

FROME MARKET HEALTH HUB

England & Wales · Charity number 1190202

Details

Status Registered

Legal form CIO

Registered 2020-07-01

Register [View on the Charity Commission register](#)

Contact

Address Yarnfield Cottage
108 Maiden Bradley
Warminster
Wiltshire
BA12 7HY

Phone 01373830033

Email secretary@fmhh.org.uk

Activities

Objects: THE OBJECT OF THE CIO IS THE ADVANCEMENT OF THE MENTAL AND PHYSICAL HEALTH AND WELLBEING FOR THE PUBLIC BENEFIT OF THE FARMING COMMUNITY THAT ATTEND THE FROME (STANDERWICK) LIVESTOCK MARKET, IN PARTICULAR BUT NOT EXCLUSIVELY, BY PROVIDING INFORMATION AND ADVICE ON MENTAL AND PHYSICAL HEALTH AND WELLBEING ISSUES AND PROVIDING ACCESS TO PRACTITIONERS, ADVISORS AND PROFESSIONALS IN THE FIELD OF MENTAL AND PHYSICAL HEALTH AND WELLBEING AT THE FROME (STANDERWICK) LIVESTOCK MARKET

Activities: The charity provides a drop in health screening facility for farmers, their employees and the rural community at large

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Other Defined Groups

Geography

- Bath And North East Somerset
- Somerset
- Wiltshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£14,570	£17,690	-	-
2024-03-31	£4,126	£3,207	-	-
2023-03-31	£4,127	£3,208	-	-
2022-03-31	£733	£1,489	-	-
2021-03-31	£5,000	£0	-	-

Trustees

Name	Role	Appointed
Martin Brown	Chair	2020-07-01
Andrew Vickery ACA BSc		2020-07-01
Diana Bourne		2020-07-01
Jackie Margaret Smith		2023-07-20
Lorna Filby CMIOSH		2020-07-01
Lucilla Nelson		2020-07-01
Martin Hemmett MRICS		2020-07-01

FROME MARKET HEALTH HUB

England & Wales - Charity number 1190202

Accounts



Aim and Purposes

Frome Market Health Hub (FMHH) is partnered with Somerset NHS Foundation Trust (SFT) to facilitate the provision of health screening clinics for farmers, their families and agricultural workers who visit Frome Livestock Market, with the broad aim of improving patient's health. In addition to the services provided by NHS partnership, FMHH also provides regular podiatry care, free of charge to visitors to the Livestock Market and other health services when appropriate (e.g. as a pop-up COVID vaccinations centre and facilitating health related talks).

The Health Hub is located at the livestock market which is important both as a social and business centre for the farming community. Through FMHH, the NHS is able to reach a group of rural patients who find it most difficult to access traditional health services.

Objectives and Activities

The chief objective of health screening is to detect potential serious mental and physical illness, before it becomes burdensome for either patients or the NHS. While NHS nurses and mental health nurses are funded by Somerset NHS Foundation Trust (SFT), FMHH organisation provides two treatment rooms and a dedicated reception area at the market, has purchased special items of equipment, and organised all marketing and communications materials to promote the health hub to the public. Having received a grant from Somerset Community Foundation in 2019, and continuing ad hoc donations from other enterprises, FMHH has funded the services and equipment to run twice-monthly podiatry clinics, all free of charge to patients.

Achievements and Performance

Having run the Health Hub at the market for three years, it is very satisfying to see that the clinic has been accepted as a part of the many business and social facilities available to the farming community when they visit the livestock market. The type of health screening undertaken has continued as before with the addition of blood cholesterol testing and a

questionnaire designed for prostate pre-cancer awareness and there is a pilot scheme in progress for specific dermatological conditions caused by sun damage using camera technology. These tests together with practitioner vigilance have led to referrals to GP practices and other specialist services.

Our podiatrist has been kept very busy all year and we are now considering increasing her hours to meet demand. The podiatry clinic has done much to draw in farmers who can be reluctant to visit a nurse. Patients in the podiatry clinic are very often referred to the NHS clinic for blood tests when the podiatrist recognises from her patients' feet, symptoms of broader underlying health issues such as high blood pressure, diabetes, ulcers, rheumatoid arthritis, atrial fibrillation, plantar fasciitis – etc. The 'safe place' created by the podiatrist also encourages patients to confide in her and again, the podiatrist has been able to recommend to her patients the benefits of speaking to the wellbeing practitioner.

Patients wishing to see the podiatrist are advised to book an appointment – as opposed to the drop-in availability of the nursing clinics. This is because podiatry treatments usually take longer and many patients need repeat treatments, and there are only 5 treatment sessions in the time available each session.

Following on from successful and well attended talks on issues such as prostate cancer awareness, breast cancer and menopause – we are keen to continue introducing subjects of interest in further talks.

In late 2024, FMHH received an approach from The Richard Oatley Foundation Trust offering support to FMHH. The Trust was set up in the name of a wealthy local farmer who's wish was for FMHH to be one of several beneficiaries of his will. The approach was timely as the Health Hub was beginning to outgrow the facilities it has used free of charge since October 2019. Positive talks began in June 2024 and developed into plans to provide a purpose-built facility on the site of the livestock market. An agreement was made that the new building would remain in the ownership of the Richard Oatley Foundation, and that the primary usage would be as the home of FMHH, paying a peppercorn rent. Thus, FMHH has been relieved of financial or construction responsibility but has benefited from an extraordinary gift which will enable further growth going forwards.

By the end of this financial period, building plans have been drawn up, tenders invited and approved and groundworks begun.

It has always been the intention of FMHH trustees to grow the partnership with the NHS and the new building will enable increased use by other health providing organisations in need of such a space – for example Farming Community Networks (FCN) a volunteer led charity offering help to farmers struggling with mental health, financial or succession worries. The building will comprise four treatment rooms for; a medical nurse; our resident podiatrist; a lounge area with comfortable furnishings for emotional wellbeing conversations and, a physiotherapy treatment room. The ability to have all our practitioners in clinics at the same time will be highly beneficial to patients and greatly aid cross-referrals. Having a permanent home at the market invites a new phase of growth for the charity.

During the year, FMHH hosted viewings of the current and future facilities. We welcomed two Lord Lieutenants, two High Sheriffs several prominent local farming families and local philanthropists. Having received the long-awaited permanent funding commitment from the NHS we are able to commit to the new building with confidence, and also, importantly, we are able to fund-raise for extending the hours of our paid podiatrist, physiotherapist (currently being recruited) and receptionist.

Financial Overview

Throughout the year the organisation made regular payments to our freelance podiatrist, Natasha Bevan, who charges a set fee for a morning's clinic. During the year, Natasha took maternity leave but found an equally well qualified professional who took on her existing patients and has gone on to job share as Natasha has gradually returned to work. The rate has remained the same from our inception and a review was undertaken which led to an increase of £5 per hour with a further review due in January 2026. The podiatrist invoices the organisation monthly and the total usually, but not always, covers two morning sessions each month. This year the organisation paid £4,000.00 in podiatry clinic fees.

Between July and December 2024, payments amounting to £10,807.50 were made to the building Project Manager, Dolman, for their fees with a further £2,726 paid through Dolman's for various permissions and ecology surveys – amounting to a total of £13,533.50. These sums were reimbursed by The Richard Oatley Foundation. From January 2025 onwards, the Foundation took over the running of the project and paid all costs associated with the construction, directly.

In September 2025 FMHH took a stand at the Frome Agricultural Show at a cost of £268.00 (booked and paid for in May 2025). This is a very useful annual marketing event for the Health Hub and despite heavy rain, our nurses had a steady stream of requests for the health screening tests they were able to take to the show.

In an effort to raise high level awareness, the charity hosted two events for local dignitaries and prominent farming families which were sponsored by one of the organisation's trustees and by Frome Livestock Auctioneers, jointly. Donations were received totalling £4,085.00 during the year with a further £37.37 in bank interest. The cash balance at 01/04/2025 was £5,974.26. Our thanks to the NFU, Lions Club, Fatsock Association and to the local farming community efforts for their generosity and support.

Reserve Policy

FMHH has not needed to apply for further grant donations this year. The pattern of payments is set and there are sufficient funds in the bank to cover our needs for now. FMHH has recovered outgoing costs to suppliers from the Richard Oatley Foundation Trust.

Volunteers

Throughout the, year the organisation has again been supported by NHS Mendips Health Connectors who have sent representatives to the livestock market, regularly, to help build awareness of the health hub clinics and encourage potential patients to visit. The Health Hub is also greatly assisted by the very welcome presence at the market of the Market

Chaplain and Farming Community Network (FCN) volunteers, all of whom are known by our target audience.

The organisation is extremely grateful to all our trustees who have been generous with their time and skills. In particular, the organisation has benefited greatly from the advice of Frome Livestock Auctioneers which has organised our sub-letting lease arrangements for the new building. The organisation could not have functioned these last three years without the livestock market's space set aside to facilitate the Health Hub within their own office suite and the weekly advertisements for the Health Hub on their own website. Financial accounts and advice are given freely by Old Mill Accountancy Limited, for which the organisation is most grateful.

Structure Governance and Management

The partnership of NHS with FMHH is a fine example of a public body working alongside the voluntary sector for public benefit. The founding trustees were approached on the basis of individual skill sets. Our Chairman is a retired farmer with extensive farming knowledge and excellent soft skills relating well to farmers' lifestyles and stresses. A Deputy Lieutenant of Somerset with extensive experience in mental health in the county, accepted the invitation to become a trustee and has been a driving force in outlining the key areas where the organisation can have most impact. The chairman of Frome Livestock Auctioneers is a vital link with the heart of the Health Hub core patient base. We asked the partner who heads the rural side of a large accountancy firm to be our finance advisor; a senior member of Mole Valley Farmers Ltd who understands the needs of farmers and is able to communicate through the MVF newsletters – all founding trustees. FLA's finance director is now into her second year as trustee but sadly we have lost one other who has moved to Scotland. The organisation will attempt to recruit another trustee in due course. All trustees provide invaluable advice and the organisation is grateful for their input.

Finally, the writer is Trustee Administrator for the organisation. The board works extremely well together and has been supportive and constructive throughout the process of bringing the Health Hub to life. The governing document outlines a rotational arrangement at 2-, 3- and 5-year intervals. Having lost one trustee this year there is no need to rotate those remaining.

Administrative Information

Frome Market Health Hub is situated at Frome Livestock Market, Standerwick, BA11 2QB. The administrative contact for all correspondence is: Mrs Diana Bourne, of Yarnfield Cottage, Maiden Bradley, Warminster, BA12 7HY.

Finance Officer: Mr Andrew Vickery, Head of Rural, Old Mill Accountants, Maltravers House, Petters Way, Yeovil, BA20 1SH

Frome Market Health Hub

Financial Statements for the year ended 31 March 2025

	Total 2025 £	Total 2024 £
RECEIPTS AND PAYMENTS ACCOUNT		
Receipts		
Receipts from donors	14,532.50	9,351.50
Bank interest received	37.37	29.01
Total receipts	<u>14,569.87</u>	<u>9,380.51</u>
Payments		
Podiatry chair	-	-
Podiatrist	4,000.00	3,740.00
Hospitality	152.00	809.50
Project management	13,533.50	-
Bank charges	4.90	2.90
Total payments	<u>17,690.40</u>	<u>4,552.40</u>
Net surplus/(deficit) for year	(3,120.53)	4,828.11
Bank current and deposit accounts at 1 April 2024	9,992.41	5,164.30
Bank current and deposit accounts at 31 March 2025	5,971.88	9,992.41
STATEMENT OF ASSETS AND LIABILITIES		
Assets		
Cash Funds		
Bank current account	5,971.88	9,992.41
Liabilities		
Old Mill	-	900.00
Bank charges	0.50	0.40
Net Assets at 31 March 2025	<u>5,971.38</u>	<u>9,092.01</u>

The financial statements for the year were approved by the trustees on 29/01/2026 and signed on their behalf by:


.....
Martin Brown
Chairman and Trustee


.....
Andrew Vickery
Finance Officer and Trustee

FROME MARKET HEALTH HUB

England & Wales - Charity number 1190202

Accounts



Aim and Purposes

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The Health Hub is located at the livestock market which is important both as a social and business centre for the farming community. Through FMHH, the NHS is able to reach a group of rural patients who find it most difficult to access traditional health services.

Objectives and Activities

The chief objective of health screening is to detect potential serious mental and physical illness, before it becomes burdensome for either patients or the NHS. While NHS nurses and mental health nurses are funded by Somerset NHS Foundation Trust (SFT), FMHH organisation provides two treatment rooms and a dedicated reception area at the market, has purchased special items of equipment, and organised all marketing and communications materials to promote the health hub to the public. Having received a grant from Somerset Community Foundation in 2019, and continuing ad hoc donations from other enterprises, FMHH has funded the services and equipment to run twice-monthly podiatry clinics, all free of charge to patients.

Achievements and Performance

Having run the Health Hub at the market for two years, it is very satisfying to see that the clinic has been accepted as a part of the many business and social facilities available to the farming community when they visit the livestock market. The type of health screening undertaken has continued as before with the addition of blood cholesterol testing and a

questionnaire designed for prostate pre-cancer awareness and there is a pilot scheme in progress for specific dermatological conditions caused by sun damage using camera technology. These tests together with practitioner vigilance have led to referrals to GP practices and other specialist services.

Our podiatrist has been kept very busy all year and we are now considering increasing her hours. The podiatry clinic has done much to draw in farmers who can be reluctant to visit a nurse. Patients in the podiatry clinic are very often referred to the NHS clinic for blood tests when the podiatrist recognises from her patients' feet, symptoms of broader underlying health issues such as high blood pressure, diabetes, ulcers, rheumatoid arthritis, atrial fibrillation, plantar fasciitis – etc. The 'safe place' created by the podiatrist also encourages patients to confide in her and again, the podiatrist has been able to recommend to her patients the benefits of speaking to the wellbeing practitioner.

Patients wishing to see the podiatrist are advised to book an appointment – as opposed to the drop-in availability of the nursing clinics. This is because podiatry treatments usually take longer and many patients need repeat treatments, and there are only 5 treatment sessions in the time available.

Following on from successful and well attended talks on issues such as prostate cancer awareness, breast cancer and menopause – the Health Hub is discussing with the local branch of MacMillan with regard to holding talks and other possible mutually beneficial events.

During the course of this year FMHH received an approach from The Richard Oatley Foundation Trust with a view to offering support to FMHH. The Oatley Foundation was set up in the name of a wealthy local farmer who's wish was for FMHH to be one of several beneficiaries of his will. The approach was timely as the Health Hub is beginning to outgrow the facilities it has used free of charge since October 2019 and talks have begun with regard to the provision of a purpose-built facility on the site of the livestock market. By the end of this financial period, building plans have been drawn up and tenders invited from suppliers. With finance provided by the Oatley Foundation an independent project manager has been appointed to deal with the schedule of works and the build programme. The Oatley Foundation has indicated that a suitable and affordable budget of around £400,000 can be committed once FMHH has presented an acceptable business case report to support the donation. As a result of this proposed project, the trustees of FMHH are working closely and transparently with the trustees of the Richard Oatley Foundation to push forward in this transformative offer of support.

It has always been the intention of FMHH trustees to grow the partnership with the NHS and the new building will enable increased use beyond the single morning per week. It will comprise four treatment rooms and the option of a movable wall to accommodate larger groups when required for talks by other health providing organisations as well as a broader offer of services such as a physiotherapist, dedicated space (rather than shared) for the podiatrist and therefore a more useable, daily use of the facility.

During the year, FMHH received the long-awaited permanent funding commitment from the NHS. This commitment is a key factor that the Oatley Foundation relied upon to fund a purpose built facility at the livestock market.

Financial Overview

Throughout the year the organisation made regular payments to our freelance podiatrist who charges a set fee of £160 for a morning's clinic. The podiatrist invoices the organisation monthly and the total usually, but not always, covers two morning sessions each month, i.e. £320.00 per month. This year the organisation paid the podiatrist £3,740.00.

In September 2023 FMHH took a stand at the Frome Agricultural Show at a cost of £150.50. Additional printed materials were needed at a further cost of £659 and this cost was paid by a donation from The Richard Oatley Foundation for this specific purpose.

An extraordinary payment of £750 + £150 VAT was made to Old Mill Accountancy for professional advice regarding a specific query about VAT liability in connection with the proposed new building project. This balance was paid just after the year end in April 2024.

Donations were received totalling £9,351.50 during the year with a further £29.01 in bank interest. The cash balance at 01/04/2024 was £9,992.41. Our thanks to the NFU and to the local farming community efforts for their generosity and support.

Reserve Policy

FMHH has not needed to apply for further grant donations this year. The pattern of payments is set and there are sufficient funds in the bank to cover our needs for now. In the coming months if the new building proposal proceeds, FMHH will look to recover outgoing costs to suppliers from the Richard Oatley Foundation Trust. In all likelihood, there will be a change in financial activity in the coming year and an application for further donations will be sought from Somerset Community Foundation if the need arises. FMHH has been assured of a further grant allowance from SCF and other donors have been identified. An application will be made in good time, before funds are needed.

Volunteers

Throughout the year the organisation has again been supported by NHS Mendips Health Connectors who have sent representatives to the livestock market, regularly, to help build awareness of the health hub clinics and encourage potential patients to visit. The Health Hub is also greatly assisted by the very welcome presence at the market of the Market Chaplain and Farming Community Network (FCN) volunteers, all of whom are known by our target audience.

The organisation is extremely grateful to all our trustees who have been generous with their time and skills. In particular, the organisation has benefited greatly from the advice and production of marketing and communications materials supplied free of charge by Mole Valley Farmers Ltd. The organisation could not function without the livestock market's space set aside to facilitate two treatment rooms in a reception area within their office suite and the weekly advertisements for the health hub on their own website. Financial accounts and advice are given freely by Old Mill Accountancy Limited, for which the organisation is most grateful.

Structure Governance and Management

The partnership of NHS with FMHH is a fine example of a public body working alongside the voluntary sector for public benefit. The founding trustees were approached, on the basis of individual skill sets. Our Chairman is a retired farmer with extensive farming knowledge and excellent 'soft' skills in relating to farmers' lifestyles and stresses. A Deputy Lieutenant of Somerset with extensive experience in mental health in the county, accepted the invitation to become a trustee and has been a driving force in outlining the key areas where the organisation can have most impact. We asked the partner who heads the rural side of a large accountancy firm to be our finance advisor; a senior member of Mole Valley Farmers Ltd who understands the needs of farmers and is able to communicate through the MVF newsletters. Two trustees were recruited this year: firstly, the organisation is delighted to welcome a retired psychiatric nurse and representative of the FCN charity to the board, and also the FLA's finance director has taken over from the former market manager supplying on site help and assistance with the interface between clinic and the business of the market. All Trustees provide invaluable help and the organisation is grateful for their input.

Finally, the writer is Trustee Administrator for the organisation. The board works extremely well together and has been supportive and constructive throughout the process of bringing the Health Hub to life. The governing document outlines a rotational arrangement at 2-, 3- and 5-year intervals. With two new trustees last year, there is no need to rotate those remaining.

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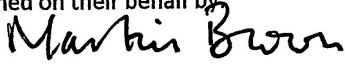
Finance Officer: Mr Andrew Vickery, Head of Rural, Old Mill Accountants, Malltravers House, Petters Way, Yeovil, BA20 1SH

Frome Market Health Hub

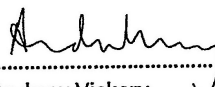
Financial Statements for the year ended 31 March 2023

	Total 2023 £	Total 2022 £
RECEIPTS AND PAYMENTS ACCOUNT		
Receipts		
Receipts from donors	4,119.95	731.98
Bank interest received	6.64	1.37
Total receipts	<u><u>4,126.59</u></u>	<u><u>733.35</u></u>
Payments		
Podiatry chair	-	207.89
Podiatrist	3,040.00	1,280.00
Hospitality	165.40	
Bank charges	2.30	1.30
Total payments	<u><u>3,207.70</u></u>	<u><u>1,489.19</u></u>
Net surplus/(deficit) for year	918.89	(755.84)
Bank current and deposit accounts at 1 April 2022	4,245.41	5,001.25
Bank current and deposit accounts at 31 March 2023	5,164.30	4,245.41
STATEMENT OF ASSETS AND LIABILITIES		
Assets		
Cash Funds		
Bank current account	5,164.30	4,245.41
Liabilities		
Podiatrist	-	320.00
Bank charges	0.10	0.10
Net Assets at 31 March 2023	<u><u>5,164.40</u></u>	<u><u>3,925.31</u></u>

The financial statements for the year were approved by the trustees on 31/10/2024 and signed on their behalf by:



 Martin Brown
 Chairman and Trustee



 Andrew Vickery
 Finance Officer and Trustee

FROME MARKET HEALTH HUB

England & Wales - Charity number 1190202

Accounts



Aim and Purposes

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Achievements and Performance

Post pandemic conditions improved for the livestock market and the re-opening of the cafeteria on the site helped gradually to increase footfall to the clinic. It was very satisfying to see that the clinic has been accepted as a part of the many business and social facilities available to the farming community when they visit the livestock market. The type of health screening undertaken has continued as before with the addition of blood cholesterol testing

and a questionnaire designed for prostate pre-cancer awareness. These two tests have led to referrals to GP practices. Nurses have also highlighted the need for dermatology screening having referred several patients presenting the effects of sun damage.

Our podiatrist has been kept very busy all year and we are now considering increasing her hours. The podiatry clinic has done much to draw in farmers who can be reluctant to visit a nurse. Patients in the podiatry clinic are very often referred to the NHS clinic for blood tests when the podiatrist recognises from her patients' feet, symptoms of broader underlying health issues such as high blood pressure, diabetes, ulcers, rheumatoid arthritis, atrial fibrillation, plantar fasciitis – etc. The 'safe place' created by the podiatrist also encourages patients to confide in her and again, the podiatrist has been able to recommend to her patients the benefits of speaking to the wellbeing practitioner.

Patients wishing to see the podiatrist are advised to book an appointment – as opposed to the drop-in availability of the nursing clinics. This is because podiatry treatments usually take longer and many patients need repeat treatments, and there are only 5 treatment sessions in the time available.

During the year there were several health-related talks held covering specific issues such as prostate cancer awareness, breast cancer and menopause – all were well attended. The Health Hub has attracted donations from well-wishers such as the local Lions Club and National Farmers Union along with smaller donations from events such as local carol services.

Financial Overview

Throughout the year the organisation made regular payments to our freelance podiatrist who charges a set fee of £160 for a morning's clinic. The podiatrist invoices the organisation monthly and the total usually, but not always, covers two morning sessions each month, i.e. £320.00 per month. This year the organisation paid the podiatrist £3,040.00

Two extraordinary payments were made to D Bourne, reimbursements for the hospitality at the Health Hub cafeteria of two sets of visitors; firstly a group of donors from NFU and secondly for a media day to promote the Hub. Total £165.40

Donations were received totalling £4119.95 during the year with a further £6.64 in bank interest. The cash balance at 01/04/2023 was £5,164.30. Our thanks to the NFU and to the local community efforts for their generosity and support.

Reserve Policy

As the NHS clinics are subject to funding renewal from October 2022 to September 2023, it does not seem sensible, or necessary to apply for further grant donations. The pattern of payments is now set and there are sufficient funds in the bank to cover our needs for the next 12 months and beyond. The organisation's policy therefore is not to hold a reserve but to seek further funds from grants or donations when there is need. When required FMHH has been assured of a further grant allowance from SCF and other donors have been identified. An application will be made in good time, before funds are needed.

Volunteers

Throughout the year the organisation has again been supported by NHS Mendips Health Connectors who have sent representatives to the livestock market, regularly, to help build awareness of the health hub clinics and encourage potential patients to visit. The Health Hub is also greatly assisted by the very welcome presence at the market of the Market Chaplain and Farming Community Network (FCN) volunteers, all of whom are known by our target audience.

The organisation is extremely grateful to all our trustees who have been generous with their time and skills. In particular, the organisation has benefited greatly from the advice and production of marketing and communications materials supplied free of charge by Mole Valley Farmers Ltd. The organisation could not function without the livestock market's space set aside to facilitate two treatment rooms in a reception area within their office suite and the weekly advertisements for the health hub on their own website. Financial accounts and advice are given freely by Old Mill Accountancy Limited, for which the organisation is most grateful.

Structure Governance and Management

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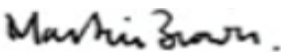
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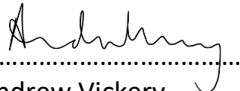
Frome Market Health Hub

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Bank charges	2.30	1.30
Total payments	<u>3,207.70</u>	<u>1,489.19</u>
Net surplus/(deficit) for year	918.89	(755.84)
Bank current and deposit accounts at 1 April 2022	4,245.41	5,001.25
Bank current and deposit accounts at 31 March 2023	5,164.30	4,245.41
STATEMENT OF ASSETS AND LIABILITIES		
Assets		
Cash Funds		
Bank current account	5,164.30	4,245.41
Liabilities		
Podiatrist	-	320.00
Bank charges	0.10	0.10
Net Assets at 31 March 2023	<u>5,164.40</u>	<u>3,925.31</u>

The financial statements for the year were approved by the trustees on 22/04/2024 and signed on their behalf by:


.....
Martin Brown
Chairman and Trustee


.....
Andrew Vickery
Finance Officer and Trustee

FROME MARKET HEALTH HUB

England & Wales - Charity number 1190202

Accounts



Aim and Purposes

Frome Market Health Hub (FMHH) is partnered with Somerset NHS Foundation Trust (SFT) to facilitate the provision of health screening clinics for farmers, their families and agricultural workers who visit Frome Livestock Market, with the broad aim of improving patient's health. In addition to the services provided by NHS partnership, FMHH also provides regular podiatry care, free of charge to visitors to the Livestock Market and other health services when appropriate (e.g. as a pop-up COVID vaccinations centre).

It makes sense to locate the health hub at the livestock market which is both an important social and business centre for the farming community. Through FMHH, the NHS is able to reach a group of rural patients who find it most difficult to access traditional health services.

Objectives and Activities

The chief objective of health screening is to detect potential serious mental and physical illness, before it becomes burdensome for either patients or the NHS. While NHS nurses and mental health nurses are funded by Somerset NHS Foundation Trust (SFT), FMHH organisation provides two treatment rooms and a dedicated reception area at the market, has purchased special items of equipment, and organised all marketing and communications materials to promote the health hub to the public. Having received a grant from Somerset Community Foundation, FMHH has funded the services and equipment to run twice-monthly podiatry clinics, also free of charge to patients.

Achievements and Performance

After a year in planning from March 2020 to 2021, during which the COVID 19 pandemic prevented the FMHH clinics from moving forward, in May 2021 the provision of NHS funded nurses and mental health nurses was approved by Somerset NHS Care Commissioning Group (CCG), on a one-year pilot basis. This approval ignited the operational organisation of the health service provision for the health hub, a process that took the NHS five months to complete and which included the successful recruitment of nursing, receptionists and mental health professionals to run FMHH clinics at the market. Staff availability, as the country came out of lockdown, was sometimes patchy resulting in occasional cancellations of Wednesday clinics and perhaps this lack of continuity and the fact the NHS clinic was only open one morning each month at the beginning, meant that farmers took a while to take advantage of the services offered. The first FMHH clinic took place on October 13th 2021. At the same

time, starting from October 2021, FMHH set up and has been running very successful podiatry clinics, twice monthly.

Following launch of the clinics at the livestock market in October 2021 up to the 30th March 22 year end, approximately 35 patients (men and women of mixed ages) have been seen by nurses and the mental health team and a further 17 podiatry patients have been seen and had repeat follow up treatments. NHS clinics were operating just once a month during the period and the clinic was cancelled altogether in two months due to staff shortages and illness. The pandemic's effect was still in evidence and furthermore, the livestock market's restaurant – the social hub of the market – was also closed. For this reason, the numbers visiting the health hub clinics in this period, were higher than we, the organisers, had expected. The nursing role is to provide basic health screening tests which can be referred to the patient's own GP with patients' approval. These tests include blood checks for raised blood pressure, raised glucose levels and raised cholesterol, weight and smoking and alcohol consumption advice and nurses can provide or change dressings. A questionnaire tool is used for prostate cancer initial screening and other areas of concern, such as skin conditions are also referred on. Nursing staff are not providing a diagnostic service but if a patient presents with a particular concern then nurses can often offer reassurances that ease anxiety or refer them to their GPs. Essentially, nurses play a critical role in listening to their patients, frequently referring them to the mental health practitioners at the Health Hub for further conversation with Talking Therapists.

The podiatry clinic has done much to draw in farmers who can be reluctant to visit a nurse. Patients in the podiatry clinic are very often referred to the NHS clinic for blood tests when the podiatrist recognises from her patients' feet, symptoms of broader underlying health issues such as high blood pressure, diabetes, ulcers, rheumatoid arthritis, atrial fibrillation, plantar fasciitis – etc. Patients wishing to see the podiatrist are advised to book an appointment – as opposed to the drop-in availability of the nursing clinics. This is because podiatry treatments usually take longer and many patients need repeat treatments, and there are only 5 treatment sessions in the time available.

Financial Overview

In the founding year (2020-21) the organisation received a grant from Somerset Community Foundation of £5000, which at the start of the period April 2021 to year end March 2022 had gained £1.25 in bank interest. This opening balance of £5001.25 remained untouched until the health clinics were able to open in October 2021. Further donations have been received adding £731.98 during the year and a small amount of bank interest of £1.37 received in the period.

There was one extraordinary expense for the purchase of a special reclining podiatry chair costing £207.98 and from October 2021 to the year end, bank charges of £1.30 were subtracted from the organisation's account.

From October 2021 to the year end, the organisation made regular payments to our freelance podiatrist who charges a set fee of £160 for a morning's clinic. The podiatrist invoices the organisation monthly and the total usually, but not always, covers two morning sessions each month, i.e. £320.00 per month.

At the year end, after payment of a podiatry invoice dated 30th March 2022 but paid in early April, the organisation has £3925.41, in the bank.

Reserve Policy

As the NHS clinics are subject to CCG funding renewal after the first year of clinics (i.e. October 2021 to September 2022), it does not seem sensible, or necessary to apply for further grant donations until such time as there is confirmation that the NHS partnership will continue.

The payment of podiatry fees (not more than £3,840 p.a) is the organisation's single outgoing and the practitioner is not under contract but self-employed. The organisation's policy therefore is not to hold a reserve but to seek further funds from grants or donations when there is confirmation from the CCG that the NHS clinics will continue into 2023.

When required FMHH has been assured of a further grant allowance from SCF and other donors have been identified. An application will be made in good time, before funds are needed.

The first outgoings in the year 2021 – 22 are to the podiatrist and one or two small expenses as above and detailed in the accounts. The organisation has reported back to SCF, thanking them for their support and has received back a promise of further funds being available to the organisation if and when needed. Other donations have been received, as detailed in the accounts.

Volunteers

Throughout the year the organisation has been supported by NHS Mendips Health Connectors who have sent representatives to the livestock market, regularly, to help build awareness of the health hub clinics and encourage potential patients to visit. The Health Hub is also greatly assisted by the very welcome presence at the market of the Market Chaplain and Farming Community Network (FCN) volunteers, all of whom are known by our target audience.

The organisation is extremely grateful to all our trustees who have been generous with their time and skills. In particular, the organisation has benefited greatly from the advice and production of marketing and communications materials supplied free of charge by Mole Valley Farmers Ltd, all free of charge. The organisation could not function without the livestock market's space set aside to facilitate two treatment rooms in a reception area within their office suite and the weekly advertisements for the health hub on their own website. Financial accounts and advice are given freely by Old Mill Accountants, for which the organisation is most grateful.

Structure Governance and Management

The partnership of NHS with FMHH is a fine example of a public body working alongside the voluntary sector for public benefit. The founding trustees were approached, on the basis of individual skill sets. Our Chairman is a retired farmer with extensive farming knowledge and excellent 'soft' skills in relating to farmers' lifestyles and stresses. A Deputy Lieutenant of Somerset with extensive experience in mental health in the county, accepted the invitation to become a trustee and has been a driving force in outlining the key areas where the organisation can have most impact. We asked the partner who heads the rural side of a large accountancy firm to be our finance advisor; the livestock market manager, who is on site and both willing and able to manage the site requirements of the health hub staff, is a trustee and key day-to-day contact with the administrator; a senior member of Mole Valley Farmers Ltd who understands the needs of farmers and is able to communicate through the MVF newsletters; a livestock auctioneer who is in touch with Young Farmers and who communicates well with them, served as a trustee for the first year but has since moved away and is no longer listed; a senior partner of Cooper & Tanner (Land Agents) based at the market

and is a specialist in estate management and the affairs of farmers in general is a founding trustee; and the Chairman of Frome Livestock Auctioneers (FLA) and retired senior partner of Cooper & Tanner, who's wide experience in voluntary service and who's great source of common sense guidance was greatly valued, sadly died in December 2021. Finally, the writer is trustee administrator for the organisation. The board works extremely well together and has been supportive and constructive throughout the process of bringing the health hub to life. The governing document outlines a rotational arrangement at 2-, 3- and 5-year intervals. Having lost two of the founding trustees during the second year of the organisation, there is no need to rotate this year.

Administrative Information

Frome Market Health Hub is situated at Frome Livestock Market, Standerwick, BA11 2QB. The administrative contact for all correspondence is: Mrs Diana Bourne, of Yarnfield Cottage, Maiden Bradley, Warminster, BA12 7HY.

Finance Officer: Mr Andrew Vickery, Head of Rural, Old Mill Accountants, Malltravers House, Petters Way, Yeovil, BA20 1SH

Financial Statement for the Year ended 31st March 2022

Frome Market Health Hub

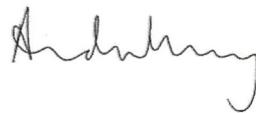
Financial Statements for the year ended 31 March 2022

	Total 2022 £	Total 2021 £
RECEIPTS AND PAYMENTS ACCOUNT		
Receipts		
Receipts from donors	731.98	5,000.00
Bank interest received	1.37	1.25
Total receipts	<u>733.35</u>	<u>5,001.25</u>
Payments		
Podiatry chair	207.89	-
Podiatrist	1,280.00	-
Bank charges	1.30	-
Total payments	<u>1,489.19</u>	<u>-</u>
Net surplus/(deficit) for year	(755.84)	5,001.25
Bank current and deposit accounts at 1 April 2021	5,001.25	
Bank current and deposit accounts at 31 March 2022	4,245.41	5,001.25
STATEMENT OF ASSETS AND LIABILITIES		
Assets		
Cash Funds		
Bank current account	4,245.41	5,001.25
Liabilities		
Podiatrist	320.00	-
Bank charges	0.10	-
Net Assets at 31 March 2022	<u>3,925.31</u>	<u>5,001.25</u>

The financial statements for the year were approved by the trustees on 21/12/2022 and signed on their behalf by:



.....
Martin Brown
Chairman and Trustee



.....
Andrew Vickery
Finance Officer and Trustee

FROME MARKET HEALTH HUB

England & Wales - Charity number 1190202

Accounts



Aim and Purposes

Frome Market Health Hub (FMHH) is partnered with Somerset NHS Foundation Trust (SFT) to facilitate the provision of health screening clinics for farmers, their families and agricultural workers who visit Frome Livestock Market. In addition to the services provided by NHS partnership, FMHH also provides regular podiatry care, free of charge to visitors to the Livestock Market.

Objectives and Activities

FMHH is committed to providing convenient, free of charge, health care to the rural farming communities that are among the hardest to reach through traditional health channels. While NHS nurses and mental health nurses are funded by Somerset NHS Foundation Trust (SFT), FMHH trustees facilitate two treatment rooms at the market, provide items of equipment, marketing and promotional materials and having received a grant from Somerset Community Foundation, trustees intend to use these funds to provide additional health-based care, not provided by the SFT. The partnership is an example of a public body working alongside the voluntary sector for public benefit.

Achievements and Performance

It was unfortunate that the organisation's foundation year, 2020, coincided with the COVID 19 pandemic and subsequent lockdowns which impacted severely on the organisation's partners – Somerset NHS Foundation Trust (SFT). However, the year was not wasted, and very useful work was completed in the year so that as restrictions lifted in Autumn of 2021 communications between the organisation and its partner had bedded in and constructive planning had taken place.

Indeed, the most difficult stage of the year came with total lockdown before the organisation had been able to connect with the right partnership individuals, but through persistence and a mutual desire to move forward the right contacts were made and there was an immediate meeting of minds on the potential efficacy of the proposed clinics, our joint aims and objectives.

For example, with our partners' advice, FMHH Trustees put in place refurbishments needed to bring the livestock market offices up to NHS standards for use as treatment rooms. A new floor was laid by our market-based trustees. Our thanks to Frome Livestock Auctioneers (FLA) for undertaking the refurbishment with no cost to the organisation.

Much work was also done with another trustee who took on the design and production of our branding and signage needed for the site and general communications materials. We are indebted to Mole Valley Farmers for undertaking this vital work, again at no cost to the organisation.

In the period trustees continued to research the subject of rural health concerns which produced essential information that helped form a true picture of the type of patients most likely to make use of the clinics and the ways in which the Health Hub clinics could be most supportive of farmers' needs. It was useful to gather information from the media and examples discovered through the livestock market and wider channels of communication in the rural area. Particularly pertinent was finding many examples of farmers struggling with their mental health. With this in mind our NHS partners earmarked the need for specialist emotional wellbeing professionals in their recruitment planning for the staff to run the clinic.

Financial Overview

Discussions that took place in the foundation year were to do with the division of financial responsibilities between the organisation and our partners. During the year, Somerset NHS Care Commissioning Group (CCG) agreed to fund staffing to run the clinics on a one-year test and learn basis. It became clear that the organisation would be responsible for additional services that would be offered on alternate weeks to the NHS clinics in order to provide a full schedule of health activities at the livestock market. The organisation highlighted the likely need for podiatry services as a priority and this service would be funded by the organisation. A grant application was submitted to Somerset Community Foundation (SCF) and an award of £5000.00 was granted. When the Health Hub is able to open, it is intended that this sum will pay for the services of a freelance professional podiatrist for a year and will also cover the cost of specialist equipment if it is needed.

Since the organisation has no paid employees, no overheads and no expenses in the first year, the grant sum has remained untouched. The organisation has reported back to SCF and explained the reason for not being able to open as a result of the pandemic and this has been accepted by the SCF

Volunteers

Throughout the foundation year the organisation has been supported at a distance by NHS Mendips Health Connectors who have provided invaluable advice and guidance. The registering of the organisation with the Charity Commission was greatly aided by SPARKS Somerset and the wonderful organisation that is Farming Community Network (FCN) has cheered us on when at our bleakest time during lockdown we wondered if the organisation would ever become a reality. All our trustees have given their time and advice with worldly knowledge and grace.

Structure Governance and Management

In the initial stages, before registering FMHH with the Charity Commission, there was a working group of people, all of whom had an interest in the overall aim of improving health services for the farming community. From this working group, the founding trustees were approached, on the basis of individual skill sets. For example, our Chairman is a retired farmer with extensive farming knowledge and excellent 'soft' skills in relating to others. A Deputy Lieutenant of Somerset with extensive experience in mental health in the county accepted the invitation to become a trustee and has been a driving force in outlining the key areas where the organisation can have most impact. We asked an accountant who is partner in a firm that is very involved in farming; the livestock market manager who is on site both willing and able to manage the site requirements of the Health Hub staff; a senior member of Mole Valley Farmers who understands the needs of farmers and is able to communicate through the MVF newsletters; a livestock auctioneer who is in touch with Young Farmers and who communicates well with them; a senior member of Cooper & Tanner who is based at the market and who is close to estate management and the affairs of farmers in general; and a senior member of the Frome Market Auctioneers who lends wide experience in voluntary service and is a great source of common sense guidance. Finally, the writer is trustee administrator for the organisation. The board works extremely well together and has been supportive and constructive throughout the first, difficult year. The governing document outlines a rotational arrangement at 2-, 3- and 5-year intervals.

Administrative Information

Frome Market Health Hub is situated at Frome Livestock Market, Standerwick, BA11 2QB. The administrative contact for all correspondence is: Diana Bourne, at Yarnfield Cottage, Maiden Bradley, Warminster, BA12 7HY.

Finance Officer: Andrew Vickery, Head of Rural, Old Mill Accountants, Malltravers House, Petters Way, Yeovil, BA20 1SH

Financial Statement for the Year ended 31st March 2020

Frome Market Health Hub		
Financial Statements for the year ended 31 March 2021		
		Total
		2021
		£
RECEIPTS AND PAYMENTS ACCOUNT		
Receipts		
Receipts from donors		5,000.00
Bank interest received		1.25
Total receipts		5,001.25
Payments		
<i>None in year</i>		-
Bank current and deposit accounts at 1 April 2020		-
Bank current and deposit accounts at 31 March 2021		5,001.25
STATEMENT OF ASSETS AND LIABILITIES		
Assets		
Cash Funds		
Bank current account		5,001.25
Liabilities		
<i>None at 31 March 2021</i>		-
Net Assets at 31 March 2021		5,001.25

The financial statements for the year were approved by the trustees on 11/01/2022 and signed on their

behalf by:

Martin G. Brown.

Martin Brown

Chairman and
Trustee

Andrew Vickery

Andrew Vickery

Finance officer and Trustee