



Annual Report April 2021 to March 2022



**Gender and sexuality
Supporting young people**

Registered Charity No. 1189936

Chair of Trustees Introduction

It is an immense privilege for me to be involved in supporting The Kite Trust and the following report demonstrates how hard the team have been working to support LGBTQ+ youth in our area. From the strong foundations on which the organisation was built, Pip has worked tirelessly to grow The Kite Trust, raising essential funds to expand the staff team and the reach of our support. With the wider social, economic and political context as it is, with particular challenges in physical and mental health care, the support provided by The Kite Trust is crucial for providing not just a safe space for LGBTQ+ young people, but spaces where they can feel joy and celebrate who they are without judgement. For me, joy is important protest against oppression and discrimination and I know that everyone at The Kite Trust is deeply invested in bringing positivity to the lives of the young people who engage with us.

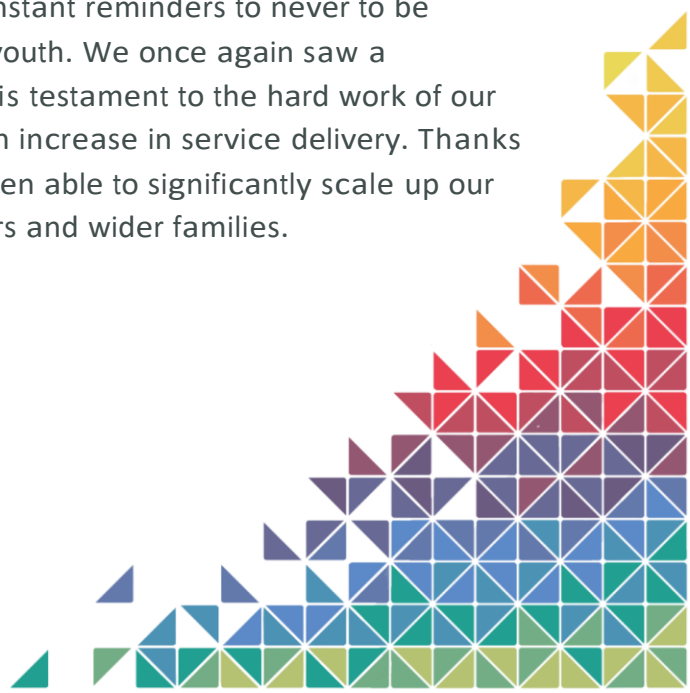
I'd like to extend my thanks to all of the staff at The Kite Trust for their hard work and commitment, as well as thanks to all of the funders who support our essential work.

Ceri Littlechild, Chair of Trustees

Chief Executive Report

Looking back on 2021-22, I am incredibly proud of how the whole community around The Kite Trust navigated the changing restrictions to make sure that care for each other was at the heart of our activities. The rapidly evolving circumstances that the team were always responding to gave us many challenges, but also many opportunities to try new approaches and develop our services, as well as constant reminders to never to be complacent in trying to meet the needs of LGBTQ+ youth. We once again saw a significant increase in the demand for support and it is testament to the hard work of our staff and volunteers, that that was largely met with an increase in service delivery. Thanks to the support of our funders and donors we have been able to significantly scale up our operations, particularly our support for parents, carers and wider families.

Pip Gardner, Chief Executive



Youth Work Programme

2021-22 marked the reintroduction of face-to-face service delivery after 12 months of remote provision. This was welcomed by both service users and youth workers alike and has resulted in higher attendance and satisfaction rates across the board.

Whilst we were still very much in the middle of, and feeling the effects of, the pandemic, we have continued to implement robust COVID protocols and policy to ensure the physical safety and mental wellbeing of all of those involved in service delivery and participation. The safety of everyone involved with the Kite Trust remains our principal concern.

This year we were able to introduce new service offerings including a Disabled and Neurodiverse group; our Swimming Project, providing safe and inclusive spaces for young people to swim together in various locations across Cambridgeshire; and our Trans/Non-Binary/Gender Questioning online group.

Support in Numbers

Across the year we supported 560 service users in total: 466 young people and 94 parents/carers/families. This amounted to 1,538 hours of individual support alongside an additional provision of 248 youth groups and activities. This marks a considerable growth of service users when compared to the years prior; this continues to highlight the ever-growing need for our services to support young LGBTQ+ people and their families.



Groups and individual support in rural districts

Despite some of our face-to-face groups resuming from March 2021 in line with the relaxing of COVID restrictions, the majority of our wider reaching programmes in more rural districts recommenced in September 2021.

We have tried to ensure weekly support in each district to ensure continuity of support for young LGBTQ+ people, especially due to the fact that those in rural areas are more likely to experience isolation. Our rural district offering, since January 2022, therefore now includes:

- Weekly youth groups in East Cambridgeshire (Ely), Huntingdonshire (alternating St Neots and Huntingdon), and Fenland (alternating March and Wisbech).
- Individual support via phone, text, email and video call to ensure accessibility across the county, together with some face-to-face services in schools and community venues as restrictions have eased.

Group attendance has steadily increased across these youth groups as restrictions eased and due to increased promotion of the existence of these more frequent groups. Across the year our activities included the following:

- Autumn Activity Day
- Bereavement Project
- Cambridge 11-18s Youth Group
- Cambridge 13-25s Youth Group
- D&D Under 18
- Disabled And Neurodiverse Group
- Ely 13-25s Youth Group
- Huntingdon 13-25s Youth Group
- March 13-25s Youth Group
- Family Meet and Eats
- Young People's Steering Group for the Mental Health Research Project
- Online Age Based Youth Groups
- Parents' Group
- Peterborough 11-18s Youth Group
- Peterborough 13-25s Youth Group
- Residential Programme
- School Holiday Programmes
- St Neots 13-25s Youth Group
- Swimming Project
- Trans+ Group
- Wisbech 13-25s Youth Group



Individual support

We continued to deliver the majority of our individual support remotely via video call, text, email and telephone. We have been able to refine our processes by onboarding a new online booking system in January 2022 – allowing our service users to book appointments directly with our Youth Workers. This has made the administrative function much more effective and has increased staff capacity for direct support for young people. From April 2021 to March 2022, we supported 155 initial meetings and 168 1:1 sessions. We also spent approximately 592 hours supporting young people directly between sessions of support – usually by email or text.

Residential Opportunities

We were delighted to be able to run our first residential of the year – ‘Out With Lanterns’ - in February 2022 after having to delay previous residential activities due to the pandemic. We organised a 3 day (2 night) residential trip at Thorpe Woodlands in Thetford Forest for 19 LGBTQ+ young people aged 16 to 25. This was supported by 5 staff members and 3 volunteers. 78% of our service users in attendance had never attended a Kite Trust residential before – highlighting the growth of our organisation in the past year. When asked to describe in their own words, the impact of 'Out With Lanterns' and what they are taking away from participating in the event:

“I wasn't expecting the camp to be as important or as emotional to me as it was. I am taking away a new queer family, and a sense of peacefulness that I had forgotten how to experience. I am taking with me a whole bunch of beautiful memories.”

“Out with lanterns helped me to have time away from a toxic environment at home, I was surrounded by positivity and acceptance. People who understood me and cared to treat me for who I am.”



Schools

During 2021-22 we delivered workshops and assemblies for 1,433 students and 357 school staff at schools and colleges across Cambridgeshire and Peterborough.

Rainbow Flag Award

The Rainbow Flag Award is a quality assurance framework with a focus on positive LGBTQ+ inclusion, for all schools and colleges. More information on the award can be found at: www.thekitetrust.org.uk/schools-services/rainbow-flag-award/

During 2021-22 we worked with over 50 schools and colleges on the Rainbow Flag Award and held a 100% retention across the January, May and September 2021 cohorts. Sign-ups spanned a large geographical footprint including Cambridgeshire, Peterborough, Essex, Buckinghamshire and London.



Training

We delivered 107 training sessions to 106 organisations and trained approximately 3,193 individuals, this marked a significant increase in activity which was facilitated by the onboarding of new Associate Trainers.

Highlights from the year have included:

- Successfully bidding to become one of five national LGBTQ+ youth organisations selected to roll out to schools the Proud Trust's inclusive sex education resource 'Sexuality aGender v2'
- Diverse including two LGBTQ+ inclusive lessons by The Kite Trust in their RSE package to schools
- Schools in Lincolnshire, Leicestershire and Brixton commissioning training, and training requests received from an increasingly wide geographical area, indicating that our reputation as an online training provider is growing

Some quotes shared from our trainees include:

"Excellent course. Trainer made it easy for us to discuss issues that some might find very uncomfortable" (Cambridge City Councillor)

"I feel this training was exceptionally informative and well explained. Fantastic signposting too." (Hills Road Sixth Form College Tutor)

"The training may increase your understanding and empower you to be more inclusive in your everyday life as well as helping you to challenge the language" (Virtual School Advisory Teacher)



Research and Advocacy

2021 saw the commencement of our first research project exploring the barriers, challenges and difficulties that LGBTQ+ young people face when trying to access mental health support. This project drew on the experience and knowledge of our service users and key stakeholders, and culminated in the production of our first Research Report which can be found at: <https://resources.thekitetrust.org.uk/resources/report-lgbtq-youth-and-mental-health>

Our key findings included the following:

- Journeys to accessing mental health support are long and complex
- There were barriers in even initiating a search for mental health support
- Once accessing services, LGBTQ+ young people's needs are not fully met
- Staff lack specific knowledge and understanding relating to LGBTQ+ identities and experiences
- There were additional barriers related to other parts of one's identity
- Wider networks like friends, family and colleges can play a key role in accessing mental health support
- LGBTQ+ young people have clear ideas about what good support looks like for them and how services can better support them.



Trustees

The following were trustees for the period April 1st 2021 - 31st March 2022.

- Ellie DeVries
- Catherine Allen
- Ceri Ann Littlechild (Chair)
- Catherine Lee
- Millie Wadkin
- Emily Kell
- Jack Lilley

The following were trustees at April 1st 2021 - and stepped down during the year. We thank them for their contributions to the charity during their time as Trustees.

- Alicia Bruce-Doig
- Neil Reavey

The following joined as trustees during the year and were trustees at the 31st March 2022.

- Tracey Mwaniki
- Paul R. Owens



Funding

Total income: £432,307

Total expenditure: £377,640

Multi-year Funding

This year 2021-22 marked the first year in two multi-year funding grants - our 5 year Reaching Communities programme funded by the National Lottery and the first year of our 3-year Children in Need funded project supporting trans and non-binary children. These funding opportunities will allow us to continue delivering and expand our youth work, schools and training services for the benefit of LGBTQ+ young people across Cambridgeshire, Peterborough and surrounding areas.

Kite Flyers

Our regular giving scheme, Kite Flyers, continued throughout the year gaining an increasing number of supporters who give regularly by direct debit. More information on the scheme can be found at: www.thekitetrust.org.uk/kiteflyers/

We would like to thank all our funders and supporters, including:

- Cambridge City Council
- Cambridgeshire Community Foundation
- Cambridgeshire County Council
- Children in Need
- Co-op Foundation and #iWill Fund (via Woodcraft Folk)
- East Cambridgeshire District Council
- Hinchingsbrooke Foundation
- James Knott Family Trust
- Leys Community Fund
- Living Sport
- Paul Hamlyn Foundation
- The National Lottery Community Fund
- The Tudor Trust
- UK Youth
- Youth Investment Fund





The Kite Trust			Charity No (if any)	1189936	
Annual accounts for the period					
Period start date	01/04/2021	To	Period end date	31/03/2022	

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Restricted			Total funds £	Prior year funds £
		Unrestricted funds £	income funds £	Endowment funds £		
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Income and endowments from:						
Grants for services	S01	12,113	315,172	-	327,285	2,500
Donations and gifts	S02	28,266	-	-	28,266	1,220
Fundraising	S03	15,017	-	-	15,017	1,062
Schools and training	S04	56,148	5,563	-	61,712	3,670
Interest	S05	28	--	-	28	-
Other	S06	-S07	320,735	-	-	50
Total	111	572		-	432,307	8,502
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	1,425	27,562	-	1,425	357
Activity costs	S09	5,023	263,788	-	32,586	732
Salaries and associated costs	S10	48,934	14,186	-	312,722	39,548
General overheads	S11	5,279	4,100	-	19,465	1,962
Property & Office Costs	S11	6,083	-	-	10,183	322
Governance costs	S11	1,259	309,636	-	1,259	705
Total	S12	68,004		-	377,640	43,626
Net income/(expenditure) before investment gains/(losses)	S13	43,568	11,099	-	54,667	- 35,124
Net gains/(losses) on investments	S14	-	-S15	-	-	-
Net income/(expenditure)		43,568	11,099	-	54,667	- 35,124
Extraordinary items	S16	-	-	-	-	168,357
Transfers between funds	S17	320	- 320	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	43,888	10,779	-	54,667	133,233
Reconciliation of funds:						
Total funds brought forward	S21	114,970	18,263	-	133,233	
Total funds carried forward	S22	158,858	29,042	-	187,900	133,233

Section B Balance sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets	(Note 15)	B01				-	
Tangible assets	(Note 14)	B02		19,240		19,240	
Heritage assets	(Note 16)	B03				-	
Investments	(Note 17)	B04				-	
Total fixed assets		B05	-	19,240	-	19,240	-
Current assets							
Stocks	(Note 18)	B06				-	
Debtors	(Note 19)	B07	10,773	3,100		13,873	43,714
Investments	(Note 17.4)	B08				-	
Cash at bank and in hand	(Note 24)	B09	152,862	22,799		175,661	134,976
Total current assets		B10	163,635	25,899	-	189,534	178,690
Creditors: amounts falling due within one year	(Note 20)	B11	4,778	16,097	-	20,875	45,457
Net current assets/(liabilities)		B12	158,857	9,802	-	168,659	133,233
Total assets less current liabilities		B13	158,857	29,042	-	187,899	133,233
Creditors: amounts falling due after one year	(Note 20)	B14		-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	158,857	29,042	-	187,899	133,233
Funds of the Charity							
Endowment funds	(Note 27)	B17	-			-	-
Restricted income funds	(Note 27)	B18		29,042		29,042	18,263
Unrestricted funds		B19	158,857		-	158,857	114,970
Revaluation reserve		B20				-	
Total funds		B21	158,857	29,042	-	187,899	133,233
Signed by one or two trustees on behalf of all the trustees			Signature		Date of Print Name		approval dd/mm/yyyy

Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Cambridge City Council	R	Core Funding		12,500	- 12,546	46		0
Children in Need	R	Project Funded		30,500	- 30,537	37		- 0
Clothworkers	R	Project Funded						-0
CCF	R	Project Funded		12,000	- 11,718	- 282		1,950
COOP	R	Project Funded		6,950	- 5,000			-
Coronavirus Community Fund	R	Project Funded	14,880		- 14,880			0
Cultivate	R	Project Funded		9,270	- 8,868	- 402		-
Discovery	R	Project Funded						6,578
Fullscope	R	Project Funded		43,200	- 36,622			0
Healthy Fenland	R	Project Funded	2,233		- 2,271	38		-
LGBT Futures	R	Project Funded	1,000		- 999	- 1		-
Paul Hamlyn	R	Project Funded	150	30,000	- 30,150			1,274
Reaching Communities	R	Project Funded		72,452	- 71,178			-
Tudor Trust	R	Project Funded		36,000	- 36,000			19,240
Youth Investment Fund(YIF)	R	Project Funded		30,000	- 10,760			-
Restricted Target	R	Project Funded		12,863	- 13,107	244		-
UK Youth Covid	UR	Unrestricted Project Funding		25,000	- 25,000			
Unrestricted	UR	Unrestricted Core Funding	61,923	111,572	- 68,005	- 92,233		
Reserves	UR	Unrestricted Reserves	53,047			92,553		
Total Funds			133,233	432,307	- 377,640	-		



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
The Kite Trust

On accounts for the year
ended

31 March 2022

Charity no
(if any)

1189936

Set out on pages

1 – 2

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 03 / 2022.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants of England and Wales (ICAEW).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

MP

Date:

1 November 2022

Name:

Mary Price

Relevant professional
qualification(s) or body
(if any):

ACA, ICAEW

Address:	29 Cliveden Close
	Cambridge
	CB4 3LX

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

No matters to report.