

**SHAHEEN PALLIATIVE CARE
TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

**Shaheen Palliative Care
Content**

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**Shaheen Palliative Care
Trustees' Report
For The Year Ended 31 March 2025**

The trustees present their report and the financial statements for the year ended 31 March 2025.

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing Document

The Charity is a Charitable Incorporated Organisation, governed by memorandum and articles incorporated on 11th May 2020.

Organisational Structure

The Trust is a registered charity in England, number 1189418 and is constituted under a trust deed dated 11th May 2020. The trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits to fulfil this role. The trustees meet on a regular basis and are responsible for all decisions taken in relation to the overall control and strategic management of the charity.

Recruitment, Appointment and Training of Trustees

The existing trustees are responsible for the appointment of new members to the Board in accordance with the provisions of the constitution of Shaheen Palliative Care. New trustees are selected based on their eligibility, integrity, and the skills or experience that will strengthen the governance and effective management of the charity.

CHARITY OBJECTIVES

The objective of the charity is mainly to protect and improve the health of patients in Pakistan with life-limiting illnesses by providing facilities, support services, and equipment that are not usually supplied by public authorities.

Public Benefit

In carrying out this review the trustees of Shaheen Palliative Care have taken regard of and comply with the Charity Commission's general guidance on public benefit and in particular its supplementary public guidance on the advancement of health and the relief of sickness. The trustees are satisfied that the charity's activities, including the provision of support for palliative care services, medical assistance, and the promotion of education and awareness in palliative care are undertaken wholly for the public benefit.

Future Plans

Looking ahead, Shaheen Palliative Care aims to expand its support for patients in Pakistan suffering from life-limiting illnesses by strengthening its partnerships with local healthcare providers and increasing access to essential palliative care facilities. The charity plans to continue providing financial assistance for medical and comfort care while enhancing training opportunities for healthcare professionals to improve the quality of end-of-life care.

In addition, the trustees intend to develop and deliver structured educational and awareness programmes to advance public understanding of palliative care. The charity also plans to support research and the dissemination of knowledge on effective and compassionate care practices. Through these initiatives, Shaheen Palliative Care seeks to build a sustainable, service-oriented framework that promotes dignity, comfort, and holistic support for patients and their families.

Financial Review

	2025	2024	Change
	£	£	£
<u>Income</u>			
Donations & legacies	35,467	16,780	18,687
Total Income	35,467	16,780	18,687
Total Expenditure	6,933	10,389	(3,456)
Surplus	28,534	6,391	22,143
Total Funds	66,628	38,094	28,534

**Shaheen Palliative Care
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Financial Review (continued)

The main source of income for Shaheen Palliative Care during the year was from donations and legacies received from various individuals and supporters, totalling £35,467 (2024: £16,780). The trustees utilised these funds to promote the charity's objectives of relieving sickness, protecting health, and advancing education on palliative care.

Below are the detailed activities carried out by the charity during the year:

Patient Welfare Support:

The charity continued to provide financial assistance and essential medical equipment to patients in Pakistan suffering from life-limiting illnesses, helping to improve their quality of life and ease the burden on their families.

Healthcare Facilities Assistance:

Shaheen Palliative Care provided and assisted in the provision of palliative care facilities and support services in areas where such care is not readily available, focusing on low-income and rural communities.

Community Awareness Campaigns:

Awareness drives were conducted to educate the public and healthcare professionals on the importance of palliative care and compassionate end-of-life treatment, aligning with the charity's objective to advance education in this field

Educational Outreach and Training:

The charity supported educational programs for doctors and medical trainees, promoting understanding of palliative care principles and encouraging the publication of useful research and case studies.

Professional and Administrative Support:

The charity incurred accountancy and professional fees to maintain compliance with statutory obligations and ensure accurate financial reporting. Minor costs on software and consumables supported efficient record-keeping and communication.

Charity Dinners and Fundraising Events:

Several charity dinners were held during the year to raise awareness and funds for ongoing projects in Pakistan. These gatherings brought together community members, donors, and healthcare professionals, helping to strengthen engagement and broaden the charity's supporter base

Community Events:

The charity also participated in various local and international events aimed at engaging the wider community and strengthening its network of supporters. These gatherings helped raise the profile of the organisation and encouraged volunteer involvement.

Volunteer Engagement and Support Program:

A volunteer network was expanded during the year, enabling individuals to contribute time and expertise towards charitable operations. Volunteers assisted with event coordination, awareness campaigns, and administrative support, playing an important role in extending the charity's reach.

ACHIEVEMENTS AND PERFORMANCE

As explained in the financial review, the charity has fulfilled its objectives through various charitable activities undertaken during the year in accordance with its aims. Shaheen Palliative Care continued to provide support to patients suffering from life-limiting illnesses, promote awareness of palliative care, and assist in the provision of essential medical and educational facilities.

The trustees are satisfied that the charity has made good progress towards its objectives, with increased income and active engagement through awareness events, charity dinners, and fundraising initiatives.

RESERVE POLICY

At 31 March 2025, the charity held total funds of £66,628 (2024: £38,094).

The trustees review the number of reserves that are required to ensure that they are adequate to fulfil the charity continuing obligations.

**Shaheen Palliative Care
Trustees' Report (continued)
For The Year Ended 31 March 2025**

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required under Charity Law to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Shaheen Palliative Care
Trustees' Report (continued)
For The Year Ended 31 March 2025

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name	Shaheen Palliative Care
Trustees/Directors	Dr Sadaf Mudassir Naureen Khan Wasaf Adnan Dr Sobia Billa
Company Number	CE021798
Charity Number	1189418
Registered Office	34 Forest Avenue CHIGWELL Essex IG7 5BP
Independent Examiner	Accountax Consultants UK Ltd Chartered Certified Accountants & Registered Auditors 49 Goodmayes Road, Essex London England IG3 9UF

Financial Statements and Trustees' report for the year ended 31st March 2025 approved by the trustees and signed on their behalf by:



Dr Sadaf Mudassir

Date:

17/12/25

**Shaheen Palliative Care
Independent Examiner Report
For The Year Ended 31 March 2025**

We report to the charity trustees on our examination of the accounts of the charity for the year ended 31st March 2025.

Trustees & Examiner Responsibilities

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with such records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Accountax Consultants UK Ltd
Chartered Certified Accountants & Registered Auditors
49 Goodmayes Road, Essex
Ilford London
England
IG3 9UF

Date:

**Shaheen Palliative Care
Statement of Financial Activities
For The Year Ended 31 March 2025**

	Notes	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Prior year funds
		£ 2025	£ 2025	£ 2025	£ 2025	£ 2024
Income and endowments from:						
Donations and legacies	4	35,467	-	-	35,467	16,780
Total		35,467	-	-	35,467	16,780
Expenditure on:						
Charitable activities	5	(6,933)	-	-	(6,933)	(10,389)
Total		(6,933)	-	-	(6,933)	(10,389)
Net income		28,534	-	-	28,534	6,391
Net movement in funds	8	28,534	-	-	28,534	6,391
Reconciliation of funds:						
Total funds brought forward		38,094	-	-	38,094	31,703
Total funds carried forward		66,628	-	-	66,628	38,094

The notes on pages 8 to 10 form part of these financial statements.

Shahcen Palliative Care
Balance Sheet
As at 31 March 2025

		2025	2024
	Notes	£	£
CURRENT ASSETS			
Cash at Bank and In Hand	6	67,628	38,594
		<u>67,628</u>	<u>38,594</u>
LIABILITIES: Amounts Falling Due Within One Year			
Accruals	7	(1,000)	(500)
		<u>(1,000)</u>	<u>(500)</u>
NET CURRENT ASSETS		<u>66,628</u>	<u>38,094</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>66,628</u>	<u>38,094</u>
NET ASSETS		<u>66,628</u>	<u>38,094</u>
CHARITY FUNDS		<u>66,628</u>	<u>38,094</u>
TOTAL FUNDS		<u>66,628</u>	<u>38,094</u>

The notes on pages 8 to 10 form part of these financial statements.

The financial statements were approved and authorised for issue by the Board on _____.

On behalf of the board of trustees



Dr Sadaf Mudassir

Date:

17/12/25

Shaheen Palliative Care
Notes to the Financial Statements
For The Year Ended 31 March 2025

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102), and with the Charities Act 2011.

The charity is a public benefit entity as defined by FRS 102.

The financial statements are presented in Sterling (£).

1.2. Income Recognition:

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy and there is certainty of receipt.

Donations and legacies: These comprise all incoming resources from donations and gifts collected directly and income from fundraising events (i.e Jummah prayers) during the year.

1.3. Expenditure Recognition:

Expenditure is recognised once there is a legal or constructive obligation to make payment to a third party, it is probable that settlement will be required and the amount of obligation can be measured reliably.

1.4. Debtors and creditors receivable / payable within one year:

Accruals are recognised where the charity has a present obligation at the balance sheet date and it is probable that settlement will be required. They represent amounts payable for expenses incurred during the year but not yet invoiced or paid, such as accountancy, independent examination, and other professional or administrative fees. All accruals are reviewed annually to ensure they reflect accurate estimates of liabilities

1.5. Going Concern Disclosure

The Trustees are not aware of any material uncertainties about the charity's ability to continue as a going concern. The financial statements have therefore been prepared on the basis that the charity is a going concern

2. Average number of employees

The charity did not employ any staff during the year Nil (2024: Nil).

3. Tangible assets

The charity held no tangible fixed assets during the year £Nil (2024: £Nil).

4. Donations and legacies

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2025	2025	2025	2024
	£	£	£	£
Donations from companies	35,467	-	35,467	16,780
	35,467	-	35,467	16,780

Shaheen Palliative Care
Notes to the Financial Statements
For The Year Ended 31 March 2025

5. Expenditure on charitable activities

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2025	2025	2025	2024
	£	£	£	£
Accountancy Fee	750	-	750	500
Professional Fee	275	-	275	240
Software & Consumables	348	-	348	349
Advertising and Marketing Costs	5,560	-	5,560	2,000
Charitable Donations	-	-	-	7,300
	6,933	-	6,933	10,389

6. Cash at bank and in hand

	2025	2024
	£	£
Cash at Bank & In hand	67,628	38,594
	67,628	38,594

**7. CREDITORS: Amounts
Falling Due Within One Year.**

Accruals	1,000	500
	1,000	500

8. Statement of Funds

	At 31st Mar 2025	Income	Expenditure	At 31st Mar 2024
	£	£	£	£
Unrestricted Funds				
General Funds	66,628	35,467	(6,933)	38,094
Total Unrestricted Funds	66,628	35,467	(6,933)	38,094

Shaheen Palliative Care
Notes to the Financial Statements
For The Year Ended 31 March 2025

9. Trustees Remuneration:

No trustee received any remuneration, benefits, or reimbursement of expenses during the year 2025 is £Nil (2024: £Nil). No trustee or person connected with a trustee received any payment for professional or other services provided to the charity.

10. Related Party Transactions

During the year, the charity received multiple donations totalling £8,295 from Haythem Limited, a company in which the Chair of the charity is also a director.

The donations were made voluntarily and unconditionally, with no goods, services, or benefits provided by the charity in return.

The income has been recognised as unrestricted funds in the financial statements.

The trustees consider that the donations were made at arm's length and in the best interests of the charity.

There were no outstanding balances between the charity and Haythem Limited at the reporting date (2024: £nil).

11. General Information

Shaheen Palliative Care is a Charitable Incorporated Organisation, governed by memorandum and articles incorporated 11th May 2020. registered charity number 1189418. . The trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits to fulfil this role The objective of the charity is mainly to make grants to relieve poverty, advance education and to preserve and protect good health.