

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	1	4	2022		31	3	2023

Section A

Reference and administration details

Charity name

Better Futures

Other names charity is known by

Registered charity number (if any) 1189590

Charity's principal address

20 Commercial Street

Thornton

Bradford

Postcode

BD13 3LW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Bose	Chair		Trustees
2	Pavandip Singh			
3	Shujaat Riaz			
4				
5				
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7				
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9				
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11				
12				
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14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

CIO

Trustee selection methods
(eg. appointed by, elected by)

Appointed by Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Summary of the objects of the charity set out in its governing document

The objectives of the CIO are :-

(1) To advance in life and relieve needs of young people through:

(a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life.

(b) Providing support and activities which develop their skills, capacities, and capabilities to enable them to participate in society as mature and responsible individuals.

(2) To promote and protect the physical and mental health of people living in the UK, by means of but not exclusively,

(a) advancing the education of the public in healthy eating, healthy living and good mental health.

(b) working with schools and agencies to increase levels of participation of the public in physical activity, including but not limited to multi-sports activities;

(c) providing health education, training and coaching courses which promote physical health and fitness.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- 1) Continue to Develop training packages (aimed at all ages) related to physical health and wellbeing.
- 2) Continued to build new partnerships with a range of organisations tasked with support Health and Fitness
- 3) Funding Applications submitted for work and projects 1/4/23 onwards.
- 4) Worked with a range of provision supporting development of sports and fitness sessions (all session supported were Better Futures commitment to volunteering our time and skills to deliver sporting activities on a volunteer basis).

We the Trustees Board confirm that we have had regard to the guidance issued by the Charity Commission on the Public Benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grant making.
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

- 1) Continue to offer services as Sports and Health Volunteers to local youth groups.
- 2) Provided support and guidance to local youth clubs and groups on Healthy Lifestyles and Actions
- 3) Delivered or support Fitness and sports programme to over 9 youth groups in the Bradford Are.

Please note that all the above services were provided free of charge and supported by Volunteers who have a sports or youth work background.

Section E Financial review

Brief statement of the charity's policy on reserves

The organisation requires free reserves to operate and fund essential running costs. i.e. – Promotion, Publicity, Admin, Insurance, management fees etc. (this will take effect once funding and contracts are agreed in 2023/24)

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Better Futures have over the last year provided support to other groups on a voluntary basis. We are in the process of looking at more substantial involvement by applying for essential running costs.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Paul Bose

Position (eg Secretary, Chair, etc)

Chair

Date

6/5/2023

Better Futures

Charity No:- 1189590

Financial Statements

for the year end 31March 2023

	2023 Unrestricted funds	2023 Restricted funds	2023 Total funds	2022 Total funds
Balance/FWD (21/22)	0	0	0	000.00
Income From:- (22/23)				
Grants				
Services	80.00	0	80.00	
Other Income	00.07	0	00.07	
Total Income 2022/23	80.07	0	80.07	000.00
Expenditure On:				
Activities/Projects/Events				
Management Fee (2)				
Youth Work Sessions				
Freelance				
Bank Charges	30	0		
DBS				
Publicity				
Equipment/Resources				
Room/Venue hire				
Insurance				
Stationary				
Petty cash				
Total Expenditure April 22/March 23	30.00	0	0	
Fund balance C/FWD	50.07	0	0	0
Fixed Assets	NONE			
Current Assets				
Cash at bank and in Hand	50.07	0	50.07	0
Totals	50.07	0	50.07	0

The Board of Trustee Approved the Financial Statement c

Date : 5/5/23

Signed  .

Name Paul Bose

Position : Chair