

We Get It Together CIO

Report and Accounts

31 May 2023

**Charity number:
1189567**

We Get It Together CIO
Report and accounts
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We Get It Together CIO

Company Information

Trustees

Laura Phillips (Chair)

John Hill

Geraint Lewis

Principal address

29 St Mark's Road

Bath

BA2 4PA

Independent Examiner

Tracy Hunter ACA

62 Minster Way

Bath

BA2 6RL

Bankers

Metro Bank

18-19 Stall Street

Bath

BA1 1QB

Charity number

1189567

We Get It Together CIO

Charity number: 1189567

Trustees report
For the year ended 31 May 2023

Objectives and Activities

The trustees present their report and financial statements for the period ended 31 May 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Purpose

We Get It Together CIO (We Get It) is a dynamic, inclusive support and resource charity for anyone affected by cancer; any age, any gender, any cancer. We Get It was founded by people who themselves experienced cancer, and, because of that, the group can truly say "we get it".

With 1 in 2 people likely to have a cancer diagnosis during their lifetime, our objective for We Get It is to provide a community of support for people affected by the disease in Bath and North East Somerset. We believe that no one should be alone during or after cancer treatment and wherever possible, we aim to empower people to live well with and beyond cancer.

We Get It Together CIO is registered with the charity commission. It is governed by its Constitution as registered on 20 May 2020.

Objectives and Activities

Our objects, as set out in our constitution are, for the public benefit, the relief of those who are affected by cancer including patients, their families and carers, in particular but not limited to by providing or assisting in the provision of:

- (a) information and support; and
- (b) advancement of education generally.

Recent growth and ambitious plans

We recruited our first employee in May 2023 and have ambitious plans for the future, including a permanent 'We Get It Centre' to serve the people of Bath and the surrounding area. This will be a collaborative, holistic support hub for those living with and beyond cancer, run by our employees and volunteers.

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**Trustees report
For the year ended 31 May 2023**

Trustees report (continued)

Activities during the period

1 SUPPORTING OUR COMMUNITY IN-PERSON AND ONLINE

Throughout 2022-23 we provided:

51 weekly drop-in 'Get Togethers', for anyone affected by cancer, at Walcot House in Bath;
12 monthly Zoom meet-ups for our Stage 4 community members;
12 evening socials for friends and family members; and
2 supervised WhatsApp groups – one for regular community members and one for our stage 4 members.

The combination of this in-person and online support continues to form the core of our community support for those affected by cancer.

Our 'drop in' Get Togethers enable local people to meet others who're going through cancer, spend time together and share information, ideas and support. They are attended by our existing community members as well as an increasing number of new people who discover We Get It as our profile raises. Our records show that we had 529 attendees who have benefited from our Get Togethers during this financial year.

In addition to this, we had 95 attendees at our evening socials and 39 attendees at our Stage 4 online sessions.

2 WELLBEING ONE-TO-ONES AND SIGNPOSTING

Members who attend our ongoing support sessions such as the Get Together or evening events, also continue to have the chance to request a one-to-one support session with our Wellbeing Lead Sue Judge.

Throughout the financial year, Sue continued these sessions, focusing on the member's individual key issue(s). With a background in holistic health and nutrition, the advice, support and signposting Sue is able to offer ranges from nutrition, mental health/emotional support, lifestyle and exercise, to treatment side effects management, pain management and mobility issues.

These one-to-one sessions were funded by a grant from The National Lottery Community Fund during the financial year. A total of 20 one-to-one sessions were held with community members during the financial year.

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Trustees report
For the year ended 31 May 2023

Trustees report (continued)

3 WORKSHOPS

We held a number of workshops for our community members during the financial year to support their wellbeing, further their knowledge and provide enjoyment. These were a result of feedback and ideas from members on their needs/wants/interests, and also using opportunities to collaborate with charity partners.

Our workshops included:

- a Retreat Day for our members at The Penny Brohn Centre near Bristol – 13 attendees
- a 4-week Yoga for Cancer course run by a specialist Oncology and Haematology Physiotherapist, Lymphedema Therapist and Hatha Yoga teacher – 13 attendees
- a practical Breath and Fermentation Workshop – 14 attendees
- a 7-session 'Wellbeing Through Time' course in collaboration with The Roman Baths and Bath College, covering the practical wellbeing solutions practiced by the Romans – 7 attendees

4 EVENTS

Scars for Life – celebrating the beautiful and the bold

In 2022 we created the Scars for Life exhibition, exploring the physical and mental scars of cancer through photography and film.

Scars for Life is an all-immersive exhibition consisting of 12 photos and videos of our community members. It illustrates our cancer stories and the scars they have left behind, shining a light on an area of having cancer that is normally hidden, and normalising it in a way that encourages and inspires others to live well with cancer.

For those of us who have scars from cancer – whether they are physical, mental or both – we tend not to show them or talk about them.

And yet, the scars represent visually what we have experienced, both mentally and physically. They are the scars that have enabled us to carry on living – they are our scars for life.

And this is why the Scars for Life project is so important to us; it is to show those scars and be proud of what our bodies have achieved.

We joined forces with award winning photographer Sophie Mayanne, our We Get It photographer, Holly Webb and James Stapleton from Jooka Video Production on this project.

The Scars for Life Exhibition was launched at The House of St John's in Bath on 9th June 2022. This event was attended by 80 people from local businesses and our charity partners, to WGI supporters and team members. Some of the Scars for Life models also attended and brought friends and family members.

Following the launch event, the exhibition remained on show at The House of St John's. It was also hosted at Dorothy House Hospice in Winsley during the financial year.

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Promoting early diagnosis

We run an annual #getitchecked campaign linked to World Cancer Day in February which promotes and recognises the need for the public to get any niggling symptoms checked that they are not happy with, while highlighting the continuing research statistics which show how early cancer diagnosis makes treatment more effective and increases the chances of a successful recovery from the disease.

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For the year ended 31 May 2023

Trustees report (continued)

100k in May

100k in May is our annual fundraising challenge which sees participants run, walk or cycle 100k during the month of May. This challenge was held for the third time during this financial year, with a record number of people taking part. We had a total of 61 participants joining in who were based locally, nationally and internationally– a growth of over 50% from last year.

These participants are a combination of community members, their friends and family, and members of the public with awareness of We Get It. Together they raised £17,997 in funds for our charity.

5 DRIVING LOCAL COLLABORATION AND WIDER PARTNERSHIPS

Collaborating and connecting with other organisations in the Bath community is imperative for us at We Get It and we continue to work closely with the other charities in our area, fostering collaboration and closer relationships for the benefit of those affected by cancer.

In January 2023 we established the 'Cancer Charity Development Board' (CCDB), to drive the communication, collaboration and co-operation between local charities helping people deal with cancer. We are joined at these board meetings by leading members from Dorothy House, We Hear You, Macmillan Cancer Care, 3SG and also key oncology workers at the RUH.

Through these meetings, attendees support one another, share skills and knowledge, develop links, understanding and transparency between the local charities, sectors and businesses. As a result of working together in this way, we are helping more people affected by cancer before, during and beyond their diagnosis.

The charities we collaborated and connected with during this financial year are as follows:

- Bath and North East Somerset Third Sector Group CIO (3SG)
- Dorothy House Hospice Care
- Macmillan Cancer Support
- Penny Bohn
- Radio Bath CIO
- Sporting Family Change – including supporting and attending the SFC Annual Charity Ball
- St Johns Foundation / House of St Johns
- We Hear You (WHY)

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Trustees report (continued)

In addition to this, we worked with and supported the following businesses and organisations:

- Bathampton Mill
- Bath College
- Bath Life - Mediaclash
- Bath Yoga Studio
- The Business Exchange Bath and Somerset – *including attending and exhibiting at The TBE Charity Expo & Conference at Bath Racecourse*
- Cassia Bath
- Diane Lee
- G.F. Smith
- Hanora Health
- Holly Webb Photographer
- Homewood Bath
- Ignition Bath
- Jooka
- Kingsdown Golf Club
- Live Well in BANES
- Minuteman Press Bath
- Modern Art Buyer
- Olivia Core Yoga
- Ripe Digital
- Rathbone HR solutions
- Roman Baths
- Royal United Hospital, Bath (RUH)
- Sophie Mayanne
- Walcot House

Testimonials

Testimonials from our community members about our support services during the financial year include:

WGI is always offering a safe space for discussion, friendship, and support. Physical and emotional support is a massive factor for me. WGI has helped me be less scared for my future. Friendship is important to all members. Being able to talk or not is important for the mental health of everyone involved. - KJ

Just so wonderful to meet and get to know such amazing people including Sue. I love the Friday mornings. I work so can't do too many activities but do what I can. - T

It's enabled me to speak a language that we all understand without drama. I've met a lot of great people who I have used their knowledge or vice versa. - S

I have benefitted from the various activities that We Get It have organised and funded. Without these activities, I can't imagine how I would have coped mentally with living with cancer. They have been emotionally supportive and given me a chance to try/learn new things and connect with others dealing with cancer. – A

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Trustees report
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Trustees report (continued)

6 FUNDING SOURCES

We were very grateful to be named Kingsdown Golf Club's Charity of the Year for 2022 and were delighted to receive the proceeds of their fundraising, which totalled £10,539.

We were also beneficiaries of a £5,000 grant towards core costs from the Garfield Weston Foundation and nominated to receive £500 from the proceeds of the Just Helping Christmas Tree recycling by Dorothy House.

We raised £17,997 through our 100K in May challenge although some of these funds were received after year-end.

FINANCIAL REVIEW

Financial position

The Charity generated a surplus of £17,841 (2022: £3,075). Expenditure during the period was £16,817 (2022: £16,561).

Total income for the year was £34,658 (2022: £19,636) and this was broken down into £29,572 in donations, £5,000 in grants and interest received of £86.

At 31 May 2023, total funds were £43,870 of which £40,199 are unrestricted.

Beginning 2023/24 with a substantial surplus (relative to our current income) is a clear sign that our fundraising has outstripped our service growth, however it will help us maintain and grow delivery and achieve our ambition to employ a manager for the charity in the current year.

The Trustees are pleased with the financial performance and the opportunity this gives us to grow and help more people affected by cancer.

We Get It Together CIO

Charity number: 1189567

Trustees report For the year ended 31 May 2023

Trustees report (continued)

Reserves policy

As a new and rapidly growing charity, it is our ambition to maintain unrestricted reserves equal to 3 months of running costs as projected in 12 months' time. Given our ambitious growth plans, the Trustees increased our reserves policy as at 31st May 2023 to aim for £15,000.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its constitution.

Ethical fundraising

The Charity operates according to an ethical fundraising policy prepared within guidelines provided by the Institute of fundraising and the Fundraising Regulator. This governs Trustees' review and decision-making processes over solicited and unsolicited donations from individuals or businesses, large and anonymous donations and activities of external fundraisers, with the purpose of safeguarding potentially vulnerable donors, and the positive reputation of the Charity in light of its charitable objectives.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the board of trustees on:

01/01/2024

and signed on its behalf by:



Laura Phillips
Chair

We Get It Together CIO

Charity number:

1189567

Independent examiner's report to the trustees of We Get It Together CIO

I report to the trustees on my examination of the accounts of We Get It Together CIO (the charity) for the year ended 31st May 2023.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

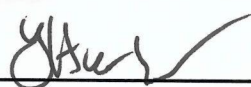
I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed

Name

Address

Date



Tracy Hunter ACA
62 Minster Way
Bath
BA2 6RL

12/12/2023

We Get It Together CIO
Statement of Financial Activities
for the year ended 31 May 2023

	Note	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Income and endowments from:	2				
Donations and legacies		29,572	-	29,572	9,686
Charitable activities		5,000	-	5,000	9,950
Investment activities		86	-	86	-
Total incoming resources		34,658	-	34,658	19,636
Expenditure on:	3				
Charitable activities		8,155	8,662	16,817	16,561
Total resources expended		8,155	8,662	16,817	16,561
Net (outgoing)/incoming resources		26,503	(8,662)	17,841	3,075
Transfers between funds		-	-	-	-
Reconciliation of funds					
Total funds brought forward		13,696	12,333	26,029	22,954
Total funds carried forward		40,199	3,671	43,870	26,029

17/10/23

We Get It Together CIO
Statement of financial position
as at 31 May 2023

	Note	2023 £	2022 £
Current assets			
Cash at bank and in hand		44,730	27,427
Creditors: amounts falling due within one year	5	(860)	(1,398)
Net current assets		43,870	26,029
Net assets		43,870	26,029
Funds	6		
Unrestricted Funds		40,199	13,696
Restricted funds		3,671	12,333
Total funds		43,870	26,029

These financial statements were approved by the Trustees on

01/01/2024

Signed, on behalf of the Trustees



Laura Phillips
Chair

The notes on pages 12 - 15 form an integral part of these accounts

We Get It Together CIO
Notes to the Accounts
for the year ended 31 May 2023

1 Principle accounting policies

We Get It Together CIO is a Charitable Incorporated Organisation

The principal accounting policies adopted in the preparation of the financial statements are set out below:

Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and Accounting and Reporting By Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling , which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted Funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming Resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified.

The value of services provided by volunteers has not been included in these accounts.

Investment income is included when receivable.

Incoming resources from charitable trading activity are accounted for when earned.

Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

We Get It Together CIO
Notes to the Accounts
for the year ended 31 May 2023

Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered.

Costs of generating funds comprises those costs associated with attracting voluntary income and the costs of trading for fundraising purposes.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the examiner's fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

2 Incoming resources	Unrestricted £	Restricted £	2023 £	2022 £
Donations and legacies	29,572	-	29,572	9,686
Charitable activities	5,000	-	5,000	9,950
Investment activities	86	-	86	-
	<u>34,658</u>	<u>-</u>	<u>34,658</u>	<u>19,636</u>
3 Resources expended	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Charitable activities	8,155	8,662	16,817	16,561
	<u>8,155</u>	<u>8,662</u>	<u>16,817</u>	<u>16,561</u>

We Get It Together CIO
Notes to the Accounts
for the year ended 31 May 2023

4 Employee information	2023	2022
Average number of employees	<u>1</u>	<u>-</u>
Salaries	1,833	-
Employers national insurance	-	-
Pension contributions	-	-
	<u>1,833</u>	<u>-</u>

No employees received remuneration exceeding £60,000.

Trustees information

Trustees remuneration and expenses	<u>£0</u>	<u>£0</u>
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5 Creditors: amounts falling due within one year	2023	2022
	£	£
Trade creditors	757	1,398
Other taxes and social security costs	103	-
	<u>860</u>	<u>1,398</u>

We Get It Together CIO
Notes to the Accounts
for the year ended 31 May 2023

6 Movement in funds

	1st June 2022 £	Received in year £	Utilised in year £	Balance transfers £	31st May 2023 £
Unrestricted funds					
General fund	13,696	34,658	(8,155)	-	40,199
Total unrestricted funds	13,696	34,658	(8,155)	-	40,199
Restricted funds					
Bath Boules	2,000	-	-	-	2,000
Macmillan	668	-	(668)	-	-
National Lottery	9,665	-	(7,994)	-	1,671
Total restricted funds	12,333	-	(8,662)	-	3,671
Total funds	26,029	34,658	(16,817)	-	43,870

Restricted fund details are as follows:

Bath Boules

To print information booklets, currently on hold due to pandemic.

Macmillan

To provide a range of training to our volunteers, including Safeguarding, death and bereavement and mental health

National Lottery

To fund our weekly Get Togethers, monthly Stage 4 Group and monthly Friends and Family Hangouts as well as providing one to one wellbeing check-ins for community members.

7 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total 2023
Current assets	40,199	3,671	43,870
	40,199	3,671	43,870

8 Related party transactions

There were no related party transactions during the year.

We Get It Together CIO
Detailed Statement of financial activities
for the year ended 31 May 2023

	2023 £	2022 £
Incoming resources		
Donations and legacies		
Kingsdown Golf Club	10,539	-
Steven Taylor	2,000	-
Postcode local trust	500	-
Just helping	500	-
General donations	16,033	9,686
	<u>29,572</u>	<u>9,686</u>
Charitable activities		
<i>Grants received from:</i>		
National Lottery	-	9,950
Garfield Weston	5,000	-
	<u>5,000</u>	<u>9,950</u>
Investment activities		
Interest received	86	-
Total incoming resources	<u>34,658</u>	<u>19,636</u>
Expenditure		
Charitable activities		
Fundraising costs	1,006	5,824
Provision of services	7,635	-
Subscriptions	727	432
Printing, postage and stationery	391	172
Advertising	1,107	2,769
Other expenses	96	96
Insurance	220	289
Audit & Accountancy fees	799	563
Repairs & Maintenance	-	356
Training	-	1,148
Travel	-	137
Professional fees	2,626	4,500
Bank charges	377	275
Wages and salaries	1,833	-
Total expenditure	<u>16,817</u>	<u>16,561</u>
Net surplus	<u>17,841</u>	<u>3,075</u>