

THE MIZEN FOUNDATION

England & Wales · Charity number 1189642

Details

Status Registered

Legal form CIO

Registered 2020-05-26

Register [View on the Charity Commission register](#)

Contact

Address 11 Dallinger RD
Lee
London
SE12 0TJ

Phone 02088514515

Email hello@mizenfoundation.org

Website mizenfoundation.org

Activities

Objects: THE OBJECTS OF THE CIO ARE: 3.1 TO PROMOTE AND SUPPORT SUCH EXCLUSIVELY CHARITABLE PURPOSES AS ADVANCE IN LIFE AND HELP YOUNG PEOPLE INCLUDING WITHOUT LIMITATION BY: 3.1.1 ACTING AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 24 BY PROVIDING ASSISTANCE AND ORGANISING APPRENTICESHIP PLACEMENTS; 3.1.2 PROVIDING OR ASSISTING IN THE PROVISION OF ACTIVITIES THAT WILL ENABLE YOUNG PEOPLE TO PARTICIPATE WITHIN THE COMMUNITY AS INDEPENDENT AND RESPONSIBLE INDIVIDUALS; 3.1.3 PROMOTING GOOD CITIZENSHIP; 3.1.4 PROVIDING OR ASSISTING IN THE PROVISION OF FACILITIES AND ACTIVITIES FOR RECREATION WITH THE OBJECT OF IMPROVING THE QUALITY OF LIFE IN THE COMMUNITY BY WORKING WITH SPORTS CLUBS AND TEAMS; AND 3.1.5 ADVANCING EDUCATION. 3.1.6 PROMOTING, BUT NOT PROSELYTISING, THE POSSIBLE BENEFITS OF CHRISTIAN AND OTHER FAITHS IN ENABLING THE PRACTICE OF FORGIVENESS AND TOLERANCE IN SITUATIONS OF CONFLICT FOR THE BETTERMENT OF THE WIDER COMMUNITY. 3.2 TO PROMOTE THE PROTECTION OF PEOPLE AND THE PREVENTION OF CRIME AND RELIEVE ALL THOSE AFFLICTED BY VIOLENCE OR ABUSE IN THEIR OWN LIVES WHETHER THEY ARE AGGRESSORS OR VICTIMS OR BOTH INCLUDING WITHOUT LIMITATION BY: 3.2.1 EMPOWERING YOUNG PEOPLE TO DEVELOP THE ABILITY TO MANAGE ANGER AND TO DEVELOP SKILLS IN SUCH A WAY THAT THEY ARE BETTER ABLE TO IDENTIFY, ENGAGE AND PARTICIPATE MORE FULLY IN SOCIETY WITHOUT RESORTING TO VIOLENCE; 3.2.2 BY ENCOURAGEMENT OF GREATER PUBLIC PARTICIPATION IN THE PREVENTION AND SOLUTION OF CRIME WITH A VIEW TO THE PRESERVATION OF PUBLIC ORDER; 3.2.3 BY ASSISTING THE POLICE IN MEASURES DESIGNED TO REDUCE THE LEVEL OF CRIME; AND 3.2.4 INCLUDING PROVISION OF PEER SUPPORT TO THOSE AFFECTED BY VIOLENT CRIME. 3.4 TO PROMOTE ANY OTHER PURPOSE THAT IS CHARITABLE IN ACCORDANCE WITH THE LAWS OF ENGLAND AND WALES THAT SUPPORTS OR ASSISTS YOUNG PEOPLE AND THOSE AFFECTED BY CRIME.

Activities: Education/training Economic/community Development/employment

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Children/young People, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£100,546	£97,713	-	-
2024-03-31	£92,406	£82,274	-	-
2023-03-31	£61,468	£60,736	-	-
2022-03-31	£83,653	£58,864	-	-
2021-03-31	£41,911	£24,188	-	-

Trustees

Name	Role	Appointed
Michael Conway	Chair	2020-05-26
Barry Mizen MBE		2020-05-26
CLARENCE EDEN MITCHELL		2020-10-10
Nicola Everson		2020-05-26

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England & Wales - Charity number 1189642

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for the year ended

31ST MARCH 2025

CHARITY REGISTRATION NUMBER

1189642

THE MIZEN FOUNDATION

CHARITY INFORMATION

Charity registered number:	1189642
Charity address:	11 Dallinger Road Lee London SE12 0TJ
Trustees:	Barry Mizen MBE Michael Conway - Chairman Clarence Eden Mitchell Nicola Everson

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2025

The trustees present their report and the independently examined accounts for the year ended 31st March 2025.

Status:

The Mizen Foundation is a Charitable Incorporated Organisation governed by its constitution.

Trustees:

The trustees named on page 1 have served throughout the year. Appointment of the trustees is governed by the constitution of the charity.

Investment and Management Powers:

These are vested in the Trustees and are governed by the constitution of the charity.

Objects:

The objects of the Charitable Incorporated Organisation are to: -

1. To promote and support such exclusively charitable purposes as advance in life and help young people including without limitation by:

- a) acting as a resource for young people up to the age of 24 by aiding and organising apprenticeship placements.
- b) providing or assisting in the provision of activities that will enable young people to participate within the community as independent and responsible individuals.
- c) promoting good citizenship.
- d) providing or assisting in the provision of facilities and activities for recreation with the object of improving the quality of life in the community by working with sports clubs and teams.
- e) advancing education.
- f) promoting, but not proselytising, the possible benefits of Christian and other faiths in enabling the practice of forgiveness and tolerance in situations of conflict for the betterment of the wider community.

2. To promote the protection of people and the prevention of crime and relieve all those afflicted by violence or abuse in their own lives whether they are aggressors or victims or both including without limitation by:

- a) empowering young people to develop the ability to manage anger and to develop skills in such a way that they are better able to identify, engage and participate more fully in society without resorting to violence.
- b) by encouragement of greater public participation in the prevention and solution of crime with a view to the preservation of public order.

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2025 (continued)

- c) by assisting the police in measures designed to reduce the level of crime; and
- d) including provision of peer support to those affected by violent crime.

3. To promote any other purpose that is charitable in accordance with the laws of England and Wales that supports or assists young people and those affected by crime.

Activities

This year the Foundation has continued to grow, although care has been taken not to expand beyond resource capabilities and to ensure all staff and volunteers worked in a stress-free environment. Continuing to deliver the charity's core programme in 2024 to 2025, we maintained a steady beat rate of the school's Talks for Change project. The talks in slightly varied forms were also successful with trainee police officer groups in London, church youth and adult groups and conferences around the UK. Following last year's successful pilot scheme, the Sparkle scheme was also expanded with new elements, awards and vigour. Rugby initiatives continued this year with new corporate sponsors funding workshops and mini-tournaments for girls' teams along-side the existing boys interschool knockout tournament.

Talk for change - Our school talks have been a cornerstone of our charity's work, providing a platform for us to engage with young people and raise awareness of our messaging. Over the past year, we have delivered 128 sessions in 98 schools and other organisations, reaching over 24,500 young people and 1000 adults, this includes 24 talks to new recruits of the metropolitan police in the boroughs of Greenwich and Islington. We continue to receive excellent feedback from teachers and students alike, with many reporting that our talks have been inspiring and thought-provoking. During the course of the year, we progressed the project to look conceptually at how the Talks for Change programme might be migrated in part to a virtual model. This would enable the expansion of the programme to a broader base, beyond the limitations of the physical Mizen family attendance possibilities. Meetings with experienced partners, surveys of schools and focus group research are all planned for the coming year with the longer-term objective to plan, produce and build in the academic year 2025 to 2026 with launch in 2027.

Sparkle Award - The Sparkle Award is given to children who demonstrate kindness, compassion, thoughtfulness, and a heart for others. This year, 43 children from 35 schools and groups were recognised for their exceptional qualities and positive actions through the Sparkle Awards, a reflection of how the initiative continues to grow. This marks a notable rise from 24 children across 24 schools the previous year, showing the increasing enthusiasm from schools and communities to celebrate kindness, resilience, and hope in young people.

It is noteworthy that these children were not selected based on academic performance, but rather for their character and how they interacted with others. They are a testament to the fact that academic achievements are not the only measure of success.

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2024 (continued)

This scheme expansion confirms the merits of planning the repackaging of the scheme last year for the expansion in 2024-2025.

Rugby - Rugby continues to play a central role in our charity's work, helping to promote teamwork, resilience, and character development among young people. This year, we organised

three successful tournaments: an Under-18s schoolboys' competition, a Touch Union tournament for girls in Years 8 and 9, and a festival for primary school girls in Years 5 and 6. Each event gave young people the chance to showcase their skills, enjoy healthy competition, and experience the values of respect and teamwork in a supportive environment.

Our annual inter-school boys' knockout tournament was once again a major highlight of the year, attracting a crowd of over 500 spectators for the final. After reaching the final for the past three years, Hayes School finally claimed victory, overcoming their long-time rivals Ravenswood School in an exciting and hard-fought match.

As we look ahead, the use of sport—particularly rugby—as a tool to build community, character, and connection will remain a core part of our mission in the coming year.

Fundraising

“Walking for Jimmy” in 2024 once again served as the charity's main fundraising event of the year. The walk attracted around 124 participants, of which 54 (approximately 44%) were new walkers. This continual refresh of participants not only brings in new sponsors but also helps to expand and strengthen our core supporter base.

Other regular events — including Millwall's Jimmy Day, Jumpers for Jimmy, Quiz Nights, the Golf Day, and a range of ad hoc activities — also contributed significantly to our fundraising income, which saw an increase this year.

Our new part-time Funds and Trusts Officer spent the early part of the year carrying out an in-depth review of available funding resources, identifying those most aligned with our mission and worth targeting. This focused approach has delivered strong results, helping us to maintain and stabilise our overall funding level.

Looking ahead, we plan to build on this targeted strategy while also exploring opportunities to expand our presence in the corporate giving sector, ensuring a sustainable foundation for our future work.

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2025 (continued)

Financial Results

In the financial year ended 31st March 2025 our gross income was £100,546 with salaries and associated costs of £97,713 creating a surplus of £2,833 and a year-end Current Account balance of £19,209. £15,000 was transferred from the current account to the Reserve Fund during the year which will provide overall around 4 months of operating cost cover. Allowing for a Reserve Fund of £31,000 and a Premises Reserve of £6,000 the resultant funds are available for distribution.



.....
MICHAEL CONWAY
Chairman of Trustees

THE MIZEN FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31ST MARCH 2025

In accordance with the terms of my appointment I have examined the accounts on page 7 which have been prepared under the accounting policies set out on page 8.

Respective responsibilities of the Trustees and Examiner:

The charity's trustees are responsible for the preparation of the accounts; they consider that the audit requirement under section 43 (2) of the Charities Act 1993 (the Act) does not apply. I have been appointed under Section 43 of the Act and report in accordance with regulations made under Section 44 of that Act. It is my responsibility to examine the accounts and statement, without performing an audit, and to report to the trustees.

Basis of Independent Examiner's Statement:

This report is in respect of an examination carried out under section 43 of the Act, and in accordance with the directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes a review of the accounts and making such enquiries as are necessary for the purposes of this report. The procedures undertaken do not constitute an audit.

Independent Examiner's Statement:

We have prepared, without audit, the financial statement on page 6 under the historical cost convention from the books and records of the Charity and from information supplied and can confirm that records have been kept in accordance with section 41 of the Act, and the accounts presented accord with those records or comply with the accounting requirements of the Act.



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WITHERS & CO.

2 Ambleside Avenue
Streatham
London SW16 6AD

THE MIZEN FOUNDATION

RECEIPTS AND PAYMENTS ACCOUNT - YEAR ENDED 31ST MARCH 2025

	Year ended 31 st March 2025		Year ended 31 st March 2024	
	£	£	£	£
<u>RECEIPTS (Unrestricted)</u>				
Community and Events		33,464		5,111
Donations		20,797		41,760
Trading Income		13,785		13,062
Trusts and Foundations		12,500		32,473
Restricted Income		20,000		---
		<u>100,546</u>		<u>92,406</u>
<u>PAYMENTS</u>				
Overheads	12,678		19,089	
Restricted Expenditure	218		6,430	
Salaries and Fees	77,558		53,607	
Community and Events	7,259		3,148	
	<u>97,713</u>		<u>82,274</u>	
<u>NET SURPLUS</u>		<u>£2,833</u>		<u>£10,132</u>
<u>ACCUMULATED FUND</u>				
Bank balance at 1 st April 2024		53,376		43,244
Net income for the year		2,833		10,132
Balance carried forward		<u>£56,209</u>		<u>£53,376</u>

THE MIZEN FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2025

1. ACCOUNTING POLICIES

a) Accounting Bases

These accounts have been prepared under the historical cost convention and in accordance with applicable accounting standards and the Statement of Recommended Practice on Accounting by Charities.

b) Income

All income from grants, donations, subscriptions are shown in the accounts in the year in which it is received. All income from fund raising activities are shown gross, with the associated costs included in fundraising costs.

c) Expenditure

All revenue expenditure is accounted for when incurred.

d) Value Added Tax

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.

THE MIZEN FOUNDATION

England & Wales - Charity number 1189642

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for the year ended

31ST MARCH 2024

CHARITY REGISTRATION NUMBER

1189642

THE MIZEN FOUNDATION

CHARITY INFORMATION

Charity registered number:	1189642
Charity address:	11 Dallinger Road Lee London SE12 0TJ
Trustees:	Barry Mizen MBE Michael Conway - Chairman Clarence Eden Mitchell Nicola Everson

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2024

The trustees present their report and the independently examined accounts for the year ended 31st March 2024.

Status:

The Mizen Foundation is a Charitable Incorporated Organisation governed by its constitution.

Trustees:

The trustees named on page 1 have served throughout the year. Appointment of the trustees is governed by the constitution of the charity.

Investment and Management Powers:

These are vested in the Trustees and are governed by the constitution of the charity.

Objects:

The objects of the Charitable Incorporated Organisation are to:-

1. To promote and support such exclusively charitable purposes as advance in life and help young people including without limitation by:
 - a) acting as a resource for young people up to the age of 24 by aiding and organising apprenticeship placements.
 - b) providing or assisting in the provision of activities that will enable young people to participate within the community as independent and responsible individuals.
 - c) promoting good citizenship.
 - d) providing or assisting in the provision of facilities and activities for recreation with the object of improving the quality of life in the community by working with sports clubs and teams.
 - e) advancing education.
 - f) promoting, but not proselytising, the possible benefits of Christian and other faiths in enabling the practice of forgiveness and tolerance in situations of conflict for the betterment of the wider community.
2. To promote the protection of people and the prevention of crime and relieve all those afflicted by violence or abuse in their own lives whether they are aggressors or victims or both including without limitation by:
 - a) empowering young people to develop the ability to manage anger and to develop skills in such a way that they are better able to identify, engage and participate more fully in society without resorting to violence.
 - b) by encouragement of greater public participation in the prevention and solution of crime with a view to the preservation of public order.
 - c) by assisting the police in measures designed to reduce the level of crime; and
 - d) including provision of peer support to those affected by violent crime.
3. To promote any other purpose that is charitable in accordance with the laws of England and Wales that supports or assists young people and those affected by crime.

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2024 (continued)

Activities

This year the Foundation has continued to build on the solid groundwork of its early years as it continues to grow. Care has been taken however not to expand beyond resource capabilities and to ensure all staff and volunteers worked in a stress-free environment. The fundamental aim in 2023 to 2024 was to steadily expand the schools talks and branch out into other groups; notably with police cadet groups in London. The Sparkle scheme was also expanded in a controlled “pilot” scheme and will be developed into a new phase in the coming year. Rugby initiatives expanded this year with workshops and mini-tournaments for girls’ teams along-side the existing boys interschool knockout tournament.

Talk for change - Our school talks have been a cornerstone of our charity's work, providing a platform for us to engage with young people and raise awareness of our messaging. Over the past year, we have delivered 104 talks in over 80 schools and other organisations, reaching over 23,000 young people and 1000 adults, this includes 24 talks to new recruits of the metropolitan police in the boroughs of Greenwich and Islington. We continue to receive excellent feedback from teachers and students alike, with many reporting that our talks have been inspiring and thought-provoking. During the course of the year, we also commenced a project to look at how the Talks for Change programme might be migrated in part to a virtual model. This would enable the expansion of the programme to a broader base, beyond the limitations of the physical Mizen family attendance possibilities. Some early working ideas have been generated and this will continue to be evolved.

Sparkle Award - The Sparkle Award is given to children who demonstrate kindness, compassion, thoughtfulness, and a heart for others. This year, a total of 28 children across 28 schools and groups were recognised for their outstanding qualities and actions. It is noteworthy that these children were not selected based on academic performance, but rather for their character and how they interacted with others. They are a testament to the fact that academic achievements are not the only measure of success. This scheme expansion has allowed the Foundation to confirm the merits of repackaging the scheme for even further expansion in the coming 2024/25 year.

Rugby - Rugby has become a key part of our charity's work, and we believe that it plays an important role in promoting teamwork, and character development. This year, we organised three rugby tournaments, under 18s schoolboys, a touch union competition for girls in years 8/9/10 and finally a festival for girls in years 5/6 primary schools. These tournaments provided an opportunity for young people to showcase their skills and compete in a friendly and supportive environment. We were delighted to see the enthusiasm and sportsmanship displayed by all the participants. The use of sport to build community will continue into the new year as a core part of our mission. Thanks to the support of the RFU we were able to provide touch tournament equipment, including ball, playing bibs and cones for each school that participated.

Fundraising - Following the relaunch of "Walking for Jimmy" in 2022, the 2023 walk attracted around 110 participants. The continuing refresh of new walkers not only introduces new sponsors but also an ongoing expansion of the core supporter database. Other regular events, Millwall’s Jimmy Day, Jumpers for Jimmy, Quiz Nights, Golf Day and ad hoc events contributed to the income. Following the shortfall in Trust and Grants funding anticipated in 2022/23 through a number of issues, this year a renewed effort has resulted in a number of very generous grants. In the coming year we will again have a contract part time assistant to research, build, apply and manage a more robust application pipeline.

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2023 (continued)

Financial Results

In the financial year ended 31st March 2024 our gross income was £92,406.34 with salaries and associated costs of £82,274.90 creating a surplus of £10,131.44 and a year-end Current Account balance of £31,376.15. Allowing for a Reserve Fund of £16,000 and a Premises Reserve of £6,000 the resultant funds are available for distribution.

It is proposed that £15,000 be transferred from the current account to the Reserve Fund which will provide around 5 months of operating cost cover.

A handwritten signature in black ink, appearing to read 'Michael Conway', with a stylized flourish at the end.

Michael Conway

Chair of Trustees

THE MIZEN FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31ST MARCH 2024

In accordance with the terms of my appointment I have examined the accounts on page 6 which have been prepared under the accounting policies set out on page 7.

Respective responsibilities of the Trustees and Examiner:

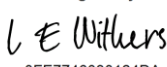
The charity's trustees are responsible for the preparation of the accounts; they consider that the audit requirement under section 43 (2) of the Charities Act 1993 (the Act) does not apply. I have been appointed under Section 43 of the Act and report in accordance with regulations made under Section 44 of that Act. It is my responsibility to examine the accounts and statement, without performing an audit, and to report to the trustees.

Basis of Independent Examiner's Statement:

This report is in respect of an examination carried out under section 43 of the Act, and in accordance with the directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes a review of the accounts and making such enquiries as are necessary for the purposes of this report. The procedures undertaken do not constitute an audit.

Independent Examiner's Statement:

We have prepared, without audit, the financial statement on page 6 under the historical cost convention from the books and records of the Charity and from information supplied and can confirm that records have been kept in accordance with section 41 of the Act, and the accounts presented accord with those records or comply with the accounting requirements of the Act.

DocuSigned by:

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WITHERS & CO.

2 Ambleside Avenue
Streatham
London SW16 6AD

THE MIZEN FOUNDATION

RECEIPTS AND PAYMENTS ACCOUNT - YEAR ENDED 31ST MARCH 2024

	Year ended 31 st March 2024		Year ended 31 st March 2023	
	£	£	£	£
<u>RECEIPTS (Unrestricted)</u>				
Community and Events		5,111		5,964
Donations		41,760		40,755
Trading Income		13,062		9,749
Trusts and Foundations		32,473		5,000
		<u>92,406</u>		<u>61,468</u>
<u>PAYMENTS</u>				
Overheads	19,089		10,508	
Restricted Expenditure	6,430		---	
Salaries and Fees	53,607		47,384	
Community and Events	3,148		2,844	
	<u>82,274</u>		<u>60,736</u>	
<u>NET SURPLUS</u>		<u>£10,132</u>		<u>£732</u>
<u>ACCUMULATED FUND</u>				
Bank balance at 1 st April 2023		43,244		42,512
Net income for the year		10,132		732
Balance carried forward		<u>£53,376</u>		<u>£43,244</u>

THE MIZEN FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2024

1. ACCOUNTING POLICIES

a) Accounting Bases

These accounts have been prepared under the historical cost convention and in accordance with applicable accounting standards and the Statement of Recommended Practice on Accounting by Charities.

b) Income

All income from grants, donations, subscriptions are shown in the accounts in the year in which it is received. All income from fund raising activities are shown gross, with the associated costs included in fundraising costs.

c) Expenditure

All revenue expenditure is accounted for when incurred.

d) Value Added Tax

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.

THE MIZEN FOUNDATION

England & Wales - Charity number 1189642

Accounts

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ACCOUNTS

for the year ended

31ST MARCH 2023

CHARITY REGISTRATION NUMBER

1189642

THE MIZEN FOUNDATION

CHARITY INFORMATION

Charity registered number:	1189642
Charity address:	11 Dallinger Road Lee London SE12 0TJ
Trustees:	Barry Mizen MBE Michael Conway - Chairman Clarence Eden Mitchell Nicola Everson

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2023

The trustees present their report and the independently examined accounts for the year ended 31st March 2023.

Status:

The Mizen Foundation is a Charitable Incorporated Organisation governed by its constitution.

Trustees:

The trustees named on page 1 have served throughout the year. Appointment of the trustees is governed by the constitution of the charity.

Investment and Management Powers:

These are vested in the Trustees and are governed by the constitution of the charity.

Objects:

The objects of the Charitable Incorporated Organisation are to:-

1. To promote and support such exclusively charitable purposes as advance in life and help young people including without limitation by:
 - a) acting as a resource for young people up to the age of 24 by aiding and organising apprenticeship placements.
 - b) providing or assisting in the provision of activities that will enable young people to participate within the community as independent and responsible individuals.
 - c) promoting good citizenship.
 - d) providing or assisting in the provision of facilities and activities for recreation with the object of improving the quality of life in the community by working with sports clubs and teams.
 - e) advancing education.
 - f) promoting, but not proselytising, the possible benefits of Christian and other faiths in enabling the practice of forgiveness and tolerance in situations of conflict for the betterment of the wider community.
2. To promote the protection of people and the prevention of crime and relieve all those afflicted by violence or abuse in their own lives whether they are aggressors or victims or both including without limitation by:
 - a) empowering young people to develop the ability to manage anger and to develop skills in such a way that they are better able to identify, engage and participate more fully in society without resorting to violence.
 - b) by encouragement of greater public participation in the prevention and solution of crime with a view to the preservation of public order.
 - c) by assisting the police in measures designed to reduce the level of crime; and
 - d) including provision of peer support to those affected by violent crime.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2023 (continued)

- 3 To promote any other purpose that is charitable in accordance with the laws of England and Wales that supports or assists young people and those affected by crime.

Activities:

This year the Foundation has continued to build on the solid groundwork of its first two years, which were so impacted by the COVID pandemic. The fundamental aim in 2022 to 2023 was to expand steadily the schools and rugby initiatives whilst exploring future areas of work that might be developed.

Talk for change - Our school talks have been a cornerstone of our charity's work, providing a platform for us to engage with young people and raise awareness of our messaging. Over the past year, we have delivered 100 talks in over 50 schools and other organisations, reaching over 16,000 young people and 1000 adults. We have received excellent feedback from teachers and students alike, with many reporting that our talks have been inspiring and thought-provoking.

Sparkle Award - The Sparkle Award is given to children who demonstrate kindness, compassion, thoughtfulness, and a heart for others. This year, a total of 18 children were recognised for their outstanding qualities and actions. It is noteworthy that these children were not selected based on academic performance, but rather for their character and how they interacted with others. They are a testament to the fact that academic achievements are not the only measure of success.

Rugby - Rugby has become a key part of our charity's work, and we believe that it plays an important role in promoting teamwork, and character development. This year, we organised three rugby tournaments, under 18s schoolboys, a touch union competition for girls in years 8/9/10 and finally a festival for girls in years 5/6 primary schools. These tournaments provided an opportunity for young people to showcase their skills and compete in a friendly and supportive environment. We were delighted to see the enthusiasm and sportsmanship displayed by all the participants.

I am the Change - The "I am the Change" project was seen as a new community programme to replace Safe Havens which was not adopted as one of the Foundation's projects when the charity re-formed in 2020. However, following a review of the objectives of the new project and its potential management overhead and safeguarding implications, it was decided not to develop this further.

Fundraising - After a three-year gap it was great to restart the "Walking for Jimmy" event with a total of 120 walkers participating. Other regular events, Millwall's Jimmy Day, Jumpers for Jimmy, Quiz Nights, Golf Day and other ad hoc events contributed to the income. We have been unable to pursue the level of Trust and Grants funding anticipated through a number of issues which have now been resolved. This resulted in a shortfall against budget but through careful expenditure management the charity still returned a small surplus in the year.

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2023 (continued)

Financial Results

In the financial year ended 31st March 2023 our gross income was £61,468.52 with salaries and associated costs of £60,736.32 creating a surplus of £732.20 and a year-end Current Account balance of £21,244.71. Allowing for a Reserve Fund of £16,000 and a Premises Reserve of £6,000 the resultant funds are available for distribution



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MICHAEL CONWAY
Chairman of Trustees

THE MIZEN FOUNDATION**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES****YEAR ENDED 31ST MARCH 2023**

In accordance with the terms of my appointment I have examined the accounts on page 6 which have been prepared under the accounting policies set out on page 7.

Respective responsibilities of the Trustees and Examiner:

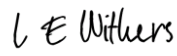
The charity's trustees are responsible for the preparation of the accounts; they consider that the audit requirement under section 43 (2) of the Charities Act 1993 (the Act) does not apply. I have been appointed under Section 43 of the Act and report in accordance with regulations made under Section 44 of that Act. It is my responsibility to examine the accounts and statement, without performing an audit, and to report to the trustees.

Basis of Independent Examiner's Statement:

This report is in respect of an examination carried out under section 43 of the Act, and in accordance with the directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes a review of the accounts and making such enquiries as are necessary for the purposes of this report. The procedures undertaken do not constitute an audit.

Independent Examiner's Statement:

We have prepared, without audit, the financial statement on page 6 under the historical cost convention from the books and records of the Charity and from information supplied and can confirm that records have been kept in accordance with section 41 of the Act, and the accounts presented accord with those records or comply with the accounting requirements of the Act.

DocuSigned by:

0FE7746030124DA...

.....
WITHERS & CO.

2 Ambleside Avenue
Streatham
London SW16 6AD

THE MIZEN FOUNDATION**RECEIPTS AND PAYMENTS ACCOUNT – YEAR ENDED 31ST MARCH 2023**

	Year ended 31 st March 2023		Year ended 31 st March 2022	
	£	£	£	£
<u>RECEIPTS (Unrestricted)</u>				
Community and Events		5,964		8,442
Donations		40,755		44,236
Trading Income		9,749		7,300
Trusts and Foundations		5,000		23,675
		<u>61,468</u>		<u>83,653</u>
<u>PAYMENTS</u>				
Overheads	10,508		977	
Office Administration	---		5,326	
Restricted Expenditure	---		1,316	
Salaries and Fees	47,384		51,245	
Community and Events	2,844		---	
	<u>60,736</u>		<u>58,864</u>	
<u>NET SURPLUS</u>		<u>£732</u>		<u>£24,789</u>
<u>ACCUMULATED FUND</u>				
Bank balance at 1 st April 2022		42,512		17,723
Net income for the year		732		24,789
Balance carried forward		<u>£43,244</u>		<u>£42,512</u>

THE MIZEN FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

1. ACCOUNTING POLICIES

a) Accounting Bases

These accounts have been prepared under the historical cost convention and in accordance with applicable accounting standards and the Statement of Recommended Practice on Accounting by Charities.

b) Income

All income from grants, donations, subscriptions are shown in the accounts in the year in which it is received. All income from fund raising activities are shown gross, with the associated costs included in fundraising costs.

c) Expenditure

All revenue expenditure is accounted for when incurred.

d) Value Added Tax

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.

THE MIZEN FOUNDATION

England & Wales - Charity number 1189642

Accounts

THE MIZEN FOUNDATION

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for the year ended

31ST MARCH 2022

CHARITY REGISTRATION NUMBER

1189642

THE MIZEN FOUNDATION

CHARITY INFORMATION

Charity registered number:	1189642
Charity address:	11 Dallinger Road Lee London SE12 0TJ
Trustees:	Barry Mizen MBE Michael Conway - Chairman Clarence Eden Mitchell Nicola Everson

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2022

The trustees present their report and the independently examined accounts for the year ended 31st March 2022.

Status:

The Mizen Foundation is a Charitable Incorporated Organisation governed by its constitution.

Trustees:

The trustees named on page 1 have served throughout the year. Appointment of the trustees is governed by the constitution of the charity.

Investment and Management Powers:

These are vested in the Trustees and are governed by the constitution of the charity.

Objects:

The objects of the Charitable Incorporated Organisation are to:-

1. To promote and support such exclusively charitable purposes as advance in life and help young people including without limitation by:
 - a) acting as a resource for young people up to the age of 24 by aiding and organising apprenticeship placements.
 - b) providing or assisting in the provision of activities that will enable young people to participate within the community as independent and responsible individuals.
 - c) promoting good citizenship.
 - d) providing or assisting in the provision of facilities and activities for recreation with the object of improving the quality of life in the community by working with sports clubs and teams.
 - e) advancing education.
 - f) promoting, but not proselytising, the possible benefits of Christian and other faiths in enabling the practice of forgiveness and tolerance in situations of conflict for the betterment of the wider community.
2. To promote the protection of people and the prevention of crime and relieve all those afflicted by violence or abuse in their own lives whether they are aggressors or victims or both including without limitation by:
 - a) empowering young people to develop the ability to manage anger and to develop skills in such a way that they are better able to identify, engage and participate more fully in society without resorting to violence.
 - b) by encouragement of greater public participation in the prevention and solution of crime with a view to the preservation of public order.
 - c) by assisting the police in measures designed to reduce the level of crime; and
 - d) including provision of peer support to those affected by violent crime.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2022 (continued)

3. To promote any other purpose that is charitable in accordance with the laws of England and Wales that supports or assists young people and those affected by crime.

Activities

This year we were hopeful that the restrictions of the first year of Covid 19 pandemic would enable us to recommence our full ambition of activities for the charity. Whilst that path began to develop as hoped, subsequent waves of new Covid variants couple primarily with that impact on schools' opening and closing for a second year restricted our plans. That said, some activities, in schools and other areas did allow a limited amount of activity to continue to deliver the Charity's the narrative around the murder of Jimmy Mizen son and sibling of the founding family. Indeed, it is not unreasonable to say that yet again the founding message of the charity, Forgiveness, Peace and Hope, set out below has for a second year been even more relevant in the past year.

Schools

The core work of the Mizen's since 2008, the delivery of the narrative around Jimmy through programmes in schools and other young people organisations, continued through 2021-22 in reduced way combining virtual and occasionally face-to face talks. Our ambition had been to deliver 100 talks but with sporadic opening of schools and similar groups only around 22 talks have been given which still impacted close to 1210 young people and around 210 adults. This is again a significant achievement in what has been an enormously challenging year.

Sparkle Award

Despite the setbacks in 2021-22, the aim of the Foundation to launch an expanded Sparkle Awards pilot programme was fulfilled. The Sparkle Award is made to a pupil of any age at a school who has demonstrated to their teachers, leaders and peers, attributes of caring and community inclusion beyond the pure academic. More often than not, this might well be a pupil would not normally fall within a school's award criteria. This very much reflects the character of Jimmy Mizen himself. The Award Scheme was greeted with great enthusiasm and throughout this year 10 awards have been made in 8 schools and the scheme will be expanded greatly in the coming years.

Partnerships – Sport

Our plans to develop sporting and corporate partnerships have progressed albeit slowly this year as many organisations remain focused on "catching up" to ensure the sustainability of their own businesses. However, highlight of this year in this area of the Charity's work was the successful reintroduction of the Mizen floodlit schools' rugby tournament. The competition was again sponsored by Coca-Cola and 8 teams entered, although only 7 were eventually able to take part. Following a series of knockout matches, St Olave's School, Orpington were the tournament winners with over 250 young people attending the final at our partner Sidcup Rugby Club's ground in December. Two local MPs and the Mayor of Bexley supported the Tournament and were present at the final. Plans for a girl's tournament were instigated this year and this will be developed further through a programme of grass roots coaching in 2022-23.

THE MIZEN FOUNDATION

Close partnership with Millwall Football Club and its supporters has continued to develop with a possible new mentoring scheme for young people growing out of that relationship.

Partnership – Prison

Although prisons and young offenders institute visits remain mainly closed to our partner organisation, the Prison Advice and Care Trust (PACT), their work has continued through limited virtual means and in supporting prisoner's families. During this time, they have been refining their programme for young offenders called "Restore" to piloted in Aylesbury young offenders' centre. As a part of this programme PACT produced a 20-minute video interview with Barry and Margaret Mizen which will also be used more broadly across other programmes run by them. The excellently produced video has also been made available for use by the Mizen Foundation in its own activities.

Funding

As in 2020-21 we have not made applications to any COVID-19 related emergency funding and grants since we consider the need is greater for many charities and organisations closer to those grass root needs. However, we were successful in gaining around £20,000 overall funding from other grants and trusts following a principle of small value applications. Schools work is a major source of funding and so the vastly reduced number of talks delivered significantly impacted the core funding of the charity.

Fundraising

During another challenging year, we have once again been overwhelmed by the level of encouragement given by our supporters both old and new through generous direct giving and creative, Covid safe fund-raising events. Plans to once again run the 21 Bridges walk were disrupted by the pandemic and so an innovative "20 Days in May" event was promoted for individuals to complete their own unique challenges. This cumulatively raised over £10,000. The second main event was the Christmas Jumpers for Jimmy appeal which raised £7,000. Numerous other one-off events were held.

Appreciation

This year, whilst less difficult than the first year of the charity, has still thrown up its own challenges that needed the full time and freelance staff to be focused but reactive, constant but innovative and patient but dynamic. They all fulfilled these roles with professionalism whilst retaining the spirit of enjoyment in their work. They were supported by active trustees in line with their particular areas of experience. Enormous thanks are due to the whole team for such a successful year.

Our thanks are equally extended to the Fundraising Committee and all those who have been involved with this effort without which our year may have been very different. They too have had to manage expectations and event planning whilst negotiating the changing restrictions and advice around Covid 19. The fundraising and grant funding has supplemented the school's income to enable us to operate a modestly expanded business model through this year within the level of overall income and maintain a small year-end surplus.

THE MIZEN FOUNDATION

Financial Results:

In the financial year ended 31st March 2022 on gross income was £83,653 with salaries and associated costs of £58,864 creating a surplus of £24,789. Allowing for a Reserve Fund of £16,000 and a Premises Reserve of £6,000 the resultant funds are available for distribution.



.....
MICHAEL CONWAY
Chairman of Trustees

THE MIZEN FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31ST MARCH 2022

In accordance with the terms of my appointment I have examined the accounts on page 5 which have been prepared under the accounting policies set out on page 6.

Respective responsibilities of the Trustees and Examiner:

The charity's trustees are responsible for the preparation of the accounts; they consider that the audit requirement under section 43 (2) of the Charities Act 1993 (the Act) does not apply. I have been appointed under Section 43 of the Act and report in accordance with regulations made under Section 44 of that Act. It is my responsibility to examine the accounts and statement, without performing an audit, and to report to the trustees.

Basis of Independent Examiner's Statement:

This report is in respect of an examination carried out under section 43 of the Act, and in accordance with the directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes a review of the accounts and making such enquiries as are necessary for the purposes of this report. The procedures undertaken do not constitute an audit.

Independent Examiner's Statement:

We have prepared, without audit, the financial statement on page 5 under the historical cost convention from the books and records of the Charity and from information supplied and can confirm that records have been kept in accordance with section 41 of the Act, and the accounts presented accord with those records or comply with the accounting requirements of the Act.


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WITHERS & CO.

2 Ambleside Avenue
Streatham
London SW16 6AD

THE MIZEN FOUNDATION

RECEIPTS AND PAYMENTS ACCOUNT – YEAR ENDED 31ST MARCH 2022

	Year ended 31 st March 2022		Year ended 31 st March 2021	
	£	£	£	£
<u>RECEIPTS (Unrestricted)</u>				
Community and Events		8,442		2,174
Donations		44,236		32,142
Trading Income		7,300		6,250
Trusts and Foundations		23,675		1,345
		<u>83,653</u>		<u>41,911</u>
<u>PAYMENTS</u>				
Overheads	977		2,701	
Office Administration	5,326		1,641	
Restricted Expenditure	1,316		411	
Salaries and Fees	51,245		19,435	
	<u>58,864</u>		<u>24,188</u>	
<u>NET SURPLUS</u>		<u>£24,789</u>		<u>£17,723</u>
<u>ACCUMULATED FUND</u>				
Bank balance at 1 st April 2021		17,723		----
Net income for the year		24,789		17,723
Balance carried forward		<u>£42,512</u>		<u>£17,723</u>

THE MIZEN FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2022

1. ACCOUNTING POLICIES

a) Accounting Bases

These accounts have been prepared under the historical cost convention and in accordance with applicable accounting standards and the Statement of Recommended Practice on Accounting by Charities.

b) Income

All income from grants, donations, subscriptions are shown in the accounts in the year in which it is received. All income from fund raising activities are shown gross, with the associated costs included in fundraising costs.

c) Expenditure

All revenue expenditure is accounted for when incurred.

d) Value Added Tax

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.

THE MIZEN FOUNDATION

England & Wales - Charity number 1189642

Accounts

THE MIZEN FOUNDATION

ANNUAL REPORT

And

ACCOUNTS

for the year ended

31ST MARCH 2021

CHARITY REGISTRATION NUMBER

1189642

THE MIZEN FOUNDATION

CHARITY INFORMATION

Charity registered number:

1189642

Charity address:

11 Dallinger Road
Lee
London SE12 0TJ

Trustees:

Barry Mizen MBE
Michael Conway - Chairman
Clarence Eden Mitchell
Nicola Everson

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2021

The trustees present their report and the independently examined accounts for the year ended 31st March 2021.

Status:

The Mizen Foundation is a Charitable Incorporated Organisation governed by its constitution.

Trustees:

The trustees named on page 1 have served throughout the year. Appointment of the trustees is governed by the constitution of the charity.

Investment and Management Powers:

These are vested in the Trustees and are governed by the constitution of the charity.

Objects:

The objects of the Charitable Incorporated Organisation are to:-

1. To promote and support such exclusively charitable purposes as advance in life and help young people including without limitation by:
 - a) acting as a resource for young people up to the age of 24 by providing assistance and organising apprenticeship placements;
 - b) providing or assisting in the provision of activities that will enable young people to participate within the community as independent and responsible individuals;
 - c) promoting good citizenship;
 - d) providing or assisting in the provision of facilities and activities for recreation with the object of improving the quality of life in the community by working with sports clubs and teams;
 - e) advancing education;
 - f) promoting, but not proselytising, the possible benefits of Christian and other faiths in enabling the practice of forgiveness and tolerance in situations of conflict for the betterment of the wider community.
2. To promote the protection of people and the prevention of crime and relieve all those afflicted by violence or abuse in their own lives whether they are aggressors or victims or both including without limitation by:
 - a) empowering young people to develop the ability to manage anger and to develop skills in such a way that they are better able to identify, engage and participate more fully in society without resorting to violence;
 - b) by encouragement of greater public participation in the prevention and solution of crime with a view to the preservation of public order;
 - c) by assisting the police in measures designed to reduce the level of crime; and
 - d) including provision of peer support to those affected by violent crime.

THE MIZEN FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2021 (continued)

3. To promote any other purpose that is charitable in accordance with the laws of England and Wales that supports or assists young people and those affected by crime.

Activities:

During a challenging first year many of our planned core and development activities were curtailed through the less than normal life our country, and indeed the world, experienced with the COVID-19 pandemic. Despite this, the heart of the charity remained as the Mizen family, the narrative around the murder of Jimmy Mizen son and sibling of the founding family and continuing the work started in 2008 building on their vast experience. Indeed, it is not unreasonable to say that the founding message of the charity set out below has been even more relevant in the past year.

Forgiveness, Peace and Hope

The core work of the Mizen's since 2008 has been the delivery of the narrative around Jimmy through face-to-face programmes in schools and other young people organisations. This obviously came to a complete halt in March 2020 but by adapting to the use of technology and with a very limited number of COVID-19 safe face to face visits, the Foundation has continued to deliver its message. This year around 25 talks have been given which impacted close to 1,500 young people and around 300 adults. This is a significant achievement in what has been an enormously challenging year.

The schools work is a major source of funding and so the vastly reduced number of talks delivered significantly impacted the core funding of the charity. Additionally, our plans to develop sporting and corporate partnerships and the like have been held in abeyance since all organisations have been very much focused on managing the sustainability of their own businesses. We have not made applications to any COVID-19 related emergency funding and grants since we consider the need is greater for many charities and organisations closer to those grass root needs. However, we did organise a specific appeal to our supporters to enable the purchase of laptop and tablet computers for schools with which we have an association in the inner city. Twenty devices were donated.

However, during this difficult year, we have been overwhelmed by the level of support given by our supporters both old and new through generous direct giving and fund-raising events. Our thanks are extended to all those who have been involved with this effort without which our year may have been very different. The fundraising has supplemented the school's income to enable us to operate through this year within the level of overall income and finish the year with a very small surplus. This surplus has only been achieved by a number of people working for the charity foregoing salary payments for which we are hugely grateful.

Financial Results:

In the financial year ended 31st March 2021 on gross income was £41,911 with salaries and associated costs of £24,188 creating a surplus of £17,723. Allowing for a Reserve Fund of £3,000 and a Premises Reserve of £1,000 the resultant funds are available for distribution.


.....
MICHAEL CONWAY
Chairman of Trustees

THE MIZEN FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31ST MARCH 2021

In accordance with the terms of my appointment I have examined the accounts on page 5 which have been prepared under the accounting policies set out on page 6.

Respective responsibilities of the Trustees and Examiner:

The charity's trustees are responsible for the preparation of the accounts; they consider that the audit requirement under section 43 (2) of the Charities Act 1993 (the Act) does not apply. I have been appointed under Section 43 of the Act and report in accordance with regulations made under Section 44 of that Act. It is my responsibility to examine the accounts and statement, without performing an audit, and to report to the trustees.

Basis of Independent Examiner's Statement:

This report is in respect of an examination carried out under section 43 of the Act, and in accordance with the directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes a review of the accounts and making such enquiries as are necessary for the purposes of this report. The procedures undertaken do not constitute an audit.

Independent Examiner's Statement:

We have prepared, without audit, the financial statement on page 5 under the historical cost convention from the books and records of the Charity and from information supplied and can confirm that records have been kept in accordance with section 41 of the Act, and the accounts presented accord with those records or comply with the accounting requirements of the Act.


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WITHERS & CO.

2 Ambleside Avenue
Streatham
London SW16 6AD

THE MIZEN FOUNDATION

RECEIPTS AND PAYMENTS ACCOUNT – YEAR ENDED 31ST MARCH 2021

	2021	
	£	£
<u>RECEIPTS (Unrestricted)</u>		
Community and Events		2,174
Donations		32,142
Trading Income		6,250
Trusts and Foundations		1,345
		<u>41,911</u>
 <u>PAYMENTS</u>		
Overheads	2,701	
Office Administration	1,641	
Restricted Expenditure	411	
Salaries and Fees	19,435	
	<u> </u>	
		24,188
 <u>NET SURPLUS</u>		
		<u>17,723</u>
Bank balance at 31 st March 2021		<u>£17,723</u>
 <u>ACCUMULATED FUND</u>		
Bank balance at 1 st April 2020		----
Net income for the year		17,723
Balance carried forward		<u>£17,723</u>

THE MIZEN FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2021

1. ACCOUNTING POLICIES

a) Accounting Bases

These accounts have been prepared under the historical cost convention and in accordance with applicable accounting standards and the Statement of Recommended Practice on Accounting by Charities.

b) Income

All income from grants, donations, subscriptions are shown in the accounts in the year in which it is received. All income from fund raising activities are shown gross, with the associated costs included in fundraising costs.

c) Expenditure

All revenue expenditure is accounted for when incurred.

d) Value Added Tax

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Statement of Financial Activities.