

Registered Charity Number
1189636

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 December 2022
for
Northampton Irish Support Group

Cottons Accountants LLP
1 Billing Road
Northampton
Northamptonshire
NN1 5AL

Northampton Irish Support Group

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For The Year Ended 31 December 2022

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Northampton Irish Support Group

Report of the Trustees **For The Year Ended 31 December 2022**

The trustees present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1189636

Principal address

Alliston Gardens Youth & Community Centre
2 Adelaide Street
Northampton
NN2 6AR

Trustees

P J Franks	Treasurer
S Cramphorn	
K McDonnell	Line Manager
D McDonnell	Chairman
M Ganley	
D Franks	Secretary
T Houston	

Independent examiner

Cottons Accountants LLP
1 Billing Road
Northampton
Northamptonshire
NN1 5AL

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives are the promotion of social inclusion among elderly persons in the Northamptonshire area, who are excluded from society as a result of their old age, by providing an outreach service; visiting people in homes, offering support, information and advice and by providing events and weekly meet-ups which include keep-fit class, monthly meals, dinner dances and outings.

Northampton Irish Support Group

Report of the Trustees For The Year Ended 31 December 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

After an intense year in 2021 with lockdown and COVID restrictions to deal with, we wanted to continue working to get everyone's lives back to normal throughout 2022. Overall, the year has been a success and we have been able to open our doors to help people come together but also provide support with other aspects of life, such as housing, bills, birth/death certificates, technology, funeral arrangements, hospital appointments, wills and other legal documentation. We have worked to make people aware that we are always available for a range of different support and we have been able to reach more and more people throughout the year.

Our community lunches at the Fáilte Club on Tuesdays have grown and the atmosphere is always uplifting with lots of laughter and chatting amongst big groups of friends. We have seen the community in Northampton come together and engage in these weekly events, highlighting the importance of social interaction, particularly after having spent too long in isolation. Another important aspect of getting lives back to normal is physical fitness and so we have also enjoyed seeing the increasing numbers of people attending the Keep Fit class on Tuesday mornings at 11am before the lunch. Additionally, we are continuing to hold our big monthly meals where we do a larger lunch at cost price on a Tuesday. These are especially good for our members during the colder winter months and since the price of food has increased so much.

Our Thursdays are similarly uplifting and the Wellbeing Café continues to grow with numbers gradually increasing throughout 2022. The 11am walk around Abington Park is another opportunity for our members to venture out, enjoy some gentle exercise and get together. Although we are slightly limited by the weather during the colder months, this walk is an important aspect of the Thursday events. Following the walk, our Wellbeing Café is always a good place for tea/coffee, toasties, games, workshops/classes/talks and lots of chatting.

Throughout 2022, we have worked to build the Wellbeing Café up further with themed afternoons such as the Halloween Special where we carved pumpkins and decorated cakes and biscuits. In the last year, our Thursdays have had Tai Chi sessions, art classes, origami workshops, line dancing, chair yoga classes, games competitions and many more activities. We aim to provide something a little different each week but we do have our regular activities, such as bingo and knit and natter as well. We do often get requests for popular activities to come back and we are continuing to introduce new activities.

In March, Stories of Migration was officially released to the public. Stories of Migration tells the story of the journey of the Irish to Northampton over the past century and the part they have played in the town's history. A group of NISG members were able to attend a reception at the Guildhall the day before St Patrick's Day with the mayor. The flag was raised in honour of the book release and St Patrick's Day and there was a feature in Irish World and on the Radio Northampton.

The day after the release of Stories of Migration, we were able to host our first St Patrick's Day Dinner Dance after the lockdown and restrictions in 2021. It was an event to remember with an amazing turnout of over 100 people. There was a fantastic meal served to all our guests, followed by a brilliant Irish band and a lot of dancing. The event was hugely successful and brought the community together after having to miss out on the opportunity in the previous year. We were even able to help some of our more isolated members to attend despite their own restrictions limiting their ability to get out and about.

Over the summer, we held a Summer Party with light buffet food and more dancing. We also celebrated the Queen's Jubilee with many of our members being able to remember her inauguration. We had someone from NLive Radio attend one of our events in order to interview NISG members who could remember what they were doing for the Queen's coronation.

As we went into the autumn months, we continued to host themed events and finally in December we were able to host a Christmas Dinner Dance at the Kingsley Park Working Men's Club. This event was another huge success with over 100 guests, delicious food, festive cheer and a lot more dancing. These larger events allow us to bring together a wide range of the community with people making an extra special effort to attend in order to catchup with friends from all over the county.

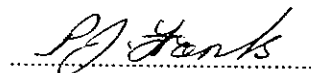
Our outreach service continues to be in demand, with our Community Development Manager assisting vulnerable community members with tasks such as lifts to medical appointments, visiting housebound people in their homes and assisting with tasks such as passport applications.

FINANCIAL REVIEW

Reserves policy

The main financial risk to the charity is loss of funding from the Irish Embassy's Emigrant Support Programme. These funds are held to cover 2 months of operational costs in the event of loss of income and to meet any unforeseen expenditure that may occur.

Approved by order of the board of trustees on30/01/23..... and signed on its behalf by:



P J Franks - Trustee

Independent Examiner's Report to the Trustees of
Northampton Irish Support Group

I report on the accounts for the year ended 31 December 2022, which are set out on pages four to nine.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

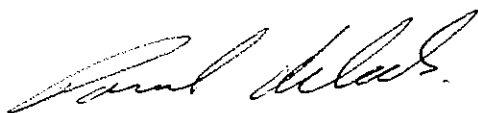
I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 130 of the Act; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of the Act; or
4. that there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Dan Roberts FCA
Cottons Accountants LLP
1 Billing Road
Northampton
Northamptonshire
NN1 5AL

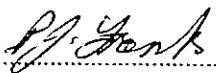
Date: 31/01/2023

Northampton Irish Support Group

Balance Sheet
At 31 December 2022

	Unrestricted funds £	Restricted fund £	31/12/22 Total funds £	31/12/21 Total funds £
FIXED ASSETS				
Tangible assets	398	-	399	597
CURRENT ASSETS				
Debtors	993	-	993	5,138
Cash at bank	<u>58,483</u>	<u>19,585</u>	<u>78,068</u>	<u>62,713</u>
	59,874	19,585	79,459	67,851
CREDITORS				
Amounts falling due within one year	<u>(552)</u>	-	<u>(552)</u>	<u>(1,313)</u>
NET CURRENT ASSETS	<u>59,322</u>	<u>19,585</u>	<u>78,907</u>	<u>66,538</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>59,322</u>	<u>19,585</u>	<u>78,907</u>	<u>67,135</u>
NET ASSETS	<u>59,322</u>	<u>19,585</u>	<u>78,907</u>	<u>67,135</u>
FUNDS				
Unrestricted funds			59,322	46,415
Restricted funds			<u>19,585</u>	<u>20,720</u>
TOTAL FUNDS			<u>78,907</u>	<u>67,135</u>

The financial statements were approved by the Board of Trustees on 30/01/23 and were signed on its behalf by:


.....
P J Franks - Trustee

The notes form part of these financial statements

Northampton Irish Support Group
Income and Expenditure Account
for the year ended
31st December 2022

	2022			2021
	£	£	£	£
<u>Income</u>	ESP	Other	Total	Total
Department of Foreign Affairs & Trade; Emigrant Support Programme	43,500	-	43,500	43,000
2019 Clawback due to unfilled post	0		0	0
Other Income/donations	-	33,811	33,811	19,319
	<u>43,500</u>	<u>33,811</u>	<u>77,311</u>	<u>62,319</u>
<u>Less: Expenses</u>				
Events	-	14,792	14,792	6,414
Trip	-	-	-	-
Wages	37,800	3,154	40,954	40,954
Rent	4,424	-	4,424	3,452
Insurance	611	-	611	608
Telephone	574	-	574	547
Printing, postage and stationery	-	2,369	2,369	570
Travel expenses	-	326	326	89
Sundry expenses	-	64	64	205
Accountancy	600	-	600	552
Professional fees	626	-	626	626
Depreciation	-	199	199	299
	<u>44,635</u>	<u>20,904</u>	<u>65,539</u>	<u>54,316</u>
Net surplus/(deficit) for the year	-1,135	12,907	11,772	8,003
<u>Funds accounts</u>				
Balance at 1 January 2022	<u>20,720</u>	<u>46,415</u>	<u>67,135</u>	<u>59,132</u>
Balance at 31 December 2022	<u>19,585</u>	<u>59,322</u>	<u>78,907</u>	<u>67,135</u>

ESP - Department of Foreign Affairs; Emigrant Support Programme

Northampton Irish Support Group
Income and Expenditure Account
ESP Grant 2022 six monthly breakdown

	£	£	£	£
	1st July -31st December 2021	1st January- 30th June 2022	1st July -31st December 2022	2022 Total
<u>Income</u>				
Grant Received	43,000	-	43,500	43,500
	43,000	0	43,500	43,500
<u>Less: Expenses</u>				
Wages	18,035	18,900	18,900	37,800
Rent	1,852	3,012	1,412	4,424
Insurance	608	-	611	611
Telephone	272	285	289	574
Printing, postage and stationery	0	0	0	0
Accountancy	-	600	0	600
Professional fees	313	313	313	626
	21,080	23,110	21,525	44,635
Net surplus/ (deficit) for the year	21,920	-23,110	21,975	-1,135
Balance of grant brought forward	-1,200	20,720	-2,390	20,720
Balance of grant carried forward	20,720	-2,390	19,585	19,585