

Annual Report of The Les Alden Foundation (1190114)

Period covered

East Worthing Food bank started in April 2020. Les Alden Foundation was formally registered in June 2020, taking over the food bank and renaming it Worthing Food Foundation. For admin purposes, a set of accounts were provided from April 2020 to April 2021 but for this submission we have included June 2020 to the end of March 2021, so that next year we can run April to April. Thus the accounts do not cover a whole year but our report on activities can reflect on the period both before and after we registered, which is now 18 months. The same management team ran both organisations, with the same volunteers.

Impact assessment

In our first year of operation, starting with nothing at all and in one small area, we eventually made 4403 deliveries to 535 different clients, of all ages and in all social groups, throughout Worthing. That amounted to food for 16,291 people.

By June 2021 we made around 80 deliveries per week, with demand fluctuating between 60 and 100. That can be multiplied by 3.7 to get people fed per delivery, so an average of 296 people per week – 15,392 per year. Each week we will get a churn of maybe 20% so in four weeks we will be of benefit to 474 different people. That would be 5688 different people per year. We also provided 1,100 children's lunches during school holidays and school uniform for over 200 families. Surveys, interviews and unelicited responses from our families confirm that in some cases we were dealing with major emergencies. At an early stage, 96% agreed they were grateful for efforts to retain dignity and choice.

Some of our funding came from local businesses and we have formed a number of strong relationships locally which helped to bring the community together as Covid affected us. Working with the local council and other agencies, we are mapping food poverty in the area and discussing a co-ordinated approach to try to identify and respond appropriately as a community. The council provided funds to help employ an Outreach Worker to make contact with hard-to-reach families not using CAB or One Stop Junction. The impact of Covid was thus in some ways positive. We know we have 16,000 people in food poverty in our area but now we also know they are more likely to receive an appropriate response in future.

#More than just a food bank.

Our policy is referred to as [Food First](#) and starts from the premise that if someone approaches a food bank, with or without formal referral from other agencies, we should feed them first and ask questions afterwards. The impact of food poverty is not just physical. It causes stress, often leading to depression and affecting decision-making. We therefore try to support mental health as well as physical survival. A successful project was the Children's Cooking Club, which provided recipe books and ingredients to encourage

families to cook together. Feed back has been positive, with excited children taking an interest in healthy food. We ran an online art competition to encourage children to feel positive about dealing with a food bank. At Christmas, we collected donations of toys and provided meat vouchers and seasonal extras, so that parents unable to provide felt they could give their children a more equal experience. That particularly motivated the community to pull together.

With this kind of activity, we are able to build relationships that are supportive and discuss other forms of advice and assistance in due course.

Future plans

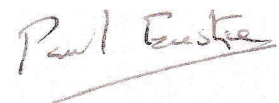
We are about to host a meeting of local businesses and residents to explain what we do and the values behind it. We hope this will enable us to grow the local support network, not just to provide funding but to spread an understanding of how our food poverty operates in our community. Similarly, having attended one local carnival, we are considering the effectiveness of occasional stalls in other venues. Three volunteers are about to complete a marathon for us.

Our recently appointed Outreach Worker is being trained and will be making contact with local families to offer appropriate support. We are developing School Ambassadors to help destigmatise the use of food banks.

We are still seeking suitable premises for our uniform centre, having been moved three times, but local schools have been co-operative and the service works well. Discussion continues with the council and other agencies to find a means to operate a communal kitchen and cold store between us and this may form part of any response.

The Children's Cooking Club continues to expand and planning has just started on Christmas 2021, plus a campaign to use Work For Good to provide more stable financial support.

B. P. Eustice

A handwritten signature in dark ink, appearing to read 'Paul Eustice', with a horizontal line drawn underneath it.

Chair LAF, 21st September 2020



Section A

Independent Examiner's Report

Report to the trustees/
members of

Les Alden Foundation

On accounts for the
period ended

31 March 2021

Charity no
(if any)

1190114

Set out on pages

1-2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 31 March 2021.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

[Signature]

Date:

21-9-2021

Name:

S. D. MARSHALL

Relevant professional
qualification(s) or body
(if any):

A.C.A.

Address:

2 WOODLAND WAY
BRIGHTON. E SUSSEX
BN1 8BA

LES ALDEN FOUNDATION**STATEMENT OF FINANCIAL ACTIVITIES****FOR THE PERIOD 25TH JUNE 2020 TO 31ST MARCH 2021****Income from Donations and legacies**

Donations	36,804
Pr-registration income in TCA	9,210
Grants	65,705
	<u>111,719</u>

Income from Charitable Activities

Fundraising	644
VAT Refund	1,317
Goodbox	0
Admin	2
	<u>1,963</u>

Total Income	<u>113,682</u>
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Rasing Funds

Promotion	101
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Charitable Activities**Direct Costs**

Childrens Lunches	3,741
Food Shopping	25,791
Super Saturday	127
Baby Food	2,837
Xmas Shopping	8,752
School Uniforms	220
	<u>41,468</u>

Support Costs

Admin	3,017
Insurance	146
Car	959
Storage/Rent	5,860
Premises	698
Goodbox	491
	<u>11,171</u>

Total Charitable Activities	52,639
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Total Expenditure	<u>52,740</u>
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Net Income	<u>60,942</u>
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LES ALDEN FOUNDATION

STATEMENT OF ASSETS AND LIABILITIES
AS AT 31ST MARCH 2021

Cash Funds


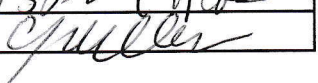
60,942

Signed by
one or two
trustees on
behalf of
all the
trustees

Signature

Print Name

Date of
approval

	B. P. Eustice	16/4/21
	C. Walker	17/4/21