



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From 8th July 2020

Period start date To 31st March 2021

Period end date

Charity name: Professionals with Alzheimer's United Kingdom

Charity registration number: 1190292

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit, the relief and assistance of people who have held challenging and demanding jobs and who are now living with Alzheimer's (or dementia from other causes), with a social environment of peer support and mental challenge which will provide self-respect, confidence, mental stimulation and involvement to those who attend and their supporters.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We support our community through:</p> <ul style="list-style-type: none">• The provision of bi-monthly meetings including a talk by a high calibre speaker and the opportunity for discussion and socialising between participants in the early stages of a dementia diagnosis and their supporters in Shropshire.• The provision of follow up visits or social activities depending on the preferences of participants as we develop.• Providing an opportunity for participants and their supporters to re-experience the intellectually stimulating environment they once shared and to make connections and friendships with others in a similar situation• Working with a range of local and national organisations to promote awareness of the provision; to identify those that may benefit; and to facilitate referral pathways and learn from each other• Seeking opportunities for setting up groups in other areas in order to expand the provision throughout the UK

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have been provided with access to the Public Benefit Guides produced by the Charity Commission and have regard to that guidance
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>PALZ UK does not currently have any paid staff and all work is carried out by volunteers. It is estimated that approximately 150 hours per month are provided by way of:</p> <ul style="list-style-type: none"> • Management of the charity • Organising meetings • Promoting the charity to potential referrers • Communicating with and supporting participants and their supporters
Other		<p>Although aimed at professionals and business people with early dementia we have an inclusive approach, welcoming all people who wish to attend and who may benefit from the provision.</p> <p>We do not replicate activities for people with advanced dementia or people who would prefer a health/care/church setting for whom existing excellent services are available.</p> <p>PALZ UK focuses not on the disease but on the person who had an active, interesting life before being diagnosed with dementia.</p> <p>PALZ UK is not just for people with dementia – it is a dementia friendly activity that everyone can enjoy.</p>

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Covid 19 pandemic disrupted the work of the organisation but we were still able to achieve the following during the year:</p> <ul style="list-style-type: none"> • 1 face to face meeting with a speaker in October 2020) also available on Zoom) • 4 meetings on Zoom • 1 training course for participants and their supporters on the use of Zoom to allow them to participate in meetings • Regular contact with participants by phone and email to provide support and to update on developments • Drafting and approving policies and procedures for the organisation • Finalising our Business Plan, drafting of Governing Document and preparing and submitting application to the Charity Commission for charitable status • Carrying out a comprehensive risk assessment and preparation of Risk Management Statement • Continuation of bi-monthly meetings of trustees via Zoom • Continuation of regular meetings of the Shropshire committee via Zoom • Identifying charitable trusts to approach for funding and preparing and submitting funding applications • Reviewing trustees' skills set and seeking to identify potential new trustees for the organisation <p>The difference we made to the circumstances of its beneficiaries can be summed up in the words of beneficiaries and their supporters as follows:</p> <p><i>"We joined in August 2018 and were made so welcome. Since joining we've made lots of new friends with many different backgrounds, but all with one thing in common – Alzheimer's. This connection with other people struggling with the same issues really helped my husband and for once, in a long time he felt equal.</i></p> <p><i>We look forward to attending the meetings and have so much to discuss afterwards. It's been an enormous help to me too. I can talk to people who really understand what it's like to live with someone with the disease.</i></p> <p><i>Through PALZ we have made some</i></p>

		<p><i>really good friends whom I can call upon in a crisis. We get lots of sympathy from our friends and family, but with our PALZ friends we also get empathy."</i></p> <p><i>"My husband and I have been married for 53 years and have always treated each other as equals. We both know that he struggles to remember day-to-day things, but I still see that clever and witty man that I'm married and love. After all, it's his memory he's lost, not his intellect. Thank goodness the people at PALZ also recognise this. I hope that there will be a time, in the not-too-distant future, when other PALZ groups will be rolled out across the country and many more Alzheimer's sufferers can join a group that treats them with dignity, understanding and respect"</i></p> <p>Despite the challenges of lockdowns and the fact that many participants and potential participants were shielding 3 new participants and 3 new supporters joined the Shropshire group.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		<p>The support we provided during this difficult year of the pandemic was appreciated by participants and their supporters as shown in the word of a supporter of a participant as set out below:</p> <p><i>"PALZ to us is so much more than just a social occasion &, both Geoff and I have looked forward to every meeting, even the Zoom meetings. It is quite difficult to</i></p>

		<p><i>explain but as soon as we met on the first meeting we were aware of the warmth and sincerity of you and those good people who assisted you. Meeting like minded people who once held positions of responsibility really helped plus entering into discussion with them. On entering the conference room you can feel the empathy between the people present which immediately makes one feel " at home".</i></p> <p><i>When Geoff was first diagnosed four years ago we had frequent visits from members of the Community Psychiatric Department also a visit from a member of the Alzheimer's Society, then it was a follow up visit to their office once a year, since the onset of the pandemic disappointingly we have heard not a word from either.</i></p> <p><i>So thank you to PALZ we remained in touch and were able to remain in contact with those whom had become more than just acquaintances."</i></p>
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position is healthy and, as all work is currently carried out by volunteers, overheads remain small
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	As overheads currently run at a very low level and we hold more than sufficient cash at bank to cover these for at least the next 6 months, we currently hold all funds in the same general account. However, the Treasurer will monitor the use of funds and advise trustees at each general meeting whether funds are sufficient for PALZ UK to continue to operate. As the charity grows and overheads increase, it is proposed that we will work towards a reserves policy of 6 months to cover the likely cost of staff, activity and other overheads.
Amount of reserves held	Para 1.22	zero
Reasons for holding zero reserves	Para 1.22	As above
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>The principal sources of funding are:</p> <ul style="list-style-type: none"> • Local grants and trusts • Individual private and business donors
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	<p>A detailed risk assessment has been carried out and will be formally reviewed annually, considered informally at each general meeting and updated accordingly. The most significant risks identified during this period were:</p> <ul style="list-style-type: none"> • The effect of the pandemic on provision of the service when face to face meetings were not possible. This was addressed by providing the service on-line and providing support by phone and email. • Potential loss of the key trustee (the Chair) and this is being addressed by an active policy of identifying and seeking to recruit more trustees with

		the relevant skills to ensure the future of PALZ UK.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution adopting the Charity Commission's model constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	New trustees are appointed by a resolution passed at a properly convened meeting of the charity trustees and individuals are selected having regard to the skills, knowledge and experience needed for the effective administration of the CIO

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	We have a written procedure for the induction of trustees and all trustees are encouraged to attend relevant on-line training courses
The charity's organisational structure and any wider network with which the charity works	Para 1.51	PALZ UK is led and managed by volunteer trustees. Currently there are 4 but the charity is seeking to recruit more. The PALZ Shropshire branch group is managed by a separate committee of volunteers. There are no paid staff. The charity is not part of an umbrella group.
Relationship with any related parties	Para 1.51	The charity was inspired by, is based on a similar model to, and has an informal affiliation with PALZ Global based in Australia but remains independent.
Other		

Reference and Administrative details

Charity name	Professional with Alzheimer's United Kingdom
Other name the charity uses	PALZ UK
Registered charity number	1190292
Charity's principal address	Yew Tree Cottage Longnor Shrewsbury SY5 7PP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Elizabeth Andree Holdsworth	Chair		
2	Janna Karine Vigar	Secretary		
3	Katrina Eleanor Hall	Treasurer		
4	Christine Kendall			
5				
6				
7				
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14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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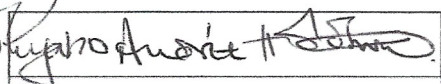
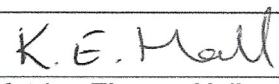
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Elizabeth Andree Holdsworth	Katrina Eleanor Hall
Position (eg Secretary, Chair, etc)	Chair	Treasurer

Date

14.12.2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

Professionals with Alzheimer's United Kingdom (PALZ U No (if any)

Receipts and payments accounts

For the period from	7/8/2020	To	3/31/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Grant funding	1,000	-	-	1,000
Business donations	250	-	-	250
Cash from Refreshments	-	-	-	-
Individual donations	320	-	-	320
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	1,570	-	-	1,570
A2 Asset and investment sales, (see table).				
Cash Funds	2,851	-	-	2,851
	-	-	-	-
Sub total	2,851	-	-	2,851
Total receipts	4,421	-	-	4,421
A3 Payments				
Insurance	95	-	-	95
Payments to speakers	103	-	-	103
Printing costs	-	-	-	-
Consultancy Fees	-	-	-	-
Website hosting & domain	-	-	-	-
Advertising	-	-	-	-
Retirement Gift	-	-	-	-
	-	-	-	-
Sub total	198	-	-	198
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	198	-	-	198
Net of receipts/(payments)	4,223	-	-	4,223
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	4,223	-	-	4,223

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Santander Business Account	3,932	-
		-	-
		-	-
	Total cash funds	3,932	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities			-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

CC16a

Last year

to the nearest £

-
2,024
415
-
-
-
-
2,439

1,464
-
1,464

3,903

95
120
352
150
228
86
20
-
1,051

-

1,051

2,852
-
-
2,852



**Endowment
funds**

to nearest £

-
-
-
-

OK

**Endowment
funds**

to nearest £

-
-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-
-
-
-
-

**When due
(optional)**

Date of
approval
