



Charity Registration No. 1189501
(England and Wales)

Trustees' Report and Accounts

For the Year Ended 31st October 2022

Reference and Administrative Details

Trustees

Mr D J Oliver
Mrs S R Bennett
Mr J S Goodman
Mrs E Goodman - resigned 17/09/22
Mr D J Young
Mr G P Brookes
Ms M E Fields

Treasurer

Mr G P Brookes

Secretary

Mr D J Oliver

Charity Number

1189501

Principal Address

63 Shearwater Road
Hemel Hempstead
Hertfordshire
HP3 0GB

Bankers

Metro Bank
One Southampton Row
London
WC1B 5HA

The trustees present their report and account for the year ended 31st October 2022.

Structure, Governance and Management

Route 61 (International) (from now on referred to as "the Charity") is a Charitable Incorporated Organisation.

Trustees

The trustees who served during the year were:

- Mr D J Oliver
- Mrs S R Bennett
- Mr J S Goodman
- Mrs E Goodman - resigned 17th September 2022
- Mr D J Young
- Mr G P Brookes
- Ms M E Fields

Trustees are appointed and removed by the Board of Trustees as outlined in the Charity Constitution. In selecting individuals for appointment as Charity Trustees, the Charity Trustees have regard for the skills, knowledge and experience needed for the effective administration of the CIO.

Management

Governance of the Charity is by regular trustee meetings that cover legal responsibilities and due diligence such as finances, regulatory considerations, risk management and safeguarding matters. Day-to-day operational management, and the execution of Trustees' decisions, are primarily undertaken by Derek Oliver and Penny Oliver, who represent the work of the Charity internationally.

Partnership Agreement

The Charity works in partnership with The Route Sixty One Foundation (Registered Kenyan Society Number 50896) under the terms of an annually reviewed Affiliate Partnership Agreement. This agreement stipulates the appointment of a representative of the Charity on The Route Sixty One Foundation's governing body; the benefits of this are:

- The Charity's financial donations are used appropriately, responsibly and transparently.

- Enhanced collaboration and communication, facilitating better decision-making and effective implementation of projects.
- An improved understanding of the local context; this gives the Charity a better understanding of the local context in which its partner organisation operates and helps make more informed decisions about tailoring its project to meet the local community's needs.

Objectives & Activities

Objects

Advancement of the Christian Faith

Prevention and relief of poverty by providing or assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient

The trustees have due regard to guidance published by the Charity Commission on public benefit.

Activities & Achievements in 2021/22

Our charity has a goal of helping children in Kenya become moral citizens who make positive contributions to society. To achieve this, we provide holistic projects and a focus on the inner restorative work of God. The projects are focused mainly on children residing in Statutory Children's Institutions (SCIs) and aim to encourage positive transformation in their hearts and behaviour.

We deliver projects in five key areas:

- 1.Spiritual
- 2.Mental
- 3.Physical
- 4.Social
- 5.Environmental

Spiritual

Route 61 provides pastoral mentorship through a team of Kenyan nationals. This mentorship project is critical as 80% of the children in the juvenile justice system are fatherless and need good role models and wise counsel.

Our team members offer teaching, corporate moments of praise and worship, and individual prayer, guidance, and counselling to enrich the children's spiritual well-being.

Mental

The delivery of activities such as reading, drawing and craftwork provides the following benefits to children:

- The development of cognitive skills helps the child think, learn and remember.
- Many children are excluded from accessing education during their time in SCIs. These mental activities help these children maintain and develop skills needed to succeed when they return to school, such as problem-solving, critical thinking and concentration.
- By providing times of play and art that stimulate the children to come up with new ideas and solutions, we help children increase their creativity.
- By helping the children focus on something other than their current predicament, worries, and concerns reduces their stress and anxiety levels.
- Improved overall well-being by helping children develop a sense of accomplishment, building self-confidence and resilience.

Physical

Enabling children to play sports, and engage in drama, dance and therapy sessions, helps:

- Improve general physical health and build strong bones and muscles.
- Reduce stress and anxiety levels, improve mood and increase self-esteem.
- Improve social skills and learn how to work together in a team.
- Develop leadership skills.
- Learn how to resolve conflicts.
- Improve overall well-being by helping children develop a sense of accomplishment, building self-confidence and resilience.

Other physical activities included promoting personal hygiene and providing sanitary towels, underwear and bathing soap.

Social

This year, we implemented the "Phone Home" project to assist children in communicating with their loved ones. We gave two SCIs a telephone handset and a monthly call-time allowance to test the project. Enabling children to phone home regularly had a positive impact.

There was a significant decrease in run-away cases and improved morale. For some children, it facilitated better communication with family members and helped speed up processes, reducing time spent in the institution.

Due to the success of these trials, we gave an additional three SCIs handsets, making the total number of institutions participating five.

Other social activities included organising and enabling seasonal parties, such as Christmas celebrations around food and games.

Environmental

Where suitable land was available, we taught organic farming methods; this occupied the children and nurtured a sense of ownership.

Subsistence farming is widespread in Kenya; therefore, motivating children to engage in practical sessions to acquire sustainable skills is beneficial. The crops from these small farm projects provided a source of nutrition for children and staff. The institutions reinvested any profits from the sale of produce by purchasing seeds and equipment.

Head Office

To support the work of our Kenyan team, we opened a central office in the city of Kisumu in June 2022.

SCI Population Figures

During 2022, about 5,000 children went through the thirty-one SCIs in Kenya's juvenile justice system. This was a significant decrease from previous years, mainly due to the Covid-19 pandemic's lockdown measures. However, in 2023, the number of children passing through the system is expected to gradually rise to around 7,000, similar to pre-pandemic figures.

Route 61 delivered activities to twelve SCIs in Western Kenya and Nairobi, representing an estimated 1,900 children.

Future Plans

Strategic Partnership

In February 2023, the Directorate of Children's Services officially recognised the importance and value of our work with the signing of an **official three-year**

partnership. This agreement gives Route 61 authorised access to all the thirty-one SCIs nationwide.

Route 61 has created a Strategic Logical Framework to make the most of this unique opportunity for growth.

Within the Strategic Logical Framework Route 61 identified new project opportunities.

Expansion of the Phone Home Project

Eight SCIs now have telephone handsets and receive monthly call time contributions —we intend to continue increasing this number nationwide.

Sex Education and Abstinence Teaching

Although the teenage pregnancy rate has declined since 2014, it continues to be among the highest worldwide.

Currently, 1 in 7 girls aged 15-19 in Kenya is pregnant or has already given birth.

Route 61 intends to introduce teaching on sexual purity and abstinence for both girls and boys. This teaching will help them respect others, make informed decisions, and develop responsible attitudes towards their sexual health.

Kenya also has a relatively high prevalence of HIV/AIDS and other STIs. Sex education is vital in raising awareness about these diseases, their transmission, and prevention methods.

Staff Well-being and Trauma Awareness

Route 61 has identified the need to prioritise frontline SCI workers' well-being and offer support in dealing with the effects of vicarious trauma as critical.

For this reason, we intend to address these issues and reduce burnout indicators for frontline workers in SCIs through various initiatives. Nationally, the Directorate of Children's Services employs 350 frontline SCI workers.

Financial Review

Income and Expenditure

For the year ending 31st October 2022, total income was £16,946, and expenditure was £23,014, resulting in a net deficit of £6,068. The trustees continue to monitor spending to maintain costs in line with general income.

Declaration,

The trustees declare that they have approved the trustees' report and accounts.

Signed on behalf of the Trustees:

Signature:

.....

Full Name:

.....DAVID JOHN YOUNG

Position:

.....TRUSTEE

Date:

.....27th July 2023



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

1189501

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	11/1/21		10/31/22

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year 17.5 months
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	12,925	2,900	-	15,825	16,845
Grants	1,000	-	-	1,000	2,000
Other	121	-	-	121	45
Sub total (Gross income for AR)	14,046	2,900	-	16,946	18,890
A2 Asset and investment sales, (see table).					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	- 0
Sub total	- 0	- 0	- 0	-	- 0
Total receipts	14,046	2,900	- 0	16,946	18,890
A3 Payments					
Ministry support	9,776	1,900	-	11,676	2,476
Project activities and support	10,750	-	-	10,750	4,463
Health and Safety	32	-	-	32	94
Web hosting	- 0	-	-	-	31
Subscription	70	-	-	70	50
Governance costs	486	-	-	486	-
Sub total	21,114	1,900	-	23,014	7,114
A4 Asset and investment purchases, (see table)					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	
Sub total	- 0	- 0	- 0	-	- 0
Total payments	21,114	1,900	- 0	23,014	7,114
Net of receipts/(payments)	(7,068)	1,000	-	(6,068)	11,776
A5 Transfers between funds	- 0	-	-	-	-
A6 Cash funds last year end	11,776	-	-	11,776	-
Cash funds this year end	4,708	1,000	-	5,708	11,776

Section B Statement of assets and liabilities at the end of the year

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £

B1 Cash funds	Metro Bank	4,708	1,000	-
		-	-	-
	Total cash funds	4,708	1,000	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Details			
B2 Other monetary assets		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		0	-	-
		0	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use		0	-	-
		0	-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities		0	-	
		0	-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Gary Brookes		27/7/23