

DIATHLETE

England & Wales · Charity number 1190263

Details

Other names	LEAGUE OF DIATHLETES
Status	Registered
Legal form	CIO
Registered	2020-07-06
Register	View on the Charity Commission register

Contact

Address	20 Scholars Place Walton-On-Thames Surrey KT12 3FE
Phone	07960082704
Email	diathlete.org@gmail.com
Website	leagueofdiabetes.org

Activities

Objects: (1) TO RELIEVE THE NEED AND TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF PEOPLE WITH DIABETES, IN PARTICULAR (BUT NOT EXCLUSIVELY) BY:(A) SUPPORTING YOUNG ADULTS WITH TYPE-1 DIABETES TO EMOTIONALLY ACCEPT THEIR CONDITION, GROW IN INDEPENDENCE OF SELF-MANAGEMENT AND ADVANCE AS PATIENT-ADVOCATES TO SUPPORT OTHERS LIVING WITH DIABETES;(B) PROVIDING SCHOOLS WITH INFORMATION ABOUT THE IMPACT AND DIFFERING TYPES OF DIABETES, TO SUPPORT ACCEPTANCE FOR SCHOOL STUDENTS LIVING WITH TYPE-1 DIABETES AND TO TACKLE THE INCIDENCE OF TYPE-2 DIABETES;(C) IMPROVING THE QUALITY OF HEALTHCARE PROFESSIONALS CONSULTATIONS BY PROVIDING TRAINING SESSIONS FOR MEDICAL TEAMS, BASED ON PATIENTS FEEDBACK AND PERSPECTIVES;(D) CREATING AN INTERNATIONAL ADVOCACY NETWORK OF PATIENT CHAMPIONS AND PATIENT ORGANISATIONS TO SUPPORT LOCAL DIABETES COMMUNITIES; AND(E) FINANCIALLY ASSISTING LOCAL DIABETES COMMUNITIES IN LOWER INCOME COUNTRIES;(2) TO ADVANCE THE EDUCATION OF PEOPLE WITH DIABETES AND THOSE WHO CARE FOR THEM, HEALTHCARE PROFESSIONALS AND THE GENERAL PUBLIC, IN ALL AREAS RELATING TO DIABETES, IN PARTICULAR (BUT NOT EXCLUSIVELY) BY:(A) PROVIDING COMMUNITY WORKSHOPS AND SEMINARS FOR PATIENTS IN SOCIABLE ENVIRONMENTS;(B) PROMOTING DIABETES EDUCATION TO YOUNG PEOPLE LIVING WITH TYPE-1 DIABETES THROUGH PRACTICAL AND ENGAGING METHODS OF EDUCATION; AND(C) OPERATING MEDIA CAMPAIGNS TO PROVIDE ACCURATE INFORMATION ABOUT ALL TYPES OF DIABETES.

Activities: Diathlete operates practical diabetes educational workshops in schools, workplaces and hospitals; camps for adults with type 1 diabetes; hosts annual events; creates social media diabetes awareness content and fundraises for diabetes causes. The community name of Diathlete is League of Diabetes

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£20,316	£15,192	-	-
2024-04-05	£24,826	£23,586	-	-
2023-04-05	£18,230	£16,551	-	-
2022-04-05	£0	£0	-	-
2021-04-05	£0	£0	-	-

Trustees

Name	Role	Appointed
Jennifer Dunn		2020-01-20
Paula Chinchilla Ortega		2022-02-02
Simran Bal		2022-02-02
Tracy Charlotte Power		2020-01-20

DIATHLETE

England & Wales - Charity number 1190263

Accounts

Trustees' Annual Report

For the year ended 31 March 2025

1. Reference and Administrative Details

Charity name: Diathlete

Registered charity number: 1190263

Country of registration: England and Wales

Governing document:

Diathlete is governed by its Constitution and is registered as a Charitable Incorporated Organisation (CIO).

Trustees:

The trustees who served during the year were responsible for the governance and strategic direction of the charity.

2. Opening Statement

This year, despite a slightly lower income than the previous year, Diathlete has grown as a CIO in its ability to reach and empower people living with Type 1 diabetes across the UK by improving confidence, wellbeing, and knowledge through innovative learning, online engagement and peer support.

Our trustees guide and oversee all activities, working closely with volunteers, local NHS diabetes teams, and community partners to make sure our programmes are effective, inclusive, and deliver real public benefit within the diabetes community. From workshops to online resources, every initiative has aimed to make day-to-day life with Type 1 diabetes easier, more informed, and better supported.

3. Review of Activities and Achievements (2024–2025)

The year ended 31 March 2025 was a **highly active and successful year** for Diathlete, with significant growth in programme delivery, geographic reach in the UK and community engagement.

Camp Phoenix – Adult Mental Health and Wellbeing

In July 2024, DiAthlete delivered “**Camp Phoenix**,” a residential mental health and wellbeing camp for adults living with Type 1 diabetes.

- **Location:** Runways End Outdoor Leisure Centre, Aldershot
- **Duration:** 2 nights, 3 days
- **Participants:** 48 adults aged 18–70
- **Geographic reach:** Attendees travelled from across the UK

Camp Phoenix was designed to address a recognised gap in diabetes care, where adults often receive limited support to manage the psychological and emotional demands of living with Type 1 diabetes.

The programme combined:

- Peer support and shared lived experience
- Mental wellbeing discussions
- Practical diabetes education
- A supportive, non-clinical and sociable environment

Participant feedback was overwhelmingly positive, with attendees reporting reduced isolation, improved confidence and a strong desire for similar opportunities in the future. Trustees believe Camp Phoenix delivered substantial public benefit and demonstrated a clear unmet need for adult-focused mental health support in diabetes care.

T1D Festival – Community Engagement and Empowerment

In October 2024, DiAthlete hosted the **T1D Festival** at **Mercedes-Benz World, Weybridge**, welcoming people of all ages living with or affected by Type 1 diabetes, including caregivers and families.

The festival included:

- Educational talks and live panel discussions
- A **Divabetica Fashion Show** celebrating confidence and visibility
- A diabetes-focused expo showcasing projects, products and initiatives
- A special guest appearance by **Roxy Horner**, supporting empowerment and positive representation

The event created a vibrant, inclusive environment where education and community connection were delivered in an engaging and accessible way.

Diathlete Days – Game-Based Learning Workshops

Throughout the year, Diathlete delivered **Diathlete Day workshops** using **game-based learning techniques** to educate and empower young people living with Type 1 diabetes.

Workshops were delivered in collaboration with NHS diabetes teams and reached:

- Cornwall
- London x2

These sessions supported learning through play, collaboration and problem-solving, helping young people build confidence in diabetes management while fostering positive peer connections.

Education, Research and Sector Leadership

Diathlete actively contributed to wider learning and best practice in diabetes care during the year.

Trustees and team members:

- Attended and presented work at major scientific and professional conferences, including:
 - **Diabetes Education and Camping Association (DECA) Conference (USA)**
 - **Exercise in Type One Diabetes (EXTOD) Conference (UK)**
 - **International Society of Pediatric Diabetes (ISPAD) Conference (global, held in Lisbon)**

These activities supported the charity's commitment to evidence-informed practice and knowledge sharing.

During the year, Diathlete also began the **development and illustration of a practical guide to game-based learning in diabetes care**, intended for future use by NHS teams and diabetes organisations.

Community Outreach and Engagement

Additional activities during the year included:

- Ongoing online community support through motivational **“Diaviews”**, featuring interviews with advocates and role models
- Engagement with schools to promote understanding of Type 1 diabetes
- The charity's first **Type 1 Trek**, bringing peers together for a supportive hiking challenge at Seven Sisters in Sussex. We had 14 participants.

4. Financial Review

Income

Total income for the year was **£20,315.90**, generated through:

- Grants (£9,750.00)
- Sponsorship (£7,400.00)
- Event and programme income (£2,405.00)
- Donations (£760.90)

Expenditure

Total expenditure for the year was **£15,191.33**.

The majority of spending related directly to charitable activities, including:

- **Camp Phoenix delivery:** £9,699.45
- **Other events, workshops and outreach:** £1,132.48
- **Travel and accommodation:** £3,787.33
- **Support and governance costs:** £572.07

The trustees are satisfied that all expenditure was appropriate, proportionate and aligned with the charity's objectives.

Reserves and Financial Position

The charity recorded a **net surplus of £5,124.57** for the year.

This surplus will be carried forward to:

- Support future delivery of Camp Phoenix
- Expand Diathlete Day workshops
- Complete and disseminate the game-based learning guide
- Maintain a modest reserve to ensure financial sustainability
- Increase our digital footprint to support the charity's growth

5. Plans for Future Periods

In the coming year, the trustees intend to:

- Continue and expand Camp Phoenix
- Deliver further Diathlete Day workshops with NHS partners
- Finalise and share the game-based learning guide
- Develop additional peer-support activities and community events
- Expand the number of attendees and activities incorporated in the T1D Festival
- Strengthen partnerships and funding streams to support growth

6. Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable law and regulations. The trustees confirm that they have taken reasonable steps to ensure that the charity keeps adequate accounting records and safeguards its assets.

Signed on behalf of the trustees

Name: *P.Chinchilla*

Role: Trustee

Date: 03-02-26

DIATHLETE

England & Wales - Charity number 1190263

Accounts

DiAthlete Charity Report

DiAthlete Charity Report
April 2023 – April 2024

1. Introduction

1.1 About.

DiAthlete is a Charitable Incorporated Organisation (CIO) registered in the UK (Charity No. 1190263), dedicated to supporting individuals living with Type 1 diabetes. Our mission is to educate, encourage, and empower the Type 1 diabetes community, focusing on mental wellbeing and engagement through game-based learning activities and peer-to-peer support events.

1.2 Trustees

Paula Chinchilla (treasurer), Simran Bal and Tracy Power are the active trustees for the charity, alongside Gavin Griffiths as the founder and shadow trustee. Jenni Dunn and Sara Thomas will be standing down from their positions as trustees, due to family commitments. We are seeking two new board members to join our team moving forward.

2. Activities and Achievements

2.1. DiAthlete Days

DiAthlete Days are our signature game-based learning workshops designed for young people with Type 1 diabetes and their caregivers. These events provide interactive sessions to enhance diabetes education and peer support.

In 2023, we collaborated with three NHS and HSC paediatric diabetes teams to host DiAthlete Days:

- **Southern Trust, Northern Ireland** – Events in Newry and Craigavon, supporting different age groups and their caregivers.
- **Royal Devon and Exeter Paediatric Diabetes Team** – Event at Exeter Chief's Rugby Stadium, with tailored sessions for under 12s and 12-16-year-olds.
- **Young Adults Meet-Up, London** – A peer support gathering for 16 young adults under 30 at Bushy Park, Hampden.

2.2. Camp Phoenix

Our 2023 summer camp for adults with Type 1 diabetes was held in Aldershot, attended by 37 individuals. The camp provided a unique space for peer connection, education, and psychological support. Activities included discussions on diabetes management integrated into practical experiences such as archery (target management) and kayaking (balancing life and diabetes). Feedback was overwhelmingly positive, with two participants deciding to transition to insulin pump therapy as a result of peer interactions.

2.3. T1D Festival

On 14 October 2023, we hosted the inaugural **T1D Festival** in Greenwich. This groundbreaking event combined education, awareness, and entertainment:

- Featured panels with healthcare professionals and patient advocates.
- International collaboration with the Sonia Nabeta Foundation (Africa), Meethi Zindagi (Pakistan), and Yog Dayan Foundation (India).
- Live music performances by Emma Langford and X Factor semi-finalist Amelia Lily.

- A unique festival setting underneath the Royal Naval College, promoting diabetes awareness in an engaging, social environment.

2.4. Trends on Thames – a Fundraising and Advocacy Challenge

From February to March 2024, charity founder Gavin Griffiths undertook an endurance challenge, covering the length of the River Thames through running, walking, and cycling. The challenge raised **£1,500** for future community projects. During this initiative, DiAthlete trustees presented awards to Mohammed Seyem (for his advocacy efforts in Gaza) and Shelley Bennett (for founding Circle D, a long-standing diabetes support group in Kent).

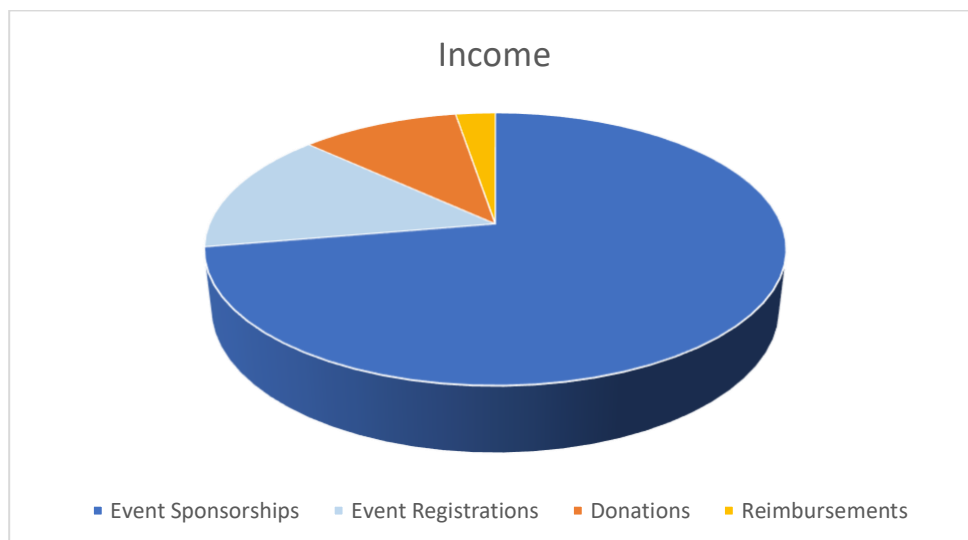
3. Future Plans

- **Expansion of DiAthlete Days:** Increasing partnerships with NHS teams to deliver more interactive educational events across the UK.
- **Game-Based Learning Guide:** Publishing a resource for diabetes teams and community groups to enhance peer-support engagement.
- **Continuation of Camp Phoenix:** Maintaining the only UK-based camp for adults with Type 1 diabetes, and expanding its reach.
- **Growth of T1D Festival:** Developing this unique event into an annual feature.
- **Enhanced Online Presence:** Recruiting additional volunteers or trustees to expand DiAthlete’s digital engagement by increasing our reach through interviews (“Diaviews”) and online campaigns, and improving our communication methods with administrative skills.

4. Financial Summary

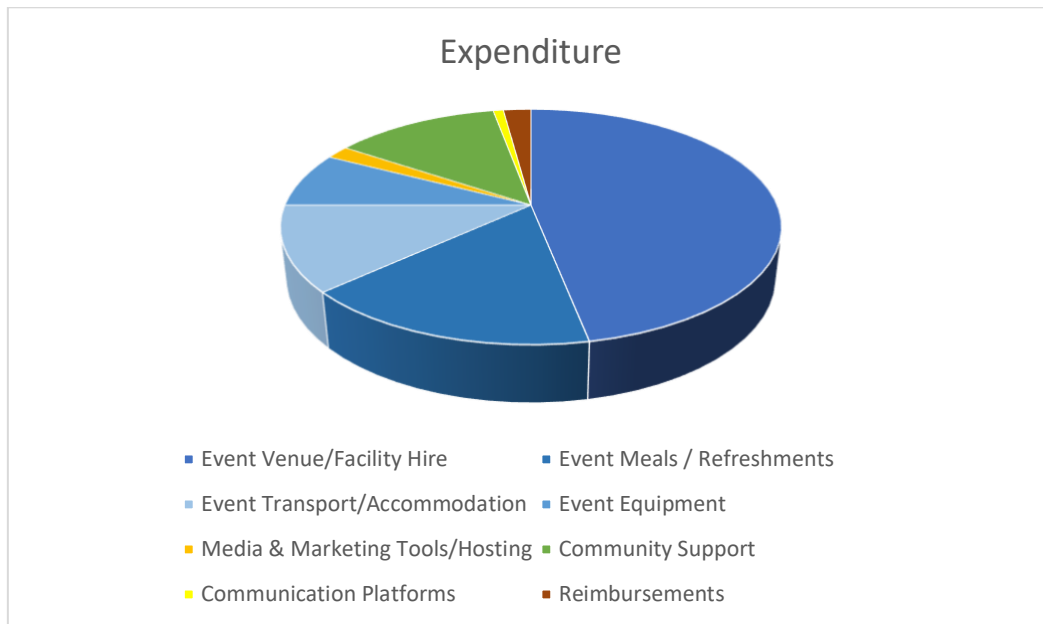
4.1. Income

- **Total Income Received:** £24,826.39
- **Breakdown:**
 - **Events:**
 - Registrations (Camp Phoenix & T1D Festival): £3,613.71
 - Sponsorships: £17,950.00
 - **Donations:** £2,609.59
 - **Reimbursements/Other:** £653.09



4.2. Expenditure

- **Total Outgoing:** £23,856.01
- **Breakdown:**
 - **Events:**
 - Venue and Facility Hire: £11,187.99
 - Refreshments and Meals: £3,902.17
 - Accommodation & Transport for Volunteers/Guest Speakers: £2,800.21
 - Equipment: £1,814.00
 - **Media & Marketing:** £428.73 (social media, promotional materials, web hosting)
 - **Community Support:** £3,030.00 (donations to Sonia Nabeta Foundation, Yog Dhyan Foundation, and Meethi Zindagi)
 - **Communications:** £187.08 (Zoom meetings, project discussions)
 - **Reimbursements:** £507.83 (team travel and participant refunds)



4.3. Net Profit

- Total Income (£24,826.39) – Total Outgoing (£23,856.01) = **£968.38**

5. Conclusion

DiAthlete has successfully expanded its reach in supporting the Type 1 diabetes community through innovative and engaging community events. The strong feedback from attendees of our summer camp for adults, and to our first T1D Festival indicates we achieved a positive impact on people’s lives and mental wellbeing in managing diabetes. We aim to grow our initiatives in the direction we have opened in 2023-2024, providing further education, encouragement, and empowerment for those living with Type 1 diabetes.

DIATHLETE

England & Wales - Charity number 1190263

Accounts



Charitable Incorporated Organisation registered in England and Wales 1190 263

Annual Report and Financial Statements

For Financial Year beginning 6 April 2022 – 5 April 2023

Contents:

- Administrative Details
- Trustee Report
- Structure, Governance, and Management Description of Charity's Trusts
- Financial Review
- Notes to the Financial Statements

Administrative Details

Board of Trustees:

Paula Chinchilla (Treasurer in this financial term)

Simran Bal

Tracy Power

Sara Thomas (resigned 1 October 2022)

Jennifer Dunn (resigned 1 August 2022)

Charity Registration Number:

1190 263

Main Contact Address:

20 Scholars Place,

Walton-on-Thames

Surrey

KT12 3FE

Main Contact Emails:

Diathlete.org@gmail.com

hello@leagueofdiabetes.org

Trustee's Report

The trustees present the annual report together with the financial statements of DiAthlete Charitable Incorporated Organisation (CIO) for the year ended 1 April 2023.

Introduction

Following our CIO registration in 2020 and amidst the challenges posed by the COVID-19 pandemic, the financial year 2022-2023 marked our first full year of face-to-face projects and financial engagement in supporting the Type 1 diabetes community.

As a small charity with a small number of trustees at its core, our grassroots mission is to provide sociable approaches to diabetes education and promote mental wellbeing among those living with and managing this condition around the clock. Our objective is unique and necessary, when considering the growing want for support across the diabetes online community (particularly in the cases of adults and caregivers who have children diagnosed with Type 1 diabetes) and yet there are very few, sociable, interactive and relatable opportunities which exist both across the UK and worldwide. The majority of events that do exist outside of our charity are often very formal, with high-level medical terminologies, in a conference format. So our benefit to the public as a charity is in breaking this area down, through providing peer-to-peer opportunities, with holistic and engaging approaches to learn in an informal and comfortable environment – empowering people with Type 1 diabetes in their daily lives managing this condition independently.

We acknowledge a change in trustees during this financial year and, at the outset of this report, the appointment of Martin Ryan in 2024 as our new treasurer. We note with regret a delay in submitting our return and accounts as scheduled as a result of these changes and this new onboarding.

Key Success Points

In 2022-2023, our notable achievements include:

- Financing the development of a Type 1 diabetes awareness media documentary. With the support of our vendor, Praxima, and partnering sponsors, this documentary delves into the evolving landscape of diabetes healthcare, highlighting advancements in mobile health technologies and Hybrid Closed Loop systems in diabetes treatment in the UK, while addressing the ‘post code lottery’ impact on healthcare, and global disparities in access to these innovations. We anticipate that this documentary will offer an insightful and relatable perspective on life with Type 1 diabetes to a wider audience.
- The successful return of face-to-face workshops in collaboration with NHS or HSC paediatric diabetes teams. In October 2022, we partnered with James Cook Hospital in Northallerton to host a DiAthlete Day with Game Based Learning activities taking place for patients of the hospital with Type 1 diabetes in a sports hall setting, in addition to a coffee chat session with parents and carers. Between February and March 2023, we conducted four DiAthlete workshops for families and youth living with Type 1 diabetes in Newry and Craigavon, Northern Ireland, through the paediatric diabetes team of the HSC Southern Trust. These Game Based Learning activities provide a platform for individuals to interact with peers facing similar challenges and

participate in engaging educational sessions about their condition. The positive impact of these workshops, particularly in rural areas, underscores our progress and underscores our commitment to supporting the Type 1 diabetes community.

- In supporting adults with Type 1 diabetes, in November we hosted a 5km running meet up event in Danson Park, Bexley and supported in the same day a Type 1 diabetes awareness campaign held at Kings Cross station in London.
- Attending the International Diabetes Federation's World Diabetes Congress to share about our work, and through meetings that took place at the congress held in Lisbon, laying the foundations for delivering an annual summer camp for adults living with Type 1 diabetes in the next financial year.

Governance

DiAthlete's trustees are committed to fulfilling our governance responsibilities, which include regular briefings in monthly virtual trustee meetings. We are pleased to report compliance with significant legal requirements, including the Data Protection Act 2018, with no data breaches reported for 2022/23.

Financial Review

During our inaugural year actively trading as a CIO, our total income amounted to GBP £18,229, derived from donations and trading activities. Our total outgoing for the same period was GBP £16,551, covering expenses related to charitable workshop facilitation, event hosting, and marketing expenditures.

Future Plans

As we look ahead, our focus remains on empowering and supporting the Type 1 diabetes community in the UK. Our plans for the upcoming year include partnering with hospital teams to host more Game Based Learning events, organising and executing the first adult camp in Aldershot during the summer, and continuing the production of our documentary project.

Risk Management

The trustees have reviewed the major risks to which DiAthlete is exposed. While we recognise the importance of financial stability and need to secure donations, especially as a new charity, we are optimistic about leveraging future donor support and exploring opportunities for Gift Aid. Our commitment to robust governance and adherence to legal requirements remains unwavering.

Signed on behalf of the Board of Trustees to DiAthlete



Paula Chinchilla

Treasurer 2022-2023, Trustee Member of DiAthlete

Structure, Governance and Management Description of charity's trusts:

The charity is constituted as a Charitable Incorporated Organisation (CIO) with an active governing document that our trustee members must read, acknowledge and follow.

1. Trustee selection methods and eligibility for trusteeship (at DiAthlete)

- (a) Every charity trustee must be a natural person.
- (b) No individual may be appointed as a charity trustee of the CIO: if he or she is under the age of 16 years; or if he or she would automatically cease to hold office under the provisions of clause
- (c) there would be disqualification from acting as a charity trustee by virtue of sections 178-180 of the Charities Act 2011 (or any statutory re-enactment or modification of that provision)
- (d) No one is entitled to act as a charity trustee whether on appointment or on any reappointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.
- (e) Every charity trustee should have a personal connection with type 1 diabetes (a patient living with it, a family member, a spouse or civil partner, or having worked in diabetes healthcare)
- (f) Number of charity trustees:
 - (i) There must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.
 - (ii) There is no maximum number of charity trustees that may be appointed to the CIO.

2. Additional Trustee information:

- (a) All the trustees of DiAthlete must read the Commission's public benefit guidance, and in managing the affairs of the CIO, have regard to it in exercising any duties and/or powers to which the guidance is relevant.
- (b) Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.
- (c) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. The charity trustees will make available to each new charity trustee, on or before his or her first appointment: a copy of the current version of this constitution; and a copy of the CIO's latest Trustees' Annual Report and statement of accounts Calling meetings.
 - (i) Any charity trustee may call a meeting of the charity trustees.
 - (ii) Subject to that, the charity trustees shall decide how their meetings are to be called, and what notice is required.

(d) Chairing of meetings: the charity trustees may appoint one of their number to chair their meetings and may at any time revoke such appointment. If no-one has been so appointed, or if the person appointed is unwilling to preside or is not present within 10 minutes after the time of the meeting, the charity trustees present may appoint one of their number to chair that meeting.

(e) Procedure at meetings

(f) No decision shall be taken at a meeting unless a quorum is present at the time when the decision is taken. The quorum is two charity trustees, or the number nearest to one third of the total number of charity trustees, whichever is greater, or such larger number as the charity trustees may decide from time to time. A charity trustee shall not be counted in the quorum present when any decision is made about a matter upon which he or she is not entitled to vote.

(g) Questions arising at a meeting shall be decided by a majority of those eligible to vote. (4) Participation in meetings by electronic means

(h) A meeting may be held by suitable electronic means agreed by the charity trustees in which each participant may communicate with all the other participants.

(i) Any charity trustee participating at a meeting by suitable electronic means agreed by the charity trustees in which a participant or participants may communicate with all the other participants shall qualify as being present at the meeting.

(j) Meetings held by electronic means must comply with rules for meetings, including chairing and the taking of minutes.

3. Membership of the CIO

(a) The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else.

(b) Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Financial Review

Review of the Charity's Financial Position at the end of 5th April 2023:

We finished the year with a total of **GBP £1,678.57** in our charity account.

Statement of Financial Activities

Total Incomings April 2022 – April 2023: **+GBP £18,229.16**

Type of Income	Items of Income	Total Income Amount
Charitable Activities	Event sponsorships	£16,000
Donations	Individuals (Gift Aid not claimed)	£2037.48
Government Grants	N/A	£0
Investments	N/A	£0
Trading Activities	Merchandise	£191.68
Other	N/A	£0

Total Outgoings from April 2022 – April 2023: **-GBP £16,550.59**

Type of Expenditure	Items of Expenditure	Total Outgoing Amount
Event / Project expenses	Transportation to events; accommodations at events, refreshments and victuals for team or volunteers at events; vendors to complete an event/project supporting job;	£12,329.41
Marketing and Media	Promotion of Events; Social Media management / campaigns, ads; monthly Canva Membership; graphic designs; Printed flyers, posters, leaflets; new logo designs; Website; Website assets	£3794.49
Team and Charity Meetings	Monthly Zoom membership; Team Transportation to meetings; Conference Registrations; Meeting Accommodations or Refreshments	£311.89
Administrative Expenses	Postage, Virtual Office	£114.80

April 2022 – March 2023 Monthly Expenditure Breakdown:

April 2022:

Money in: £0

Types of Income: N/A

Money out: £0

Types of Expenditure: N/A

May 2022:

Money in: £0

Types of Income: N/A

Money out: £0

Types of Expenditure: N/A

June 2022:

Money in: £0

Types of Income: N/A

Money out: £0

Types of Expenditure: N/A

July 2022:

Money in: £0

Types of Income: N/A

Money out: £0

Types of Expenditure: N/A

August 2022:

Money in: £15,010

Types of Income:

Charitable Activities: +15000

Donations: +10

Gov Grants: +0

Trading Activities: +0

Money out: £0

Types of Expenditure:

N/A

September 2022:

Money in: £2027.48

Types of Income:

Charitable Activities: +0

Donations: +2027.48

Gov Grants: +0

Trading Activities: +0

Money out: £21.98

Types of Expenditure:

Marketing and Media: - 21.98

Team and Charity Meetings: - 0

Event and Project expenses: - 0

Administrative: - 0

October 2022:

Money in: £0

Types of Income: N/A

Money out: £9448.41

Types of Expenditure:

Marketing and Media: - 653.48

Team and Charity Meetings: - 28.78

Event and Project expenses: - 8766.15

Administrative: - 0

November 2022:

Money in: £1000

Types of Income:

Charitable Activities: + 1000

Donations: +0

Gov Grants: +0

Trading Activities: +0

Money out: £965.71

Types of Expenditure:

Marketing and Media: - 141.26

Team and Charity Meetings: - 14.39

Event and Project expenses: - 810.06

Administrative: -0

December 2022:

Money in: £0

Types of Income: N/A

Money out: £805.79

Types of Expenditure:

Marketing and Media: - 10.99

Team and Charity Meetings: - 93.60

Event and Project expenses: - 701.20

Administrative: -0

January 2023:

Money in: £0

Types of Income: N/A

Money out: £423.52

Types of Expenditure:

Marketing and Media: - 336.20

Team and Charity Meetings: - 14.39

Event and Project expenses: - 45.98

Administrative: - 26.95

February 2023:

Money in: £0

Types of Income: N/A

Money out: £3,363.54

Types of Expenditure:

Marketing and Media: - 2000.00

Team and Charity Meetings: - 14.39

Event and Project expenses: - 1260.30

Administrative: - 87.85

March 2023:

Money in: £191.68

Types of Income:

Charitable Activities: +0

Donations: +0

Gov Grants: +0

Trading Activities: +191.68

Money out: £1522.64

Types of Expenditure:

Marketing and Media: -630.58

Team and Charity Meetings: - 146.34

Event and Project expenses: -745.72

Administrative: - 0

Notes to the Financial Statements

1. The CIO's principal source of funding in 2022-2023 was through its Charitable activities, which included funding partnerships, media engagement, and public registrations.
2. The principal risks facing the charity include rising costs to host events (e.g., expenditures in venues and/or booking activities, providing refreshments) and the charity's current reliance on agreements with financial partners. It is essential for the charity to explore avenues for additional support in the next fiscal year, including the option to attract more donors and seek Gift Aid support. However, the charity's cost-effective approach to providing peer-to-peer engagement in grassroots settings (utilizing local contacts and facilities such as leisure centres and partnering with hospital teams) has proven successful. Additionally, the strategic growth across social media platforms to increase brand awareness has been a positive advancement, effectively reaching more communities and achieving higher event attendance and registrations.
3. DiAthlete maintains a reserve to cover fluctuations in profit and loss. Substantial donations or surpluses may be kept in reserve until a useful purpose can be found for them, such as hosting a community workshop to support a diabetes health team and their local patients.
4. There is currently no formal policy regarding reserves, but Trustees are in agreement that ideally, reserves should be in the region of 12 months of running costs.

DIATHLETE

England & Wales - Charity number 1190263

Accounts



Trustees' Annual Report for the period

From 06/04/2021 Period start date To 05/04/2022 Period end date

Charity name: DiAthlete

Charity registration number: 1190 263

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity has set out in its governing document	Para 1.17	<p>DiAthlete's purposes have been set out to promote and protect the physical and mental health of people living with diabetes, in particular (but not exclusively) by:</p> <ul style="list-style-type: none">(i) Supporting young adults with type-1 diabetes to emotionally accept their condition, grow in independence of self-management and advance as patient advocates to support others living with diabetes;(ii) Providing schools with information about the impact and differing types of diabetes, to support acceptance for school students living with type-1 diabetes and to tackle the incidence of type-2 diabetes;(iii) Improving the quality of healthcare professionals, consultations by providing training sessions for medical teams, based on patient's feedback and perspectives;(iv) Creating an international advocacy network of patient champions and patient organisation's to support local diabetes communities; and

		<ul style="list-style-type: none"> (v) Financially assisting local diabetes communities in lower income countries; <p>(b) To advance the education of people with diabetes and those who care for them, healthcare professionals and the general public, in all areas relating to diabetes, in particular (but not exclusively) by:</p> <ul style="list-style-type: none"> (i) providing community workshops and seminars for patients in sociable environments; (ii) promoting diabetes education to young people living with type-1 diabetes through practical and engaging methods of education; and (iii) operating media campaigns to provide accurate information about all types of diabetes.
<p>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>	<p>Para 1.17 and 1.19</p>	<p>DiAthlete has continued to provide virtually hosted workshops for people living with Type 1 diabetes (and their caregivers) and collaboration with local diabetes health teams in the NHS (England) and HSC (Northern Ireland) to reach and support patients.</p> <p>In coming away from the shadow of the covid-19 pandemic, in this financial year, with diabetes being a higher vulnerable condition, we paused plans on operating face to face engagements. However, we have set aims to resume the advantages of in person activities and hosting diabetes peer support events in the near future.</p> <p>Our virtual workshops have invited patients of local diabetes teams the opportunity to register for free and attend sessions on set topics of information, ranging from type 1 diabetes and nutrition, exercise, to mental wellbeing. We have invited volunteers and public speakers with core topic interests / experiences to also attend and provide encouraging insights to their personal story linked to the workshop event.</p> <p>DiAthlete has further supported a global training platform with our established 'League of Diabetes' network, which enables diabetes advocates (people living</p>

		<p>with T1D willing to support their local communities) to receive training documents and webinars to build their diabetes community projects from. We have shared an open guide on making effective workshops, camps and community events suited to support young people with diabetes, for our connected network of T1D advocates who represent their local diabetes support groups or patient organisations across 21 countries, to assist project outcomes around the world.</p> <p>In addition to the above, DiAthlete has hosted quarterly virtual calls for attending 'LOD' network members, to share about their community project outcomes together, to keep updated with the latest global news in diabetes healthcare, and to hear from inspiring voices in the diabetes community.</p> <p>DiAthlete has continued to utilise social media channels during this period to provide supportive information across multiple topic areas of life with diabetes, this included: diabetes and exercise, nutrition, travel, socialising, transition from paediatric healthcare to adult healthcare, guidance for parents and caregivers, advancing diabetes health technologies, diagnosis.</p> <p>DiAthlete successfully agreed for x20 complimentary registrations to the International Society of Adolescent and Paediatric Diabetes (ISPAD) annual scientific conference to be provided for trustees, volunteers and advocates in our charity or connected in our League of Diabetes network. The attending members covered their own expenses, however, were more able to do so with the registration fee being waived.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All the trustees of DiAthlete have read the Commission's public benefit guidance, and in managing the affairs of the CIO, have regard to it in exercising any duties and/or powers to which the guidance is relevant. DiAthlete maintains monthly trustee meetings to assess our plans and duties.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	No grants were made in this period.

Policy on social investment including program related investment	Para 1.38	The DiAthlete trustees have not considered any social investment at present. Should any Social Investment be considered the Trustees will seek advice and develop policy in accordance with commission guidelines.
Contribution made by volunteers	Para 1.38	DiAthlete received support from volunteers to develop projects such as social media campaigns and to participate in online workshops in this period. DiAthlete appreciates and welcomes support from volunteers, providing where applicable skills, efforts and community value to our mission.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>4 virtual webinars were provided to LOD Global members to hear updates from around the world of diabetes and guidance on producing diabetes community projects. We also maintained a supportive and effective WhatsApp chat communication platform with this network, where each month we encouraged sharing of 'Diabetes Personal' from 1-15th of month (a more sociable side to the chat, with shared info of differing cultures and celebrations around the world, how life with T1D is perceived, and sharing of personal stories); and 'Diabetes Projects' to share of successful events and projects made to support local diabetes communities.</p> <p>8 online educational workshops were operated between April – December, with partnering NHS or HSC diabetes teams inviting both their staff members and Type 1 diabetes patients / caregivers to attend. We covered the following topics of:</p> <ul style="list-style-type: none"> - Type 1 Diabetes and Exercise - Type 1 Diabetes and Nutrition - Parenting in Type 1 Diabetes - Diagnosis to Type 1 Diabetes - Type 1 Diabetes Psychology <p>We varied between (lowest) 12 attendees to (highest) 73 attendees in our virtual workshops. In total, via our website, 368 people registered to attend our workshops, which were held on Zoom platforms.</p>

		<p>With the May 2021 bombings of the Gaza Strip, DiAthlete acted fast with our League of Diabetes contact and advocate, Mohamed Sayem, to set up an emergency call involving representatives of the International Diabetes Federation and World Health Organization, concerning emergency supplies to those living with diabetes. Mohamed Sayem ensured fellow people with diabetes attended the meeting to provide a platform to hear first hand the experiences of civilians with diabetes caught in this situation. The resulting outcome of chairing this meeting helped lead to the WHO being able to take action through communication with Mr Sayem, the Ministry of Health in Gaza and Diabetes Palestine, to provide to the Gaza Strip a continuation of diabetes medical essentials including insulin vials, syringes and blood glucose monitoring equipment and test strips to those in need.</p> <p>In the February 2022 invasion of Ukraine by Russia, we unfortunately again had to act fast to call a meeting of local European associations, including representatives of Poland, Romania and Moldova, the International Diabetes Federation, World Health Organization and DeDoc Voices, to discuss and understand the most safe and effective method of securing diabetes aid to Ukraine. Through the contacts and close bond of our network, we were able to chair both this meeting and the one in support of Gaza's diabetes community.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>As a newly established charity, in a period of uncertainty in the COVID-19 pandemic and aftermath, we have efficiently used limited but effective communication resources from social media channels, WhatsApp chats, and virtual hosting platforms such as Zoom, to provide continued support for people living with type 1 diabetes.</p> <p>We have faced setbacks, with being unable to open a new charity bank account with all trustees until July 2022, coming into the next financial year, and therefore have been without funding in this period. Despite this, we have been able to reach and engage with people with diabetes. Effectively communicate and host essential</p>
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		<p>meetings in the face of global emergencies for the diabetes community, and establish ourselves further as a charity who cares and believes in holistic approaches to supporting healthcare.</p> <p>The charity trustees have further laid out plans to build on this and introduce future face to face outcomes, with plans for an annual diabetes camp and hosting face to face workshops with diabetes teams around the UK in the future.</p>
Performance of fundraising activities against objectives set	Para 1.41	In this period, we have been unable to fundraise / receive any donations as we was not with a charity bank account registered (until July 2022)
Investment performance against objectives	Para 1.41	We have been without financial investors in this period.
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of this period, the DiAthlete CIO has £0.00 in our charity bank account, without any expense outgoings. Our charity account was opened in March 2022 with Lloyds Bank. As this is DiAthlete's first year as a registered CIO, we cannot compare this to other years gone by; however, the trustees expect to see advanced financial capabilities through donations and projects in the coming year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	DiAthlete maintains a reserve to cover fluctuations in profit and loss. Substantial donations or surpluses may be kept in reserve until a useful purpose can be found for them e.g hosting a community workshop to support a diabetes health team and their local patients.
Amount of reserves held	Para 1.22	There is no policy regarding reserves, but Trustees are agreed that ideally, reserves should be in the region of 12 months running costs.
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	N/A
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	N/A
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Charitable Incorporated Organisation (CIO) Association Constitution
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Eligibility for trusteeship (at DiAthlete)</p> <p>(a) Every charity trustee must be a natural person.</p> <p>(b) No individual may be appointed as a charity trustee of the CIO: if he or she is under the age of 16 years; or</p> <p>if he or she would automatically cease to hold office under the provisions of clause</p> <p>(c) there would be disqualification from acting as a charity trustee by virtue of sections 178-180 of the Charities Act 2011 (or any statutory re-enactment or modification of that provision)</p> <p>(d) No one is entitled to act as a charity trustee whether on appointment or on any reappointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.</p> <p>(e) Every charity trustee should have a personal connection with type 1 diabetes (a patient living with it, a family member, a spouse or civil partner, or having worked in diabetes healthcare)</p> <p>(f) Number of charity trustees</p> <p>(i) There must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.</p> <p>(ii) There is no maximum number of charity trustees that may be appointed to the CIO.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

<p>Policies and procedures adopted for the induction and training of trustees</p>	<p>Para 1.51</p>	<p>All the trustees of DiAthlete must read the Commission's public benefit guidance, and in managing the affairs of the CIO, have regard to it in exercising any duties and/or powers to which the guidance is relevant.</p> <p>Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.</p> <p>In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.</p> <p>The charity trustees will make available to each new charity trustee, on or before his or her first appointment: a copy of the current version of this constitution; and a copy of the CIO's latest Trustees' Annual Report and statement of accounts</p> <p>Calling meetings</p> <ul style="list-style-type: none">) Any charity trustee may call a meeting of the charity trustees.) Subject to that, the charity trustees shall decide how their meetings are to be called, and what notice is required.) Chairing of meetings <p>The charity trustees may appoint one of their number to chair their meetings and may at any time revoke such appointment. If no-one has been so appointed, or if the person appointed is unwilling to preside or is not present within 10 minutes after the time of the meeting, the charity trustees present may appoint one of their number to chair that meeting.</p> <ul style="list-style-type: none">) Procedure at meetings) No decision shall be taken at a meeting unless a quorum is present at the time when the decision is taken. The quorum is two charity trustees, or the number nearest to one third of the total number of charity trustees, whichever
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		<p>is greater, or such larger number as the charity trustees may decide from time to time. A charity trustee shall not be counted in the quorum present when any decision is made about a matter upon which he or she is not entitled to vote.</p> <p>Questions arising at a meeting shall be decided by a majority of those eligible to vote.</p> <p>(4) Participation in meetings by electronic means</p> <p>(g) A meeting may be held by suitable electronic means agreed by the charity trustees in which each participant may communicate with all the other participants.</p> <p>(h) Any charity trustee participating at a meeting by suitable electronic means agreed by the charity trustees in which a participant or participants may communicate with all the other participants shall qualify as being present at the meeting.</p> <p>(i) Meetings held by electronic means must comply with rules for meetings, including chairing and the taking of minutes.</p> <p>(2) Membership of the CIO</p> <p>(a) The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else.</p> <p>(b) Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.</p>
<p>The charity's organisational structure and any wider network with which the charity works</p>	<p>Para 1.51</p>	<p>DiAthlete supports diabetes teams in England and Wales within the National Health Service, to provide relevant diabetes topic related workshops or seminars for their patients. And in Northern Ireland with the HSC diabetes teams.</p>
<p>Relationship with any related parties</p>	<p>Para 1.51</p>	<p>N/A</p>

Other		
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Reference and Administrative details

Charity name	Diathlete
Other name the charity uses	League of Diabetes (network)
Registered charity number	1190263
Charity's principal address	Shoals Hook House, Shoals Hook Lane, Haverfordwest, SA61 2XN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gavin Charles Griffiths		Resigned as trustee	Sara Thomas
2	Tracy Charlotte Power		Whole period	
3	Jennifer Dunn		Whole period	
4	Sara Thomas	Chair	Whole period	
5	Simran Bal		Appointed 1 November 2021	
6	Paula Chinchilla Ortega	Treasurer	Appointed 1 November 2021	
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Sara Thomas	
Position (eg Secretary, Chair, etc)	Chair Trustee	
Date	31/ 01 / 2023	



Charity Name		Charity No (if any)	
Annual accounts for the period			
Period start date		To	Period end date

Section A Statement of financial activities

Recommended categories by activity	Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	-	-	-	-	-
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	-	-	-	-	-
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	-	-	-	-	-
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	-	-	-	-	-
Net income/(expenditure) before investment gains/(losses)						
Net gains/(losses) on investments	S13	-	-	-	-	-
	S14	-	-	-	-	-
Net income/(expenditure)	S15	-	-	-	-	-
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	-	-	-	-	-
Reconciliation of funds:						
Total funds brought forward	S21	-	-	-	-	-
Total funds carried forward	S22	-	-	-	-	-

Section B

Balance sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03
Fixed assets					
Intangible assets	(Note 15)	B01	-	-	-
Tangible assets	(Note 14)	B02	-	-	-
Heritage assets	(Note 16)	B03	-	-	-
Investments	(Note 17)	B04	-	-	-
Total fixed assets			-	-	-
Current assets					
Stocks	(Note 18)	B06	-	-	-
Debtors	(Note 19)	B07	-	-	-
Investments	(Note 17.4)	B08	-	-	-
Cash at bank and in hand	(Note 24)	B09	-	-	-
Total current assets			-	-	-
Creditors: amounts falling due within one year	(Note 20)	B11	-	-	-
Net current assets/(liabilities)			-	-	-
Total assets less current liabilities			-	-	-
Creditors: amounts falling due after one year	(Note 20)	B14	-	-	-
Provisions for liabilities		B15	-	-	-
Total net assets or liabilities			-	-	-
Funds of the Charity					
Endowment funds	(Note 27)	B17	-		
Restricted income funds	(Note 27)	B18		-	
Unrestricted funds		B19			-
Revaluation reserve		B20			
Total funds			-	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print I



Total this year £ F04	Total last year £ F05
-	-
-	-
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Name	Date of approval dd/mm/yyyy

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with*

<input checked="" type="checkbox"/>

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

<input checked="" type="checkbox"/>

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	
Disclosure of any uncertainties that make the going concern assumption doubtful;	
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input checked="" type="checkbox"/>	

Please disclose:

(i) the nature of the change in accounting policy;	
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	
(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input checked="" type="checkbox"/>	

Please disclose:

(i) the nature of any changes;	
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	
(iii) where practicable, the effect of the change in one or more future periods.	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input checked="" type="checkbox"/>	

Please disclose:

(i) the nature of the prior period error;	
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	

Section C

Note 2

Accounting policies

Please complete this note when first reporting under FRS2102. presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GOOD PRACTICE

Please provide a description of the nature of each change in accounting policy

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Reconciliation of funds per previous GAAP to funds determined

	Start of period	End of period
	£	£
Fund balances as previously stated		
Adjustments:		
Fund balance as restated		

Reconciliation of net income/(net expenditure) per previous period

	End of period
	£
Net income/(expenditure) as previously stated	
Adjustments:	

Previous period net income/(expenditure) as restated _____

Notes to the accounts

Section 35 of FRS102, requires 3 reconciliations to be

GENERALLY ACCEPTED ACCOUNTING

--

etermined under FRS 102

ous GAAP to net income/(net expenditure) under FRS

Note 2

Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied but if a different or additional policy has been adopted then this is

Recognition of income	<p>These are included in the Stat</p> <ul style="list-style-type: none"> • the charity becomes ent • it is more likely than not • the monetary value can
Offsetting	<p>There has been no offsetting (permitted by the FRS 102 SOF</p>
Grants and donations	<p>Grants and donations are only criteria are met (5.10 to 5.12</p>
Legacies	<p>In the case of performance re that the charity has provided only occurs when the perform</p> <p>Legacies are included in the S grant of probate, the executor estate and any conditions att: charity or have been met.</p>
Government grants	<p>The charity has received gove</p>
Tax reclaims on donations and gifts	<p>Gift Aid receivable is included Any Gift Aid amount recovered treated as an addition to the s terms of the appeal have spec</p>
Contractual income and performance related grants	<p>This is only included in the So services or met the performar</p>
Donated goods	<p>Donated goods are measured (exchanged) unless impractica</p> <p>The cost of any stock of goods: the fair value of those gifts at receipt. In the reporting period as an expense at the carrying</p> <p>Donated goods for resale are expected proceeds from sale from other trading activities' v sheet. On its sale the value o activities' and the proceeds fr activities'.</p> <p>Goods donated for on-going u and included in the SoFA as in</p>

	Gifts in kind for use by the charity when receivable.
Donated services and facilities	Donated services and facilities gift to the charity provided the charity has received the value of the gift. Donated services and facilities with an equivalent amount received from the charity in the SOFA.
Support costs	The charity has incurred expenditure on support costs.
Volunteer help	The value of any voluntary help received in the trustees' annual report.
Income from interest, royalties and dividends	This is included in the accounts if it can be measured reliably.
Income from membership subscriptions	Membership subscriptions received. Legacies. Membership subscriptions where benefits are recognised as income from charitable activities.
Settlement of insurance claims	Insurance claims are only included if the criteria are met (5.10 to 5.12 in the SoFA).
Investment gains and losses	This includes any realised or unrealised gain or loss resulting from investments in the year.
2.3 EXPENDITURE AND LIABILITIES	
Liability recognition	Liabilities are recognised where there is a constructive obligation commensurate with the risk that the obligation can be measured reliably.
Governance and support costs	Support costs have been allocated to governance. Governance costs comprise all costs incurred in compliance with regulation and the charity's constitution. Support costs include central services, support categories on a basis consistent with the charity's floor areas, or per capita, staff costs.
Grants with performance conditions	Where the charity gives a grant on the basis of a service or output to be provided by the recipient of the grant has provided the service or output.
Grants payable without performance conditions	Where there are no conditions attached to the grant realistically avoid the commitment to the grant being recognised.
Redundancy cost	The charity made no redundancy payments.

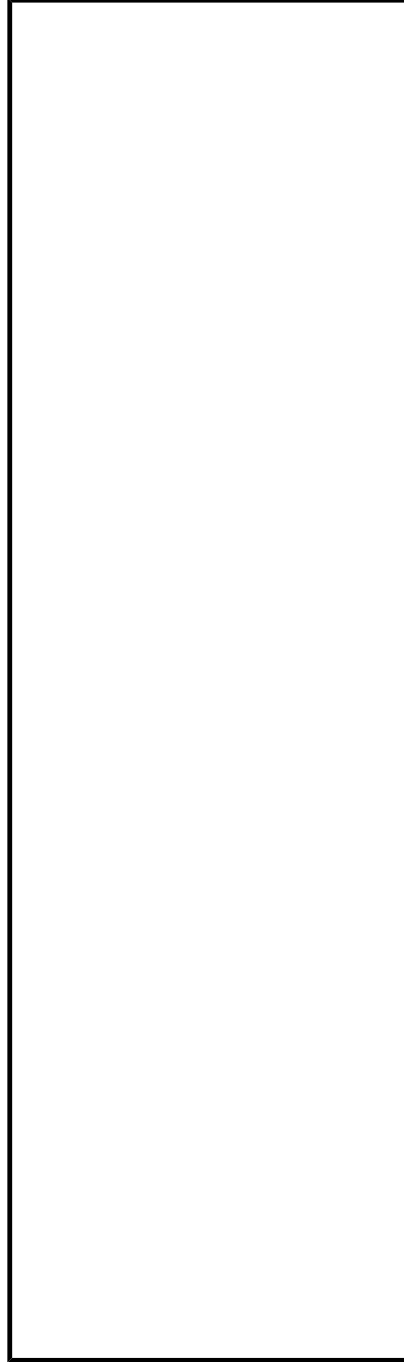
Deferred income	No material item of deferred i
Creditors	The charity has creditors whic discounts
Provisions for liabilities	A liability is measured on reco measured at the best estimat reporting date
Basic financial instruments	The charity accounts for basic paragraph 11.7 FRS102 SORP. 11.19, FRS102 SORP.
2.4 ASSETS	
Tangible fixed assets for use by charity	These are capitalised if they c They are valued at cost.
Intangible fixed assets	The depreciation rates and m The charity has intangible fixe physical substance but are ide or legal rights. The amortisat They are valued at cost.
Heritage assets	The charity has heritage asse scientific, technological, geop maintained principally for thei rates and methods used as di They are valued at cost.
Investments	Fixed asset investments in qu valued at initially at cost and end. The same treatment is a measured reliably in which ca Investments held for resale or maturity date of less than 1 y
Stocks and work in progress	Stocks held for sale as part of realisable value. Goods or services provided as based on the service potentia Work in progress is valued at
Debtors	Debtors (including trade debt settlement amount after any t they are measured at the casl
Current asset	The charity has has investmei equivalents with a maturity d

**Current asset
investments**

equivalents with a maturity of
equivalents with a maturity of
to meet short term cash comr

They are valued at fair value €

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE**



by the charity except for those ticked "No" or "N/a". Where a detail is provided, it is detailed in the box below.

Statement of Financial Activities (SoFA) when:

entitled to the resources;

that the trustees will receive the resources; and

can be measured with sufficient reliability.

Yes	No	N/a
✓	✓	✓

of assets and liabilities, or income and expenses, unless required or permitted by FRS 102.

Yes	No	N/a
✓	✓	✓

are included in the SoFA when the general income recognition criteria are met (FRS102 SORP).

Yes	No	N/a
✓	✓	✓

related grants, income must only be recognised to the extent that the specified goods or services as entitlement to the grant and any other related conditions are met (5.16 FRS 102 SORP).

Yes	No	N/a
✓	✓	✓

SoFA when receipt is probable, that is, when there has been sufficient evidence established that there are sufficient assets in the charity and the assets attached to the legacy are either within the control of the charity or the charity has the right to call for them.

Yes	No	N/a
✓	✓	✓

Government grants in the reporting period

Yes	No	N/a
✓	✓	✓

Income from a donation is considered to be part of that gift and is recognised in the same fund as the initial donation unless the donor or the charity has specified otherwise.

Yes	No	N/a
✓	✓	✓

Income from a donation once the charity has provided the related goods or services and any other related conditions.

Yes	No	N/a
✓	✓	✓

Assets measured at fair value (the amount for which the asset could be exchanged between knowledgeable willing parties to do so).

Yes	No	N/a
✓	✓	✓

Income from stocks donated for distribution to beneficiaries is deemed to be recognised at the time of their receipt and they are recognised on the SoFA in the period in which the stocks are distributed, they are recognised at the fair value of the amount of the stocks at distribution.

Yes	No	N/a
✓	✓	✓

Income from stocks measured at fair value on initial recognition, which is the fair value less the expected costs of sale, and recognised in 'Income from other trading' with the corresponding stock recognised in the balance sheet. The cost of stock is charged against 'Income from other trading' and the proceeds from sale are also recognised as 'Income from other trading'.

Yes	No	N/a
✓	✓	✓

Income from stocks received by the charity are recognised as tangible fixed assets and are recognised as coming resources when receivable.

Yes	No	N/a
✓	✓	✓

arity are included in the SoFA as income from donations

Yes	No	N/a
✓	✓	✓

s are included in the SOFA when received at the value of the e value of the gift can be measured reliably.

Yes	No	N/a
✓	✓	✓

s that are consumed immediately are recognised as income cognised as an expense under the appropriate heading in

Yes	No	N/a
✓	✓	✓

nditure on support costs.

Yes	No	N/a
✓	✓	✓

lp received is not included in the accounts but is described

Yes	No	N/a
✓	✓	✓

ts when receipt is probable and the amount receivable can

Yes	No	N/a
✓	✓	✓

eived in the nature of a gift are recognised in Donations and

Yes	No	N/a
✓	✓	✓

ich gives a member the right to buy services or other ome earned from the provision of goods and services as ies.

Yes	No	N/a
✓	✓	✓

uded in the SoFA when the general income recognition FRS102 SORP) and are included as an item of other income

Yes	No	N/a
✓	✓	✓

unrealised gains or losses on the sale of investments and 1 revaluing investments to market value at the end of the

Yes	No	N/a
✓	✓	✓

re it is more likely than not that there is a legal or itting the charity to pay out resources and the amount of ad with reasonable certainty.

Yes	No	N/a
✓	✓	✓

:ated between governance costs and other support. ll costs involving public accountability of the charity and its id good practice.

Yes	No	N/a
✓	✓	✓

functions and have been allocated to activity cost :nt with the use of resources, eg allocating property costs by f costs by the time spent and other costs by their usage.

Yes	No	N/a
✓	✓	✓

nt with conditions for its payment being a specific level of ed, such grants are only recognised in the SoFA once the ided the specified service or output.

Yes	No	N/a
✓	✓	✓

s attaching to the grant that enables the donor charity to ment, a liability for the full funding obligation must be

Yes	No	N/a
✓	✓	✓

ncy payments during the reporting period.

Yes	No	N/a
✓	✓	✓

Income has been included in the accounts.

Yes	No	N/a
✓	✓	✓

Which are measured at settlement amounts less any trade

Yes	No	N/a
✓	✓	✓

Recognition at its historical cost and then subsequently
the amount required to settle the obligation at the

Yes	No	N/a
✓	✓	✓

Financial instruments on initial recognition as per
Subsequent measurement is as per paragraphs 11.17 to

Yes	No	N/a
✓	✓	✓

Can be used for more than one year, and cost at least

Yes	No	N/a
✓	✓	✓

Methods used are disclosed in note 9.2.

Identifiable assets, that is, non-monetary assets that do not have
identifiable and are controlled by the charity through custody
valuation rates and methods used are disclosed in note 9.5

Yes	No	N/a
✓	✓	✓

Yes	No	N/a
✓	✓	✓

Assets, that is, non-monetary assets with historic, artistic,
physical or environmental qualities that are held and
their contribution to knowledge and culture. The depreciation
is disclosed in note 9.6.1.4.

Yes	No	N/a
✓	✓	✓

Yes	No	N/a
✓	✓	✓

Unlisted shares, traded bonds and similar investments are
measured subsequently at fair value (their market value) at the year
end. This is also applied to unlisted investments unless fair value cannot be
determined in which case it is measured at cost less impairment.

Yes	No	N/a
✓	✓	✓

Investments pending their sale and cash and cash equivalents with a
maturity of less than one year are treated as current asset investments

Yes	No	N/a
✓	✓	✓

Non-charitable trade receivables are measured at the lower of cost or net

Yes	No	N/a
✓	✓	✓

Inventory items which are part of a charitable activity are measured at net realisable value
less any impairment provided by items of stock.

Yes	No	N/a
✓	✓	✓

Contract assets are measured at cost less any foreseeable loss that is likely to occur on the contract.

Yes	No	N/a
✓	✓	✓

Trade receivables (including trade discounts or amount advanced by the charity. Subsequently,
cash or other consideration expected to be received.

Yes	No	N/a
✓	✓	✓

Cash and cash equivalents which it holds for resale or pending their sale and cash and cash
equivalents with a maturity of less than one year. These include cash on deposit and cash

Yes	No	N/a
-----	----	-----

✓	✓	✓
---	---	---

except where they qualify as basic financial instruments.

Yes	No	N/a
✓	✓	✓

Note 3

Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds
Analysis				
Donations and legacies:	Donations and gifts	-	-	-
	Gift Aid	-	-	-
	Legacies	-	-	-
	General grants provided by government/other charities	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-
	Donated goods, facilities and services	-	-	-
	Other	-	-	-
	Total	-	-	-
Charitable activities:		-	-	-
		-	-	-
		-	-	-
	Other	-	-	-
	Total	-	-	-
Other trading activities:		-	-	-
		-	-	-
		-	-	-
	Other	-	-	-
	Total	-	-	-
Income from investments:	Interest income	-	-	-
	Dividend income	-	-	-
	Rental and leasing income	-	-	-
	Other	-	-	-
	Total	-	-	-
Separate material item of income:		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Total	-	-	-
Other:	Conversion of endowment funds into income	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-
	Gain on disposal of a programme related investment	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-
	Other	-	-	-
	Total	-	-	-
TOTAL INCOME		-	-	-

Other information:

**All income in the prior year was unrestricted except for:
(please provide description and amounts)**

--

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

--

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

--

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

--

(cont)

Total funds **Prior year**
£ **£**

-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

-	-
-	-
-	-
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-	-

-	-
---	---

Note 4

Analysis of receipts of government grants

	Description
Government grant 1	
Government grant 2	
Government grant 3	
Other	

	Description
Government grant 1	
Government grant 2	
Government grant 3	
Other	

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.

This year

--

Please give details of other forms of government assistance from which the charity has directly benefited.

This year

--

(cont)

**This year
£**

	-
	-
	-
	-
Total	-

**Last year
£**

	-
	-
	-
	-
Total	-

Last year

--

Last year

--

Note 5

Donated goods, facilities and services

**Seconded staff
Use of property
Other**

This year

Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.

--

Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.

--

Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.

--

(cont)

**This year
£**

**Last year
£**

-	-
-	-
-	-
-	-

Last year

--

--

--

Note 6

Analysis of expenditure

This year

Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £
Expenditure on raising funds:				
Incurring seeking donations	-	-	-	-
Incurring seeking legacies	-	-	-	-
Incurring seeking grants	-	-	-	-
Operating membership schemes and social lotteries	-	-	-	-
Staging fundraising events	-	-	-	-
Fundraising agents	-	-	-	-
Operating charity shops	-	-	-	-
Operating a trading company undertaking non-charitable trading activity	-	-	-	-
Advertising, marketing, direct mail and publicity	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-
Database development costs	-	-	-	-
Other trading activities	-	-	-	-
Investment management costs:	-	-	-	-
Portfolio management costs	-	-	-	-
Cost of obtaining investment advice	-	-	-	-
Investment administration costs	-	-	-	-
Intellectual property licencing costs	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-
	-	-	-	-
Total expenditure on raising funds	-	-	-	-
Expenditure on charitable activities:				
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-

Total expenditure on charitable activities	-	-	-	-
---	---	---	---	---

Separate material item of expense

	-	-	-	-
	-	-	-	-
	-	-	-	-
Total	-	-	-	-

Other

	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Total other expenditure	-	-	-	-
TOTAL EXPENDITURE	-	-	-	-

Other information:

Analysis of expenditure on charitable activities

Activity or programme	This year			Total this year
	Activities undertaken directly	Grant funding of activities	Support Costs	
	£	£	£	£
Activity 1	-	-	-	-
Activity 2	-	-	-	-
Other	-	-	-	-
Total	-	-	-	-

(cont)

Last year

Unrestricted funds	Restricted income funds	Endowment funds	Total funds £
-	-	-	-
-	-	-	-
			-
			-
			-
			-
			-
-	-	-	-
-	-	-	-
-	-	-	-
			-
			-
-	-	-	-
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-	-	-	-

-	-	-	-
-	-	-	-
-	-	-	-
-	-	-	-
-	-	-	-
-	-	-	-

Last year			
Activities undertaken directly	Grant funding of activities	Support Costs	Total last year
£	£	£	£
-	-	-	-
-	-	-	-
-	-	-	-
-	-	-	-

Section C**Notes to the accounts****Note 7 Extraordinary items**

Please explain the nature of each extraordinary item occurring in the period

	Description
Extraordinary item 1	<div style="border: 1px solid black; height: 50px;"></div>
Extraordinary item 2	<div style="border: 1px solid black; height: 50px;"></div>
Extraordinary item 3	<div style="border: 1px solid black; height: 50px;"></div>
Extraordinary item 4	<div style="border: 1px solid black; height: 50px;"></div>
Total extraordinary items	<div style="border: 1px solid black; height: 50px;"></div>

(c)

1.

This year £	Last year £
-	-
-	-
-	-
-	-
-	-

Section C **Notes to the accounts**

Note 8 **Funds received as agent**

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total		-

Section C**Notes to the accounts****Note 9 Support Costs**

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

This year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3
	£	£	£	£
Governance	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Other	-	-	-	-
Total	-	-	-	-

Last year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3
	£	£	£	£
Governance	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Other	-	-	-	-
Total	-	-	-	-

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.



Grand total	Basis of allocation
£	(Describe method)
-	
-	
-	
-	
-	
-	

Grand total	Basis of allocation
£	(Describe method)
-	
-	
-	
-	
-	
-	

--

Section C**Notes to the accounts****Note 10****Details of certain items of expenditure****10.1 Fees for examination of the accounts**

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner



This year £	Last year £
-	-
-	-
-	-
-	-

Section C

Notes to the accounts

Note 11 Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £
Salaries and wages	-
Social security costs	-
Pension costs (defined contribution scheme)	-
Other employee benefits	-
Total staff costs	-

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

--

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

--

Please give details of the number of employees whose total employee benefits (excluding pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

--

Band	Number of This year
£60,000 to £69,999	-
£70,000 to £79,999	-
£80,000 to £89,999	-
£90,000 to £99,999	-
£100,000 to £109,999	-

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.

This year £
-

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number
Fundraising	-
Charitable Activities	-
Governance	-
Other	-
Total	-

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

This year	
Last year	

Please state the legal authority or reason for making the payment

This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)

This year £
-

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

	This year
	£
Total amount of payment	-
The nature of the payment (cash, asset etc.)	
	This year
	£
The extent of redundancy funding at the balance sheet date	-
Please state the accounting policy for any redundancy or termination payments	

(cont)

Last year £
-
-
-
-
-

--

--

***Including employer
no such***

--

employees Last year
-
-
-
-
-
-

Last year £
-

Last year Number	
	-
	-
	-
	-
	-

Last year £	
	-

Last year
£ -

--

Last year
£ -

--

Note 12 Defined contribution pension scheme or defined benefit scheme or a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

	This year
	£
Amount of contributions recognised in the SOFA as an expense	-

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

12.2 Please complete this section where the charity participates in a defined benefit pension scheme to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.

Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different

12.3 Please complete this section where the charity participates in a multi-employer defined contribution plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details

Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details

--

(cont)

eme accounted for as

Last year
£
-

--

ension plan but is unable

ined benefit pension

--



Other unanalysed grants

TOTAL GRANTS PAID

	-
	-

Section C

Notes to the accounts

Note 14

Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings
	£	£
At the beginning of the year	-	-
Additions	-	-
Revaluations	-	-
Disposals	-	-
Transfers *	-	-
At end of the year	-	-

14.2 Depreciation and impairments

**Basis	SL or RB (Straight Line or Reducing Balance)	SL or RB
** Rate		

At beginning of the year	-	-
Disposals	-	-
Depreciation	-	-
Impairment	-	-
Transfers*	-	-
At end of the year	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-
Net book value at the end of the year	-	-

14.4 Impairment

This year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

Last year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied and significant assumptions

the carrying amount that would have been recognised had the assets been carried under the cost model.

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the cons- tangible fixed assets and the capitalisation rate used.

(ii) Please provide the amount of contractual commitments for the acquisition of fixed assets.

(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL indicate the rate of depreciation: for straight line, what is the anticipated life of the asset as a percentage annual deduction).*

(cont)

Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
£	£	£
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

SL or RB	SL or RB	SL or RB

-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

-	-	-
-	-	-

--

--

	This year	Last year
	-	-

	This year	Last year
	£	£
truction of	-	-
n of tangible	-	-

= straight line; RB = reducing balance). Also please t (in years); for reducing balance, what is the

Section C

Notes to the accounts

Note 15 Intangible assets

Please complete this note if the charity has any intangible assets

15.1 Cost or valuation

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					

At beginning of the year	-	-	-	-
Disposals	-	-	-	-
Amortisation	-	-	-	-
Impairment	-	-	-	-
Transfers*	-	-	-	-
At end of year	-	-	-	-

15.3 Net book value

Net book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy

Please disclose the accounting policy for intangible fixed assets including:

Reasons for choosing amortisation rates

Policies for the recognition of any capital development

15.5 Impairment

This year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

Last year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.

(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.

(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.

(iv) State the amount of research and development expenditure recognised as expenditure in the year.

(v) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.

(vi) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Note 16 Heritage assets*Please complete this note if the charity has heritage assets***16.1 General disclosures for all charities holding heritage assets**

(i) Explain the nature and scale of heritage assets held.

(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.

This year

16.2 Cost or valuation

At beginning of the year

Additions

Disposals

Revaluations

Transfers *

At end of the year

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £
At beginning of the year	-	-	-
Additions	-	-	-
Disposals	-	-	-
Revaluations	-	-	-
Transfers *	-	-	-
At end of the year	-	-	-

16.3 Depreciation and impairments****Basis****** Rate**

At beginning of the year

Disposals

Depreciation

Impairment

Transfers*

At end of year

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
At end of year	-	-	-

16.4 Net book value

Net book value at the beginning of the year

Net book value at the end of the year

-	-	-
-	-	-

16.5 Impairment

This year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

Last year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

qualifications of independent valuer

the methods applied and significant assumptions

any significant limitations on the valuation

This

16.7 Analysis of heritage assets by class or group distinguishing those at cost

Carrying amount at the beginning of the period

Additions

Disposals

Depreciation/impairment

Revaluation

Carrying amount at the end of period

16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

This year

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.

(ii) Describe the significance and nature of heritage assets.

(iii) Disclose information that is helpful in assessing the value of heritage assets.

(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.

16.9 Five year summary of heritage assets transactions

	2015	2014	2013
	£	£	£
Purchases			
Group A	-	-	-
Group B	-	-	-
Group C	-		
Other	-		
Donations			
Group A	-	-	-
Group B	-	-	-
Group C	-	-	-
Other	-	-	-
Total additions	-	-	-
Charge for impairment			
Group A	-	-	-
Group B	-	-	-
Group C	-	-	-
Other	-	-	-
Total charge for impairment	-	-	-
Disposals			
Group A - carrying amount	-	-	-
Group B - carrying amount	-	-	-
Group C	-	-	-
Other	-	-	-
Total disposals	-	-	-

(cont)

Last year

Heritage asset 4 £	Total £
-	-
-	-
-	-
-	-
-	-
-	-

		Straight Line ("SL") or Reducing Balance ("RR")

-	-
-	-
-	-
-	-
-	-
-	-

-	-
-	-

--

--

year	Last year

and those at valuation

At valuation Group A	At cost Group B	Total
£	£	£
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

e sheet)

Last year

Note 17 Investment assets

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties
Carrying (fair) value at beginning of period	-	-	-
Add: additions to investments during period*	-	-	-
Less: disposals at carrying value	-	-	-
Less: impairments	-	-	-
Add: Reversal of impairments	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-
Carrying (fair) value at end of year	-	-	-

***Please specify additions resulting from acquisitions through business combinations, if any.**

--

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the closing price on the London Stock Exchange Daily Official List or equivalent. For other assets, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing the total value, differentiating between those held at fair value and those held at cost

This year:

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Fair value at
£

17.3 If your charity holds investment properties, please complete the following table

	This year
(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity	
(ii) Name or independent valuer, if applicable, and relevant qualifications	
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds	
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements	

17.4 Please provide a breakdown of current asset investments, if applicable

Analysis of current asset investments

	This year
	£
Cash or cash equivalents	
Listed investments	
Investment properties	
Social investments	
Other investments	
Total	

17.5 Guarantees

Please provide details and amount of any guarantee made to or on behalf of a third party	
Name of the entity or entities benefitting from those guarantees	

Please explain how the guarantee furthers the charity's aims

An empty rectangular box with a thin black border, intended for the user to provide an explanation.

17.6 Concessionary loans

Amount of concessionary loans made (Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information).

<i>Desc</i>
Total

Amount of concessionary loans received (Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information).

<i>Desc</i>
Total

Terms and conditions eg interest rate, security provided

This year

Value of any concessionary loans which have been committed but not taken up at the reporting date

Amounts payable within 1 year

Amounts payable after more than 1 year

Amounts receivable within 1 year

Amounts receivable after more than 1 year

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

This year

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.

--

(cont)

ment)

Social investments	Other	Total
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

--

***ould be exchanged between knowledgeable
fair value is the value of the security quoted
ets where there is no market price on a***

**ing with the balance sheet row B04
less impairment.**

at year end	Cost less impairment
	£
-	-
-	-
-	-

-	-
-	-
-	-
	-

t year end	Cost less impairment
	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-
	-

following note:

year	Last year

licable, agreeing with the balance sheet.

year	Last year
	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-

This year	Last year

--	--

<i>ription</i>	This year £	Last year £
	-	-
	-	-
	-	-
	-	-
	-	-

<i>ription</i>	This year £	Last year £
	-	-
	-	-
	-	-
	-	-

	Last year

	Last year

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Section C

Notes to the accounts

Note 18 Stocks

Please complete this note if the charity holds any stock items

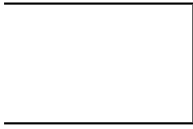
18.1 Please state the carrying amount of stock and work in progress analysed by activities.

	Stock		Donated goods	
	For distribution	For resale	For distribution	For resale
	£	£	£	£
Charitable activities:				
<i>Opening</i>	-	-	-	-
<i>Added in period</i>	-	-	-	-
<i>Expensed in period</i>	-	-	-	-
<i>Impaired</i>	-	-	-	-
<i>Closing</i>	-	-	-	-
Other trading activities:				
<i>Opening</i>	-	-	-	-
<i>Added in period</i>	-	-	-	-
<i>Expensed in period</i>	-	-	-	-
<i>Impaired</i>	-	-	-	-
<i>Closing</i>	-	-	-	-
Other:				
<i>Opening</i>	-	-	-	-
<i>Added in period</i>	-	-	-	-
<i>Expensed in period</i>	-	-	-	-
<i>Impaired</i>	-	-	-	-
<i>Closing</i>	-	-	-	-
Total this year	-	-	-	-
Total previous year	-	-	-	-

This year	Last
£	:

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

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Section C**Notes to the accounts****Note 19 Debtors and prepayments**

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

Please complete 19.2 where a material debtor is recoverable more than a year

19.2 Analysis of debtors recoverable in more than 1 year (included in debtor

Trade debtors

Prepayments and accrued income

Other debtors

Total

(cont)

This year	Last year
£	£
-	-
-	-
-	-
-	-

after the reporting date.

s above)

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-

Section C**Notes to the accounts****Note 20****Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year	
	This year £	Last year £
Accruals for grants payable	-	-
Bank loans and overdrafts	-	-
Trade creditors	-	-
Payments received on account for contracts or performance-related grants	-	-
Accruals and deferred income	-	-
Taxation and social security	-	-
Other creditors	-	-
Total	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

This year

Movement in deferred income account

Balance at the start of the reporting period

Amounts added in current period

Amounts released to income from previous periods

Balance at the end of the reporting period

(cont)

Amounts falling due after more than one year	
This year £	Last year £
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

Last year

This year £	Last year £
-	-
-	-
-	-
-	-

Note 21 Provisions for liabilities and charges

Please complete this note if you have included in charity expenditure any provisions. A charity has a liability of uncertain timing or amount.

21.1 Movements in recognised provisions and funding commitment during the period

- Balance at the start of the reporting period**
- Amounts added in current period**
- Amounts charged against the provision in the current period**
- Unused amounts reversed during the period**
- Balance at the end of the reporting period**

21.2 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;

- an indication of the uncertainties about the amount or timing of those outflows; and

- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.

This year

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).

This year

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21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.

--

(cont)

A provision is made when the

This year £	Last year £
-	-
-	-
-	-
-	-
-	-

Last year

Last year

Note 22 Other disclosures for debtors, creditors and other basic 1

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.

T

22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conditions related to its pledge should be given here.

(cont)

financial instruments

this year	Last year

Note 23 Contingent liabilities and contingent assets

23.1 Contingent liabilities

Where the charity has contingent liabilities, please complete the following section where the possibility of their existence is remote.

This year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial liability

Last year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial liability

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section where their existence is probable

This year

Description of item	Estimate of financial asset

Last year

Description of item	Estimate of financial asset

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement

Where it is not practical to make one or more of these disclosures, please state this fact

This year

(cont)

ction unless the

financial effect

financial effect

n when their existence is

financial effect

financial effect

Last year

Section C**Notes to the accounts****Note 24****Cash at bank and in hand****Short term cash investments (less than 3 months maturity date)****Short term deposits****Cash at bank and on hand****Other****Total**

|

(cont)

This year £	Last year £
-	-
-	-
-	-
-	-
-	-

Note 25 Fair value of assets and liabilities**This year**

25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

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25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.

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(

Last year

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Section C**Notes to the accounts****Note 26****Events after the end of the reporting period**

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period

This year

Please provide details of the nature of the event

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Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made

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(cont)

Last year

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Note 27 **Charity funds**
27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure if figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts; UR - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
Other funds	N/a	N/a	-	-	-
		Total Funds	-	-	-



or 'Other funds'. The 'Total funds'

rusts, of the charity; and U -

Transfers £	Gains and losses £	Fund balances carried forward £
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

Note 27 Charity funds (cont)**27.2 Details of material funds held and movements during the PREVIOUS reporting period**

Please give details of the movements of material individual funds in the reporting period together with a balancing figure if figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts; UR - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
Other funds	N/a	N/a	-	-	-
		Total Funds	-	-	-

or 'Other funds'. The 'Total funds'

rusts, of the charity; and U -

Transfers £	Gains and losses £	Fund balances carried forward £
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

Note 27

Charity funds (cont)

27.3 Transfers between funds

This year

	Reason for transfer and where endowment is con income, legal power for its conversion
Between unrestricted and restricted funds	
Between endowment and restricted funds	
Between endowment and unrestricted funds	

Last year

	Reason for transfer and where endowment is con income, legal power for its conversion
Between unrestricted and restricted funds	
Between endowment and restricted funds	
Between endowment and unrestricted funds	

27.4 Designated funds

This year

Planned use	Purpose of the designation

Last year

Planned use	Purpose of the designation

(cont)

verted to	Amount

verted to	Amount

	Amount

	Amount

Section C

Notes to the accounts

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses) details of such transactions should be provided in this note. If there are no transactions in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

2021-2022

None of the trustees have been paid any remuneration or received any other benefits in employment with their charity or a related entity (True or False)

In the period the charity has paid trustees remuneration and benefits. Please give the details for, any remuneration or other benefits paid to a trustee by the charity or any institution.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid	
		Remuneration	Pension contribution
		£	£
		-	-
		-	-
		-	-
		-	-
		0	0

Please give details of why remuneration or other employment benefits were paid. Where an ex gratia payment has been made, please state the amount.

0	0
N/A	N/A
N/A	N/A

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

1

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	or benefit	
		Remuneration	Pension contribution
		£	£
		-	-
		-	-
		-	-
		-	-
		-	-

Please give details of why remuneration or other employment benefits were paid.

--	--

Where an ex gratia payment has been

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

1

have been incurred

1

	This
Type of expenses reimbursed	1
Travel	
Subsistence	
Accommodation	
Other (please specify)	
TOTAL	

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

NA

--

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

1

This year

There have been no related party transactions in the reporting period (True or False)

1

		Description of the transaction(s)	Amount	Balance at period end
Name of the trustee or related party	Relationship to charity		£	£

any security and the

For any related party, please provide details of any guarantees given or received.

Last year

There have been no related party transactions in the reporting period (True or False)

1

		Description of the transaction(s)	Amount	Balance at period end
Name of the trustee or related party	Relationship to charity		£	£

For any related party, please provide details of any guarantees given or received.

(cont)

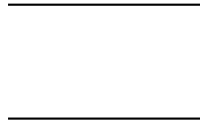
*(as explained in guidance notes)
Please enter "True"*

from an

	1
--	----------

*the amount of, and legal authority
of the person or company connected with it.*

aid or benefit value		
Redundancy (including loss of office)/ex gratia	Other	TOTAL
£	£	£
-	-	-
-	-	-
-	-	-
-	-	-
0	0	
0	0	-
N/A	N/A	N/A
N/A	N/A	N/A



Redundancy (including loss of office)/ex gratia	Other	
	£	
-	-	TOTAL
-	-	£
-	-	-
-	-	-
		-
		-

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year	Last year	
£	£	
-	-	
-	-	
-	-	
-	-	
-	-	
-	-	
-	-	

Provision for bad debts at period end	
£	
	Amounts written off during reporting period
	£

Note 29**Additional Disclosures**

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

DIATHLETE

England & Wales - Charity number 1190263

Accounts



Trustees' Annual Report for the period

From 01/04/2021 **Period start date** **To** 01/04/2022 **Period end date**

Charity name: DiAthlete

Charity registration number: 1190 263

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity has set out in its governing document	Para 1.17	<p>DiAthlete's purposes have been set out to promote and protect the physical and mental health of people living with diabetes, in particular (but not exclusively) by:</p> <ul style="list-style-type: none">(i) Supporting young adults with type-1 diabetes to emotionally accept their condition, grow in independence of self-management and advance as patient advocates to support others living with diabetes;(ii) Providing schools with information about the impact and differing types of diabetes, to support acceptance for school students living with type-1 diabetes and to tackle the incidence of type-2 diabetes;(iii) Improving the quality of healthcare professionals, consultations by providing training sessions for medical teams, based on patient's feedback and perspectives;

		<ul style="list-style-type: none"> (iv) Creating an international advocacy network of patient champions and patient organisation's to support local diabetes communities; and (v) Financially assisting local diabetes communities in lower income countries; <p>(b) To advance the education of people with diabetes and those who care for them, healthcare professionals and the general public, in all areas relating to diabetes, in particular (but not exclusively) by:</p> <ul style="list-style-type: none"> (i) providing community workshops and seminars for patients in sociable environments; (ii) promoting diabetes education to young people living with type-1 diabetes through practical and engaging methods of education; and (iii) operating media campaigns to provide accurate information about all types of diabetes.
<p>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>	<p>Para 1.17 and 1.19</p>	<p>With the COVID-19 pandemic ongoing throughout this period, DiAthlete has acted on virtual channels to host workshops for the type 1 diabetes (T1D) community (inclusive of people with T1D, caregivers and health professionals); inviting guest speakers to share their experiences and advice to the attending community on set topics, and collaborating with NHS and HSC diabetes teams to invite their patients to attend. DiAthlete held 14 online workshops, each being free to attend, during this period.</p> <p>Furthermore, DiAthlete utilised social media channels during this period to provide supportive information across multiple topic areas of life with</p>

		<p>diabetes, this included: diabetes and exercise, nutrition, travel, socialising, transition from paediatric healthcare to adult healthcare, guidance for parents and caregivers, advancing diabetes health technologies, diagnosis.</p> <p>As we were limited in starting up as a charity during the COVID-19 pandemic, our 2021-2022 activities were online based, however, we are now advancing plans for practical events including educational camps for 2022/2023.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>All the trustees of DiAthlete have read the Commission's public benefit guidance, and in managing the affairs of the CIO, have regard to it in exercising any duties and/or powers to which the guidance is relevant. DiAthlete maintains monthly trustee meetings to assess our plans and duties.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	No grants were made in this period.
Policy on social investment including program related investment	Para 1.38	The DiAthlete trustees have not considered any social investment at present. Should any Social Investment be considered the Trustees will seek advice and develop policy in accordance with commission guidelines.
Contribution made by volunteers	Para 1.38	DiAthlete received support from volunteers to develop projects such as social media campaigns and online workshops in this period. DiAthlete appreciates and welcomes support from volunteers, providing where applicable skills, efforts and community value to our mission.
Other		

Achievements and Performance

	SORP reference	
--	----------------	--

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Para 1.20

14 online educational workshops were operated in the months from April to December 2021, with an average of 55 participants in each workshop attending.

Topics such as diabetes and exercise guidance, diabetes and nutrition support, and diabetes and socialising (travel, alcohol and relationships) were covered. This was to the benefit and help to families of children with type 1 diabetes, and adults living with the condition.

A total of 687 people registered to our workshops in this period. The workshops were held virtually on Zoom platforms.

The purpose of these workshops were to:

- utilise effective, online ways of connecting and supporting people with diabetes during the pandemic
- provide educational material on set topics for each workshop DiAthlete hosted
- invite a core guest speaker – a celebrity, positive role model and/or lead health professional – to share their experience to the attendees on the set topic for each workshop
- provide breakout room experiences for the attendees to meet other people with diabetes in common as either patients or caregivers
- share about the purpose and existence of our new charity to the attendees
- Advance the education of Health Teams to Patients by setting up workshops in a non-clinical environment to support education in a more relatable platform

DiAthlete managed monthly social media activities throughout this period, with each month having a set supportive topic to share content and information about, utilising platforms of Facebook and Instagram to conduct 'Live' sessions, 'Stories' and media 'Posts' to provide personal stories associated to the topics of the month,

		<p>in addition to helpful information regarding those topics. A standout feature was during the Tokyo Olympic Games, in which DiAthlete interviewed and shared frequent content with people living with diabetes who take part in sporting activities, to share their advice and core messages to empower others with diabetes.</p> <p>In May 2021, during the bombings of the Gaza Strip, the DiAthlete trustees chaired an essential meeting that invited the Ministry of Health in the Gaza strip, the World Health Organization (WHO), Diabetes Palestine, the International Diabetes Federation and the International Diabetes Federation Middle East and North Africa region representatives, and other organisations of relevance including Insulin for Life, Life for a Child and T1International. In addition, DiAthlete also invited Mohamed Sayem, a person living with type 1 diabetes in the Gaza strip, and his connections of fellow people with diabetes in Gaza, to the meeting for a first-hand account of their healthcare concerns for access to crucial medications such as insulin. The resulting outcome of chairing this meeting led to the WHO being able to take action through communication with Mr Sayem, the Ministry of Health in Gaza and Diabetes Palestine, to provide to the Gaza Strip a continuation of diabetes medical essentials including insulin vials, syringes and blood glucose monitoring equipment and test strips to those in need.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>In this period, DiAthlete has produced positive achievements to our set objectives, in further consideration to the fact that until March 2022, we have not been able to open our charity bank account to receive donations. In working in this period without donation budget / funding supplied, DiAthlete has achieved results through the COVID-19 pandemic by utilising the online social networking channels and our communication bases, working closely</p>
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		<p>with diabetes health teams and through the trustees holding frequent meetings to plan online activities, produce helpful content and virtual events.</p> <p>DiAthlete's 14 workshops across the UK audience have reached adults and young adults living with type 1 diabetes, caregivers / parents impacted by diabetes in their family, and healthcare teams, achieving our target to support these areas of diabetes care with tailored workshop topics to each group. Our media campaigns have effectively and continuously provided tips, advice and encouragement to the diabetes community in this period, as our objectives set out to achieve.</p> <p>The trustees look forward to advancing with plans now that DiAthlete officially has a charity bank account approved and opened, where we can thus produce more local community initiatives and events in face to face settings as we initially intended to achieve, in addition to continuing our online support of the diabetes community.</p>
Performance of fundraising activities against objectives set	Para 1.41	In this period, we have been unable to fundraise / receive any donations as we was not with a charity bank account registered. Now that this has been approved in 2022 with Lloyds Bank, in this new fiscal year DiAthlete intends to advance on fundraising projects and campaigns to help the CIO to provide more local events and opportunities for people living with diabetes.
Investment performance against objectives	Para 1.41	As mentioned above, due to not having a charity bank account set up with the trustees in this period, we were unable to act on any financial areas in this period; however, any investments at this stage for the CIO are not applicable.
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of this period, the DiAthlete CIO has £0.00 in our charity bank account, without any expense outgoings. Our charity account was opened in March 2022 with Lloyds Bank. As this is DiAthlete's first year as a registered CIO, we cannot compare this to other years gone by; however, the trustees expect to see advanced financial capabilities through donations and projects in the coming year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	DiAthlete maintains a reserve to cover fluctuations in profit and loss. Substantial donations or surpluses may be kept in reserve until a useful purpose can be found for them e.g hosting a community workshop to support a diabetes health team and their local patients.
Amount of reserves held	Para 1.22	There is no policy regarding reserves, but Trustees are agreed that ideally, reserves should be in the region of 12 months running costs.
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	N/A
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	N/A

Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charitable Incorporated Organisation (CIO) Association Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Eligibility for trusteeship (at DiAthlete)</p> <p>(a) Every charity trustee must be a natural person.</p> <p>(b) No individual may be appointed as a charity trustee of the CIO: if he or she is under the age of 16 years; or</p> <p>if he or she would automatically cease to hold office under the provisions of clause</p> <p>(c) there would be disqualification from acting as a charity trustee by virtue of sections 178-180 of the Charities Act 2011 (or any statutory re-enactment or modification of that provision)</p> <p>(d) No one is entitled to act as a charity trustee whether on appointment or on any reappointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.</p> <p>(e) Every charity trustee should have a personal connection with type 1 diabetes (a patient living with it, a family member, a spouse or civil</p>

		<p>partner, or having worked in diabetes healthcare)</p> <p>(f) Number of charity trustees</p> <p>(i) There must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.</p> <p>(ii) There is no maximum number of charity trustees that may be appointed to the CIO.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

<p>Policies and procedures adopted for the induction and training of trustees</p>	<p>Para 1.51</p>	<p>All the trustees of DiAthlete must read the Commission’s public benefit guidance, and in managing the affairs of the CIO, have regard to it in exercising any duties and/or powers to which the guidance is relevant.</p> <p>Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.</p> <p>In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.</p> <p>The charity trustees will make available to each new charity trustee, on or before his or her first appointment: a copy of the current version of this constitution; and a copy of the CIO’s latest Trustees’ Annual Report and statement of accounts</p> <p>Calling meetings</p> <p>(a) Any charity trustee may call a meeting of the</p>
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		<p>charity trustees.</p> <p>(b) Subject to that, the charity trustees shall decide how their meetings are to be called, and what notice is required.</p> <p>(c) Chairing of meetings</p> <p>The charity trustees may appoint one of their number to chair their meetings and may at any time revoke such appointment. If no-one has been so appointed, or if the person appointed is unwilling to preside or is not present within 10 minutes after the time of the meeting, the charity trustees present may appoint one of their number to chair that meeting.</p> <p>(d) Procedure at meetings</p> <p>(e) No decision shall be taken at a meeting unless a quorum is present at the time when the decision is taken. The quorum is two charity trustees, or the number nearest to one third of the total number of charity trustees, whichever is greater, or such larger number as the charity trustees may decide from time to time. A charity trustee shall not be counted in the quorum present when any decision is made about a matter upon which he or she is not entitled to vote.</p> <p>(f) Questions arising at a meeting shall be decided by a majority of those eligible to vote.</p> <p>(4) Participation in meetings by electronic means</p> <p>(g) A meeting may be held by suitable electronic means agreed by the charity trustees in which each participant may communicate with all the other participants.</p> <p>(h) Any charity trustee participating at a meeting by suitable electronic means agreed by the charity trustees in which a participant or participants may communicate with all the other participants shall qualify as being present at the meeting.</p> <p>(i) Meetings held by electronic means must comply with rules for meetings, including chairing and the taking of minutes.</p> <p>(2) Membership of the CIO</p> <p>(a) The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees.</p>
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		<p>Membership of the CIO cannot be transferred to anyone else.</p> <p>(b) Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.</p>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>DiAthlete hosts a 'Connected Network' of NHS and HSC diabetes health teams, in which the diabetes teams who submit their agreement to be a member of this network (no costs associated) can receive opportunities to hear from and engage with other diabetes teams across the UK, and partner with DiAthlete to operate events to support their patients, in addition to receiving supportive materials and flyers for their clinics and services from DiAthlete. In this period, 7 diabetes teams agreed to join the 'DiAthlete Connected Network' including the paediatric diabetes teams at Ealing Hospital, Croydon Health, James Cook Hospital, Southern Trust in Northern Ireland, Warwick Hospital, Good Hope Hospital, Royal Cornwall Hospital.</p>
Relationship with any related parties	Para 1.51	N/A
Other		

Reference and Administrative details

Charity name	Diathlete
Other name the charity uses	
Registered charity number	1190263
Charity's principal address	Shoals Hook House, Shoals Hook Lane, Haverfordwest, SA61 2XN

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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gavin Charles Griffiths	Chair	Whole period	
2	Tracy Charlotte Power		Whole period	
3	Jennifer Dunn		Whole period	
4	Sara Thomas	Treasurer	Whole period	
5	Simran Bal		Appointed 1 November 2021	
6	Paula Chinchilla Ortega		Appointed 1 November 2021	
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Corporate trustees - names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information


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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

		
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Full name(s)

Gavin Charles Griffiths	
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Position (eg
Secretary, Chair, etc)

Chair Trustee	
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Date

01 / 04 / 2022
