

# BRIGHTSPARKS ARTS IN MENTAL HEALTH CIO

England & Wales · Charity number 1190327

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2020-07-09

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Beaumont Leys Health Centre  
1 Little Wood Close  
Leicester  
LE4 0UZ

**Phone** 07795475806

**Email** [office@brightsparksarts.uk](mailto:office@brightsparksarts.uk)

**Website** [www.brightsparksarts.uk](http://www.brightsparksarts.uk)

## Activities

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**Objects:** THE OBJECT OF THE CIO IS TO PROTECT AND PROMOTE GOOD HEALTH AMONG PEOPLE EXPERIENCING MENTAL HEALTH CONDITIONS, IN PARTICULAR THROUGH THE PROVISION OF ARTS-BASED ACTIVITIES AND IN SUCH OTHER WAYS AS THE TRUSTEES THINK FIT.

**Activities:** BrightSparks Arts provides creative opportunities for people living with mental health conditions in the regions of Leicestershire and Northamptonshire to enable them to build self esteem, develop skills and challenge stigma. BSA delivers workshops, projects, events, exhibitions and publications to showcase the work of participants, and provides advocacy and advice to organisations/ the public.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

## Geography

- Leicester City
- Leicestershire
- Northamptonshire
- Nottingham City
- Nottinghamshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-19	£125,501	£112,746	-	-
2024-07-19	£102,295	£102,630	-	-
2023-07-19	£80,281	£87,386	-	-
2022-07-19	£117,663	£67,473	-	-
2021-07-19	£73,774	£63,274	-	-

## Trustees

Name	Role	Appointed
Charlotte Richardson		2025-03-07
Damola Hazzan		2025-03-07
Elizabeth Haynes		2023-06-28
Grant Paton		2025-03-07
James Sheridan		2025-03-07
Joe Nixon		2020-11-26
Naishad Chhatralia		2024-12-06
Norman Leet		2024-03-08
Steve Dyer		2020-11-26
Suzanne Elliott		2020-11-26

**BRIGHTSPARKS ARTS IN MENTAL HEALTH CIO**

England & Wales - Charity number 1190327

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# Accounts

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**BRIGHTSPARKS ARTS IN MENTAL HEALTH  
TRUSTEES' REPORT AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 19 JULY 2025**

## BrightSparks Arts in Mental Health Contents

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# BrightSparks Arts in Mental Health Trustees' Report For The Year Ended 19 July 2025

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The trustees present their report and the financial statements for the year ended 19 July 2025.

## Objectives and Activities

### Aims and Objectives

Our mission is to challenge stigma and advocate for the social value of therapeutic creative health by building supportive groups, through a range of creative projects and events informed by our community. We will deliver regular accessible opportunities. Generating positive stories using a service user led creative health approach with our projects and events. Where we showcase talents. Offering opportunities to share and celebrate our community

## Achievements and Performance

### Main Achievements

This financial year has seen further development within BrightSparks Arts. We have been able to build upon the brand and reputation of BrightSparks Arts and working in partnership and co-creating our projects and delivery with Leicestershire Partnership NHS Trust and University Hospitals of Leicester NHS Trust and other key partners and funders.

The Arts in Mental Health Coordinators at Leicestershire Partnership NHS Trust (LPT), Tim Sayers and Lydia Towsey (also the founders of BrightSparks Arts), have been in post since 2007 and much of the work on the wards at the Bradgate Mental Health Unit and in the broader BrightSparks Arts mental health community led by them both continues to flourish. Delivering programmes and projects with Music, Writing and Poetry, visual arts, photography, gardening and comedy.

In addition, the Comedy Asylum team (Rob Gee, Oli Sheridan and Sam Kitson) have further developed the team and reach of comedy asylum. In Kettering in collaboration with Loz Anstey, a spoken word artist based in Northamptonshire, to deliver and grow the reach of our programme, funded by The Big Lottery, and with Anna Leigh Knight and team delivering Comedy Asylum to Melton Mowbray. Now in its eighth year, the Comedy Asylum is well established in Leicester, Leicestershire and Kettering and has formed the basis of a new Creative Health service that we are developing with NHS and community partners in Northamptonshire. We plan to extend our fundraising into the coming year to support this expansion of provision.

We have extended our comedy offer to include Humour Hubs, which are rurally based comedy workshops in Leicestershire, funded by the Integrated Care Board for the fourth year. Through this project, we've established two groups in Melton Mowbray and offer regular sessions in three other locations, with plans for a third group in collaboration with the Community Mental Health Employment Team in South Wigston.

From a governance and strategic direction, we continue to have a user group committee which decides on the future direction of BrightSparks, and this remains a well-attended meeting by twenty mental health service users, three times a year and allows focus for the future to come from the users of BrightSparks work.

Building on 2023/24, we delivered a more ambitious programme at the Leicester Riverside Festival which gives all our users and community a chance to come and showcase and celebrate their work with a broader audience in a safe environment. Having secured the next 2 years funding for the festival we are hopeful we will continue to stage the amazing work and talent of the BrightSparks Arts user community. The festival showcases our participants' work in music, poetry, gardening, arts/design and photography, as well as offering opportunities for the public to engage in our work. The festival has significantly expanded due to the partnerships we've developed with Leicester City Council, Handbeam (a deaf artist collective), Leicester College, the Creative Health and Heritage Centre at UHL and creative producer Emma Fay. Through this work we've secured sponsorship from three organisations and plan to develop this income stream in the coming year.

We are proud to be running all the projects and art streams we described in 2023/24's annual report and with the ongoing hard work of Sallie Varnam and the business development team we are continuing to build more opportunities to a diverse mental health community, their families, friends and colleagues and continue the positive impact this has on the local communities.

## Financial Review

# BrightSparks Arts in Mental Health Trustees' Report (continued) For The Year Ended 19 July 2025

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## Financial Position

The results for the year ending 19 July 2025 are shown in the Statement of Financial Activities.

This, together with the Balance Sheet, should be read with the related notes which have been prepared in accordance with the Charities SORP 2019 (FRS 102).

Total income for the year amounted to £125,501 (2024: £102,294). The principal funding source continued to be grant income. The charity does not carry out significant fundraising activities.

Total expenditure for the year amounted to £112,746 (2024: £102,630). A breakdown of expenditure is set out in the notes to the financial statements.

After transfers between funds, there was a surplus on unrestricted funds for year totalling £5,815 and a surplus on restricted funds totalling £6,940. This has resulted in a total increase for the year of £12,755.

The funds of the charity at the year-end totalled £189,813 which comprise restricted funds of £146,381 and unrestricted funds of £43,432.

## Reserves Policy

Reserves are needed to cover items of expenditure not covered by project income. The reserves policy of the Board of Trustees is to designate funds for ongoing projects which are not funded through grant income (£10,343) and to cover c.6 months of a project worker salary (£18,000), this currently equates to £28,343. This leaves an unrestricted (free) reserves balance of £15,089.

## Reference and Administrative Details

### Trustees

J Nixon  
N Leet  
S Elliott  
S Dyers  
E Haynes  
N Chhatralia (appointed 06/12/2024)  
G Paton (appointed 07/03/2025)  
D Hazzan (appointed 07/03/2025)  
J Sheridan (appointed 07/03/2025)  
C Richardson (appointed 07/03/2025)

### Charity Number

1190327

### Principal Address

Suite P1  
Bridge Park Road  
Thurmaston  
LE4 8PQ

### Independent Examiner

I Hate Numbers ACCA  
I Hate Numbers  
ACCA  
29-35 Forester Building  
St. Nicholas Place  
Leicester  
Leicestershire  
LE1 4LD

**BrightSparks Arts in Mental Health  
Trustees' Report (continued)  
For The Year Ended 19 July 2025**

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The trustees' report was approved by the board of trustees and signed on its behalf by:

E Haynes

Trustee

17/05/2026

**BrightSparks Arts in Mental Health**  
**Independent Examiner's Report to the Trustees of BrightSparks Arts in Mental Health**  
**For The Year Ended 19 July 2025**

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I report to the trustees on my examination of the accounts of BrightSparks Arts in Mental Health (the Trust) for the year ended 19 July 2025.

**Responsibilities and Basis of Report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent Examiner's Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

I Hate Numbers ACCA  
17/05/2026  
29-35 Forester Building  
St. Nicholas Place  
Leicester  
Leicestershire  
LE1 4LD

**BrightSparks Arts in Mental Health  
Statement of Financial Activities  
For The Year Ended 19 July 2025**

		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2025 Total funds</b>	<b>2024 Total funds</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>INCOME AND ENDOWMENTS FROM:</b>					
Donations and legacies	<b>3</b>	1,225	1,886	3,111	2,598
Charitable activities:					
Development & Fundraising		934	121,456	122,390	99,696
		<u>2,159</u>	<u>123,342</u>	<u>125,501</u>	<u>102,294</u>
<b>EXPENDITURE ON:</b>					
Raising funds	<b>4</b>	(1,219)	(8,783)	(10,002)	(13,474)
Charitable activities:	<b>4</b>				
Project & Workshop Delivery		(5,475)	(97,269)	(102,744)	(89,156)
		<u>(6,694)</u>	<u>(106,052)</u>	<u>(112,746)</u>	<u>(102,630)</u>
<b>NET INCOME/(EXPENDITURE)</b>		(4,535)	17,290	12,755	(336)
Transfers between funds	<b>10</b>	10,350	(10,350)	-	-
<b>NET MOVEMENT IN FUNDS</b>		5,815	6,940	12,755	(336)
<b>RECONCILIATION OF FUNDS:</b>					
Total funds brought forward		37,617	139,441	177,058	177,394
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>10</b>	<u><u>43,432</u></u>	<u><u>146,381</u></u>	<u><u>189,813</u></u>	<u><u>177,058</u></u>

The notes on pages 8 to 12 form part of these financial statements.

**BrightSparks Arts in Mental Health  
Comparative Statement of Financial Activities  
For The Year Ended 19 July 2025**

		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2024 Total funds</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>INCOME AND ENDOWMENTS FROM:</b>				
Donations and legacies	<b>3</b>	1,671	927	2,598
Charitable activities:				
Development & Fundraising		20	99,676	99,696
		1,691	100,603	102,294
<b>EXPENDITURE ON:</b>				
Raising funds	<b>4</b>	-	(13,474)	(13,474)
Charitable activities:	<b>4</b>			
Project & Workshop Delivery		(1,741)	(87,415)	(89,156)
		(1,741)	(100,889)	(102,630)
<b>NET EXPENDITURE</b>		(50)	(286)	(336)
<b>NET MOVEMENT IN FUNDS</b>		(50)	(286)	(336)
<b>RECONCILIATION OF FUNDS:</b>				
Total funds brought forward		37,667	139,727	177,394
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>10</b>	37,617	139,441	177,058

The notes on pages 8 to 12 form part of these financial statements.

**BrightSparks Arts in Mental Health  
Statement of Financial Position  
As At 19 July 2025**

		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2025 Total funds</b>	<b>2024 Total funds</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>FIXED ASSETS</b>					
Tangible Assets	<b>7</b>	283	-	283	423
		283	-	283	423
<b>CURRENT ASSETS</b>					
Debtors	<b>8</b>	591	-	591	5,797
Cash at bank and in hand		47,023	145,825	192,848	174,718
		47,614	145,825	193,439	180,515
<b>Creditors: Amounts Falling Due Within One Year</b>	<b>9</b>	(3,909)	-	(3,909)	(3,880)
<b>NET CURRENT ASSETS (LIABILITIES)</b>		43,705	145,825	189,530	176,635
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		43,988	145,825	189,813	177,058
<b>NET ASSETS</b>		43,988	145,825	189,813	177,058
<b>FUNDS OF THE CHARITY</b>					
Restricted Funds				146,381	139,441
Unrestricted Funds				43,432	37,617
<b>TOTAL FUNDS</b>	<b>10</b>			189,813	177,058

From £43,432 Unrestricted funds: £28,243 has been allocated as designated reserved, reaming £15,089 as unrestricted reserves.

The financial statements were approved by the board of trustees on 17 May 2026 and were signed on its behalf by:

E Haynes  
Trustee

The notes on pages 8 to 12 form part of these financial statements.

# BrightSparks Arts in Mental Health Notes to the Financial Statements For The Year Ended 19 July 2025

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## 1. General Information

BrightSparks Arts in Mental Health is a charitable incorporated organisation registered with the Charity Commission, registered charity number 1190327. The principal address is Suite P1, Bridge Park Road, Thurmaston, LE4 8PQ.

## 2. Accounting Policies

### 2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

The charity is a Public Benefit Entity as defined by FRS 102.

### 2.2. Incoming Resources

Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

### 2.3. Resources Expended

Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

#### Expenditure on raising funds

These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs

#### Expenditure on charitable activities

These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

### 2.4. Tangible Fixed Assets and Depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures & Fittings	33% Reducing balance
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### 2.5. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

**BrightSparks Arts in Mental Health**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 19 July 2025**

**3. Income from Donations and Legacies**

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2025 Total funds</b>	<b>2024 Total funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Donations and gifts	1,225	1,886	3,111	2,598

**4. Analysis of Expenditure**

	<b>Activities undertaken directly</b>	<b>Support costs</b> <small>(see note 5)</small>	<b>2025 Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Raising funds	-	10,002	10,002
Project & Workshop Delivery	100,004	2,740	102,744
	100,004	12,742	112,746

	<b>Activities undertaken directly</b>	<b>Support costs</b> <small>(see note 5)</small>	<b>2024 Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Raising funds	-	13,474	13,474
Project & Workshop Delivery	84,858	4,298	89,156
	84,858	17,772	102,630

**5. Support Costs**

	<b>Raising funds</b>	<b>Project &amp; Workshop Delivery</b>	<b>2025 Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
General administration	10,002	2,600	12,602
Depreciation	-	140	140
	10,002	2,740	12,742

	<b>Raising funds</b>	<b>Project &amp; Workshop Delivery</b>	<b>2024 Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
General administration	13,474	4,090	17,564
Depreciation	-	208	208
	13,474	4,298	17,772

**BrightSparks Arts in Mental Health**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 19 July 2025**

**6. Average Number of Employees**

Average number of employees during the year was: NIL (2024: NIL)

**7. Tangible Assets**

	<b>Fixtures &amp; Fittings</b> <b>£</b>
<b>Cost</b>	
As at 20 July 2024	1,406
As at 19 July 2025	1,406
<b>Depreciation</b>	
As at 20 July 2024	983
Provided during the period	140
As at 19 July 2025	1,123
<b>Net Book Value</b>	
As at 19 July 2025	283
As at 20 July 2024	423

**8. Debtors**

	<b>2025</b> <b>£</b>	<b>2024</b> <b>£</b>
<b>Due within one year</b>		
Other debtors	591	5,797

**9. Creditors: Amounts Falling Due Within One Year**

	<b>2025</b> <b>£</b>	<b>2024</b> <b>£</b>
Accruals and deferred income	3,909	3,880

**BrightSparks Arts in Mental Health**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 19 July 2025**

**10. Movement in Funds**

	<b>As at 20 July 2024</b>	<b>Income</b>	<b>Expenditure</b>	<b>Transfers</b>	<b>As at 19 July 2025</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>					
General:					
General unrestricted fund	37,617	2,159	(6,694)	(17,993)	15,089
Designated:					
Designated	-	-	-	28,343	28,343
<b>Total unrestricted funds</b>	<b>37,617</b>	<b>2,159</b>	<b>(6,694)</b>	<b>10,350</b>	<b>43,432</b>
<b>Restricted funds</b>					
Green Room Gardeners	7,021	168	(1,801)	-	5,388
House of Circus	110	20	1	-	131
Pictures + framing	3,066	500	(96)	-	3,470
All for One Vaccine	6,042	-	-	-	6,042
All Together National Lottery	2,739	-	-	-	2,739
Arts Workshops	2,048	1,880	(3,234)	-	694
Attenborough Art	1,904	-	-	-	1,904
BLF Comedy Asylum	48,686	61,884	(58,720)	(13,350)	38,500
Comedy on the Bus	3,509	-	-	-	3,509
MHSCE Arts Workshops	660	-	(194)	-	466
MHSCE Sounds Inc.	3,523	-	(33)	-	3,490
Painting for Wellbeing	1,202	-	-	-	1,202
Remote art	3,593	-	-	-	3,593
Riverside Festival 2022	3,044	6,629	(7,669)	3,000	5,004
School of Comedy	11,300	-	(6,306)	-	4,994
Smoothie Launch Fund	5,685	-	(2,980)	-	2,705
Comedy Wellbeing Hubs	120	-	-	-	120
Community Matters	1,911	-	-	-	1,911
Humour Hubs	25,449	31,755	(21,417)	-	35,787
Other Funds	6,129	-	(1,923)	-	4,206
MishMash	-	20,000	(1,680)	-	18,320
Save The World	-	500	-	-	500
Word!	1,700	6	-	-	1,706
<b>Total restricted funds</b>	<b>139,441</b>	<b>123,342</b>	<b>(106,052)</b>	<b>(10,350)</b>	<b>146,381</b>
<b>Total funds</b>	<b>177,058</b>	<b>125,501</b>	<b>(112,746)</b>	<b>-</b>	<b>189,813</b>

**BrightSparks Arts in Mental Health**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 19 July 2025**

	As at 20 July 2023	Income	Expenditure	As at 19 July 2024
	£	£	£	£
<b>Unrestricted funds</b>				
General:				
General unrestricted fund	37,667	1,691	(1,741)	37,617
<b>Restricted funds</b>				
Green Room Gardeners	3,762	5,292	(2,033)	7,021
House of Circus	291	19	(200)	110
Pictures + framing	2,407	659	(1)	3,065
All for One Vaccine	6,042	-	-	6,042
All Together National Lottery	6,570	-	(3,831)	2,739
Arts Workshops	960	1,963	(875)	2,048
Attenborough Art	1,904	-	-	1,904
BLF Comedy Asylum	25,589	57,379	(34,282)	48,686
Comedy on the Bus	3,509	-	-	3,509
MHSCE Arts Workshops	922	-	(262)	660
MHSCE Sounds Inc.	3,618	-	(95)	3,523
Painting for Wellbeing	1,202	-	-	1,202
Remote art	3,593	-	-	3,593
Riverside Festival 2022	2,102	-	942	3,044
School of Comedy	36,220	-	(24,920)	11,300
Smoothie Launch Fund	13,580	-	(7,895)	5,685
Restricted Cash	1,700	-	-	1,700
Comedy Wellbeing Hubs	19,876	(292)	(19,464)	120
Community Matters	581	1,750	(420)	1,911
Humour Hubs	-	29,507	(4,058)	25,449
Other Funds	5,299	4,326	(3,495)	6,130
<b>Total restricted funds</b>	<u>139,727</u>	<u>100,603</u>	<u>(100,889)</u>	<u>139,441</u>
<b>Total funds</b>	<u><u>177,394</u></u>	<u><u>102,294</u></u>	<u><u>(102,630)</u></u>	<u><u>177,058</u></u>

**11. Transactions with Trustees**

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

**12. Related Party Disclosures**

**BrightSparks Arts in Mental Health  
Detailed Statement of Financial Activities  
For The Year Ended 19 July 2025**

	<b>2025</b>	<b>2024</b>
	<b>Total funds</b>	<b>Total funds</b>
	<b>£</b>	<b>£</b>
<b>INCOME AND ENDOWMENTS FROM:</b>		
<b>Donations and legacies</b>		
Donations and gifts	3,111	2,598
	3,111	2,598
<b>Charitable Activities:</b>		
<b>Development &amp; Fundraising</b>		
Funding	7,898	66,811
Grants	113,639	32,615
Income from shows / performances	269	270
Sales	584	-
	122,390	99,696
	125,501	102,294
<b>EXPENDITURE ON:</b>		
<b>Raising funds</b>		
Advertising and marketing costs	(2,614)	(13,474)
Development + fundraising costs	(7,389)	-
Sundry expenses	1	-
	(10,002)	(13,474)
<b>Charitable Activities:</b>		
<b>Project &amp; Workshop Delivery</b>		
Project & Workshop Delivery	(96,054)	(78,546)
Venue cost	(3,443)	(3,312)
Materials	(507)	-
Other direct costs	-	(3,000)
Insurance	(572)	(582)
Staff-Training	(837)	(2,954)
Accountancy fees	(816)	(554)
Refreshments and hospitality	(375)	-
Depreciation	(140)	(208)
	(102,744)	(89,156)
	(112,746)	(102,630)
<b>NET INCOME/(EXPENDITURE)</b>	12,755	(336)

**BRIGHTSPARKS ARTS IN MENTAL HEALTH CIO**

England & Wales - Charity number 1190327

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# Accounts

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BrightSparks Arts in Mental Health

Charity No. 1190327

Company No. CE022464

Trustees' Report and Unaudited Accounts

19 July 2024

BrightSparks Arts in Mental Health  
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The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 19 July 2024.

#### REFERENCE AND ADMINISTRATIVE DETAILS

Company No. CE022464

Charity No. 1190327

Principal Office

Leicestershire Partnership Trust  
Suite P1  
Bridge Park Road  
Thurmaston  
Leicester LE4 8PQ  
Registered Office

Leicestershire Partnership  
Beaumont Leys Health Centre  
Little Wood Road  
Leicester  
LE4 0UZ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

S. Dyer

S. Elliott

E. Haynes

N. Leet

J. Nixon

Accountants

I Hate Numbers Limited  
Forester Building  
29-35 St Nicholas Place  
Leicester  
LE1 4LD

Bankers

The co-operative bank

#### OBJECTIVES AND ACTIVITIES

Our purpose is to protect and promote good health amongst people experiencing mental health conditions by providing creative opportunities for people living with mental health conditions in Leicester/Shire and beyond. The aim is to build self-esteem, develop skills and challenge stigma. We deliver workshops, projects, events, exhibitions and publications to showcase the work of participants, and provide advocacy and advice to organisation and the public.

#### ACHIEVEMENTS AND PERFORMANCE

Our coordinators have:

- Remained dedicated to delivering a programme of artistic projects, in partnership with other organisations, across in-patient areas and the community, involving a range of different service users.
- Been highly successful in engaging 'hard to reach' and vulnerable mental health service users in their work.
- Continued to expand, not only their own range of projects, but also by supporting external partners in delivering high quality arts in mental health work.
- Been essential in delivering an evidence-based recovery focused model of care, allowing service users to develop positive creative identities whilst engaging in meaningful artistic activity, leading to becoming more of an inclusive part of the communities in which they live.

Examples of this work being:

- Mish Mash a newly Lottery funding programme for inpatient men using music as a medium for recovery.
- Developing the Green Room Gardeners, which is now at capacity.
- Look a Lady Ukelele a project for South Asian Women to express their voice and empower themselves.
- Comedy Asylum and Humour Hubs continue to gain new members and develop new materials putting on shows at the Attenborough Arts.
  - Smoothie collective putting their music together, performing and hosting open mic nights.
- Have developed our board and governance to be more representative of our mental health community with 5 members with lived experience of severe and enduring mental health now making up the board.

Through the above activity we continue to deliver an evidence-based recovery focused model of care, allowing service users to develop positive creative identities whilst engaging in meaningful artistic activity, leading to becoming more of an inclusive part of the communities in which they live.

We, through our Co-ordinators, have become a very much valued service within the Leicestershire Partnership Trust and have promoted a positive image of the Trust, and our service users, to other organisations and the wider community.

#### FINANCIAL REVIEW

The results for the year ending 19 July 2024 are shown in the Statement of Financial Activities on page 5. This, together with the Balance Sheet on page 6, should be read with the related notes which have been prepared in accordance with the Charities SORP 2019 (FRS 102).

Total income for the year amounted to £102295 (2023: £80281). The principal funding source continued to be grant income. The charity does not carry out significant fundraising activities.

Total expenditure for the year amounted to £102630 (2022: £87386). A breakdown of expenditure is set out in the notes to the financial statements.

After transfers between funds, there was a deficit on unrestricted funds for year totalling £49 and a deficit on restricted funds totalling £286. This has resulted in a total decrease for the year of £335.

The funds of the charity at the year end totalled £177059 which comprise restricted funds of £139441 and unrestricted funds of £37618.

#### Reserves

Reserves are needed to cover items of expenditure not covered by project income. The reserves policy of the Board of Trustees is currently under review. However, current unrestricted reserves balance of £37618 is deemed sufficient to meet any unexpected falls in income or exceptional expenditure in the near future.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

J. Nixon  
Trustee  
12 May 2025

I report to the charity trustees on my examination of the financial statements of BrightSparks Arts in Mental Health for the year ended 19 July 2024.

#### Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mahmood Reza FCCA  
I Hate Numbers Limited  
Forester Building  
29-35 St Nicholas Place  
Leicester

LE1 4LD  
12 May 2025

BrightSparks Arts in Mental Health  
Statement of Financial Activities  
for the year ended 19 July 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income and endowments from:					
Donations and legacies	4	1,672	927	2,599	13,212
Charitable activities	5	20	99,676	99,696	67,069
Total		1,692	100,603	102,295	80,281
Expenditure on:					
Raising funds	6	-	3,000	3,000	4,517
Charitable activities	7	605	77,941	78,546	75,215
Other	8	1,135	19,949	21,084	7,654
Total		1,741	100,889	102,630	87,386
Net gains on investments		-	-	-	-
Net expenditure	9	(49)	(286)	(335)	(7,105)
Transfers between funds		-	-	-	-
Net expenditure before other gains/(losses)		(49)	(286)	(335)	(7,105)
Other gains and losses					
Net movement in funds		(49)	(286)	(335)	(7,105)
Reconciliation of funds:					
Total funds brought forward		37,667	139,727	177,394	184,499
Total funds carried forward		37,618	139,441	177,059	177,394

BrightSparks Arts in Mental Health  
 Summary Income and Expenditure Account  
 for the year ended 19 July 2024

	2024 £	2023 £
Income	102,295	80,281
Gross income for the year	<u>102,295</u>	<u>80,281</u>
Expenditure	102,422	87,075
Depreciation and charges for impairment of fixed assets	208	311
Total expenditure for the year	<u>102,630</u>	<u>87,386</u>
Net expenditure before tax for the year	(335)	(7,105)
Net expenditure for the year	<u><u>(335)</u></u>	<u><u>(7,105)</u></u>

BrightSparks Arts in Mental Health

Balance Sheet

at 19 July 2024

Company No. CE022464	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	11	423	631
		<u>423</u>	<u>631</u>
Current assets			
Debtors	12	5,797	466
Cash at bank and in hand		174,718	177,706
		<u>180,515</u>	<u>178,172</u>
Creditors: Amount falling due within one year	13	(3,879)	(1,409)
Net current assets		<u>176,636</u>	<u>176,763</u>
Total assets less current liabilities		<u>177,059</u>	<u>177,394</u>
Net assets excluding pension asset or liability		<u>177,059</u>	<u>177,394</u>
Total net assets		<u><u>177,059</u></u>	<u><u>177,394</u></u>
The funds of the charity			
Restricted funds	14		
Restricted income funds		139,441	139,727
		<u>139,441</u>	<u>139,727</u>
Unrestricted funds	14		
General funds		37,618	37,667
		<u>37,618</u>	<u>37,667</u>
Reserves	14		
Total funds		<u><u>177,059</u></u>	<u><u>177,394</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 19 July 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 12 May 2025

And signed on its behalf by:

J. Nixon  
Trustee  
12 May 2025

BrightSparks Arts in Mental Health  
Statement of Cash flows  
for the year ended 19 July 2024

	2024 £	2023 £
Cash flows from operating activities		
Net expenditure per Statement of Financial Activities	(335)	(7,105)
Adjustments for:		
Depreciation of property, plant and equipment	208	775
Other gains/losses	-	-
Increase in trade and other receivables	(5,331)	(57)
Increase in trade and other payables	2,470	-
Net cash used in operating activities	<u>(2,988)</u>	<u>(6,387)</u>
Net cash used in investing activities	<u>-</u>	<u>(1,406)</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net decrease in cash and cash equivalents	(2,988)	(7,793)
Cash and cash equivalents at the beginning of the year	177,706	185,499
Cash and cash equivalents at the end of the year	<u>174,718</u>	<u>177,706</u>
Components of cash and cash equivalents		
Cash and bank balances	174,718	177,706
	<u>174,718</u>	<u>177,706</u>

for the year ended 19 July 2024

## 1 Accounting policies

### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

### Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

### Fund accounting

**Unrestricted funds** These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

**Designated funds** These are unrestricted funds earmarked by the trustees for particular purposes.

**Revaluation funds** These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

**Restricted funds** These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

### Income

**Recognition of income** Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

**Income with related expenditure** Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

**Donations and legacies** Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

**Tax reclaims on donations and gifts** Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

**Donated services and facilities** These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

**Volunteer help** The value of any volunteer help received is not included in the accounts.

**Investment income** This is included in the accounts when receivable.

**Gains/(losses) on revaluation of fixed assets** This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

**Gains/(losses) on investment assets** This includes any gain or loss on the sale of investments.

Notes to the Accounts

Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and equipment 33%% Reducing balance

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

#### Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

#### Research and development

Expenditure on research and development is written off in the year in which it is incurred.

#### Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

#### Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation.

Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

#### Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet.

The assets of the plan are held separately from the company in independently administered funds.

#### Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Income and endowments from:			
Donations and legacies	8,424	4,788	13,212
Charitable activities	1,134	65,935	67,069
Total	<u>9,558</u>	<u>70,723</u>	<u>80,281</u>
Expenditure on:			
Raising funds	1,441	3,076	4,517
Charitable activities	7,229	67,986	75,215
Other	1,772	5,882	7,654
Total	<u>10,443</u>	<u>76,943</u>	<u>87,386</u>
Net income	<u>(885)</u>	<u>(6,220)</u>	<u>(7,105)</u>
Net income before other gains/(losses)	(885)	(6,220)	(7,105)
Other gains and losses:			
Net movement in funds	<u>(885)</u>	<u>(6,220)</u>	<u>(7,105)</u>
Reconciliation of funds:			
Total funds brought forward	38,553	145,946	184,499
Total funds carried forward	<u><u>37,668</u></u>	<u><u>139,726</u></u>	<u><u>177,394</u></u>

4 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2024 £	Total 2023 £
Donations	1,672	268	1,940	13,212
Transfer from other project	0	659	659	-
	<u>1,672</u>	<u>927</u>	<u>2,599</u>	<u>13,212</u>

5 Income from charitable activities

	Unrestricted £	Restricted £	Total 2024 £	Total 2023 £
Development & Fundraising	20	99,676	99,696	67,069
	<u>20</u>	<u>99,676</u>	<u>99,696</u>	<u>67,069</u>

6 Expenditure on raising funds

	Restricted	Total 2024	Total 2023
	£	£	£
<i>Costs of generating voluntary income</i>			
Donations	3,000	3,000	4,517
	<u>3,000</u>	<u>3,000</u>	<u>4,517</u>

7 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Project & Workshop Delivery	605	77,941	78,546	75,215
Governance costs				
	<u>605</u>	<u>77,941</u>	<u>78,546</u>	<u>75,215</u>

8 Other expenditure

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
Employee costs	0	2,954	2,954	-
Motor and travel costs	-	-	-	97
Premises costs	0	3,312	3,312	2,871
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	0	208	208	311
General administrative costs	582	13,474	14,056	2,585
Legal and professional costs	554	-	554	1,790
	<u>1,135</u>	<u>19,949</u>	<u>21,084</u>	<u>7,654</u>

9 Net expenditure before transfers

	2024	2023
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	208	311

10 Staff costs

No employee received emoluments in excess of £60,000.

11 Tangible fixed assets

	Fixtures and equipment	Total
	£	£
Cost or revaluation		
At 20 July 2023	1,406	1,406
At 19 July 2024	<u>1,406</u>	<u>1,406</u>
Depreciation and impairment		
At 20 July 2023	775	775
Depreciation charge for the year	208	208
At 19 July 2024	<u>983</u>	<u>983</u>
Net book values		
At 19 July 2024	<u>423</u>	<u>423</u>
At 19 July 2023	<u>631</u>	<u>631</u>
12 Debtors		
	2024	2023
	£	£
Other debtors	5,292	-
Prepayments and accrued income	505	466
	<u>5,797</u>	<u>466</u>
13 Creditors: amounts falling due within one year		
	2024	2023
	£	£
Accruals	3,879	1,409
	<u>3,879</u>	<u>1,409</u>

## 14 Movement in funds

	At 20 July 2023	Incoming resources (including other gains/losses ) £	Resources expended £	At 19 July 2024 £
Restricted funds:				
Restricted income funds:				
Green Room Gardeners	3,762	5,292	(2,032)	7,022
House of Circus	291	20	(200)	111
Pictures + framing	2,407	659	-	3,066
All for One Vaccine	6,042	-	-	6,042
All Together National Lottery	6,570	-	(3,831)	2,739
Arts Workshops	960	1,963	(875)	2,048
Attenborough Art	1,904	-	-	1,904
BLF Comedy Asylum	25,589	57,379	(34,282)	48,686
Comedy on the Bus	3,509	-	-	3,509
MHSCE Arts Workshops	922	-	(262)	660
MHSCE Sounds Inc.	3,618	-	(95)	3,523
Painting for Wellbeing	1,202	-	-	1,202
Remote art	3,593	-	-	3,593
Riverside Festival 2022	2,102	-	942	3,044
School of Comedy	36,220	-	(24,920)	11,300
Smoothie Launch Fund	13,580	-	(7,895)	5,685
Word	1,700	-	-	1,700
Comedy Wellbeing Hubs	19,876	(292)	(19,465)	120
Community Matters	581	1,750	(420)	1,911
Humour Hubs	-	29,507	(4,058)	25,449
Other Funds	5,299	4,326	(3,495)	6,129
<i>Total</i>	<u>139,727</u>	<u>100,603</u>	<u>(100,889)</u>	<u>139,441</u>
Unrestricted funds:				
General funds	37,667	1,692	(1,741)	37,618
<b>Total funds</b>	<u><u>177,394</u></u>	<u><u>102,295</u></u>	<u><u>(102,630)</u></u>	<u><u>177,059</u></u>

Purposes and restrictions in relation to the funds:

Restricted funds:

Green Room Gardeners	The Green Room Gardeners are based at the Clarendon Allotments and are led by LPT and Brightsparks: Arts in Mental Health Group in partnership with Wildscapes CIC. The project is designed to boost health, wellbeing, self-esteem and confidence, whilst enabling participants to develop horticultural skills, knowledge and experience, boost biodiversity, and become ambassadors for the environment.
House of Circus	Funding to cover workshop costs and venue hire.
Pictures + framing	Historic funding received to cover costs of production of artworks.
All for One Vaccine	Leicester City Council funding for workshops culminating in service user performances.
All Together National Lottery	Delivered by BrightSparks: Arts in Mental Health Group in partnership with LPT, the project was to bring together different diverse communities in engaging with activities to create wonderful artworks which were shared in a publication. 'All Together' delivered over sixty multimedia arts workshops across The Attenborough Arts Centre, The Highfields Centre, and with The Khushi Ladies (based in the Belgrave area of Leicester).
Arts Workshops	Funding from various sources to deliver art workshops.
Attenborough Art	Funding to cover workshop costs and venue hire.
BLF Comedy Asylum	Funded by the National Lottery Community Fund for this award-winning project to continue to deliver its exciting programme of activities for a further five years. The project traditionally delivers a series of twelve comedy workshops each year culminating in yearly shows as part of Leicester Comedy Festival. This project now delivers: <ul style="list-style-type: none"><li>• Regular workshops in hospital and in the community throughout the year in Leicestershire, Nottingham, and Kettering.</li><li>• Comedy courses at The Leicestershire Recovery College and other regional Recovery Colleges.</li><li>• A pantomime show delivered this Christmas in the Theatre at The Attenborough Arts Centre.</li></ul>
Comedy on the Bus	Supported by Leicestershire County Council and part funded from the Comedy Asylum to deliver mobile comedy workshops.
MHSCE Arts Workshops	Historic funding received at the inception of Bright Sparks for its' establishment and running, such as materials, equipment and other items of capital expenditure.
MHSCE Sounds Inc.	
Painting for Wellbeing	Delivery of art workshops at Stewart House, Mill Lodge and The Willows funded by Leicestershire County Council.
Remote art	Leicestershire County Council and ACE funded project to deliver remote art workshops during the pandemic.

Riverside Festival 2022	Mini Arts in Health Festival as part of the larger Riverside Festival. With our own stage presenting performances by mental health service users from all our projects alongside a programme of arts, writing and dance workshops and other stalls. A wonderful event which promotes social inclusion of our service users as part of the wider festival.
School of Comedy	A grant of £65,000 was secured from the Paul Hamlyn Foundation to deliver a programme of comedy-based workshops in a school to support pupil engagement with learning and wellbeing. The project delivered three terms of activity at Willowbrook Mead Academy and a twelve-week course of activity at Newbold Verdon Primary School.
Smoothie Launch Fund	The Smoothie Group are coming to the end of two years funding from the LLR ICB Project Launch Fund which has supported weekly music sessions alongside DJ'ing sessions + Sound Production sessions on Mental Health Wards. The group is based at The Bridge Centre in Belgrave.
Word	WORD! Is a Leicester-based voluntary organization delivering one of the longest running poetry events in the UK, alongside an expanding programme of other activities. The organisation is nationally unique in being co-produced by an NHS Trust – LPT, and is an exceptional example of mental health partnership working, with many of our performers and audience coming from our mental health community.
Comedy Wellbeing Hubs	Getting Help in Neighbourhoods Fund, distributing community based mental health support for the ICB. The project delivered weekly workshops in Loughborough, Coalville, Desford and Burbage. Funding has been re-granted from 1 April 2024 for a further twelve months' activity.
Community Matters	National Lottery funding to support community meetings.
Humour Hubs	The Humour Hubs programme has been funded by the ICB's Getting Help in Neighbourhoods fund for the past three years and is funded until March 2027. The programme offers regular comedy based workshops in community venues around Leicestershire. We work with partner organisations to build groups that people living with mental health challenges feel safe and welcomed in to be creative and build self confidence through comedy while making friends.

Other Funds

15 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	423	423
Net current assets	176,636	176,636
	177,059	177,059

16 Reconciliation of net debt

	At 20 July 2023 £	Cash flows £	At 19 July 2024 £
Cash and cash equivalents	177,706	(2,988)	174,718
	<u>177,706</u>	<u>(2,988)</u>	<u>174,718</u>
Net debt	<u>177,706</u>	<u>(2,988)</u>	<u>174,718</u>

17 Related party disclosures

*Controlling party*

The company is limited by guarantee and has no share capital; thus no single party controls the company.

BrightSparks Arts in Mental Health  
Detailed Statement of Financial Activities  
for the year ended 19 July 2024

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income and endowments from:				
Donations and legacies				
Donations	1,672	268	1,940	13,212
Transfer from other project	0	659	659	-
	<u>1,672</u>	<u>927</u>	<u>2,599</u>	<u>13,212</u>
Charitable activities				
Development & Fundraising	20	99,676	99,696	67,069
	<u>20</u>	<u>99,676</u>	<u>99,696</u>	<u>67,069</u>
Total income and endowments	1,692	100,603	102,295	80,281
Expenditure on:				
Costs of generating donations and legacies				
Donations	-	3,000	3,000	4,517
	<u>-</u>	<u>3,000</u>	<u>3,000</u>	<u>4,517</u>
Total of expenditure on raising funds	-	3,000	3,000	4,517
Charitable activities				
Project & Workshop Delivery	605	77,941	78,546	75,215
	<u>605</u>	<u>77,941</u>	<u>78,546</u>	<u>75,215</u>
Total of expenditure on charitable activities	605	77,941	78,546	75,215
Employee costs				
Staff training	-	2,295	2,295	-
Temporary staff	0	659	659	-
	<u>0</u>	<u>2,954</u>	<u>2,954</u>	<u>-</u>
Travel and subsistence	-	-	-	97
	<u>-</u>	<u>-</u>	<u>-</u>	<u>97</u>
Premises costs				
Other premises costs	0	3,312	3,312	2,871
	<u>0</u>	<u>3,312</u>	<u>3,312</u>	<u>2,871</u>
General administrative costs, including depreciation and amortisation				
Depreciation of Fixtures and equipment	0	208	208	311
General insurances	582	-	582	491
Information and publications	0	13,474	13,474	2,094
	<u>581</u>	<u>13,683</u>	<u>14,264</u>	<u>2,896</u>
Legal and professional costs				

BrightSparks Arts in Mental Health  
Detailed Statement of Financial Activities

Audit/Independent examination fees	-	-	-	660
Accountancy and bookkeeping	554	-	554	1,030
Consultancy fees	-	-	-	100
	<u>554</u>	<u>-</u>	<u>554</u>	<u>1,790</u>
Total of expenditure of other costs	<u>1,135</u>	<u>19,949</u>	<u>21,084</u>	<u>7,654</u>
Total expenditure	1,741	100,889	102,630	87,386
Net gains on investments	-	-	-	-
	<u>(49)</u>	<u>(286)</u>	<u>(335)</u>	<u>(7,105)</u>
Net expenditure	(49)	(286)	(335)	(7,105)
Net expenditure before other gains/(losses)	(49)	(286)	(335)	(7,105)
Other Gains	-	-	-	-
	<u>(49)</u>	<u>(286)</u>	<u>(335)</u>	<u>(7,105)</u>
Net movement in funds	(49)	(286)	(335)	(7,105)
Reconciliation of funds:				
Total funds brought forward	37,667	139,727	177,394	184,499
Total funds carried forward	<u>37,618</u>	<u>139,441</u>	<u>177,059</u>	<u>177,394</u>

**BRIGHTSPARKS ARTS IN MENTAL HEALTH CIO**

England & Wales - Charity number 1190327

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# Accounts

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BrightSparks Arts in Mental Health

Charity No. 1190327

Company No.

Trustees' Report and Unaudited Accounts

19 July 2023

BrightSparks Arts in Mental Health  
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The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 19 July 2023.

#### REFERENCE AND ADMINISTRATIVE DETAILS

Company No.

Charity No. 1190327

Principal Office

Leicestershire Partnership Trust

Suite P1

Bridge Park Road

Thurmaston

Leicester LE4 8PQ

Registered Office

Leicestershire Partnership

Beaumont Leys Health Centre

Little Wood Road

Leicester

LE4 0UZ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

A. Ainsworth

S. Dyer

S. Elliott

G. McFarland

J. Nixon

M. Nugent

L. Philips

Accountants

I Hate Numbers Limited

Forester Building

29-35 St Nicholas Place

Leicester

LE1 4LD

Bankers

The co-operative bank

#### OBJECTIVES AND ACTIVITIES

Our purpose is to protect and promote good health amongst people experiencing mental health conditions by providing creative opportunities for people living with mental health conditions in Leicester/Shire and beyond. The aim is to build self-esteem, develop skills and challenge stigma. We deliver workshops, projects, events, exhibitions and publications to showcase the work of participants, and provide advocacy and advice to organisation and the public.

#### ACHIEVEMENTS AND PERFORMANCE

The Co-ordinators have been very successful in attracting external funding into projects that they undertake and been innovative in finding ways to introduce sustainability into their work.

They have been highly successful in engaging 'hard to reach' and vulnerable mental health service users in their work expanding Bright Sparks reach and impact; and continue to expand, not only their own range of projects, but also supporting external partners in delivering high quality arts in mental health work.

Examples of this work being:

- Service users sharing and creating arts collections on Facebook.
- The comedy Asylum employed 3 participatory artists.
- Smoothie Sound System now a part of delivering its own project.

#### FINANCIAL REVIEW

The results for the year ending 19 July 2023 are shown in the Statement of Financial Activities on page 5. This, together with the Balance Sheet on page 6, should be read with the related notes which have been prepared in accordance with the Charities SORP 2019 (FRS 102).

Total income for the year amounted to £80281 (2022: £117662). The principal funding source continued to be grant income. The charity does not carry out significant fundraising activities.

Total expenditure for the year amounted to £87386 (2022: £67937). A breakdown of expenditure is set out in the notes to the financial statements.

After transfers between funds, there was a deficit on unrestricted funds for year totalling £885 and a deficit on restricted funds totalling £6220. This has resulted in a total decrease for the year of £7105. This is primarily as a result of a significant project grant receipt in 2022 against which expenditure has been incurred this year.

The funds of the charity at the year end totalled £177394 which comprise restricted funds of £139726 and unrestricted funds of £37668.

Reserves

BrightSparks Arts in Mental Health  
Trustees Annual Report

Reserves are needed to cover items of expenditure not covered by project income. The reserves policy of the Board of Trustees is currently under review. However, current unrestricted reserves balance of £37668 is deemed sufficient to meet any unexpected falls in income or exceptional expenditure in the near future.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

J. Nixon  
Trustee  
27 April 2024

Independent Examiner's Report to the trustees of BrightSparks Arts in Mental Health

I report to the charity trustees on my examination of the financial statements of BrightSparks Arts in Mental Health for the year ended 19 July 2023.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mahmood Reza ACCA  
I Hate Numbers Limited  
Forester Building  
29-35 St Nicholas Place  
Leicester

LE1 4LD  
27 April 2024

BrightSparks Arts in Mental Health  
Statement of Financial Activities  
for the year ended 19 July 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:					
Donations and legacies	4	8,424	4,788	13,212	74,214
Charitable activities	5	1,134	65,935	67,069	43,448
Total		9,558	70,723	80,281	117,662
Expenditure on:					
Raising funds	6	1,441	3,076	4,517	375
Charitable activities	7	7,229	67,986	75,215	54,854
Other	8	1,772	5,882	7,654	12,708
Total		10,443	76,943	87,386	67,937
Net gains on investments		-	-	-	-
Net (expenditure)/income	9	(885)	(6,220)	(7,105)	49,725
Transfers between funds		-	-	-	-
Net (expenditure)/income before other gains/(losses)		(885)	(6,220)	(7,105)	49,725
Other gains and losses					
Net movement in funds		(885)	(6,220)	(7,105)	49,725
Reconciliation of funds:					
Total funds brought forward		38,553	145,946	184,499	134,774
Total funds carried forward		37,668	139,726	177,394	184,499

BrightSparks Arts in Mental Health  
 Summary Income and Expenditure Account  
 for the year ended 19 July 2023

	2023 £	2022 £
Income	80,281	68,469
Gross income for the year	<u>80,281</u>	<u>68,469</u>
Expenditure	87,075	61,828
Depreciation and charges for impairment of fixed assets	311	464
Total expenditure for the year	<u>87,386</u>	<u>62,292</u>
Net (expenditure)/income before tax for the year	(7,105)	6,177
Net (expenditure )/income for the year	<u><u>(7,105)</u></u>	<u><u>6,177</u></u>

## BrightSparks Arts in Mental Health

## Balance Sheet

at 19 July 2023

Company No.	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	11	631	942
		<u>631</u>	<u>942</u>
Current assets			
Debtors	12	466	409
Cash at bank and in hand		177,706	184,557
		<u>178,172</u>	<u>184,966</u>
Creditors: Amount falling due within one year	13	(1,409)	(1,409)
Net current assets		<u>176,763</u>	<u>183,557</u>
Total assets less current liabilities		<u>177,394</u>	<u>184,499</u>
Net assets excluding pension asset or liability		<u>177,394</u>	<u>184,499</u>
Total net assets		<u><u>177,394</u></u>	<u><u>184,499</u></u>
The funds of the charity			
Restricted funds	14		
Restricted income funds		139,726	145,946
		<u>139,726</u>	<u>145,946</u>
Unrestricted funds	14		
General funds		37,668	38,553
		<u>37,668</u>	<u>38,553</u>
Reserves	14		
Total funds		<u><u>177,394</u></u>	<u><u>184,499</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 19 July 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 27 April 2024

And signed on its behalf by:

J. Nixon  
Trustee  
27 April 2024

## 1 Accounting policies

### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

### Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

### Fund accounting

**Unrestricted funds** These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

**Designated funds** These are unrestricted funds earmarked by the trustees for particular purposes.

**Revaluation funds** These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

**Restricted funds** These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

### Income

**Recognition of income** Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

**Income with related expenditure** Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

**Donations and legacies** Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

**Tax reclaims on donations and gifts** Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

**Donated services and facilities** These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

**Volunteer help** The value of any volunteer help received is not included in the accounts.

**Investment income** This is included in the accounts when receivable.

**Gains/(losses) on revaluation of fixed assets** This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

**Gains/(losses) on investment assets** This includes any gain or loss on the sale of investments.

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and equipment	33%% Reducing balance
------------------------	-----------------------

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Income and endowments from:			
Donations and legacies	13,000	61,214	74,214
Charitable activities	3,432	40,016	43,448
Total	<u>16,432</u>	<u>101,230</u>	<u>117,662</u>
Expenditure on:			
Raising funds	375	-	375
Charitable activities	2,222	52,632	54,854
Other	12,708	-	12,708
Total	<u>15,305</u>	<u>52,632</u>	<u>67,937</u>
Net income	<u>1,127</u>	<u>48,598</u>	<u>49,725</u>
Transfers between funds	18,057	(18,057)	-
Net income before other gains/(losses)	<u>19,184</u>	<u>30,541</u>	<u>49,725</u>
Other gains and losses:			
Net movement in funds	<u>19,184</u>	<u>30,541</u>	<u>49,725</u>
Reconciliation of funds:			
Total funds brought forward	19,369	115,405	134,774
Total funds carried forward	<u><u>38,553</u></u>	<u><u>145,946</u></u>	<u><u>184,499</u></u>

4 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Donations	8,424	4,788	13,212	74,214
	<u>8,424</u>	<u>4,788</u>	<u>13,212</u>	<u>74,214</u>

5 Income from charitable activities

	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Development & Fundraising	1,134	65,935	67,069	43,448
	<u>1,134</u>	<u>65,935</u>	<u>67,069</u>	<u>43,448</u>

6 Expenditure on raising funds

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
<i>Costs of generating voluntary income</i>				
Donations	1,441	3,076	4,517	375
	<u>1,441</u>	<u>3,076</u>	<u>4,517</u>	<u>375</u>

7 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Project & Workshop Delivery	7,229	67,986	75,215	54,854
Governance costs				
	<u>7,229</u>	<u>67,986</u>	<u>75,215</u>	<u>54,854</u>

Other expenditure-all support costs are

8 allocated to charitable activities

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Motor and travel costs	0	97	97	3,000
Premises costs	0	2,871	2,871	1,012
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	0	311	311	464
General administrative costs	82	2,503	2,585	2,906
Legal and professional costs	1,690	100	1,790	5,326
	<u>1,772</u>	<u>5,882</u>	<u>7,654</u>	<u>12,708</u>

9 Net (expenditure)/income before transfers

	2023	2022
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	311	464

10 Staff costs

No employee received emoluments in excess of £60,000.

11 Tangible fixed assets

	Fixtures and equipment	Total
	£	£
Cost or revaluation		
Additions	1,406	1,406
At 19 July 2023	<u>1,406</u>	<u>1,406</u>
Depreciation and impairment		
Depreciation charge for the year	775	775
At 19 July 2023	<u>775</u>	<u>775</u>
Net book values At 19 July 2023	<u>631</u>	<u>631</u>

12 Debtors

	2023	2022
	£	£
Prepayments and accrued income	466	409
	<u>466</u>	<u>409</u>

13 Creditors:

amounts falling due within one year

	2023	2022
	£	£
Accruals	1,409	1,409
	<u>1,409</u>	<u>1,409</u>

14 Movement in funds

	At 20 July 2022	Incoming resources (including other gains/losses ) £	Resources expended £	At 19 July 2023 £
Restricted funds:				
Restricted income funds:				
Green Room Gardeners	1,962	1,800	-	3,762
House of Circus	663	28	(400)	291
Pictures + framing	2,387	20	-	2,407
All for One Vaccine	1,812	4,730	(500)	6,042
All Together National Lottery	9,000	-	(2,430)	6,570
Arts Workshops	1,200	1,850	(2,090)	960
Attenborough Art	1,904	-	-	1,904
BLF Comedy Asylum	11,191	28,315	(13,917)	25,589
Comedy on the Bus	11,417	-	(7,908)	3,509
MHSCE Arts Workshops	1,507	-	(585)	922
MHSCE Sounds Inc.	3,660	-	(42)	3,618
Painting for Wellbeing	1,202	-	-	1,202
Remote art	3,593	-	-	3,593
Riverside Festival 2022	3,765	845	(2,508)	2,102
School of Comedy	64,300	-	(28,080)	36,220
Smoothie Launch Fund	19,100	-	(5,520)	13,580
Word	1,700	-	-	1,700
Comedy Wellbeing Hubs	-	29,215	(9,339)	19,876
Community Matters	-	3,420	(2,839)	581
Other Funds	5,583	500	(784)	5,299
<i>Total</i>	<u>145,946</u>	<u>70,723</u>	<u>(76,943)</u>	<u>139,726</u>
Unrestricted funds:				
General funds	38,553	9,558	(10,443)	37,668
<b>Total funds</b>	<u><u>184,499</u></u>	<u><u>80,281</u></u>	<u><u>(87,386)</u></u>	<u><u>177,394</u></u>

15 Analysis of net assets between funds

	Unrestricted funds £	Total £
Fixed assets	631	631
Net current assets	176,763	176,763
	<u><u>177,394</u></u>	<u><u>177,394</u></u>

16 Reconciliation of net debt

	At 20 July 2022 £	Cash flows £	At 19 July 2023 £
Cash and cash equivalents	184,557	(6,851)	177,706
	<u>184,557</u>	<u>(6,851)</u>	<u>177,706</u>
Net debt	<u>184,557</u>	<u>(6,851)</u>	<u>177,706</u>

17 Related party disclosures  
*Controlling party*

The company is limited by guarantee and has no share capital; thus no single party controls the company.

BrightSparks Arts in Mental Health  
Detailed Statement of Financial Activities  
for the year ended 19 July 2023

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:				
Donations and legacies				
Donations	8,424	4,788	13,212	74,214
	<u>8,424</u>	<u>4,788</u>	<u>13,212</u>	<u>74,214</u>
Charitable activities				
Development & Fundraising	1,134	65,935	67,069	43,448
	<u>1,134</u>	<u>65,935</u>	<u>67,069</u>	<u>43,448</u>
Total income and endowments	9,558	70,723	80,281	117,662
Expenditure on:				
Costs of generating donations and legacies				
Donations	1,441	3,076	4,517	375
	<u>1,441</u>	<u>3,076</u>	<u>4,517</u>	<u>375</u>
Total of expenditure on raising funds	1,441	3,076	4,517	375
Charitable activities				
Project & Workshop Delivery	7,229	67,986	75,215	54,854
	<u>7,229</u>	<u>67,986</u>	<u>75,215</u>	<u>54,854</u>
Total of expenditure on charitable activities	7,229	67,986	75,215	54,854
Motor and travel costs				
Travel and subsistence	0	97	97	3,000
	<u>0</u>	<u>97</u>	<u>97</u>	<u>3,000</u>
Premises costs				
Other premises costs	0	2,871	2,871	1,012
	<u>0</u>	<u>2,871</u>	<u>2,871</u>	<u>1,012</u>
General administrative costs, including depreciation and amortisation				
Depreciation of Fixtures and equipment	0	311	311	464
General insurances	82	409	491	94
Information and publications	-	2,094	2,094	3,040
Sundry expenses	-	-	-	(228)
	<u>82</u>	<u>2,814</u>	<u>2,896</u>	<u>3,370</u>
Legal and professional costs				
Audit/Independent examination fees	660	-	660	750
Accountancy and bookkeeping	1,030	-	1,030	50

BrightSparks Arts in Mental Health  
Detailed Statement of Financial Activities

Consultancy fees	-	100	100	4,526
	<u>1,690</u>	<u>100</u>	<u>1,790</u>	<u>5,326</u>
Total of expenditure of other costs	<u>1,772</u>	<u>5,882</u>	<u>7,654</u>	<u>12,708</u>
Total expenditure	10,443	76,943	87,386	67,937
Net gains on investments	-	-	-	-
Net (expenditure)/income	<u>(885)</u>	<u>(6,220)</u>	<u>(7,105)</u>	<u>49,725</u>
Net (expenditure)/income before other gains/(losses)	(885)	(6,220)	(7,105)	49,725
Other Gains	-	-	-	-
Net movement in funds	<u>(885)</u>	<u>(6,220)</u>	<u>(7,105)</u>	<u>49,725</u>
Reconciliation of funds:				
Total funds brought forward	38,553	145,946	184,499	134,774
Total funds carried forward	<u>37,668</u>	<u>139,726</u>	<u>177,394</u>	<u>184,499</u>

**BRIGHTSPARKS ARTS IN MENTAL HEALTH CIO**

England & Wales - Charity number 1190327

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# Accounts

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# Trustees' Annual Report

for the period

From (start date)  to (end date)

## Section A Reference and administration details

Charity name

Other names the charity is known by

Registered charity number (if any)

Charity's principal address   
  
 Postcode

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	MARIE NUGENT	CHAIR		
2	STEVE DYER			
3	SUZANNE ELLIOT	SECRETARY		
4	JOE NIXON	TREASURER		
5	ADAM AINSWORTH			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Section A**

**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address
DEVELOPMENT	SALLIE VARNAM	39 TRINITY RD ENDERBY LE19 2BU

Name of chief executive or names of senior staff members (optional information)

**Section B**

**Structure, governance and management**

Description of the charity's trusts

Type of governing document  
(eg trust deed, constitution)

CONSTITUTION

How the charity is constituted  
(eg trust, association, company)

FOUNDATION

Trustee selection methods  
(eg appointed by, elected by)

APPOINTED BY BOARD

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
  - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

A COMMITTEE OF MENTAL HEALTH SERVICE USERS MEETS TO DISCUSS OPERATIONAL ISSUES + DEVELOPMENTS + FEEDS INTO THE BOARD OF TRUSTEES THE CHARITY IS SUPPORTED BY LEICESTERSHIRE PARTNERSHIP NHS TRUST THROUGH CAPACITY OFFERED BY THE ARTS IN HEALTH COORDINATORS WHO DELIVER THE WORK OF BRIGHTSPARKS ARTS IN HEALTH CID. THE UNIVERSITY OF LEICESTER'S ARTS CENTRE, ATTENBOROUGH ARTS CENTRE, OFFERS SUPPORT TO THE CHARITY IN THE FORM OF IN KIND WORKSHOP + PERFORMANCE SPACE, SPECIALIST ADVICE, ADMINISTRATION + ADVOCACY TRUSTEES RECORD RISKS IN A RISK REGISTER. THE TRUSTEES ARE BEING SUPPORTED BY A SPECIALIST ADVISER AS THE CHARITY ESTABLISHES.

## Section C

### Objectives and activities

Summary of the objects of the charity set out in its governing document

TO PROTECT + PROMOTE GOOD HEALTH AMONG PEOPLE EXPERIENCING MENTAL HEALTH CONDITIONS, IN PARTICULAR THROUGH THE PROVISION OF ARTS BASED ACTIVITIES

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

PROVISION OF ARTS BASED WORKSHOPS, PROJECTS, PUBLICATIONS, EXHIBITIONS AND EVENTS

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

### Achievements and performance

Summary of the main achievements of the charity during the year

- REMOTE ART PROGRAMME DELIVERED: WRITING, VISUAL ARTS + COMEDY WORKSHOPS DELIVERED VIA ZOOM
- EVERY BRILLIANT THING FACEBOOK PAGE SHOWCASING CREATIVITY OF 300 PEOPLE
- SERVICE USER PARTICIPATORY ARTISTS SUPPORTED BY CARLTON HAYES CHARITY
- DELIVERY OF THE COMEDY ASYLUM THROUGH ONLINE WEEKLY WORKSHOPS, PILOT OF THE SCHOOL OF COMEDY FUNDED BY THE NATIONAL LOTTERY COMMUNITY FUND
- SOUNDS INCLUSIVE PROJECT
  - PROVISION OF TABLETS + TRAINING TO ENABLE SERVICE USERS TO ACCESS THE INTERNET (INCLUDING OUR ONLINE OFFER) THROUGHOUT THE LOCKDOWN
- ADVOCACY ROLE THROUGH BARING FOUNDATION MENTAL HEALTH + THE ARTS ADVISORY PANEL

Section E

Financial review

Brief statement of the charity's policy on reserves

RESERVES ARE USED FOR BENEFIT OF CHARITY BENEFICIARIES TO ENSURE ONGOING PROVISION OF ACTIVITY CAN BE MAINTAINED

Details of any funds materially in deficit

NOT APPLICABLE

Further financial review details (optional information)

- You **may choose** to include additional information, where relevant, about:
- the charity's principal sources of funds (including any fundraising);
  - how expenditure has supported the key objectives of the charity;
  - investment policy and objectives including any ethical investment policy adopted.

GRANT FUNDING MAIN CURRENT SOURCE OF INCOME  
 PARTNERSHIP FUNDING + IN KIND SUPPORT OFFERS ADDITIONAL BENEFITS SUCH AS FREE SPACE FOR WORKSHOPS / REHEARSALS / EVENTS  
 E.G ATTENBOROUGH ARTS CENTRE  
 INCREASING AMOUNTS OF INDIVIDUAL DONATIONS  
 ALL INCOME SUPPORTS KEY OBJECTIVES OF CHARITY : OFFERING CREATIVE ACTIVITY FOR PEOPLE LIVING WITH MENTAL HEALTH CONDITIONS

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)

*[Handwritten Signature]*

Full name(s)

JOSEPH ADAM NIXON

Position (eg Secretary, Chair, etc)

TRUSTEE

Date

05 01 22

BrightSparks Arts in Mental Health

Charity No. 1190327

Company No.

Trustees' Report and Unaudited Accounts

19 July 2021

BrightSparks Arts in Mental Health  
Contents

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Statement of Financial Activities	5
Summary Income and Expenditure Account	6
Balance Sheet	7
Notes to the Accounts	8
Detailed Statement of Financial Activities	14 to 15

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 19 July 2021.

#### REFERENCE AND ADMINISTRATIVE DETAILS

Company No.

Charity No. 1190327

Principal Office

Leicestershire Partnership Trust

Suite P1

Bridge Park Road

Thurmaston

Leicester LE4 8PQ

Registered Office

Leicestershire Partnership

Suite P1

Bridge Park Road

Thurmaston

LE4 8PQ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

A. Ainsworth

S. Dyer

G. McFarland

J. Nixon

M. Nugent

Accountants

Pro Active Accounting

Forester Building

29-35 St Nicholas Place

Leicester

LE1 4LD

#### OBJECTIVES AND ACTIVITIES

To protect and promote good health among people experiencing mental health conditions., in particular through the provision of arts based activities.

Provision of arts based workshops, project, publications, exhibitions and events

#### ACHIEVEMENTS AND PERFORMANCE

## BrightSparks Arts in Mental Health

### Trustees Annual Report

- \* Remote art programme delivered: writing, visual arts and comedy workshops delivered via Zoom.
- \* Every Brilliant Thing Facebook page showcasing creativity of 300 people
- \* Service user participatory artists supported by Carlton Hayes charity
- \* Delivery of the Comedy Asylum through online weekly workshops, pilot of the School of Comedy funded by the National Lottery Community fund
- \* Sounds Inclusive Project
- \* Provision of tablets and training to enable service users to access the Internet (including on line offer) throughout the lockdown

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

J. Nixon

Trustee

16 November 2021

Independent Examiner's Report to the trustees of BrightSparks Arts in Mental Health

I report to the charity trustees on my examination of the accounts of BrightSparks Arts in Mental Health for the year ended 19 July 2021 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mahmood Reza  
Chartered Association of Chartered Certified Accountants  
Pro Active Accounting  
Forester Building  
29-35 St Nicholas Place  
Leicester

LE1 4LD  
16 November 2021

BrightSparks Arts in Mental Health  
Statement of Financial Activities  
for the year ended 19 July 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Income and endowments from:				
Donations and legacies	3	35,460	242	35,702
Charitable activities	4	2,990	33,582	36,572
Other trading activities	5	1,500	-	1,500
Total		39,950	33,824	73,774
Expenditure on:				
Raising funds	6	219	594	813
Charitable activities	7	33,878	18,988	52,866
Other	8	9,575	20	9,595
Total		43,672	19,602	63,274
Net gains on investments		-	-	-
Net income		(3,722)	14,222	10,500
Transfers between funds		-	-	-
Net income before other gains/(losses)		(3,722)	14,222	10,500
Other gains and losses				
Net movement in funds		(3,722)	14,222	10,500
Reconciliation of funds:				
Total funds brought forward		90,253	13,418	103,671
Total funds carried forward		86,531	27,640	114,171

BrightSparks Arts in Mental Health  
Summary Income and Expenditure Account  
for the year ended 19 July 2021

	2021 £
Income	73,774
Gross income for the year	<u>73,774</u>
Expenditure	63,274
Total expenditure for the year	<u>63,274</u>
Net income before tax for the year	10,500
Net income for the year	<u><u>10,500</u></u>

BrightSparks Arts in Mental Health

Balance Sheet

at 19 July 2021

Company No.	Notes	2021 £
Current assets		
Cash at bank and in hand		114,781
		<u>114,781</u>
Net current assets		114,781
Total assets less current liabilities		114,781
Creditors: Amounts falling due after more than one year	10	(610)
Net assets excluding pension asset or liability		<u>114,171</u>
Total net assets		<u><u>114,171</u></u>
The funds of the charity		
Restricted funds	11	
Restricted income funds		27,640
		<u>27,640</u>
Unrestricted funds	11	
General funds		86,531
		<u>86,531</u>
Reserves	11	
Total funds		<u><u>114,171</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 19 July 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 16 November 2021

And signed on its behalf by:

J. Nixon

Trustee

16 November 2021

## 1 Accounting policies

### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

### Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

### Fund accounting

**Unrestricted funds** These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

**Designated funds** These are unrestricted funds earmarked by the trustees for particular purposes.

**Revaluation funds** These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

**Restricted funds** These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

### Income

**Recognition of income** Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

**Income with related expenditure** Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

**Donations and legacies** Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

**Tax reclaims on donations and gifts** Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

**Donated services and facilities** These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

**Volunteer help** The value of any volunteer help received is not included in the accounts.

**Investment income** This is included in the accounts when receivable.

**Gains/(losses) on revaluation of fixed assets** This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

**Gains/(losses) on investment assets** This includes any gain or loss on the sale of investments.

Notes to the Accounts

Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

## 2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Income from donations and legacies

	Unrestricted	Restricted	Total 2021
	£	£	£
Donations	35,460	242	35,702
	<u>35,460</u>	<u>242</u>	<u>35,702</u>

4 Income from charitable activities

	Unrestricted	Restricted	Total 2021
	£	£	£
Development & Fundraising	2,990	33,582	36,572
	<u>2,990</u>	<u>33,582</u>	<u>36,572</u>

5 Income from other trading activities

	Unrestricted	Total 2021
	£	£
	1,500	1,500
	<u>1,500</u>	<u>1,500</u>

6 Expenditure on raising funds

	Unrestricted	Restricted	Total 2021
	£	£	£
<i>Costs of generating voluntary income</i>			
Donations	219	594	813
	<u>219</u>	<u>594</u>	<u>813</u>

7 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2021
	£	£	£
<i>Expenditure on charitable activities</i>			
Development & Fundraising	2,320	5,048	7,368
Project & Workshop Delivery	31,558	13,940	45,498
<i>Governance costs</i>			
	<u>33,878</u>	<u>18,988</u>	<u>52,866</u>

BrightSparks Arts in Mental Health  
Notes to the Accounts

8 Other expenditure

	Unrestricted	Restricted	Total
	£	£	2021
			£
General administrative costs	8,785	20	8,805
Legal and professional costs	790	-	790
	<u>9,575</u>	<u>20</u>	<u>9,595</u>

9 Staff costs

No employee received emoluments in excess of £60,000.

10 Creditors:

amounts falling due after more than one year

	2021
	£
Accruals and deferred income	610
	<u>610</u>

11 Movement in funds

	At 20 July 2020	Incoming resources (including other gains/losses ) £	Resources expended £	At 19 July 2021 £
Endowment funds:				
Restricted funds:				
Baring Foundation	-	12,000	(8,725)	3,275
BrightSparks on-Line	-	12,282	(5,809)	6,473
Green Room Gardeners	1,111	1,000	(100)	2,011
House of Circus	1,223	30	-	1,253
Pictures and Frames	3,914	-	(38)	3,876
Smoothie	2,013	30	-	2,043
Sounds Inclusive	2,836	30	-	2,866
U Matter	-	8,300	(4,900)	3,400
Funds < £1,100	2,321	152	(30)	2,443
<i>Total</i>	<u>13,418</u>	<u>33,824</u>	<u>(19,602)</u>	<u>27,640</u>
Unrestricted funds:				
General funds	90,253	39,950	(43,672)	86,531
Revaluation Reserves:				
 Total funds	 <u>103,671</u>	 <u>73,774</u>	 <u>(63,274)</u>	 <u>114,171</u>

Purposes and restrictions in relation to the funds:

Restricted funds:  
Baring Foundation  
BrightSparks on-Line  
Green Room Gardeners  
House of Circus  
Pictures and Frames  
Smoothie  
Sounds Inclusive  
U Matter  
Funds < £1,100

12 Analysis of net assets between funds

	Unrestricted funds £	Total £
Net current assets	114,781	114,781
Creditors due in more than one year and provisions	(610)	(610)
	<u>114,171</u>	<u>114,171</u>

13 Reconciliation of net debt

	Cash flows £	At 19 July 2021 £
Cash and cash equivalents	114,781	114,781
	<u>114,781</u>	<u>114,781</u>
Net debt	<u>114,781</u>	<u>114,781</u>

14 Related party disclosures  
*Controlling party*

The company is limited by guarantee and has no share capital; thus no single party controls the company.

BrightSparks Arts in Mental Health  
Detailed Statement of Financial Activities  
for the year ended 19 July 2021

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Income and endowments from:			
Donations and legacies			
Donations	35,460	242	35,702
	<u>35,460</u>	<u>242</u>	<u>35,702</u>
Charitable activities			
Development & Fundraising	2,990	33,582	36,572
	<u>2,990</u>	<u>33,582</u>	<u>36,572</u>
Other trading activities			
	1,500	-	1,500
	<u>1,500</u>	<u>-</u>	<u>1,500</u>
Total income and endowments	39,950	33,824	73,774
Expenditure on:			
Costs of generating donations and legacies			
Donations	219	594	813
	<u>219</u>	<u>594</u>	<u>813</u>
Total of expenditure on raising funds	219	594	813
Charitable activities			
Development & Fundraising	2,320	5,048	7,368
Project & Workshop Delivery	31,558	13,940	45,498
	<u>33,878</u>	<u>18,988</u>	<u>52,866</u>
Total of expenditure on charitable activities	33,878	18,988	52,866
General administrative costs, including depreciation and amortisation			
Information and publications	1,420	-	1,420
Software, IT support and related costs	75	-	75
Stationery and printing	102	-	102
Sundry expenses	7,188	20	7,208
	<u>8,785</u>	<u>20</u>	<u>8,805</u>
Legal and professional costs			
Audit/Independent examination fees	610	-	610
Accountancy and bookkeeping	180	-	180
	<u>790</u>	<u>-</u>	<u>790</u>
Total of expenditure of other costs	<u>9,575</u>	<u>20</u>	<u>9,595</u>

BrightSparks Arts in Mental Health  
Detailed Statement of Financial Activities

Total expenditure	43,672	19,602	63,274
Net gains on investments	-	-	-
	<u>(3,722)</u>	<u>14,222</u>	<u>10,500</u>
Net income			
Net income before other gains/(losses)	<u>(3,722)</u>	<u>14,222</u>	<u>10,500</u>
Other Gains	-	-	-
Net movement in funds	<u>(3,722)</u>	<u>14,222</u>	<u>10,500</u>
Reconciliation of funds:			
Total funds brought forward	90,253	13,418	103,671
Total funds carried forward	<u>86,531</u>	<u>27,640</u>	<u>114,171</u>

# Virtual Cabinet Portal Digital Signatures

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## Signature 1

Signed by sallie varnam using authentication code OC81SS5rR01sdSEm at IP address 62.64.188.51, on 2022/01/21 13:22:16 Z.

sallie varnam's e-mail address is: [varnamsallie@gmail.com](mailto:varnamsallie@gmail.com).

BrightSparks Arts in Mental Health

Charity No. 1190327

Company No.

Trustees' Report and Unaudited Accounts

19 July 2021

BrightSparks Arts in Mental Health  
Contents

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#### REFERENCE AND ADMINISTRATIVE DETAILS

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Charity No. 1190327

Principal Office

Leicestershire Partnership Trust

Suite P1

Bridge Park Road

Thurmaston

Leicester LE4 8PQ

Registered Office

Leicestershire Partnership

Suite P1

Bridge Park Road

Thurmaston

LE4 8PQ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.

The following Directors and Trustees served during the year:

A. Ainsworth

S. Dyek

S. Elliott

M. Fattorini

(Resigned 21 September 2021)

G. McFarland

J. Nixon

M. Nugent

L. Philips

Accountants

Pro Active Accounting

Forester Building

29-35 St Nicholas Place

Leicester

LE1 4LD

#### OBJECTIVES AND ACTIVITIES

To protect and promote good health among people experiencing mental health conditions., in particular through the provision of arts based activities.

#### ACHIEVEMENTS AND PERFORMANCE

- \* Remote art programme delivered: writing, visual arts and comedy workshops delivered via Zoom.
- \* Every Brilliant Thing Facebook page showcasing creativity of 300 people
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- \* Provision of tablets and training to enable service users to access the Internet (including on line offer) throughout the lockdown

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

J. Nixon

Trustee

16 November 2021

Independent Examiner's Report to the trustees of BrightSparks Arts in Mental Health

I report to the charity trustees on my examination of the accounts of BrightSparks Arts in Mental Health for the year ended 19 July 2021 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mahmood Reza  
Chartered Association of Chartered Certified Accountants  
Pro Active Accounting  
Forester Building  
29-35 St Nicholas Place  
Leicester

LE1 4LD  
16 November 2021

BrightSparks Arts in Mental Health  
Statement of Financial Activities  
for the year ended 19 July 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Income and endowments from:				
Donations and legacies	3	35,460	242	35,702
Charitable activities	4	2,990	33,582	36,572
Other trading activities	5	1,500	-	1,500
Total		39,950	33,824	73,774
Expenditure on:				
Raising funds	6	219	594	813
Charitable activities	7	33,878	18,988	52,866
Other	8	9,575	20	9,595
Total		43,672	19,602	63,274
Net gains on investments		-	-	-
Net income		(3,722)	14,222	10,500
Transfers between funds		-	-	-
Net income before other gains/(losses)		(3,722)	14,222	10,500
Other gains and losses				
Net movement in funds		(3,722)	14,222	10,500
Reconciliation of funds:				
Total funds brought forward		90,253	13,418	103,671
Total funds carried forward		86,531	27,640	114,171

BrightSparks Arts in Mental Health  
Summary Income and Expenditure Account  
for the year ended 19 July 2021

	2021 £
Income	73,774
Gross income for the year	<u>73,774</u>
Expenditure	63,274
Total expenditure for the year	<u>63,274</u>
Net income before tax for the year	10,500
Net income for the year	<u><u>10,500</u></u>

BrightSparks Arts in Mental Health

Balance Sheet

at 19 July 2021

Company No.	Notes	2021 £
Current assets		
Cash at bank and in hand		114,781
		<u>114,781</u>
Net current assets		114,781
Total assets less current liabilities		114,781
Creditors: Amounts falling due after more than one year	10	(610)
Net assets excluding pension asset or liability		<u>114,171</u>
Total net assets		<u><u>114,171</u></u>
The funds of the charity		
Restricted funds		
Restricted income funds	11	27,640
		<u>27,640</u>
Unrestricted funds		
General funds	11	86,531
		<u>86,531</u>
Reserves	11	
Total funds		<u><u>114,171</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 19 July 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 16 November 2021

And signed on its behalf by:

J. Nixon

Trustee

16 November 2021

## 1 Accounting policies

### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

### Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

### Fund accounting

**Unrestricted funds** These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

**Designated funds** These are unrestricted funds earmarked by the trustees for particular purposes.

**Revaluation funds** These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

**Restricted funds** These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

### Income

**Recognition of income** Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

**Income with related expenditure** Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

**Donations and legacies** Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

**Tax reclaims on donations and gifts** Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

**Donated services and facilities** These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

**Volunteer help** The value of any volunteer help received is not included in the accounts.

**Investment income** This is included in the accounts when receivable.

**Gains/(losses) on revaluation of fixed assets** This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

**Gains/(losses) on investment assets** This includes any gain or loss on the sale of investments.

Notes to the Accounts

Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

## 2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Income from donations and legacies

	Unrestricted	Restricted	Total 2021
	£	£	£
Donations	35,460	242	35,702
	<u>35,460</u>	<u>242</u>	<u>35,702</u>

4 Income from charitable activities

	Unrestricted	Restricted	Total 2021
	£	£	£
Development & Fundraising	2,990	33,582	36,572
	<u>2,990</u>	<u>33,582</u>	<u>36,572</u>

5 Income from other trading activities

	Unrestricted	Total 2021
	£	£
	1,500	1,500
	<u>1,500</u>	<u>1,500</u>

6 Expenditure on raising funds

	Unrestricted	Restricted	Total 2021
	£	£	£
<i>Costs of generating voluntary income</i>			
Donations	219	594	813
	<u>219</u>	<u>594</u>	<u>813</u>

7 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2021
	£	£	£
<i>Expenditure on charitable activities</i>			
Development & Fundraising	2,320	5,048	7,368
Project & Workshop Delivery	31,558	13,940	45,498
<i>Governance costs</i>			
	<u>33,878</u>	<u>18,988</u>	<u>52,866</u>

BrightSparks Arts in Mental Health  
Notes to the Accounts

8 Other expenditure

	Unrestricted	Restricted	Total
	£	£	2021
			£
General administrative costs	8,785	20	8,805
Legal and professional costs	790	-	790
	<u>9,575</u>	<u>20</u>	<u>9,595</u>

9 Staff costs

No employee received emoluments in excess of £60,000.

10 Creditors:

amounts falling due after more than one year

	2021
	£
Accruals and deferred income	610
	<u>610</u>

11 Movement in funds

	At 20 July 2020	Incoming resources (including other gains/losses ) £	Resources expended £	At 19 July 2021 £
Endowment funds:				
Restricted funds:				
Baring Foundation	-	12,000	(8,725)	3,275
BrightSparks on-Line	-	12,282	(5,809)	6,473
Green Room Gardeners	1,111	1,000	(100)	2,011
House of Circus	1,223	30	-	1,253
Pictures and Frames	3,914	-	(38)	3,876
Smoothie	2,013	30	-	2,043
Sounds Inclusive	2,836	30	-	2,866
U Matter	-	8,300	(4,900)	3,400
Funds < £1,100	2,321	152	(30)	2,443
<i>Total</i>	<u>13,418</u>	<u>33,824</u>	<u>(19,602)</u>	<u>27,640</u>
Unrestricted funds:				
General funds	90,253	39,950	(43,672)	86,531
Revaluation Reserves:				
<b>Total funds</b>	<u><u>103,671</u></u>	<u><u>73,774</u></u>	<u><u>(63,274)</u></u>	<u><u>114,171</u></u>

Purposes and restrictions in relation to the funds:

Restricted funds:  
Baring Foundation  
BrightSparks on-Line  
Green Room Gardeners  
House of Circus  
Pictures and Frames  
Smoothie  
Sounds Inclusive  
U Matter  
Funds < £1,100

12 Analysis of net assets between funds

	Unrestricted funds £	Total £
Net current assets	114,781	114,781
Creditors due in more than one year and provisions	(610)	(610)
	<u>114,171</u>	<u>114,171</u>

13 Reconciliation of net debt

	Cash flows £	At 19 July 2021 £
Cash and cash equivalents	114,781	114,781
	<u>114,781</u>	<u>114,781</u>
Net debt	<u>114,781</u>	<u>114,781</u>

14 Related party disclosures  
*Controlling party*

The company is limited by guarantee and has no share capital; thus no single party controls the company.

BrightSparks Arts in Mental Health  
Detailed Statement of Financial Activities  
for the year ended 19 July 2021

	Unrestrict ed funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Income and endowments from:			
Donations and legacies			
Donations	35,460	242	35,702
	<u>35,460</u>	<u>242</u>	<u>35,702</u>
Charitable activities			
Development & Fundraising	2,990	33,582	36,572
	<u>2,990</u>	<u>33,582</u>	<u>36,572</u>
Other trading activities			
	1,500	-	1,500
	<u>1,500</u>	<u>-</u>	<u>1,500</u>
Total income and endowments	39,950	33,824	73,774
Expenditure on:			
Costs of generating donations and legacies			
Donations	219	594	813
	<u>219</u>	<u>594</u>	<u>813</u>
Total of expenditure on raising funds	219	594	813
Charitable activities			
Development & Fundraising	2,320	5,048	7,368
Project & Workshop Delivery	31,558	13,940	45,498
	<u>33,878</u>	<u>18,988</u>	<u>52,866</u>
Total of expenditure on charitable activities	33,878	18,988	52,866
General administrative costs, including depreciation and amortisation			
Information and publications	1,420	-	1,420
Software, IT support and related costs	75	-	75
Stationery and printing	102	-	102
Sundry expenses	7,188	20	7,208
	<u>8,785</u>	<u>20</u>	<u>8,805</u>
Legal and professional costs			
Audit/Independent examination fees	610	-	610
Accountancy and bookkeeping	180	-	180
	<u>790</u>	<u>-</u>	<u>790</u>
Total of expenditure of other costs	<u>9,575</u>	<u>20</u>	<u>9,595</u>

BrightSparks Arts in Mental Health  
Detailed Statement of Financial Activities

Total expenditure	43,672	19,602	63,274
Net gains on investments	-	-	-
	<u>(3,722)</u>	<u>14,222</u>	<u>10,500</u>
Net income			
Net income before other gains/(losses)	<u>(3,722)</u>	<u>14,222</u>	<u>10,500</u>
Other Gains	-	-	-
Net movement in funds	<u>(3,722)</u>	<u>14,222</u>	<u>10,500</u>
Reconciliation of funds:			
Total funds brought forward	90,253	13,418	103,671
Total funds carried forward	<u>86,531</u>	<u>27,640</u>	<u>114,171</u>