

# AFRICAHEREANDNOW

England & Wales - Charity number 1190161

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2020-06-29

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Capital Office Ltd  
Kemp House  
152-160 City Road  
London  
EC1V 2NX

**Phone** 07484829227

**Email** [Africahereandnow@gmail.com](mailto:Africahereandnow@gmail.com)

**Website** [Africahereandnow.com](http://Africahereandnow.com)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:(1) TO RELIEVE SICKNESS AND PRESERVE AND PROTECT GOOD HEALTH, IN PARTICULAR BUT NOT EXCLUSIVELY IN SIERRA LEONE THROUGH:(A) THE PROVISION OF SPECIALIST RADIOLOGY DIAGNOSTIC IMAGING CENTRES AND PROVIDING TRAINING TO HEALTHCARE PROFESSIONALS IN X-RAY, ULTRASOUND, COMPUTED TOMOGRAPHY (CT) AND ELECTROCARDIOGRAM (ECG) ANALYSIS AND ECHOCARDIOLOGY;(B) THE PROVISION OF MOBILE HEALTHCARE CLINICS AND PROVIDING TRAINING TO LOCAL HEALTHCARE PROFESSIONALS AND COMMUNITY HEALTHCARE WORKERS IN PRIMARY HEALTHCARE, MATERNAL HEALTH AND THE USE OF MOBILE ULTRASOUND EQUIPMENT;(C) THE PROVISION OF FREE DENTAL CLINICS;(D) PROVIDING INFORMATION AND ADVICE TO MEMBERS OF THE PUBLIC IN HEALTH MATTERS DESIGNED TO IMPROVE THEIR HEALTH AND PREVENT DISEASE.(E) PROVIDING WATER WELLS IN REMOTE AREAS THAT LACK CLEAN WATER AND ENSURING THAT SUCH WELLS ARE MAINTAINED.(2) TO ADVANCE EDUCATION FOR THE PUBLIC BENEFIT, IN PARTICULAR BUT NOT EXCLUSIVELY IN SIERRA LEONE, THROUGH THE PROVISION OF NEW SCHOOLS AND DEVELOPING OR REFURBISHING EXISTING SCHOOLS WITH THE AIM OF IMPROVING THE LIFE CHANCES OF CHILDREN LIVING IN SOCIALLY AND ECONOMICALLY DISADVANTAGED COMMUNITIES.

**Activities:** AfricaHereAndNow (AFHN) is a newly formed charity that aims to respond to a wide range of community needs identified within the Sierra Leonean healthcare. The charity is formed by a group of young

Sierra Leonean medical professionals currently working in UK. AFHN primary aim is to specifically target the chronic shortage of radiological diagnostic services a

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

## Geography

- **Area of benefit:** OVERSEAS
- Sierra Leone

## Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|--------|-------------|--------|-----------|
| 2025-03-31 | £0     | £0          | £0     | -         |
| 2024-03-31 | £0     | £0          | £0     | -         |
| 2023-03-31 | £0     | £0          | £0     | -         |
| 2022-03-31 | £1,300 | £1,183      | £0     | -         |
| 2021-03-31 | £0     | £0          | £0     | -         |

## Trustees

| Name                             | Role  | Appointed  |
|----------------------------------|-------|------------|
| <b>Dr Michael Bernard Rubens</b> | Chair | 2020-01-01 |
| Abdul Sesay                      |       | 2020-01-01 |
| Brian Jamieson                   |       | 2020-01-01 |
| Dr Basseyy Ussen                 |       | 2020-01-01 |
| Dr Ian Cummings                  |       | 2020-01-01 |
| Dr Mavin Macauley                |       | 2020-01-01 |
| Joshua Parslow                   |       | 2020-01-01 |
| Mohamed Bello Bangura            |       | 2020-01-01 |
| Simus Turay                      |       | 2020-01-01 |

**AFRICAHEREANDNOW**

England & Wales - Charity number 1190161

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# Accounts

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## Charity Commission Annual Return 2025

AFRICAHEREANDNOW

Charity registration number: 1190161

**Most of the information you give in this form will become publicly available on the Register of Charities. Any field that the Charity Commission will not display will be clearly marked.**

**This document is a record of the information provided in the Annual Return 2025.**

### PART A - Charity information

#### Financial period

Financial period start date

01/04/2024

Financial period end date

31/03/2025

#### Income and spending

Income £

£ 0

Spending £

£ 0

#### Number of contracts from government

**How many contracts (other than grant agreements) did your charity receive from central government or a local authority during the financial period for this return?**

0

#### Number of grants from government

**How many grants did your charity receive from central government or a local authority during the financial period for this return?**

0

#### Income breakdown

Donations and legacies (excluding Endowments Received)

£ 0

Charitable activities

£ 0

**Other trading activities**

£ 0

**Investments**

£ 0

**Other**

£ 0

**Grantmaking**

**Is grant making the main way your charity carries out its purposes?**

No

**Recipients of grants**

Please round all figures to the nearest pound (do not enter decimal points or commas).

**Individuals**

£ 0

**Other charities**

£ 0

**Other organisations that are not charities**

£ 0

**Trustee payments**

**Excluding out of pocket expenses, for what were any of the trustees paid during the financial period for this return?**

e. None of the trustees have been paid

**Did any of the trustees resign and take up employment with your charity in the financial period of this return?**

No

**Income from outside the UK**

**Did your charity receive income from outside of the United Kingdom in the financial period of this return?**

No

**Delivering activities outside the United Kingdom**

**Did your charity deliver charitable activities outside of the United Kingdom in the financial period of this return?**

No

**Spending outside of the United Kingdom**

**Did your charity spend funds outside of the United Kingdom in the financial period of this return?**

No

**Total Spending outside of the United Kingdom**

£

## Trading subsidiaries

**Does the charity have any trading subsidiaries?**

No

## Employment contract types

**People were permanently employed by your charity**

0

**People were on fixed-terms contracts with your charity**

0

**Self-employed people were working for your charity**

0

## Governance policies

**Internal charity financial controls policy and procedures**

Not applicable

**Safeguarding policy and procedures**

Not applicable

**Financial reserves policy and procedures**

Not applicable

**Complaints policy and procedures**

Not applicable

**Serious incident reporting policy and procedures**

Not applicable

**Internal risk management policy and procedures**

Not applicable

**Trustee expenses policy and procedures**

Not applicable

**Trustee conflicts of interest policy and procedures**

Not applicable

**Investing charity funds policy and procedures**

Not applicable

**Campaigns and political activity policy and procedures**

Not applicable

**Bullying and harassment policy and procedures**

Not applicable

**Social media policy and procedures**

Not applicable

**Engaging external speakers at charity events policy and procedures**

Not applicable

## Safeguarding

**Has your charity provided services to children and/or adults at risk in the financial period of the return?**

No

External risk and impact

**Donations**

Not applicable

**Other income - grants**

Not applicable

**Other income - contracts**

Not applicable

**Other income - investment**

Not applicable

**Expenditure on charitable activities**

Not applicable

**Expenditure on overheads**

Not applicable

**Number of volunteers**

Not applicable

**Number of employees**

Not applicable

**Number of trustees**

Not applicable

**Fundraising activities**

Not applicable

**Capacity to deliver services**

Not applicable

**Total service demand**

Not applicable

Volunteers

**Excluding trustees, provide an estimate of the number of volunteers who carried out charitable activities on behalf of your charity in the United Kingdom during the financial period of this return?**

0

Privacy statement

**Any information you give us will be held securely and processed only in accordance with the rule on data protection. We will not disclose your personal details to anyone unconnected to the Charity Commission unless:**

- you have consented to their release; or
- we are legally obliged to disclose them; or
- we regard disclosure as either (a) necessary so that we can properly carry out our statutory functions or (b) necessary in the public interest.

**We may share and disclose information about you with relevant public authorities, regulatory bodies and agencies, outside the Charity Commission but only if:**

- **we can lawfully do so; and**
- **we decide that disclosure is necessary for national security, crime detection, prevention, and law enforcement, or other issues in the public interest**

**Information we collect about you**

**We will use this information:**

**To enable us to carry out our statutory functions and duties;**

**This will include the following actions:**

- (a) update, consolidate, and improve the accuracy of our records;**
- (b) undertake crime detection and prevention and law enforcement and assist the third parties specified above to investigate or prevent crime and carry out law enforcement;**
- (c) data analysis, testing, research, statistical and survey purposes**

**Information we receive from other sources.**

**Information we receive from other sources**

**We may combine this information with information you give to us and information we collect about you.**

**We may use this information and the combined information for the purposes set out above (depending on the types of information we receive).**

**We will ensure that any such disclosure and use is proportionate; considers your right to respect for your private life; and is done fairly and lawfully in accordance with the data protection principles of the Data Protection Act.**

**The Data Protection Act 1998 regulates the use of 'personal data', which is essentially any information, however stored, about identifiable living individuals.**

**As a 'data controller' under the Act, the Charity Commission must comply with it. Any changes we may make to our privacy statement in the future will be set out in the replacement version of this form.**

**Please check back frequently to see any updates or changes to our privacy policy.**

Declaration

**This annual return has not been submitted and no Declaration has been made**

**AFRICAHEREANDNOW**

England & Wales - Charity number 1190161

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# Accounts

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CHARITY COMMISSION  
FOR ENGLAND AND WALES

AfricaHereandNow

1190161

|                  |         |
|------------------|---------|
| AfricaHereandNow | 1190161 |
|------------------|---------|

|              |
|--------------|
| <b>CC16a</b> |
|--------------|

## Receipts and payments accounts

|                            |                                 |           |                               |
|----------------------------|---------------------------------|-----------|-------------------------------|
| <b>For the period from</b> | Period start date<br>01/04/2024 | <b>To</b> | Period end date<br>31/03/2025 |
|----------------------------|---------------------------------|-----------|-------------------------------|

### Section A Receipts and payments

|  | Unrestricted funds | Restricted funds | Endowment funds  | Total funds      | Last year        |
|--|--------------------|------------------|------------------|------------------|------------------|
|  | to the nearest £   | to the nearest £ | to the nearest £ | to the nearest £ | to the nearest £ |
| <b>A1 Receipts</b>                                 |                    |                  |                  |                  |                  |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
| <b>Sub total (Gross income for AR)</b>             | nil                | nil              | nil              | nil              | nil              |
| <b>A2 Asset and investment sales, (see table).</b> |                    |                  |                  |                  |                  |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
| <b>Sub total</b>                                   | nil                | nil              | nil              | nil              | nil              |
| <b>Total receipts</b>                              | nil                | nil              | nil              | nil              | nil              |
| <b>A3 Payments</b>                                 |                    |                  |                  |                  |                  |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
|  | -                  | -                | -                | -                | -                |
| <b>Sub total</b>                                   | nil                | nil              | nil              | nil              | nil              |
| <b>Total payments</b>                              | nil                | nil              | nil              | nil              | nil              |
| <b>Net of receipts/(payments)</b>                  | nil                | nil              | nil              | nil              | nil              |
| <b>A5 Transfers between funds</b>                  | -                  | -                | -                | -                | -                |
| <b>A6 Cash funds last year end</b>                 | -                  | -                | -                | -                | -                |
| <b>Cash funds this year end</b>                    | nil                | nil              | nil              | nil              | nil              |

## Section B Statement of assets and liabilities at the end of the period

| Categories           | Details  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b> | nil  | -                                  | -                                | -                               |
|                      |  | -                                  | -                                | -                               |
|                      |  | -                                  | -                                | -                               |
|                      | <b>Total cash funds</b>                                | <b>nil</b>                         | <b>nil</b>                       | <b>nil</b>                      |
|                      | (agree balances with receipts and payments account(s)) | #VALUE!                            | #VALUE!                          | #VALUE!                         |

| Categories                      | Details | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| <b>B2 Other monetary assets</b> | nil     | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |

| Categories                  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| <b>B3 Investment assets</b> | nil     |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |

| Categories  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---------|-----------------------------|-----------------|--------------------------|
| <b>B4 Assets retained for the charity's own use</b> | nil     |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |

| Categories            | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| <b>B5 Liabilities</b> | nil     |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name  | Date of approval |
|-----------|-------------|------------------|
|           | Abdul Sesay | 08/01/2026       |
|           |             |                  |

**AFRICAHEREANDNOW**

England & Wales - Charity number 1190161

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# Accounts

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CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name Africa Here and Now No (if any)

### Receipts and payments accounts

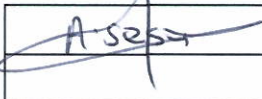
CC16a

For the period from 1/4/23 Period start date To 31/3/24 Period end date

#### Section A Receipts and payments

|   | Unrestricted funds<br>to the nearest<br>£ | Restricted funds<br>to the nearest £ | Endowment funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|---|---|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |   |                                      |                                     |                                 |                               |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | <u>0</u> -                                | <u>0</u> -                           | <u>0</u> -                          | <u>0</u> -                      | <u>0</u> -                    |
| <b>A2 Asset and investment sales, (see table).</b>    |   |                                      |                                     |                                 |                               |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | -   | -                                    | -                                   | -                               | -                             |
| <b>Total receipts</b>                                 | -   | -                                    | -                                   | -                               | -                             |
| <b>A3 Payments</b>                                    |   |                                      |                                     |                                 |                               |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <u>0</u> -                                | <u>0</u> -                           | <u>0</u> -                          | <u>0</u> -                      | <u>0</u> -                    |
| <b>A4 Asset and investment purchases, (see table)</b> |   |                                      |                                     |                                 |                               |
|   | -   | -                                    | -                                   | -                               | -                             |
|   | -   | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <u>None</u> -                             | <u>None</u> -                        | <u>None</u> -                       | <u>None</u> -                   | <u>None</u> -                 |
| <b>Total payments</b>                                 | -   | -                                    | -                                   | -                               | -                             |
| <b>Net of receipts/(payments)</b>                     | -   | -                                    | -                                   | -                               | -                             |
| <b>A5 Transfers between funds</b>                     | <u>None</u> -                             | <u>None</u> -                        | <u>None</u> -                       | <u>None</u> -                   | <u>None</u> -                 |
| <b>A6 Cash funds last year end</b>                    | -   | -                                    | -                                   | -                               | -                             |
| <b>Cash funds this year end</b>                       | -   | -                                    | -                                   | -                               | -                             |

## Section B Statement of assets and liabilities at the end of the period

| Categories  | Details   | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---|---|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b>  |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
|   | <b>Total cash funds</b>   | 0 -                                | 0 -                              | 0 -                             |
|   | (agree balances with receipts and payments account(s))                              | OK                                 | OK                               | OK                              |
| <b>B2 Other monetary assets</b>                             | Details   | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|   |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
|   | None  | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
|   |   | -                                  | -                                | -                               |
| <b>B3 Investment assets</b>                                 | Details   | Fund to which<br>asset belongs     | Cost (optional)                  | Current value<br>(optional)     |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   | None  |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
| <b>B4 Assets retained for the charity's own use</b>         | Details   | Fund to which<br>asset belongs     | Cost (optional)                  | Current value<br>(optional)     |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   | None  |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
|   |   |                                    | -                                | -                               |
| <b>B5 Liabilities</b>                                       | Details   | Fund to which<br>liability relates | Amount due<br>(optional)         | When due<br>(optional)          |
|   |   |                                    | -                                |                                 |
|   |   |                                    | -                                |                                 |
|   | None  |                                    | -                                |                                 |
|   |   |                                    | -                                |                                 |
| Signed by one or two trustees on behalf of all the trustees | Signature   | Print Name                         | Date of approval                 |                                 |
|   |  | Abdul Sesity                       |                                  |                                 |

**AFRICAHEREANDNOW**

England & Wales - Charity number 1190161

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# Accounts

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## Annual Return

Dear Sir/Madam

This is to inform you that the Charity Africanhereandnow do not have annual return to submit because we are not fully operational as yet.

Currents funds £1400 are donation from trustee

Current spending

£1000- shipment of donated cardiac defibrillators to Sierra Leone

£180 – Annual fee payment for virtual address

£100- annual Bank fee payment

**AFRICAHEREANDNOW**

England & Wales - Charity number 1190161

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# Accounts

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## Achievements and Performance

|   | SORP reference |   |
|---|----------------|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20      | <p>The charity was formed by mostly young medical professionals with the primary objective of lending medical assistance in their native country, post Civil war and Ebola.</p> <p>The primary objectives had been based on teaching, training and treatment using medical volunteers from the UK.</p> <p>However, the COVID-19 outbreak prevented any activities in Sierra Leone and networking in the UK.</p> |

### Additional Information (optional)

You may choose to include further statements where relevant about:

|  |           |  |
|--|-----------|--|
| Achievements against objectives set                          | Para 1.41 |  |
| Performance of fundraising activities against objectives set | Para 1.41 |  |
| Investment performance against objectives                    | Para 1.41 |  |
| Other  |           |  |

## Structure, Governance and Management

|   |           |  |
|---|-----------|--|
| Description of charity's trusts:  |           |  |
| Type of governing document (trust deed, royal charter)  | Para 1.25 |  |
| How is the charity constituted? (e.g unincorporated association, CIO)   | Para 1.25 | CIO  |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | We have kept with the same trustees from when the charity was formed |

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |
|---|-----------|--|
| Policies and procedures adopted for the induction and training of trustees                | Para 1.51 |  |
| The charity's organisational structure and any wider network with which the charity works | Para 1.61 |  |
| Relationship with any related parties   | Para 1.51 |  |
| Other   |           |  |

### Reference and Administrative details

|                             |  |
|-----------------------------|--|
| Charity name                | African care and more                              |
| Other name the charity uses |  |
| Registered charity number   | 1190161  |
| Charity's principal address | KEMP HOUSE<br>152-160 CITY ROAD<br>LONDON EC1V 2NX |
|                             |  |

## Financial Review

|  |           |   |
|--|-----------|---|
| Review of the charity's financial position at the end of the period              | Para 1.21 | N/A   |
| Statement explaining the policy for holding reserves stating why they are held   | Para 1.22 | The main financial risk is loss of fundings from donors. Funds will be held to cover unseen expenditures. |
| Amount of reserves held  | Para 1.22 | Nil   |
| Reasons for holding zero reserves  | Para 1.22 | Non activities  |
| Details of fund materially in deficit  | Para 1.24 | Nil   |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | Nil   |

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising)            | Para 1.47 |  |
| Investment policy and objectives including any social investment policy adopted | Para 1.48 |  |
| A description of the principal risks facing the charity                         | Para 1.46 |  |
| Other   |           |  |

**Names of the charity trustees who manage the charity**

|    | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|--------------|-----------------|-----------------------------------|---|
| 1  |              |                 |                                   |   |
| 2  |              |                 |                                   |   |
| 3  |              |                 |                                   |   |
| 4  |              |                 |                                   |   |
| 5  |              |                 |                                   |   |
| 6  |              |                 |                                   |   |
| 7  |              |                 |                                   |   |
| 8  |              |                 |                                   |   |
| 9  |              |                 |                                   |   |
| 10 |              |                 |                                   |   |
| 11 |              |                 |                                   |   |
| 12 |              |                 |                                   |   |
| 13 |              |                 |                                   |   |
| 14 |              |                 |                                   |   |
| 15 |              |                 |                                   |   |
| 16 |              |                 |                                   |   |
| 17 |              |                 |                                   |   |
| 18 |              |                 |                                   |   |
| 19 |              |                 |                                   |   |
| 20 |              |                 |                                   |   |

*Please see updated information on line*

*Please see recently updated information*

**Corporate trustees – names of the directors at the date the report was approved**

| Director name: |  |  |
|----------------|--|--|
|                |  |  |
|                |  |  |
|                |  |  |
|                |  |  |
|                |  |  |
|                |  |  |

**Name of trustees holding title to property belonging to the charity**

| Trustee name | Dates acted if not for whole year |  |
|--------------|-----------------------------------|--|
|              |                                   |  |
|              |                                   |  |
| NA           |                                   |  |
|              |                                   |  |
|              |                                   |  |

**Funds held as custodian trustees on behalf of others**

|   |     |
|---|-----|
| Description of the assets held in this capacity   | N/A |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/A |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets                         | N/A |

**Additional Information (optional)**

**Names and addresses of advisers (Optional Information)**

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

**Name of chief executive or names of senior staff members (Optional information)**

|  |
|--|
|  |
|--|

**Exemptions from disclosure**

Reason for non-disclosure of key personnel details:

|  |
|--|
|  |
|--|

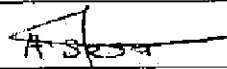
**Other optional information**

|  |
|--|
|  |
|--|

# Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                     |   |  |
|-------------------------------------|---|--|
| Signature(s)                        |  |  |
| Full name(s)                        | ABDUL SESAY   |  |
| Position (eg Secretary, Chair, etc) | Trustee   |  |
| Date                                | 28/1/22   |  |





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**AFRICA HERE AND NOW**

No (if any)

**CC16a**

**Receipts and payments accounts**

For the period from **29/06/20** To **31/3/21**  
Period start date Period end date

**Section A Receipts and payments**

|   | Unrestricted funds<br>to the nearest £ | Restricted funds<br>to the nearest £ | Endowment funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | <b>Nil</b>                             | <b>Nil</b>                           | <b>Nil</b>                          | <b>Nil</b>                      | <b>Nil</b>                    |
| <b>A2 Asset and Investment sales, (see table).</b>    |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>Nil</b>                             |                                      |                                     |                                 |                               |
| <b>Total receipts</b>                                 | <b>Nil</b>                             |                                      |                                     |                                 |                               |
| <b>A3 Payments</b>                                    |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>Nil</b>                             |                                      |                                     |                                 |                               |
| <b>A4 Asset and Investment purchases, (see table)</b> |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>Nil</b>                             |                                      |                                     |                                 |                               |
| <b>Total payments</b>                                 | <b>Nil</b>                             |                                      |                                     |                                 |                               |
| <b>Net of receipts/(payments)</b>                     | <b>Nil</b>                             |                                      |                                     |                                 |                               |
| <b>A5 Transfers between funds</b>                     |  |                                      |                                     |                                 |                               |
| <b>A6 Cash funds last year end</b>                    |  |                                      |                                     |                                 |                               |
| <b>Cash funds this year end</b>                       | <b>Nil</b>                             |                                      |                                     |                                 |                               |

## Section B Statement of assets and liabilities at the end of the period

| Categories           | Details  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b> |  | -                                  | -                                | -                               |
|                      |  | -                                  | -                                | -                               |
|                      |  | -                                  | -                                | -                               |
|                      | <b>Total cash funds</b>                                | Nil                                | -                                | -                               |
|                      | (agree balances with receipts and payments account(s)) | OK                                 | OK                               | OK                              |

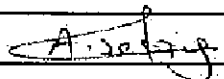
| Categories                      | Details | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| <b>B2 Other monetary assets</b> |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | Nil                                | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |

| Categories                  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| <b>B3 Investment assets</b> |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         | Nil                         | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |

| Categories  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---------|-----------------------------|-----------------|--------------------------|
| <b>B4 Assets retained for the charity's own use</b> |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         | Nil                         | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |

| Categories            | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| <b>B5 Liabilities</b> |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |

Signed by one or two trustees on behalf of all the trustees

| Signature   | Print Name  | Date of approval |
|---|-------------|------------------|
|  | ABDUL SEPTY | 28/1/22          |
| 2   |             |                  |



## Achievements and Performance

|   | SORP reference |   |
|---|----------------|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20      | <p>The charity was formed by mostly young medical professionals with the primary objective of lending medical assistance in their native country, post Civil war and Ebola.</p> <p>The primary objectives had been based on teaching, training and treatment using medical volunteers from the UK.</p> <p>However, the COVID-19 outbreak prevented any activities in Sierra Leone and networking in the UK.</p> |

### Additional Information (optional)

You may choose to include further statements where relevant about:

|  |           |  |
|--|-----------|--|
| Achievements against objectives set                          | Para 1.41 |  |
| Performance of fundraising activities against objectives set | Para 1.41 |  |
| Investment performance against objectives                    | Para 1.41 |  |
| Other  |           |  |

## Structure, Governance and Management

|   |           |  |
|---|-----------|--|
| Description of charity's trusts:  |           |  |
| Type of governing document (trust deed, royal charter)  | Para 1.25 |  |
| How is the charity constituted? (e.g unincorporated association, CIO)   | Para 1.25 | CIO  |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | We have kept with the same trustees from when the charity was formed |

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |
|---|-----------|--|
| Policies and procedures adopted for the induction and training of trustees                | Para 1.51 |  |
| The charity's organisational structure and any wider network with which the charity works | Para 1.61 |  |
| Relationship with any related parties   | Para 1.51 |  |
| Other   |           |  |

### Reference and Administrative details

|                             |  |
|-----------------------------|--|
| Charity name                | African care and more                              |
| Other name the charity uses |  |
| Registered charity number   | 1190161  |
| Charity's principal address | KEMP HOUSE<br>152-160 CITY ROAD<br>LONDON EC1V 2NX |
|                             |  |

## Financial Review

|  |           |   |
|--|-----------|---|
| Review of the charity's financial position at the end of the period              | Para 1.21 | N/A   |
| Statement explaining the policy for holding reserves stating why they are held   | Para 1.22 | The main financial risk is loss of fundings from donors. Funds will be held to cover unseen expenditures. |
| Amount of reserves held  | Para 1.22 | Nil   |
| Reasons for holding zero reserves  | Para 1.22 | Non activities  |
| Details of fund materially in deficit  | Para 1.24 | Nil   |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | Nil   |

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising)            | Para 1.47 |  |
| Investment policy and objectives including any social investment policy adopted | Para 1.48 |  |
| A description of the principal risks facing the charity                         | Para 1.46 |  |
| Other   |           |  |

**Names of the charity trustees who manage the charity**

|    | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|--------------|-----------------|-----------------------------------|---|
| 1  |              |                 |                                   |   |
| 2  |              |                 |                                   |   |
| 3  |              |                 |                                   |   |
| 4  |              |                 |                                   |   |
| 5  |              |                 |                                   |   |
| 6  |              |                 |                                   |   |
| 7  |              |                 |                                   |   |
| 8  |              |                 |                                   |   |
| 9  |              |                 |                                   |   |
| 10 |              |                 |                                   |   |
| 11 |              |                 |                                   |   |
| 12 |              |                 |                                   |   |
| 13 |              |                 |                                   |   |
| 14 |              |                 |                                   |   |
| 15 |              |                 |                                   |   |
| 16 |              |                 |                                   |   |
| 17 |              |                 |                                   |   |
| 18 |              |                 |                                   |   |
| 19 |              |                 |                                   |   |
| 20 |              |                 |                                   |   |

*Please see updated information on line*

*Please see recently updated information*

**Corporate trustees – names of the directors at the date the report was approved**

| Director name: |  |  |
|----------------|--|--|
|                |  |  |
|                |  |  |
|                |  |  |
|                |  |  |
|                |  |  |
|                |  |  |

**Name of trustees holding title to property belonging to the charity**

| Trustee name | Dates acted if not for whole year |  |
|--------------|-----------------------------------|--|
|              |                                   |  |
|              |                                   |  |
| NA           |                                   |  |
|              |                                   |  |
|              |                                   |  |

**Funds held as custodian trustees on behalf of others**

|   |     |
|---|-----|
| Description of the assets held in this capacity   | N/A |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/A |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets                         | N/A |

**Additional Information (optional)**

**Names and addresses of advisers (Optional Information)**

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

**Name of chief executive or names of senior staff members (Optional information)**

|  |
|--|
|  |
|--|

**Exemptions from disclosure**

Reason for non-disclosure of key personnel details:

|  |
|--|
|  |
|--|

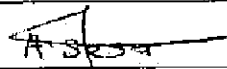
**Other optional information**

|  |
|--|
|  |
|--|

# Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                     |   |  |
|-------------------------------------|---|--|
| Signature(s)                        |  |  |
| Full name(s)                        | ABDUL SESAY   |  |
| Position (eg Secretary, Chair, etc) | Trustee   |  |
| Date                                | 28/1/22   |  |





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**AFRICA HERE AND NOW**

No (if any)

**CC16a**

**Receipts and payments accounts**

|                     |                               |    |                            |
|---------------------|-------------------------------|----|----------------------------|
| For the period from | Period start date<br>29/06/20 | To | Period end date<br>31/3/24 |
|---------------------|-------------------------------|----|----------------------------|

**Section A Receipts and payments**

|   | Unrestricted funds<br>to the nearest £ | Restricted funds<br>to the nearest £ | Endowment funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | <b>NIL</b>                             | <b>NIL</b>                           | <b>NIL</b>                          | <b>NIL</b>                      | <b>NIL</b>                    |
| <b>A2 Asset and Investment sales, (see table).</b>    |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>NIL</b>                             | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total receipts</b>                                 | <b>NIL</b>                             | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>A3 Payments</b>                                    |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>NIL</b>                             | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>A4 Asset and Investment purchases, (see table)</b> |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>NIL</b>                             | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total payments</b>                                 | <b>NIL</b>                             | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Net of receipts/(payments)</b>                     | <b>NIL</b>                             | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>A5 Transfers between funds</b>                     | -                                      | -                                    | -                                   | -                               | -                             |
| <b>A6 Cash funds last year end</b>                    | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Cash funds this year end</b>                       | <b>NIL</b>                             | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |

## Section B Statement of assets and liabilities at the end of the period

| Categories           | Details  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b> |  | -                                  | -                                | -                               |
|                      |  | -                                  | -                                | -                               |
|                      |  | -                                  | -                                | -                               |
|                      | <b>Total cash funds</b><br><small>(agree balances with receipts and payments account(s))</small> | Nil                                | -                                | -                               |

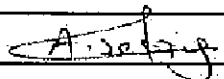
| Categories                      | Details | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| <b>B2 Other monetary assets</b> |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 | Nil     | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |

| Categories                  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|-----------------------------|---------|-----------------------------|-----------------|--------------------------|
| <b>B3 Investment assets</b> |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             | Nil     |                             | -               | -                        |
|                             |         |                             | -               | -                        |
|                             |         |                             | -               | -                        |

| Categories  | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|---|---------|-----------------------------|-----------------|--------------------------|
| <b>B4 Assets retained for the charity's own use</b> |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   | Nil     |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |
|   |         |                             | -               | -                        |

| Categories            | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|---------------------|
| <b>B5 Liabilities</b> |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |
|                       |         |                                 | -                     |                     |

Signed by one or two trustees on behalf of all the trustees

| Signature   | Print Name  | Date of approval |
|---|-------------|------------------|
|  | ABDUL SEPTY | 28/1/22          |
| 2   |             |                  |