

THE MIZEN FOUNDATION

ANNUAL REPORT

And

ACCOUNTS

for the year ended

31ST MARCH 2025

CHARITY REGISTRATION NUMBER

1189642

THE MIZEN FOUNDATION

CHARITY INFORMATION

Charity registered number:	1189642
Charity address:	11 Dallinger Road Lee London SE12 0TJ
Trustees:	Barry Mizen MBE Michael Conway - Chairman Clarence Eden Mitchell Nicola Everson

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2025

The trustees present their report and the independently examined accounts for the year ended 31st March 2025.

Status:

The Mizen Foundation is a Charitable Incorporated Organisation governed by its constitution.

Trustees:

The trustees named on page 1 have served throughout the year. Appointment of the trustees is governed by the constitution of the charity.

Investment and Management Powers:

These are vested in the Trustees and are governed by the constitution of the charity.

Objects:

The objects of the Charitable Incorporated Organisation are to: -

1. To promote and support such exclusively charitable purposes as advance in life and help young people including without limitation by:

- a) acting as a resource for young people up to the age of 24 by aiding and organising apprenticeship placements.
- b) providing or assisting in the provision of activities that will enable young people to participate within the community as independent and responsible individuals.
- c) promoting good citizenship.
- d) providing or assisting in the provision of facilities and activities for recreation with the object of improving the quality of life in the community by working with sports clubs and teams.
- e) advancing education.
- f) promoting, but not proselytising, the possible benefits of Christian and other faiths in enabling the practice of forgiveness and tolerance in situations of conflict for the betterment of the wider community.

2. To promote the protection of people and the prevention of crime and relieve all those afflicted by violence or abuse in their own lives whether they are aggressors or victims or both including without limitation by:

- a) empowering young people to develop the ability to manage anger and to develop skills in such a way that they are better able to identify, engage and participate more fully in society without resorting to violence.
- b) by encouragement of greater public participation in the prevention and solution of crime with a view to the preservation of public order.

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2025 (continued)

- c) by assisting the police in measures designed to reduce the level of crime; and
- d) including provision of peer support to those affected by violent crime.

3. To promote any other purpose that is charitable in accordance with the laws of England and Wales that supports or assists young people and those affected by crime.

Activities

This year the Foundation has continued to grow, although care has been taken not to expand beyond resource capabilities and to ensure all staff and volunteers worked in a stress-free environment. Continuing to deliver the charity's core programme in 2024 to 2025, we maintained a steady beat rate of the school's Talks for Change project. The talks in slightly varied forms were also successful with trainee police officer groups in London, church youth and adult groups and conferences around the UK. Following last year's successful pilot scheme, the Sparkle scheme was also expanded with new elements, awards and vigour. Rugby initiatives continued this year with new corporate sponsors funding workshops and mini-tournaments for girls' teams along-side the existing boys interschool knockout tournament.

Talk for change - Our school talks have been a cornerstone of our charity's work, providing a platform for us to engage with young people and raise awareness of our messaging. Over the past year, we have delivered 128 sessions in 98 schools and other organisations, reaching over 24,500 young people and 1000 adults, this includes 24 talks to new recruits of the metropolitan police in the boroughs of Greenwich and Islington. We continue to receive excellent feedback from teachers and students alike, with many reporting that our talks have been inspiring and thought-provoking. During the course of the year, we progressed the project to look conceptually at how the Talks for Change programme might be migrated in part to a virtual model. This would enable the expansion of the programme to a broader base, beyond the limitations of the physical Mizen family attendance possibilities. Meetings with experienced partners, surveys of schools and focus group research are all planned for the coming year with the longer-term objective to plan, produce and build in the academic year 2025 to 2026 with launch in 2027.

Sparkle Award - The Sparkle Award is given to children who demonstrate kindness, compassion, thoughtfulness, and a heart for others. This year, 43 children from 35 schools and groups were recognised for their exceptional qualities and positive actions through the Sparkle Awards, a reflection of how the initiative continues to grow. This marks a notable rise from 24 children across 24 schools the previous year, showing the increasing enthusiasm from schools and communities to celebrate kindness, resilience, and hope in young people.

It is noteworthy that these children were not selected based on academic performance, but rather for their character and how they interacted with others. They are a testament to the fact that academic achievements are not the only measure of success.

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2024 (continued)

This scheme expansion confirms the merits of planning the repackaging of the scheme last year for the expansion in 2024-2025.

Rugby - Rugby continues to play a central role in our charity's work, helping to promote teamwork, resilience, and character development among young people. This year, we organised

three successful tournaments: an Under-18s schoolboys' competition, a Touch Union tournament for girls in Years 8 and 9, and a festival for primary school girls in Years 5 and 6. Each event gave young people the chance to showcase their skills, enjoy healthy competition, and experience the values of respect and teamwork in a supportive environment.

Our annual inter-school boys' knockout tournament was once again a major highlight of the year, attracting a crowd of over 500 spectators for the final. After reaching the final for the past three years, Hayes School finally claimed victory, overcoming their long-time rivals Ravenswood School in an exciting and hard-fought match.

As we look ahead, the use of sport—particularly rugby—as a tool to build community, character, and connection will remain a core part of our mission in the coming year.

Fundraising

“Walking for Jimmy” in 2024 once again served as the charity's main fundraising event of the year. The walk attracted around 124 participants, of which 54 (approximately 44%) were new walkers. This continual refresh of participants not only brings in new sponsors but also helps to expand and strengthen our core supporter base.

Other regular events — including Millwall's Jimmy Day, Jumpers for Jimmy, Quiz Nights, the Golf Day, and a range of ad hoc activities — also contributed significantly to our fundraising income, which saw an increase this year.

Our new part-time Funds and Trusts Officer spent the early part of the year carrying out an in-depth review of available funding resources, identifying those most aligned with our mission and worth targeting. This focused approach has delivered strong results, helping us to maintain and stabilise our overall funding level.

Looking ahead, we plan to build on this targeted strategy while also exploring opportunities to expand our presence in the corporate giving sector, ensuring a sustainable foundation for our future work.

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2025 (continued)

Financial Results

In the financial year ended 31st March 2025 our gross income was £100,546 with salaries and associated costs of £97,713 creating a surplus of £2,833 and a year-end Current Account balance of £19,209. £15,000 was transferred from the current account to the Reserve Fund during the year which will provide overall around 4 months of operating cost cover. Allowing for a Reserve Fund of £31,000 and a Premises Reserve of £6,000 the resultant funds are available for distribution.



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MICHAEL CONWAY
Chairman of Trustees

THE MIZEN FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31ST MARCH 2025

In accordance with the terms of my appointment I have examined the accounts on page 7 which have been prepared under the accounting policies set out on page 8.

Respective responsibilities of the Trustees and Examiner:

The charity's trustees are responsible for the preparation of the accounts; they consider that the audit requirement under section 43 (2) of the Charities Act 1993 (the Act) does not apply. I have been appointed under Section 43 of the Act and report in accordance with regulations made under Section 44 of that Act. It is my responsibility to examine the accounts and statement, without performing an audit, and to report to the trustees.

Basis of Independent Examiner's Statement:

This report is in respect of an examination carried out under section 43 of the Act, and in accordance with the directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes a review of the accounts and making such enquiries as are necessary for the purposes of this report. The procedures undertaken do not constitute an audit.

Independent Examiner's Statement:

We have prepared, without audit, the financial statement on page 6 under the historical cost convention from the books and records of the Charity and from information supplied and can confirm that records have been kept in accordance with section 41 of the Act, and the accounts presented accord with those records or comply with the accounting requirements of the Act.



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WITHERS & CO.

2 Ambleside Avenue
Streatham
London SW16 6AD

THE MIZEN FOUNDATION

RECEIPTS AND PAYMENTS ACCOUNT - YEAR ENDED 31ST MARCH 2025

	Year ended 31 st March 2025		Year ended 31 st March 2024	
	£	£	£	£
<u>RECEIPTS (Unrestricted)</u>				
Community and Events		33,464		5,111
Donations		20,797		41,760
Trading Income		13,785		13,062
Trusts and Foundations		12,500		32,473
Restricted Income		20,000		---
		<u>100,546</u>		<u>92,406</u>
<u>PAYMENTS</u>				
Overheads	12,678		19,089	
Restricted Expenditure	218		6,430	
Salaries and Fees	77,558		53,607	
Community and Events	7,259		3,148	
	<u>97,713</u>		<u>82,274</u>	
<u>NET SURPLUS</u>		<u>£2,833</u>		<u>£10,132</u>
		<u> </u>		<u> </u>
<u>ACCUMULATED FUND</u>				
Bank balance at 1 st April 2024		53,376		43,244
Net income for the year		2,833		10,132
Balance carried forward		<u>£56,209</u>		<u>£53,376</u>
		<u> </u>		<u> </u>

THE MIZEN FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2025

1. ACCOUNTING POLICIES

a) Accounting Bases

These accounts have been prepared under the historical cost convention and in accordance with applicable accounting standards and the Statement of Recommended Practice on Accounting by Charities.

b) Income

All income from grants, donations, subscriptions are shown in the accounts in the year in which it is received. All income from fund raising activities are shown gross, with the associated costs included in fundraising costs.

c) Expenditure

All revenue expenditure is accounted for when incurred.

d) Value Added Tax

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.