



**Registered in England and Wales with the Charity Commission  
Charity Number 1189864**

**Trustees' Report and  
Unaudited Financial Statements**

**Period of Accounts**

**Start Date: 1 January 2022**

**End Date: 31 December 2022**

**Registered Office**

**2 Brakey Hill,  
Bletchingley  
Surry RH1 4PT**

**SPORTIN MS**  
**Report of the Trustees**  
**For the Year Ended 31 December 2022**

**Background**

Sportin MS was set up on 1<sup>st</sup> September 2019, as a small interest trust to raise funds to assist in the support and care of persons suffering from Multiple Sclerosis or in need of rehabilitation as a result of such illness. Subsequent to its inception, Sportin MS applied for registration with the Charity Commission as a Registered Charity and confirmation was received from the Commission on 9th June 2020 advising that Sportin MS has been registered as a Charitable Incorporated.

**Ongoing Development of the Charity**

The overarching objective of Sportin MS continues to be the provision of mental and emotional support to those diagnosed with Multiple Sclerosis, and our longer-term aim is to support the establishment of a centre to provide this support.

In prior years, to deliver its objective, the charity used a website with monthly blogs and postings on Facebook to launch and promote Sportin MS.

During 2022, Sportin MS launched a series of podcasts titled “Thrivin’ through MS” to reach a wider audience including broader age groups and to openly share the journeys, stories and strategies to ensure that Multiple Sclerosis does not get in the way of a life lived to the full. This medium has received much positive feedback, especially from individuals under the age of 30, for whom the content of these podcasts has supplied valuable information in the often-underdeveloped realm of mental health support for those diagnosed with MS.

Sportin MS relies on donations to assist in the support and care of persons suffering from Multiple Sclerosis, or in need of rehabilitation as a result of such illness, by the provision of facilities for sport, activity and recreation. Our supporters are at the heart of everything we do. We are grateful to the people who continue to support us, our work would not be possible without them.

**Results for the Year**

Following the ongoing impact of the pandemic, opportunities for fund raising events were limited, however Sportin MS was fortunate to be adopted by Walton Heath Golf Club as their nominated charity. This together with donations made by a number of other organisations has resulted in a significant reduction of fund-raising expenses during the year.

Excess of income over expenditure was £7,432 (2021: £8,776) for the year ending 31<sup>st</sup> December 2022. As at 31<sup>st</sup> December 2022, Sportin MS retained Unrestricted Funds of £35,072 (2021: £27,640).

**Trustees**

The trustees who held office during the year were:

Antoinette Helen Bunyan (Chair)  
Calvin Lloyd Bunyan  
Kevin Ian Jardine (FCCA, MBA)

The Trust is administered by the Trustees who aim to meet at least twice throughout the year. As part of its general administration function, the Trustees are responsible for the regular review and mitigation of risks.

The Trust's policy on reserves is to ensure that sufficient funds are maintained to meet its anticipated outlays, both for direct charitable expenditure and for management and administration and to support the establishment of a centre to provide mental and emotional support to those diagnosed with Multiple Sclerosis.

### **Public Benefit**

As required by section 4 of the Charities Act 2011, the Trustees have considered the guidance published by the Charity Commission in respect of public benefit. They believe that the Charity's purpose, as set out above, falls within the definition of charitable purposes in section 2 of the Act and that the activities set out in the Trustees' Report on page 3 contribute to achieving that purpose.

### **By Order of the Trustees**

A handwritten signature in black ink, appearing to read 'Antoinette Bunyan', written in a cursive style.

Antoinette Helen Bunyan  
Chair of the Trustees  
2 Brakey Hill,  
Bletchingley

24 March 2023

**SPORTIN MS**  
**Statement of Accounts**  
**For the Year Ended 31 December 2022**

<b>Unrestricted Funds</b>	<b>Notes</b>	<b>Year to 31 December 2021 £</b>	<b>Year to 31 December 2022 £</b>
<b>Statement of financial activities</b>			
Income from Fundraising Activities		14,669	14,499
Less Expenditure relating to Fundraising Activities		(5,214)	( 991)
Less Development of Podcasts & Website		(679)	(5,984)
Less Administration Expenses		-	( 92)
		-----	-----
<b>Excess of Income over Expenditure</b>		<b>8,776</b>	<b>7,432</b>
		=====	=====
<b>Balance Sheet</b>			
Cash at bank and in hand		27,640	35,072
Debtors		-	-
		-----	-----
<b>Total Current Assets:</b>		<b>27,640</b>	<b>35,072</b>
Creditors: amounts falling due within one year		-	-
		-----	-----
<b>Net Current Assets</b>		<b>27,640</b>	<b>35,072</b>
		-----	-----
<b>Total assets less current liabilities</b>		<b>27,640</b>	<b>35,072</b>
		=====	=====
<b>Funds of the Charity</b>			
Unrestricted funds	2	27,640	35,072
		-----	-----
<b>Total Funds</b>		<b>27,640</b>	<b>35,072</b>
		=====	=====

The Trustees acknowledge their responsibilities with respect to maintaining accounting records and the preparation of accounts.

These financial statements were approved by the Trustees on 24 March 2023 and were signed on behalf of the Trustees by:



Antoinette Helen Bunyan  
Chair of the Trustees

**SPORTIN MS**  
**Notes to the Accounts**  
**For the Year Ended 31 December 2022**

**1. Accounting policies**

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), and the Financial Reporting Standard applicable in the UK and Republic of Ireland. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. Key judgements that the charitable company has made which have a significant effect on the accounts include reviewing and carrying out a risk analysis of the factors affecting the charity's ability to continue to fundraise income. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and provisions

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**2. Funds of the charity**

	£
Unrestricted funds as at 1 <sup>st</sup> January 2022	27,640
Excess of Income over Expenditure during the year	7,432
Unrestricted funds as at 31 <sup>st</sup> December 2022	£35,072