you in accordance with the terms of our engagement. Our work has been undertaken to enable us to prepare the accounts on your behalf and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the client, for our work or for this report.

You have approved and acknowledged your responsibility for these accounts.

We have not been instructed to complete an audit of the accounts. For this reason, we have not verified the accuracy or completeness of the accounting records, information or explanations you have provided. Therefore we do not express any opinion on the accounts.

Signed

Charlton Baker Limited 27/01/2026

Charlton Baker
7-7c Snuff Street
Devizes
Wiltshire
SN10 1DU

<p>CHARLTON BAKER LIMITED Chartered Accountants 7-7c Snuff St, Devizes, Wiltshire SN10 1DU Telephone: 01380 723692 Company No: 07179787</p>
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**Christmas For CAMHS
Profit and Loss Account
For The Year Ended 31 March 2025**

		2025		2024	
	£		£	£	£
Turnover					
Donations received			25,278		10,797
Cost of Sales					
Gifts donated		7,951		8,841	
Consultancy fees		5,896		3,953	
Premises costs		100		60	
		<u>13,947</u>		<u>12,854</u>	
GROSS PROFIT			11,331		(2,057)
Expenditure					
Computer and IT consumables		-		173	
Insurance		399		372	
Packaging		825		803	
Accountancy fees		600		546	
			<u>1,824</u>		<u>1,894</u>
NET PROFIT			9,507		(3,951)

**Christmas For CAMHS
Balance Sheet
As At 31 March 2025**

	Notes	2025		2024	
		£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand		39,466		30,410	
CURRENT LIABILITIES					
Accruals and deferred income		600		1,051	
NET CURRENT ASSETS					
			38,866		29,359
TOTAL ASSETS LESS CURRENT LIABILITIES					
			38,866		29,359
NET ASSETS					
			38,866		29,359
CAPITAL ACCOUNT					
Balance at 1 April 2024			29,359		33,310
Profit/(Loss) for the period/year			9,507		(3,951)
Balance Carried Forward			38,866		29,359

CHRISTMAS FOR CAMHS

England & Wales - Charity number 1190353

Accounts

Trustees' Annual Report for the period

From 1st April 2023 To 31st March 2024

Charity name: Christmas For CAMHS

Charity registration number: 1190353

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>1) For the public benefit, to ensure children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK, know they are remembered at Christmas. This will primarily but not exclusively be achieved by sourcing and arranging the supply of gifts to these units to be distributed to the children around Christmas time. This may involve the direct purchase of gifts, or the distribution of gifts purchased by others for this purpose.</p> <p>2) To promote awareness of children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK for the public benefit, with the focus of using this awareness to fundraise towards advancing (1).</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Christmas For CAMHS provides special Christmas gifts every year for children and young people who are inpatients in child and adolescent mental health (CAMHS) wards across the UK over the Christmas holiday period.</p> <p>We want to make children and young people who are inpatients over the festive season feel thought-about, special and included - our individual gifts for each young person to keep, as well as gifts for their ward, help us to do this.</p> <p>We achieve this by fundraising, primarily receiving donations from members of the public, but also small grants and corporate donations. We use these funds to buy gifts in bulk, and to pay for the shipping of these gifts to hospitals. We also receive donations of gifts from members of the public, (mostly purchased from our Amazon wish list and sent directly to us), for us to package with the gifts our funds have purchased, and send to the CAMHS units.</p>

		<p>We contact every CAMHS unit in the UK in advance of Christmas, to ensure we have up to date information on where to send the gifts, how many gifts to send, and ask for their requests on the type of gifts their young people would most like to receive. We have a mailing list of CAMHS staff, and if we do not hear back from a CAMHS unit in response to our email, we telephone the unit. In the rare cases that we cannot reach a unit, we send a selection of suitable gifts according to the number of beds listed on the unit's website.</p> <p>CAMHS staff use our gift request form to make specific requests, such as for particular games or particular themed items that would be popular with their inpatients. We use information about units to ensure we send suitable gifts, such as the age and gender of the children and young people, and whether the ward is specifically for young people with learning disabilities.</p> <p>We ensure we reach every CAMHS unit in the UK by liaising with NHS England, which holds information on all the NHS and private CAMHS units in England, and with equivalent bodies in Wales, Scotland and Northern Ireland, and with the Royal College of Psychiatrists' Quality Network for Inpatient CAMHS, who have kindly updated us about new hospitals.</p> <p>We ensure the safety of our gifts by consulting with CAMHS staff on the suitability of gifts. We maintain a robust list of items that we do not provide due to the potential risk that young people in distress could use them to hurt themselves or others, such as items with batteries, and spiral-bound notebooks. In addition to this, we specifically ask CAMHS staff at each unit if any gifts are not suitable, as we have learned that different CAMHS units have different safety requirements, to meet the needs of their different patient groups. We enable CAMHS staff (who are best-placed to risk assess the gifts as they know the children and young people in their care and specific risks relating to them and their environment) to check all gifts for suitability and safety, as we do not wrap the gifts. We provide wrapping paper and gift tags for staff to gift wrap after they have checked the gifts.</p> <p>The vast majority of CAMHS staff tell us that their ward or hospital does not receive any other gifts in addition to the gifts from Christmas For CAMHS.</p>
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		Occasionally we are contacted by individuals or small organisations who would like to donate gifts to a CAMHS unit. We have information on our website about how best to do this, and a map of the CAMHS units in the UK, so that the public can find a CAMHS unit nearest to them. We have occasionally linked individuals or small organisations with specific CAMHS units, with the prior consent of CAMHS unit staff to share their details. This helps others to achieve a charitable purpose, increases the gifts received by CAMHS units, and helps raise awareness.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees are aware of the guidance issued by the Charity Commission on public benefit. Our purpose is for the benefit of children and young people in CAMHS units, we believe these children and young people derive benefit from receiving gifts and knowing they are thought about during the Christmas period; we specifically select gifts to be beneficial to their wellbeing such as sensory toys, self-care items, and activities to provide occupation and fulfilment such as crafts. We believe the children and young people also benefit from gifts to help them collectively celebrate Christmas in a non-religious way, such as items to decorate wards, and the mental wellbeing advent calendar.</p> <p>We collect feedback from mental health and education staff at CAMHS units to ensure our work achieves this purpose and review our processes to optimise this.</p> <p>The trustees carry out the purpose by organising the collection of funds, organising volunteers, and arranging the purchase and distribution of gifts. In 2023-24 we had no employees on a payroll, but employed a freelance project manager who we paid per hour to help carry out the charity's activities. Other activities were carried out by the trustees and by volunteers coordinated by the freelance project manager.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.

Contribution made by volunteers	Para 1.38	We were wonderfully supported by approximately 60 volunteers, known as “Volunteer Elves.” Some elves volunteered with a wide range of remote tasks including contacting media, writing press releases, creating social media content, administrative tasks, finding suitable gifts, contacting CAMHS units, and others volunteered packing gift parcels in Bath on the 30th and 31st November 2023. Some Elves did both types of volunteering.
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>For Christmas 2023 we sent 1361 individual gifts to over 130 CAMHS wards (every ward in the UK), and ward gifts to each of those too, including items such as sports equipment, board games and jigsaws. We also sent activities and Christmas decorations to all wards, and 107 wards requested and received the mental wellbeing advent calendar, created by Sam Layton. We also sent 1285 small fidget toys, enough for one for every young person. Units reported that favourites this year were cuddly toys, card games, notebooks, jigsaws and all arts and crafts.</p> <p>This year we ran a Paper Chain Project, where members of the public sent cut out paper chain strips with cracker jokes on them. These were assembled by young people in hospital, helping the young people feel connected to the world outside the ward. This idea was suggested by two young volunteers who have lived experience of inpatient CAMHS admission.</p> <p>We sent 52 bigger gifts for young people in particular need, such as those with no family support. Units tell us the gifts make a particularly marked difference to these young people. CAMHS units do not give us identifying details for these young people, only details to help choose gifts, such as age and specific interests.</p> <p>Here’s some of the feedback we received this year:</p> <p><i>“A big thank you to all who are donating. Paediatric medical wards get huge amounts of donated gifts and CAMHS units</i></p>

		<p><i>are forgotten. This is an amazing charity. My daughter loved her gift at her unit." - Parent</i></p> <p><i>"The young people loved the jokes written by others, this made them feel like people cared and people were thinking about them. The range and quality of the presents were great and something the young people were very grateful for" - Ward</i></p> <p><i>"The young people really appreciated the gifts, they were all excited and thankful for you all for organising this. Cannot express enough how amazing this was for our young people." - Ward</i></p> <p><i>"Your gifts are enormously appreciated, this is actually hard to put into words!!!" - Ward</i></p> <p><i>"Thank you to Christmas for CAMHS. It helps enhance the young people's stay, knowing that people care about them at a difficult time in their lives" - Ward</i></p> <p><i>"A huge thank you - you are all awesome and the impact of these gifts on the young people and the atmosphere of the ward as a whole is the greatest gift." - Ward</i></p> <p><i>"Thank you so much. It's been a really meaningful and important support for our young people!" - Ward</i></p> <p>In terms of the benefit to wider society, many people that are unfamiliar with CAMHS are unaware that CAMHS units were less likely to receive donations than other children's medical hospitals/wards. Our social media and featuring in local press makes this issue more well known among mainstream society and not just those who have been supported by CAMHS.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We aimed to send gifts to every child and young person in a CAMHS unit in the UK. We believe this was achieved (a couple of units chose to only receive small sensory toys, decorations and craft activities, as they receive a number of other donations).
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Performance of fundraising activities against objectives set	Para 1.41	2023-2024 was a relatively less successful year for fundraising than the previous year, with £10,797 (including gift aid) raised mainly from individual giving via our JustGiving page. This was roughly as expected - we feared this would be even lower due to the cost of living crisis and had prepared ourselves for this. We didn't have many supporters run fundraising events this year, though a few organisations did donate in lieu of a work Secret Santa, but we will endeavour to increase this next year.
Other		<p>We were grateful to be offered space at St Mary's Catholic Church Hall in Bath for our gift packing weekend. We would like to extend our thanks to St Mary's Catholic Church for the use of the space.</p> <p>We would also like to thank the Proper Mental Podcast for inviting trustee Ro Bevan to talk about Christmas for CAMHS on the show, as well as Noel McDermott for inviting us to be featured again on the Noel McDermott Well-being Show.</p> <p>We also thank all of our Volunteer Elves, without whom the charity's work would not be possible.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a comfortable financial position to enable us to plan ahead for Christmas 2024 and increase our spending at Christmas where required to further achieve our aims. We spent £14,473 for Christmas 2023 overall, slightly lower than the year before, due to some annual bills being paid after the end of the financial year on this occasion. We plan to continue a similar level of funding in the coming years.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We hold reserves to cover our minimum expenses (insurance, accountancy, web hosting, staffing) plus enough to support one Christmas, to enable us to continue operations as normal if fundraising is poor.
Amount of reserves held	Para 1.22	£10,000
Reasons for holding zero reserves	Para 1.22	Not applicable.
Details of fund materially in deficit	Para 1.24	Not applicable.

Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties; we intend to continue as we have been into 2024-25.
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Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our main fundraising for 2023-24 was conducted through JustGiving fundraising website, collecting donations from members of the public. We also received some donations through PayPal giving. We also received donations from organisations such as Vitol Services Ltd, Abbey Medical Centre, Lotto Social and The H Foundation.
A description of the principal risks facing the charity	Para 1.46	As 2023-2024 was an acceptable year for fundraising, we are in a secure financial position for 2024-25, and have the funds to carry out the same activities for Christmas 2024 and beyond. There is a small risk of individual giving continuing to be less successful but we are aware of this and have solutions in place.
Other		

Structure, Governance and Management

Description of charity's trusts:		Not applicable
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Christmas For CAMHS is a Charitable Incorporated Organisation.

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	To be reviewed when we next select new trustees. There are no specific people or bodies entitled to appoint trustees.
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Reference and Administrative details

Charity name	Christmas For CAMHS
Other name the charity uses	(known as Xmas 4 CAMHS on Twitter)
Registered charity number	1190353
Charity's principal address	8 Charlcombe View Road, Bath BA1 6JY

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Rosanna Bevan		Whole year	Not applicable
Matt Glanville		Whole year	Not applicable
Lauren Nathan-Lane		Whole year	Not applicable

Corporate trustees – not applicable

Name of trustees holding title to property belonging to the charity - not applicable

Funds held as custodian trustees on behalf of others - not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature



Full name(s): Rosanna Bevan

Signature



Full name(s): Matthew Glanville

Position (eg Secretary, Chair, etc): trustees

Date: 12 / 01 / 2025

**CHRISTMAS FOR CAMHS
ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024**

**Christmas For CAMHS
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**Christmas For CAMHS
Charity Details
For The Year Ended 31 March 2024**

Trustees

Dr R Bevan
Ms L Nathan-Lane
Mr M Gianville

Accountants

Charlton Baker
7-7c Snuff Street
Devizes
Wiltshire
SN10 1DU

**Christmas For CAMHS
Accounts Approval Statement
For The Year Ended 31 March 2024**

I approve these unaudited accounts which comprise a Profit and Loss Account, Balance Sheet and related notes.
I acknowledge my responsibility for the accounts including the provision of all the information and explanations necessary for the completion.

Signed

Date

**Christmas For CAMHS
Accountants' Report
For The Year Ended 31 March 2024**

We have prepared the accounts from the accounting records, information and explanations provided to us.

This report is made to you in accordance with the terms of our engagement. Our work has been undertaken to enable us to prepare the accounts on your behalf and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the client, for our work or for this report.

You have approved and acknowledged your responsibility for these accounts.

We have not been instructed to complete an audit of the accounts. For this reason, we have not verified the accuracy or completeness of the accounting records, information or explanations you have provided. Therefore we do not express any opinion on the accounts.

Signed

Charlton Baker Limited 30/01/2025

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Charlton Baker
7-7c Snuff Street
Devizes
Wiltshire
SN10 1DU

CHARLTON BAKER LIMITED
Chartered Accountants
7-7c Snuff St, Devizes, Wiltshire SN10 1DU
Telephone: 01380 723692
Company No: 07179787

**Christmas For CAMHS
Profit and Loss Account
For The Year Ended 31 March 2024**

	2024		2023	
	£	£	£	£
Turnover				
Donations received		10,797		18,307
Cost of Sales				
Gift donated	8,841		8,216	
Consultancy fees	3,953		4,345	
Premises costs	60		-	
		<u>12,854</u>		<u>12,561</u>
GROSS PROFIT		(2,057)		5,746
Expenditure				
Computer and IT consumables	173		494	
Insurance	372		674	
Packaging	803		1,259	
Accountancy fees	546		521	
		<u>1,894</u>		<u>2,948</u>
NET LOSS		<u>(3,951)</u>		<u>2,798</u>

**Christmas For CAMHS
Balance Sheet
As At 31 March 2024**

	Notes	2024		2023	
		£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand		30,410		33,815	
CURRENT LIABILITIES					
Accruals and deferred income		1,051		504	
NET CURRENT ASSETS			29,359		33,311
TOTAL ASSETS LESS CURRENT LIABILITIES			29,359		33,311
NET ASSETS			29,359		33,311
CAPITAL ACCOUNT					
Balance at 1 April 2023			33,310		30,513
Profit/(Loss) for the period/year			(3,951)		2,798
Balance Carried Forward			29,359		33,311

CHRISTMAS FOR CAMHS

England & Wales - Charity number 1190353

Accounts

Trustees' Annual Report for the period

From 1st April 2022 To 31st March 2023

Charity name: Christmas For CAMHS

Charity registration number: 1190353

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>1) For the public benefit, to ensure children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK, know they are remembered at Christmas. This will primarily but not exclusively be achieved by sourcing and arranging the supply of gifts to these units to be distributed to the children around Christmas time. This may involve the direct purchase of gifts, or the distribution of gifts purchased by others for this purpose.</p> <p>2) To promote awareness of children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK for the public benefit, with the focus of using this awareness to fundraise towards advancing (1).</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Christmas For CAMHS provides special Christmas gifts every year for children and young people who are inpatients in child and adolescent mental health (CAMHS) wards across the UK over the Christmas holiday period.</p> <p>We want to make children and young people who are inpatients over the festive season feel thought-about, special and included - our individual gifts for each young person to keep, as well as gifts for their ward, help us to do this.</p> <p>We achieve this by fundraising, primarily receiving donations from members of the public, but also small grants and corporate donations. We use these funds to buy gifts in bulk, and to pay for the shipping of these gifts to hospitals. We also receive donations of gifts from members of the public, (mostly purchased from our Amazon wish list and sent directly to us), for us to package with the gifts our funds have purchased, and send to the CAMHS units.</p>

		<p>We contact every CAMHS unit in the UK in advance of Christmas, to ensure we have up to date information on where to send the gifts, how many gifts to send, and ask for their requests on the type of gifts their young people would most like to receive. We have a mailing list of CAMHS staff, and if we do not hear back from a CAMHS unit in response to our email, we telephone the unit. In the rare cases that we cannot reach a unit, we send a selection of suitable gifts according to the number of beds listed on the unit's website.</p> <p>CAMHS staff use our gift request form to make specific requests, such as for particular games or particular themed items that would be popular with their inpatients. We use information about units to ensure we send suitable gifts, such as the age and gender of the children and young people, and whether the ward is specifically for young people with learning disabilities.</p> <p>We ensure we reach every CAMHS unit in the UK by liaising with NHS England, which holds information on all the NHS and private CAMHS units in England, and with equivalent bodies in Wales, Scotland and Northern Ireland, and with the Royal College of Psychiatrists' Quality Network for Inpatient CAMHS, who have kindly updated us about new hospitals.</p> <p>We ensure the safety of our gifts by consulting with CAMHS staff on the suitability of gifts. We maintain a robust list of items that we do not provide due to the potential risk that young people in distress could use them to hurt themselves or others, such as items with batteries, and spiral-bound notebooks. In addition to this, we specifically ask CAMHS staff at each unit if any gifts are not suitable, as we have learned that different CAMHS units have different safety requirements, to meet the needs of their different patient groups. We enable CAMHS staff (who are best-placed to risk assess the gifts as they know the children and young people in their care and specific risks relating to them and their environment) to check all gifts for suitability and safety, as we do not wrap the gifts. We provide wrapping paper and gift tags for staff to gift wrap after they have checked the gifts.</p> <p>The vast majority of CAMHS staff tell us that their ward or hospital does not receive any other gifts in addition to the gifts from Christmas For CAMHS.</p>
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		Occasionally we are contacted by individuals or small organisations who would like to donate gifts to a CAMHS unit. We have information on our website about how best to do this, and a map of the CAMHS units in the UK, so that the public can find a CAMHS unit nearest to them. We have occasionally linked individuals or small organisations with specific CAMHS units, with the prior consent of CAMHS unit staff to share their details. This helps others to achieve a charitable purpose, increases the gifts received by CAMHS units, and helps raise awareness.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees are aware of the guidance issued by the Charity Commission on public benefit. Our purpose is for the benefit of children and young people in CAMHS units, we believe these children and young people derive benefit from receiving gifts and knowing they are thought about during the Christmas period; we specifically select gifts to be beneficial to their wellbeing such as sensory toys, self-care items, and activities to provide occupation and fulfilment such as crafts. We believe the children and young people also benefit from gifts to help them collectively celebrate Christmas, such as items to decorate wards, and the mental wellbeing advent calendar.</p> <p>We collect feedback from mental health and education staff at CAMHS units to ensure our work achieves this purpose and review our processes to optimise this.</p> <p>The trustees carry out the purpose by organising the collection of funds, organising volunteers, and arranging the purchase and distribution of gifts. In 2022-23 we had no employees on a payroll, but employed a freelance project manager who we paid per hour to help carry out the charity's activities. Other activities were carried out by the trustees and by volunteers coordinated by the freelance project manager.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.

Contribution made by volunteers	Para 1.38	We were wonderfully supported by approximately 45 volunteers, known as “Volunteer Elves”, who volunteered with a wide range of tasks including contacting media, writing press releases, creating social media content, administrative tasks, finding suitable gifts, contacting CAMHS units, and 38 volunteered packing gift parcels in Bath 3-4th December 2022 (some Elves did both types of volunteering).
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>For Christmas 2022 we sent 1461 individual gifts to over 136 CAMHS wards (every ward in the UK), and ward gifts to each of those too, including items such as sports equipment, board games and jigsaws. We also sent activities and Christmas decorations to all wards, and 96 wards requested and received the mental wellbeing advent calendar, created by Sam Layton. This year we ran a Christmas Card making project and we received around 2000 homemade cards made by members of the public for young people in hospital for their mental health at Christmas, ensuring they felt remembered and special. We also sent 1487 small fidget toys, enough for one for every young person.</p> <p>Our spending on gifts was slightly increased from the previous year, reflecting inflation. We sent 49 bigger gifts for young people in particular need, such as those with no family support. Units tell us the gifts make a particularly marked difference to these young people. CAMHS units do not give us identifying details for these young people, only details to help choose gifts, such as age and specific interests.</p> <p>Here’s some of the feedback we received this year:</p> <p><i>"I just wanted to send a message to say a massive thank you for the Christmas presents! I am currently a patient at [name of CAMHS ward] and had no leave for Christmas so was stuck inside not feeling very christmassy but when receiving the presents it really put a smile on my face and added something special to the day! Thank you for what you do for all of us, I appreciate it! I had never heard of this charity until</i></p>

		<p>yesterday but I think your all doing an amazing job" - Gift Recipient</p> <p><i>"Thank you to all of you for your efforts, we had a member of staff dress as Santa and delivered the gifts. All of these were well received and all have been used, nothing left untouched which is a good sign! Gifts like these help improve the atmosphere on the ward at a difficult time of year and has a positive affect on staff and most importantly the young people. It is a reminder that people care and want to help."</i> - CAMHS Unit</p> <p><i>"Thank you so much for all of our wonderful Christmas gifts, our service users will appreciate these so much. There was a fantastic variety of items to choose from and all arrived in plenty of time."</i> - CAMHS Ward</p> <p><i>"We are hugely appreciative of the support from your charity. You do brilliant valuable work that can make a huge difference to our young people"</i> - CAMHS Ward</p> <p><i>"Thank you so so much, it means the world, it brightened my day, so thank you"</i> - Gift Recipient</p> <p><i>"Thanks again for your work that goes into this- it is always a boost for all our young people and it has been lovely to see them engaged in preparing for xmas with things sent by yourselves. It's also lovely to see them using the gifts given and using them in a way that is positive and helpful. I know the whole team and young people are so thankful for the dedicated work you do."</i> - CAMHS Unit</p> <p><i>"This was a lifesaver for the staff as they had no time to think of what to do for the patients."</i> - CAMHS Ward</p> <p><i>"The presents provided by Christmas for CAMHS brought a much-needed boost for our young people, showing them that they matter, and they too deserve to feel joy at Christmas."</i> - Alicia Morse, Deputy Ward Manager, Sowenna</p> <p><i>"The gifts were very much appreciated and we have kept some items in the activities cupboard so our patients can continue to access these all year round. I want to thank the volunteers for this wonderful service you provide. This has made Christmas extra special to see our patients' faces when they receive these additional gifts."</i> - CAMHS Ward 2022</p>
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		In terms of the benefit to wider society, many people that are unfamiliar with CAMHS are unaware that CAMHS units were less likely to receive donations than other children's medical hospitals/wards. Our social media and featuring in local press makes this issue more well known among mainstream society and not just those who have been supported by CAMHS.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We aimed to send gifts to every child and young person in a CAMHS unit in the UK. We believe this was achieved (a couple of units chose to only receive small sensory toys, decorations and craft activities, as they receive a number of other donations).
Performance of fundraising activities against objectives set	Para 1.41	2022-2023 was a relatively successful year for fundraising, with £18,307 (including gift aid) raised mainly from individual giving. This was better than expected - we feared this would be lower due to the cost of living crisis and had prepared ourselves for this. Some of our supporters ran inspiring fundraising events, such as walking a marathon around a Christmas Tree, and hosting a Christmas Crafternoon. These were successful in both fundraising and building our profile, and more plentiful than in previous years.
Other		<p>We were grateful to be offered space at Christ Church on Julian Road in Bath for our gift-packing weekend. We would like to extend our thanks to Jude and Christ Church Bath for the use of the space.</p> <p>We would also like to thank Alicia Morse, Deputy Manager of Sowenna ward, for appearing with the charity's trustees (Lauren and Ro) in a podcast, helping to raise awareness about the charity. We would also like to thank Noel McDermott for inviting us to feature in the podcast.</p> <p>We would like to thank our volunteer Tracy for appearing in news media about her volunteering role.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a comfortable financial position to enable us to plan ahead for Christmas 2023 and increase our spending at Christmas where required to further achieve our aims. We spent £16,285 for Christmas 2022 overall. We plan to continue a similar level of funding in the coming years.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We hold reserves to cover our minimum expenses (insurance, accountancy, web hosting, staffing) plus enough to support one Christmas, to enable us to continue operations as normal if fundraising is poor.
Amount of reserves held	Para 1.22	£10,000
Reasons for holding zero reserves	Para 1.22	Not applicable.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties; we intend to continue as we have been into 2022-23.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>Our main fundraising for 2022-23 was conducted through Justgiving fundraising website, collecting donations from members of the public. We also received some donations through PayPal giving, including from streamers. Fundraising activities included a sponsored marathon around a Christmas Tree, BSFAI doing 12 hours of Hero CrossFit workouts and a Christmas Crafternoon.</p> <p>We also received donations from organisations such as Christchurch Southgate (unrelated to Christ Church Bath, the venue we used), Vitol Services Ltd, AOK Events and Massmould Ltd.</p>
A description of the principal risks facing the charity	Para 1.46	As 2022-2023 was a relatively successful year for fundraising, we are in a secure financial position for 2023-24, and have the funds to carry out the same activities for Christmas 2023 and beyond. There is a small risk of individual giving continuing to be less successful but we are aware of this and have solutions in place.

		The only risks identified relate to trustees not having sufficient time to achieve our aims to the best of our abilities, particularly if there is a decrease in support from volunteers, as this can be variable. This has now been mitigated by support from our very capable freelance Project Manager, who will continue to work with us in 2023-24.
Other		We intend to continue our current work into 2023 and aim to run a very similar Christmas set-up, hopefully continuing to reach children and young people in CAMHS units at Christmas, making them feel special and cared about.

Structure, Governance and Management

Description of charity's trusts:		Not applicable
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Christmas For CAMHS is a Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	To be reviewed when we next select new trustees. There are no specific people or bodies entitled to appoint trustees.

Reference and Administrative details

Charity name	Christmas For CAMHS
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Other name the charity uses	(known as Xmas 4 CAMHS on Twitter)
Registered charity number	1190353
Charity's principal address	8 Charlcombe View Road, Bath BA1 6JY

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Rosanna Bevan		Whole year	Not applicable
Matt Glanville		Whole year	Not applicable
Lauren Nathan-Lane		Whole year	Not applicable

Corporate trustees – not applicable

Name of trustees holding title to property belonging to the charity - not applicable

Funds held as custodian trustees on behalf of others - not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable


Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature 

Full name(s): Rosanna Bevan

Signature

L Nathan Lane

Full name(s): Lauren Nathan-Lane

Position (eg Secretary, Chair, etc): trustees

Date: 14 / 03 / 2024

**CHRISTMAS FOR CAMHS
ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023**

**Christmas For CAMHS
Contents of the Accounts
For The Year Ended 31 March 2023**

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**Christmas For CAMHS
Business Details
For The Year Ended 31 March 2023**

Partners

Mrs R Beven
Mrs L Nathan-Lane
Mr M Glanville

Accountants

Charlton Baker
7-7c Snuff Street
Devizes
Wiltshire
SN10 1DU

**Christmas For CAMHS
Accounts Approval Statement
For The Year Ended 31 March 2023**

I approve these unaudited accounts which comprise a Profit and Loss Account, Balance Sheet and related notes.
I acknowledge my responsibility for the accounts including the provision of all the information and explanations necessary for the completion.

Signed

Date

**Christmas For CAMHS
Accountants' Report
For The Year Ended 31 March 2023**

We have prepared the accounts from the accounting records, information and explanations provided to us.

This report is made to you in accordance with the terms of our engagement. Our work has been undertaken to enable us to prepare the accounts on your behalf and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the client, for our work or for this report.

You have approved and acknowledged your responsibility for these accounts.

We have not been instructed to complete an audit of the accounts. For this reason, we have not verified the accuracy or completeness of the accounting records, information or explanations you have provided. Therefore we do not express any opinion on the accounts.

Signed

Charlton Baker
.....

Charlton Baker
7-7c Snuff Street
Devizes
Wiltshire
SN10 1DU

<p>CHARLTON BAKER LIMITED Chartered Accountants 7-7c Snuff St, Devizes, Wiltshire SN10 1DU Telephone: 01380 723692 Company No: 07179787</p>
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**Christmas For CAMHS
Profit and Loss Account
For The Year Ended 31 March 2023**

	2023		2022	
	£	£	£	£
Turnover				
Donations received		18,307		18,040
Cost of Sales				
Gift donated	8,216		9,490	
Consultancy fees	4,345		2,935	
Premises costs	-		100	
		12,561		12,525
GROSS PROFIT		5,746		5,515
Expenditure				
Computer and IT consumables	494		144	
Insurance	674		636	
Packaging	1,259		206	
Accountancy fees	521		445	
Sundry expenses	-		100	
		2,948		1,531
NET PROFIT		2,798		3,984

**Christmas For CAMHS
Balance Sheet
As At 31 March 2023**

	Notes	2023		2022	
		£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand		33,815		30,958	
CURRENT LIABILITIES					
Accruals and deferred income		504		445	
NET CURRENT ASSETS			<u>33,311</u>		<u>30,513</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>33,311</u>		<u>30,513</u>
NET ASSETS			<u>33,311</u>		<u>30,513</u>
CAPITAL ACCOUNT					
Balance at 1 April 2022			30,513		26,529
Profit/(Loss) for the period/year			<u>2,798</u>		<u>3,984</u>
Balance Carried Forward			<u>33,311</u>		<u>30,513</u>

**Christmas For CAMHS
Notes to the Accounts
For The Year Ended 31 March 2023**

CHRISTMAS FOR CAMHS

England & Wales - Charity number 1190353

Accounts

Trustees' Annual Report for the period

From 1st April 2021 To 31st March 2022

Charity name: Christmas For CAMHS

Charity registration number: 1190353

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>1) For the public benefit, to ensure children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK, know they are remembered at Christmas. This will primarily but not exclusively be achieved by sourcing and arranging the supply of gifts to these units to be distributed to the children around Christmas time. This may involve the direct purchase of gifts, or the distribution of gifts purchased by others for this purpose.</p> <p>2) To promote awareness of children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK for the public benefit, with the focus of using this awareness to fundraise towards advancing (1).</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Christmas For CAMHS provides special Christmas gifts every year for children and young people who are inpatients in child and adolescent mental health (CAMHS) wards across the UK over the Christmas holiday period.</p> <p>We want to make children and young people who are inpatients over the festive season feel thought-about, special and included - our individual gifts for each young person to keep, as well as gifts for their ward, help us to do this.</p> <p>We achieve this by fundraising, primarily receiving donations from members of the public, but also small grants and corporate donations. We use these funds to buy gifts in bulk, and to pay for the shipping of these gifts to hospitals. We also receive donations of gifts from members of the public, mostly purchased from our Amazon wish list and sent directly to us,</p>

		<p>for us to package with the gifts our funds have purchased, and send to the CAMHS units.</p> <p>We contact every CAMHS unit in advance of Christmas, to ensure we have up to date information on where to send the gifts, how many gifts to send, and ask for their requests on the type of gifts their young people would most like to receive. We have a mailing list of CAMHS staff, and if we do not hear back from a CAMHS unit in response to our email, we telephone the unit. In the rare cases that we cannot reach a unit, we send a selection of suitable gifts according to the number of beds listed on the unit's website.</p> <p>CAMHS staff use our gift request form to make specific requests, such as for particular games or particular themed items that would be popular with their inpatients. We use information about units to ensure we send suitable gifts, such as the age and gender of the children and young people, and whether the ward is specifically for young people with learning disabilities.</p> <p>We ensure we reach every CAMHS unit in the UK by liaising with NHS England, which holds information on all the NHS and private CAMHS units in England, and with equivalent bodies in Wales, Scotland and Northern Ireland.</p> <p>We ensure the safety of our gifts by consulting with CAMHS staff on the suitability of gifts. We maintain a robust list of items that we do not provide due to the potential risk that young people in distress could use them to hurt themselves or others, such as items with batteries, and spiral-bound notebooks. In addition to this, we specifically ask CAMHS staff at each unit if any gifts are not suitable, as we have learned that different CAMHS units have different safety requirements, to meet the needs of their different patient groups. We enable CAMHS staff (who are best-placed to risk assess the gifts as they know the children and young people in their care and specific risks relating to them and their environment) to check all gifts for suitability and safety, as we do not wrap the gifts. We provide wrapping paper and gift tags for staff to gift wrap after they have checked the gifts.</p> <p>The vast majority of CAMHS staff tell us that their ward or hospital does not receive any other gifts in addition to the gifts from Christmas For CAMHS.</p>
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		Occasionally we are contacted by individuals or small organisations who would like to donate gifts to a CAMHS unit. We have information on our website about how best to do this, and a map of the CAMHS units in the UK, so that the public can find a CAMHS unit nearest to them. We have occasionally linked individuals or small organisations with specific CAMHS units, with the prior consent of CAMHS unit staff to share their details. This helps others to achieve a charitable purpose, increases the gifts received by CAMHS units, and helps raise awareness.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees are aware of the guidance issued by the Charity Commission on public benefit. Our purpose is for the benefit of children and young people in CAMHS units, we believe these children and young people derive benefit from receiving gifts and knowing they are thought about during the Christmas period; we specifically select gifts to be beneficial to their wellbeing such as sensory toys, self-care items, and activities to provide occupation and fulfilment such as crafts. We believe the children and young people also benefit from gifts to help them collectively celebrate Christmas, such as items to decorate wards, and the mental wellbeing advent calendar.</p> <p>We collect feedback from mental health and education staff at CAMHS units to ensure our work achieves this purpose and review our processes to optimise this.</p> <p>The trustees carry out the purpose by organising the collection of funds, organising volunteers, and arranging the purchase and distribution of gifts. In 2021-22 we had no employees, but contracted a freelance project manager to help carry out the charity's activities. Other activities were carried out by the trustees and by volunteers coordinated by the freelance project manager.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.

Contribution made by volunteers	Para 1.38	We were wonderfully supported by over 50 volunteers, known as “Volunteer Elves”, 13 of whom who volunteered with a wide range of tasks including contacting media, writing press releases, creating social media content, administrative tasks, finding suitable gifts, contacting CAMHS units, and 45 volunteered packing gift parcels in Bath 27-28th November 2021 (some Elves did both types of volunteering).

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>For Christmas 2021 we sent 1543 individual gifts to over 137 wards, and ward gifts to each of those. We also sent activities such as Christmas decoration making packs, and over 125 units requested and received the mental wellbeing advent calendar, created by volunteer Sam Layton.</p> <p>Our spending on gifts was slightly increased from the previous year, reflecting our funding, largely because we decided to donate additional gifts as requested by ward staff for young people in particular need, such as looked after children, refugees, and those without other support. CAMHS units do not give us identifying details for these young people, only details to help choose gifts, such as age, gender, and specific interests. We send 26 gifts for young people in particular need, sent as “additional special gifts”, including clothes, make-up, blankets, and cuddly toys.</p> <p>We also offered small sensory toys as additional gifts alongside individual gifts, and sent 1463 small sensory toys.</p> <p>Feedback from CAMHS unit staff:</p> <p>“We loved all the different presents as it means we can match them carefully with the people we have on the unit</p> <p>It was just so nice that people are thinking of our patients and holding them in mind. This means so much. We can’t thank you enough”</p>

		<p>“The gifts for the young people make a huge difference to their mood, confidence and wellbeing. Especially those young people who are unable to spend Christmas at home, young people from deprived backgrounds and those who are known to social care the gifts make a significant difference to them. Thank you for continuing to offer this service.”</p> <p>“Christmas for CAMHS provide an amazing service that goes far beyond the box of gifts that arrive. The generosity of Christmas for CAMHS provides a bit of joy and excitement for our young people during a particularly challenging time of the year. In particular for our eating disorder young people, Christmas time can be very food based and quite distressing. So to have gifts and activities that are Christmassy but without being foody means that they can feel included in the festive period and have things to enjoy. A huge thank you!”</p> <p>“We opened [the box of gifts] in our sunrise meeting (this happens every morning- it is how we start our day) and this prompted a huge discussion about what activities we can set up to use the craft items. There was a real buzz around the ward especially as it had come from someone else. The young people liked that someone else was thinking about their happiness at Christmas.”</p> <p>“We have already put our young people on the list to open the advent calendar and the presents are perfect!”</p> <p>In terms of the benefit to wider society, many people that are unfamiliar with CAMHS, were previously unaware that CAMHS units were less likely to receive gifts than other children's medical hospitals/wards. Our work makes this issue more well known among mainstream society and not just those who have been supported by CAMHS, as we were featured in media such as a BBC Radio Bristol interview.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We had aimed to send gifts to every child and young person in a CAMHS unit in the UK. We believe this was achieved (one unit chose to only receive small sensory toys, decorations and craft activities, as they receive a number of other donations).
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Performance of fundraising activities against objectives set	Para 1.41	2021-2022 was a successful year for fundraising. It was lower than our sudden increase in income 2020-21, which was to be expected. We did not make a fundraising video in 2021-22. We received funding from Christopher H's cycle ride called Marie's Challenge, from Pia who did a sponsored truck pull and a "guess the number of sweets in the jar" activity organised by Sammy and Ethan.
Other		<p>We were grateful to be offered space at Nexus Methodist Church in Bath (now called Walcot Methodist Chapel) for our gift-packing weekend. We would like to extend our thanks to Sharon and all at Walcot Methodist Chapel for the use of such a brilliant space.</p> <p>We were incredibly sad to learn in December 2021 of the death of one of our volunteers in October 2021. Billy had been a valued volunteer since finding us on Twitter in 2019, and had brought enthusiasm and brilliant ideas to our work. We received a number of donations in memory of Billy in December 2021.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a comfortable financial position to enable us to plan ahead for Christmas 2021 and increase our spending at Christmas to further achieve our aims. We spent £12,525 for Christmas 2021. We plan to continue a similar level of funding in the coming years.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We hold reserves to cover our minimum expenses (insurance, accountancy, web hosting) to enable us to continue operating even if we had no funding.
Amount of reserves held	Para 1.22	£2500
Reasons for holding zero reserves	Para 1.22	Not applicable.
Details of fund materially in deficit	Para 1.24	Not applicable.

Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties; we intend to continue as we have been into 2022-23.
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Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>Our main fundraising for 2021-22 was conducted through Justgiving fundraising website, following the closure of Virgin Money Giving fundraising website in 2021, collecting donations from members of the public. Fundraising activities included a "guess the number of sweets in the jar" activity, sponsored cycle and truck pull.</p> <p>We also received donations from companies including Vitol Services, The Bungie Foundation, Hiddengrin Gaming, UPS Ltd and Agility on Demand.</p>
A description of the principal risks facing the charity	Para 1.46	<p>As 2021-22 was a successful year for fundraising, we are in a secure financial position for 2022-23, and have surplus funds to carry out the same activities for Christmas 2022.</p> <p>The only risks identified relate to trustees not having sufficient time to achieve our aims to the best of our abilities, particularly if there is a decrease in support from volunteers, as this can be variable, but this has now been mitigated by support from our very capable freelance project manager, who will continue to work with us in 2022-23.</p>
Other		We intend to continue our current work into 2022 and aim to run a very similar Christmas set-up, hopefully reaching even more children and young people and making them feel special and cared about.

Structure, Governance and Management

Description of charity's trusts:		Not applicable
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution

How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Christmas For CAMHS is a Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	To be reviewed when we next select new trustees. There are no specific people or bodies entitled to appoint trustees.

Reference and Administrative details

Charity name	Christmas For CAMHS
Other name the charity uses	(known as Xmas 4 CAMHS on Twitter)
Registered charity number	1190353
Charity's principal address	8 Charlcombe View Road, Bath BA1 6JY

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Rosanna Bevan		Whole year	Not applicable
Matt Glanville		Whole year	Not applicable
Lauren Nathan-Lane		Whole year	Not applicable

Corporate trustees – not applicable

Name of trustees holding title to property belonging to the charity - not applicable

Funds held as custodian trustees on behalf of others - not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature 

Full name(s): Rosanna Bevan

Signature 

Full name(s): Lauren Nathan-Lane

Position (eg Secretary, Chair, etc): trustees

Date: 30/01/2023

**CHRISTMAS FOR CAMHS (CHARITY) CHARITY NUMBER : 1190353
ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022**

Christmas For CAMHS (charity) CHARITY NUMBER : 1190353
Contents of the Accounts
For The Year Ended 31 March 2022

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Christmas For CAMHS (charity) CHARITY NUMBER : 1190353
Business Details
For The Year Ended 31 March 2022

Trustees

Rosanna Bevan
Lauren Nathan-Lane
Matthew Glanville

Business

8 Charlcombe View Road
Bath
BA1 6JY

Accountants

Charlton Baker Limited
7-7c Snuff Street
Devizes
Wiltshire
SN10 1DU

Christmas For CAMHS (charity) CHARITY NUMBER : 1190353
Accounts Approval Statement
For The Year Ended 31 March 2022

I approve these un-audited accounts which comprise a Profit and Loss Account, Balance Sheet and related notes.
I acknowledge my responsibility for the accounts including the provision of all the information and explanations necessary for the completion.

Rosanna Bevan, Lauren Nathan-Lane,
and Matthew Glanville

Trustees
28/01/2023

Christmas For CAMHS (charity) CHARITY NUMBER : 1190353
Accountant's Report
For The Year Ended 31 March 2022

We have prepared the accounts from the accounting records, information and explanations provided to us.

This report is made to you in accordance with the terms of our engagement. Our work has been undertaken to enable us to prepare the accounts on your behalf and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the client, for our work or for this report.

You have approved and acknowledged your responsibility for these accounts.

We have not been instructed to complete an audit of the accounts. For this reason, we have not verified the accuracy or completeness of the accounting records, information or explanations you have provided. Therefore we do not express any opinion on the accounts.

Signed



.....
Charlton Baker Limited
7-7c Snuff Street
Devizes
Wiltshire
SN10 1DU



Christmas For CAMHS (charity) CHARITY NUMBER : 1190353
Profit and Loss Account
For The Year Ended 31 March 2022

	2022		2021	
	£	£	£	£
Turnover				
Donations received		18,040		26,878
Cost of Sales				
Gift donated	9,490		8,194	
Consultancy fees	2,935		-	
Premises costs	100		-	
		12,525		8,194
GROSS PROFIT		5,515		18,684
Expenditure				
Computer and IT consumables	144		-	
Insurance	636		-	
Packaging	206		122	
Accountancy fees	445		420	
Sundry expenses	100		-	
		1,531		542
NET PROFIT		3,984		18,142

Christmas For CAMHS (charity) CHARITY NUMBER : 1190353
Balance Sheet
As at 31 March 2022

	Notes	2022		2021	
		£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand		30,958		26,949	
CURRENT LIABILITIES					
Accruals and deferred income		445		420	
NET CURRENT ASSETS			30,513		26,529
TOTAL ASSETS LESS CURRENT LIABILITIES			30,513		26,529
NET ASSETS			30,513		26,529
CAPITAL ACCOUNT					
Balance at 1 April 2021			26,529		8,387
Profit/(Loss) for the period/year			3,984		18,142
Balance Carried Forward			30,513		26,529

Christmas For CAMHS (charity) CHARITY NUMBER : 1190353
Notes to the Accounts
For The Year Ended 31 March 2022

CHRISTMAS FOR CAMHS

England & Wales - Charity number 1190353

Accounts

Trustees' Annual Report for the period

From 10th July 2020 To 31st March 2021

Charity name: Christmas For CAMHS

Charity registration number: 1190353

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>1) For the public benefit, to ensure children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK, know they are remembered at Christmas. This will primarily but not exclusively be achieved by sourcing and arranging the supply of gifts to these units to be distributed to the children around Christmas time. This may involve the direct purchase of gifts, or the distribution of gifts purchased by others for this purpose.</p> <p>2) To promote awareness of children and young people being treated in mental health units - particularly but not exclusively Child and Adolescent Mental Health Services (CAMHS) - across the UK for the public benefit, with the focus of using this awareness to fundraise towards advancing (1).</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Christmas For CAMHS provides special Christmas gifts every year for children and young people who are inpatients in child and adolescent mental health (CAMHS) wards across the UK over the Christmas holiday period.</p> <p>We want to make children and young people who are inpatients over the festive season feel thought-about, special and included - our individual gifts for each young person to keep, as well as gifts for their ward, help us to do this.</p> <p>We achieve this by fundraising, primarily receiving donations from members of the public, but also small grants and corporate donations. We use these funds to buy gifts in bulk, and to pay for the shipping of these gifts to hospitals. We also receive donations of gifts from members of the public, mostly purchased from our Amazon wish list and sent directly to us,</p>

		<p>for us to package with the gifts our funds have purchased, and send to the CAMHS units.</p> <p>We contact every CAMHS unit in advance of Christmas, to ensure we have up to date information on where to send the gifts, how many gifts to send, and ask for their requests on the type of gifts their young people would most like to receive. We have a mailing list of CAMHS staff, and if we do not hear back from a CAMHS unit in response to our email, we telephone the unit. In the rare cases that we cannot reach a unit, we send a selection of suitable gifts according to the number of beds listed on the unit's website.</p> <p>CAMHS staff use our gift request form to make specific requests, such as for particular games or particular themed items that would be popular with their inpatients. We use information about units to ensure we send suitable gifts, such as the age and gender of the children and young people, and whether the ward is specifically for young people with learning disabilities.</p> <p>We ensure we reach every CAMHS unit in the UK by liaising with NHS England, which holds information on all the NHS and private CAMHS units in England, and with equivalent bodies in Wales, Scotland and Northern Ireland.</p> <p>We ensure the safety of our gifts by consulting with CAMHS staff on the suitability of gifts. We maintain a robust list of items that we do not provide due to the potential risk that young people in distress could use them to hurt themselves or others, such as items with batteries, and spiral-bound notebooks. In addition to this, we specifically ask CAMHS staff at each unit if any gifts are not suitable, as we have learned that different CAMHS units have different safety requirements, to meet the needs of their different patient groups. We enable CAMHS staff (who are best-placed to risk assess the gifts as they know the children and young people in their care and specific risks relating to them and their environment) to check all gifts for suitability and safety, as we do not wrap the gifts. We provide wrapping paper and gift tags for staff to gift wrap after they have checked the gifts.</p> <p>The vast majority of CAMHS staff tell us that their ward or hospital does not receive any other gifts in addition to the gifts from Christmas For CAMHS.</p>
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		Occasionally we are contacted by individuals or small organisations who would like to donate gifts to a CAMHS unit. We have information on our website about how best to do this, and a map of the CAMHS units in the UK, so that the public can find a CAMHS unit nearest to them. We have occasionally linked individuals or small organisations with specific CAMHS units, with the prior consent of CAMHS unit staff to share their details. This helps others to achieve a charitable purpose, increases the gifts received by CAMHS units, and helps raise awareness.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees are aware of the guidance issued by the Charity Commission on public benefit. Our purpose is for the benefit of children and young people in CAMHS units, we believe these children and young people derive benefit from receiving gifts and knowing they are thought about during the Christmas period; we specifically select gifts to be beneficial to their wellbeing such as sensory toys, self-care items, and activities to provide occupation and fulfilment such as crafts. We believe the children and young people also benefit from gifts to help them collectively celebrate Christmas, such as items to decorate wards, and the mental wellbeing advent calendar.</p> <p>We collect feedback from mental health and education staff at CAMHS units to ensure our work achieves this purpose and review our processes to optimise this.</p> <p>The trustees carry out the purpose by organising the collection of funds, organising volunteers, and arranging the purchase and distribution of gifts. In 2020-21 we had no paid staff, the charity's activities were all carried out by the trustees and by volunteers coordinated by the trustees.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.

Contribution made by volunteers	Para 1.38	We were wonderfully supported by over 30 volunteers, known as “Volunteer Elves”, who volunteered with a wide range of tasks including contacting media, writing press releases, creating social media content, administrative tasks, finding suitable gifts, contacting CAMHS units, delivering gifts, and packing gift parcels.
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>For Christmas 2020 we sent 1333 individual gifts and 95 ward gifts to over 70 hospitals. We also sent activities such as Christmas decoration making packs, and most units requested to receive the mental wellbeing advent calendar, created by volunteer Sam Layton.</p> <p>Our spending on gifts was increased from the previous year, reflecting our increased income, largely because we decided to donate an additional gift to each ward to keep in addition to the individual gifts for each young person. Gifts requested by wards as their “ward gift” included board games and sports equipment such as soft footballs.</p> <p>We also offered small sensory toys as additional gifts alongside individual gifts.</p> <p>Feedback from CAMHS unit staff:</p> <p>“I wanted to thank you all for your generous donation, all the hard work you put into fundraising and the time spent finding the most thoughtful gifts for our young people. It will make a huge difference to an already difficult time of year, made even more challenging because of the pandemic.” Occupational therapist, CAMHS unit, England</p> <p>“Our children loved their gifts, especially the lovely colouring books. Thank you so so much again, what a wonderful charity you are.” Staff nurse, CAMHS unit, England</p> <p>“The young people would like to thank you. They were so sad to be in hospital at Christmas time and they said it really made their day.” Ward manager, Eating disorders CAMHS unit, England</p>

		<p>“Thank you so much for the very generous gifts which you donated at Christmas time , these were very much appreciated by the young people.” Senior Staff Nurse, CAMHS unit, Wales</p> <p>“The range of items you sent were very thought out and relevant to the young people” Specialist nurse, Learning Disability CAMHS unit”</p> <p>In terms of the benefit to wider society, many people that are unfamiliar with CAMHS, were previously unaware that CAMHS units were less likely to receive gifts than other children's medical hospitals/wards. Our work makes this issue more well known among mainstream society and not just those who have been supported by CAMHS.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We had aimed to send gifts to every child and young person in a CAMHS unit in the UK. With the exception of three units who chose not to receive our gifts (they were all receiving other gifts), one newly opened unit that we were not aware of, and one unit whose parcel was returned as we did not have the unit's full address, this was achieved.
Performance of fundraising activities against objectives set	Para 1.41	2020-2021 was by far our most successful year for fundraising. This was completely unexpected, given that our income was over four times more than 2019-2020, and we are not quite clear what caused this dramatic increase. Our fundraising video, featuring staff from four CAMHS units, was shared over 50,000 times on Twitter, as well as being shared further on Facebook and Instagram, which likely caused many people to hear about us, who had not heard about us before. We also received fundraising from Laur E's sponsored yogathon in January 2021, and Christopher H's cycle ride called Marie's Challenge (although the cycling was later in the year, some of the sponsorship funds were received within the 2020-21 financial year).
Other		We were very fortunate to be offered space at St Michael's Church in Bath for our gift-packing weekend. We had planned to use their underground space, but due to the November lockdown, the church was not in use due to the church services being held online, so we were able to use the

		amazing church hall! We would like to extend our thanks to Lisa and all at St Michael's for making us so welcome.
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a comfortable financial position to enable us to plan ahead for Christmas 2021 and increase our spending at Christmas to further achieve our aims. We spent just over £8000 for Christmas 2020. We are comfortable enough financially to increase our spending per ward and will undergo consultation with CAMHS unit staff to find where an increase in spending could have the most impact.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We hold reserves to cover our minimum expenses (insurance, accountancy, web hosting) to enable us to continue operating even if we had no funding.
Amount of reserves held	Para 1.22	£2500
Reasons for holding zero reserves	Para 1.22	Not applicable.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties; we intend to continue as we have been into 2021-22.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our main fundraising for 2020-21 was conducted through Virgin Money Giving fundraising website, collecting donations from members of the public. Fundraising activities included a sponsored silence, sponsored yogathon, and sponsored cycle and choir fundraising. We also received a grant from a corporation, and two donations from companies.
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A description of the principal risks facing the charity	Para 1.46	<p>As 2020-21 was a very successful year for fundraising, we are in a secure financial position for 2021-22, and have surplus funds to carry out the same activities for Christmas 2021.</p> <p>The only risks identified relate to trustees not having sufficient time to achieve our aims to the best of our abilities, particularly if there is a decrease in support from volunteers, as this can be variable.</p> <p>As the charity grows, we anticipate the need to hire staff in the run-up to Christmas to coordinate purchase and distribution of gifts.</p>
Other		<p>We intend to continue our current work into 2021 and aim to run a very similar Christmas set-up, hopefully reaching even more children and young people and making them feel special and cared about.</p>

Structure, Governance and Management

Description of charity's trusts:		Not applicable
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Christmas For CAMHS is a Charitable Incorporated Organisation. We have a constitution.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	To be reviewed when we next select new trustees. There are no specific people or bodies entitled to appoint trustees.

Reference and Administrative details

Charity name	Christmas For CAMHS
Other name the charity uses	(known as Xmas 4 CAMHS on Twitter)
Registered charity number	1190353
Charity's principal address	8 Charlcombe View Road, Bath BA1 6JY

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Rosanna Bevan		Whole year	Not applicable
Matt Glanville		Whole year	Not applicable
Lauren Nathan-Lane		Whole year	Not applicable

Corporate trustees – not applicable

Name of trustees holding title to property belonging to the charity - not applicable

Funds held as custodian trustees on behalf of others - not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature 

Full name(s): Rosanna Bevan

Signature 

Full name(s): Lauren Nathan-Lane

Position (eg Secretary, Chair, etc): trustees

Date: 29/01/2022

**Charity Number:
1190353**

**Christmas For CAMHS
Accounts
for the period ended 31 March 2021**

Christmas For CAMHS

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Christmas For CAMHS

Information

Accountants

Charlton Baker Limited
Chartered Accountants and Business Advisors
7-7c Snuff Street
Devizes
Wiltshire
SN10 1DU

Business address

8 Charlcombe View Road
Bath
BA1 6JY

Trustees

Rosanna Bevan
Lauren Nathan-Lane
Matthew Glanville

Christmas For CAMHS

Accountants' Report on the Unaudited Accounts to Christmas For CAMHS

As described on page 3 you have approved the accounts for the period ended 31 March 2021 set out on pages 2 to 3. In accordance with your instructions we have compiled these unaudited accounts from the accounting records and information and explanations supplied to us.

CHARLTON BAKER LIMITED

Chartered Accountants

7-7c Snuff St, Devizes, Wiltshire SN10 1DU

Telephone: 01380 723692

Company No: 07179787

28th JANUARY 2022

Charlton Baker Limited

Chartered Accountants and Business Advisors

7-7c Snuff Street

Devizes

Wiltshire

SN10 1DU

Christmas For CAMHS

Profit and loss account for the period ended 31 March 2021

	Period ended 31/03/21	
	£	£
Income		
Donations received		26,878
Cost of sales		
Purchases	8,194	
	<hr/>	8,194
		<hr/>
		18,684
Expenses		
Printing, postage and stationery	122	
Accountancy	420	
	<hr/>	(542)
		<hr/>
Net profit		<u>18,142</u>

Christmas For CAMHS

Balance sheet as at 31 March 2021

	31/03/21	
	£	£
Current assets		
Cash at bank and in hand	26,949	
Current liabilities		
Accruals	420	
Net current assets		26,529
Total assets less current liabilities		26,529
Capital account		
Funds introduced		8,387
Profit for the period		18,142
		26,529

I approve these accounts and confirm that I have made available all relevant records and information for their preparation.



Rosanna Bevan



Lauren Nathan-Lane



Matthew Glanville

Date: 29/01/2022



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
CHRISTMAS FOR CAMHS

On accounts for the year
ended

31/03/2021
Charity no
(if any) 1190353

Set out on pages

1-2
(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 03 2021.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: E. Killington

Date: 25/01/2022

Name: ELLIE KILLINGTON

Relevant professional
qualification(s) or body

ICAEW

(if any):

Address: 7-7c SNUFF STREET
DEUIZES, WILTSHIRE
SNIO 1DU

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.