

Trustees' Annual Report for the period

Period start date		Period end date	
From	To	Day	Month
04	06	04	04
Month	Year	Month	Year
2020	2021	2021	2021

Section A Reference and administration details

Charity name Community Life Hub Group

Other names charity is known by NA

Registered charity number (if any) 1189779

Charity's principal address

Culm Valley Integrated Centre for Health, Willand Road,	
Cullompton, Devon	
Postcode	EX15 1FE

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Chair		
2	Ann McClements	Treasurer	
3	Jane Edwards	Secretary	
4	Phil Gater		
5	Dr James Rowbury		
6	Alison Williams		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
NA	

March 2012

TAR

Summary of the objects of the charity set out in its governing document

To provide or assist in the provision of facilities in the interest of social welfare and recreation or other leisure time occupations of individuals, residing in Cullompton town, (Devon) and surrounding areas, who have need of such facilities by reason of their youth, age, infirmity or disability or financial circumstances or social circumstances with the object of improving their conditions of life in particular but not exclusively through facilitation of a community garden, growing and horticultural activities, arts and crafts activities and volunteering projects.

Section C Objectives and activities

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

We have policies in place for: Health and Safety, Confidentiality, Equality, Privacy, Safeguarding, Volunteer and H & S and Covid.

Our structure is made up of six Trustees and three advisors - all are volunteers.

Additional governance issues (Optional information)

Type of governing document
(eg. trust deed, constitution)
How the charity is constituted
(eg. trust, association, company)
Trustee selection methods
(eg. appointed by, elected by)

Community Life Hub Group Constitution	CIO	Application form, appointed by trustees and elected at AGM.
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Description of the charity's trusts

Section B Structure, governance and management

Name of chief executive or names of senior staff members (Optional information)

Herbal Advisor	Ms H Przydatek	Hallina Herbs
Practice Manager	Mrs K Dawe	College Surgery
Health and Social Prescribing	Dr M Dixon	College Surgery

Names and addresses of advisers (Optional information)

Type of adviser Name Address

The four groups described below offer a variety of activities that support our objectives and all are of public benefit.

Friday Morning Drop-in. This session is open to anyone of any age who feels lonely, isolated or just wanting to meet up for a friendly chat and coffee. The group is set up to improve overall health and well being of people in the local area. We have an informal activity every week, that they can participate in, or they can do an activity of their own choice. It is also an opportunity to talk to our volunteers about any concerns and to find out about other local activities/groups that might be of interest to them.

Gardening Groups. A small group of volunteers look after two gardens namely the Anton Chekhov Community Garden and our Physic Garden. The Chekhov Garden is an area that is used by all our groups as an outdoor activity space. It was designed for Hampton Court Flower Show in 2018 to be viewed as Chekhov would have looked out onto it from his own wooden verandah in Russia, before becoming located in the grounds of College Surgery. It is a place of peace and tranquillity for everyone. Herbalism has traditionally played a very strong part in Russian medicine and culture, and the garden reflects this by containing many medicinal plants. During the pandemic it has been a vital place of rest for staff and outdoor meeting space, as well as patients and our clients using it as an outdoor seating area.

Our Physic Garden (originally planted over ten years ago) is where medicinal plants are traditionally grown to inform and educate people about herbs, their healing properties, for cooking, dyeing wool and printing. Our Physic Garden is currently being renovated and is open to everyone and offers the opportunity for visitors to find out about herbs and their usage from our resident Herbalist. This group continued to meet during Covid - when permitted, to offer outdoor activities and light gardening duties. Gardening supports: health and wellbeing, getting out in green spaces, connecting with nature, gaining social interaction and the opportunity to learn new horticultural skills.

Hub Craft Group – The group met weekly to create craft items that we sold to raise funds for the Community Life Hub Group. We also organised several Craft Day sessions to enable people to learn new crafting skills. Unfortunately this had to close at the start of Covid.

CLICKERS – a safe and inviting place to meet for those with mild cognitive problems (including the early stages of dementia, head injuries etc) and their carers to carry out activities specifically designed by our trained volunteers to help stimulate brain activity.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Community LIFE Hub Group (CLHG) became a registered charity was on 4th June 2020 after being first set up in 2017. Shortly after becoming a charity we created a website and Facebook page for the Community Life Hub Group.

In March 2020 (at the start of the Covid pandemic), all our groups who met weekly in the surgery were forced to stop meeting because the rooms were needed as a vaccination centre for the Surgery.

As a result, we had to quickly create a way to keep in contact remotely with all our clients so, decided to set up weekly Zoom meetings. We taught many of our clients who were not IT savvy to use Zoom so that we could catch up with them and have themed meetings on a topic of their choice. These became very successful and fun for everyone.

In May 2020 we decided to start our Crafty Bag Project and produced our first pack in June 2020. Each bag contained themed items and included a variety of activities such as: word search, art therapy colouring sheet, quiz or game, poem, short story, maths questions or Sudoku, craft activity, technical challenge and an information sheet to encourage people to think further about the topic of the month.

We used our Crafty Bags to introduce our clients to new and different crafts and activities, without the need to come into the Centre. Frequently we talked about the Crafty Bag activities over Zoom and they shared some of their results. Our trustees and volunteers delivered these packs to approximately 20 clients every month. Delivery of the packs gave us the opportunity to have a 'garden gate' chat to ensure our clients were safe and well and coping with this isolation. For some we arranged to do weekly shopping, collect prescriptions etc.

Summary of the main achievements of the charity during the year

Achievements and performance

Section D

Additional details of objectives and activities (Optional information)

Our charity is totally run by volunteers.

- You may choose to include further statements, where relevant, about:
- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Our Gardening Group was unable to meet up once Covid started, however in the Spring we started planting heritage vegetables in our raised beds and when ripe gave away the produce to people in the community and to sell some to raise money for the work of the group.

Section E

Financial review

Brief statement of the charity's policy on reserves

We have a reserve policy that states we hold £1,000 in reserve.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

- You may choose to include additional information, where relevant about:
- the charity's principal sources of funds (including any fundraising);
 - how expenditure has supported the key objectives of the charity;
 - investment policy and objectives including any ethical investment policy adopted.

We received £1,200 funding from Devon Corona Virus Response and Recovery Fund (from Devon Communities Fund) to purchase fold up outdoor seating, tables and umbrellas to enable our clients to use the garden to enable outdoor meetings to take place. There was also a small amount of this to help with development of the Crafty Bag project. We also received a small donation from Involve (Mid Devon) to enable us to purchase items for the Crafty Bag project during Covid. Where possible we attended the local craft fair to selling craft items.

Section F

Other optional information

NA

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	C O'Neill	Full name(s)	CHRISTINE O'NEILL	Position (eg Secretary, Chair, etc)	CHAIRPERSON	Date	28/01/22
	J. Edwards		JANE EDWARDS		SECRETARY		

Date	11/03/2020	
Signature (all directors, Chair, etc)	Chairman	Director
Full name(s)	Chairman	Director
Signature(s)	Chairman	Director

Signed on behalf of the charity's trustees

The trustees declare that they have approved the trustees report above

Section C Declaration

WFO

Section E Other optional information

<p>adopted</p> <p>approved investment policy</p> <p>objectives including any</p> <p>investment policy and</p> <p>of the charity</p> <p>supported the key objectives</p> <p>from expenditure use</p> <p>any fundraising</p> <p>success of funds (including</p> <p>the charity's impact)</p> <p>relevant spend</p> <p>additional information where</p> <p>you may choose to include</p>	<p>possibly we attended the local craft fair to selling craft items to purchase items for the charity bag project during Covid. Where we also received a small donation from Malorie (Mild Devon) to enable us</p> <p>amount of this to help with development of the charity bag project. Enabled to enable outdoor meetings to take place. There was also a small door seating tables and umbrellas to enable our clients to use the recovery fund (from Devon Communities Fund) to purchase fold up our</p> <p>We received £1,500 funding from Devon County Virus Response and</p>
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Further financial review details (Optional information)

in deficit	None
Details of any funds materially	
charity's policy on reserves	We have a reserve policy that states we hold £1,000 in reserve.

Section F Financial review

<p>community and to get some to raise money for the work of the group. raised pots and when the days away the produce to people in the however in the group we started buying produce vegetables in our</p> <p>Our fundraising group was unable to meet at once Covid started.</p>

Section G Achievements and performance

COMMUNITY LIFE HUB GROUP

ACCOUNTS for YEAR ENDING 4th April 2021

RECEIPTS

SALES		£268.41
DONATIONS		
Easy Funding	£51.19	
Gardens.	70.00	
Hub	38.30	
Books	27.30.	£186.79

RESTRICTED GRANTS

SEETEC PLUS(2).	500.00	
INVOLVE(3)	350.00	
COVID 19(4).	1200.00	
(Devon Community Foundation)		
CULLOMPTON TOWN COUNCIL.(5)	50.00	£ 2,100.00

BROUGHT FORWARD FROM PREVIOUS YEAR.

HUB	442.96	
GARDENS.	686.40	
CLICKERS.	724.38	
SALES	16.41	
RESTRICTED GRANT (1).	217.81	
		£2087.96

TOTAL INCOME = £ 4643.16

EXPENDITURE

HUB.	£277.15	
GARDENS	391.72	
CLICKERS	111.80	
SALES	50.00	
		£830.67

RESTRICTED GRANTS

(1) COMPOST GROUP.	0	
(2) SEETEC PLUS	312.61	
(3) INVOLVE	0	
(4) COVID 19	1200.00	
(5) CULLOMPTON TOWN COUNCIL.	45.97	£ 1558.5

TOTAL EXPENDITURE = £2389.25

FINAL AMOUNT = £ 2253.91

BANK : 4th April 2021. £2176.82. Cash: 77.09

Treasurer: Ann McClements

Ann McClements