

THE OUTRUNNERS CHARITY

England & Wales · Charity number 1189583

Details

Other names	OUTRUNNERS COMMUNITY CIC, Outrunners Youth
Status	Registered
Legal form	CIO
Registered	2020-05-20
Register	View on the Charity Commission register

Contact

Address	Unit 4 Echo Building East Bay Lane London E15 2SJ
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Website	www.theoutrunners.co.uk

Activities

Objects: THE OBJECT OF THE CIO IS:TO ACT AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 16 LIVING IN LONDON AND THE SURROUNDING AREAS BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:A) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;B) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.

Activities: We are an East London based charity that aims to help build young people's confidence and skills through our activities in the local area. We host weekly running sessions for 8 to 16 year olds as well as one to one mentoring and coaching. We also develop young people's career ambitions through career events, work experience and coaching.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Amateur Sport
- **Who:** Children/young People

Geography

- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£358,929	£304,269	-	-
2024-05-31	£231,417	£266,717	-	-
2023-05-31	£210,431	£162,053	-	-
2022-05-31	£151,013	£137,033	-	-
2021-05-31	£88,587	£61,259	-	-

Trustees

Name	Role	Appointed
Daniel Burnand	Chair	2020-05-20
Hamid Vaghefian		2024-06-03
Lauren Baker		2021-02-28
Rachel Solomon		2021-02-28
Samuel Browne		2024-06-03
Simon Wharton		2024-06-03

THE OUTRUNNERS CHARITY

England & Wales - Charity number 1189583

Accounts

**ANNUAL REPORTS AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2025**

**THE OUTRUNNERS
CHARITY**

(Charitable Incorporated Organisation)

CHARITY REGISTRATION No: 1189583

Castle View Accounting Ltd
Ground Floor Offices
53 High Street
Arundel
West Sussex
BN18 9AJ

THE OUTRUNNERS CHARITY
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THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1189583
DATE OF REGISTRATION	20th May 2020
START OF FINANCIAL YEAR	1st June 2024
END OF FINANCIAL YEAR	31st May 2025
TRUSTEES AT 31ST MAY 2025	Daniel Burnand Lauren Baker Rachel Solomon Simon Wharton (Appointed 3rd June 2024) Samuel Browne (Appointed 3rd June 2024) Hamid Vaghefian (Appointed 3rd June 2024)
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Foundation Registered 20th May 2020

OBJECTS

To act as a resource for young people up to 30 years old, who live in London and the surrounding areas, by providing advice, assistance and organising programmes of physical, educational and other activities in order to: **a)** - Help young people advance in life by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals; and **b)** - Provide recreational and leisure time activities in the interests of social welfare for people living in the area who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

CORRESPONDENCE ADDRESS	The Outrunners Charity Unit D.1.04 Echo Building Main Reception Hackney Bridge East Bay Lane London E15 2SJ
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PRIMARY BANKERS	Lloyds Bank Plc 25 Gresham Street London EC2V 7HN
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INDEPENDENT EXAMINERS	Castle View Accounting Ltd Ground Floor Offices 53 High Street Arundel West Sussex BN18 9AJ
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THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MAY 2025

Message From Our Founder and CEO Tyler Williams-Green

This has been a big year for The Outrunners. We've grown our programmes, strengthened our partnerships, and most importantly, seen hundreds of young people find confidence, joy and community through movement.

When we started this charity, our aim was simple: to make running and movement something every young person could enjoy — not just those who already felt welcome. This year, that mission came to life in so many powerful ways. Over 750 young people took part in our schools programme, more than 130 joined our weekly run clubs, and our work with young women continued to help people get active again after long breaks.

None of this would be possible without our amazing staff, volunteers, partners and funders. Your energy, belief and generosity keep this work moving forward every single day.

Looking ahead, we're excited to expand our schools programme even further, grow our Outrunners Academy, and strengthen our organisation so we can support even more young people across East London and beyond.

What We Do

Vision

A world where all young people have access to running, movement and all its benefits.

Need

We are focused on young people from non-dominant communities who are least likely to move due to deep-rooted inequalities.

Mission

To bring the transformative power of running & movement to young people from non-dominant communities. Widening their opportunities, building their confidence & skills.

Programmes

In-School Running Programmes

In April 2024 we launched our first innovative schools programme pilot in partnership with Nike's social community impact team. We deliver a 6-week structured programme across schools in Newham and Hackney with year 7 and 8 young people followed up with on-going after-school clubs and holiday clubs they can attend. We focus on young people who haven't enjoyed or engaged with physical activity in some time, particularly girls from ethically diverse backgrounds, inspiring them to start moving and loving it.

Youth Running Clubs

In partnership with local youth clubs and charities we host 3 weekly running clubs for 8 to 18-year-olds which are funded by the Go London fund. Our clubs are run by staff and supported by volunteers. Our volunteers are DBS checked and given training, as well as regular supervision.

In addition to training for races like Hackney Moves and The Big Mile, the running sessions help develop soft skills such as teamwork, communication as well as building confidence. They also provide a fun and safe space for the young people to engage with each other and link up with the wider community.

Running Clubs for Young Women

This year we continued our impactful running programme for Black and South Asian women aged 18 to 30 years. We worked with women who have not been physically active for a long time, supporting them to get back into movement.

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TRUSTEES' REPORT (Continued)
FOR THE YEAR ENDED 31ST MAY 2025

The impact We Have Made

Young people taking part in schools pilot program:

752 young people attended 294 sessions.

Young people taking part in our run clubs:

136 young people attended 157 sessions.

Young people taking part in our annual fun run:

40 young people took part.

Events and races we took young people to:

30 attended Black to the trails in May.

15 attended the Hackney School Run.

Delivered a full year of weekly sessions for:

- 1 group of 13–17-year-olds, and
- 2 groups of 8–12-year-olds, running during evenings and school holidays.

Outrunners Move:

30 women participated in a 6 week fitness, running and well-being programme, with a 80% completion rate.

We supported 4 women to complete coach training.

Outrunners Academy:

150 people from ethnically diverse backgrounds women took part, they fundraised 21k.

Volunteers who Supported Us:

50

Partners:

50+ partners engaged.

Feedback from Our Young People and Parents

- *"Everyone pushes each other and it's a great place to become a better runner whilst also meeting new people. I really enjoy running with The Outrunners and they have helped me reach targets in running that I didn't think I could reach!"*
- *"If I am not attending the Outrunners After School Club, then I would just be going for a run with my Mum in the park. Outrunners has become a part of my lifestyle"*
- *'Our coach is really nice and always very supportive. Even when we tried to give up, they always pushed us and helped us to improve!'*
- *Outrunners has been amazing for both Sara and Omar! I've noticed such an improvement in their fitness, energy, and confidence — they come home so happy after every session... The team is so supportive and patient, and it really means a lot."*
- *"It's such a great space for young people to be active and independent for a few hours, in a healthy and positive environment."*
- *"The Nike x Outrunners youth photoshoot was a fantastic experience — joyful, inclusive, and inspiring. The coaches created such a supportive atmosphere that made my son feel confident and part of something special. He absolutely loved it!"*

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TRUSTEES' REPORT (Continued) FOR THE YEAR ENDED 31ST MAY 2025

Stanley's Story

"I always felt like my purpose was to help others achieve their goals and pass on that baton, like others have before me and for me"

Growing up in Hackney, Stanley faced violence, fear and low confidence. Everything shifted when a friend introduced him to The Outrunners: what began as a casual, youth-led running session soon became a long-term commitment that helped transform his life. By 19, he had completed his first marathon and discovered a deep sense of purpose, community and belonging.

Within The Outrunners, Stanley found a safe and supportive space where he could rethink setbacks as "just a bump in the road." It was here that he built resilience, regained confidence, and navigated major life decisions — including the pivotal choice to step away from university and pursue a new direction.

Having first joined The Outrunners as a young participant on the youth programme, Stanley now plays a vital role in supporting the next generation as a Youth Practitioner. He draws on his lived experience and running journey to mentor, guide and champion young people walking similar paths.

At just 21, he describes The Outrunners as one of the "greatest gifts of his life" — a constant presence through key transitions: from childhood to adulthood, from participant to coach, and from uncertainty to purposeful next steps. His story reflects the organisation's long-term impact, not only on his life but on the wider community he now helps uplift.

Youth run club programme outcomes (Ages 13–18)

According to our impact surveys:

- **75%** strongly agreed: "By attending Outrunners, I have improved my physical fitness."
- **58%** now identify as runners.
- **82%** agree or strongly agree: "Outrunners makes me feel more positive in my day-to-day life."
- **67%** feel more confident moving and running.
- **99%** agree or strongly agree: "At the Outrunners, I feel like I have a community."
- **83%** strongly agree: "Since joining, I enjoy movement and exercise more."

Our Achievements This Year

Continuing our Partnership with Nike by Expanding an Innovative Schools Programme

This year we continued our innovative schools programme pilot, expanding it through building strong partnerships with 7 schools across Newham and Hackney, in areas where youth inactivity is a significant challenge. We delivered a structured 6-week programme to over 750 young people in year 7 and 8 which enabled progression, trust, ongoing attendance, improved activity levels and enjoyment in movement. We also trialled after-school and holiday clubs. Sessions were delivered by coaches young people can relate to and the availability of sports bras and hijabs meant we could engage many girls who were previously effectively excluded from participating fully.

Improved School Culture

"Running laps as a sanction is no longer working! Kids are enjoying running. The culture of running is unrecognisable - it's a credit to Outrunners."

"The park run on week 6 was a great success - and we have now embedded this into our own curriculum"

Supporting Life-Style Change

"If I'm not at the Outrunners club, I go for a run with my mum. It's part of my lifestyle."

82% of young people maintained or gained an identity as a "runner."

Increased Activities and Physical Well-Being

"I have more energy during the day and it helps me to sleep better because my body has done a lot of exercise."

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TRUSTEES' REPORT (Continued) FOR THE YEAR ENDED 31ST MAY 2025

"My coach taught me breathing techniques and helped me find ways to enjoy running. I now go to the club every week."

75% of young people reported maintained or increased physical activity levels.

Improved Mental Well-Being and Focus

The Outrunners has helped me in every aspect... I am mentally stronger and it has helped me build [my] resilience."

"The Outrunners sessions were really really fun! It boosted my energy levels, I can concentrate more in Maths "

65% of young people reported a maintained or improved focus and attention in school.

Launching our Third Outrunners Academy

We launched our third Outrunners academy with 130 Female runners from underrepresented backgrounds completing either the Hackney half marathon and London Marathon in 2025. The London Marathon supported us again with free spots and we recruited people to take part. Our academy was powered by Nike with a series of training events, training plans, free kit and a celebration event post-marathon. As well increasing the diversity at the event our runners raised over 21k to support our work, a 10k increase year on year.

Making an Impact with Our Programmes

We've continued to deliver our running clubs for young people with 3 groups meeting weekly. We deliver our own groups as well as working with youth clubs and charity partners across East London. Our groups are for 8 to 13 year olds and 13 to 18 year olds.

In the Summer we put on our 4th successful fun run with 35 young people from our community, bringing young people and adults together to take part in our 1 mile, 5k and 10k races. This event was sponsored by our partner, Moju and brought people together, gave young people and young women in our programmes a race to train for. We're grateful to our partners Moju, Nike, Proper, Fiit and Caravan for supporting our event.

Offering Young People Unique and Exciting Opportunities

Through our partnerships we were able to offer young people and young women exciting opportunities including attending Nike events, running cross country with the black trail runners, taking part in festivals like Black girl fest, and spending a day at Wimbledon learning how to play tennis.

Helping People Achieve Their Goals and Raising Vital Funds

We continued to give our young people and adult runners opportunities to take part in races across the year including Hackney Moves, the Big half, Love trails festival, the London Marathon and our fun run. Some of our 17 year olds completed their first marathon this year. An incredible achievement.

Supported by Over 50 Incredible Volunteers

Our volunteers have continued to support us to deliver our programmes, helped us to deliver events like our fun run and raising money to support our work and we can't thank them enough for everything they do.

Looking Forward

Next year, we're excited to complete our school programme pilot across Hackney and Newham, with a goal of reaching 1,000 young people. We will take everything we've learned from this pilot and use it to grow into more schools through our brilliant partnership with Nike's community team — creating even more life-changing opportunities for young people.

We're also building on the success of our Outrunners Academy, powered by Nike. This year, for the first time, we'll be training a group of young people alongside our adult runners. We'll support them to reach their goals, learn what works best for them, and use those insights to expand the academy in future years.

And we're not stopping there. We'll be reviewing our strategy and strengthening our infrastructure so we're ready for the next stage of our growth — ensuring we can continue transforming the lives of even more young people across East London and beyond.

THE OUTRUNNERS CHARITY
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TRUSTEES' REPORT (Continued)
FOR THE YEAR ENDED 31ST MAY 2025

Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable Law and the Generally Accepted Accounting Principles (GAAP) including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The Charities Act 2011 require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue in existence.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Governing Document. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

24.03.2026

Approved by the Trustees on

Signed on their behalf by Trustee 

Printed Name:

LAUREN BAKER

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MAY 2025**

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2024/25 £	TOTAL 2023/24 £
INCOMING RESOURCES					
Incoming Resources from Generated Funds					
Donations, Grants & Legacies	3a	138,992	156,209	295,201	173,340
Charitable Activities	3b	55,407	-	55,407	53,807
Activities for Generating Funds	3c	8,320	-	8,320	4,270
Investment Income	3d	1	-	1	-
TOTAL INCOMING RESOURCES		202,720	156,209	358,929	231,417
RESOURCES EXPENDED					
Costs of Generating Funds					
Cost of Charitable Activities	4a	176,021	124,439	300,460	258,844
Costs of Generating Funds	4b	471	-	471	-
Governance Costs	4c	3,338	-	3,338	7,873
TOTAL RESOURCES EXPENDED		179,830	124,439	304,269	266,717
NET INCOMING (OUTGOING) RESOURCES		22,889	31,770	54,659	(35,300)
Funds Brought Forward		45,016	9,370	54,386	89,686
Transfer Between Funds		(60)	60	-	-
TOTAL FUNDS CARRIED FORWARD		67,845	41,200	109,045	54,386

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 11 to 17 form part of these financial statements.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 31ST MAY 2025

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 31-May-25 £	TOTAL 31-May-24 £
Fixed Assets					
Tangible Assets	2	-	-	-	526
Investments	6	-	-	-	-
Total Fixed Assets		-	-	-	526
Current Assets					
Debtors & Prepayments	8	13,721	-	13,721	1,285
Cash at Bank and in Hand	7	62,260	41,200	103,460	57,106
Total Current Assets		75,981	41,200	117,181	58,391
Creditors: Amounts falling due within one year	9	8,136	-	8,136	4,531
NET CURRENT ASSETS		67,845	41,200	109,045	53,860
TOTAL ASSETS less current liabilities		67,845	41,200	109,045	54,386
Creditors: Amounts falling due in more than one year	10	-	-	-	-
NET ASSETS		67,845	41,200	109,045	54,386
Funds of the Charity					
General Funds		67,845	-	67,845	45,016
Restricted Funds	5	-	41,200	41,200	9,370
Total Funds		67,845	41,200	109,045	54,386

Approved by the Trustees on 24.03.2026

Signed on their behalf by Trustee 

Printed Name:

LAUREN BAKER

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2025**

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2015) (Second Edition, effective 1st January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

THE OUTRUNNERS CHARITY

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NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MAY 2025

1. ACCOUNTING POLICIES (continued)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Unrestricted Funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted Funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated Funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings & Equipment	25% - Reducing Balance Basis
Computer Equipment	25% - Straight Line Basis

2. TANGIBLE FIXED ASSETS

		Computer Equipment £	General Equipment £	Total 2024/25 £
Cost	01-Jun-24	2,110	-	2,110
Additions		-	-	-
Net Book Value at	31-May-25	2,110	-	2,110
Depreciation	01-Jun-24	1,584	-	1,584
Charge		526	-	526
Depreciation at	31-May-25	2,110	-	2,110
Net Book Value	31-May-25	-	-	-
Net Book Value	31-May-24	526	-	526

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st May 2025: None

31st May 2024: None

THE OUTRUNNERS CHARITY
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NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2025

3. INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	TOTAL 2024/25 £	TOTAL 2023/24 £
a) Donations, Grants & Legacies				
Gift Aid Tax Recovered	-	-	-	10
Gifts & Donations	103,932	1,639	105,571	98,112
Grants Received	35,060	154,570	189,630	75,218
	138,992	156,209	295,201	173,340
b) Charitable Activities				
Activities & Events	55,407	-	55,407	53,807
	55,407	-	55,407	53,807
c) Activities for Generating Funds				
Merchandise Sales	8,320	-	8,320	4,270
	8,320	-	8,320	4,270
d) Investment Income				
Interest	1	-	1	-
	1	-	1	-

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NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2025

4. RESOURCES EXPENDED

		Unrestricted Funds £	Restricted Funds £	TOTAL 2024/25 £	TOTAL 2023/24 £
a) Cost of Charitable Activities					
Activities & Events		49,862	4,765	54,627	36,324
Advertising & Marketing		678	-	678	701
Bank Charges		185	-	185	119
Cleaning Costs		2,050	-	2,050	1,777
Consultancy Costs		13,416	-	13,416	8,668
Depreciation Expense		526	-	526	528
Equipment Costs		444	-	444	616
Insurance Costs		335	-	335	332
License & Subscriptions		3,085	-	3,085	3,705
Office Costs		2,519	-	2,519	5,056
Rent & Rates		14,902	-	14,902	10,084
Repairs & Maintenance		386	-	386	170
Staff Costs	12	82,127	119,674	201,801	183,473
Sundry Expenses		-	-	-	1,849
Telephone Costs		1,962	-	1,962	1,363
Training Costs		840	-	840	600
Travel & Subsistence		2,704	-	2,704	3,479
		176,021	124,439	300,460	258,844

b) Cost of Generating Funds

Merchandise Costs		471	-	471	-
		471	-	471	-

c) Governance Costs

Independent Examiners Fees	9	1,260	-	1,260	1,080
Legal & Professional Fees		2,078	-	2,078	6,793
		3,338	-	3,338	7,873

THE OUTRUNNERS CHARITY
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NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2025

5. RESTRICTED FUNDS

CURRENT FINANCIAL YEAR

	Balance 01-Jun-24	Income	Expenditure	Transfers	Balance 31-May-25
	£	£	£	£	£
Elevate Fund	-	1,039	1,039	-	-
Garfield Weston Fund	-	30,000	5,000	-	25,000
Go London Fund	9,370	8,220	17,650	60	-
Homerton College Fund	-	600	600	-	-
Nike Retail UK Fund	-	100,150	100,150	-	-
Youth Sport Trust	-	16,200	-	-	16,200
	9,370	156,209	124,439	60	41,200

PREVIOUS FINANCIAL YEAR

	Balance 01-Jun-23	Income	Expenditure	Transfers	Balance 31-May-24
	£	£	£	£	£
Go London Fund	-	17,190	7,820	-	9,370
London Community Foundation	-	4,433	4,433	-	-
Loughborough University	-	1,000	1,000	-	-
Nike Retail UK Fund	-	48,785	48,785	-	-
The Gosling Foundation	-	2,500	2,500	-	-
	-	73,908	64,538	-	9,370

The Restricted Funds held are wholly represented by the Charity's Cash Reserves and are to be expended as specified above.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2025

6. INVESTMENTS

The CIO held no fixed assets investments during this or the previous financial period.

7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	TOTAL 31-May-25 £	TOTAL 31-May-24 £
Cash at Bank & in Hand	62,260	41,200	103,460	57,106
	62,260	41,200	103,460	57,106

8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	TOTAL 31-May-25 £	TOTAL 31-May-24 £
Sundry Debtors	13,721	-	13,721	1,285
	13,721	-	13,721	1,285

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	TOTAL 31-May-25 £	TOTAL 31-May-24 £
Independent Examiners Fees	1,260	-	1,260	1,080
PAYE & NI	6,876	-	6,876	3,451
	8,136	-	8,136	4,531

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this or the previous financial period.

11. NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	TOTAL 31-May-25 £	TOTAL 31-May-24 £
Fixed Asset Investments	-	-	-	526
Net Current Assets	67,845	41,200	109,045	53,860
Long Term Liabilities	-	-	-	-
	67,845	41,200	109,045	54,386

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2025

12. STAFF COSTS AND NUMBERS

	TOTAL 2024/25 £	TOTAL 2023/24 £
Gross Wages, Salaries & Fees	187,401	171,558
Employer's National Insurance Costs	11,356	8,828
Pension Contributions	3,044	3,086
	201,801	183,473

Employees who were engaged in each of the following activities:

	TOTAL 2024/25	TOTAL 2023/24
Charitable Activities	11	7

The Charity operate a PAYE Scheme to pay all employed members of staff and no members of staff received emoluments of over £60,000 (2023/24:None).

13. TRUSTEES AND OTHER RELATED PARTIES

No payments were made to trustees or any persons connected with them during this financial period. No other material transaction took place between the organisation and a trustee or any person connected with them.

14. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of The Outrunners Charity on the accounts for the year ended 31st May 2025 set out on pages 9 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K. Collaku MAAT
Castle View Accounting Ltd
Ground Floor Offices
53 High Street
Arundel
West Sussex
BN18 9AJ



Date: 27th March 2026

THE OUTRUNNERS CHARITY

England & Wales - Charity number 1189583

Accounts

**ANNUAL REPORTS AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2024**

**THE OUTRUNNERS
CHARITY**

(Charitable Incorporated Organisation)

CHARITY REGISTRATION No: 1189583

Castle View Accounting Ltd
Ground Floor Offices
53 High Street
Arundel
West Sussex
BN18 9AJ

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

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THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1189583
DATE OF REGISTRATION	20th May 2020
START OF FINANCIAL YEAR	1st June 2023
END OF FINANCIAL YEAR	31st May 2024
TRUSTEES AT 31ST MAY 2024	Daniel Burnand Lauren Baker Rachel Solomon
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Foundation Registered 20th May 2020

OBJECTS

To act as a resource for young people up to 30 years old, who live in London and the surrounding areas, by providing advice, assistance and organising programmes of physical, educational and other activities in order to: **a)** - Help young people advance in life by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals; and **b)** - Provide recreational and leisure time activities in the interests of social welfare for people living in the area who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

CORRESPONDENCE ADDRESS	Unit 4 Echo Building East Bay Lane London E15 2SJ
PRIMARY BANKERS	Lloyds Bank Plc 25 Gresham Street London EC2V 7HN
INDEPENDENT EXAMINERS	Castle View Accounting Ltd Ground Floor Offices 53 High Street Arundel West Sussex BN18 9AJ

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MAY 2024

Message from our founder and CEO Tyler Williams-Green

As we reflect on the past year, I feel really proud of what we have achieved together at Outrunners. The young people in East London are full of incredible drive, energy, and creativity, yet many face barriers that prevent them from reaching their full potential. The inactivity crisis is one of the major challenges that stands in their way, limiting access to opportunities that promote health, development, and growth.

This year, we've worked tirelessly to address this issue. Through the power of running and movement, we've been able to provide young people and their wider communities with the tools they need to improve their physical and mental wellbeing, enhance their social and emotional skills, and open doors to new opportunities. By bringing them together in shared experiences, we've helped foster stronger connections, building confidence and resilience that extends far beyond the track.

With the support of our partners and running community we've made significant strides towards driving lasting change. But this is just the beginning. We are focused on meeting young people where they are by testing and expanding our programmes in schools and communities - empowering young people to get moving, to unlock their potential, and to chase their dreams. As we continue on this path, we remain committed to creating a more inclusive and diverse running world, where everyone, regardless of background, has the opportunity to thrive.

The impact we've seen this year is a testament to the passion and dedication of our team, our partners, and most importantly, the young people who have joined us in this journey. I am excited for the year ahead and the incredible possibilities we can unlock together.

Thank you for your continued support, and for believing in the power of movement to transform lives.

What We Do

Vision

All young people in London have equal access to running & movement and the support to thrive.

Need

We are focused on young people from non-dominant communities who are least likely to move due to deep-rooted inequalities.

Mission

To bring the transformative power of running & movement to young people from non-dominant communities aged 8+. Widening their opportunities, building confidence & skills and bringing diversity to the wider UK running community.

Programmes

Youth Running Clubs

In partnership with local youth clubs, charities and Nike we host 5 weekly running groups for 8 to 18-year-olds, to provide support and lend our expertise to under-resourced organisations. Our clubs are run by staff and supported by volunteers. Our volunteers are DBS checked and given training, as well as regular supervision.

In addition to training for races like the Vitality Big Mile, the running sessions help develop soft skills such as teamwork, communication as well as building confidence. They also provide a fun and safe space for the young people to engage with each other and link up with the wider community. In 2023 we launched a new running programme called Outrunners Youth, in partnership with Nikes community team, for Black and South Asian girls aged 13 to 18 years who were not currently physically active, supporting them to get back into movement.

In-school Running Programmes

In April 2024 we launched our first pilot schools programme in partnership with Nike's community team. We are building on what we have learnt and meeting more young people where they are. We are focusing on young people who haven't enjoyed or engaged with physical activity in some time, inspiring them to start moving and loving it.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued)
FOR THE YEAR ENDED 31ST MAY 2024

Running Clubs for Young Women

In 2023 we launched a new running programme for Black and South Asian women aged 18 to 30 years, in partnership with Nike's community team. We work with women who have not been physically active for a long time, supporting them to get back into movement.

The impact we have made

Young people taking part in our run clubs:

186 young people attended **121** sessions totalling

Young people taking part in schools pilot program:

102 young people attended **66** sessions

Events and races we took young people to:

32 went to Black to the trails in July

12 went to Love Trails in July

16 did the Big Half in September

20 did the Hackney School Run

150 did our Fun Run

Outrunners Move and Outrunners Youth programmes:

51 women and girls participated in a 10 week Outrunners programme, with a **92%** completion rate.

100% of participants who completed the course and were surveyed expressed a wish to or were already actively regularly exercising in their everyday life.

We supported **4** women to complete coach training.

Outrunners Academy:

150 people from ethnically diverse backgrounds women took part, they fundraised 11k

Volunteers who Supported Us:

50

Partners:

50+ partners engaged

Words from our Young People and Women

Feedback from women who completed our 10-week Move programme:

"a once in a lifetime experience."

"life-changing."

"I don't care what others think because we are in this together."

"The coaches were amazing, the vibes were awesome and just the sisterhood. I loved it."

"It showed me I am capable of so much."

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued) FOR THE YEAR ENDED 31ST MAY 2024

Girls who took part in our 10-week Outrunners Youth Programme:

"Because of you, I am now motivated enough and have proved to myself that I am capable and that I can run and do sports, so thank you. Thank you for making me fitter and happier."

"One of the best times of my life."

"Learning from the other girls. That was the most important thing for me."

"I'm confident to speak out loud."

Women we Supported to become Trained Coaches

'It's about normalising it. Not many coaches look like me. So, I want to make it more normal.'

Amina's story

Amina enjoyed rock climbing but went very infrequently because it was unaffordable. She also couldn't run due to painful shin splints. She was attracted to Outrunners Move because it offered many activities, but she didn't expect to enjoy running: "I went into it thinking, I'm not running. I don't want to be a runner". By the end of the ten weeks, she had changed. Running resolved the financial constraints preventing her from exercising: "Once you're kitted out, running is free, you can do it whenever you want". She realised the problems caused by wearing cheap, poor-quality shoes. Her shin pain disappeared quickly when she began using the Nike trainers provided by The Outrunners. Having suitable kit also helped her feel more included: "They provided sports hijabs, and they gave us the option of modest sportswear - it just felt like I wasn't having to ask for these things." Amina has started running in the mornings and describes how it helps to improve her mental health and cope with difficult situations: "There was a lot going on in my personal life. One day, I just realised, wait, I can just go for a run... Being able to carve out some time for myself and just to step out and run, was great. It has been really grounding for me... Running in the morning, even just for half an hour, makes me feel so different in the day. I feel more alert, more awake... It makes me hungrier, so I'm eating healthier."

Our Achievements This Year

Successfully Delivering our First Programmes in Partnership with Nike

This year was an exciting year for The Outrunners. We delivered and evaluated two new programmes, Outrunners Youth and Outrunners Move in partnership with Nike's community team. We worked with Black and South Asian girls aged 13 to 18 years and young women aged 18 to 30 who are not currently physically active. We wanted to inspire them to start moving and feel all the benefits that it brings. We designed holistic movement programmes tailored to their age and needs with lots of variety, including yoga, Pilates, running, nutrition, access to external trainers and speakers, Nike kit and more. To extend the impact of our programmes we also identified young women from our Move programme who wanted to train as coaches and make a difference in their community. The experiences of the girls and women were overwhelmingly positive. Nearly all of them completed the course, and several described their experience as life-changing. They were all either regularly exercising or wanting to by the end of their course. We trained 4 new coaches in total.

Launching our Second Outrunners Academy

We launched our second Outrunners academy, growing it from 20 runners in 2023 to 150 runners from underrepresented backgrounds completing the London Marathon in 2024. Despite London being very diverse only 11% of the people who take part in the London Marathon are from underrepresented communities. The London Marathon supported us again with free spots and we recruited people to take part. Our academy was powered by Nike with a series of training events, training plans, free kit and a celebration event post-marathon. As well as increasing the diversity at the event our runners raised over 11k to support our work.

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued) FOR THE YEAR ENDED 31ST MAY 2024

Making an Impact with Our Programmes

We've continued to deliver and grow our running clubs for young people with 3 groups meeting weekly. We deliver our own groups as well as working with youth clubs and charity partners across East London. Our groups are for 8 to 13 year olds and 13 to 18 year olds.

In the Summer we put on another successful fun run with 150 young people from our community, bringing young people and adults together to take part in our 1 mile, 5k and 10k races. This event brought people together, gave young people and young women in our programmes a race to train for and raised 5k for our work. We're grateful to our partners Nike, Sports direct, Moju, Proper, Fit and Caravan for supporting our event.

Offering Young People Unique and Exciting Opportunities

Through our partnerships we were able to offer young people and young women exciting opportunities including attending Nike events, running cross country with the black trail runners and spending a day at Wimbledon learning how to play tennis.

Helping People Achieve Their Goals and Raising Vital Funds

We continued to give our young people and adult runners opportunities to take part in races across the year including Hackney Moves, the Big half, Love trails festival, the London Marathon and our fun run. Some of our 17 year olds completed their first half marathon this year. An incredible achievement.

Supported by Over 50 Incredible Volunteers

Our volunteers have continued to support us to deliver our programmes, helped us to deliver events like our fun run and raising money to support our work and we can't thank them enough for everything they do.

Looking Forward

This year, we're looking forward to completing our pilot program across schools in Hackney and Newham, taking our mission to new heights and reaching even more young people who need us the most. Through our incredible partnership with Nike's community team, we're creating life-changing opportunities and making an even bigger impact.

We're energised to build on the success of our Outrunners Academy, powered by Nike, and we have something special in store: this year, we'll be introducing a half marathon alongside the iconic London Marathon to ensure that more women than ever can get involved, chase their goals, and celebrate their achievements.

Our annual fun run is set to go bigger and better than ever before, with our entire community coming together to run, celebrate, and inspire one another.

And we're not stopping there! We'll be reviewing our strategy and infrastructure to ensure we're ready for the future, so we can continue transforming the lives of even more young people in East London and beyond.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued)
FOR THE YEAR ENDED 31ST MAY 2024

Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable Law and the Generally Accepted Accounting Principles (GAAP) including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The Charities Act 2011 require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue in existence.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Governing Document. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 18/03/25

Signed on their behalf by Trustee 

Printed Name: LAUREN BAKER

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MAY 2024**

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2023/24 £	TOTAL 2022/23 £
INCOMING RESOURCES					
Incoming Resources from Generated Funds					
Donations, Grants & Legacies	3a	116,622	56,718	173,340	208,662
Charitable Activities	3b	36,617	17,190	53,807	375
Activities for Generating Funds	3c	4,270	-	4,270	1,393
Investment Income	3d	-	-	-	-
TOTAL INCOMING RESOURCES		157,509	73,908	231,417	210,431
RESOURCES EXPENDED					
Costs of Generating Funds					
Cost of Charitable Activities	4a	194,306	64,538	258,844	159,988
Governance Costs	4b	7,873	-	7,873	2,065
TOTAL RESOURCES EXPENDED		202,179	64,538	266,717	162,053
NET INCOMING (OUTGOING) RESOURCES		(44,670)	9,370	(35,300)	48,378
Funds Brought Forward		89,686	-	89,686	41,308
TOTAL FUNDS CARRIED FORWARD		45,016	9,370	54,386	89,686

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 11 to 17 form part of these financial statements.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 31ST MAY 2024

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 31-May-24 £	TOTAL 31-May-23 £
Fixed Assets					
Tangible Assets	2	526	-	526	1,054
Investments	6	-	-	-	-
Total Fixed Assets		526	-	526	1,054
Current Assets					
Debtors & Prepayments	8	1,285	-	1,285	-
Cash at Bank and in Hand	7	47,736	9,370	57,106	90,179
Total Current Assets		49,021	9,370	58,391	90,179
Creditors: Amounts falling due within one year	9	4,531	-	4,531	1,547
NET CURRENT ASSETS		44,490	9,370	53,860	88,632
TOTAL ASSETS less current liabilities		45,016	9,370	54,386	89,686
Creditors: Amounts falling due in more than one year	10	-	-	-	-
NET ASSETS		45,016	9,370	54,386	89,686
Funds of the Charity					
General Funds		45,016	-	45,016	89,686
Restricted Funds	5	-	9,370	9,370	-
Total Funds		45,016	9,370	54,386	89,686

Approved by the Trustees on 18/03/25

Signed on their behalf by Trustee *CP Baker*

Printed Name:

LAUREN BAKER

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2024**

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2015) (Second Edition, effective 1st January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2024

1. ACCOUNTING POLICIES (continued)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings & Equipment	25% - Reducing Balance Basis
Computer Equipment	25% - Straight Line Basis

2. TANGIBLE FIXED ASSETS

		Computer Equipment £	General Equipment £	Total 2023/24 £
Cost	01-Jun-23	2,110	-	2,110
Additions		-	-	-
Net Book Value at	31-May-24	2,110	-	2,110
Depreciation	01-Jun-23	1,056	-	1,056
Charge		528	-	528
Depreciation at	31-May-24	1,584	-	1,584
Net Book Value	31-May-24	526	-	526
Net Book Value	31-May-23	1,054	-	1,054

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st May 2024: None

31st May 2023: None

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MAY 2024

3. INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	TOTAL 2023/24 £	TOTAL 2022/23 £
a) Donations, Grants & Legacies				
Gift Aid Tax Recovered	10	-	10	2,500
Gifts & Donations	97,112	1,000	98,112	105,772
Grants Received	19,500	55,718	75,218	100,390
	116,622	56,718	173,340	208,662
b) Charitable Activities				
Activities & Events	36,617	17,190	53,807	375
	36,617	17,190	53,807	375
c) Activities for Generating Funds				
Merchandise Sales	4,270	-	4,270	1,393
	4,270	-	4,270	1,393
d) Investment Income				
Interest	-	-	-	-
	-	-	-	-

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2024

4. RESOURCES EXPENDED

		Unrestricted Funds £	Restricted Funds £	TOTAL 2023/24 £	TOTAL 2022/23 £
a) Cost of Charitable Activities					
Activities & Events		34,044	2,280	36,324	21,783
Advertising & Marketing		701	-	701	1,272
Bank Charges		119	-	119	63
Consultancy Costs		8,668	-	8,668	5,631
Depreciation Expense		528	-	528	528
Equipment Costs		616	-	616	1,146
Insurance Costs		332	-	332	545
License & Subscriptions		3,705	-	3,705	712
Office Costs		6,833	-	6,833	5,697
Rent & Rates		10,084	-	10,084	7,678
Staff Costs	12	121,215	62,258	183,473	104,546
Sundry Expenses		2,019	-	2,019	505
Telephone Costs		1,363	-	1,363	2,192
Training Costs		600	-	600	3,718
Travel & Subsistence		3,479	-	3,479	3,973
		194,306	64,538	258,844	159,988
b) Governance Costs					
Independent Examiners Fees	9	1,080	-	1,080	900
Legal & Professional Fees		6,793	-	6,793	1,165
		7,873	-	7,873	2,065

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2024

5. RESTRICTED FUNDS

CURRENT FINANCIAL YEAR

	Balance 01-Jun-23 £	Income £	Expenditure £	Transfers £	Balance 31-May-24 £
Go London Fund	-	17,190	7,820	-	9,370
London Community Foundation	-	4,433	4,433	-	-
Loughborough University	-	1,000	1,000	-	-
Nike Retail UK Fund	-	48,785	48,785	-	-
The Gosling Foundation	-	2,500	2,500	-	-
	-	73,908	64,538	-	9,370

The Restricted Funds held are wholly represented by the Charity's Cash Reserves and are to be expended as specified above.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2024

6. INVESTMENTS

The CIO held no fixed assets investments during this or the previous financial period.

7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	TOTAL 31-May-24 £	TOTAL 31-May-23 £
Cash at Bank & in Hand	47,736	9,370	57,106	90,179
	47,736	9,370	57,106	90,179

8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	TOTAL 31-May-24 £	TOTAL 31-May-23 £
Sundry Debtors	1,285	-	1,285	-
	1,285	-	1,285	-

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	TOTAL 31-May-24 £	TOTAL 31-May-23 £
Independent Examiners Fees	1,080	-	1,080	900
PAYE & NI	3,451	-	3,451	647
	4,531	-	4,531	1,547

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this or the previous financial period.

11. NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	TOTAL 31-May-24 £	TOTAL 31-May-23 £
Fixed Asset Investments	526	-	526	1,054
Net Current Assets	44,490	9,370	53,860	88,632
Long Term Liabilities	-	-	-	-
	45,016	9,370	54,386	89,686

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2024

12. STAFF COSTS AND NUMBERS

	TOTAL 2023/24 £	TOTAL 2022/23 £
Gross Wages, Salaries & Fees	167,279	95,439
Employer's National Insurance Costs	8,828	4,379
Pension Contributions	7,366	4,728
	183,473	104,546

Employees who were engaged in each of the following activities:

	TOTAL 2023/24	TOTAL 2022/23
Charitable Activities	7	4

The Charity operate a PAYE Scheme to pay all employed members of staff and no members of staff received emoluments of over £60,000 (2022/23:None).

13. TRUSTEES AND OTHER RELATED PARTIES

During the financial year Miss Georgia Witter (Relative to Trustee Mr Daniel Burnand) received £14,881 (2022/23:£29,000) in salary related payments in furtherance of the Charity's objects. The Charity Trustees obtained approval from the Charity Commission and all conflicts of interest have been identified, documented and managed accordingly.

No other payments were made to trustees or any persons connected with them during this financial period. No other material transaction took place between the organisation and a trustee or any person connected with them.

14. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of The Outrunners Charity on the accounts for the year ended 31st May 2024 set out on pages 9 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

W.M Hall LLB
Castle View Accounting Ltd
Ground Floor Offices
53 High Street
Arundel
West Sussex
BN18 9AJ



Date: 25th March 2025

THE OUTRUNNERS CHARITY

England & Wales - Charity number 1189583

Accounts

**ANNUAL REPORTS AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2023**

**THE OUTRUNNERS
CHARITY**

(Charitable Incorporated Organisation)

CHARITY REGISTRATION No: 1189583

Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

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THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1189583
DATE OF REGISTRATION	20th May 2020
START OF FINANCIAL YEAR	1st June 2022
END OF FINANCIAL YEAR	31st May 2023
TRUSTEES AT 31ST MAY 2023	Daniel Burnand Lauren Baker Rachel Solomon
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Foundation Registered 20th May 2020

OBJECTS

To act as a resource for young people up to 30 years old, who live in London and the surrounding areas, by providing advice, assistance and organising programmes of physical, educational and other activities in order to: **a)** - Help young people advance in life by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals; and **b)** - Provide recreational and leisure time activities in the interests of social welfare for people living in the area who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

CORRESPONDENCE ADDRESS	Unit 4 Echo Building East Bay Lane London E15 2SJ
PRIMARY BANKERS	Lloyds Bank Plc 25 Gresham Street London EC2V 7HN
INDEPENDENT EXAMINERS	Castle View Accounting Ltd New Barn Mudberry Lane Bosham Chichester West Sussex PO18 8TS

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MAY 2023

Within the space of seven years, The Outrunners has developed from being an East London running club to a community group and then to a full-blown charity, under the leadership of its founder Tyler Williams-Green.

As a certified running coach, Tyler started the club in 2015 to direct his passion for running. But he also wanted to use his 17 years of youth work experience to link the club members to the wider community. As membership grew, Tyler found ways for the runners to help support local young people.

Together with early Outrunners' member Laura Murphy, who has 17 years' marketing experience, Tyler founded The Outrunners Community Interest Company (CIC) in 2017 to develop and deliver a formal programme for young people, including careers events and a youth running club.

The CIC was a great success and fuelled the organisation's ambition to help young people across East London. In May 2020, the CIC became a registered charity to extend its youth programmes and expand its volunteer community. There continues to be an adult running club which is a separate entity that provides volunteers for our youth programmes.

Our objective is to: To act as a resource for young people up to 30 years old, who live in London and the surrounding areas, by providing advice, assistance and organising programmes of physical, educational and other activities in order to:

a) - Help young people advance in life by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals; and

b) - Provide recreational and leisure time activities in the interests of social welfare for people living in the area who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

What We Do

Youth Running Clubs

In partnership with local youth clubs and charities, we host five weekly running groups for 8 to 18-year-olds, to provide support and lend our expertise to under-resourced organisations. Our clubs are run by volunteers and overseen by our paid staff. Our volunteers are DBS checked and given training, as well as regular supervision.

In addition to training for races like the Vitality Big Mile, the running sessions help develop soft skills such as teamwork, communication as well as building confidence. They also provide a fun and safe space for the young people to engage with each other and link up with the wider community. In 2023 we launched a new running programme for Black and South Asian girls aged 13 to 18 years who were not currently physically active, supporting them to get back into movement.

Mentoring

We provide one-to-one mentoring, matching each young person with an Outrunners volunteer. Pairs meet on a regular basis for an exercise session.

Mentors help to build the young person's confidence, raise their aspirations and support them with any issues. With a focus on achieving their long-term potential, mentors and mentees agree on goals and review them regularly. All volunteer mentors are DBS checked and are given training. Outrunners staff also liaise with mentees schools, so there is a joined up approach to supporting them.

Careers Advice

Tapping into The Outrunners' network, we call on leaders from a diverse range of industries, including fashion, film, music, fitness and law, to help widen aspirations.

Our Run Your Career programme consists of live events, short sprint placements at exciting companies, such as Lacoste, coaching with industry experts, paid internships and workshops to build on employability skills.

The programme is aimed at inspiring and empowering young people to think beyond their current career ambitions and give them the experience and knowledge to expand their post-education plans. It helps build their confidence and develop important connections with people in their chosen career.

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued) **FOR THE YEAR ENDED 31ST MAY 2023**

Our Achievements This Year

Announcing New Partnership with Nike

2022 - 2023 was an exciting year for The Outrunners. We launched a partnership with Nike's community team which included two new programmes, Outrunners Youth and Outrunners Move. Our aim is to work with Black and South Asian girls aged 13 to 18 years and young women aged 18 to 30 who are not currently physically active. We want to inspire them to start moving and feel all the benefits that it brings. We have designed holistic movement programmes tailored to their age and needs with lots of variety, including yoga, Pilates, running, nutrition, access to external trainers and speakers, Nike kit and more. To extend the impact of our programmes we will also identify young women from our Move programme who would like to train as coaches. We will support them to train as coaches and become leaders and changemakers within their community.

Launching Our First Marathon Academy

We also launched our first Marathon academy with over 20 runners from underrepresented backgrounds completing the London Marathon 2023. Despite London being extremely diverse only 11% of the people who take part in the London Marathon are from underrepresented communities. The London Marathon gave us free spots and we recruited people to take part. We supported them with a training plan, free kit from Sports Direct and fun training events in the lead up to the marathon. As well as increasing the diversity at the event our runners raised over 11k to support our work.

Making an Impact with Our Programmes

We've continued to deliver and grow our running clubs for young people with 5 groups meeting weekly. We deliver our own groups as well as working with youth clubs and charity partners across East London. Our groups are for 8 to 13 year olds and 13 to 18 year olds. This year we worked with 151 young people, delivering 845 sessions and totalling 2057 hours. This year we also trained four 17 and 18 year olds to become youth leadership coaches. The young people were put through an in-house accredited training course which ended in paid employment with the Outrunners, training our youngest groups. Their training included youth leadership, safeguarding and sports coaching.

Bringing Our Community Together with Our Second Fun Run

In the Summer we put on another successful fun run for our community, bringing young people and adults together to take part in our 1 mile, 5k and 10k races with Run dem crews founder Charlie Dark giving runners a warm up. We had a Q&A with para-athlete John-boy Smith and some of our young people. This event brought people together, gave young people and young women in our programmes a race to train for and raised 5k for our work. We're grateful to the London marathon for supporting us with water stations.

Inspiring Young People to Think Differently About Their Career Options

We continued to offer inspirational careers events and work experience opportunities through our sprint programmes. We hosted our 7th Run your career event in March with over 170 young people attending. It included a panel talk with inspirational women in the fitness community who spoke about their experiences of their industries, fitness & body positivity, and how to overcome bad days. We asked young people to fill out an evaluation form at the end of the event and 81% said they had a better understanding of the steps required to get the jobs they want and 80% felt more confident that they would get the job they wanted.

We hosted our first Newham based careers event at Chobham academy school with 44 young people attending. Employees from a range of companies attended the event including Freud PR, Lacoste and Proper.corn.

We worked with well-known brands to deliver innovative and exciting work experience including Freud PR, Lacoste, Grimshaw Architecture, Ignite and Another People. One of our young people was offered a paid internship at Ignite and gained valuable experience.

Offering Young People Unique and Exciting Opportunities

Through our partnerships we were able to offer young people and young women exciting opportunities including attending Nike events where they met sports legends Kipogee and Dina Asher-Smith, t-shirt printing at the Nike store or co-branded Nike/outrunners t-shirts, running cross country with the black trail runners and spending a day at Wimbledon learning how to play tennis. Some lucky people were selected to take part in campaigns for famous brands including Sports direct and Nike.

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued) FOR THE YEAR ENDED 31ST MAY 2023

Helping People Achieve Their Goals and Raising Vital Funds

We continued to give our young people and adult runners opportunities to take part in races across the year including Hackney Moves, the Big half, Love trails festival (with kit for young people gifted by On running), the London Marathon and our fun run. Some of our young people completed their first half marathon this year. An incredible achievement.

Supported By Over 50 Incredible Volunteers

Our volunteers have continued to support us to deliver our programmes, helping us to deliver our careers events and work experience, being supportive mentors, raising money to support our work and more and we can't thank them enough for everything they do.

Impact in Numbers

Running Sessions:

845 sessions with 151 young people totalling 2057 hours

Career Sprint Programmes:

114 sessions with 57 young people totalling 714 hours

Career Events

2 event with 215 young people

1:1 Mentoring Sessions

6 young people and 99 sessions

Volunteers Who Supported Us:

50

Looking Forward

This year, we are looking forward to being able to support more Black and Asian young people and young women through our partnership with Nike as well as increasing the awareness of the impact we make. We will invest in developing a new evaluation for these programmes so we can be clear about what works and better demonstrate the impact of our work.

We are going to be piloting delivering our programmes in schools in Hackney and Newham, helping to expand our reach and work with the young people that need us most.

We will be building on the success of our annual fun run and making it bigger and better with our whole community taking part.

We will be reviewing our infrastructure and fundraising to ensure we are fit for the future and can continue to improve the lives of young people from non-dominant communities in East London.

We are looking forward to holding more live careers events as part of our Run Your Career programmes, as well as developing partnerships with new companies to deliver sprint placements.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued)
FOR THE YEAR ENDED 31ST MAY 2023

Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable Law and the Generally Accepted Accounting Principles (GAAP) including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The Charities Act 2011 require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue in existence.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Governing Document. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 27.03.2024

Signed on their behalf by Trustee *Y Baker*

Printed Name:

LAUREN BAKER

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MAY 2023**

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/23 £	TOTAL 2021/22 £
INCOMING RESOURCES					
Incoming Resources from Generated Funds					
Donations, Grants & Legacies	3a	208,662	-	208,662	116,935
Charitable Activities	3b	375	-	375	31,489
Activities for Generating Funds	3c	1,393	-	1,393	2,588
Investment Income	3d	-	-	-	-
TOTAL INCOMING RESOURCES		210,431	-	210,431	151,013
RESOURCES EXPENDED					
Costs of Generating Funds					
Cost of Charitable Activities	4a	159,988	-	159,988	136,133
Governance Costs	4b	2,065	-	2,065	900
TOTAL RESOURCES EXPENDED		162,053	-	162,053	137,033
NET INCOMING (OUTGOING) RESOURCES		48,378	-	48,378	13,980
Funds Brought Forward		41,308	-	41,308	27,328
TOTAL FUNDS CARRIED FORWARD		89,686	-	89,686	41,308

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

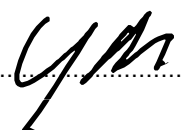
The notes on pages 10 to 16 form part of these financial statements.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 31ST MAY 2023

	Note	Unrestricted Funds £	Restricted Funds £	Total 31-May-23 £	Total 31-May-22 £
Fixed Assets					
Tangible Assets	2	1,054	-	1,054	1,582
Investments	6	-	-	-	-
Total Fixed Assets		1,054	-	1,054	1,582
Current Assets					
Debtors & Prepayments	8	-	-	-	1,205
Cash at Bank and in Hand	7	90,179	-	90,179	41,790
Total Current Assets		90,179	-	90,179	42,995
Creditors: Amounts falling due within one year	9	1,547	-	1,547	3,270
NET CURRENT ASSETS		88,632	-	88,632	39,726
TOTAL ASSETS less current liabilities		89,686	-	89,686	41,308
Creditors: Amounts falling due in more than one year	10	-	-	-	-
NET ASSETS		89,686	-	89,686	41,308
Funds of the Charity					
General Funds		89,686	-	89,686	41,308
Restricted Funds	5	-	-	-	-
Total Funds		89,686	-	89,686	41,308

Approved by the Trustees on 27.03.2024

Signed on their behalf by Trustee 

Printed Name:
LAUREN BAKER

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2023**

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2015) (Second Edition, effective 1st January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2023

1. ACCOUNTING POLICIES (continued)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings & Equipment	25% - Reducing Balance Basis
Computer Equipment	25% - Straight Line Basis

2. TANGIBLE FIXED ASSETS

		Computer Equipment £	General Equipment £	Total 2022/23 £
Cost	01-Jun-22	2,110	-	2,110
Additions		-	-	-
Net Book Value at	31-May-23	2,110	-	2,110
Depreciation	01-Jun-22	528	-	528
Charge		528	-	528
Depreciation at	31-May-23	1,056	-	1,056
Net Book Value	31-May-23	1,054	-	1,054
Net Book Value	31-May-22	1,582	-	1,582

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st May 2023: None

31st May 2022: None

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2023

3. INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/23 £	TOTAL 2021/22 £
a) Donations, Grants & Legacies				
Gift Aid Tax Recovered	2,500	-	2,500	3,756
Gifts & Donations	105,772	-	105,772	87,730
Grants Received	100,390	-	100,390	25,449
	208,662	-	208,662	116,935
b) Charitable Activities				
Activities & Events	375	-	375	31,489
	375	-	375	31,489
c) Activities for Generating Funds				
Merchandise Sales	1,393	-	1,393	2,588
	1,393	-	1,393	2,588
d) Investment Income				
Interest	-	-	-	-
	-	-	-	-

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2023

4. RESOURCES EXPENDED

		Unrestricted Funds £	Restricted Funds £	TOTAL 2022/23 £	TOTAL 2021/22 £
a) Cost of Charitable Activities					
Activities & Events		15,456	-	15,456	35,537
Advertising & Marketing		1,272	-	1,272	1,717
Bank Charges		63	-	63	1
Catering Costs		6,327	-	6,327	4,062
Consultancy Costs		5,631	-	5,631	968
Depreciation Expense		528	-	528	528
Equipment Costs		1,146	-	1,146	2,229
Insurance Costs		545	-	545	204
License & Subscriptions		712	-	712	312
Office Costs		5,697	-	5,697	4,355
Rent & Rates		7,678	-	7,678	7,411
Staff Costs	12	104,546	-	104,546	75,494
Sundry Expenses		505	-	505	509
Telephone Costs		2,192	-	2,192	617
Training Costs		3,718	-	3,718	1,782
Travel & Subsistence		3,973	-	3,973	406
		159,988	-	159,988	136,133
b) Governance Costs					
Independent Examiners Fees	9	900	-	900	750
Legal & Professional Fees		1,165	-	1,165	150
		2,065	-	2,065	900

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2023

5. RESTRICTED FUNDS

CURRENT FINANCIAL YEAR

	Balance 01-Jun-22 £	Income £	Expenditure £	Transfers £	Balance 31-May-23 £
The Hawerby Trust	-	-	-	-	-
	-	-	-	-	-

PREVIOUS FINANCIAL YEAR

	Balance 01-Jun-21 £	Income £	Expenditure £	Transfers £	Balance 31-May-22 £
The Hawerby Trust	10,000	-	10,000	-	-
	10,000	-	10,000	-	-

The restricted funds held are wholly represented by the CIO's cash reserves and are to be expended as specified above.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2023

6. INVESTMENTS

The CIO held no fixed assets investments during this or the previous financial period.

7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	Total 31-May-23 £	Total 31-May-22 £
Cash at Bank & in Hand	90,179	-	90,179	41,790
	90,179	-	90,179	41,790

8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	Total 31-May-23 £	Total 31-May-22 £
Sundry Debtors	-	-	-	855
Prepayments	-	-	-	350
	-	-	-	1,205

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	Total 31-May-23 £	Total 31-May-22 £
Independent Examiners Fees	900	-	900	750
PAYE & NI	647	-	647	2,520
	1,547	-	1,547	3,270

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this or the previous financial period.

11. NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total 31-May-23 £	Total 31-May-22 £
Fixed Asset Investments	1,054	-	1,054	1,582
Net Current Assets	88,632	-	88,632	39,725
Long Term Liabilities	-	-	-	-
	89,686	-	89,686	41,307

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2023

12. STAFF COSTS AND NUMBERS

	TOTAL 2022/23 £	TOTAL 2021/22 £
Gross Wages, Salaries & Fees	95,439	63,324
Employer's National Insurance Costs	4,379	8,331
Pension Contributions	4,728	3,840
	<u>104,546</u>	<u>75,494</u>

Employees who were engaged in each of the following activities:

	TOTAL 2022/23	TOTAL 2021/22
Charitable Activities	4	2

The Charity operate a PAYE Scheme to pay all employed members of staff and no members of staff received emoluments of over £60,000 (2021/22:None).

13. TRUSTEES AND OTHER RELATED PARTIES

During the financial year Miss Georgia Witter (Relative to Trustee Mr Daniel Burnand) received £29,000 (2021/22:£26,000) in salary related payments and £1,271 in reimbursed volunteers expenses in furtherance of the Charity's objects. The Charity Trustees obtained approval from the Charity Commission and all conflicts of interest have been identified, documented and managed accordingly.

No other payments were made to trustees or any persons connected with them during this financial period. No other material transaction took place between the organisation and a trustee or any person connected with them.

14. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of The Outrunners Charity on the accounts for the year ended 31st May 2023 set out on pages 8 to 16.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

W.M Hall LLB
Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS



Date: 28th March 2024

THE OUTRUNNERS CHARITY

England & Wales - Charity number 1189583

Accounts

**ANNUAL REPORTS AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2022**

**THE OUTRUNNERS
CHARITY**

(Charitable Incorporated Organisation)

CHARITY REGISTRATION No: 1189583

Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

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THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1189583
DATE OF REGISTRATION	20th May 2020
START OF FINANCIAL YEAR	1st June 2021
END OF FINANCIAL YEAR	31st May 2022
TRUSTEES AT 31ST MAY 2022	Daniel Burnand Lauren Baker Rachel Solomon Maria Gurevich
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Foundation Registered 20th May 2020

OBJECTS

The objects of the CIO is to act as a resource for young people up to the age of 16 living in London and the surrounding areas by providing advice and assistance and organising programmes of physical, educational and other activities as means of: **a** Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals. **b**) Providing recreational and leisure time activity in the interest of social welfare for people living in the area benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstance with a view to improving the conditions of life of such persons.

CORRESPONDENCE ADDRESS	Unit 4 Echo Building East Bay Lane London E15 2SJ
PRIMARY BANKERS	Lloyds Bank Plc 25 Gresham Street London EC2V 7HN
INDEPENDENT EXAMINERS	Castle View Accounting Ltd New Barn Mudberry Lane Bosham Chichester West Sussex PO18 8TS

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MAY 2022

Within the space of six years, The Outrunners has developed from being an East London running club to a community group and then to a full-blown charity, under the leadership of its founder Tyler Williams-Green.

As a certified running coach, Tyler started the club in 2015 to direct his passion for running. But he also wanted to use his 17 years of youth work experience to link the club members to the wider community. As membership grew, Tyler found ways for the runners to help support local young people.

Together with early Outrunners' member Laura Murphy, who has 16 years' marketing experience, Tyler founded The Outrunners Community Interest Company (CIC) in 2017 to develop and deliver a formal programme for young people, including careers events and a youth running club.

The CIC was a great success and fuelled the organisation's ambition to help young people across East London. In May 2020, the CIC became a registered charity to extend its youth programmes and expand its volunteer community. There continues to be an adult running club which is a separate entity that provides volunteers for our youth programmes.

Our objective is to: To act as a resource for young people up to 16 years old, who live in London and the surrounding areas, by providing advice, assistance and organising programmes of physical, educational and other activities in order to:

a) - Help young people advance in life by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals; and

b) - Provide recreational and leisure time activities in the interests of social welfare for people living in the area who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

What We Do

Youth Running Clubs

In partnership with local youth clubs and schools, we host four weekly running groups for 8 to 18-year-olds, to provide support and lend our expertise to under-resourced organisations. Our clubs are run by volunteers and overseen by our paid staff. Our volunteers are DBS checked and given training, as well as regular supervision.

In addition to training for races like the Vitality Big Mile, the running sessions help develop soft skills such as teamwork, communication as well as building confidence. They also provide a fun and safe space for the young people to engage with each other and link up with the wider community.

Mentoring

We provide one-to-one mentoring, matching each young person with an Outrunners volunteer. Pairs meet on a regular basis for an exercise session.

Mentors help to build the young person's confidence, raise their aspirations and support them with any issues. With a focus on achieving their long-term potential, mentors and mentees agree on goals and review them regularly. All volunteer mentors are DBS checked and are given training. Outrunners staff also liaise with mentees schools, so there is a joined up approach to supporting them.

Careers Advice

Tapping into The Outrunners' network, we call on leaders from a diverse range of industries, including fashion, film, music, fitness and law, to help widen aspirations.

Our Run Your Career programme consists of live events, short sprint placements at exciting companies, such as Lacoste, coaching with industry experts, paid internships and workshops to build on employability skills.

The programme is aimed at inspiring and empowering young people to think beyond their current career ambitions and give them the experience and knowledge to expand their post-education plans. It helps build their confidence and develop important connections with people in their chosen career.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued)
FOR THE YEAR ENDED 31ST MAY 2022

Youth Board

It is important to us that young people help direct the work we do and shape our programmes. In order to give them a voice in the decision-making process, we set up a youth board in 2021.

The board is made up of teenagers who have taken part in our programmes over the past year and who are keen to improve their skills and make a difference. A group of 12 young people attend our bi-weekly meetings and they are given specific briefs for projects that help to develop their skills.

What We've Achieved this Year

2021 - 2022 was a busy year for The Outrunners as we continued to get back to normality following the covid pandemic. We continued to provide fitness coaching and leisure activities for our 8 to 13 and 13+ running clubs. The latter enjoyed a holistic programme including talks from special guests on topics like nutrition and sessions including yoga, boxing and dance.

To bring our community together and raise money we launched our first Outrunners fun run with 1 mile, 5k and 10k races. We hosted two careers events to inspire young people from East London and offer work experience opportunities via our partner companies. As our work expanded we moved into our first official office space in Hackney Bridge. The one-to-one mentorship programme continued to grow as we matched our 6th mentor and mentee.

May-21

One of the young people who completed our Architecture sprint programme, Elvis, received 3 offers to study Architecture at University. Charlotte, a young person who attended our film and acting coaching programme, led by actor James Norton was accepted into the Brit school.

Our film and acting coaching programme with James Norton had its final session and took place with 8 young people.

As well as this, our fashion coaching programme, Ready to Runway, continued with a session hosted by one of our corporate partners, Threads.

Black trail runners hosted a session for our 13+ running group and spoke about the benefits of trail running, followed a timed mile and some boxing coaching from Boxxldn.

Our mentoring programme expanded as we matched our 5th mentor and mentee.

Jun-21

In June we launched our first Outrunners fun run with a 1 mile, 5k and 10k to bring our community together and raise money for our work. 76 people attended and we raised £3,145.

Once again we partnered with the Black Trail Runners to take our 13+ crew trail running for the first time with 13 young people attending.

Our ambassador and ballet dancer, Eric Underwood gave 4 young people a dance masterclass during this month too.

11 young people on our Ready to Runway programme presented their group project on trend forecasting and received a talk from Rosie Bonnar who has designed for Victoria Beckham and Armani about the world of design.

J and Rob celebrated 1 year mentoring with the creation of a film about their experience.

Jul-21

We organised a careers event attended by 70 young people, with 55 signing up to take part in our work sprint placements and career coaching. Of the young people who attended the event, 97% felt more informed about different career options, 86% better understood the steps required to get the job they want and 83% felt more confident they could get a job they want.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued)
FOR THE YEAR ENDED 31ST MAY 2022

We facilitated a photoshoot day for our second Ready to Runway cohort as part of the street photography module.

We launched new t-shirt and jumper designs developed in collaboration with our young people which raised £2,696.71.

We launched our youth running and multi-sports summer camp with the Wickers Charity and Pembury Community Centre with 60 young people in attendance.

Aug-21

A two day sprint work experience programme took place with 19 young people and a range of companies including FIIT, Muf Architecture, Boxxldn, Freuds and Ignite Creates.

We attended the Big Half event in Greenwich with 10 young people doing the Big Mile and 12 adult runners doing the half marathon. We were filmed for the BBC official big half coverage.

We had our first summer sprint programme with @fiit, with an in depth insight into startup life. young people learnt about production, marketing, customer success, video editing, people and of course fitness.

5 young people completed a two day sprint programme with Ignite, an international marketing agency.

2 young people completed a two day sprint programme with Muf a local Architecture firm based in Hackney Central.

4 young people completed a two day sprint programme with PR agency Freuds based in Tottenham Court Road.

5 young people completed a one day sprint programme with an online and studio boxing company.

Matched our 6th mentor mentee relationship

Sep-21

We launched a new running club targeted at 8-13 year olds with Hackney Quest youth club.

Young people from our running clubs took part in Hackney Moves 1 mile race before the official Hackney half event.

We opened our first official office in Hackney Bridge, which will also serve as a base for all our running clubs.

Oct-21

We attended the City run London event with 21 young people and 12 adults taking part by running a mile.

10 young people from our 13+ group enjoyed a yoga, stretch and HIIT class.

12 young people attended our first sprint programme with Bulb. We had our second sprint programme with Lacoste where 9 young people learnt about product design. Whilst Proper's marketing team held a one day sprint programme for 7 young people.

Our Ready to Runway programme continued with 18 young people getting interview coaching and advice from a group of fashion mentors.

Nov-21

We launched new merchandise in late November including t-shirts and jumpers. We raised £1962.86.

Dec-21

We organised a Christmas party for 10 young people who attend our running club with food, games and a Christmas fun pack with activities to do during the holidays.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued)
FOR THE YEAR ENDED 31ST MAY 2022

5 of the mentors took their mentees ice-skating this month. We also asked our mentors to give their mentees experiences they haven't had before - our mentor Domingo took his mentee Ab's to his first football match.

We finished the year with our 13+ group practising their boxing moves with the Boxxldn crew.

Jan-22

We took our 13+ young people cycling, continuing to introduce them to new sports.

Our work with young people also featured in a large article in GQ magazine.

Feb-22

Our first youth committee of the year took place with 4 young people.

We took a group of 15 young people to Wimbledon for tennis lessons.

Adidas trainer, Ayo, coached our 8 to 13 running crew.

We held a joint running club session with 15 young people from Pembury and The Wickers.

Our 13+ crew did their first mile training session.

Alycia, a young person who we had been working with for 2 years, attended work experience at Outrunners HQ this month.

Mar-22

We organised a careers event attended by 112 young people, with 85 signing up to take part in our work sprint placements and career coaching. Of the young people who attended the event, 90% felt more informed about different career options, 85% better understood the steps required to get the job they want and 73% felt more confident they could get a job they want.

We ran workshops with Fiit and Bulb to give 15 young people interview and CV writing skills.

We held a women in business panel talk with 10 people attending.

Apr-22

We held our annual fun run with a 1 mile, 5k and 10k to bring our community together and raise money for our work. 171 people attended and we raised £4,724.05.

Two day sprint work experience programmes took place with 27 young people and a range of companies including FIIT, Muf architecture/art and Freuds.

May-22

40 of our young people took part in the Hackney moves 1 mile race.

Impact in Numbers

Running Sessions: 147 sessions with 96 young people.

Career Coaching Sessions: 16 sessions with 4 young people.

Career Sprint Programmes: 18 sessions with 73 young people.

Career Events: 2 events with 182 young people.

1:1 Mentoring Sessions: 6 young people and 194 sessions.

Volunteers Who Supported Us: 50.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued)
FOR THE YEAR ENDED 31ST MAY 2022

Looking Forward

This year, we are looking forward to expanding our numbers and outreach into Newham for our existing and new running clubs. We will be building on the success for our annual fun run and making it bigger and better with more runners taking part and more money raised. As our work continues to grow we are planning to welcome another full-time member of staff to support our volunteers and events.

We are also looking forward to holding more live careers events as part of our Run Your Career programmes, as well as developing partnerships with new companies to deliver sprint placements. Our established fashion programme Ready to Runway will continue to offer young people unique access and experiences within the fashion industry.

We are keen to expand our 1:1 mentoring programme this year alongside our volunteers, as well as growing the variety of activities they can do together.

We are excited to continue working with our Youth Board to help shape our programmes and co-produce projects that help to develop their unique skills. Our growth over the past year has further strengthened our aspirations to support a more equal East London, making it full of opportunities and an exciting place for young people.

Trustees' Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue in existence.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 23.03.2023.....

Lauren Baker

Signed on their behalf by Trustee

Printed Name:

Lauren Baker

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MAY 2022**

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £	TOTAL 2020/21 £
INCOMING RESOURCES					
Incoming Resources from Generated Funds					
Donations, Grants & Legacies	3a	116,935	-	116,935	83,791
Charitable Activities	3b	31,489	-	31,489	4,796
Activities for Generating Funds	3c	2,588	-	2,588	-
Investment Income	3d	-	-	-	-
TOTAL INCOMING RESOURCES		151,013	-	151,013	88,587
RESOURCES EXPENDED					
Costs of Generating Funds					
Cost of Charitable Activities	4a	126,133	10,000	136,133	60,392
Governance Costs	4b	900	-	900	867
TOTAL RESOURCES EXPENDED		127,033	10,000	137,033	61,259
NET INCOMING (OUTGOING) RESOURCES		23,980	(10,000)	13,980	27,328
Funds Brought Forward		17,328	10,000	27,328	-
TOTAL FUNDS CARRIED FORWARD		41,308	-	41,308	27,328

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 11 to 17 form part of these financial statements.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 31ST MAY 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 31-May-22 £	Total 31-May-21 £
Fixed Assets					
Tangible Assets	2	1,582	-	1,582	-
Investments	6	-	-	-	-
Total Fixed Assets		1,582	-	1,582	-
Current Assets					
Debtors & Prepayments	8	1,205	-	1,205	6,211
Cash at Bank and in Hand	7	41,790	-	41,790	25,844
Total Current Assets		42,995	-	42,995	32,055
Creditors: Amounts falling due within one year	9	3,270	-	3,270	4,727
NET CURRENT ASSETS		39,725	-	39,725	27,328
TOTAL ASSETS less current liabilities		41,308	-	41,308	27,328
Creditors: Amounts falling due in more than one year	10	-	-	-	-
NET ASSETS		41,308	-	41,308	27,328
Funds of the Charity					
General Funds		41,308	-	41,308	17,328
Restricted Funds	5	-	-	-	10,000
Total Funds		41,308	-	41,308	27,328

23.03.2023

Approved by the Trustees on

Signed on their behalf by Trustee *Lauren Baker*

Printed Name: Lauren Baker

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2022**

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2022

1. ACCOUNTING POLICIES (continued)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings & Equipment	25% - Reducing Balance Basis
Computer Equipment	25% - Straight Line Basis

2. TANGIBLE FIXED ASSETS

		Computer Equipment £	General Equipment £	Total 2021/22 £
Cost	01-Jun-21	-	-	-
Additions		2,110	-	2,110
Net Book Value at	31-May-22	2,110	-	2,110
Depreciation	01-Jun-21	-	-	-
Charge		528	-	528
Depreciation at	31-May-22	528	-	528
Net Book Value	31-May-22	1,582	-	1,582
Net Book Value	31-May-21	-	-	-

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st May 2022: None

31st May 2021: None

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MAY 2022

3. INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £	TOTAL 2020/21 £
a) Donations, Grants & Legacies				
Gift Aid Tax Recovered	3,756	-	3,756	6,250
Gifts & Donations	87,730	-	87,730	46,441
Grants Received	25,449	-	25,449	31,100
	116,935	-	116,935	83,791
b) Charitable Activities				
Activities & Events	31,489	-	31,489	4,796
	31,489	-	31,489	4,796
c) Activities for Generating Funds				
Merchandise Sales	2,588	-	2,588	-
	2,588	-	2,588	-
d) Investment Income				
Interest	-	-	-	-
	-	-	-	-

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 31ST MAY 2022

4. RESOURCES EXPENDED

		Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £	TOTAL 2020/21 £
a) Cost of Charitable Activities					
Activities & Events	5	25,537	10,000	35,537	7,748
Advertising & Marketing		1,717	-	1,717	184
Bank Charges		1	-	1	-
Catering Costs		4,062	-	4,062	920
Consultancy Costs		968	-	968	-
Depreciation Expense		528	-	528	-
Equipment Costs		2,229	-	2,229	-
Insurance Costs		204	-	204	143
License & Subscriptions		312	-	312	202
Office Costs		4,355	-	4,355	912
Rent & Rates		7,411	-	7,411	1,085
Staff Costs	12	75,494	-	75,494	47,140
Sundry Expenses		510	-	510	301
Telephone Costs		617	-	617	439
Training Costs		1,782	-	1,782	1,309
Travel & Subsistence		406	-	406	10
		126,133	10,000	136,133	60,392
b) Governance Costs					
Independent Examiners Fees	9	750	-	750	650
Legal & Professional Fees		150	-	150	217
		900	-	900	867

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2022

5. RESTRICTED FUNDS

CURRENT FINANCIAL YEAR

	Balance 01-Jun-21	Income	Expenditure	Transfers	Balance 31-May-22
	£	£	£	£	£
The Hawerby Trust	10,000	-	10,000	-	-
	10,000	-	10,000	-	-

PREVIOUS FINANCIAL YEAR

	Balance 20-May-20	Income	Expenditure	Transfers	Balance 31-May-21
	£	£	£	£	£
The Hawerby Trust	-	10,000	-	-	10,000
	-	10,000	-	-	10,000

The restricted funds held are wholly represented by the CIO's cash reserves and are to be expended as specified above.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2022

6. INVESTMENTS

The CIO held no fixed assets investments during this or the previous financial period.

7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	Total 31-May-22 £	Total 31-May-21 £
Cash at Bank & in Hand	41,790	-	41,790	25,844
	41,790	-	41,790	25,844

8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	Total 31-May-22 £	Total 31-May-21 £
Sundry Debtors	855	-	855	6,111
Prepayments	350	-	350	100
	1,205	-	1,205	6,211

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	Total 31-May-22 £	Total 31-May-21 £
Independent Examiners Fees	750	-	750	650
PAYE & NI	2,520	-	2,520	3,861
Sundry Creditors	-	-	-	216
	3,270	-	3,270	4,727

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this or the previous financial period.

11. NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total 31-May-22 £	Total 31-May-21 £
Fixed Asset Investments	1,582	-	1,582	-
Net Current Assets	39,725	-	39,725	27,328
Long Term Liabilities	-	-	-	-
	41,308	-	41,308	27,328

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 31ST MAY 2022

12. STAFF COSTS AND NUMBERS

	TOTAL 2021/22 £	TOTAL 2020/21 £
Gross Wages, Salaries & Fees	63,324	43,667
Employer's National Insurance Costs	8,331	64
Pension Contributions	3,840	1,161
	<u>75,494</u>	<u>44,892</u>

Employees who were engaged in each of the following activities:

	TOTAL 2021/22	TOTAL 2020/21
Charitable Activities	2	2

The Charity operate a PAYE Scheme to pay all employed members of staff and no members of staff received emoluments of over £60,000 (2020/21:None).

13. TRUSTEES AND OTHER RELATED PARTIES

During the financial year Miss Georgia Witter (Relative to Trustee Mr Daniel Burnand) received £26,000 (2020/21:£10,380) in salary related payments in furtherance of the Charity's objects. The Charity Trustees obtained approval from the Charity Commission and all conflicts of interest have been identified, documented and managed accordingly.

No other payments were made to trustees or any persons connected with them during this financial period. No other material transaction took place between the organisation and a trustee or any person connected with them.

14. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of The Outrunners Charity on the accounts for the year ended 31st May 2022 set out on pages 9 to 17.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS

Date:

THE OUTRUNNERS CHARITY

England & Wales - Charity number 1189583

Accounts

**REPORTS AND FINANCIAL STATEMENTS
FOR THE FIRST PERIOD ENDED 31ST MAY 2021**

**THE OUTRUNNERS
CHARITY**

(Charitable Incorporated Organisation)

CHARITY REGISTRATION No: 1189583

Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

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Page 16	Independent Examiner's Report

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1189583
DATE OF REGISTRATION	20th May 2020
START OF FINANCIAL PERIOD	20th May 2020
END OF FINANCIAL PERIOD	31st May 2021
TRUSTEES AT 31ST MAY 2021	Daniel Burnand Lauren Baker Rachel Solomon Maria Gurevich
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Foundation Registered 20th May 2020

OBJECTS

The objects of the CIO is to act as a resource for young people up to the age of 16 living in London and the surrounding areas by providing advice and assistance and organising programmes of physical, educational and other activities as means of: **a** Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals. **b**) Providing recreational and leisure time activity in the interest of social welfare for people living in the area benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstance with a view to improving the conditions of life of such persons.

CORRESPONDENCE ADDRESS	The Outrunners Charity 41B Montague Road London E8 2HN
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PRIMARY BANKERS	Lloyds Bank Plc 25 Gresham Street London EC2V 7HN
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INDEPENDENT EXAMINERS	Castle View Accounting Ltd New Barn Mudberry Lane Bosham Chichester West Sussex PO18 8TS
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THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

TRUSTEES' REPORT FOR THE FIRST PERIOD ENDED 31ST MAY 2021

Within the space of five years, The Outrunners has developed from being an East London running club to a community group and then to a full-blown charity, under the leadership of its founder Tyler Williams-Green.

As a certified running coach, Tyler started the club in 2015 to direct his passion for running. But he also wanted to use his 17 years of youth work experience to link the club members to the wider community. As membership grew, Tyler found ways for the runners to help support local young people.

Together with early Outrunners' member Laura Murphy, who has 15 years' marketing experience, Tyler founded The Outrunners Community Interest Company (CIC) in 2017 to develop and deliver a formal programme for young people, including careers events and a youth running club.

The CIC was a great success and fuelled the organisation's ambition to help young people across East London. In May 2020, the CIC became a registered charity to extend its youth programmes and expand its volunteer community. There continues to be an adult running club which is a separate entity that provides volunteers for our youth programmes.

Our objective is to: To act as a resource for young people up to the age of 16 living in London and the surrounding areas by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

a) - Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals; and

b) - Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

What we do

Youth Running Clubs

In partnership with local youth clubs and schools, we host four weekly running groups for 8- to 18-year-olds, to provide support and lend our expertise to under-resourced organisations. Our clubs are run by volunteers and overseen by our paid staff. Our volunteers are DBS checked and given training, as well as regular supervision.

In addition to training for races like the Vitality Big Mile, the running sessions help develop soft skills such as teamwork and communication as well as building confidence. They also provide a fun and safe space for the young people to engage with each other and link up with the wider community.

Mentoring

We provide one-to-one mentoring, matching each young person with an Outrunners volunteer. Pairs meet on a regular basis for an exercise session.

Mentors help to build the young person's confidence, raise their aspirations and support them with any issues. With a focus on achieving their long-term potential, mentors and mentees agree on goals and review them regularly. All volunteer mentors are DBS checked and are given training. Outrunners staff also liaise with mentees schools, so there is a joined up approach to supporting them.

Careers Advice

Tapping into The Outrunners' network, we call on leaders from a diverse range of industries, including fashion, film, music, fitness and law, to help widen aspirations.

Our Run Your Career programme consists of live events, short sprint placements at exciting companies, such as Lacoste, and coaching with industry experts.

The programme is aimed at inspiring and empowering young people to think beyond their current career ambitions and give them the experience and knowledge to expand their post-education plans. It helps build their confidence and develop important connections with people in their chosen career.

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued) FOR THE FIRST PERIOD ENDED 31ST MAY 2021

Youth Board

It is important to us that young people help direct the work we do and shape our programmes. In order to give them a voice in the decision-making process, we set up a youth board in 2021.

The board is made up of teenagers who have taken part in our programmes over the past year and who are keen to improve their skills and make a difference. A group of 12 young people attend our bi-weekly meetings and they are given specific briefs for projects that help to develop their skills.

What We've Achieved this Year

Becoming a charity in 2020 at the height of the COVID-19 pandemic presented challenges to The Outrunners' work which is built around face-to-face contact. But we adapted our programmes and coordinated volunteers to provide food packages to help people in lockdown, including some of the families of the young people who we work with.

Our achievements from March 2020 include putting on a careers event attended by 177 young people, starting a new youth running club at the Pembury estate, launching our first Youth Board and delivering over 1,000 food packages.

- **March 2020** - organised a careers event attended by 98 young people, with 77 signing up to take part in our work sprint placements and career coaching. Of the young people who attended the event, 95% felt more informed about different career options, 94% better understood the steps required to get the job they want and 87% felt more confident they could get a job they want.
- **April 2020** - During the first UK lockdown of the pandemic, our volunteers delivered over 1,000 food packages in collaboration with The Wickers Charity and Toynbee hall, to help the families in our community, including those we work with.
- **April 2020** - launched a film group and acting coaching programme with actor James Norton. Special guests from different areas of film production attended sessions to talk about their experience and offer advice.
- **May 2020** - we became a registered charity and launched our architecture coaching programme, giving the young people an insight into a real-life architectural project. This was based on the development of Kingsland Locke Hotel. The young people were encouraged to find buildings they admired in their area and produce detailed sketches. They subsequently built to-scale models of their own building design based on their admired building. We provided them with the equipment to make these models.
- **May 2020** - launched our documentary filmmaking group. Each session involved discussions between a professional filmmaker and the young people about a documentary they had watched. They discussed the storyline as well as the technical and editorial decisions. One participant produced a documentary after these sessions about her experience of lockdown, which was showcased by Bertha DocHouse.
- **June 2020** - launched our one-to-one mentoring programme with a young person who was having difficulties in school. He started meeting with this mentor on a weekly basis doing activities like cycling and boxing.
- **July 2020** - created a digital library of three laptops that young people could access to ensure they were able to complete our online programmes.
- **July-August 2020** - worked with The Wickers Charity to deliver a summer programme of sports activities, which culminated in a sports day with the young people and their families. We helped keep over 40 young people active throughout the summer holidays, improving their physical fitness and creating community cohesion.
- **September 2020** - launched a project with fitness app FIIT where young people on our fashion programme designed a T-shirt for them. The T-shirt was developed for FIIT customers and was part of its "Summer burn" range. Eight young people took part in the programme and over 300 T-shirts were sold.
- **October 2020** - ran a full week of online Run Your Career events. We delivered 18 sessions over Zoom with companies and groups of young people. To minimise barriers to access, we hosted two sessions teaching the young people how to use Zoom. Representatives from the companies spoke about their career journeys and what work they do. Young people were given the opportunity to ask questions and gain insight into different roles.

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued) FOR THE FIRST PERIOD ENDED 31ST MAY 2021

- **November 2020** - relaunched our running club with The Wickers Charity.
- **January 2021** - launched our Youth Board with 18 young people. We started by discussing what skills the young people wanted to develop and they helped to shape our new running club and careers event this year.
- **January 2021** - Author and podcaster Adrienne Herbert started delivering one-to-one coaching sessions online with two mentees during lockdown. She coached them in how to stay mentally and physically healthy and how this would support them to achieve their long-term goals.
- **February 2021** - launched two more one-to-one mentoring relationships with young people aged 10 and 11, matching them with a mentor to do weekly activities.
- **April 2021** - launched a new running club at the Pembury Estate.

Impact in Numbers

Running sessions: 20

WICKERS - 3 sessions each with average of 6 young people

PEMBURY - 3 sessions each with an average attendance of 8 young people

13+ - 10 sessions each with an average attendance of 14 young people

WICKERS SUMMER - 4 sessions each with 45 young people

Career coaching sessions: 129

JAMES - 15 sessions with 8 young people

ADRIENNE - 16 sessions with 2 young people

GEORGE - 4 sessions with 2 young people

R2R - 98 sessions with 27 young people

Career events

RYC online event: 56 young people attended

RYC Live event: 98 young people attended

1:1 Mentoring sessions

3 young people, who in total received 77 sessions

Volunteers who supported us: 50

Looking forward

This year, we are looking forward to expanding our youth running clubs and inviting new coaches who can put the young people through their paces and provide them with variety and new challenges. We will be supporting our young people to attend races this year, including our own 5k/10k race, which we will organise at the Olympic Park in Stratford.

We are also looking forward to holding more live careers events as part of our Run Your Career programmes, as well as developing partnerships with new companies to deliver sprint placements. Our established fashion programme Ready to Runway will continue to offer young people unique access and experiences within the fashion industry.

We are keen to expand our 1:1 mentoring programme this year alongside our volunteers, as well as growing the variety of activities they can do together.

We are excited to continue working with our Youth Board to help shape our programmes and co-produce projects that help to develop their unique skills. Our growth over the past year has further strengthened our aspirations to support a more equal East London, making it full of opportunities and an exciting place for young people.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

TRUSTEES' REPORT (Continued)
FOR THE FIRST PERIOD ENDED 31ST MAY 2021

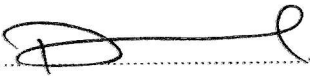
Trustees' Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the trust will continue in existence.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 29 March 2022

Signed on their behalf by Trustee 

Printed Name: DANIEL BURNAND

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

STATEMENT OF FINANCIAL ACTIVITIES FOR THE FIRST PERIOD ENDED 31ST MAY 2021

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2020/21 £
INCOMING RESOURCES				
Incoming Resources from Generated Funds				
Donations, Grants & Legacies	3a	73,791	10,000	83,791
Charitable Activities	3b	4,796	-	4,796
Investment Income	3c	-	-	-
TOTAL INCOMING RESOURCES		78,587	10,000	88,587
RESOURCES EXPENDED				
Costs of Generating Funds				
Cost of Charitable Activities	4a	60,392	-	60,392
Governance Costs	4b	867	-	867
TOTAL RESOURCES EXPENDED		61,259	-	61,259
NET INCOMING (OUTGOING) RESOURCES		17,328	10,000	27,328
Funds Brought Forward		-	-	-
TOTAL FUNDS CARRIED FORWARD		17,328	10,000	27,328

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

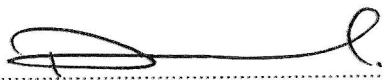
The notes on pages 10 to 15 form part of these financial statements.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 31ST MAY 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total 31-May-21 £
Fixed Assets				
Tangible Assets	2	-	-	-
Investments	6	-	-	-
Total Fixed Assets		<u>-</u>	<u>-</u>	<u>-</u>
Current Assets				
Debtors & Prepayments	8	6,211	-	6,211
Cash at Bank and in Hand	7	15,844	10,000	25,844
Total Current Assets		<u>22,055</u>	<u>10,000</u>	<u>32,055</u>
Creditors: Amounts falling due within one year	9	4,727	-	4,727
NET CURRENT ASSETS		17,328	10,000	27,328
TOTAL ASSETS less current liabilities		<u>17,328</u>	<u>10,000</u>	<u>27,328</u>
Creditors: Amounts falling due in more than one year	10	-	-	-
NET ASSETS		<u>17,328</u>	<u>10,000</u>	<u>27,328</u>
Funds of the Charity				
General Funds		17,328	-	17,328
Restricted Funds	5	-	10,000	10,000
Total Funds		<u>17,328</u>	<u>10,000</u>	<u>27,328</u>

Approved by the Trustees on 29 March 2022

Signed on their behalf by Trustee 

Printed Name: DANIELA BURNAND

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS FOR THE FIRST PERIOD ENDED 31ST MAY 2021

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST DECEMBER 2021

1. ACCOUNTING POLICIES (continued)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment	25% - Reducing Balance Basis
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2. TANGIBLE FIXED ASSETS

The CIO held no fixed assets during this initial financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st May 2021:None

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE FIRST PERIOD ENDED 31ST MAY 2021

3. INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	TOTAL 2020/21 £
a) Donations, Grants & Legacies			
Gift Aid Tax Recovered	6,250	-	6,250
Gifts & Donations	46,441	-	46,441
Grants Received	21,100	10,000	31,100
	73,791	10,000	83,791
b) Charitable Activities			
Activities & Events	4,796	-	4,796
	4,796	-	4,796
c) Investment Income			
Interest	-	-	-
	-	-	-

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE FIRST PERIOD ENDED 31ST MAY 2021

4. RESOURCES EXPENDED

		Unrestricted Funds £	Restricted Funds £	TOTAL 2020/21 £
a) Cost of Charitable Activities				
Administrative Expenses		4,353	-	4,353
Advertising & Marketing		184	-	184
Catering Costs		920	-	920
Covid Response		3,395	-	3,395
Insurance Costs		143	-	143
License & Subscriptions		202	-	202
Office Costs		912	-	912
Rent & Rates		1,085	-	1,085
Staff Costs	11	47,140	-	47,140
Sundry Expenses		301	-	301
Telephone Costs		439	-	439
Training Costs		1,309	-	1,309
Travel & Subsistence		10	-	10
		60,392	-	60,392
b) Governance Costs				
Independent Examiners Fees	9	650	-	650
Legal & Professional Fees		217	-	217
		867	-	867

THE OUTRUNNERS CHARITY

(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE FIRST PERIOD ENDED 31ST MAY 2021

5. RESTRICTED FUNDS

	Balance 20-May-20 £	Income £	Expenditure £	Transfers £	Balance 31-May-21 £
The Hawerby Trust	-	10,000	-	-	10,000
	-	10,000	-	-	10,000

The restricted funds held are wholly represented by the CIO's cash reserves and are to be expended as specified above.

6. INVESTMENTS

The CIO held no fixed assets investments during this initial financial period.

7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	Total 31-May-21 £
Cash at Bank & in Hand	15,844	10,000	25,844
	15,844	10,000	25,844

8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	Total 31-May-21 £
Sundry Debtors	6,111	-	6,111
Prepayments	100	-	100
	6,211	-	6,211

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	Total 31-May-21 £
Independent Examiners Fees	650	-	650
PAYE & NI	3,861	-	3,861
Sundry Creditors	216	-	216
	4,727	-	4,727

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this initial financial period.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE FIRST PERIOD ENDED 31ST MAY 2021

11. STAFF COSTS AND NUMBERS

	TOTAL 2020/21 £
Gross Wages, Salaries & Fees	43,666
Employer's National Insurance Costs	3,003
Pension Contributions	470
	<u>47,140</u>

Employees who were engaged in each of the following activities:

	TOTAL 2020/21
Charitable Activities	2

The Charity operate a PAYE Scheme to pay all employed members of staff and no members of staff received emoluments of over £60,000. The Charity also employs members of staff under a contract for services, on a self-employed basis and is therefore not liable for Tax and National Insurance Payment for members under a contract for services.

12. TRUSTEES AND OTHER RELATED PARTIES

During the financial period Georgia Witter (Relative to Trustee Mr Daniel Burnand) received £10,380 in salary related payments under a contract for services in her capacity as a Consultant for The Outrunners Charity in furtherance of the Charity's objects. The Charity Trustees obtained approval from the Charity Commission and all conflicts of interest have been identified, documented and managed accordingly.

No other payments were made to trustees or any persons connected with them during this financial period. No other material transaction took place between the organisation and a trustee or any person connected with them.

13. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

14. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

15. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

16. COMPARATIVE FIGURES

There are no comparative figures available as this is the initial period of registered Incorporated Charitable Activity.

THE OUTRUNNERS CHARITY
(Charitable Incorporated Organisation)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of The Outrunners Charity on the accounts for the first period ended 31st May 2021 set out on pages 8 to 15.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K. Collaku MAAT
Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS



Date: 31st March 2022