

# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day	Month	Year		Day	Month	Year

## Section A Reference and administration details

**Charity name**

Better Futures

**Other names charity is known by**

**Registered charity number (if any)** 1189590

**Charity's principal address**

20 Commercial Street

Thornton

Bradford

**Postcode**

**BD13 3LW**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Bose	Chair	15/11/21	Trustees
2	Pavandip Singh			Trustees
3	Shujaat Riaz			Trustees
4				
5				
6				
7				
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11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B      Structure, governance and management

**Description of the charity's trusts**

Type of governing document  
(eg. trust deed, constitution)

Constitution

How the charity is constituted  
(eg. trust, association, company)

CIO

Trustee selection methods  
(eg. appointed by, elected by)

Appointed by Trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Summary of the objects of the charity set out in its governing document**

The objectives of the CIO are :-

**(1) To advance in life and relieve needs of young people through:**

(a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;

(b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

**(2) To promote and protect the physical and mental health of people living in the UK, by means of but not exclusively,**

(a) advancing the education of the public in healthy eating, healthy living and good mental health.

(b) working with schools and agencies to increase levels of participation of the public in physical activity, including but not limited to Multi-sports activities;

(c) providing health education, training and coaching courses which promote physical health and fitness.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

- 1) Carried out needs analysis of current provision available in local areas. Contacts with Schools , Community Sports and Recreation Services, Health and wellbeing Projects (Bradford and its Environs)
- 2) Developing Web, social media and Publicity access for public access, Schools and Community provision.
- 3) Developing training packages (aimed at all ages) related to physical health and wellbeing.
- 4) Set up/developing discussions with key partnerships who provides of Health and Social Care provision in Bradford and its Environs.

***We the Trustees Board confirm that we have had regard to the guidance issued by the Charity Commission on the Public Benefit.***

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

- 1) Appointed new Chair who is familiar with the charities aims and objectives. Has a good understanding of requirements or the Commission etc.
- 2) Secured partnership arrangements with 3 Community Provisions in Bradford.
- 3) 3 Volunteers to support Mental Health and Physical wellbeing signed up and partly trained.
- 4) 1 x Trustee has attended training on Mental Health and wellbeing, is also Lead Safeguarding officer ( trained to Level 3)
- 5) Delivered 5 taster sessions (physical health) to organisations that would benefit from Better Futures Intervention.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The organisation requires free reserves to operate and fund essential running costs. i.e. – Promotion, Publicity, Admin, Insurance, management fees etc. (this will take effect once funding and contracts are agreed in 2022)

### Details of any funds materially in deficit

None

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Paul Bose

Position (eg Secretary, Chair, etc)

Chair

Date

26/3/2022

# **Better Futures**

Charity No:- 1189590

## **Financial Statements**

**for the year end 31March 2021**

	2021 Unrestricted funds	2021 Restricted funds	2021 Total funds	
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<b>Income From:-</b>				
Grants	0	0	0	
Other Income				
Trustees				
Contribution	350	0	350	
<b>Total Income 2019/20</b>	<b>350</b>	<b>0</b>	<b>350</b>	
<b>Expenditure On:</b>				
Activities/Projects/Events				
Management Fee (2)				
Youth Work Sessions				
Freelance	350			
Bank Charges				
DBS				
Publicity				
Equipment/Resources				
Room/Venue hire				
Insurance				
Stationary				
Petty cash				
<b>Total Expenditure April 19/March 20</b>	<b>350.00</b>	<b>350.00</b>	<b>350.00</b>	
<b>Fund balance C/FWD</b>	<b>350.00</b>	<b>350.00</b>	<b>350.00</b>	
Fixed Assets	NONE			
Current Assets				
Cash at bank and in Hand	0	0	0	
Grants (1)				
Loan (Trustees)	350.00		350	
<b>Totals</b>	<b>350</b>	<b>350</b>	<b>350</b>	



(1) Purpose Trustees Contribution (Free)

To pay for services of external professional's guidance setting up the charity CIO

The Board of Trustee Approved the Financial Statement on:-

Date :20/1/22

Signed

Name Paul Bose

Position : Chair

