

GRINDON CHURCH COMMUNITY PROJECT CIO

Trustees' Annual Report for the period

From 01/01/2022 Period start date To 31/12/2022 Period end date

Charity name: Grindon Church Community Project CIO

Charity registration number: 1189916

Objectives and Activities

Objects:- In accordance with Christian principles, to further or benefit the residents of Grindon and the surrounding areas, without distinction of sex, sexual orientation, race or of political, religious or other opinions by associating together the said residents and the local authorities, voluntary and other organisations in a common effort to advance education and to provide facilities in the interests of social welfare for recreation and leisure time occupation with the objective of improving the conditions of life for the residents. In furtherance of these objects but not otherwise, the trustees shall have power: to establish or secure the establishment of a community centre and to maintain or manage or co-operate with any statutory authority in the maintenance and management of such a centre for activities promoted by the charity in furtherance of the above objects.

Activities:-

Grindon Church Community Project is a charity which supports residents of Grindon and surrounding areas, of all or no faith to engage with their community, find support when in need, engage in creative and physical activities, and to volunteer. We are based in a building with two fully accessible halls and community gardens which include orchards and vegetable plots.

The Charity responds to stated and perceived needs of the local Community to provide a safe, warm welcoming space with associated provision of activities and support services e.g. crisis food support, counselling, spiritual support, activities to reduce social isolation, promote social cohesion and basic learning of life skills. Whenever possible activities are provided at a low cost or no cost level to eliminate financial discrimination as families and individuals of all ages suffer under the Cost of Living Crisis. Opportunities for healthy activities such as gardening, physical exercise and musical skills have been made available through grant funding from external sources e.g. National Lottery Community Fund, Sunderland City Council Covid Recovery, Resilience and Warm Spaces funding. Pilot schemes e.g. Craft Tasters build on successes to become sustainable bringing lasting support and friendships.

Those seeking spiritual support from the Mission Project have been referred to the appropriate URC Northern Synod representative whether that has been a Minister or Church Related Community Worker based locally.

The inhouse mental health Counselling offer has seen an increase in demand working with those who present with anxiety, grief issues, depression or complex mental health issues. This is an open access offering from an experienced and fully qualified Counsellor on a self-referral basis and is filling a gap in provision recognised both locally and nationally. It is available to staff, volunteers and Project users as well as drop-ins and is available to the Project on an expenses only basis.

Statement on Public Benefit:-

The Trustees have continued to give full regard to the guidance issued by the Charity Commission on public benefit. All activity is for the public benefit within Grindon and the surrounding areas.

Contribution made by Volunteers:-

Volunteering is at the very core of our work with the majority of people involved in delivery and day to day running of the Project being volunteers. We actively encourage volunteering by those seeking to return to employment, recovering from mental ill health, grief or coping with long term illness, disability or discrimination. Their input is always valued and respected as we support them in their journey to increased self-confidence and self-worth. Social Prescribing have referred clients to us as volunteers, as have local Autistic Colleges, Occupational Health services and the DWP. Several Volunteers have gone on to employment.

Achievements in 2022:-

Strongly guiding users of the Project to recycle, upcycle, re-use and revive rather than discard or replace. Highlighting environmental reasons as well as cost effects. Our Greenhearts movement began within the Project where this is one of our core principles and expanded to recycling schemes for batteries, clothing etc. School uniform swaps etc. and suggesting more environmentally friendly alternatives. Many users are now regular participants in this.

The Project has worked hard at making Arts and Culture available to all regardless of income or social status using drama, art (using a wide range of financially accessible media) and the chance to create within our buildings and gardens.

We have offered mental health support, volunteering opportunities, exercise and healthy eating, basic family skills in danger of being lost (cooking for one, family cooking, basic sewing and mending)

Following the Covid 19 crisis and its longer term effects such as social isolation, loss of family interactions and community networks we have made an effort to restore these through activities involving all ages. Progress has been slow and even by the end of 2022 the situation has not returned to pre-covid levels. The footfall for the whole project was beginning to reach pre-covid levels at December 2022 and some groups began to flourish but the Cost of Living Crisis also affected the abilities for families who had not previously struggled to afford normal living expenses. By keeping our offerings affordable we have helped towards our goals e.g. The Toddler Group has become a lively expanding group where multi generational families and little ones born during Covid can socialise and develop social skills. By being offered healthy snacks and a warm space the help we provide has varied benefits.

From October 2022 we have received substantial funding from the National Lottery Community Fund, which has enabled us to expand our offer of support to members of the local community. This involved an increase in the need for admin work, and we have several people carry this out on a part time basis. They are members of the local community and they are receiving training as part of their work which is increasing their job skills and potential value in future employment.

Financial Review :-

On 31 December 2022 GCCP held £41044, a substantial increase over the previous year. This was due mainly to two factors: 2021's figures had been adversely affected by the Covid 19 pandemic, which saw our activities being massively reduced, and secondly during 2022 we began to receive funding from the National Lottery Community Fund to increase our work with people badly affected by the cost of living crisis. During 2022 we received £9650 from the NLCF and spent £4479, carrying forward £5171 to continuing activities for those people during 2023. We expect this pattern of grant aid and expenditure to continue into 2024.

In these times of varying utilities and insurance costs it has been important to maintain a reserve sufficient to cushion GCCP against price inflation, and our aim is to have six months expected expenditure in reserve, which in 2022 terms would be £7400. At 31 December 2022 our reserve was £5070, and we aim to reach £7400 during 2023. Meanwhile we are continually vigilant in controlling our spending, especially on overheads.

The Project's principal sources of funds are external Grants for specific projects and Core funding, donations, fundraising and room hire.

Reserves:-

We endeavour to hold six months operating costs as a reserve. Sudden increases in fuel costs continue to put pressure on the need to review the situation constantly.

At the end of December 2022 our reserves stood at £5.070 and were under review as stated in the Financial review above.

Structure, Governance and Management

Governance document:	Constitution
Charitable Status :	CIO
Selection of Trustees:	Trustees are selected taking into account the skills need of a balanced Trustee body and honouring the requirements of up to four members of the Northern Synod of the URC in its numbers.

Reference and Administrative details

Charity name	Grindon Church Community Project CIO
Registered charity number	1189916
Charity's principal address	Grindon Church Community Project Galway Road Grindon Sunderland SR4 8JZ

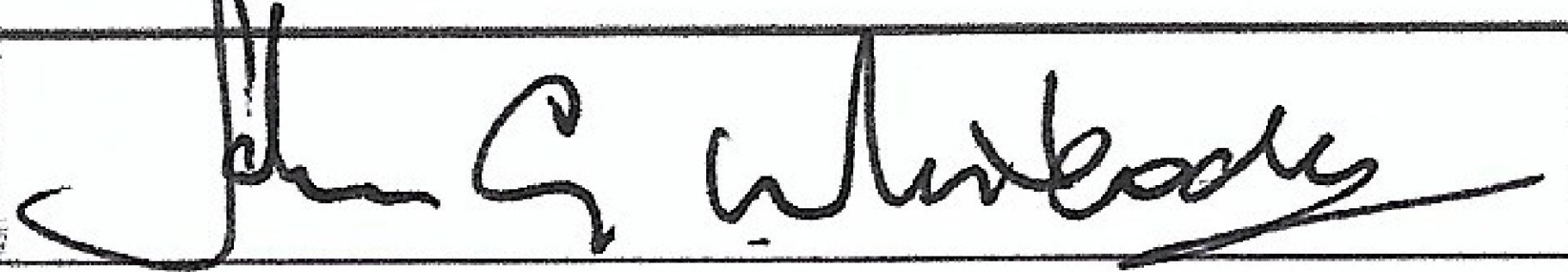

Names of the charity trustees who manage the charity

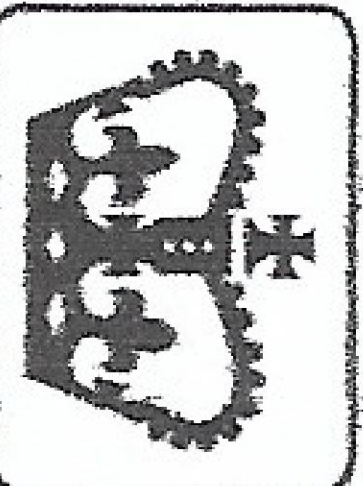
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	John Whiteoak	Chairman		
2	Mavis Whiteoak	Secretary to Trustees		
3	Tom Hudson			
4	Linda Hudson			
5	Barbara Mitchell			
6	JoAnne Nelson			
7	Tracy Berry			
8	Corinne Kilvington			
9	Rev Peter Moth			

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	JOHN GRAHAM WHITEOAK	MAVIS CATHERINE WHITEOAK
Position (eg Secretary, Chair, etc)	Chairman of Trustees	Secretary to the Trustees
Date	19 October 2013	



Receipts and payments accounts

CC16a

For the period	Period start date	To	Period end date
from	01 January 2022		31 December 2022

Section A Receipts and payments

Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £

A1 Receipts

Grants	10,460	8,512	-	18,972	40,529
NLCF Grant	-	9,650	-	9,650	-
Donations	6,037	-	-	6,037	7,607
Fundraising	1,690	-	-	1,690	367
Hall Hire	3,780	-	-	3,780	3,597
Investment Income	3	-	-	3	1
Legacies	5,000	-	-	5,000	-
	-	-	-	-	-
Sub total (Gross income for AR)	26,970	18,162	-	45,132	52,101

A2 Asset and investment sales, (see table).

	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	26,970	18,162	-	45,132	52,101

A3 Payments

Charitable Activities	4,239	5,712	-	9,951	13,404
Utilities & Insurance	4,761	-	-	4,761	4,842
Repairs & Maintenance	2,509	7,165	-	9,674	18,956
Administration	7,489	4,939	-	12,428	11,336
	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories

Details

Unrestricted funds Restricted funds Endowment funds

to nearest £ to nearest £ to nearest £

B1 Cash funds

Treasurer's Account	21,678	14,246	-
Reserve Account	5,070	-	-
Community Chest/SIB	-	10	-
Garden	-	10	
Digital Skills	-	10	-
SpaceHive/UFO/Art	-	10	-
Synod Grant Account	-	10	-
Total cash funds	26,748	14,296	-

(agree balances with receipts and payments account(s))

OK

OK

OK

B2 Other monetary assets

Details

Unrestricted funds Restricted funds Endowment funds

to nearest £ to nearest £ to nearest £

	-	-	-
	-	-	-

B3 Investment assets

Details

Fund to which asset belongs Cost (optional) Current value (optional)

	-	-	-
	-	-	-
	-	-	-

B4 Assets retained for the charity's own use

Details

Fund to which asset belongs Cost (optional) Current value (optional)

	-	-	-
	-	-	-

	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	18,998	17,816	36,814	48,538

A4 Asset and Investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-

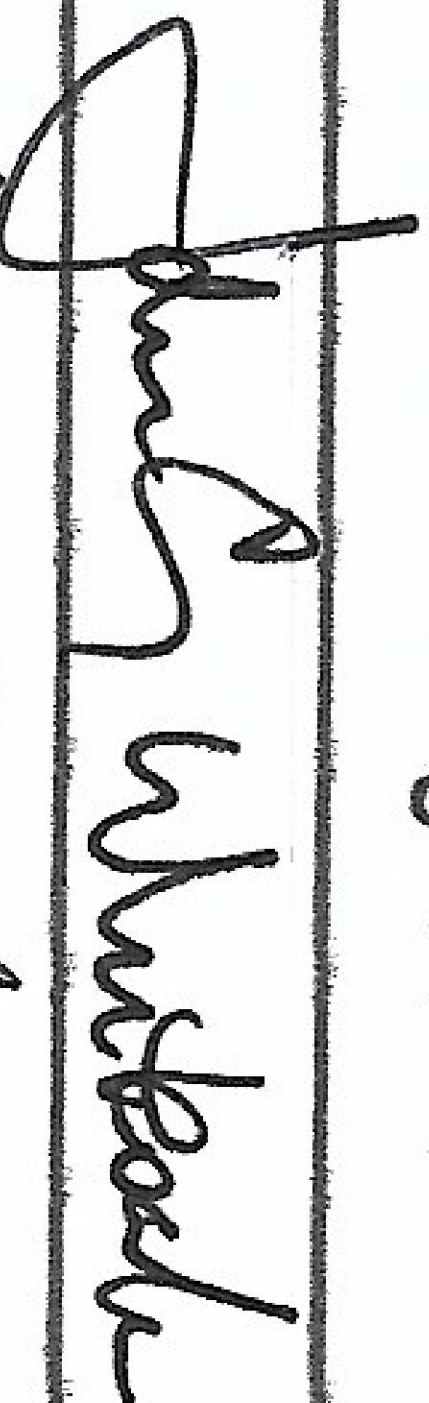

Total payments	18,998	17,816	36,814	48,538
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Net of receipts/(payments)	7,972	346	8,318	3,563
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	18,776	13,950	32,726	29,163
Cash funds this year end	26,748	14,296	41,044	32,726

B5 Liabilities

Signed by one or two trustees on behalf of all the trustees

		-	-
Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	

Signature	Print Name	Date of approval
	JOHN WHITEHEAD	19-10-2013
	MAVIS WHITEHEAD	19/10/2023