

SAVE NATION'S HEALTH

England & Wales · Charity number 1190346

Details

Status Registered

Legal form CIO

Registered 2020-07-10

Register [View on the Charity Commission register](#)

Contact

Address Draycott Grange
Cheadle Road
Draycott
Stoke-On-Trent
ST11 9RQ

Phone 07446055463

Email hmd.sarv@gmail.com

Activities

Objects: 1.THE PRESERVATION AND PROTECTION OF HEALTH BY THE PROVISION OF SUPPORT TO ENSURE THE WELLBEING OF PEOPLE SUFFERING FROM LONG TERM CONDITIONS, MENTAL AND/OR PHYSICAL ILLNESS 2.THE PREVENTION OR RELIEF OF POVERTY BY PROVIDING OR ASSISTING IN THE PROVISION OF ALL THE NECESSARY SUPPORT DESIGNED TO ENABLE INDIVIDUALS TO IMPROVE THEIR QUALITY OF LIFE

Activities: The preservation of good health through the management of long term conditions Diabetes; Obesity and Coronary heart disease Enable disabled people to access financial support and help to improve their quality of life Develop understanding of how to manage health by raising public awareness

Classification

- **How:** Makes Grants To Individuals, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty
- **Who:** People With Disabilities, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£7,223	£850	-	-
2023-12-31	£5,333	£843	-	-
2022-12-31	£7,000	£6,513	-	-
2021-12-31	£29,500	£6,893	-	-

Trustees

Name	Role	Appointed
Dr Hamid Khan Sarwar	Chair	2020-07-01
Shaun Hurley		2020-07-01

SAVE NATION'S HEALTH

England & Wales - Charity number 1190346

Accounts

REGISTERED COMPANY NUMBER: CE022479 (England and Wales)
REGISTERED CHARITY NUMBER: 1190346

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024
FOR
SAVE NATION'S HEALTH**

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives are laid out in the Constitution and Grant making policy.

The charity was registered on 10 July 2020.

The current charitable objectives are the preservation and protection of health by the provision of support to ensure the wellbeing of people suffering from long term conditions, mental and/or physical illness. The prevention or relief of poverty by providing or assisting in the provision of all the necessary support designed to enable individuals to improve their quality of life.

ACHIEVEMENT AND PERFORMANCE

The charity received £7,223 from donations and incurred charitable expenses of £850, creating a surplus of £6,373.

FINANCIAL REVIEW

The financial activity of the charity is set out below. The balance of the free reserves available to cover administration costs is £33,957. The policy of the Trustees is to hold sufficient reserves to enable the trust to meet the expenses and liabilities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an incorporated charity.

The charity is managed by the Organiser, Dr H Sarwar, under the direct control of the Trustees.

Trustees are appointed by the board of trustees and serve indefinitely. The trustees meet annually to review all activities of the charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE022479 (England and Wales)

Registered Charity number

1190346

Registered office

Draycott Grange

Cheadle Road

Draycott

Stoke-on-Trent

ST11 9RQ

Trustees

Dr H Sarwar

S Hurley

SAVE NATION'S HEALTH

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 DECEMBER 2023

Approved by order of the board of trustees on 11 October 2024 and signed on its behalf by:

Dr H Sarwar - Trustee

SAVE NATION'S HEALTH

STATEMENT OF FINANCIAL ACTIVITIES

	<u>31/12/24</u> <u>Unrestricted</u> <u>Fund</u> £	<u>31/12/2023</u> <u>Total</u> <u>Funds</u> £
INCOME AND ENDOWMENTS FROM Donations and legacies	7,223	5,333
EXPENDITURE ON Raising funds	<u>850</u>	<u>843</u>
Charitable activities Charitable activities	<u>-</u>	<u>-</u>
TOTAL	<u>850</u>	<u>843</u>
NET INCOME	<u>6,373</u>	<u>4,490</u>
Funds B/Fwd	<u>27,584</u>	<u>23,094</u>
Total Funds C/Fwd	<u><u>33,957</u></u>	<u><u>27,584</u></u>

SAVE NATION'S HEALTH

England & Wales - Charity number 1190346

Accounts

REGISTERED COMPANY NUMBER: CE022479 (England and Wales)
REGISTERED CHARITY NUMBER: 1190346

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023
FOR
SAVE NATION'S HEALTH

SAVE NATION'S HEALTH

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

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SAVE NATION'S HEALTH

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives are laid out in the Constitution and Grant making policy.

The charity was registered on 10 July 2020.

The current charitable objectives are the preservation and protection of health by the provision of support to ensure the wellbeing of people suffering from long term conditions, mental and/or physical illness. The prevention or relief of poverty by providing or assisting in the provision of all the necessary support designed to enable individuals to improve their quality of life.

ACHIEVEMENT AND PERFORMANCE

The charity received £5,333 from donations and incurred charitable expenses of £843, creating a surplus of £4,490.

FINANCIAL REVIEW

The financial activity of the charity is set on pages 3 and 4. The balance of the free reserves available to cover administration costs is £27,584. The policy of the Trustees is to hold sufficient reserves to enable the trust to meet the expenses and liabilities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an incorporated charity.

The charity is managed by the Organiser, Dr H Sarwar, under the direct control of the Trustees.

Trustees are appointed by the board of trustees and serve indefinitely. The trustees meet annually to review all activities of the charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE022479 (England and Wales)

Registered Charity number

1190346

Registered office

Draycott Grange
Cheadle Road
Draycott
Stoke-on-Trent
ST11 9RQ

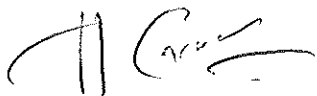
Trustees

Dr H Sarwar
S Hurley

SAVE NATION'S HEALTH

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2023**

Approved by order of the board of trustees on 11 October 2024 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'H Sarwar', with a stylized flourish at the end.

Dr H Sarwar - Trustee

SAVE NATION'S HEALTH

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2023

		31.12.23 Unrestricted fund £	31.12.22 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		5,333	7,000
EXPENDITURE ON			
Raising funds		843	6,163
Charitable activities			
Charitable activities		-	350
Total		843	6,513
NET INCOME		4,490	487
RECONCILIATION OF FUNDS			
Total funds brought forward		23,094	22,607
TOTAL FUNDS CARRIED FORWARD		<u>27,584</u>	<u>23,094</u>

The notes form part of these financial statements

SAVE NATION'S HEALTH

**BALANCE SHEET
31 DECEMBER 2023**

	Notes	31.12.23 Unrestricted fund £	31.12.22 Total funds £
CURRENT ASSETS			
Cash at bank		28,934	24,064
CREDITORS			
Amounts falling due within one year	4	(1,350)	(970)
NET CURRENT ASSETS		<u>27,584</u>	<u>23,094</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		27,584	23,094
NET ASSETS		<u>27,584</u>	<u>23,094</u>
FUNDS	5		
Unrestricted funds		<u>27,584</u>	<u>23,094</u>
TOTAL FUNDS		<u>27,584</u>	<u>23,094</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 October 2024 and were signed on its behalf by:

H Sarwar - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	7,000
EXPENDITURE ON	
Raising funds	6,163
Charitable activities	
Charitable activities	350
Total	<u>6,513</u>
NET INCOME	487
RECONCILIATION OF FUNDS	
Total funds brought forward	22,607
TOTAL FUNDS CARRIED FORWARD	<u><u>23,094</u></u>

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.23 £	31.12.22 £
Other creditors	610	250
Accruals and deferred income	740	720
	<u>1,350</u>	<u>970</u>

5. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	23,094	4,490	27,584
TOTAL FUNDS	<u>23,094</u>	<u>4,490</u>	<u>27,584</u>

5. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	5,333	(843)	4,490
TOTAL FUNDS	<u>5,333</u>	<u>(843)</u>	<u>4,490</u>

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	22,607	487	23,094
TOTAL FUNDS	<u>22,607</u>	<u>487</u>	<u>23,094</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,000	(6,513)	487
TOTAL FUNDS	<u>7,000</u>	<u>(6,513)</u>	<u>487</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	22,607	4,977	27,584
TOTAL FUNDS	<u>22,607</u>	<u>4,977</u>	<u>27,584</u>

5. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	12,333	(7,356)	4,977
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>12,333</u>	<u>(7,356)</u>	<u>4,977</u>

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.

SAVE NATION'S HEALTH

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2023

	31.12.23	31.12.22
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations received	5,333	7,000
Total incoming resources	5,333	7,000
EXPENDITURE		
Raising donations and legacies		
Postage and stationery	-	2,694
Subscriptions	360	336
Accountancy fees	380	360
IT, marketing and advertising	103	2,773
	843	6,163
Charitable activities		
Donations paid	-	350
Total resources expended	843	6,513
Net income	4,490	487

This page does not form part of the statutory financial statements

SAVE NATION'S HEALTH

England & Wales - Charity number 1190346

Accounts

REGISTERED COMPANY NUMBER: CE022479 (England and Wales)
REGISTERED CHARITY NUMBER: 1190346

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022
FOR
SAVE NATION'S HEALTH**

SAVE NATION'S HEALTH

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

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SAVE NATION'S HEALTH

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives are laid out in the Constitution and Grant making policy.

The charity was registered on 10 July 2020.

The current charitable objectives are the preservation and protection of health by the provision of support to ensure the wellbeing of people suffering from long term conditions, mental and/or physical illness. The prevention or relief of poverty by providing or assisting in the provision of all the necessary support designed to enable individuals to improve their quality of life.

ACHIEVEMENT AND PERFORMANCE

The charity received £7,000 from donations and incurred charitable expenses of £6,549, creating a surplus of £451.

FINANCIAL REVIEW

The financial activity of the charity is set on pages 3 and 4. The balance of the free reserves available to cover administration costs is £23,058. The policy of the Trustees is to hold sufficient reserves to enable the trust to meet the expenses and liabilities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an incorporated charity.

The charity is managed by the Organiser, Dr H Sarwar, under the direct control of the Trustees.

Trustees are appointed by the board of trustees and serve indefinitely. The trustees meet annually to review all activities of the charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE022479 (England and Wales)

Registered Charity number

1190346

Registered office

Draycott Grange
Cheadle Road
Draycott
Stoke-on-Trent
ST11 9RQ

Trustees

Dr H Sarwar
S Hurley
C Slinn

SAVE NATION'S HEALTH

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022**

Approved by order of the board of trustees on 18 September 2023 and signed on its behalf by:



Dr H Sarwar - Trustee

SAVE NATION'S HEALTH

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022**

	Notes	Year Ended 31.12.22 Unrestricted fund £	Period 10.7.20 to 31.12.21 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		7,000	29,500
		<hr/>	<hr/>
EXPENDITURE ON			
Raising funds		6,163	5,993
Charitable activities			
Charitable activities		350	900
		<hr/>	<hr/>
Total		6,513	6,893
		<hr/>	<hr/>
NET INCOME		487	22,607
RECONCILIATION OF FUNDS			
Total funds brought forward		22,607	-
		<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD		23,094	22,607
		<hr/> <hr/>	<hr/> <hr/>

The notes form part of these financial statements

SAVE NATION'S HEALTH

**BALANCE SHEET
31 DECEMBER 2022**

	Notes	31.12.22 Unrestricted fund £	31.12.21 Total funds £
CURRENT ASSETS			
Cash at bank		24,064	23,217
CREDITORS			
Amounts falling due within one year	4	(970)	(610)
NET CURRENT ASSETS		<u>23,094</u>	<u>22,607</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		23,094	22,607
NET ASSETS		<u>23,094</u>	<u>22,607</u>
FUNDS	5		
Unrestricted funds		<u>23,094</u>	<u>22,607</u>
TOTAL FUNDS		<u>23,094</u>	<u>22,607</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 18 September 2023 and were signed on its behalf by:



H Sarwar - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the period ended 31 December 2021.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the period ended 31 December 2021.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	29,500
EXPENDITURE ON	
Raising funds	5,993
Charitable activities	
Charitable activities	900
Total	<u>6,893</u>
NET INCOME	22,607
TOTAL FUNDS CARRIED FORWARD	<u><u>22,607</u></u>

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.22 £	31.12.21 £
Other creditors	250	250
Accruals and deferred income	720	360
	<u>970</u>	<u>610</u>

5. MOVEMENT IN FUNDS

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	22,607	487	23,094
TOTAL FUNDS	<u>22,607</u>	<u>487</u>	<u>23,094</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,000	(6,513)	487
TOTAL FUNDS	<u>7,000</u>	<u>(6,513)</u>	<u>487</u>

SAVE NATION'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022

5. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	Net movement in funds £	At 31.12.21 £
Unrestricted funds		
General fund	22,607	22,607
TOTAL FUNDS	<u>22,607</u>	<u>22,607</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,500	(6,893)	22,607
TOTAL FUNDS	<u>29,500</u>	<u>(6,893)</u>	<u>22,607</u>

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2022.

SAVE NATION'S HEALTH

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022**

	Year Ended 31.12.22 £	Period 10.7.20 to 31.12.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations received	7,000	29,500
Total incoming resources	7,000	29,500
EXPENDITURE		
Raising donations and legacies		
Postage and stationery	2,694	436
Subscriptions	336	1,026
Legal fees	-	1,190
Accountancy fees	360	360
IT, marketing and advertising	2,773	2,981
	6,163	5,993
Charitable activities		
Donations paid	350	900
Total resources expended	6,513	6,893
Net income	487	22,607

This page does not form part of the statutory financial statements

SAVE NATION'S HEALTH

England & Wales - Charity number 1190346

Accounts

REGISTERED COMPANY NUMBER: CE022479 (England and Wales)
REGISTERED CHARITY NUMBER: 1190346

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE PERIOD 10 JULY 2020 TO 31 DECEMBER 2021
FOR
SAVE NATION'S HEALTH

SAVE NATION'S HEALTH

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE PERIOD 10 JULY 2020 TO 31 DECEMBER 2021**

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SAVE NATION'S HEALTH

REPORT OF THE TRUSTEES FOR THE PERIOD 10 JULY 2020 TO 31 DECEMBER 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the period 10 July 2020 to 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

INCORPORATION

The charitable company was incorporated on 10 July 2020 and commenced trading on the same date.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives are laid out in the Constitution and Grant making policy.

The charity was registered on 10 July 2020.

The current charitable objectives are the preservation and protection of health by the provision of support to ensure the wellbeing of people suffering from long term conditions, mental and/or physical illness. The prevention or relief of poverty by providing or assisting in the provision of all the necessary support designed to enable individuals to improve their quality of life.

ACHIEVEMENT AND PERFORMANCE

The charity received £29,500 from donations and incurred charitable expenses of £6,893, creating a surplus of £22,607.

FINANCIAL REVIEW

The financial activity of the charity is set on pages 3 and 4. The balance of the free reserves available to cover administration costs is £22,067. The policy of the Trustees is to hold sufficient reserves to enable the trust to meet the expenses and liabilities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an incorporated charity.

The charity is managed by the Organiser, Dr H Sarwar, under the direct control of the Trustees.

Trustees are appointed by the board of trustees and serve indefinitely. The trustees meet annually to review all activities of the charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE022479 (England and Wales)

Registered Charity number

1190346

Registered office

Draycott Grange
Cheadle Road
Draycott
Stoke-on-Trent
ST11 9RQ

Trustees

Dr H Sarwar
S Hurley
C Slinn

SAVE NATION'S HEALTH

**REPORT OF THE TRUSTEES
FOR THE PERIOD 10 JULY 2020 TO 31 DECEMBER 2021**

Approved by order of the board of trustees on 20 October 2022 and signed on its behalf by:

Dr H Sarwar - Trustee

SAVE NATION'S HEALTH

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 10 JULY 2020 TO 31 DECEMBER 2021**

	Notes	Unrestricted fund £
INCOME AND ENDOWMENTS FROM		
Donations and legacies		<u>29,500</u>
EXPENDITURE ON		
Raising funds		5,993
Charitable activities		
Charitable activities		<u>900</u>
Total		<u>6,893</u>
NET INCOME		<u>22,607</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>22,607</u></u>

The notes form part of these financial statements

SAVE NATION'S HEALTH

BALANCE SHEET 31 DECEMBER 2021

	Notes	Unrestricted fund £
CURRENT ASSETS		
Cash at bank		23,217
CREDITORS		
Amounts falling due within one year	3	(610)
NET CURRENT ASSETS		<u>22,607</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>22,607</u>
NET ASSETS		<u>22,607</u>
FUNDS	4	
Unrestricted funds		<u>22,607</u>
TOTAL FUNDS		<u>22,607</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 December 2021.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 October 2022 and were signed on its behalf by:

H Sarwar - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 December 2021.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 December 2021.

SAVE NATION'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE PERIOD 10 JULY 2020 TO 31 DECEMBER 2021

3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Other creditors	250
Accruals and deferred income	360
	<u>610</u>

4. MOVEMENT IN FUNDS

	Net movement in funds £	At 31.12.21 £
Unrestricted funds		
General fund	22,607	22,607
	<u>22,607</u>	<u>22,607</u>
TOTAL FUNDS	<u>22,607</u>	<u>22,607</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,500	(6,893)	22,607
	<u>29,500</u>	<u>(6,893)</u>	<u>22,607</u>
TOTAL FUNDS	<u>29,500</u>	<u>(6,893)</u>	<u>22,607</u>

5. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 December 2021.

SAVE NATION'S HEALTH

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 10 JULY 2020 TO 31 DECEMBER 2021**

£

INCOME AND ENDOWMENTS

Donations and legacies

Donations received 29,500

Total incoming resources 29,500

EXPENDITURE

Raising donations and legacies

Postage and stationery 436

Subscriptions 1,026

Legal fees 1,190

Accountancy fees 360

IT and marketing 2,981

5,993

Charitable activities

Donations paid 900

Total resources expended 6,893

Net income 22,607

This page does not form part of the statutory financial statements