

You My Sister

Trustees' Annual Report

and Accounts for the

year ended 31 December 2024



You My Sister
Report and Financial Statements
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Trustees' Report for the year ended 31 December 2024

The Trustees present their report together with the receipts and payments accounts of You My Sister for the year ended 31 December 2024. The Trustees confirm that the Annual Report and Accounts of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP).

Objects and activities

The objects of the charity are the relief of people in need as a result of being harmed by abuse, particularly via commercial sexual exploitation, through practical, financial and mental health support and to provide education for the public benefit as to the harms of the sex trade.

Public benefit

The trustees confirm that they have referred to the recommendations contained in the Charity Commission's general guidance on public benefit when reviewing You My Sister's aims and objectives, and in planning activities and setting policies and priorities for the year ahead.

The activities that You My Sister carries out to further its charitable purposes for the public benefit (as described under Achievements and performance below) are guided by the Objects above.

Achievements and performance

This year we:

- Ensured Initial Contact through to tailored Support for at least 30 Women
- Created & piloted a new flagship mental health recover course
- Ran 2 mental health recovery courses
- Ran 2 one-off sessions
- Created 2 new Peer Support groups
- Provided bite size pieces of work to 4 beneficiaries
- Ensured our beneficiaries input into a training pack on commercial sexual exploitation rolled out to a wide range of other services
- Continued networking with numerous services & beneficiaries
- Input into a range of consultations, including meeting with the UN Special Rapporteur on Violence Against Women and Girls
- Worked in partnership with a growing range of other services, including experts in commercial sexual exploitation

Trustees' Report for the year ended 31 December 2024

Financial review

During the year the Charity received funds totaling £64,915 and made payments of £39,965. The charity held funds on hand of £42,183 at 31 December 2024, comprising £35,384 of restricted funds and £6,799 of unrestricted funds.

Principal funding sources

The charity's principal source of funds is from grants and donations.

Investment policy

The charity does not currently hold sufficient funds to warrant investment. However, the charity banks with The Co-operative Bank plc, which has a sound ethical banking policy.

Reserves policy

The charity holds a small cash balance and is yet to reach an operational level where it has been possible to consider establishing a financial reserve. The Trustees will continue to monitor the charity's finances and will establish a reserves policy when funds allow.

Plans for the future

2024/25 is the first time we have in place funding that can sustain us for a reasonable period of time. We will use this 'breather' from continual fundraising to:

- Pilot a range of new initiatives, which can be further developed in future
- Continue to run and develop high quality support for beneficiaries
- Continue to grow relationships with all stakeholders, including other services
- Secure long-term funding for 2026 onwards

Structure, governance and management

Governing document

The organisation is a Charitable Incorporated Organisation, established and registered as a charity on 5 June 2020. The charity is established under a Constitution, which sets out the objects and powers of the trust.

We have also been registered with the Scottish Charity Commission, OSCR no. SC05277 since 24 August 2023.

Trustees' Report for the year ended 31 December 2024

Recruitment and appointment of the Board of Trustees

The Board of trustees are also the members of You My Sister. New Trustees are appointed by meetings of the Trustees/members. The Constitution stipulates that there must be a minimum of three Trustees, with no maximum.

Trustee induction and training

Trustees are experienced in the area of the charity's work and/or have been appointed for the specific skills they can bring to the Board. All potential trustees are briefed prior to their election, whilst relevant checks are also carried out (e.g. references, DBS checks etc.).

Trustees' responsibilities in relation to the financial statements

Charity law requires the trustees to prepare accounts for each financial period which show a true and fair view of the state of affairs of the charity and of its financial activities for that period. In preparing those accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- observe the methods and principles of the Charities' SORP, Accounting and Reporting by Charities;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departure disclosed and explained in the financial statements; and
- prepare the accounts on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Statement of Recommended Practice. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board of trustees on 25 September 2025 and signed on its behalf.

Dr Laura Jones

Dr Laura Jones
Trustee

You My Sister

Reference and Administrative Details of the Charity, its Trustees and Advisers For the year ended 31 December 2024

Charity registration number:	1189815
Operational address:	Women's Resource Centre 3rd Floor 72-75 Red Lion Street London WC1R 4NA

Trustees

Tonye Tamuno	Appointed 11 May 2024
Michelle Rothwell-McHugh	Appointed 10 April 2024
Dr Laura Jones	
Rebecca Mordan	
John McCormack	
Kim Rojas Powell	Appointed 17 June 2025
Gemma Aitchison	Resigned 16 April 2024
Rebecca John	Resigned 16 April 2024

Independent Examiner

Frank McDowell FMAAT
FJM Accountancy Limited
23 Shackleton Court
2 Maritime Quay
London
E14 3QF

Bankers

The Co-operative Bank plc
P.O. Box 101
1 Balloon Street
Manchester
M60 4EP

Independent examiner's report to the trustees of You My Sister (the CIO)

I report to the trustees on my examination of the accounts of the above charity for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of the CIO, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- 1 accounting records were not kept in accordance with section 130 of the Act; or,
- 2 the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Frank J McDowell FMAAT

Frank J McDowell FMAAT

FJM Accountancy Limited
23 Shackleton Court
2 Maritime Quay
London
E14 3QF

Date: 26 September 2025

You My Sister
Receipts and Payments Account
For the year ended 31 December 2024

		2024			2023		
	Notes	Un- restricted £	Restricted £	Total funds £	Un- restricted £	Restricted £	Total funds £
Receipts							
Grants and donations	1	5,984	58,687	64,671	1,210	27,750	28,960
Charitable activities		-	-	-	1,585	-	1,585
Expense refunds		244	-	244	234	-	234
Total receipts		6,228	58,687	64,915	3,029	27,750	30,779
Payments							
Research, project and grant costs		1,002	1,127	2,129	975	1,235	2,210
Organisational running costs		106	1,744	1,850	35	4,157	4,192
Publicity		324	987	1,311	-	1,956	1,956
Freelancers working on course creation, course delivery and student assessments		2,000	32,669	34,669	837	23,687	24,524
Fundraising costs		6	-	6	184	200	384
Total payments		3,438	36,527	39,965	2,031	31,235	33,266
Net cash received/(spent) in the year		2,790	22,160	24,950	998	(3,485)	(2,487)
Transfer		94	(94)	-	(19)	19	-
Opening cash balances at 1 January 2024		3,915	13,318	17,233	2,936	16,784	19,720
Closing cash balances at 31 December 2024		6,799	35,384	42,183	3,915	13,318	17,233

You My Sister
Statement of assets and liabilities
As at 31 December 2024

	2024 £	2023 £
Cash funds		
Cash at bank	41,823	16,744
Funds at PayPal	360	489
	<hr/> 42,183 <hr/>	<hr/> 17,233 <hr/>
Liabilities		
Accrued accountancy fees	900	300
Accrued bookkeeping fees	-	150
	<hr/> 900 <hr/>	<hr/> 450 <hr/>

Signed on behalf of the Trustees on 25 September 2025.

Dr Laura Jones

Dr Laura Jones
Trustee

You My Sister
Notes to the Accounts
For the year ended 31 December 2024

1 Restricted funds

	At 1 Jan £	Receipts £	Payments £	Transfer £	At 31 Dec £
Year ended 31 December 2024					
The Ashworth Charitable Trust	-	5,000	-	-	5,000
City Bridge Trust	2,642	12,687	(9,200)	-	6,129
The Foyle Foundation	-	5,000	(2,000)	-	3,000
The Hugh Fraser Foundation	-	5,000	-	-	5,000
National Lottery Awards for All England	4,979	-	(4,932)	(47)	-
National Lottery Awards for All Scotland	-	20,000	(5,745)	-	14,255
The Robertson Trust	5,697	11,000	(14,650)	(47)	2,000
	13,318	58,687	(36,527)	(94)	35,384

Year ended 31 December 2023

The Allen Lane Foundation	6,000	-	(6,000)	-	-
City Bridge Trust	-	6,250	(3,608)	-	2,642
Magic Little Grants	-	500	(500)	-	-
National Lottery Awards for All England	-	10,000	(5,021)	-	4,979
National Lottery Awards for All Scotland	9,900	-	(9,900)	-	-
The Robertson Trust	-	11,000	(5,303)	-	5,697
The Women's Support Project	884	-	(903)	19	-
	16,784	27,750	(31,235)	19	13,318

The Allen Lane Foundation

To support our services in Scotland.

City Bridge Trust

For service provision in London.

The Foyle Foundation

For service provision in London.

The Hugh Fraser Foundation

For service provision in Scotland.

Magic Little Grants

For training.

National Lottery Awards for All England

To contribute to core costs.

National Lottery Awards for All Scotland

For service provision in Scotland.

The Robertson Trust

Core funding for our work in Scotland.

The Women's Support Project

Commissioning to carry out research with beneficiaries.

2 Transactions with related parties

During the year, the charity made payments to the Director on a freelance basis of £26,000 (2023: £18,000).