

Trustees' annual report for the period



CHARITY COMMISSION
FOR ENGLAND AND WALES

Period start date Period end date

Charity name

Charity No
(if any)

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Advancement of health through social and therapeutic horticulture.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We offer social and therapeutic horticulture for mental health and well-being through a variety of gardening activities based at Gwernyfed Walled Garden.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the Charity Commission's guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	The owners of Gwernyfed Walled Garden have provided the use of the garden free of charge.
Other		N/A

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Flora Cultura has provided therapy sessions for 6 participants over the period. The participants have conditions including mental health, learning disabilities and autism. Most are socially isolated and have been long term unemployed. Since attending the project, the participants have shown improvements primarily to their well-being but also to their social participation, the activities that they are involved in and in one case an improvement to their impairment. We have also had reports from some of the participants families about improvements to the family members well-being and improved activity.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Achievements against objectives set	Para 1.41	The achievements are in-line with the set objectives.
Performance of fundraising activities against objectives set	Para 1.41	Fundraising for the period has met the objectives set.
Investment performance against objectives	Para 1.41	Investment performance has been more than adequate during the first few months of operation.
Other		N/A

Financial Review

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	The charities financial position is strong at the end of the period.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are only held for the purpose of securing future activities to enable the achievement of the charity's objectives.
Amount of reserves held	Para 1.22	At the end of the period there was £12,045.39
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
The charity's principal sources of funds (including any fundraising)	Para 1.47	Grants from The National Lottery, The Rayne Foundation and Susila Dharma.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Reliance on grants. Solution - other income streams including student placements.
Other		N/A

Structure, Governance and Management

Description of charity's trusts:	SORP reference	
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	There are no provisions for trustee selection other than the minimum requirement of three trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policies and procedures adopted for the induction and training of trustees	Para 1.51	Includes purposes and aims of the project, roles and responsibilities, governing document, policies, DBS check and safeguarding training.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Flora Cultura consists of the trustees, a director and a therapist. We have a network of referrers including NHS departments and Powys Association of Voluntary Organisations.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Flora Cultura
Other name the charity uses	N/A
Registered charity number	1190020
Charity's principal address	Cefn Gafros Erwood Buith Wells Powys LD2 3TX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Paul Metcalfe	Chair		
2	James Luckhurst			
3	Shan Egerton			
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Reference and Administrative details

(cont)

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Clinical Psychologist	Dr V Cheasley Rau	

Name of chief executive or names of senior staff members (Optional information)

Rashid Benoy (Director)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

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**Position (eg Secretary,
Chair, etc)**

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Date

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Flora Cultura
Statement of Financial Activities (Income & Expense)
April 6, 2022 to April 5, 2023

	Unrestricted	Restricted	Endowment	Total
<i>Income</i>				
Income and Endowments				
Income from Donations and Legacies				
Donations	1,577.72			1,577.72
Grants - Non Recurring	2,145.19	1,930.00		4,075.19
Investment Income				
Interest Received	8.49			8.49
Total Income	3,731.40	1,930.00	0.00	5,661.40
<i>Expenses</i>				
Expenditure				
Capital expenditure	918.28	142.80		1,061.08
Charitable Activities				
Charity Management & Administration		60.00		60.00
Accounting charges	17.94	197.34		215.28
Bank Charges	5.00	67.00		72.00
Consultancy Supervision	420.00			420.00
Income Tax Paid on Behalf of Employee	1,392.00			1,392.00
Insurance	430.58			430.58
Charity running costs				
Branded Clothing	109.20			109.20
Nursery supplies	9.99	135.64		145.63
Office supplies	49.62			49.62
Food & drink	22.09	4.09		26.18
Training courses		-106.80		-106.80
Transport	251.00	49.00		300.00
Employee Costs				
Payroll Costs		11,249.97		11,249.97
Total Expenses	3,625.70	11,799.04	0.00	15,424.74
Net Resource Movement	105.70	-9,869.04	0.00	-9,763.34
Net Movement in Funds	105.70	-9,869.04	0.00	-9,763.34
Total Funds Brought Forward	2,583.15	9,462.24	0.00	12,045.39
Total Funds Carried Forward	2,688.85	-406.80	0.00	2,282.05