

REGISTERED CHARITY NUMBER: 1189763

**Report of the Trustees and
Unaudited Financial Statements
for the Period Ended 31 December 2021
for
STEPPING STONES COLLABORATION FOR RECOVERY AND
WELLBEING
A Charitable Incorporated Organisation (CIO)**

**STEPPING STONES COLLABORATION FOR RECOVERY AND
WELLBEING**

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for the Period Ended 31 December 2021**

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STEPPING STONES COLLABORATION FOR RECOVERY AND WELLBEING

Report of the Trustees for the Period Ended 31 December 2021

The Trustees present their report with the financial statements of the charity for the period ended 31 December 2021. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1189763

Principal address

Involve Community Services

The Court House

Broadway

BRACKNELL

Berkshire

RG12 1AE

Trustees

Dr Bernadette Fisher – Chairperson

George Story

Sarah Gore

Christopher Fisher

Independent Examiner

Sheila Bury

Holy Brook Associates

Curious Lounge, 1st Floor,

Pinnacle Building,

Tudor Road, Reading,
England,
RG1 1NH

Bankers

THE CO-OPERATIVE BANK PLC
CENTRAL CORPORATE BRANCH
P O Box 250,
WN8 6WT

STEPPING STONES COLLABORATION FOR RECOVERY AND WELLBEING

Report of the Trustees

for the Period Ended 31 December 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

STEPPING STONES COLLABORATION FOR RECOVERY AND WELLBEING, is a charitable incorporated organisation (CIO), registered as a charity on June 3rd, 2021, charity number 1189763. The Charity is controlled by its governing document and the CIO Constitution. The Trustees who served the charity during the period were as follows:

Dr Bernadette Fisher – Chairperson: appointed 13/04/2020
Sarah Paecey – Trustee: appointed 14/04/2020 (resigned: 20/06/21)
Sarah Gore – Trustee: appointed 15/04/2020
Christopher Fisher: Trustee: appointed 15/04/2020
Jonathan Story – Trustee: appointed 23/06/2021

Recruitment and appointment of new Directors and Trustees

The Constitution provides for a minimum of 3 Trustees with no stated maximum. Where there is a requirement for new Trustees these are identified and appointed by the existing Trustees for a term of 3 years by the passing of a resolution at a properly convened meeting of the Trustees. In selecting the new Trustees, the board must have regard for the skills, knowledge and experience needed from the individual in order to provide effective administration of the charity.

Any new Trustee will be provided, on or before their first appointment, with a copy of the previous period's annual report and accounts and a copy of the Charity Constitution.

Risk management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal objective of the charity is to promote the positive health and wellbeing of all adults who live, work or study in the Bracknell Forest area. We offer free education to anyone aged 18 or more, who works, lives or studies in the Borough of Bracknell Forest and who is experiencing problems with their mental, physical or emotional health and for those

that support them. A co created, compassionate learning environment empowers individuals (students) through education about all aspects of wellbeing, highlighting individual skills and strengths, building self-confidence, inspiring creativity and unlocking

STEPPING STONES COLLABORATION FOR RECOVERY AND WELLBEING

Report of the Trustees for the Period Ended 31 December 2021

personal potential. Small group work nurtures stronger peer support networks, reduced social isolation and increases community connectivity.

Public benefit statement

The Trustees confirm that they have complied with the requirements of the Charities Act 2011 to have due regard to the Charities Commission Guidance on public benefit.

ACHIEVEMENT AND PERFORMANCE

Over 350 people aged 18 to >80 years, registered in the charity's first year of operation and we continue to receive on average, > 20 new student registrations monthly. Student ages range from 18 to over 80 years and mirror that of the local population however we have proportionately more women and those who identify as white, Caucasian than the population of Bracknell Forest. In 2022/23 we plan hope to co-create new, tailored workshops for younger students, those struggling with literacy and those that appeal more to men and from more diverse ethnic groups.

We offer around 200 workshops, covering 50 different subjects each term and most are fully booked. Experienced, professional facilitators run the majority of courses and workshops with student ratings averaging 9.7 out of 10 for their delivery. Volunteers provide additional student support in workshops and in house training is being co-created with students and professional facilitators, ready to run in 2023.

Students have diverse recovery needs, e.g., substance misuse, diagnosed and undiagnosed mental illnesses, physical pain, bereavement, post Covid effects. Over 80% of Stepping Stones students rate us as 'very useful' to their recovery. Mental Health services, GP practices, social prescribers, addiction services and other charities now all recommend and signpost the recovery college us to their patients and clients.

Our premises are accessible to all physical abilities and free information about other community organisations is given with our curriculum. We belong to many different statutory and voluntary community networks and actively collaborate with them all. We encourage our students to join other support groups and participate more effectively within the wider community. We now run a number of courses and workshops from locations within the wider community and plan to increase this number to allow easier access to our courses among those for whom transportation to the premises is a barrier.

FINANCIAL REVIEW

Financial Review

The charity holds reserves of £12,443 at year end. This was equivalent to approximately 2 months worth of total costs. At this was the first year of the charity's operation and both income and expenditure are growing consideration will be given during the year as to an appropriate target for reserves to aim for in the coming financial year.

ON BEHALF OF THE BOARD:

Bernadette Fisher

Date: 31st October 2022

STEPPING STONES COLLABORATION FOR RECOVERY AND WELLBEING

Independent Examiners Report for the Period Ended 31 December 2021

I report on the accounts of the charity for the period ended 31 December 2021 which are set out on pages 8 to 12.

Respective responsibilities of directors and examiner

The charity's directors are responsible for the preparation of the accounts. The charity's directors consider that an audit is not required for this Period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Other matters

Your attention is drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 in preference to the Accounting and Reporting Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has since been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted

Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Sheila Bury

Holy Brook Associates

Curious Lounge, 1st Floor,

Pinnacle Building,

Tudor Road, Reading,

England,

RG1 1NH

Date: 31st October 2022

STEPPING STONES COLLABORATION FOR RECOVERY AND WELLBEING

Statement of Financial Activities for the Period Ended 31 December 2021

		Unrestrict ed funds	Restrict ed funds	2021 Total funds	2020 Total Fund s
	Not es	£	£	£	£
INCOMING RESOURCES					
Incoming resources from generated funds					
Grants	2	81,000	-	81,000	-
				0	
Total incoming resources		<u>81,000</u>	<u>-</u>	<u>81,000</u>	<u>-</u>
				0	
RESOURCES EXPENDED					
Costs of raising funds	3	3,708	-	3,708	-
Charitable activities	4	62,430	-	62,430	-
Legal and administrative costs	5	2,420	-	2,420	-
Total resources expended		<u>68,557</u>	<u>-</u>	<u>68,557</u>	<u>-</u>
NET INCOME		12,443	-	12,443	-
				3	
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

TOTAL FUNDS CARRIED FORWARD	12,443	-	12,443	-
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STEPPING STONES COLLABORATION FOR RECOVERY AND WELLBEING

Balance Sheet

At 31 December 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total Funds £
FIXED ASSETS					
Tangible assets	8	3,166		3,166	
CURRENT ASSETS					
Cash in bank and in hand		8,945		8,945	
Prepayments		1,534		1,534	
		10,478		10,478	
CREDITORS					
Amounts falling due within one year	9	1,202		1,202	
NET CURRENT ASSETS		9,276		9,276	
TOTAL ASSETS LESS CURRENT LIABILITIES		12,443		12,443	
NET ASSETS	10	12,443		12,443	

FUNDS	11		
Restricted funds		-	-
Unrestricted funds		12,443	-
		12,443	-
TOTAL FUNDS		3	

The financial statements were approved by the Board of Trustees on 31st October 2022 and were signed on its behalf by:

Bernadette Fisher -Trustee

STEPPING STONES COLLABORATION FOR RECOVERY AND WELLBEING

Notes to the Accounts

At 31 December 2021

1. ACCOUNTING POLICIES continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATION AND LEGACIES

	2021	2020
	£	£
Donations	-	-
Grants	81,000	-
	<u>81,000</u>	<u>-</u>

3. COST OF RAISING FUNDS

	2021	2020
	£	£
Promotion and public relations costs	3,708	
	<u>3,708</u>	<u></u>

STEPPING STONES COLLABORATION FOR RECOVERY AND WELLBEING

Notes to the Accounts (continued)

At 31 December 2021

4. CHARITABLE ACTIVITIES

Cost of services	28,385
Cleaning	676
Consulting	4,520
Depreciation Expense	703
Entertainment-100% business	52
Equipment less than £100	94
General Expenses	159
Insurance	851
IT Software and Consumables	1,147
Travel Expenses	133
Office costs	948
Pensions Costs	419
Postage, Freight & Courier	32
Printing & Stationery	1,150
Repairs & Maintenance	79
Salaries	21,681
Staff Training	378
Subscriptions	268
Telephone & Internet	709
Travel - National	47
TOTAL	62,430

5. LEGAL AND ADMINISTRATIVE COSTS

	2022	2021
	£	£
Accountancy	2,060	
Independent examiner's fee	360	
	<u>2,420</u>	<u>-</u>

6. TANGIBLE FIXED ASSETS

	Computer Equipment £	Total 2021 £
COST		
At 31 December 2020	-	-
Additions	3,869	3,869
At 31 March 2022	<u>3,869</u>	<u>3,869</u>
DEPRECIATION		
At 31 March 2020	-	-

Charge for the Period	<u>(703)</u>	<u>(703)</u>
At 31 March 2021	<u>(703)</u>	<u>(703)</u>
NET BOOK VALUE		
At 31 March 2021	<u>3,166</u>	<u>3,166</u>

STEPPING STONES COLLABORATION FOR RECOVERY AND WELLBEING

Notes to the Accounts (continued)

At 31 December 2021

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE PERIOD

	2021 £	2020 £
Accruals	936	
Payroll related creditors	266	
	<u>1,202</u>	<u>-</u>

8. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestrict ed Funds	Restrict ed Funds	2021 Total Fund s £	2020 Total Fund s £
Fixed Assets	£ 3,166	£	3,166	
Current Assets	10,478		10,478	
Current liabilities	(1,202)		(1,202)	
	<u>12,443</u>		<u>12,443</u>	

9. MOVEMENT IN FUNDS

	Net Moveme nts in funds £	Transfe rs betwee n funds £	At 31.12.20 21 £	At 31.12.20 20 £
Unrestricted funds				
General fund	<u>12,443</u>	<u>-</u>	<u>12,443</u>	<u>-</u>
TOTAL FUNDS	<u>12,443</u>		<u>12,443</u>	

STEPPING STONES COLLABORATION FOR RECOVERY AND WELLBEING

Notes to the Accounts (continued)

At 31 December 2021

10. RELATED PARTY TRANSACTIONS

There were no transactions with related parties for the period ended 31 December 2022.

11. ULTIMATE CONTROLLING PARTY

The Board of Trustees are considered to be the ultimate controlling party

12. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 December 2021.