

## Cornerstone Annual Return for the Period ending 31<sup>st</sup> December 2021

### Trustees Report

Cornerstone provides in person and online counselling to residents in Hampshire, Wokingham, Bracknell Forest and Surrey. Until 10<sup>th</sup> June 2020 Cornerstone was a part of St Peter's Church, Yateley. From 10<sup>th</sup> June Cornerstone Counselling became an independent charity although the charity still operates out of the church premises and in return for a service fee receives access to counselling rooms, bookkeeping support in arranging bookings for clients.

The greatest challenge for the charity in 2020 was the Covid 19 pandemic. Although counselling needed to be suspended for a short period during the first lockdown, we were able to resume sessions with existing clients within 1 month; through the introduction and use of remote counselling sessions (phone and videoconferencing). Each counsellor was required to undertake additional training to prepare and equip them for this change and the transition involved considerable liaison with training providers and professional bodies to ensure safe, ethical practice was maintained throughout. Clinical supervision, delivered remotely, was maintained throughout the pandemic.

In September 2020, the trustees appointed a part time clinical manager (on a self-employed basis) to manage and develop the service. This followed the retirement of a practitioner who had undertaken this role for several years on a voluntary basis.

Over the course of 2020, Cornerstone worked with 61 clients in 584 sessions. This was a slight reduction in numbers compared to 2019, but greater than those seen during the previous 3 years (2016-2018). Most clients were referred to the service by local NHS services or as a result of personal recommendation or an online search. Remote deliver of counselling brought a significant decrease in the number of client cancellations.

Testimonials from recent clients include:

*"It helped me very much to be able to talk (to my counsellor) and I would recommend them and Cornerstone to any family or friends who needed help. They helped me and I am extremely grateful for the service provided"*

My counsellor was.....*"Very experienced, empathic, understanding, kind"*.

During 2021 the trustees will be undertaking a strategic review of the future direction of the charity and investigating a model to ensure the long- term future of its important work. The charity has also highlighted to need to develop a fundraising campaign to provide an additional stream of income to support its work.

Stuart Bailey  
Trustee  
30<sup>th</sup> October 2021

## Financial Statement

### 2020 Financial Summary - Cornerstone Counselling

10 Jun to 31 Dec

#### Profit and Loss A/C

##### Cornerstone Income

|                                   |                  |
|-----------------------------------|------------------|
| Cornerstone - Client Income       | £7,405.00        |
| Cornerstone - Interest Receivable | £6.07            |
| <b>Total Cornerstone Income</b>   | <b>£7,411.07</b> |

##### Cornerstone Expenses

|                                                                               |                   |
|-------------------------------------------------------------------------------|-------------------|
| Cornerstone - Counsellor Expenses                                             | £993.41           |
| Cornerstone - Insurance                                                       | £714.92           |
| Cornerstone - Misc. Purchases and Expenses                                    | £47.99            |
| Cornerstone - Supervision Fees                                                | £4,465.00         |
| Cornerstone - Contractor payment                                              | £2,593.74         |
| Fee due to St Peter's church for hire of rooms, bookkeeping and other support | £2,225.00         |
| <b>Total Cornerstone Expenses</b>                                             | <b>£11,040.06</b> |

|                                   |                   |
|-----------------------------------|-------------------|
| <b>Profit/loss for the period</b> | <b>-£3,628.99</b> |
|-----------------------------------|-------------------|

#### Balance Sheet

|                                                       |                  |
|-------------------------------------------------------|------------------|
| Cash in Hand Bank Balance                             | £11,320.00       |
| Creditors - St Peter's Church payment due for poeriod | £2,225.00        |
| <b>Balance</b>                                        | <b>£9,095.00</b> |

#### Reconciliation of Bank Balance

|                                                      |            |
|------------------------------------------------------|------------|
| Opening combined (deposit + current) balance         | £14,473.99 |
| Net Profit for the period                            | -£3,628.99 |
| Creditor amount yet to be paid St Peter's Church     | £2,225.00  |
| Payment to St. Peter's Church (for preceding period) | -£1,750.00 |
| Combined (deposit + current) balance at 9 June 2020  | £11,320.00 |

#### Note:

1. The opening bank balance on the 10<sup>th</sup> June 2020 of £14,473.99 reflected the sums accumulated by Cornerstone Counselling from its work as part of St Peter's church Yateley