

ROUTE2FREEDOM

Charity number 1190159

Report of the Trustees, the accounts and the independent examiner's report for the period

1st November 2021 to 31st October 2022 for **Route2Freedom**

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ROUTE2FREEDOM

FOR THE PERIOD: 1 November 2021 to 31 October 2022

Charity name and number

Route2Freedom, 1190159

Trustees

Mark Crawley (Appointed 29/06/2020) (Chair) **

Stephen Fenning (Appointed 29/06/2020)

Christopher Bedford (Appointed 29/06/2020)

Christopher Hewson (Appointed 29/06/2020)

** Mark Crawley resigned as a Trustee on

Janet Watson was appointed a Trustee 2nd May 2023

Employees

Nathan Denniston

Liam Rutter

Governing Document

CIO registered 29 June 2020

Principal Address

80 Seaton Road Felixstowe

IP11 9BP

Independent examiner

Mr Peter Matthews CPFA, MCMI; Chartered Public Finance Accountant (retired)

Capel St. Mary

Suffolk

ANNUAL REPORT OF TRUSTEES OF ROUTE2FREEDOM 1190159 FOR THE PERIOD 29 JUNE 2020 TO 1 NOVEMBER 2021

The objects of the CIO are:

1. To advance the Christian faith for the public benefit in Suffolk and the rest of the UK in accordance with the statement of beliefs and practices appearing in the Schedule of the CIO.
2. To relieve financial hardship and relieve the charitable needs of people in Suffolk and the rest of the UK, in particular those experiencing addiction, homelessness and financial hardship, in particular but not exclusively by:
 - a) providing grants, items, services to individuals in financial hardship, and advice and information on housing and welfare benefits.
 - b) providing advice and information directed to the preservation and protection of good physical and mental health.

Structure, Management and Governance Arrangements:

The structure of the trust and the trustees who held office in the year and up to the date of this report are listed in the charity information on page 2.

The powers of appointment or removal of a trustee rests with the existing trustees.

The Trustees met monthly to discuss the business of the CIO.

Nathan Denniston worked for the CIO in a self-employed capacity from the CIO's inception and was employed in April 2022. Liam Rutter worked for the CIO in a self-employed capacity from 1 July 2021 and was also employed in April 2022.

During this period there were 5 Trustees (Colin Howe's term of office ending in June 2022). The Trustees' main duty is to ensure that the income and property is applied for the purposes set out in the Scheme. At their meetings, they also consider employer responsibilities, health and safety matters, insurance, the current position of named clients and the overall position of the finances.

Relationships

Route2Freedom have strong ties with a number of local Churches, namely Hope Church, Ipswich (1137936), Burlington Baptist Church, Ipswich (1126207), Ipswich International Church, Ipswich, Greenfinch Church, Ipswich (1079252), The Forge Community Church, Debenham (1101080), Capel St Mary Community Church, Ashcroft Church.

The CIO also liaises on an ad hoc basis with a number of other charities in the Ipswich and Suffolk area, particularly regarding addiction help and emergency housing.

REVIEW OF PERIOD 1 NOVEMBER 2021 TO 31 OCTOBER 2022

The Charity exists to help those who are caught in addiction and problems associated with addiction. Particularly it helps those with alcohol and drug abuse problems. It operates primarily in Ipswich, Suffolk and would look to walk alongside clients, to get to know them and point them in the right direction to help with the addiction. This may be towards recovery programmes, local churches, other agencies, all on a one-to-one basis.

Outreach

During this period the CIO has consistently had 2 outreach workers active on the streets of Ipswich, each working 10 hours a week. As well as this, during the period there was another female giving regular voluntary time to help with street outreach. All 3 interact, with regular clients, getting to know them, their stories and their current circumstances.

In addition, the CIO have another 3 female workers, and 1 male worker who are involved in one-to-one, face to face sessions with specific clients. These sessions allow us to delve further into issues and offer better, more focused help and encouragement.

Typically, clients have drug related and / or alcohol issues. Often there are housing issues associated too. In getting to know the clients better the Outreach Workers will signpost them towards avenues of help and will endeavour to link each person with a local Church, who can come alongside and provide practical as well as spiritual support.

The outreach workers, whilst interacting with many are typically working with 4 or 5 people consistently. This allows us to better help individuals, rather than go for a “scatter gun” approach. During this time, we estimate that we have had a significant effect on at least 33 individuals, both male and female.

Through this process we have been able to find rehabilitation places for 2 clients, have been able to help others with learning skills, finding accommodation, help with alcohol and drug problems and seen several undertake an Alpha Course (an exploration of the Christian faith). Sadly we have even had to take a funeral service for one individual.

Policies

The Trustees worked diligently during this time to ensure all relevant policies were written, in place and reviewed.

Trustees

All 5 Trustees were appointed officially on 29 June 2020 with fixed terms ranging from 2 years to 4 years. Colin Howe's term ended in June 2022 at which point he stepped down due to health and time pressures.

(Since the end of this period Mark Crawley has resigned as a Trustee due to health issues and Janet Watson has been appointed a Trustee).

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Interaction with donors

The CIO has strong personal ties with many of the individual and Church donors (each Trustee and Outreach Worker is strongly involved with one of the supporting Churches).

As well as this the CIO produce a monthly news and prayer sheet, updating supporters with information about individuals that are being helped, as well as ongoing future plans.

Finances

The cost involved in running Route2Freedom is largely met by a number of Churches who give a regular monthly donation, as well as a number of individual, regular donors. Originally 5 local churches contributed to the CIO and we have now seen this grow to 9 supporting churches. We are constantly working to increase the number of supporting churches, hoping to add another in the next financial year.

THE CIO has also received one off donations from various individuals, which have made a significant difference to the finances of the CIO.

The Trustees consider the financial position of the CIO is stronger this year than the previous year.

Reserves policy

The minimum level of reserves set by the Trustees is £3000 (the equivalent of 2 months of essential running and employment costs) and was reviewed during this period.

Plans for 2022/34

It is our ambition and intention to be in a position to utilise more female outreach workers. WE also will look to engage a General Line Manager to take care of the day to day outreach activities of the charity.

In 2022/23 the CIO will produce a new website to help promote the CIO and to encourage further financial giving from the Ipswich community.

2022/23 will see us continue to engage with specific individuals, struggling with addiction. WE fully intend to place as many as possible in a rehabilitation facility, as well as helping with education, counselling, housing etc.

Public Benefit Statement

When planning the CIO's activities for the year, the Trustees have considered the Charity Commission's guidance on public benefits. The Trustees consider that the work undertaken is of direct benefit not only to clients, but also to the wider Ipswich community.

The Trustees are therefore happy that the CIO demonstrates a good delivery of public benefit.

Independent Examiner

The Trustees re- appointed Peter Matthews to independently examine the financial books of the CIO.

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Signed on behalf of the trustees

C. Bedford

31st July 2023

ROUTE2FREEDOM

Independent Examiner's Report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by Section 396 of the Companies Act 2006:

or

2. The financial statements do not accord with those records: or

3. The financial statements do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which

is not a matter considered as part of an independent examination: or

4. The financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the

financial statements to be reached.

Peter G Matthews CPFA, MCIM, Chartered Public Finance
Accountant (retired)

28-Jul-23

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ROUTE2FREEDOM -
CHARITABLE
INCORPORATED ASSOCIATION NO:
1190159
RECEIPTS AND PAYMENTS FOR the year ended 31
OCTOBER 2022

| | |
|-------------------------|--------------------------|
| <u>RECEIPTS:</u> | £.p |
| Church giving | 7,834.95 |
| Individual giving | 5,425.00 |
| Total Receipts | <u>£13,259.95</u> |

PAYMENTS

| | |
|-------------------------|----------|
| Wages | 9,540.00 |
| National Insuranc/Payee | |
| Costs | 866.00 |
| Clients' General Exps | |
| Allowance | 600.00 |

| | |
|------------------------|--------|
| Travelling Expenses | 237.29 |
| Accommodation | 69.33 |
| Insurance | 237.65 |
| Appreciation | 103.00 |
| Professional Fees | 118.04 |
| Safeguarding Training | 120.01 |
| Inspire Counselling | 20.00 |
| Food with clients | 46.25 |
| Stationery | 39.49 |
| Miscellaneous Expenses | 122.20 |

Total Payments **£12,119.26**

**Excess of Receipts
over
Payments for year** **£1,140.69**

**BALANCE SHEET AS AT 31 OCTOBER
2022**

**Current Assets - Cash
at Bank** **£ 4,836.67**

**Represented by:
General Reserve** **3,000.00**

General Fund - **1,836.67**

£4,836.67