

# GIVE BACK YOGA FOUNDATION UK

England & Wales · Charity number 1190034

## Details

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**Status** Registered

**Legal form** Charitable company

**Company number** [12063557](#)

**Registered** 2020-06-22

**Register** [View on the Charity Commission register](#)

## Contact

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London  
E8 3PN

**Phone** 014695562926

**Email** [chelsea@eatbreathethrive.org](mailto:chelsea@eatbreathethrive.org)

## Activities

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**Objects:** THE OBJECTS OF THE CHARITY ARE TO PROMOTE THE HEALTH OF THE PUBLIC AND ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM MENTAL OR PHYSICAL ILLNESS OR IN NEED OF REHABILITATION BECAUSE OF SUCH ILLNESS (“BENEFICIARIES”) IN PARTICULAR BUT NOT EXCLUSIVELY BY:(A) PROVIDING EDUCATION AND TRAINING IN THE PRACTICE AND PRINCIPLES OF YOGA TO PERSONNEL ENGAGED IN PROVIDING SUPPORT AND CARE TO BENEFICIARIES;(B) SUPPORTING THE PROVISION OF YOGA CLASSES, PROGRAMMES AND YOGA EQUIPMENT AND SUPPLIES IN THE CONTEXT OF NOT-FOR-PROFIT PROJECTS IN COMMUNITY AND HEALTH FACILITIES;(C) ENABLING THE INTEGRATION OF YOGA INTO CARE AND TREATMENT SERVICES FOR BENEFICIARIES IN PRISONS, HOSPITALS AND COMMUNITY CENTRES.

**Activities:** Providing education and training in the practice and principles of yoga to personnel engaged in providing support for beneficiaries, supporting the provision of yoga classes, programmes and yoga equipment and supplies in the context of not-for-profit projects in community and health facilities and enabling the integration of yoga into care and treatment services in prisons and hospitals.

## Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

## Geography

- Northern Ireland
- Scotland
- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£21,309	£7,195	-	-
2024-06-30	£15,438	£20,794	-	-
2023-06-30	£12,805	£11,252	-	-
2022-06-30	£10,000	£6,917	-	-
2021-06-30	£15,000	£12,996	-	-

## Trustees

Name	Role	Appointed
Robert Schware	Chair	2019-06-21
Harriet McAtee		2019-06-21
Nicholas John Stuart		2020-11-12
Nicole Schnackenberg		2019-06-21