

PREGNANT IN WEST LONDON

Charity number 1189389

PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30th APRIL 2025

PREGNANT IN WEST LONDON

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REFERENCE AND ADMINISTRATIVE DETAILS

CHARITY REGISTRATION NUMBER: 1189389

CHAIR: Elizabeth Crompton-Batt

SECRETARY: Alexander Goodwin

TREASURER: James Henderson

OTHER TRUSTEES: Guy Creasey, Andrea Payne

ACCOUNTANTS
Community Acton Sutton
Granfers Community Centre
73-79 Oakhill Road
Sutton
Surrey SM1 3AA

REPORT OF TRUSTEES

FOR THE YEAR TO 30TH APRIL 2025

The Trustees present their report and financial statements for the year ended 30 April 2025.

Charity: Pregnant in West London: 1189389

General Description of the Charity's activities

The main aim of Pregnant in West London is the advancement of education in the subjects of pregnancy, labour and delivery, breastfeeding and neonatal care.

To help the preservation and protection of good physical and mental health and wellbeing among women during pregnancy and during the post-natal period, the charity aims to provide information and advice designed to ensure that women are confident and supported to make well informed choices which will result in positive health outcomes for themselves and their babies.

Pregnant in West London runs free antenatal and postnatal birthing classes covering subjects including labour, birth nutrition, mental health, first aid, pain relief and coming home with baby. Applicants join one round at a time with each round consisting of eight weekly sessions that cover all the topics mentioned above. All our speakers are registered professionals in their own field. We aim to continue these much-needed classes in West London, as we have an ever-growing demand, from constant referrals by the NHS midwives, NHS GPs and social workers, who all highly recommend us. We currently run all our sessions in a hybrid format (Zoom and in person according to the class). Our sessions are all funded by the grants and donations that the trustees work hard to achieve throughout the year.

Risk Management

The Trustees actively review the risk. The review of the controls of the financial systems will provide sufficient resources in the event of adverse conditions.

The Trustees have also examined other operational and business risks faced by the Charity and confirm that the Trustees have established systems to mitigate the significant risks.

PREGNANT IN WEST LONDON

Report of Trustees (continue)

Statement of Trustees' Responsibilities

Charity law require the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of its results for that period. In preparing those financial statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the policies adopted are in accordance with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time, the financial position of the Charity and to enable them to ensure that the financial statements comply with relevant law. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Review and Results

The Trustees report regularly on operations for the year under review.

Balance Sheet

Details of the major items on the balance sheet can be found in the notes to the accounts.

Accountants

It was resolved that Community Action Sutton has been reappointed as the Accountants.

Approved by the Trustees on Friday 30th Jan 2026 and signed on its behalf by
.....
Chair

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

I report on the accounts for Pregnant in West London for the year to 30th April 2025.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 and that an Independent Examination is needed

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general directions given by the Charities Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiners report

My examination was carried out in accordance with the general Directions given by the Charity Commission and the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities (FRSSE 2015). An examination includes a review of the accounting records kept by the organisation and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements;

- to keep accounting records and
- to prepare accounts have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Dunstanette Kuti FCCA MCSI

Position: Community Accountant,

Community Acton Sutton
Granfers Community Centre,
73-79 Oakhill Road,
Sutton, Surrey, SM1 3AA

Date 30/4/2026

PREGNANT IN WEST LONDON

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30TH APRIL 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Income from:					
Donations				-	-
Grants	2	-	10,853	10,853	2,142
Other income				-	13
Total Income		-	10,853	10,853	2,155
Expenditure on:					
Charitable activities	3	-	9,746	9,746	6,619
Total Expenditure		-	9,746	9,746	6,619
Net income/ (expenditure) for the year		-	1,107	1,107	(4,464)
Balance B/F		-	(142)	(142)	4,322
Transfer between funds		-	-	-	-
Total Funds C/F		-	965	965	(142)

PREGNANT IN WEST LONDON

BALANCE SHEET AS AT 30TH APRIL 2025

	Notes	2025 £	2024 £
Current assets			
Cash at bank and in hand		1,555	948
		<u>1,555</u>	<u>948</u>
Liabilities:			
Amounts falling due within one year	4	590	1,090
		<u>590</u>	<u>1,090</u>
Net current Assets		965	(142)
		<u>965</u>	<u>(142)</u>
Net Assets		<u>965</u>	<u>(142)</u>
Funds			
Unrestricted Funds: General		-	-
Restricted Funds		965	(142)
		<u>965</u>	<u>(142)</u>

For the year ended 30 April 2025 the Charity was entitled to exemption under section 477 of the Companies Act 2006.

The members have not required the Charity to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The Trustees' acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The Board of Trustees approved these accounts on Friday 30th January 2026 and signed on its behalf by:

Name  Trustee

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH APRIL 2025

1. Accounting policies

(a) Basis of preparation

- (i) These accounts are the accounts of Pregnant in West London.
- (ii) These accounts have been prepared on a cash basis.

(b) Fund accounting

- (i) The Charity's general fund consists of funds, which the Charity may use for its purposes at its discretion.

(c) Voluntary income

- (i) All voluntary income is included upon receipt.
- (ii) Grants receivable is credited to income immediately upon receipt.

(d) Investment income

Credit is taken for interest when the interest falls due for payment.

(e) Administration expenditure

Administration expenditure comprises costs incurred in running the Charity. Where applicable, some of these costs have been treated as direct charitable expenditures.

2. Grants

	2025 £	2024 £
The Yapp Charity	2,000	-
Westminster Community Programme	6,711	-
Westminster Ward Budget	2,142	2,142
	<u>10,853</u>	<u>2,142</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH APRIL 2025 (Continued)

3 Expenditure

	2025	2024
	£	£
Sessional Speakers	3,840	3,120
Yoga	1,550	1,400
Admin expenses	1,550	1,400
Project activities	1,425	-
Insurance	146	146
Sundry expenses	122	164
Clubs expenses	703	-
Training	30	-
Accountancy Fees	380	390
	<u>9,746</u>	<u>6,619</u>

4 Liabilities: amounts falling due within one year

	2025	2024
	£	£
Accrued expenses:		
Accountancy fees	390	390
Sundry expenses	200	200
	<u>590</u>	<u>590</u>
Loans payable	-	500
	<u>590</u>	<u>1,090</u>

5. Remuneration of Trustees

No Trustees received any remuneration in the year (2024: Nil).