

girls ALIVE Trustees' report
for the year ended 31 March 2025

girls ALIVE

Contents

Charity Information

- Charity and Trustee details
- Structure, governance and management
- Objectives and activities

Public Benefit Declaration

Report of the Trustees:

Chair's report

- Highlights
- Our volunteers
- Our members
- The year in numbers

Treasurer's report

- Funding
- Costs
- Statement of assets and liabilities at 31st March 2025

Full financial accounts - see separate management report for accounts year ending 31st March 2025

List of contributors

Trustee Declaration

Charity Information

Charity and Trustee details

Charity name: girls ALIVE

Charity registration number: 1189672

Principal office address:

girls ALIVE, c/o A4C, Unit 18 & 19 Dean House Farm, Church Lane, Newdigate, RH5 5DL

Charity Trustees

Alexa Dizon - Chair of Trustees, Hike and run liaison

Esther Guy - Treasurer, Swimming liaison

Agata Zborowska - Trustee, Organisational processes, MTB liaison

Kate Daniel - Trustee, Communications, Road biking liaison.

Structure, governance and management

Governing document - girls ALIVE Constitution

Objectives and activities

Charity's purpose - For the public benefit, to advance the health of women in Surrey and south-east England in particular, but not exclusively, by providing them with opportunities to be physically and socially active.

Charity's main activities - girls ALIVE gives women the opportunity to become active by providing volunteer-led activity groups which are all-female, non-competitive and affordable. girls ALIVE is non-discipline specific and currently has running, road cycling, mountain biking, pool swimming, open water swimming and hiking groups. We offer regular activities and one-off events. Some participants decide they want to expand their involvement and give something back by becoming volunteers. They are provided with support, guidance and training (as appropriate) to help them grow into their role.

Public Benefit Declaration

The Trustees have paid due regard to the Charity Commission's guidance on public benefit.

girls ALIVE's aim is to advance the health of women in Surrey and south-east England in particular, but not exclusively, by providing them with opportunities to be physically active. Our public benefit is apparent in the improved physical health, mental health and wellbeing of the women who are directly involved in our activities and also as a ripple effect, benefitting children, families, friends and whole communities.

Work is ongoing to ensure our activities meet with the aims and objectives of the charity and ensure Health and Safety requirements are met across all current and future activities. The Trustees will continue to monitor membership numbers as well as participant numbers across all activities to ensure our community continues to benefit and we are able to grow to reach more women, allowing them to be physically, as well as socially active.

The following reports incorporate how girls ALIVE continues to meet its aim.

Report of the Trustees

Chair's report For the period 1 April 2024 – 31 March 2025

Overview

This year has been another highly active and positive year for girls ALIVE, with strong engagement from members, continued delivery of our regular weekly programme, and successful special events such as our Reach Your Peak (RYP) programme designed to support people getting out and about through the winter months training for a stretch cycling, mountain biking and/or hiking event in April 2024. Our focus has remained firmly on providing accessible, inclusive, female-only, non-competitive physical activity to support women's physical and mental wellbeing, while fostering a supportive and welcoming community.

Throughout the year we have continued to be led by our members' interests and feedback, responding with new activities, skills sessions and events, all delivered by volunteers who generously give their time and expertise.

Highlights from the Year

Reach Your Peak (RYP)

Building on the launch of the Reach Your Peak concept in early 2024, the programme became a key focus of our activity leading up to events at the beginning of this reporting period: In April 2024, we delivered our first Reach Your Peak "at home" weekend in the Surrey Hills. Over the course of the weekend, 61 women participated across 10 hiking, road cycling, mountain biking and swimming events. The weekend demonstrated the strength of our volunteer-led model and allowed members to stretch themselves in a supportive, inclusive environment with some members participating in multiple events across the weekend.

The success of the April weekend led to Reach Your Peak "away" events later in the year:

- June 2024 – Dorset "Swimventure" swim camp weekend, stretching our swimmers with multiple sea swims around the Jurassic coast, including a sunset swim and sea swim through Durdle Door.
- October 2024 – Brecon Beacons hiking weekend, providing an adventurous but supportive multi-day hiking experience taking in Pen Y Fan with a horseshoe hike, and Penderyn waterfall.
- October 2024 – Snowdonia (Eryri) mountain biking weekend, with guided riding enabling riders to develop technical skills and confidence on more challenging terrain.

We continued "Reach Your Peak" for 2025 with training activities during the winter months January – March to support members for the 2025 "Reach Your Peak" weekend in June, which will be reported on in next year's report.

These events gave members the opportunity to build confidence, resilience and friendships in a supportive group environment, with specialist coaching and guidance, while accessing experiences that could otherwise be out of reach.

Special Events and Expanded Activities

In response to member feedback, we expanded skills-based activity, including:

- Navigation courses, building map reading and route planning confidence
- Introductory road and mountain biking sessions
- Bike maintenance and skills coaching sessions
- Swim coaching, with both fitness and technique progression options

This year we also responded directly to member requests introducing and developing new activity strands:

- **Run Club:** Launched in February 2025, a weekly 16-week programme led by a volunteer run leader, supporting members to build confidence and consistency in running.
- **Women's health, information and skills events:** including expert talks delivered by professionals volunteering their time, including open water swimming education, strength training and bike maintenance.
- **Enhanced privacy swimming provision:** with additional coached sessions and small group lessons introduced towards the end of the reporting period.

Community, Inclusion and Partnerships

girls ALIVE continues to be rooted in community and inclusion. During the year we:

- Welcomed new members, expanding our reach and diversity.
- Set up a WhatsApp Community group to improve communication, engagement and peer support.
- Supported and celebrated women in sport, including sponsorship of a women's racing category at Cyclo-Cross Reigate in August 2024.
- Marked International Women's Day in February 2025 with both cycling and swimming activities, including participation in a large-scale sea swim in Brighton raising awareness of water quality and environmental issues.

We were also proud to see girls ALIVE represented at national conversations on inclusion in sport, with volunteers attending and contributing to Reframing MTB events and research projects focused on participation and access.

Regular Weekly Activities

Alongside our special events, we continued to deliver a full and consistent weekly timetable throughout the year, including:

- Road cycling
- Mountain biking
- Gravel cycling
- Hiking (midweek and weekends)
- Run club
- Pool swimming coaching and lane swimming
- Open water swimming

Between 1 April 2024 and 31 March 2025 girls ALIVE ran more than 350 events, including:

- 74 hikes – including Wednesday evening, weekend hikes, and special hike events – both local to Surrey and further afield.
- 75 MTB events — including regular weekly and monthly weekend rides taking in local trails, night rides, bike park trips, mountain bike coaching and a Bike Maintenance Session.
- 11 gravel (new activity) / XC rides — for our adventure-seekers and bridleway lovers, with interest and participation in gravel riding growing.
- 69 road cycling events — including regular local rides at varying distance and pace accommodating a range of riders, a Cotswolds trip and rides to Brighton and Shoreham.
- 8 run club evenings (new activity)
- 4 ski/snowboard trips — to Hemel Hempstead Snow Dome
- 118 pool and open water swimming sessions — Monday, Tuesday & Friday pool coaching, Friday pool general swims, open water swimming sessions at the Surrey Hills Adventure Company in Buckland, Polar Bear winter swimming challenge, night swimming and International Women's Day sea swim in Brighton.
- 2 womens' information evenings

Participation remained strong across all disciplines, with our hikers, cyclists and swimmers remaining active throughout the autumn and winter months, including open water swimmers continuing swimming safely through the colder months.

Volunteers

Our volunteers remain the backbone of girls ALIVE. Throughout the year, volunteers:

- Led weekly activities across multiple disciplines
- Planned and delivered larger-scale weekends and trips
- Organised specialist coaching, skills sessions and talks
- Supported administration, communications, the charity's finances, and training (eg, first aid)

All trustees and volunteers give their time freely, and the charity could not operate without their commitment, enthusiasm and generosity. We also held volunteer engagement meetings to support sustainability and future planning.

Sustainability and Governance

Towards the end of the reporting period, trustees undertook careful review of the charity's finances and sustainability. All income continues to be reinvested directly into the charity.

Closing Reflections

This year has demonstrated the strength of girls ALIVE's community-led, volunteer-supported model. We continue to provide safe, inclusive and empowering opportunities for women to be active together, to build confidence, and to support physical and mental wellbeing.

On behalf of the Board of Trustees, I would like to thank every volunteer, member and supporter who has contributed to another successful year for girls ALIVE.

Treasurer's report

The charity operates with a dedicated bank account and keeps thorough accounting records using Xero accounting software. Book-keeping is carried out weekly and each year a set of Charity Accounts is produced. The accounts form part of the Annual Return submitted to the Charity Commission each year.

Funding

In 2023 grant funding was received which enabled girls ALIVE to run enhanced privacy swims for Muslim ladies within our community. Grant contributions were received from Mole Valley District Council, Active Surrey and Sport England, which totalled £15k. Not all funds were used in 2023/24 and therefore we had surplus to continue running the enhanced privacy swims into the 2024/25 financial year.

Other funding was received from the following sources:

- Membership fees £9,308
- Activity sales £7,760
- Merchandise £140

The charity received a total income of just under £17.5k.

Costs

The charity is predominantly volunteer lead, however there are certain costs which are required to keep the wheels turning these include:

- Venue hire & coaching
- Merchandise
- Administrative Support
- IT Software
- Bank fees
- Training costs
- Advertising
- Insurance

In 2024/25 the charity made a loss of £6k.

Statement of assets and liabilities at 31st March 2025

The charity does not own any assets, although it has been agreed that a charity laptop would be a wise investment in the future.

Esther Guy, Treasurer

List of contributors

Agata Zborowska, Alex Pringle-Hood, Alexa Dizon, Ali Howell, Beatrix Bevernage, Beth Glanville, Caroline Kamp, Cathy Childs, Daphne Brown, Dawn Peters, Debbie Sage, Diana Lewis, Elen Shepard, Emma Lamberth, Emme Ledgerwood, Erica Chambers, Esther Guy, Gill Venables, Heidi LaPensee, Jayne Eite, Jenny Davidson, Karen Tee, Karen Venn, Kate Daniel, Keryn Wingrave, Liz Flavell, Lynne Carnie, Marie-Paule Ahanda, Phillipa Curphey, Rona Lucas, Sally Croft, Sarah Vardy, Sophie Dudgeon, Sue Ritchie, Tracey Sander, Zoe Woodman.

Trustee Declaration

Approved by the trustees on 07/01/2026 and signed on their behalf by Alexa Dizon, in her capacity as Chair.

Attachments
Company Tax Return

Uploaded Accounts:

girls_ALIVE_-_Charity_Accounts 31-03-2025.pdf

Your Company Tax Return

If we send the company a 'Notice' to deliver a Company Tax Return it has to comply by the filing date or we charge a penalty, even if there is no tax to pay.

A return includes a Company Tax Return form, any supplementary pages, accounts, computations and any relevant information. The CT600 Guide tells you how the return must be formatted and delivered. It contains general information you may need to deliver your return, links to more detailed advice and box-by-box guidance for this form and the supplementary pages.

The forms in the CT600 series set out the information we need and provide a standard format for calculations.

Company information

1	Company name	GIRLS ALIVE									
2	Company registration number	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>									
3	Tax reference	<input type="text"/> 3 <input type="text"/> 5 <input type="text"/> 9 <input type="text"/> 1 <input type="text"/> 3 <input type="text"/> 1 <input type="text"/> 8 <input type="text"/> 9 <input type="text"/> 7 <input type="text"/> 2									
4	Type of company	<input type="text"/> <input type="text"/> 8									

Northern Ireland (NI)

Put an 'X' in the appropriate box(es) below					
5	NI trading activity	<input type="checkbox"/>	6	SME	<input type="checkbox"/>
7	NI employer	<input type="checkbox"/>	8	Special circumstances	<input type="checkbox"/>

About this return

This is the above company's return for the period			
30	from DD MM YYYY	35	to DD MM YYYY
<input type="text"/> 0 <input type="text"/> 1 <input type="text"/> 0 <input type="text"/> 4 <input type="text"/> 2 <input type="text"/> 0 <input type="text"/> 2 <input type="text"/> 4		<input type="text"/> 3 <input type="text"/> 1 <input type="text"/> 0 <input type="text"/> 3 <input type="text"/> 2 <input type="text"/> 0 <input type="text"/> 2 <input type="text"/> 5	
Put an 'X' in the appropriate box(es) below			
40	A repayment is due for this return period	<input type="checkbox"/>	
45	Claim or relief affecting an earlier period	<input type="checkbox"/>	
50	Making more than one return for this company now	<input type="checkbox"/>	
55	This return contains estimated figures	<input type="checkbox"/>	
60	Company part of a group that is not small	<input type="checkbox"/>	
65	Notice of disclosable avoidance schemes	<input type="checkbox"/>	
Transfer Pricing			
70	Compensating adjustment claimed	<input type="checkbox"/>	
75	Company qualifies for SME exemption	<input type="checkbox"/>	

About this return - continued

Accounts and computations

☒

--	--

Supplementary pages enclosed

--	--

7

7

☒

7

--	--

7

7

7

7

7

7

7

7

Tax calculation

Turnover

[illegible]

7

L

Income

£ 0 .

[illegible]

£ 0

Income - continued

170	Bank, building society or other interest, and profits from non-trading loan relationships	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
172	Put an 'X' in box 172 if the figure in box 170 is net of carrying back a deficit from a later accounting period															<input type="text"/>
175	Annual payments not otherwise charged to Corporation Tax and from which Income Tax has not been deducted	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
180	Non-exempt dividends or distributions from non-UK resident companies	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
185	Income from which Income Tax has been deducted	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
190	Income from a property business	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
195	Non-trading gains on intangible fixed assets	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
200	Tonnage Tax profits	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
205	Income not falling under any other heading	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>

Chargeable gains

210	Gross chargeable gains	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
215	Allowable losses including losses brought forward	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
220	Net chargeable gains - box 210 minus box 215	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>

Profits before deductions and reliefs

225	Losses brought forward against certain investment income	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
230	Non-trade deficits on loan relationships (including interest) and derivative contracts (financial instruments) brought forward set against non-trading profits	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
235	Profits before other deductions and reliefs - net sum of boxes 165 to 205 and 220 minus sum of boxes 225 and 230	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	0	.	<input type="text"/>	<input type="text"/>

Deductions and reliefs

240	Losses on unquoted shares	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
245	Management expenses	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
250	UK property business losses for this or previous accounting period	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
255	Capital allowances for the purposes of management of the business	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
260	Non-trade deficits for this accounting period from loan relationships and derivative contracts (financial instruments)	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
263	Carried forward non-trade deficits from loan relationships and derivative contracts (financial instruments)	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>

265	Non-trading losses on intangible fixed assets	£														.	0	0
275	Total trading losses of this or a later accounting period	£														.	0	0
280	Put an 'X' in box 280 if amounts carried back from later accounting periods are included in box 275																	
285	Trading losses carried forward and claimed against total profits	£														.	0	0
290	Non-trade capital allowances	£														.	0	0
295	Total of deductions and reliefs - total of boxes 240 to 275, 285 and 290	£														.	0	0
300	Profits before qualifying donations and group relief - box 235 minus box 295	£														.	0	0
305	Qualifying donations	£														.	0	0
310	Group relief	£														.	0	0
312	Group relief for carried forward losses	£														.	0	0
315	Profits chargeable to Corporation Tax - box 300 minus boxes 305, 310 and 312	£														.	0	0
320	Ring fence profits included	£														.	0	0
325	Northern Ireland profits included	£														.	0	0

326	Number of associated companies in this period	0
327	Number of associated companies in the first financial year	0
328	Number of associated companies in the second financial year	0
329	Put an 'X' in box 329 if the company is chargeable at the small profit rate or is entitled to marginal relief	

Enter how much profit has to be charged and at what rate

	Financial year (yyyy)		Amount of profit		Rate of tax %		Tax
330	2024	335	£ 0	340	0.19	345	£ 0 p
		350	£	355		360	£ p
		365	£	370		375	£ p
380		385	£	390		395	£ p
		400	£	405		410	£ p
		415	£	420		425	£ p

Tax calculation - continued

Corporation Tax total of boxes 345, 360, 375, 395, 410 and 425

430

£

0

.

0

0

Marginal relief

435

£

0

.

0

0

Corporation Tax chargeable box 430 minus box 435

440

£

0

.

0

0

Reliefs and deductions in terms of tax

445	Community Investment Tax Relief	£														.		
450	Double taxation relief	£														.		
455	Put an 'X' in box 455 if box 450 includes an underlying Rate relief claim																	
460	Put an 'X' in box 460 if box 450 includes an amount carried back from a later period																	
465	Advance Corporation Tax	£														.		
470	Total reliefs and deduction in terms of tax - total of boxes 445, 450 and 465	£														.		

Coronavirus support schemes and overpayments (see CT600 guide for definitions)

471	Coronavirus Job Retention Scheme (CJRS) Received	£													.		
472	CJRS Entitlement	£													.		
473	CJRS overpayment already assessed or voluntary disclosed	£													.		
474	Other coronavirus overpayments	£													.		

Energy profits levy

986	Energy (Oil and Gas) Profits Levy (EOGPL) amounts liable	£													.	0	0
987	Electricity Generator Levy (EGL) exceptional generation receipts	£													.	0	0

Calculation of tax outstanding or overpaid

[illegible]

Tax reconciliation

[illegible]

620	Franked investment income/Exempt ABGH distributions	£ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>
625	Number of 51% group companies	<input style="width: 150px;" type="text"/>
Put an 'X' in the relevant boxes, if in the period, the company:		
630	should have made (whether it has or not) instalment payments as a large company under the Corporation Tax (Instalment Payments) Regulations	<input style="width: 30px;" type="checkbox"/>
631	should have made (whether it has or not) instalment payments as a very large company under the Corporation Tax (Instalment Payments) Regulations	<input style="width: 30px;" type="checkbox"/>
635	is within a group payments arrangement for the period	<input style="width: 30px;" type="checkbox"/>
640	has written down or sold intangible assets	<input style="width: 30px;" type="checkbox"/>
645	has made cross-border royalty payments	<input style="width: 30px;" type="checkbox"/>
647	Eat Out to Help Out Scheme: reimbursed discounts included as taxable income	£ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>

Research and Development (R&D) or creatives enhanced expenditure and tax reliefs

650	Put an 'X' in box 650 if the claim is made by a small or medium-sized enterprise (SME), including a SME subcontractor to a large company		
653	Put an 'X' in box 653 if the claim is made by an R&D intensive SME		
655	Put an 'X' in box 655 if the claim is made by a large company		
656	Put an 'X' in box 656 to confirm that a R&D claim notification form has been submitted		
657	Put an 'X' in box 657 to confirm that an R&D additional information form has been submitted		
658	Put an 'X' in box 658 to confirm that a Creatives additional information form has been submitted		
659	R&D expenditure qualifying for SME/R&D intensive SME relief	£	00
660	R&D enhanced expenditure	£	00
663	Creatives core expenditure	£	00
665	Creatives additional deduction	£	00
670	R&D enhanced expenditure and creatives additional deduction total box 660 and 665	£	00
675	R&D enhanced expenditure of a SME on work subcontracted to it by a large company	£	00
680	Vaccine research expenditure	£	00

Land remediation enhanced expenditure

685 Enter the total enhanced expenditure £ .

Information about capital allowances and balancing charges

Allowances and charges in calculation of trading profits and losses

	Capital allowances		Balancing charges
Annual investment allowance	690 £ <input type="text"/>		
Full expensing	688 £ <input type="text"/>	689 £ <input type="text"/>	
Machinery and plant - super-deduction	691 £ <input type="text"/>	692 £ <input type="text"/>	
Machinery and plant - special rate allowance	693 £ <input type="text"/>	694 £ <input type="text"/>	
Machinery and plant - special rate pool	695 £ <input type="text"/>	700 £ <input type="text"/>	
Machinery and plant - main pool	705 £ <input type="text"/>	710 £ <input type="text"/>	
Structures and buildings	711 £ <input type="text"/>		
Business premises renovation	715 £ <input type="text"/>	720 £ <input type="text"/>	
Other allowances and charges	725 £ <input type="text"/>	730 £ <input type="text"/>	
	Capital allowances		Disposal value
Electric vehicle charge-points	713 £ <input type="text"/>	714 £ <input type="text"/>	
Enterprise zones	721 £ <input type="text"/>	722 £ <input type="text"/>	
Zero-emission goods vehicles	723 £ <input type="text"/>	724 £ <input type="text"/>	
Zero-emission cars	726 £ <input type="text"/>	727 £ <input type="text"/>	

Allowances and charges not included in calculation of trading profits and losses

	Capital allowances		Balancing charges
Annual investment allowance	735 £ <input type="text"/>		
Structures and buildings	736 £ <input type="text"/>		
Full expensing	733 £ <input type="text"/>	734 £ <input type="text"/>	
Business premises renovation	740 £ <input type="text"/>	745 £ <input type="text"/>	
Machinery and plant - super-deduction	741 £ <input type="text"/>	742 £ <input type="text"/>	
Machinery and plant - special rate allowance	743 £ <input type="text"/>	744 £ <input type="text"/>	

750 £

[illegible]

Allowances and charges not included in calculation of trading profits and losses-continued

	Capital allowances	Disposal value
Electric vehicle charge-points	737 £	738 £
Enterprise zones	746 £	747 £
Zero-emission goods vehicles	748 £	749 £
Zero-emission cars	751 £	752 £

Qualifying expenditure

760	Machinery and plant on which first year allowance is claimed	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
765	Designated environmentally friendly machinery and plant	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
770	Machinery and plant on long-life assets and integral features	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
771	Structures and buildings	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
772	Machinery and plant - super-deduction	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
773	Machinery and plant - special rate allowance	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>
775	Other machinery and plant	£	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	.	<input type="text"/>	<input type="text"/>

Amount arising

Excess amounts

Northern Ireland information

856	Amount of group relief claimed which relates to NI trading losses used against rest of UK/mainstream profits	£ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>
857	Amount of group relief claimed which relates to NI trading losses used against NI trading profits	£ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>
858	Amount of group relief claimed which relates to rest of UK/mainstream losses used against NI trading profits	£ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>

Bank details (for person to whom a repayment is to be made)

920

Name of bank or building society

925

Branch sort code

930

Account number

935

Name of account

940

Building society reference

Payments to a person other than the company

943

Put an 'X' in box 943 if there is a R&D payable credit and one of the conditions listed in the CT600 Guide is applicable

☐

945

Complete the authority below if you want the repayment to be made to a person other than the company
I, as (enter status - company secretary, treasurer, liquidator or authorised agent, etc)

950

of (enter company name)

955

authorise (enter name)

960

of address (enter address)

965

Nominee reference

to receive payment on company's behalf

970

Name

Declaration

Declaration

I declare that the information I have given on this Company Tax Return and any supplementary pages is correct and complete to the best of my knowledge and belief.
I understand that giving false information in the return, or concealing any part of the company's profits or tax payable, can lead to both the company and me being prosecuted.

975

Name

Esther Guy

980

Date DD MM YYYY

2

2

1

2

2

0

2

5

985

Status

Treasurer

Guidance

Guidance about when and how to complete this supplementary page can be found in the CT600 Guide.

For further information read What supplementary pages do I need to complete and include as part of the Company Tax Return? to find out what supplementary pages you need to complete.

Also, read the Important points about all supplementary pages and CT600E – Charities and Community Amateur Sports Clubs (CASCs) for further guidance about completing this supplementary page.

Company information

E1	Company name (name of charity or CASC)	GIRLS ALIVE
E2	Tax reference	3 5 9 1 3 1 8 9 7 2
Period covered by this supplementary page (cannot exceed 12 months)		
E3	from DD MM YYYY	0 1 0 4 2 0 2 4
E4	to DD MM YYYY	3 1 0 3 2 0 2 5

Claims to exemption (this section should be completed in all cases)

Charity/CASC repayment reference	E5	ZD15140
Charity Commission registration number, or OSCR number (if applicable)	E10	1189672
Put an 'X' in the relevant box if during the period covered by these supplementary pages:		
The company was a charity/CASC and is claiming E15 exemption from all tax on all or part of its income and gains (Also put an 'X' in box E15 if the company was a charity/CASC but had no income or gains in the period)	E15	X
All income and gains are exempt from tax and have been, or will be, applied for charitable or qualifying purposes only	E20	X
Some of the income and gains may not be exempt or have not been applied for charitable or qualifying purposes only, and I have completed form CT600	E25	
I claim exemption from tax		
Name	E30	Esther Guy
Status	E35	Treasurer
Date DD MM YYYY	E40	2 2 1 2 2 0 2 5

Repayments

To make a repayment claim for the period covered by these supplementary pages, please register and enrol to use the Charities Online service. See CT600 guide for further information

Put an 'X' in the box if during the period covered by these supplementary pages you have over claimed tax

E45 ☐

Information required

Enter details of any income received from the following sources, claimed as exempt from tax in the hands of the charity/CASC. Enter the figure included in the charity's/CASC'S accounts for the period covered by this return.

Non-exempt amounts should be entered on form CT600 in the appropriate boxes.

Type of income	Amount
Enter total turnover from exempt charitable trading activities	E50 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 1 7 4 8 5 . <input type="text"/> <input type="text"/> <input type="text"/>
Investment income – exclude any amounts included on form CT600	E55 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0 . <input type="text"/> <input type="text"/> <input type="text"/>
UK land and buildings – exclude any amounts included on form CT600	E60 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0 . <input type="text"/> <input type="text"/> <input type="text"/>
Gift Aid – exclude any amounts included on form CT600	E65 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0 . <input type="text"/> <input type="text"/> <input type="text"/>
From other charities – exclude any amounts included on form CT600	E70 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0 . <input type="text"/> <input type="text"/> <input type="text"/>
Gifts of shares or securities received	E75 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 6 1 . <input type="text"/> <input type="text"/> <input type="text"/>
Gifts of real property received	E80 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0 . <input type="text"/> <input type="text"/> <input type="text"/>
Other sources (not included above)	E85 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>
Total of boxes E50 to E85	E90 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 1 7 5 4 6 . <input type="text"/> <input type="text"/> <input type="text"/>

Enter details of expenditure as shown in the charity's/CASC's accounts for the period covered by these supplementary pages

Type of expenditure	Amount
Trading costs in relation to exempt charitable activities (in box E50)	E95 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 1 4 4 5 3 . <input type="text"/> <input type="text"/> <input type="text"/>
UK land and buildings costs in relation to exempt charitable activities (in box E60)	E100 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/> <input type="text"/>
All general administration/governance costs	E105 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 9 5 6 9 . <input type="text"/> <input type="text"/> <input type="text"/>
All grants and donations made within the UK E	E110 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0 . <input type="text"/> <input type="text"/> <input type="text"/>
All grants and donations made outside the UK	E115 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0 . <input type="text"/> <input type="text"/> <input type="text"/>
Other expenditure not included above, or not used in calculating figures entered on the form CT600	E120 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0 . <input type="text"/> <input type="text"/> <input type="text"/>
Total of boxes E95 to E120	E125 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 2 4 0 2 2 . <input type="text"/> <input type="text"/> <input type="text"/>

Information required

Charity/CASC assets	
	Disposals in period (total consideration received)
Tangible fixed assets	E130 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0
UK investments (excluding controlled companies)	E140 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0
Shares in, and loans to, controlled companies	E150 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0
Overseas investments	E160 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0
Loans and non-trade debtors	E170 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0
Other current assets	E175 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> 0
Qualifying investments and loans	E180 <input type="text"/>
Value of any non-qualifying investments and loans	E185 £ <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
Number of subsidiary or associated companies the charity E190 controls at the end of the period. Exclude companies that were dormant throughout the period	E190 0 <input type="text"/>