



The **McCARTHY-DIXON**
Foundation

THE McCARTHY-DIXON FOUNDATION

FINANCIAL STATEMENTS FOR THE PERIOD ENDING 31.03.2023

Contents

General information	page 1
Summary of the charity's work	page 2
Independent Examiner's report	page 4
Income & Expenditure report	page 5

The McCarthy-Dixon Foundation
For the year ended 31st March 2023

General Information

Committee

Teresa McCarthy-Dixon	Co-Chairperson
Stephen Summers	Co-Chairperson
Jackie O'Connell	Treasurer
Marie Lally	Secretary
Michael Donnelly	
Pamela Law	
Mabule Sekanaisha Caswel Tema	
Vincent Doherty	
Graham Trotter	

Address:

67 Grove Road
Northampton
NN1 3LJ

Registered Charity Number:
1190255

Summary of The McCarthy-Dixon Foundation's Year:

Since 2020, we have been providing a broad range of supportive services to our community. Throughout the financial year, we have continued to offer these to our clients, as well as developing some new services.

Our Schools Support:

We support all of our 70+ schools across the county with regular and emergency food parcels. These parcels are a vital part of many families' daily lives and ensure every child and their family is able to eat a filling, healthy meal. Our Food Parcels contain a variety of food items weighing in at between 13-15kilos total. This includes foods such as pasta, rice, sauces, tinned goods, cereal and other snacks. We also provide our Breakfast Box Project to our schools. This provides schools with monthly supplies of nutritious breakfast items such as dried fruit, snack bars, fruit juices. These items are small enough to be kept in the classroom and discreetly given out by the teachers to those children who missed breakfast at home. We also support our schools with the Tech4Kids scheme, which combats digital exclusion and supports children with technology, to allow them to fulfil their educational potential.

Food Support:

As well as supporting 74 schools with food parcels, we also support many other vital groups in Northamptonshire. This includes Northamptonshire community mental health teams such as (PCART) Planned Care and Recovery Treatment Service, (UCAT) Urgent Care and Assessment Team and (N/STEP) Community Mental Health Adult - Early Intervention N'Step, the Northamptonshire Domestic Abuse Service, Northamptonshire Social Services, HM Prisons and Probations service and the Northamptonshire Children's Trust.

Our Social Clubs:

Our charity runs several weekly social clubs, which support local vulnerable individuals who experience social isolation, as well as mental and physical health issues.

The Monday Club is a social club run every Monday from 12-4pm from The Swan and Helmet Pub, in Northampton. It offers a safe and welcoming space, for individuals from all backgrounds and all ages to connect, make friends and enjoy themselves. For £4 entry, Monday Club members can access unlimited hot drinks, snacks, as well as a lunch, fun activities and games as well as live entertainment.

In partnership with Northamptonshire's social subscribers, we have also established 'Cheers for Fridays', our men's club. Every Friday, from 2-4pm at The Swan and Helmet Pub, we come together to have a great time playing games, having a drink, and connecting. Our men's club is constantly growing with new members, and we love to welcome new faces each session. We are also currently in the process of establishing a new weekly club on a Wednesday called 'Stay Well Wednesdays' which will focus on wellbeing and self-care. This will feature sessions for nail care, fitness classes and relaxing activities such as crafts.

Renovations:

We offer free home and garden renovations to those who will benefit most from them, and may not be able to do so themselves. Whether there are financial barriers, or health issues that may prevent someone from renovating, we will support them in whatever way we can. We renovate bedrooms and living rooms, offering fresh paint, new carpets, and soft furnishings for people who have experienced a bereavement or ill-health. We also renovate and maintain people's front and back gardens who may struggle to do so themselves.

Doorstep Buddies:

Our Doorstep Buddies programme seeks to help those feeling lonely or isolated by organising visits from one of our fantastic volunteers. Whether it's for a general chit-chat, a listening ear or assistance with simple tasks, doorstep buddies are there to offer friendship and guidance to those who need it most.

Learning Opportunities:

We also provide a variety of educational classes. These include cookery classes; a welcoming environment for people of all backgrounds to develop their knowledge, gaining both basic skills and an understanding of more complex dishes. These weekly sessions help individuals to lead independent, and self-fulfilled lives. We also offer IT classes which run monthly. The classes cover social media, safe banking practices, sending emails, shopping online, ordering prescriptions and the use of Livvi, to access a GP online, this will incorporate basic computer skills to make the internet a safe and user-friendly place.

Affordable Haircuts:

Our affordable haircuts allow everyone to have access to important self-care, from our professionally trained and experienced hairdresser and stylist.

Maintaining these services:

Throughout the year, it is vital that we raise funds to support the work we do. One of our main focuses is fundraising, which we achieve through a broad variety of events, challenges and regular sharing of our fundraising pages. We also continue to apply for grants from a variety of organisations, which support larger projects and significant one-off purchases.

INDEPENDENT EXAMINERS REPORT

I report on the accounts of The McCarthy-Dixon Foundation for the year ended 31st March 2023 set out on page 5.

Respective responsibilities of trustees and examiners:

The Foundation Committee are responsible for the preparation of the accounts.

The Foundation Committee consider that an audit is not required for this year and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts:
- To follow the procedures required by the constitution and
- To state whether particular matters have come to my attention

Basis of independent examiners statement

My examination was carried out in accordance with the requirements of the constitution. An examination includes a review of the accounting records kept by the group and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the management committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiners statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - Proper accounting records are kept in accordance with the constitution; and
 - Accounts are prepared which agree with the accounting records and comply with the accounting requirements of the constitution; have not been met or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Karen M Matthews

Chartered Accountant

Date : 2/6/2023

The McCarthy-Dixon Foundation

Income & Expenditure

01.04.22 – 31.03.23

Income	£	£
Northampton Community Foundation	21,967.03	
West Northamptonshire Council	11,060.63	
Lottery	9,980.00	
Sponsorship/Fundraising	35,458.61	
Food Aid Alliance	6,389.62	
Social Club	8,190.00	
Other donations	11,463.36	104,509.25
Expenditure		
Salaries	18,431.60	
Office	3,483.63	
Sponsored events	6,595.68	
Community Support	2,958.88	
Food bank	67,043.00	
Social Clubs	9,654.31	
Vehicle Expense	1,904.56	
Advertising/printing	5,663.50	
Safeguarding	30.00	
Bank Charges	339.02	
Depreciation	3,906.00	
General expenses	2,389.85	122,400.03
Surplus/(Deficit)		(17,890.78)

Balance sheet as at 31.03.2023

Fixed Assets	7,734.00
Current Assets	00.00
Debtors/Prepay	00.00
Cash at bank	6,375.72
To bank	480.00
Current liabilities	00.00
Creditors & Accruals	00.00
	<u>14,589.72</u>
Financed by:	
Opening balance	32,480.50
Surplus/(deficit) for the year	<u>(17,890.78)</u>
	14,589.72