



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/08/2021
Period end date

Period start date To

31/07/2022

Charity name: Al- Nijah

Charity registration number: 1189990

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote social inclusion for the public benefit by working with people in Leeds and the surrounding area who are socially excluded on the grounds of their sex, ethnic origin, religion, belief or creed (in particular, muslim women of the south Asian communities, to relieve the needs of such people and assist them to integrate into society
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	☐ Providing a local network that encourages and enables Muslim women from South Asian communities to participate more effectively with the wider community. ☐ Increasing or coordinating opportunities for these women to engage with service providers, enabling those providers to better meet the needs of the South Asian Muslim community. ☐ Offering regular Quranic lessons, open to all, to allow Muslims to practice their faith in the UK while enlightening others about Islamic culture and beliefs. ☐ Providing educational classes for children who are socially excluded on the grounds of sex, ethnic origin, religion, belief, or creed, with a focus on advancing their education. The charity also offers recreational activities to improve the children's social inclusion and welfare through leisure activities.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit when exercising any powers or duties to which the guidance is relevant. The trustees are committed to ensuring that all activities and projects undertaken by the charity are aligned

		with the public benefit requirements and contribute positively to the social inclusion and welfare of the beneficiaries.
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Mental health and well-being workshops delivered by 'Humans being Harehills' These workshops supported stay-at-home mothers with limited English, who are often socially isolated. They provided a safe space for participants to build confidence, learn to manage their physical and mental health, and connect with others in similar situations. By improving well-being and fostering social interaction, the sessions reduced isolation and empowered the women to engage more actively in their communities. This work not only benefits the participants but also promotes healthier families and more inclusive communities, contributing to a stronger society overall. Continuation of ESOL Classes for Women The ESOL classes helped women improve their English skills and boosted their confidence. Certificates of completion further enhanced their morale, motivating them to continue learning and better integrate into society. Continued Children's Social and Public Speaking Skills The children's classes provided a safe environment for building social and public speaking skills. These sessions helped them form healthy relationships, work together on community projects, and improve overall social cohesion. Quranic Study for Spiritual Well-being The Quranic classes allowed participants to deepen their understanding of their Muslim identity. For many, the Quran is a source of peace, and studying it together provided stress relief and spiritual comfort in a supportive space.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	During the financial year, the charity received £681 in income, primarily through fundraising activities and voluntary donations. It is important to note that the charity provides its services and activities free of charge, with donations being entirely optional for participants. As such, no funds were expended during the year, and the full amount of £681 remains as the charity's reserve at the year-end.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The trustees have carefully considered the use of these reserves and have determined that the funds will be accumulated with the objective of organising a larger-scale fundraising event in the future. This event will not only aim to generate additional funds to support the charity's ongoing activities but will also serve to raise awareness of the charity and its work, thereby increasing its reach and impact within the community
Amount of reserves held	Para 1.22	£681
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The trustees have carefully considered the use of these reserves and have determined that the funds will be accumulated with the aim of supporting future activities. We are actively liaising with Leeds City Council and local community funds to secure additional contributions, enabling us to expand our work, increase awareness, and enhance our impact within the community.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustee must have regard to the skills, knowledge and experience needed for the effective administration of the CIO

Reference and Administrative details

Charity name	Al-Nijah
Other name the charity uses	
Registered charity number	11890
Charity's principal address	1-3 Sandhurst Avenue LS8 3QT LEEDS LS8 3QT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Hakeema Amin			
2	Freshta Qaumi			
3	Marya Amin			
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

I am writing to express my sincere apologies regarding the oversight in submitting the required TAR for my charity. I was unaware that a submission was necessary, given that our income has consistently been below £5,000.

I take this matter seriously and am committed to rectifying the situation. I will complete the outstanding TAR and ensure that all financial records are up to date. Thank you for your understanding

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Marya Amin

Full name(s)

Amin

Position (eg Secretary,
Chair, etc)

Date

14/ 08/ 2024

Charity Name: Al-Nijah

Charity Number: 1189990

Financial Year: 01/08/2021 to 31/07/2022

Accounts for the Year Ending: 31/07/2022

1. Receipts and Payments Account

Receipts	Current Year (£)	Previous Year (£)
Donations and Legacies		
- Health and wellbeing event attendee fees	123.37	0
- Voluntary Donations (cash)	357.87	0
- BGC CAF Payment	200.00	0
Total Income	681.24	0

Payments	Current Year (£)	Previous Year (£)
Charitable Activities		
- Expenses paid by attendees	0	0
- Out-of-pocket expenses by volunteers	0	0
Governance Costs		
- Administrative Costs (e.g., bank fees)	0	0
Total Payments	0	0

| Net Receipts/Payments | 681.24 | 0 |

2. Statement of Assets and Liabilities at Year End

Assets	Current Year (£)	Previous Year (£)
Cash at Bank	681.24	0
Cash in Hand	0	0

Assets	Current Year (£)	Previous Year (£)
Debtors (e.g., unpaid grants)	0	0
Total Assets	681.24	0

Liabilities	Current Year (£)	Previous Year (£)
Creditors (e.g., unpaid expenses)	0	0
Total Liabilities	0	0

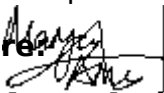
 Net Assets at Year End 	681.24 0
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3. Notes to the Accounts

- **Income:**
 - o A deposit of £123.37 was received from attendees of a health and wellbeing
 - o £357.87 was deposited as voluntary donations from attendees, activities, and events.
 - o £200.00 was received via a BGC CAF payment.
 - **Expenditure:**
 - o All expenses were covered through voluntary donations or out-of-pocket by volunteers.
 - o The majority of work is carried out by volunteers.
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4. Trustees' Declaration

The trustees declare that these accounts have been prepared in accordance with the Charity Commission's requirements for CIOs.

- **Trustee Signature:** 
- **Trustee Name: Marya Amin**
- **Date: 12/10/24**