

Les Alden Foundation

Charity Number: 1190114

Annual Report for the year ended 31st March 2022

The period covered is April 2021 – March 2022 and the report includes the activities of our umbrella projects Worthing Food Foundation, Uniform Centre and since October 2021 Worthing Vegan Food Bank.

During our first full year as a charity request for support continued to increase with 4,329 parcels delivered and 14,505 families/individuals supported during the year.

A 62.8% increase in monthly deliveries was seen between April 2021 and March 2022; the largest monthly increase being from October 2021–November 2021 at 29.9% increase. This correlates with the increased need for food support after the removal of the temporary weekly COVID-19 Universal Credit uplift of £20 at the end of September 2021.

In September 2021 we were approached by the Trustees of the Worthing Vegan Food Bank. With two of the main volunteers moving out of the Worthing area they were at risk of closure. Following discussions and meetings with both sets of Trustees it was agreed that the Les Alden Foundation should take over the running and management of the Worthing Vegan Food Bank. The Worthing Vegan Food Bank ceased operation as a CIO on 5th October 2021 and was formally adopted by the Les Alden Foundation on the same date.

We continue to use our “Food First” approach. This supports the premise that someone can ask for support from a food bank, with or without formal referral from other agencies. We provide food support first and ask questions afterwards. This approach seeks to give people respite from food trauma. Our outreach worker provides a safe space to address the situation, providing an opportunity to review benefits, assisting where necessary applications for additional benefits and providing support with the complex benefit appeal process. In addition, support can include signposting to statutory services, accessing grants, debt consolidation, assisting with employment applications and pre interview support.

We completed a food mapping project in conjunction with Worthing Borough Council which led to the production of a leaflet. This outlined the actions to take when facing financial difficulty and included were listings for local/national statutory and non-statutory services which can offer advice and support. The leaflet was delivered to the bottom three quintiles as indicated in the food mapping of 30,000 homes in the Worthing Borough area. The leaflet and food mapping methodology were made available to partner organisations in Adur.

A photo elicitation project was undertaken, the results of which will be the basis of an academic report. The project focused on de-stigmatising food bank use and provided material for an exhibition in word and pictures which was displayed in indoor local areas. A display of the exhibition is also planned for an outdoor venue in the year to come.

We conducted a food review involving the families/individuals who we support. A survey was developed looking at the food and non-food items provided in food parcels. The survey allowed for the collection of comments and suggestions which were used to adjust and develop the contents of food parcels. A major result of the survey was to increase the availability of fresh fruit and vegetables in parcels. The vast majority of the responders highlighted difficulty in affording fresh fruit and vegetables when managing on benefits.

We developed our work with local schools and ran a School Ambassadors week where selected pupils along with their teachers were invited to work at the food bank. A variety of sessions were undertaken focusing upon food poverty, the work of the food bank and providing assistance with packing food parcels. The ambassadors were then supported to develop and present their experience/findings at a school assembly. Following the development of a “Young Volunteer”

policy covering safeguarding, session support, parental assistance, additional DBS checks and regular individual support sessions, some of ambassadors involved in the project have continued volunteering at the food bank.

The Uniform Centre continues to provide local families with second hand school-branded and new non-branded school uniform and winter coats. at no cost. The project has seen a marked increase in requests for support since last year and it is anticipated this will be seen in the coming year.

In October Tony Carr was confirmed by the Trustees as Treasurer following the resignation of John Turley. The necessary changes were undertaken to our bank account.

Our friend and chair of trustees Paul Eustice died suddenly in February 2022 Paul provided immeasurable support and guidance for the Les Alden Foundation and his passing will be missed by us all. The remaining Trustees quickly prepared an action plan to ensure continuity for the coming year.

Sly

SUSAN TURLEY

7/11/22

Matthew Potter

MATTHEW POTTER

7/11/22



Section A

Independent Examiner's Report

Report to the trustees/
members of

Les Alden Foundation

On accounts for the year
ended

31st March 2022

Charity no
(if any)

1190114

Set out on pages

1-2

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st March 2022.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination, which gives me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

5/1/2023

Name:

Christopher Martin

Relevant professional
qualification(s) or body
(if any):

ACCA

Address:

10 Shingle Road

Shoreham-by-Sea

West Sussex, BN43 5RH



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Les Alden Foundation

No (if any)
1190114

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/04/2021

To

Period end date
31/03/2022

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	57,506	23,070	-	80,576	36,804
Pre Registration Income	-	-	-	-	9,210
Grants	14,233	40,785	-	55,018	65,705
Fundraising	869	-	-	869	644
VAT Refund	-	-	-	-	1,317
Admin	-	-	-	-	2
Bank Interest received	12	-	-	12	-
	-	-	-	-	-
Sub total (Gross income for AR)	72,620	63,855	-	136,475	113,682
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	72,620	63,855	-	136,475	113,682
A3 Payments					
Promotion/Events	1,953	-	-	1,953	101
Children's Lunches	1,713	-	-	1,713	3,741
Food & General Supplies	74,940	-	-	74,940	25,791
Super Saturday	-	-	-	-	127
Baby Food & Supplies	5,574	-	-	5,574	2,837
Christmas Shopping	441	11,345	-	11,786	8,752
School Uniforms	-	992	-	992	220
Administration Costs	522	-	-	522	3,017
Insurance	375	-	-	375	146
Car	872	-	-	872	959
Storage/Rent	5,578	-	-	5,578	5,860
Premises	301	-	-	301	698
Goodbox/Donation site costs	436	-	-	436	491
Cleaning Products	425	-	-	425	-
Feminine Hygiene Products	117	-	-	117	-
Grocery Club a& Recipes	-	1,068	-	1,068	-
Vegan Bank Food	-	9,648	-	9,648	-
Packaging	1,476	-	-	1,476	-
Parking & Delivery Costs	472	-	-	472	-
Toiletries	1,759	-	-	1,759	-
Computer & IT	608	-	-	608	-
Employee expenses	-	16,469	-	16,469	-
Food mapping	-	1,935	-	1,935	-
Legal & Professional fees	1,331	-	-	1,331	-
Telephone	137	-	-	137	-
Printing, Postage & Stationery	342	-	-	342	-
Subscriptions	538	-	-	538	-
Travel & Accommodation	727	-	-	727	-
Waste & Recycling	686	-	-	686	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	101,322	41,457	-	142,779	52,740
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	101,322	41,457	-	142,779	52,740
Net of receipts/(payments)	- 28,702	22,398	-	6,304	60,942
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	60,942	-	-	60,942	-
Cash funds this year end	32,240	22,398	-	54,638	60,942

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	General Fund	32,240	-	-
	Outreach Officer		22,381	
	Uniforms	-	8	-
	Recipies		9	
		-	-	-
Total cash funds		32,240	22,398	-

(agree balances with receipts and payments account(s))

B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Deferred Income	-	31,430	-
	Accruals	-	1,841	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-

B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Current Account	General	-	6,707
	Deposit Account	General	-	79,512
	Debtors and Prepayments	General	-	1,020
	VAT recoverable	General	-	801
			-	-
			-	-
			-	-
			-	-
			-	-

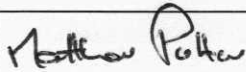
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Pension Contributions	General	-	131
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

	M. POTTER	13/1/23