

Charity number 1189389

PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30th APRIL 2023

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FOR THE YEAR TO 30TH APRIL 2023**

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PREGNANT IN WEST LONDON

ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2023

Charity Information

CHARITY REGISTRATION NUMBER: 1189389

CHAIR: Elizabeth Crompton-Batt

SECRETARY: Alexander Goodwin

TREASURER: James Henderson

OTHER TRUSTEES: Guy Creasey, Andrea Payne

ACCOUNTANTS Community Acton Sutton
Granfers Community Centre
73-79 Oakhill Road
Sutton
Surrey SM1 3AA

**PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30TH APRIL 2023**

Report of Trustees

The Trustees present their report and financial statements for the year ended 30 April 2023.

Charity: Pregnant in West London: 1189389

General Description of the Charity's activities

The main aim of Pregnant in West London is the advancement of education in the subjects of pregnancy, labour and delivery, breastfeeding and neonatal care.

To help the preservation and protection of good physical and mental health and wellbeing among women during pregnancy and during the post-natal period, the charity aims to provide information and advice designed to ensure that women are confident and supported to make well informed choices which will result in positive health outcomes for themselves and their babies.

Pregnant in West London runs free antenatal and postnatal birthing classes covering subjects including labour, birth nutrition, mental health, first aid, pain relief and coming home with baby. Applicants join one round at a time with each round consisting of eight weekly sessions that cover all the topics mentioned above. All our speakers are registered professionals in their own field. We aim to continue these much-needed classes in West London, as we have an ever-growing demand, from constant referrals by the NHS midwives, NHS GP'S and social workers, who all highly recommend us. We currently run all our sessions in a hybrid format (Zoom and in person according to the class) Our sessions are all funded by the grants and donations that the trustees work hard to achieve throughout the year.

Risk Management

The Trustees actively review the risk, which the Charity faces on a regular basis. The review of the controls of the financial systems will provide sufficient resources in the event of adverse conditions.

The Trustees have also examined other operational and business risks faced by the Charity and confirm that the Trustees have established systems to mitigate the significant risks.

Statement of Trustees' Responsibilities

Charity law require the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of its results for that period. In preparing those financial statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the policies adopted are in accordance with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Charity will continue in operation.

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Report of Trustees (continue)

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time, the financial position of the Charity and to enable them to ensure that the financial statements comply with relevant law. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Review and Results

The Trustees report regularly on operations for the year under review.

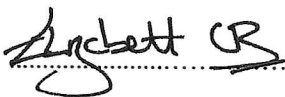
Balance Sheet

Details of the major items on the balance sheet can be found in the notes to the accounts.

Accountants

It was resolved that Community Action Sutton has been reappointed as the Accountants.

Approved by the Trustees on 5 February 2024 and signed on its behalf by



Chair

PREGNANT IN WEST LONDON

Independent Examiner's Report on the Accounts

I report on the accounts for Pregnant in West London for the year to 30th April 2023.

Basis of independent examiners report

My examination was carried out in accordance with the general Directions given by the Charity Commission and the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities (FRSSE 2015). An examination includes a review of the accounting records kept by the organisation and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements;

- to keep accounting records and
- to prepare accounts

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Dunstanette Kuti FCCA MCSI

Position: Community Accountant,

Community Acton Sutton
Granfers Community Centre,
73-79 Oakhill Road,
Sutton, Surrey, SM1 3AA

Date February 2024

PREGNANT IN WEST LONDON

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR TO 30 APRIL 2023**

| | Notes | Unrestricted Funds | Restricted Funds | Total Funds 2023 | Total Funds 2022 |
|---|-------|-----------------------|---------------------|------------------------|------------------------|
| | | £ | £ | £ | £ |
| Income from: | | | | | |
| Donations | | 4,248 | - | 4,248 | 3,145 |
| Grants | 2 | - | 10,000 | 10,000 | 7,172 |
| Other income | | 5 | - | 5 | - |
| Total Income | | 4,253 | 10,000 | 14,253 | 10,317 |
| Expenditure on: | | | | | |
| Charitable activities | 3 | - | 11,643 | 11,643 | 15,106 |
| Total Expenditure | | - | 11,643 | 11,643 | 15,106 |
| Net income/ (expenditure) for the year | | 4,253 | (1,643) | 2,610 | (4,789) |
| Balance B/F | | 4,305 | (2,594) | 1,711 | 6,500 |
| Transfer between funds | | - | - | - | - |
| Total Funds C/F | | 8,558 | (4,236) | 4,322 | 1,711 |

PREGNANT IN WEST LONDON

BALANCE SHEET AS AT 30TH APRIL 2023

| | Notes | 2023 £ | 2022 £ |
|-------------------------------------|-------|--------------|--------------|
| Current assets | | | |
| Cash at bank and in hand | | 4,902 | 2,261 |
| | | <u>4,902</u> | <u>2,261</u> |
| Liabilities: | | | |
| Amounts falling due within one year | 4 | 580 | 550 |
| | | <u>580</u> | <u>550</u> |
| Net current Assets | | 4,322 | 1,711 |
| | | <u>4,322</u> | <u>1,711</u> |
| Net Assets | | <u>4,322</u> | <u>1,711</u> |
| Funds | | | |
| Unrestricted Funds: General | | 8,558 | 4,305 |
| Restricted Funds | | (4,236) | (2,594) |
| | | <u>4,322</u> | <u>1,711</u> |

For the year ended 30 April 2023 the Charity was entitled to exemption under section 477 of the Companies Act 2006.

The members have not required the Charity to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The Trustees' acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The Board of Trustees approved these accounts on 5th February 2024 and signed on its behalf by:

Name ELIZABETH CROMPTON-BATT
Trustee

PREGNANT IN WEST LONDON ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2023

NOTES TO THE ACCOUNTS

1. Accounting policies

(a) Basis of preparation

(i) These accounts are the accounts of Pregnant in West London.

(ii) These accounts have been prepared on a cash basis.

(b) Fund accounting

(i) The Charity's general fund consists of funds, which the Charity may use for its purposes at its discretion.

(c) Voluntary income

(i) All voluntary income is included upon receipt.

(ii) Grants receivable is credited to income immediately upon receipt.

(d) Investment income

Credit is taken for interest when the interest falls due for payment.

(e) Administration expenditure

Administration expenditure comprises costs incurred in running the Charity. Where applicable, some of these costs have been treated as direct charitable expenditures.

2. Grants

| | 2023 | 2022 |
|------------------------------------|---------------|--------------|
| | £ | £ |
| One Westminster Grant | 10,000 | - |
| Westminster Ward Budget | - | 5,672 |
| Local Giving (Magic Little Grants) | - | 500 |
| Arnold Clark Autom | - | 1,000 |
| | <u>10,000</u> | <u>7,172</u> |

PREGNANT IN WEST LONDON ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2023
NOTES TO THE ACCOUNTS (continued)

3 Expenditure

| | 2023 | 2022 |
|--------------------|---------------|---------------|
| | £ | £ |
| Sessional Speakers | 6,654 | 8,040 |
| Yoga | 2,180 | 3,200 |
| Admin expenses | 2,000 | 2,970 |
| Insurance | 146 | 546 |
| Sundry expenses | 283 | - |
| Accountancy Fees | 380 | 350 |
| | <u>11,643</u> | <u>15,106</u> |

4 Liabilities: amounts falling due within one year

| | 2023 | 2022 |
|-------------------|------------|------------|
| | £ | £ |
| Accrued expenses: | | |
| Accountancy fees | 380 | 350 |
| Sundry expenses | 200 | 200 |
| | <u>580</u> | <u>550</u> |

5. Remuneration of Trustees

No Trustees received any remuneration in the year (2022: Nil).

6. Small Charity Exemptions

The Trustees have taken advantage of the Companies Act 2006 in not having these accounts audited under Section 477 (2) (total exemption).

Confirmed that no notice has been deposited under Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 30th April 2023.

Acknowledged their responsibilities for ensuring that the Charity keeps accounting records, which comply with section 386 of the Companies Act 2006.

Acknowledged their responsibilities for preparing accounts which give a true and fair view of the Charity and of its surplus for the year then ended in accordance with the requirements of Section 393 of the Companies Act 2006 and which otherwise comply with the requirements of the Act relating to accounts, so far as applicable to this Charity.

These accounts are prepared in accordance with the special provisions of part 15 of the Charity Act 2006 relating to small companies under Section 246(8) of the Act.