



TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDING 31ST JULY 2022

Overview

The Sharing Table is a charity registered in England and Wales (1190056) founded in 2020, which exists to give disadvantaged children and their families access to opportunities which more fortunate children and families take for granted. Food and cookery are at the centre of our activities, as we believe that children not having access to food in sufficient quantity, and of sufficient quality, experience the most fundamental disadvantage. Geographically, the charity's activities are confined to South Wales.

Charitable activities

The charity focussed on two activities in the year ending 31.07.22:

i) Christmas Hamper Project

We worked with local schools, foodbanks, Councillors and employees of Swansea Council, the MP and the AS for Gower to identify families within the Gower constituency who were unable to afford a traditional Christmas hamper. We sourced meat and vegetables from local suppliers and were supported by ASDA to supply other components of the hamper. We recruited about 25 volunteers to pack and distribute hampers. With their help, on December 23rd 2021, we were proud to deliver 102 hampers.

ii) Cooking Club

We continue to work with a local primary school in an area of high deprivation to support children and their families to learn about healthy food and acquire basic cooking skills. In the year ending July 31st 2022, we worked with 14 families.

We work with families identified by the school to teach the children how to cook simple meals which we eat together. Parents and carers are also invited to come in and help. At the end of each club session, the families are given a bag of food so that they can repeat the recipe at home. (This has the added benefit of getting healthy food into households that need a helping hand). The feedback from the children, the parents/carers and the teachers has been overwhelmingly positive, and we look forward to continuing the club. We will expand in the next financial year to work with a second school who have expressed the wish to start a cooking club with us.

Fund Raising

The charity has continued to benefit from the kindness of generous individuals and local businesses and organisations such as Swansea Building Society, BNI-Dylan, and The Gower Gin Company in raising the cash needed to run our projects. Local food businesses have also continued to provide their produce at cost.

Structure and Governance

The charity is a CIO and its governing document is its constitution. The trustees who served during the year were:

A Copson
R Lucas
S Brooks

Statement of financial activities for the year ending July 31st 2021

Total 2021	Unrestricted funds	Restricted funds	
	£	£	£
Income from:			
Donations	10,133.41		10,133.41
Council Grants			
Total Income	<u>10,133.41</u>		
<u>10,133.41</u>			
Expenditure on:			
Charitable activities	6,300.69		
6,300.69			
Admin/Mktg ¹	1,778.75		
1,778.75			
Total Expenditure	<u>8,079.44</u>		
<u>8,079.44</u>			



Surplus²

2,053.97

2,053.97

1. The Trustees note that admin and marketing spend represented 18% of expenditure in the year, meaning that 82% of the charity's expenditure was directly spent on charitable activities.
2. The Trustees predict that the surplus carried into next year will be used on our expanding Sharing Christmas project.