

**REGISTERED COMPANY NUMBER: CE022479 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1190346**

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022**  
**FOR**  
**SAVE NATION'S HEALTH**

**SAVE NATION'S HEALTH**

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FOR THE YEAR ENDED 31 DECEMBER 2022**

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# **SAVE NATION'S HEALTH**

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022**

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

The objectives are laid out in the Constitution and Grant making policy.

The charity was registered on 10 July 2020.

The current charitable objectives are the preservation and protection of health by the provision of support to ensure the wellbeing of people suffering from long term conditions, mental and/or physical illness. The prevention or relief of poverty by providing or assisting in the provision of all the necessary support designed to enable individuals to improve their quality of life.

### **ACHIEVEMENT AND PERFORMANCE**

The charity received £7,000 from donations and incurred charitable expenses of £6,549, creating a surplus of £451.

### **FINANCIAL REVIEW**

The financial activity of the charity is set on pages 3 and 4. The balance of the free reserves available to cover administration costs is £23,058. The policy of the Trustees is to hold sufficient reserves to enable the trust to meet the expenses and liabilities.

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes an incorporated charity.

The charity is managed by the Organiser, Dr H Sarwar, under the direct control of the Trustees.

Trustees are appointed by the board of trustees and serve indefinitely. The trustees meet annually to review all activities of the charity.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

CE022479 (England and Wales)

#### **Registered Charity number**

1190346

#### **Registered office**

Draycott Grange  
Cheadle Road  
Draycott  
Stoke-on-Trent  
ST11 9RQ

#### **Trustees**

Dr H Sarwar  
S Hurley  
C Slinn

**SAVE NATION'S HEALTH**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 DECEMBER 2022**

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Approved by order of the board of trustees on 18 September 2023 and signed on its behalf by:



Dr H Sarwar - Trustee

# SAVE NATION'S HEALTH

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2022

		Year Ended 31.12.22 Unrestricted fund £	Period 10.7.20 to 31.12.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>	Notes		
Donations and legacies		7,000	29,500
<b>EXPENDITURE ON</b>			
Raising funds		6,163	5,993
<b>Charitable activities</b>			
Charitable activities		350	900
<b>Total</b>		6,513	6,893
<b>NET INCOME</b>		487	22,607
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		22,607	-
<b>TOTAL FUNDS CARRIED FORWARD</b>		23,094	22,607

The notes form part of these financial statements

# SAVE NATION'S HEALTH

## BALANCE SHEET 31 DECEMBER 2022

		31.12.22 Unrestricted fund £	31.12.21 Total funds £
<b>CURRENT ASSETS</b>	Notes		
Cash at bank		24,064	23,217
<b>CREDITORS</b>			
Amounts falling due within one year	4	(970)	(610)
<b>NET CURRENT ASSETS</b>		<u>23,094</u>	<u>22,607</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		23,094	22,607
<b>NET ASSETS</b>		<u>23,094</u>	<u>22,607</u>
<b>FUNDS</b>	5		
Unrestricted funds		<u>23,094</u>	<u>22,607</u>
<b>TOTAL FUNDS</b>		<u>23,094</u>	<u>22,607</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 18 September 2023 and were signed on its behalf by:



H Sarwar - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2022

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**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**TAXATION**

The charity is exempt from corporation tax on its charitable activities.

**FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the period ended 31 December 2021.

**TRUSTEES' EXPENSES**

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the period ended 31 December 2021.

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 DECEMBER 2022

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	29,500
<b>EXPENDITURE ON</b>	
Raising funds	5,993
<b>Charitable activities</b>	
Charitable activities	900
<b>Total</b>	<b>6,893</b>
<b>NET INCOME</b>	<b>22,607</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>22,607</b>

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.22 £	31.12.21 £
Other creditors	250	250
Accruals and deferred income	720	360
	<u>970</u>	<u>610</u>

5. MOVEMENT IN FUNDS

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
<b>Unrestricted funds</b>			
General fund	22,607	487	23,094
<b>TOTAL FUNDS</b>	<u>22,607</u>	<u>487</u>	<u>23,094</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	7,000	(6,513)	487
<b>TOTAL FUNDS</b>	<u>7,000</u>	<u>(6,513)</u>	<u>487</u>

5. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	Net movement in funds £	At 31.12.21 £
<b>Unrestricted funds</b>		
General fund	22,607	22,607
<b>TOTAL FUNDS</b>	<u>22,607</u>	<u>22,607</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	29,500	(6,893)	22,607
<b>TOTAL FUNDS</b>	<u>29,500</u>	<u>(6,893)</u>	<u>22,607</u>

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2022.

## SAVE NATION'S HEALTH

### DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2022

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	Year Ended 31.12.22 £	Period 10.7.20 to 31.12.21 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations received	7,000	29,500
<b>Total incoming resources</b>	7,000	29,500
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Postage and stationery	2,694	436
Subscriptions	336	1,026
Legal fees	-	1,190
Accountancy fees	360	360
IT, marketing and advertising	2,773	2,981
	6,163	5,993
<b>Charitable activities</b>		
Donations paid	350	900
<b>Total resources expended</b>	6,513	6,893
<b>Net income</b>	487	22,607

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This page does not form part of the statutory financial statements