

SILENT SPACE

England & Wales · Charity number 1190013

Details

Status Registered

Legal form CIO

Registered 2020-06-19

Register [View on the Charity Commission register](#)

Contact

Address The Coach House
Greys Green Farm
Greys Green
Rotherfield Greys
Henley-On-Thames
Oxfordshire
RG9 4QG

Phone 01491628182

Email editor@silentspace.org.uk

Website <http://silentspace.org.uk>

Activities

Objects: TO ASSIST IN THE PROVISION OF FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR HEALTHY RECREATION, IN PARTICULAR BY THE PROVISION OF SILENT SPACES IN PUBLIC AREAS.

Activities: We help and encourage UK parks, gardens and green spaces open to the public to reserve an area or areas for silent reflection. We operate a website, listing and linking with parks and gardens running a Silent Space. We also keep in touch with the latest research on the health benefits of taking time to reflect in nature. We have one Silent Space in New Zealand.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Australia
- New Zealand
- Northern Ireland
- Scotland
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£100	£410	-	-
2024-03-31	£4,346	£842	-	-
2023-03-31	£2,750	£380	-	-
2022-03-31	£0	£2,320	-	-
2021-03-31	£7,200	£0	-	-

Trustees

Name	Role	Appointed
Liz Ware M.A.	Chair	2020-01-31
Angela Butterfield PhD		2020-01-31
Faith Douglas		2020-01-31
Gary Webb		2020-01-31
Heather Louise Birkett		2025-06-03
Rosemarie Fyles		2020-01-31
Yolanda Bernadette Goldthorpe		2020-01-31

SILENT SPACE

England & Wales - Charity number 1190013

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01 April 2024
To 31 March 2025

Period start date
Period end date

Charity name: **Silent Space**

Charity registration number: **1190013**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the Charitable Incorporated Organisation are to assist in the provision of facilities in the interests of social welfare for healthy recreation, in particular by the provision of silent spaces in public areas.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The organisation encourages opportunities for visitors, staff and volunteers to spend time in silent reflection – in parks, gardens, and green spaces open to the public. The trustees are committed to ensuring equality of opportunity and aim to develop a wide distribution of spaces for silent reflection around the UK.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	When reviewing aims and objectives, and when planning future activities, trustees refer to the Charity Commission's guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>As Silent Space approached the end of its first decade, Trustees considered ways in which it can continue to thrive. A 12-month trial began, working with existing and newly recruited Ambassadors. The trial asks Ambassadors to take responsibility for small groups of gardens working with Silent Space and to communicate with them several times a year. This will help maintain a strong relationship with gardens in which there is a high turnover of staff.</p> <p>During 2024/5, five more gardens in the United Kingdom set up silent spaces for quiet reflection and three left, bringing the total to 71.</p> <p>A newsletter was produced for gardens working with Silent Space.</p> <p>Trustees carried out observation and feedback days in 5 gardens. The information collected was shared and subsequently acted upon by the gardens concerned.</p> <p>Silent Space was mentioned on Scribehound, in The Dunoon Observer, and featured in two podcasts.</p> <p>A donation was made to the Charity.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a healthy financial position at the end of the period.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The financial accounts are set up in line with Charity Commission guidelines. An annual budget is set so that anticipated running costs are adequately covered from the financial reserves for the next three years. The annual budget and accounts are regularly shared and agreed with the trustees.
Amount of reserves held	Para 1.22	There is a free cash balance of £10,644.00
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Ongoing financial reviews ensure that there are no uncertainties about the charity continuing as a going concern

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The constitution was adopted on 31 st January 2020. It was updated in accordance with Charity Commission advice on 22 nd June 2020.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The Silent Space charity is a Charitable Incorporated Organisation with six trustees.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	This is by invitation, based on skill-set and relevant experience.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	In order to minimise risk, the organisation has a Risk Management Policy in place to monitor governance, operational risk, finance, environmental and external risk factors and legal and regulatory compliance. The trustees are aware of the need to remain vigilant of the need to review these policies regularly.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The organisation has a small group of volunteer ambassadors. The Ambassadors provide support to the organisation, particularly via social media. Those invited to the role have at least one of the following: <ul style="list-style-type: none"> - A wide knowledge of parks and gardens open to the public. - A strong interest in the work of the organisation. - An extensive network of contacts in the world of horticulture.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Silent Space
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Other name the charity uses	None
Registered charity number	1190013
Charity's principal address	Knox & Eames Ltd Badgemore House Badgemore Park Henley-on-Thames RG9 4NR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Liz Ware MA	Chair		
2	Angela Butterfield PHD	Secretary		
3	Yolanda Bernadette Goldthorpe	Treasurer		
4	Faith Douglas			
5	Rosemarie Fyles			
6	Gary Webb			
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19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Liz Ware</i>	<i>Yolanda Goldthorpe</i>
Full name(s)	Liz Ware	Yolanda Goldthorpe
Position (eg Secretary, Chair, etc)	Chair	Treasurer

Date *10/11/2025*



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Silent Space

No (if any)

Receipts and payments accounts

CC16a

For the period from 01/04/2024 To 31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	100	-	-	100	2,500
Grants	-	-	-	-	-
Gift Aid tax relief	-	-	-	-	1,846
Bank interest	-	-	-	-	-
Sundry	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	100	-	-	100	4,346
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	100	-	-	100	4,346
A3 Payments					
Website design, hosting and maintenance	410	-	-	410	430
Professional and membership fees	-	-	-	-	-
Bank charges	-	-	-	-	-
Admin fees	-	-	-	-	-
Sundry	-	-	-	-	412
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	410	-	-	410	842
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	410	-	-	410	842
Net of receipts/(payments)	- 310	-	-	- 310	3,504
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,954	-	-	10,954	10,954
Cash funds this year end	10,644	-	-	10,644	14,458

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	10,644	-	-
	(agree balances with receipts and payments account(s))			

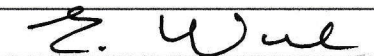
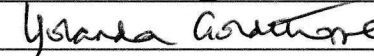
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Liz Ware	10/11/25
	Yolanda Goldthorpe	10/11/25

SILENT SPACE

England & Wales - Charity number 1190013

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **01 April 2023** Period start date
To **31 March 2024** Period end date

Charity name: **Silent Space**

Charity registration number: **1190013**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the Charitable Incorporated Organisation are to assist in the provision of facilities in the interests of social welfare for healthy recreation, in particular by the provision of silent spaces in public areas.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The organisation encourages opportunities for visitors, staff and volunteers to spend time in silent reflection – in parks, gardens, and green spaces open to the public.</p> <p>The trustees are committed to ensuring equality of opportunity and aim to develop a wide distribution of spaces for silent reflection around the UK.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	When reviewing aims and objectives, and when planning future activities, trustees refer to the Charity Commission's guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
	Para 1.38	

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During 2023/4, six more gardens in the United Kingdom set up silent spaces for quiet reflection making a total of 77. Two were discontinued.</p> <p>In order to maintain a sense of community between participating gardens, a newsletter was sent to all those working in partnership with Silent Space.</p> <p>Trustees carried out three further feedback collections. Trustees and the gardens concerned found the procedure to be helpful. The feedback was positive and encouraging. The results confirmed the effectiveness of the Charity's approach while also pinpointing areas in which adjustments can be made.</p> <p>Silent Space was mentioned in The Observer, Resurgence Magazine, and in a book (to be published in April 2024) by an academic at Reading University.</p> <p>During the autumn, a silent space was launched in The Staff and Volunteer Wellbeing Garden at The Royal Berkshire Hospital. Funds from a generous donation to Silent Space were used to buy signage for the Hospital.</p> <p>A generous donation was received at Christmas 2023.</p>

		Silent Space continues to maintain connections with academics at two universities. Relevant and recent peer reviewed research is forwarded by them for inclusion on the Silent Space website.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a healthy financial position at the end of the period. Furthermore, the charity was in receipt of a further generous donation.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The financial accounts are set up in line with Charity Commission guidelines. An annual budget is set so that anticipated running costs are adequately covered from the financial reserves for the next three years. The annual budget and accounts are regularly shared and agreed with the trustees.
Amount of reserves held	Para 1.22	There is a free cash balance of £10,954
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Ongoing financial reviews ensure that there are no uncertainties about the charity continuing as a going concern.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The constitution was adopted on 31 st January 2020. It was updated in accordance with Charity Commission advice on 22 nd June 2020.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The Silent Space charity is a Charitable Incorporated Organisation with six trustees.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	This is by invitation, based on skill-set and relevant experience.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>In order to minimise risk, the organisation has a Risk Management Policy in place to monitor governance, operational risk, finance, environmental and external risk factors and legal and regulatory compliance.</p> <p>The trustees are aware of the need to remain vigilant of the need to review these policies regularly.</p>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>The organisation has a small group of volunteer ambassadors. The Ambassadors provide support to the organisation, particularly via social media. Those invited to the role have at least one of the following:</p> <ul style="list-style-type: none"> - A wide knowledge of parks and gardens open to the public. - A strong interest in the work of the organisation. - An extensive network of contacts in the world of horticulture.
Relationship with any related parties	Para 1.51	

Other		
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Reference and Administrative details

Charity name	Silent Space
Other name the charity uses	None
Registered charity number	1190013
Charity's principal address	Knox & Eames Ltd Badgemore House Badgemore Park Henley-on-Thames RG9 4NR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Liz Ware MA	Chair		
2	Angela Butterfield PHD	Secretary		
3	Yolanda Goldthorpe	Treasurer		
4	Faith Douglas			
5	Rosemarie Fyles			
6	Gary Webb			
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18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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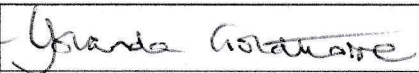
Other optional information

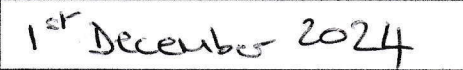
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Liz Ware	Yolanda Goldthorpe
Position (eg Secretary, Chair, etc)	Chair	Treasurer

Date 



Charity Name Silent Space		No (if any) 1190013
Receipts and payments accounts		
For the period from	Period start date 1/4/23	To Period end date 31/3/24

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	2,500	0	0	2,500	2,750
Grants	0	0	0	0	0
Gift aid tax relief	1,846	0	0	1,846	0
Bank interest	0	0	0	0	0
Sundry	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
Sub total(Gross income for AR)	4,346	0	0	4,346	2,750
A2 Asset and investment sales, (see table).					
	0	0	0	0	0
	0	0	0	0	0
Sub total	0	0	0	0	0
Total receipts	4,346	0	0	4,346	2,750
A3 Payments					
Website design hosting and maintenance	430	0	0	430	380
Professional and membership fees	0	0	0	0	0
Bank charges	0	0	0	0	0
Admin fees	0	0	0	0	0
Sundry	412	0	0	412	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
Sub total	842	0	0	842	380
A4 Asset and investment purchases, (see table)					
	0	0	0	0	0
	0	0	0	0	0
Sub total	0	0	0	0	0
Total payments	842	0	0	842	380
Net of receipts/(payments)	3,504	0	0	3,504	2,370
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	5,080	0	0		5,080
Cash funds this year end	10,954	0	0	Cross Add Error	7,450

Section B Statement of assets and liabilities at the end of the period

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds			
Lloyds Bank PLC	10,954	0	0
	0	0	0
	0	0	0
Total cash funds	10,954	0	0
(agree balances with receipts and payments account(s))			
	OK Unrestricted funds	OK Restricted funds	OK Endowment funds

B2 Other monetary assets

Details	to nearest £	to nearest £	to nearest £
	0	0	0
	0	0	0
	0	0	0
	0	0	0
	0	0	0
	0	0	0

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		0	0
		0	0
		0	0
		0	0
		0	0


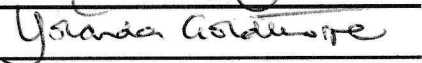
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		0	0
		0	0
		0	0
		0	0
		0	0
		0	0
		0	0
		0	0
		0	0
		0	0

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		0	
		0	
		0	
		0	
		0	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Liz Ware	12/11/2024
	Yolanda Goldthorpe	12/11/2024

SILENT SPACE

England & Wales - Charity number 1190013

Accounts



Trustees' Annual Report for the period

From 01 April 2022 **Period start date**
To 31 March 2023 **Period end date**

Charity name: Silent Space

Charity registration number: 1190013

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the Charitable incorporated Organisation are to assist in the provision of facilities in the interests of social welfare for healthy recreation, in particular by the provision of silent spaces in public areas.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The organisation encourages opportunities for visitors, staff and volunteers to spend time in silent reflection – in parks, gardens, and green spaces open to the public.</p> <p>The trustees are committed to ensuring equality of opportunity and aim to develop a wide distribution of spaces for silent reflection around the UK.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	When reviewing aims and objectives, and when planning future activities, Trustees refer to the Charity Commission's guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

		<p>universities.</p> <p>A short webinar was organised to help those National Trust gardens in which there had been a high turnover of staff.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a healthy financial position at the end of the period. Furthermore, the charity was in receipt of two donations.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The financial accounts are set up in line with Charity Commission guidelines. An annual budget is set so that anticipated running costs are adequately covered from the financial reserves for the next three years. The annual budget and accounts are regularly shared and agreed with the trustees.
Amount of reserves held	Para 1.22	Not applicable.
Reasons for holding zero reserves	Para 1.22	With careful budgeting, it is not felt that reserves are needed as anticipated running costs are adequately covered.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Ongoing financial review ensures that there are no uncertainties about the charity continuing as a going concern.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The constitution was adopted on 31 st January 2020. It was updated in accordance with Charity Commission advice on 22 nd June 2020.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The Silent Space charity is a Charitable Incorporated Organisation with six trustees.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	This is by invitation, based on skill-set and relevant experience.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>In order to minimise risk, the organisation has a Risk Management Policy in place to monitor governance, operational risk, finance, environmental and external risk factors and legal and regulatory compliance.</p> <p>The trustees are aware of the need to remain vigilant of the need to review these policies regularly.</p>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>The organisation has a small group of volunteer ambassadors. The Ambassadors provide support to the organisation, particularly via social media. Those invited to the role have at least one of the following:</p> <ul style="list-style-type: none"> - A wide knowledge of parks and gardens open to the public. - A strong interest in the work of the organisation. - An extensive network of contacts in the world of horticulture.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Silent Space
Other name the charity uses	None
Registered charity number	1190013
Charity's principal address	Knox & Eames Ltd Badgemore House Badgemore Park Henley-on-Thames RG9 4NR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Liz Ware MA	Chair		
2	Angela Butterfield PHD	Secretary		
3	Yolanda Goldthorpe	Treasurer		
4	Faith Douglas			
5	Rosemarie Fyles			
6	Gary Webb			
7				
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13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser Name Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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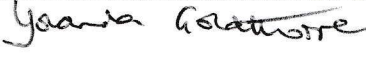
Other optional information


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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Liz Ware	Yolanda Goldthorpe
Position (eg Secretary, Chair, etc)	Chair	Treasurer

Date 



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Silent Space

No (if any)
1190013

CC16a

Receipts and payments accounts

For the period from	Period start date 01/04/2022	To	Period end date 31/03/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	2,750	-	-	2,750	-
Grants	-	-	-	-	-
Gift aid tax relief	-	-	-	-	-
Bank interest	-	-	-	-	-
Sundry	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	2,750	-	-	2,750	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,750	-	-	2,750	-
A3 Payments					
Website design hosting and maintenance	380	-	-	380	2,320
Professional and membership fees	-	-	-	-	-
Bank charges	-	-	-	-	-
Admin fees	-	-	-	-	-
Sundry	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	380	-	-	380	2,320
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	380	-	-	380	2,320
Net of receipts/(payments)	2,370	-	-	2,370	- 2,320
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,080	-	-	5,080	7,400
Cash funds this year end	7,450	-	-	7,450	5,080

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank PLC	7,450	-	-
		-	-	-
		-	-	-
	Total cash funds	7,450	-	-
(agree balances with receipts and payments account(s))				

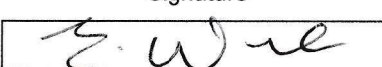
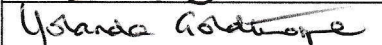
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Liz Ware	2/11/23
	Yolanda Goldthorpe	2/11/23

SILENT SPACE

England & Wales - Charity number 1190013

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year	Day	Month	Year	
	1 st	April	2021	31 st	March	2022	

Charity name

Silent Space

Other names charity is known by

None

Registered charity number (if any)

1190013

Charity's principal address

Knox & Eames Ltd

Badgemore House Badgemore Park

Henley-on-Thames

Postcode RG9 4NR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rosemarie Fyles			
2	Angela Butterfield PHD	Secretary		
3	Liz Ware MA	Chair		
4	Yolanda Goldthorpe	Treasurer		
5	Faith Douglas			
6	Gary Webb			
7				
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17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)		
Type of adviser	Name	Address
Name of chief executive or names of senior staff members (Optional information)		

Description of the charity's trusts	
Type of governing document <i>(eg trust deed, constitution)</i>	The constitution was adopted on 31 st January 2020. It was updated in accordance with Charity Commission advice on 22 nd June 2020.
How the charity is constituted <i>(eg trust, association, company)</i>	The Silent Space charity is a Charitable Incorporated Organisation with six trustees.
Trustee selection methods <i>(eg appointed by, elected by)</i>	This is by invitation, based on skill-set and relevant experience.
Additional governance issues (Optional information)	
<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. 	<p>In order to minimise risk, the organisation has a Risk Management Policy in place to monitor governance, operational risk, finance, environmental and external risk factors and legal and regulatory compliance.</p> <p>The trustees are aware of the need to remain vigilant of the need to review these policies regularly.</p>

Summary of the objects of the charity set out in its governing document	The objects of the Charitable incorporated Organisation are to assist in the provision of facilities in the interests of social welfare for healthy recreation, in particular by the provision of silent spaces in public areas.
	The organisation encourages opportunities for visitors, staff and volunteers to spend time in silent reflection – in parks, gardens, and green spaces open

<p>Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)</p>	<p>to the public.</p> <p>The trustees are committed to ensuring equality of opportunity and aim to develop a wide distribution of spaces for silent reflection around the UK.</p> <p>When reviewing aims and objectives, and when planning future activities, Trustees refer to the Charity Commission's guidance on public benefit.</p>
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Additional details of objectives and activities (Optional information)

<p>You may choose to include further statements, where relevant, about:</p> <ul style="list-style-type: none"> • policy on grantmaking; • policy programme related investment; • contribution made by volunteers. 	<p>The organisation has a small group of volunteer ambassadors. The Ambassadors provide support to the organisation, particularly via social media. Those invited to the role have at least one of the following:</p> <ul style="list-style-type: none"> - A wide knowledge of parks and gardens open to the public. - A strong interest in the work of the organisation. - An extensive network of contacts in the world of horticulture.
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Summary of the main achievements of the charity during the year

<p>Summary of the main achievements of the charity during the year</p>	<p>As a result of the Covid 19 pandemic, goals for 2021 were modest. All were achieved.</p> <p>The website was updated.</p> <p>In order to support parks and gardens running a space, an online webinar was organised. The 49 attendees heard speakers from the United Kingdom, Australian and New Zealand.</p> <p>The aim of the webinar was to foster a sense of community and to provide an opportunity for sharing knowledge and expertise. Feedback after the event suggested that this was achieved.</p>
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Interest in the benefits of taking time to be silent in green places continues to grow. This is demonstrated by an increase in visitors to the website and speaking engagements.

Despite the challenges facing parks and gardens as they recover from the last two years, fifteen more gardens in the United Kingdom set up spaces for quiet reflection, making a total of 67.

Brief statement of the charity's policy on reserves	The financial accounts are set up in line with Charity Commission guidelines. An annual budget is set so that anticipated running costs are adequately covered from the financial reserves for the next three years. The annual budget and accounts are regularly shared and agreed with the trustees.
Details of any funds materially in deficit	N/A
Further financial review details (Optional information)	
<p>You may choose to include additional information, where relevant about:</p> <ul style="list-style-type: none"> • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted. 	Costs incurred this year have all been in relation to hosting and updating the website in order to reach visitors more effectively.

Section F Other optional information

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The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>EW</i>	<i>Yolanda Goldthorpe</i>
Full name(s)	Elizabeth Ware	Yolanda Bernadette Goldthorpe
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	8/9/2022	



Charity Name Silent Space		Charity Number 1190013	
Receipts and payments accounts			
For the period from	Period start date 01/04/2021	To	Period end date 31/3/22

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	0	0	0	0	7,200
Grants	0	0	0	0	0
Gift aid tax relief	0	0	0	0	0
Bank interest	0	0	0	0	0
Sundry	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
Sub total(Gross income for AR)	0	0	0	0	7,200
A2 Asset and investment sales, (see table).					
	0	0	0	0	
	0	0	0	0	0
Sub total	0	0	0	0	0
Total receipts	0	0	0	0	7,200
A3 Payments					
Website design hosting and maintenance	2,320	0	0	2,320	0
Professional and membership fees	0	0	0	0	0
Bank charges	0	0	0	0	0
Admin fees	0	0	0	0	0
Sundry	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
	0	0	0	0	0
Sub total	2,320	0	0	2,320	0
A4 Asset and investment purchases, (see table)					
	0	0	0	0	
	0	0	0	0	0
Sub total	0	0	0	0	0
Total payments	2,320	0	0	2,320	0
Net of receipts/(payments)	-2,320	0	0	-2,320	7,200
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	7,400	0	0	7,400	0
Cash funds this year end	5,080	0	0	5,080	7,200

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank PLC	5,080	0	0
		0	0	0
		0	0	0
	Total cash funds	5,080	0	0

(agree balances with receipts and payments)

Unrestricted funds
to nearest £

Restricted funds
to nearest £

Endowment funds
to nearest £

B2 Other monetary assets

Details

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
N/A	0	0	0
	0	0	0
	0	0	0
	0	0	0
	0	0	0
	0	0	0

B3 Investment assets

Details

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
N/A		0	0
		0	0
		0	0
		0	0
		0	0
		0	0

B4 Assets retained for the charity's own use

Details

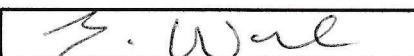
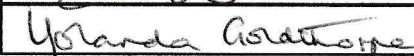
Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
N/A		0	0
		0	0
		0	0
		0	0
		0	0
		0	0
		0	0
		0	0
		0	0
		0	0

B5 Liabilities

Details

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
N/A		0	
		0	
		0	
		0	
		0	
		0	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	ELIZABETH WARE	8/9/2022
	YOLANDA GOLDTHORPE	8/9/2022

SILENT SPACE

England & Wales - Charity number 1190013

Accounts

Trustees' Annual Report for the period

Period start date

Period end date

From 1 APRIL 2020 To 31st MARCH 2021

Section A Reference and administration details

Charity name

Silent Space

Other names charity is known by

None

Registered charity number (if any)

1190013

Charity's principal address

Knox & Eames Ltd

Badgemore House

Badgemore Park

Henley-on-Thames

Postcode

RG9 4NR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rosemarie Fyles			
2	Angela Butterfield PHD	Secretary		
3	Liz Ware MA	Chair		
4	Yolanda Goldthorpe	Treasurer		
5	Faith Douglas			
6	Gary Webb MCI Hort			
7				
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16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document

The constitution was adopted on 31st January 2020. It was updated in accordance with Charity Commission advice on 22nd June 2020.

How the charity is constituted

The Silent Space charity is a Charitable Incorporated Organisation with six trustees.

Trustee selection methods

This is by invitation, based on skill-set and relevant experience.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

In order to minimise risk, the organisation has collaborated on the completion of a Risk Management Policy in order to monitor governance, operational risk, finance, environmental and external risk factors and legal and regulatory compliance.

The trustees are aware of the need to remain vigilant of the need to review these policies regularly.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the Charitable incorporated Organisation are to assist in the provision of facilities in the interests of social welfare for healthy recreation, in particular by the provision of silent spaces in public areas.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The organisation encourages opportunities for visitors, staff and volunteers to spend time in silent reflection – in parks, gardens, and green spaces open to the public.

The trustees are committed to ensuring equality of opportunity and aim to develop a wide distribution of spaces for silent reflection around the UK.

When reviewing aims and objectives, and when planning future activities, Trustees refer to the Charity Commission's guidance on public benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The organisation has a small group of volunteer ambassadors. The Ambassadors provide support to the organisation, particularly via social media. Those invited to the role have at least one of the following:

- A wide knowledge of parks and gardens open to the public.
- A strong interest in the work of the organisation.
- An extensive network of contacts in the world of horticulture.

Summary of the main achievements of the charity during the year

As a result of the Covid 19 pandemic, all goals for 2020 were put on hold.

Silent Space was granted status as a Charitable Incorporated Organisation.

Working within the lockdown restrictions, eight more gardens in the United Kingdom set up spaces for quiet reflection.

Work started on spaces for reflection in school gardens in New South Wales, Australia.

Section E

Financial review

Brief statement of the charity's policy on reserves

All Silent Space costs over the past five years have been analysed and accounts have been set up in line with Charity Commission guidelines. An annual budget has been set so that anticipated running costs are adequately covered from the financial reserves for the next three years. The annual budget and accounts are regularly shared and agreed with the trustees.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

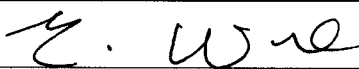
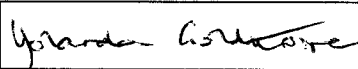
Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Elizabeth Ware	YOLANDA BERNADETTE GOLDSTONE
Position (eg Secretary, Chair, etc)	Chair	TREASURER
Date	10/6/21	



Silent Space

1190013

Receipts and payments accounts

CC16a

For the period
from

01/04/2020

To

31/03/2021

Section A Receipts and payments

Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £

A1 Receipts

Donations	7,200	-	-	7,200	200
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	7,200	-	-	7,200	200

A2 Asset and investment sales, (see table).

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,200	-	-	7,200	200

A3 Payments

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-

	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-

A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-

Total payments	-	-	-	-
-----------------------	---	---	---	---

Net of receipts/(payments)	7,200	-	7,200	200
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	200	-	200	-
Cash funds this year end	7,400	-	7,400	200

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds				
	Lloyds Bank PLC			
Total cash funds	7,400	-	7,400	-

(agree balances with receipts and payments account(s))

	Unrestricted funds	Restricted funds	Endowment funds
	to nearest £	to nearest £	to nearest £
	7,400	-	-
	-	-	-
	-	-	-
	7,400	-	-
	Unrestricted funds	Restricted funds	Endowment funds

B5 Liabilities

N/A		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>E. Ware</i> <i>Yolanda Goldthorpe</i>	ELIZABETH WARE YOLANDA GOLDTHORPE	10/6/21 10/6/21