



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Period start date To Period end date

Charity name:

Charity registration number:

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To facilitate the teaching of Theravada Buddhism and provide opportunities for the study of Buddhism and Meditation. To establish a Centre for the practice of Buddhism and Meditation To provide residential facilities for Buddhist Monks to conduct retreats and classes for those who wish to learn Buddhism and Meditation.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Dharma Centre's primary activities this year have furthered its charitable purposes for public benefit, aligned with its mission to promote Theravada Buddhism, community engagement, and mental well-being: 1. Teaching and Meditation Programs: Weekly Vipassana meditation, Abhidhamma, and sutta classes were provided both in-person and online, making teachings accessible locally and globally. 2. Community Engagement: Volunteer opportunities, especially for elderly individuals, reduced social isolation and promoted belonging. 3. Mental Health Support: Activities supported mental health, cognitive function, and social well-being, particularly among elderly participants. 4. Collaborative Outreach: Partnerships with community

		<p>organizations promoted social cohesion, harmony, and mutual understanding.</p> <p>5. Inclusivity through Donations: All services were offered on a dāna (donation) basis, ensuring accessibility regardless of financial means.</p> <p>6. Religious and Pastoral Services: The Centre provided religious services for Buddhists in Colchester and allowed individuals to book home visits with monks for spiritual support.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm that they have had regard to the guidance issued by the charity commission on public benefit in planning and delivering on the centre's charitable objects.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Dharma Centre has made significant contributions this year, benefiting individuals and society in many ways:\</p> <ol style="list-style-type: none"> 1. Accessible Teachings: Weekly meditation and sutta classes were held both online and in-person, making Buddhist teachings accessible to a diverse audience. 2. Meditation Retreats: Organized two fully-booked two-week retreats, allowing participants to deepen their meditation practice and experience a dedicated practice environment. 3. Digital Resources: Published nearly 80 YouTube videos on Buddhist meditation, expanding resource availability and providing valuable guidance on meditation techniques and mindfulness. 4. Community Engagement: Supported a Sri Lankan folk dance session, promoting cultural expression, physical activity, and social interaction, strengthening community bonds. 5. Colchester City Carnival: Organized participation in the Colchester City Carnival, bringing together 25 diverse communities and fostering inclusion and cultural unity. 6. Mental Health Support: Meditation sessions improved participants' mental health, helped manage anxiety, and fostered a sense of inner peace. 7. Spiritual Care: Home visits by monks offered personalized spiritual support, providing comfort and guidance.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
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Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	CIO- Association
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	Registered Charity
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Election of Trustees done through vote of existing trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Dhamma Centre (Colchester)
Other name the charity uses	Dhamma Centre
Registered charity number	1190052
Charity's principal address	30, Chapel Road, Colchester, CO3 0PX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rev Hokandara Pannavamsa Thero	Chair	29 th June 2024	
2	Babli Sharma	Secretary	2023/2024	
3	Katherine Mahal Ratnasiri	Treasurer	2023/2024	
4	Kaji Sherpa	Trustee	2023/2024	
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Rev Hokandara Pannavamsa Thero	Mrs Babli Sharma
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	6 Nov 2024	

Dhamma Center
Profit and Loss Account
For The Year Ended 31 January 2024

	Notes	2024 £	2023 £
TURNOVER		52,548	26,460
Cost of sales		(7,160)	(970)
		<hr/>	<hr/>
GROSS PROFIT		45,388	25,490
Administrative expenses		(32,040)	(26,504)
		<hr/>	<hr/>
OPERATING PROFIT/(LOSS) AND PROFIT/(LOSS) FOR THE FINANCIAL YEAR		<hr/> <hr/>	<hr/> <hr/>

The notes on pages 6 to 7 form part of these financial statements.

**Dhamma Center
Balance Sheet
As At 31 January 2024**

		2024	2023
	Notes	£	£
FIXED ASSETS			
Tangible Assets	4	2,559	905
		2,559	905
CURRENT ASSETS			
Debtors	5	3,855	-
Cash at bank and in hand		5,920	1,953
		9,775	1,953
Creditors: Amounts Falling Due Within One Year	6	-	(3,872)
NET CURRENT ASSETS (LIABILITIES)		9,775	(1,919)
TOTAL ASSETS LESS CURRENT LIABILITIES		12,334	(1,014)
NET ASSETS/(LIABILITIES)		12,334	(1,014)
Profit and Loss Account		12,334	(1,014)
SHAREHOLDERS' FUNDS		12,334	(1,014)

For the year ending 31 January 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

Date

The notes on pages 6 to 7 form part of these financial statements.

Dhamma Center
Trading Profit and Loss Account
For The Year Ended 31 January 2024

	2024		2023	
	£	£	£	£
TURNOVER				
Monthly DCR		11,350		10,855
One Off Donations		33,550		5,395
Events & Projects		3,553		1,210
UK sales		1,377		-
Grants and subsidies received		2,718		9,000
		<u>52,548</u>		<u>26,460</u>
COST OF SALES				
Purchases Type A	<u>7,160</u>		<u>970</u>	
		<u>(7,160)</u>		<u>(970)</u>
GROSS PROFIT		<u>45,388</u>		<u>25,490</u>
Administrative Expenses				
Staff welfare	3,160		655	
Travel and subsistence expenses	4,624		555	
Rent	13,830		13,890	
Rates	(313)		866	
Light and heat	1,546		51	
Repairs and maintenance	1,969		3,644	
Computer software, consumables and maintenance	30		20	
Insurance	503		530	
Postage	-		60	
Stationery	513		-	
Advertising and marketing costs	132		151	
Telecommunications and data costs	471		1,634	
Website costs	1,211		989	
Accountancy fees	40		200	
Legal fees	-		2,510	
Professional fees	25		147	
Subscriptions	9		-	
Bank charges	61		68	
Charitable donations	3,100		18	
Depreciation	1,130		-	
Depreciation of computer equipment	-		343	
Sundry expenses	<u>(1)</u>		<u>173</u>	
		<u>(32,040)</u>		<u>(26,504)</u>
OPERATING PROFIT/(LOSS) AND PROFIT/(LOSS) FOR THE FINANCIAL YEAR		<u><u>13,348</u></u>		<u><u>(1,014)</u></u>



Section A

Independent Examiner's Report

Report to the trustees

Charity Name

DHAMMA CENTRE

On accounts for the year
ended

31 JANUARY 2024

Charity no
(if any)

1190052

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD/MM/YYYY.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

22/11/24

Name:

S CANTRELL

Relevant professional
qualification(s) or body

AAT

(if any):

Address:

OFFICES 5&6, MAUDS COURT
LONG LANE, TENORING
CO16 0BG

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

