



THE SHARING TABLE – ANNUAL REPORT FOR YEAR ENDING JULY 2023

The charity has continued to address its purposes through two major streams of activity: the provision of cooking clubs to primary school children and distribution of Christmas hampers to families in need of a helping hand. We are pleased to report progress on both of these during the year.

Provision of Services

Increased awareness of our cooking club activity at Craigfelen school has led to us working with a second school (Morrison Primary) and we finished the year with a further two schools lined up to start working with us.

We have modified the club structure in that we now work for 6-8 weeks with each family rather than 4 weeks. We have found that the children show clear progress given a longer period of working together and the families have expressed greater satisfaction with the modified approach. This means that we will be working with fewer families per year than we anticipated, but we are confident that we achieve better outcomes. We worked with 23 children during the period.

The cooking clubs are attracting more attention within the education community locally. It is a scalable activity and we are excited for its future.

Our Christmas hamper project was well supported by the community with a local butcher and a local greengrocer again providing high quality ingredients at very fair prices. There was a good response from local volunteers and together we delivered a record 150 hampers to families identified by food banks and schools as needing a bit of help.

Opportunities and Threats

The greatest opportunity the charity has to grow and successfully address its objects is to develop the school cooking clubs. We are in positive discussions with a number of primary schools and are confident that we will grow our number of partner schools over the next couple of years.

There are two threats to achieving this opportunity. The first is funding; the local Council has been generous in their support but we know that funding for local government is becoming more constrained. In addition, private and business donors are likely to be less able to

support us. Our response has to be to spend more time on identifying sources of funding and to this end we are considering appointing an additional trustee to help with this.

The second threat is our ability, or otherwise, to recruit a volunteer team commensurate with our growth ambition. We recognise the need to cast our net wider to identify volunteers and we will also consider models in which we are paying people to support the clubs (whilst recognising the funding pressures referred to above).

This year has convinced us of the value of the services that we provide and we are determined to address the threats and take the opportunity to make a difference to young people's lives.

Andrew Copson 8.7.24

The Green, Overton Lane, Port Eynon, Swansea SA3 1NR. Reg.Charity 1190056

THE SHARING TABLE - ACCOUNTS FOR YEAR ENDING 31/07/23

	Aug-22	Sep-22	Oct-22	Nov-22
INCOME				
One-off Donations	225.00	249.69	60.00	6146.90
Regular Donations + Just Giving	59.73	30	115.88	12.00
Grants				
Gift Aid				
TOTAL INCOME	284.73	279.69	175.88	6158.90
EXPENDITURE				
Admin		10.00		
Marketing	725.00	511.32		
Indirect Expenditure Total	725.00	521.32	0.00	0.00
Sharing Christmas				
Sharing Cooking			934.00	447.08
Direct Expenditure Total	0.00	0.00	934.00	447.08
TOTAL EXPENDITURE	725.00	521.32	934.00	447.08
NET INCOME	-440.27	-241.63	-758.12	5711.82

Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23
4429.00	1600.00	1300.00	150.00	547.50	105.00	0.00	195.00
12.00	48.35	12.00	12.00	12.00	12.00	12.00	12.00
4441.00	1648.35	1312.00	162.00	559.50	117.00	12.00	207.00
	169.41	69.31			469.13		36.19
		348.50					
0.00	169.41	417.81	0.00	0.00	469.13	0.00	36.19
4821.27	2227.00						
48.00	132.34	205.92	98.52	61.92	33.09	95.59	99.87
4869.27	2359.34	205.92	98.52	61.92	33.09	95.59	99.87
4869.27	2528.75	623.73	98.52	61.92	502.22	95.59	136.06
-428.27	-880.40	688.27	63.48	497.58	-385.22	-83.59	70.94

YEAR
15008.09 349.96
15358.05

754.04 1584.82
2338.86
7048.27 2156.33
9204.60
11543.46

3814.59

Healthy food, healthy lives

days	3
children	40 each day
adults	40 last day
on-site catering staff	2
hours catering	3 hours per day
days catering staff	2
cost	£10 per hour
unit cost in situ	£3.00 per person per day
unit cost take home	£4.00 per child attending day 3
in situ food	£240.00
in situ catering	£120.00
take home food	£160.00
Advertising	£100.00
sub-total	£620.00
contingency 15%	£93.00
Project cost	£713.00

College/Craigfelen project

days	4 per month
attendees	10 per session
session consumables	£36.00 per session
take home consumables	£5.00 per person per session
expenses chefs	£10.00 per session
sub-total	£384.00
contingency 15%	£57.60
Project cost	£441.60 per month

Christmas dinner

families	40
cost	£27.00 per family
Project cost	£1,080.00

Bus Project



Individuals - lump sum	July
TA	
AC	
SAH	
DD	
AJB	
Christmas appeal	
Total	

Companies etc - lump sum

Individuals - regular donors	
MP launch - party donors. Monthly donation	£3.00
Other political/religious groups	
Total	

Grants

Aug	Sept	Oct	Nov	Dec	Jan	Feb
300						
2500		3500				
					500	
2800	3500	0	0	500	0	0
			5	10	50	100
			15	30	150	300

