

Charity registration number: 1190133

Rest Haven

Annual Report and Financial Statements

for the period from 1 June 2022 to 31 March 2023

Thompson Jenner LLP
Chartered Accountants
28 Alexandra Terrace
Exmouth
Devon
EX8 1BD

Rest Haven
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Reference and Administrative Details

Chairman	J D Eggleston
Trustees	B R O Candlin J R Chapple J D Eggleston N B Hearn D O'Loughlin J A L Russell J A Trethewey
Charity Registration Number	1190133
Principal Office	15 Gussiford Lane Exmouth Devon EX8 2SD
Accountants	Thompson Jenner LLP Chartered Accountants 28 Alexandra Terrace Exmouth Devon EX8 1BD

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Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the period ended 31 March 2023.

During this period the charity had no transactions.

Objectives and activities

Objects and aims

To relieve the needs of persons who are in need by reason of their age or infirmity by providing and operating a care home, within a Christian ethos, in particular but not exclusively for those people residing in East Devon.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Financial review

No transactions took place during this period.

Plans for future periods

Aims and key objectives for future periods

All assets, liabilities and operations of an existing charity with the same charitable objectives, also named Rest Haven, will be transferred to this CIO on 1 April 2023.

Structure, governance and management

Nature of governing document

The charity was constituted as a Charitable Incorporated Organisation (CIO) as a body corporate under Part 11 of the Charities Act 2011 on 26 June 2020. The CIO registered with the Charity Commission on the same day.

Recruitment and appointment of trustees

The Trustees are appointed for a term of four years by the Board of Trustees and must be approved by resolution. The Trust Deed provides for not less than three and no more than ten Trustees.

Organisational structure

The Trustees meet at least every two months, but individually visit the Care Home on a regular basis.

The Trustees determine the policy and future direction of the Home and appoints its Manager. The implementation of that policy and the management of the home are the responsibility of the manager and her staff.

All Trustees give their time and skills voluntarily and none seek any reimbursement of expenses.

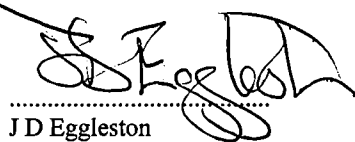
Rest Haven

Trustees' Report (continued)

Major risks and management of those risks

The Trustees have continued to assess the major risks to which the Charity is exposed and to implement risk management strategies. These include internal and external risks that, if occurring, would be likely to affect finance and resources, staffing and other aspects of the work of the charity. The trustees are satisfied that procedures and systems are in place to monitor and control these risks, to mitigate any impact that they may have on the charity in its future operations.

The annual report was approved by the trustees of the charity on 12/1/24 and signed on its behalf by:



JD Eggleston
Chairman and trustee

Rest Haven

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

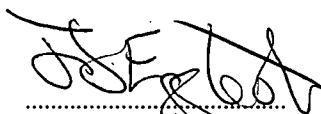
The law applicable to charities requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 18/1/24 and signed on its behalf by:



JD Eggleston
Chairman and Trustee

Rest Haven

Statement of Financial Activities for the Period from 1 June 2022 to 31 March 2023

	Note	Total 2023 £
Income and Endowments from:		
Total income		-
Expenditure on:		
Total expenditure		-
Net income/(expenditure)		-
Other recognised gains and losses		
Net movement in funds		-
Reconciliation of funds		
Total funds carried forward		-
	Note	Total 2022 £
Income and Endowments from:		
Total income		-
Expenditure on:		
Total expenditure		-
Net income/(expenditure)		-
Other recognised gains and losses		
Net movement in funds		-
Reconciliation of funds		
Total funds carried forward		-

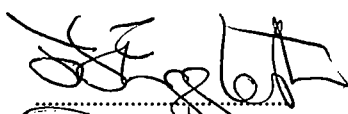
The charity had no transactions in either period.

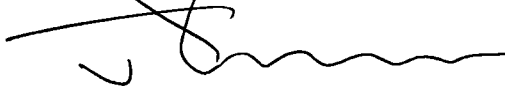
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(Registration number: 1190133)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets		-	-
Current assets		-	-
Creditors: Amounts falling due within one year		-	-
Net current assets/(liabilities)		-	-
Net assets/(liabilities)		-	-
Funds of the charity:			
Total funds		-	-

The financial statements on pages 5 to 7 were approved by the trustees, and authorised for issue on 18/1/24 and signed on their behalf by:


.....
J D Eggleston
Chairman and trustee


.....
J A L Russell
Trustee

Rest Haven

Notes to the Financial Statements for the Period from 1 June 2022 to 31 March 2023

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Rest Haven meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

2 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the period.

No trustees have received any reimbursed expenses or any other benefits from the charity during the period.

3 Taxation

The charity is a registered charity and is therefore exempt from taxation.