

Asto Clinics Charity Ltd
Annual Trustees Report
Year ending 31st March 2023

Charity details

Name: Asto Clinics Charity Ltd ("The Charity")

Registration number: 1190240

Address: Crossfields
Bury Lane
Withnell
Chorley
PR6 8BH

Trustees: Stephen Turnock
Cheryl Thomas
Leslie Jones

Activities and objectives in the year

The principal activity of The Charity was to finance patient participation on the group OCD programme run by Asto Clinics Ltd. Asto Clinics Ltd is a wholly owned subsidiary of The Charity.

Our secondary activity was the raising of funds to support our principal activity.

Achievements and performance

During the year ending 31st March 2023 Asto Clinics finished the treatment of 20 patients suffering with OCD. A further 16 patients were in treatment, and part way through the programme.

92 clinical screenings and 51 full clinical assessments were done by Asto Clinics.

We handled 225 enquiries from people searching for help with their OCD.

The Charity paid for 86% of all the treatment and assessments done by Asto Clinics Ltd.

With the provision of mental healthcare services being stretched in the UK, The Charity is providing a much needed service to help those suffering with OCD.

Financial review

Total income in the year ending 31st March 2023 was £167,271. Of this, £161,500 was raised from donations, £5,220 from a sponsored event, £22 from an affiliate programme, and £529 from gift aid.

The Charity funded £56,175 of treatments and assessments. This was all done through Asto Clinics Ltd.

Total overheads in the year amounted to £723.

There was £646 of interest income.

The surplus in the year was £111,019.

There was £116,594 in the bank as of 31st March 2023.

There were no debts at the year end, or any funds held as a Custodian Trustee.

Summary

We are delighted with the progress that The Charity has made in the year, and the impact we are having on people suffering with the debilitating disease of OCD.

Since the year end, we have carried on treating patients, and have just finished the treatment of our 50th patient.

On behalf of the Board of Trustees

Steve Turnock

20th October 2023

Asto Clinics Charity Ltd		Charity No	1190240		
		Company No	12624651		
Annual accounts for the period					
Period start date	1st April 2022	To	Period end date	31st March 2023	

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£ F01	£ F02	£ F03	£ F04	£ F05
Income (Note 3)						
Income and endowments from:						
Donations and legacies	S01	161,500	-	-	161,500	1,110
Charitable activities	S02	5,220	-	-	5,220	-
Other trading activities	S03	22	-	-	22	-
Investments	S04	646	-	-	646	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	529	-	-	529	250
Total	S07	167,917	-	-	167,917	1,360
Expenditure (Notes 6)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	56,175	-	-	56,175	-
Separate material expense item	S10					
Other	S11	723	-	-	723	327
Total	S12	56,898	-	-	56,898	327
Net income/(expenditure) before tax for the reporting period	S13	111,019	-	-	111,019	1,033
Tax payable	S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)	S15	111,019	-	-	111,019	1,033
Net gains/(losses) on investments	S16	-	-	-	-	-
Net income/(expenditure)	S17	111,019	-	-	111,019	1,033
Extraordinary items	S18	-	-	-	-	-
Transfers between funds	S19	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S20	-	-	-	-	-
Other gains/(losses)	S21	-	-	-	-	-
Net movement in funds	S22	111,019	-	-	111,019	1,033
Reconciliation of funds:						
Total funds brought forward	S23	5,950	-	-	5,950	4,917
Total funds carried forward	S24	116,969	-	-	116,969	5,950

Section B Balance sheet

	Guidance Note	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	375	-	-	375	-
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	116,594	-	-	116,594	5,950
Total current assets	B10	116,969	-	-	116,969	5,950
Creditors: amounts falling due within one year (Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)	B12	116,969	-	-	116,969	5,950
Total assets less current liabilities	B13	116,969	-	-	116,969	5,950
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	116,969	-	-	116,969	5,950
Funds of the Charity						
Endowment funds (Note 27)	B17	-	-	-	-	-
Restricted income funds (Note 27)	B18	-	-	-	-	-
Unrestricted funds	B19	116,969	-	-	116,969	5,950
Revaluation reserve	B20	-	-	-	-	-
Fair value reserve	B21	-	-	-	-	-
Total funds	B22	116,969	-	-	116,969	5,950

Independent examiner's report to the trustees of Asto Clinics Charity Ltd

I report to the trustees on my examination of the accounts of the Asto Clinics Charity Ltd (the Company) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signed: *J. Buffin*

Name: Josh Buffin

Relevant professional qualification or membership of professional bodies (if any): ACA

Address: Apartment 403, 37 Cross Street, Manchester, M2 4JE

Date: 20/10/2023